By donation

Wednesday, November 27, 2013

Edition No. 31

Farr: Remco chromium

## plumes getting smaller

Zack Cinek Reporter zack@willitsweekly.com

Plumes of chemical contaminants underground at the old Remco building are getting smaller, Anne M. Farr, Ph.D., a doctor in charge of the cleanup trust, told city council members at their November 13 meeting.

The Remco business operated from 1945 to its bankruptcy in 1995. The City of Willits sued Remco, an industrial icon in the town, to clean up polluted properties.

Farr showed council members charts showing locations and the spread the plume. Most contamination the at Franklin Avenue building centers around 60- to 70-foot-deep tanks used to plate huge cylinders, Farr explained.

"We removed those tanks from the site - so those are all gone," Farr said. Extraction and treatment of groundwater and releases of vegetable oil are used to clean up the site.

Farr showed maps dotted all over the property where tests have been done. "We sort of looked everywhere to make sure we are not

### Read the rest of Remco

Over on Page 11



Some might be checking the turkey on Thursday by the light of the menorah this year, as Above: Bruce and a rare overlap will occur of the celebration of Thanksgiving and Chanukah on November 28. The day traditionally reserved for turkey and stuffing will this year share the fame with the first day of the Jewish holiday celebration. Popular culture has embraced this partnership with the "Thanksgivukkah" moniker.

So why not "nosh" on the traditional favorites, with a kosher or combo approach this year? Manischewitz wine-brined turkey? Rye-crusted apple pie? Sweet potato latkes? Challah and fig stuffing? Pecan and cranberry rugelach cookies? Pumpkin apple cake? The possibilities are the festivity. endless. Open your palates to new fun flavors! Mazel Gobble Tov and Happy Thanksgivukkah!

Cassandra Andich had fun preparing a 22-pound fresh turkey with the blackberry variety of the popular Manischewitz wine. Challah bread. cranberries, tangerines and menorahs added to

Photo by Maureen Moore

## County workers seek unique ideas for new mental health program

A small group of mental health workers has been soliciting ideas for a unique, innovative way to deliver mental health services in Mendocino County.

Mike A'Dair mike@willitsweekly.com

The work is being done so the county's Mental Health branch can receive Innovative Planning funding from the Mental Health Services Act, the so-called

Millionaire's Tax that voters approved in 2004 to fund mental health services in California.

The one requirement is that the project or program must be a new and unique service delivery system. No other county in California can currently be operating it.

According to Mendocino County Mental Health Services Act Coordinator Karen Lovato, it has been a challenge to come up with a project idea that meets the state requirements, although county mental health workers have

Read the rest of Mental Health Over on Page 11

### McKinnon gets six years for arson fires

Zack Cinek zack@willitsweekly.com

Little Lake Former firefighter Brice McKinnon was sentenced to six years in prison last week for fires he set in the Willits area this summer.

CalFire investigators arrested McKinnon, 22, on August 27 for setting a series of fires in July and August this summer in the Willits area. McKinnon pleaded guilty to setting five fires at a previous hearing.

McKinnon had two prior arson-related convictions as a minor, according to the District Attorney's Office, and he was a member of the fire department when he set the blazes.

Each of his five convictions are a "strike" under the Three Strikes law.

If McKinnon is convicted of any serious or violent felony, including any future arson, he could face up to 25 years to life for each future conviction, the DA's Office stated.

Mendocino County District Attorney David Eyster stated McKinnon may have the option of getting mental health help in prison if he so chooses, depending on the services available at the particular

Read the rest of Arsonist

Over on Page 9





## Hospital construction reaches mi



"In a little over a year, that helicopter going over our heads will be touching down right here, said Rick Bockmann, CEO of Frank R. Howard

Jennifer Poole Editor & Reporter jennifer@willitsweekly.com

Memorial Hospital, during a press tour of the new hospital building going up off East Hill Road.

The tour was held to celebrate the halfway point in the construction project, which broke ground on August 13 this year.

The helipad at the new hospital is impressive: it will be big enough to accommodate a Black Hawk helicopter, construction project manager Amy Ford said. It's located just outside the emergency facilities of the new building, on the first floor's west side, so airborne patients can be rushed right inside. The new emergency facilities include six ambulance bays, six private treatment rooms, and two trauma rooms.

The new two-story building is impressive, too, just looking at it from the outside. But inside, the structure is amazing, especially the 552 tons of steel framing, much of it still visible.

At a cost of \$62 million, including funds from

Read the rest of

Hospital | Over on Page 11

Clockwise from top left:

A view of the halffinished new hospital off East Hill Road.

Structural steel framing and pipes reflect the light.

Rick Bockmann, CEO of Frank R. Howard Memorial Hospital, and Amy Ford, project manager, led the press tour.

Wayne Bashore, facilities director for the Willits school building projects, left, enjoyed the tour as a guest. Contractor Jay Lewis, right, represented HBE Corporation, general contractor for the

One of three stairwells up to the second floor; there will be two large elevators, too.

hospital project.

Photos by Melissa Cramer Photography, courtesy of Frank R. Howard Memorial Hospital





## Time to get Festive!

### Willits Weekly Christmas Party – Friday, December 20 at Willits Center for the Arts

at the Willits Center for the Arts.

A night of fun is planned, with Christmas music and merriment as well as the main event: a cookie contest.

We have invited a number of "celebrity" bakers to make treats for the contest including: Tam Adams of Emandal, Kathryn Sterngold of SugarKat Kitchen, Lori Dorholt and Kathy Albright of Ardella's, Lynn Kennelly of the Willits Chamber of Commerce, a team from Howard Memorial Hospital, and the ladies of Les Schwab Tire Center. (And the list is growing!)

Contestants will bake off dozens of cookies and holiday

The community is invited to attend Willits Weekly's first sweets which will be on display at decorated tables for the the evening festive, and the community is welcome to annual holiday party held on December 20 from 4 to 7 pm tasting. Attendees will be encouraged to sample and vote come and mingle and enjoy the evening at the Great

> "People's Choice" and "Judges' Favorite" award will be Commercial Street. As well as bragging rights and a surprise prize, winners will have their photos in the paper, along with cookie and

There will also be a cookie swap table, so those who want to bring cookies and treats to exchange with other eventgoers can do so, and take home a bag of cookies at

A soundtrack of holiday music will keep the spirit of

for their favorites. Judges will also cast their vote, and a Room upstairs at the Willits Center for the Arts, 71 East

Willits Weekly will also have back issues available, and T-shirts and gift subscriptions packaged for holiday gifts.

Can't wait to see you all there!

### Highway 20 barn

To the Editor:

them into place.

## What do YOU think?

Heiken and Rockell Rutler sit at the bakesale

Mark Walker told me he built that barn by himself in to have made the \$2,457 that we got to have 1920. He placed the diamond-shaped air vent under the the honor of handing to his parents on Sunday northern ridge-pole eaves so anybody could identify it in afternoon! Thanks again!! conversation. He showed with his carpenter's square how he determined the angle of the roof and the cut of the ioists, made to length with the proper nocks before he lifted

20. As you reported, the building was recently demolished

Thank you for the article earlier this month about Harvey Brown's barn on Highway

After that summer of 1920, the structure stood for almost 100 years, a monument to individual ingenuity and industry.

I add the humble memory that when he and his wife. Ina, visited our house in June 1986, on the occasion of our daughter Hannah's high-school graduation, he was restless indoors. This is a characteristic I used to notice in other old-timers, men of the 19th century. They had to be outside working.

He walked with me around the house, a small farmhouse to which, with the help of friends, I had added sizable sections as the family grew.

Especially he was interested in the redwood shakes that my son and I had split out with a froe and nailed for rooves and sidings. Cap Kroh had supplied us with the shake bolts from west of Willits. Mark said finally: "This is an unusual house. I don't think there is another house like it remaining in the Willits Valley." He brought a cedar sapling as a graduation gift that we planted. It is as high as the house

Shortly before he died he gave me an intricately carved wooden trunk in which his first wife Mary's parents had that soil is porous and water flows through it even when it shipped possessions home when they returned from the kingdom of Siam. They were among the Christian missionaries who proselytized in the Far East from the time 50 acres) can prevent the flow of water or dry out the trade opened in the early 19th century.

Mark was a rare man, an independent land-holder, the kind Of course millions of homes and other buildings sit on Abraham Lincoln had in mind when he wrote. "We here highly resolve ... that this nation under God shall have a dams as far as anyone knows. But Strong and others new birth of freedom, and that government of the people, by the people, for the people, shall not perish from the have suggested that the bypass will eliminate our

Goodbye to Mark Walker's hand-built hay-barn on the Fort

He lived to be 107 years old. His remains are a little way west out Highway 20, in the family plot at the Willits

Cemetery. The epitaph says only: "Veteran World War I."

### Thanks!

To the Editor:

We just wanted to send out a HUGE thanks to the Willits Community, Dave's friends and family really came together to provide us with more than enough baked goods for the bake sale. [local Dave Dethman is in critical condition due

### The Rules: LETTERS

Letters & Commentaries: Email letters to willitsweekly@gmail.com. Letters from area residents, focusing on Willits issues, activities, events and people, have priority. Typed letters can be sent to Willits Weekly, P.O. Box 1698, Willits, CA 95490, but email is preferred.

Letters & Commentaries must have a name, address and phone number, although only the author's name and city of residence will be published. No anonymous letters will



Every penny helps, and we are so appreciative

to a logging accident; also see donation jars in

Kaela Casteneda, Emmy Heiken. Rockell Rutler and iwheelfordave Crew, Willits

### Bypass the protesters!

Thanks and kudos to Caltrans. DeSilva Gates Construction, Flatiron Construction, and HB

Wick Drains on a spectacular first season of construction on the Willits Bypass. A group of local bypass lovers and acceptors recently organized a second "Thank You Bypass Workers" lunch. We were warmly and graciously received by a very nice and diverse group of workers, many of whom have been astonished and hurt by the hostility they have faced from bypass opponents this year. We vowed to have another lunch in the spring to welcome the crews back.

Meanwhile, Caltrans' Project Engineer Geoffrey Wright and Project Manager Mauricio Serrano have given informative updates at the last two City Council meetings. In the first update, Wright thoroughly debunked the "underground dam" theory relentlessly advanced by City Council Member Madge Strong and other bypass opponents. He explained is compacted. There is no way wick drains and compacted soil on a very small portion of Little Lake Valley (less than almost 8,000 acre valley.

compacted soil that has never created any underground persist in their myth-making. Some bypass opponents morning fog and change our climate. Others have blamed Caltrans for low water levels and predicted both flooding and "desertification" - turning LLV into a desert - as the result of bypass construction. What will they say when construction will ruin our karma?

At the last City Council meeting, Strong had the nerve to William Ray, Willits chide Caltrans for construction delays, after she herself persistently engaged in and supported civil disobedience and other protest tactics, contributing to delays. She also complained about Caltrans' removal of topsoil from a borrow site on the south end of town instead of the old Apache Mill site on the north end of town, where Caltrans was taking fill for the northern interchange until bypass opponents filed a lawsuit and succeeded in blocking use of the northern site. Are you kidding me, Madge? Stop obstructing and maybe construction will proceed more quickly and efficiently!

> Strong and other bypass opponents have also been promoting their alternative design for a scaled-down northern interchange that they claim will save money and spare LLV. There are so many problems with the proposed redesign, it is hard to restrain my sarcasm. First of all, I

shudder to think of all the traffic problems we would have if 55 mph and faster freeway traffic was routed into a small roundabout, even ignoring the fact that the design promoted by the protesters has traffic entering the roundabout from different directions toward different directions - i.e., toward head-on collisions! Who do we want designing our roadways: professional engineers with years of training and experience or the armchair "experts" of SOLLV?

Even if the proposed redesign was feasible, which it is not, it is too late to change plans. Strong and others claim it would be easy and would actually save money because Caltrans already has plans for a scaled-down model. A few preliminary sketches is not the same as construction plans, which can run thousands of pages. Anyone who has ever had a house built or remodeled knows a late change in plans costs a fortune and extensive delays. And how would the redesign avoid harm to LLV, as Strong and others claim, when the trees have already been cut down, the wick drains have all been installed, and thousands of square yards of earth have been moved?

Incredibly, Strong and other bypass opponents are still telling each other it is not too late. They promise to continue the protests when construction begins again in the spring. At the same time, they plead for leniency for those protesters facing criminal charges. One of the accepted purposes of criminal punishment is deterrence. I think the punishment for this year's illegal protesters should be stiff enough to deter future illegal actions.

all the predicted catastrophes fail to materialize? Bypass I say protest all you want. Exercise your constitutional rights to freedom of speech and assembly - at Mariposa, at the post office, at Safeway, in the park, in the press. But if you trespass and hold up construction, I think you should have to pay the costs of the delay. Why should I have to pay it as a taxpayer? If Caltrans and the contractors can prove \$100,000 or \$300,000 or \$500,000 in delay costs, that's what the protesters should be fined. That doesn't even include the costs of law enforcement - multiple CHP officers guarding construction sites and workers 24/7 for almost a year. If you really want to make a case for leniency, you might consider promising NOT to engage in further illegal and expensive obstruction.

> Congratulations Caltrans! Bypass the Protesters! E-mail me at rcovin13@gmail.com, and I'll send you a "Thank You Caltrans" bumper sticker.

> > Randi Covin, Willits

### SUBSCRIBING TO WILLITS WEEKLY IS EASY! Cut out mail-in form below!







l, Nicole McLeod-Basler, am thankful for my family (photo at left), and my mom, brother and sister!



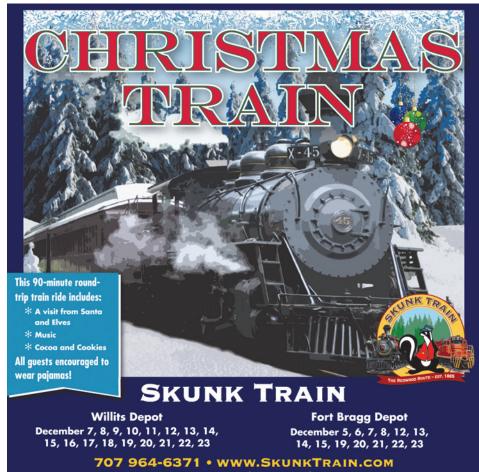
Congratulations to Jeff and Heather Walker, the winners of the Sober Grad Fall Basket.

Pictured with the winners and representing the 2014 Senior Class. Devina Cash.

Thank you to everyone in the community who helps to support this great cause.



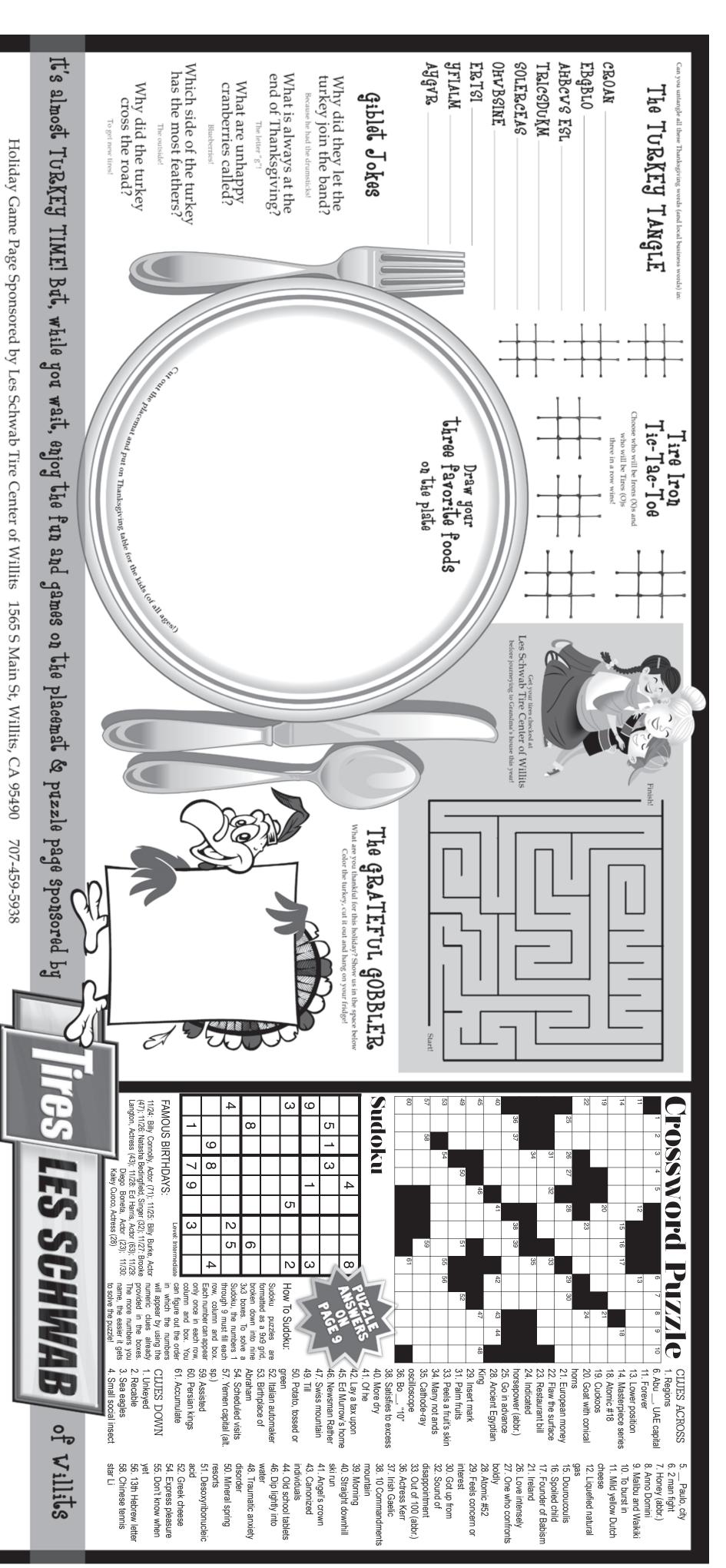








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I, Rashel Niderost-Mckemy, am thankful for my healthy boys! I love u Giuseppe n Nikolas! ♥♥♥

I, Jennifer Poole, am thankful when the cats



I, Jacqueline Standley, am grateful for an amazing family! ♥

These reusable kits will be carried on fire apparatus, says Fire Chief Daryl Schoeppner,

**Brewed Awakening** 

will be open

Willits

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A Mortaldia & Modern Rocord of Community and His in William

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Read the rest of

Contact us:

willitsweekly@gmailcom

Photo by Brooktrails Fire

We've Moved

Headquarters

707-459-HAIR

91 S. Main Street



I, April Lamprich, am thankful for all the time I had with my Pops! Not a day goes by that I don't miss you!



I, Roxie, am thankful for my squeaky koala and play time











45 Acres - One of a kind ranch close in to Willits. End of Road privacy. 2100 sq. ft. home in pristine condition. Hardwood floors, custom cabinetry, tile counters. Amazing finishes hroughout. Southern exposure. Gravity flow spring water system. Beautiful pond, orchard, gardens. Solar power. Amazing views. Excellent privacy.. \$675,000

Pine Mountain - 20 gorgeous acres with towering redwoods. Custom 3 bdrm/2 bth home and cozy western style cabin. Large shop. Exc. well, power, phone, etc...........\$499,000

Estate Sale - Beautiful custom home located on over an acre near Willits. Large kitchen with Corian countertops. Tile floors. Formal living room with wet bar. Office off Master Bedroom. Patio, large deck. Nicely landscaped \$289,000

www.pondsun.com • tonysorace@pacific.net



### Thursday, November 28

24th Annual Willits Community Thanksgiving Dinner: from 11 am to 3 pm at the Harrah Senior Center, 1501 Baechtel Road. "Come give thanks and celebrate this holiday with your community." No charge; anyone may eat for • free, but donations are gladly accepted and will benefit Willits Community Services and Food Bank. Food Donors include: 101 Drive-in, Sparetime Supply, and individual contributions. Dinner prepared by Chamberlain Creek Conservation Camp, and served by community volunteers. Info: 459-

Thanksgiving in Laytonville: The Long Valley Garden Club is hosting a free, all-day Thanksgiving feed from 11 am to 6 pm. Prep day is Wednesday, November 27. Info: 984-7108.



### Friday, November 29

Skunk Train Thanksgiving Weekend Trips: The Skunk Train is running Thanksgiving Weekend trips for all ages out of the Willits depot this week: Half-day trips departing at 9:45 am to Northspur and back again aboard the vintage 1925 or 1935 motorcar. Starting today, then Saturday, November 30, and Sunday. December 1. Info and tickets: http://www.skunktrain.com/ willits.html or 707-964-6371.

Shanachie Pub: After-Thanksgiving-Day Party with Schindig, rock/folk/ Americana from Willits, featuring Forrest Glyer, Malakai Schindel, Josh Swearengin, Michael Cantwell, and Joe Swearengin, and Knocks & Jollies, with indie rock with Josh and Joe Swearengen and Mark Hetherington. 9 pm. \$5. 50 South Main Street. Visit: www.facebook.com/schindig.

### Saturday, November 30

Agape Bible Church Holiday Craft Faire: 9 am to 3 pm. 290 South Lenore Avenue. Free gift wrapping by our youth. Please contact Betty Pellegri at 972-5256 if you would like to rent a table to sell items.

Skunk Train Thanksgiving Weekend Trips: see Friday, November 29. Shanachie Pub: Austin Quattlebaum, free-range folk and Southern bluegrass. 6 pm. No cover. House of Love DJ Night with Mr. Humpfreeze & Tigerfish. 9 pm. No cover. 50 Main Street.

## **Ongoing Events**

No Farmers Market on Thursday, November 28, Will resume Thursday, December 5. Winter market at Little Lake Grange, 291 School Street. Fall produce (potatoes, winter greens, lettuce, hot house tomatoes and more) from area farmers, plus live music, flowers, crafts, baked goods, local beef and other meats, goat cheese, dinner and more. Markets will continue all winter from 3 to 5:30 pm

Willits Photography Club Annual Show: 12th annual show by members of the Willits Photography Club at the Willits Center for the Arts, 71 East Commercial Street. Show runs through November 30. Gallery is open Thursday and Friday from 4 to 7 pm and Saturday and Sunday from

Willits Community Drum Circle: 7 to 10 pm at the Willits Center for the Arts, 71 East Commercial Street. Every 2nd and 4th Fridays. Free. Everyone is welcome. Info: 459-

Willits Frontier Twirlers: Beginner's classes in basic and mainstream square dance at the Willits Center for the Arts, 71 East Commercial Street, from 6:45 to 8 pm, then dancing until 9 pm, with professional caller Lawrence Johnstone, who will teach and call. Every Monday night; classes are free for beginners. Info: Emmy Good at 367-

Open Mic at Shanachie Pub: Every Wednesday at 8:40 pm. Sign-ups start at 3 pm. 50 South Main Street.

Brooktrails Lodge Winter Schedule: every Thursday night at 8 pm: "Dream Capsule Entertainment," featuring local musicians and talent; Happy Hour, and Ladies' Night specials. Every Friday night: Open Mic, with drink specials and prizes. Info: Shawntee Wirth at dreamcapsuleindustries@gmail.com or 459-6792.

Free Community Karate Classes in Willits on Tuesday and Thursday nights, at Willits Body Works Gym & Martial Arts Center, 1511 South Main Street. Tuesdays, start time 7 pm, for ages 10 years old and above. Thursdays, start time 6 pm, for ages 5 to 9 years old, and 7 pm for ages 10 years old and above. Sensei Mike Tobin, Kyoshi, instructing with Sensei Trindad Sanchez. Through Sheriffs Activities League; info: 468-4288.

Laytonville Winter Farmers Market: Mondays from 2:30 to 4:30 at the Laytonville Grange, 1620 Branscomb Road. Buy local: vegetables, apples, juice, bakery, beef, lamb, pork, jewelry, aprons, children's clothing, knife sharpening

## Save the Date:

'King Lear' staged reading, Willits Community Theatre, December 11 & 15

Holiday Craft Fair, Willits Community Center, December 13. 14 & 15

**Grange Farm School Work Days**, December 14 & 15

Willits Weekly Christmas Cookie Party, December 20, Willits Center for the Arts

WOWSER Winter Solstice Party, December 21

## What's Happening Around Town

Things to do, see and enjoy in and around Willits

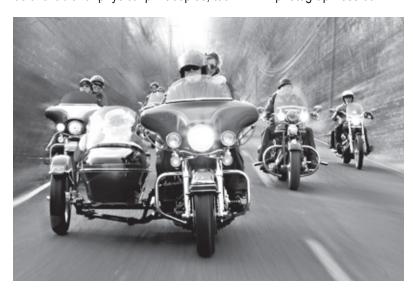
### Sunday, December 1

Skunk Train Thanksgiving Weekend Trips: see Friday,

Laytonville Christmas Craft Fair: from 10 am to 4 pm, at Harwood Hall in Laytonville. Featuring a variety of crafts by more than 45 local artists. Santa's Workshop for kids, and a special appearance by Santa. Info: Lavtonville Healthy Start: 984-8089

Santa Photos with Maureen Moore: today from 11 am to 3 pm at ER Energy. 851 South Main Street in the Safeway Plaza. Half the

proceeds from the ER Energy shoot will be donated to the Willits 4-H Club. Digital images will be available for \$5, and optional print packets will be available for physical print copies, too. www.mphotographress.com.



21st annual Willits Tov Run: to benefit the Willits Rotary Children's Christmas Program, Motorcycle run starts at Evergreen Shopping Center at noon, and finishes at the Little Lake Grange, 291 School Street, with a party – the general public is welcome and encouraged to attend this party – from noon to 3 pm. Dinner, featuring homemade hot dishes from Rotary Club members plus (new this year) a tri tip BBQ. Plus live music for dancing by Ray & the Reveleers, and the Lions Club no-host bar. A raffle with "very nice and very valuable" raffle prizes from area stores; tickets \$1 each or 30 tickets for \$20. Admission one unwrapped toy. Info: email HOG@bellsprings.com or call B. Kamoroff at 459-6372.

### Tuesday, December 3

Tightwad Tuesdays at the Noyo Theatre: All 2D movies that are in their second week are \$5 on Tuesdays at the Noyo Theatre for all ages, all showings. This week's "Tightwad" movie: "12 Years A Slave." For Santa Photos with Maureen Moore: today from 4 to 7 pm

Holiday Express

caught their first glance of Old St. Nick waving at the crowd from the inside of the engine."

The community is encouraged to come and enjoy the fun for the whole family!

**Mendocino County** 

Public Bank?

Author and attorney, Ellen Brown, speaks in Willits on Saturday,

December 14, as part of a Mendocino County tour "to educate voters

about the advantages of establishing a Mendocino County public

The tour – Brown will speak in Ukiah and Mendocino, too – is part

bank." Brown is president of Sonoma County's Public Banking Institute

of the new Mendocino County Public Banking Coalition's educational

campaign about a ballot measure the coalition hopes to put on the June

Being a charter county, the coalition says, will allow Mendocino County

Brown will speak at the Little Lake Grange, 291 School Street,

at 7 pm. No charge; donations gratefully accepted. More info at:

2014 election "to make Mendocino, California's 15th Charter County."

to have a public bank to manage our own money.

locomotive. There will also be steam train rides for children of all ages, and train enthusiasts alike.

decorated completely with train and train-related ornaments.

County Museum.

Roots of Motive Power presents its annual "Holiday Express" Santa Train event – free for all – on Saturday,

Features free train rides for kids of all ages, a visit with Santa Claus, live music, singing, refreshments

An account from a bystander at a past Holiday Express: "As the children waited impatiently for Santa to

arrive, a distant whistle could be heard, followed by a puff of steam just over the rise. As the historic steam

locomotive rounded the bend, a jolly chuckle and ho-ho-ho! was heard, and the children cheered as they

Don't forget to bring your cameras for great photos of your children with Santa, in front of the antique steam

For the full, authentic train ride experience, this year, for the first time, passengers will be getting their (free)

tickets at the refurbished antique Train Master's Office, then have them punched by the conductor during their

(including hand-baked items), crafts, model railroads, and the famous Roots of Motive Power Christmas trees,

December 7 from noon to 5 pm, at the Roots facility, 420 East Commercial Street, next to the Mendocino

showtimes: www.noyotheatre.com. 57 East Commercial Street, 459-6660

Holiday Baking Party: 5 to 8 pm, Little Lake Grange, 291 School Street. Bring a copy of your favorite family recipes to share, or ideas for low-sugar or gluten-free options; trade cookies after baking; everything baked in the Grange's commercial kitchen is legal to be sold or served to the public. Please bring all ingredients you want to use, or call Annie for organic eggs and butter at good prices: 459-6382. \$3 suggested kitchen use fee. RSVP early for this 'limited space' kitchen event: 459-

"Confronting the Controversies: Biblical perspectives on tough issues": Tonight is the last in this series of Tuesday night talks on controversial issues, Willits United Methodist Church, 286 School Street. Soup dinner at 5:30 pm; talks from 6 to 7:30 pm. Please RSVP: 459-2855.

Annual "Light Up a Life" Ceremony: Phoenix Certified Hospice presents its "Light Up a Life" ceremony with an evening of music, inspiration, and remembrance. 6 pm at 100 San Hedrin Circle in Willits. Everyone is invited. "We will be lighting candles for those we would like to honor, and there will be an opportunity for those

have lost loved ones to talk about memories they have"; plus music by community musical groups and spiritual readings, with hot cider and cocoa

### Wednesday, December 4

Coffee with the Principal: Parents/Guardians are invited to visit with Willits High School Principal Jeff Ritchley this morning, as part of the regular "Coffee with the Principal" series. 8:30 to 10 am at WHS.

"A Place at the Table": A film about hunger in the United States, "a riveting journey that will change forever how you think about the hungry." Free showing at the Willits Public Library, 390 East Commercial Street. 5 pm to 6:30 pm. 50 million Americans live in "food insecure" households, including one out of every four American children. "'A Place at the Table' shows how the issue could be solved forever, once the American public decides – as they have in the past – that ending hunger is in the best interests of us all." Also brief discussion and a short film featuring Ron Finley, "the Gangster Gardener for South Los Angeles.'

### Friday, December 6

## Silent time at St. Francis

to come for just a few minutes or for the whole hour. St. Francis of the Redwoods is located at the corner of Main and Commercial streets in

## Sober Grad seeks

benefit sales Candy Makers sell as a whole item. Candy also needed for the Brookside

The Willits Sober Grad committee needs candy makers for two candy sales to benefit Sober Grad: for the Laytonville Craft Fair on Sunday, December 1 (needed by Saturday, November 30). Contact Tonia Silverstein, 489-4412 or tonia\_silverstein@yahoocom, who can meet you in town to pick up candy. Please package in small containers or make (fudge for example) in an aluminum foil container to

School Holiday Bazaar on Saturday, December 7. Needed by Friday, December 6, or drop it off around 9 am at Brookside School on Saturday. Contact Joyce Waters at

**Thanksgiving** 

Train trips

this weekend

Skunk Train Thanksgiving Weekend Trips: The Skunk

Sunday, December 1. \$49 adults; \$29 children 2-12; discounts

Have an event you would like to

submit to our calendar?

Email us at willitsweekly@gmail.com

Staged reading of

'King Lear'

at Willits Community Theatre

William Shakespeare's great tragedy tells the story of a king

who abandons his crown, yet wishes to continue to be treated

like a king. It doesn't work out so well for him. With Lanny Cotler

tickets: www.skunktrain.com/willits.html or 707-964-6371.

willitssobergrad@

### at J.D. Redhouse, 212 South Main Street. Digital images will be available for \$5, and optional print packets will be available for physical print

Classical Guitar at WCT: the Willits Community Theatre Guest Artist series presents classical guitarists Ryan Ayers and Giacomo Fiore, with a night of fingerstyle and classical music from around the world, including original compositions and timeless classics. 8 pm, WCT Playhouse, 37 West Van Lane. The evening will also showcase an instrument built by local classical guitar maker Greg Byers. \$15. Tickets at Goods' Shoppe, 56 South Main Street, at the door the night of the show, by phone at 459-0895 (with a credit card), or online at brownpapertickets.com/event/501699.

copies, too. www.mphotographress.com.

### Saturday, December 7

Senior Center Craft Faire and Bake Sale: 10 am to 4 pm at the Harrah Senior Center, 1501 Baechtel Road. Info:

Brookside Holiday Bazaar: annual event by Brookside PTO; 10 am to 3 pm at Brookside School, Spruce and Lincoln Way. Open to the public. Bring your camera to take pictures with Santa from noon to 2 pm. Raffle. Candy sale by Sober Grad committee. Tables still available: call Windi Kvasnicka, 707-354-0755 to reserve a table.

Work Day Weekend for Grange School of Agricultural Arts: Today and Sunday, December 8, 10 am to 5 pm, rain or shine, at the site of the new Grange farm school at Ridgewood Ranch. Skilled and unskilled help needed. Bring gloves and tools, if you have them. Please drive slow on the ranch. Custom work days available for your group!

Contact director Antonia Partridge at (707) 272-1395 or farmdirector@californiagrange.org to RSVP (drop-in volunteers welcome, too). More info at http:// californiagrange.org/agschool/mission.html.

> **Roots of Motive Power Holiday Express:** Roots of Motive Power presents the annual "Holiday Express" Christmas Party on Saturday, December 7 from noon to 5 pm, at the Roots facility on Commercial Street. Features free steam train rides for kids of all ages, a visit with Santa Claus, Christmas trees, singing, model trains on display, and refreshments. See article

elsewhere on Calendar page for more details.

Ladies Christmas Tea: Agape Bible Church, "Keeping Christ in Christmas." 2 to 4 pm. 290 S. Lenore Avenue. Skits, music by the children's cast of "The First Leon," refreshments and small sandwiches. Free of charge. All ladies and teens are welcome.

Skunk Train Santa Trains: special Christmas Trains start today at

the Willits Depot: 90-minute round-trip train rides, including a visit from Santa and his elves, music, cocoa and cookies. Departures at 3:30 pm, 12:30 pm and 6:30 pm, depending on the day. All guests encouraged to wear pajamas! Tickets: \$35 for adults; \$25 for kids (2 to 12). At least one trip scheduled every day from December 7 through December 23. Info: 964-6371 or www.skunktrain.com. December 7 trip and December 14 6:30 pm trip out of Willits already sold out!

WHS Boosters Club Winter Fashion Show: 6:30 pm at the Willits Community Center, 111 East Commercial Street. To benefit two Boosters scholarships: one for an athlete and one for an arts student; students who help out with Booster Club fundraisers throughout the year are eligible for the scholarships. Featuring fashions

from local boutiques and merchants - including Off the Cuff, Tiger Lily's, Carhartt, Buttercups, Monkey Wrench and J.D. Redhouse - worn by 40

high school models and 30 younger models. MC Margaret Bender. Plus coffee and desserts. Tickets, \$12, are available in advance at the participating merchants, or at the door. Info: 459-2752.

Studio Joy 1 Year Anniversary Black Light Zumba Glow Party: Doors open at 7 pm; party from 7:30 to 9:30 pm. "Come celebrate Studio Joy's first anniversary with us at another legendary Black Light Zumba Glow party! Dress to impress. White and neon glow the best!

Enter the raffle to win cool stuff." Adults \$15 (includes 1 raffle ticket); teens (13-18) \$10; kids 7-12 \$5; 6 and under are free. 1262 Blosser Lane.

### Sunday, December 8

Senior Center Pancake Breakfast: 8 to 11 am. Second Sundays at the Harrah Center, 1501 Baechtel Road. Pancakes, eggs (any style), bacon, sausage, or ham, orange juice, coffee. \$6 members; \$7 non-members; under 12, \$5.

26th Annual Community Christmas Chorale: LDS Church, 265 Margie Drive, 6 pm. Singers and talents from all over the community, including Emandal Choir, plus a food drive, cards on the Christmas trees for the Willits Rotary Children's Christmas Program, a community sing, a Nativity scene, plus social time at the end of the program with cookies and hot apple cider. Info: 489-3702.

## Holiday Crafts Fair

The 27th annual Holiday Crafts Fair, at the Willits Community Center, is expanded to three days this year. The crafts fair is set for Friday, December 13 (noon to 7 pm). Saturday. December 14 (10 am to 6 pm) and Sunday, December 15 (10 am to 4

In addition to fine arts and crafts for sale, the fair features live music and delicious food and beverages provided by the Willits Charter School. A benefit for the Willits Center for the Arts. Info: 459-4792.

### **Crafts Fair participants**

Ann Maglinte, prints, garden art; Anne VanderHorck, sewn crafts; Bonnie Belt, ceramics/pottery; Charlotte Tefflt, Etched Glass; Dancing Madrone Soap, soap; David Rice, pickles; Deni's Pottery, pottery; Erwin Ludwig, knives; Greg Burdick, turned wood; Greg Linsley Earth & Fire, Pottery; Happy Woman Jewelry; Janet Heppler, spun wool items; Karen Mastrian, jewelry; Kathryn Green, tie dye clothing; Knox Train is running Thanksgiving Weekend trips for all ages out Gillespie, pottery; Lee Zabin, shell of the Willits depot this year: Half-day trips departing at 9:45 am to Northspur and back again aboard the vintage 1925 or jewelry; Lynn Davis, glass/metal vase; 1935 motorcar. "As you depart Willits you will begin climbing Maria & Tamara Steffen, Jewelry/photo a 3.5% grade and cut through the Coast Mountain Range at cards; Morgan Rex, metal; Organic Tunnel #2; from here it's a long descent into the Redwoods Attire-Jan Stevens, clothing; Ramona of the Noyo River Canyon." Friday, November 29 (only a few Teagarden, glass bead stoppers; Rog adult tickets left for this trip!), Saturday, November 30, and Horowitz, pottery; Summitside Photo, photography; William Cull, jewelry; for families; \$10 dogs ("Well behaved dogs traveling with their Wine Country Creations, jewelry; owners are welcome on the Skunk Train"). More info and to buy Wolfgang Ronnefeldt, body products; Elizabeth Raybee, mosaics.

### Music schedule at the Crafts Fair

Friday, December 13 12 pm David Partch

2 pm Farmer's Market Band 5:30 pm Emandal Chorale

6:00 pm New Blu Trio

Saturday, December 14 Malakai 10 am

12 pm Keith Rutledge 2 pm Falko David Partch 4 pm

Sunday, December 15

John Wagenet and Friends 12 pm Vern Morninglight

as Lear, and a cadre of Willits' finest actors in the ensemble cast, this staged reading is directed by Mike A'Dair and will play on Wednesday, December 11 at 7 pm and Sunday, December 15 at 2 pm. Tickets are \$5 and will be available at the door. Info:

# There will be three 20 minute periods during the hour, and Deacon Hart says that people are welcome

50% off all proceeds will go to

The Willits 4H Club

http://photographress.zenfolio.com/santaphotos2013



Willits Weekly | November 27, 2013

## **Savings** Bank

Photo courtesy of Roots of Motive Power

Open House Savings Bank of Mendocino County invites the community

to its Holiday Open House and Customer Appreciation Event, this year celebrating Savings Bank's 110 year anniversary. Monday, December 9, from 9 am

to 4 pm. Giveaways and food, plus http://www.publicbankinginstitute.org or https://www.facebook.com/ collection bins for toys and food bank donations.

## candy makers for St. Francis of the Redwoods

Episcopal Church will be open to the public on Tuesday afternoons in December from 12:30 to 1:30 pm for a communal silent time. Church Deacon Donnalee Hart will open the church for people who wish to pray, meditate, knit, write, read, do yoga or

Photos with DECEMBER 1ST AT 11 AM AT ER ENERGY - 851 S. MAIN STREET - NEXT TO SAFEWAY!

suggested donation - digital photo only

digital files wil be available for download at

MendoPublicBankCoalition. Willits Weekly | November 27, 2013



amazing

Arnold, a 2-year-old Pitbull/

Labrador mix! He came into

the shelter as a sad stray dog, along with another

canine companion who has since been adopted.

He was a bit on the thin side, and

missing some fur – but since he has

been living here, he is eating well

and his fur is starting to grow back.

He is very affectionate and loves to please whoever he's with. He also

loves to go for walks! We believe

he will make a great companion or

family pet - and so we hope you will

Arnold is part of the Back in Black

campaign, a national campaign to

promote black and dark-colored

dogs and cats who very often

get overlooked. With this

promotion, his adoption

fee will be only \$50 if he is

adopted in the month

of November - plus

\$25 licensing for

Mendocino County

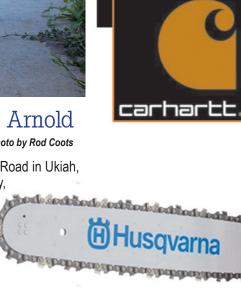
come meet this sweet guy!

**Earth's Treasures** JEWELRY · GIFTS · FURNITURE : IMPORTS 20 HIGHWAY 20 WILLITS, Next to Jack in the Box Monday-Friday 10am-6pm • Saturday-Sunday 10am-5pm • Open 11/29 & 11/30 at 9an **UP TO 50% OFF STARTING FRIDAY-SUNDAY** 

Now both businesses are located back at 1600 S. Main St. in Willits!

## **BLACK FRIDAY SALE!**

Open: 8am - 5pm



residents. The adoption fee for cats Amazing Arnold and kittens is just \$50 for the month Photo by Rod Coots of November. The Ukiah Animal shelter is located at 298 Plant Road in Ukiah and our adoption hours are Tuesday, Thursday, Friday and Saturday from 10 am to 4:30 pm and

Wednesday from 10 am to 6:30 pm. To view more

of our wonderful adoptable animals, please

visit our website: www.pawstoadopt.com or visit our shelter. You may also contact Adoption Coordinator Katherine Houghtby at 707-467-6453 for more information.

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BOGS

\$89.99 71423-203

**Summit Boot** 

**Buy any** chainsaw, get a free loop of chain and a free hat

> **Mens Camo Classic \$105.99** 60542-973a

**Buy 2 Clothing Items - Get One Free** 

(of equal or lesser value)

Buy one pair of boots get one pair of FREE SOCKS

For every \$50 spent get a raffle ticket to win a pair of FREE SHOES



Ready for Fabulousness?!

Gift Certificates make amazing gifts!

m-pho-tog-ra-phress





HH

Pg.8





## Classifieds

### TELL OUR ADVERTISERS you saw it in Willits Weekly!

### Algebra, Geometry

College Preparatory Mathematics, Individual Instruction. Mac Smith 459-MATH

Wonder and Awe Within" Workshop Dec. 15 from 1-5 Explore inspirational movement in the natural forces of breath, gravity, imagination. For adults. Questions, registration - bodylifestudio@gmail.com

### Computer Help

your home or business. PC and Macintosh. Repairs and configuration \$35/hr. Tutoring \$15/hr. Call Liam 459-2470 or email macamergin@yahoo.com.

### Consignments Accepted

Gavel Down Sales, located at 1611 South Main Street, is open Tues through Sat, 10 am to 5 pm, and is accepting quality home furnishings for consignment. Contact Kapila

### Culinary Arts Instructor/Cook

Willits Charter School is seeking a Culinary Arts Instructor / Cook. 30 hours/week. Contact Willits Charter School @ 707-459-5506 for further information.

for one person. Wood heat only. No pets. \$750 per month, includes water and electricity, 459-5030

Medical/Health Office Space, Approx. 400 square feet with changing rooms. Separate entrance, front office staff available, shared bathroom. Main St/ Hwy 101 frontage. Available day or month, call 707-459-4689.

### For Rent

2 bedroom, 1 bath, close to downtown, No. pets. No smoking. Water/garbage paid. \$770/month. Armco: 459-9601.

### For Rent

Quiet, clean studio, close to downtown Willits, Westside, garbage and water paid, NS/NP. \$525/month. Armco: 459-9601.

Puzzle Answers

TUTCARET

A | B | E | T | T | E | D

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From Page 4

D O W N T O N A B B E Y

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Willits Weekly | November 27, 2013

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Ardella's Downtown Diner now hiring all positions. Apply within. No phone calls

Help Wanted

Help Wanted

### Body Life Studio

Need help with your computer? I will come to

### For Rent

West side of Willits, small cottage suitable

### For Rent

## Help Wanted

willing to work. Apply in person.

Maintenance person wanted for Baechte Creek Inn. Must be available on weekends. and weekdays. Apply in person.

Housekeeper wanted for Baechtel Creek

Inn. Must be able to go up and down stairs,

lift up to 30 pounds, and be reliable and

### New Patients Welcome Phillip J. D'Angelo, DDS

Cosmetic/Family Dentistry 707-459-4664

### Old Cars Wanted

ALWAYS LOOKING for Cars, Scooters & Motorcycles! '40s thru '50s. Show Car to Parts Car. Please call Alan: 489-7165 or email agrossman@pacific.net.

### Pinball Machines

PINBALL MACHINES for sale, 459-6372.

### Racing Truck

Traxxas Radio-Controlled Model Truck for sale. Includes recharging equipment. Used twice - never raced. Looks like new. Asking \$250 firm. Call evenings: 707-456-0381

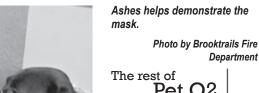
### Rummage Sale

Every Saturday from 10 am to 2 pm at 1st Baptist Church, 145 Wood Street. Rain or shine. We accept rummage donations, and have an ever-changing selection of goods!

### Volunteers Needed

Come meet wonderful people and make a difference in your community. Pick up an application at the Harrah Senior Center on Baechtel Road. Hope to see you soon.

### **CLASSIFIEDS!** \$10 | 30 words | 2 weeks!



Pet O2 From Page 5

first responders, to be used for pet oxygen kits or other

needed equipment, to help keep our communities safer. Donations to the Brooktrails Fire Department can be sent to 24860 Birch Street, Willits CA 95490.

what's happening at the Brooktrails Fire Department and with Ashes – check out the Facebook page www.facebook.com/ BrooktrailsFire. As per the Facebook page, Engine 5285 responded to a wildland fire in Sonoma County Saturday, as part of the Mendocino County

week. Schoeppner and Ashes loss north of San Francisco.

visited with kids at the Station Preschool/Childcare Center, and the pair helped out with the investigation of a \$1.5 million residential fire

Chief and Aames Shriners.

sons Mark, Jeff and Jack, his stepdaughter Judy Hope, seven grandchildren, and many great

Roy and Bev organized a pinochle group which brought

# Arabella Soap Company at the Winter Market

DECEMBER 5th, 12th & 19th, 3-5:30 PM LITTLE LAKE GRANGE, 291 SCHOOL STREET Locally made bath & body products

the holiday. Below: A one-of-a-kind Hanukkah menorah handmade by Sara Mann. Photos by Sara Mann

Left: Sara's grandson, Misha

Hammang-Zaied, brings a light into

Menorahs. latkes light

"We have come to drive away In our hands is light and fire.

Each one of us is a small light, But together our light shines bright. Go away darkness, blackness

Give way to the light!"

Since childhood, Sara Mann of Willits, owner of Mazahar, has sung this traditional children's song with family and friends during the lighting of the menorah

and the Hanukkah holiday. A meal of delicious foods, including potato latkes, usually

accompanies the candle lighting festivities. It is traditional to eat fried foods, because of the significance of oil and the use of it to light the menorah for the holiday

Mann recommends using creamy white or red potatoes and grinding them into a fine consistency for the latkes. Use a ratio of one egg per potato and season with salt, pepper and lemon rind. Form potato mixture into patties. Deep fry and top with sour cream and

13 at the Willits Cemetery, again at the

Willits Cemetery on August 13, on August

4 on property owned by Tony Madrigal

in Mendocino County, on August 7 in

Brooktrails, and again on property owned

by Peter Koch on August 24. according to

Total sentence imposed by Superior

Eyster said he is pleased with his

department's record on arson cases: "Of

those convicted of arson, repeat offenders

and defendants convicted of setting

and all of us who live in Mendocino County

- two case characteristics that both fit

on board."

McKinnon's

McKinnon by the way -

have always been sent to

state prison, so McKinnon's sentence is no exception...

Ask any fireman – this is all about public safety and I'm

Little Lake Fire Chief Carl

Magann issued a statement

to the press following

noting the potential for

loss of life and property

from fires like McKinnon's:

"Even the movement

of firefighters and other

personnel responding to

and from these fires creates

a risk both themselves and

to the public," Magann said.

Court Judge Ann Moorman was six years,

eight months in state prison.

Arsonist | From Page 1

prison facility in which he is ultimately

McKinnon first received mental health help as a minor, yet that mental health assistance did not adequately protect the community from his re-offending, Eyster

In a letter to the court, the psychologist who had evaluated McKinnon as a minor. and who helped develop a "safety plan" for him and his family (should McKinnon experience renewed fire-setting urges and seek to act on those urges), said McKinnon fit the profile of a recurring arsonist who posed a heightened threat to the safety of multiple fires that endanger fire personnel the community, Eyster added.

### McKinnon's fires were set on **Condolences**

**OBITUARY** 

### Roy Johnson

Willits passed away in his home November 25 following a long illness. Born to Georgia and Milton Johnson on August 20, 1927, Roy grew up in Ferndale and Fortuna.

High School, he served as a radio operator in the Army Air Corps then graduated from Humboldt State College. He worked for Eureka newspapers, got his real estate license in 1960, then his broker's license in 1970 and worked as a realtor

A 1945 graduate of Fortuna

and business to Willits. He retired from real estate in 1992 and, with his wife, Beverly, traveled extensively all over the U.S. and Baja in their motor home. Roy was a member of the Masonic Lodge, Scottish Rite

He is survived by his wife of 51 years, Beverly, his



their retirement years. He will friends. His family is grateful to Phoenix Hospice for their very helpful support.

A funeral will be held at Anker-Lucier Funeral Home Saturday, November 30 at 11 am.

Magann added those involved in any act fire-setting "must understand and realize the consequences of their

### **Marc Komer** Legal Document Assistant

An Affordable Non-Attorney Service Divorce, Living Trusts,

Evictions, Probate, Incorporation, Name Change, etc. www.mendolegaldocs.com

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Barb Ivy

251 Shell Lane, Unit G Willits, CA 95490 707-489-5486

Willits Weekly | November 27, 2013

**Auto Mart Auto Repair** 

Ingt Amoral

Holiday Season Special

Dec. 1st to Dec. 31st

\$29<sup>95</sup>Oil Changes

(Includes 5 quarts standard weight, non-synthetic oils, and one pro select oil filte additional oil or premium filter will be extra.)

**FREE Brake Inspection** 

**FREE 37-Point Inspection** 

All paid invoices will receive one drawing ticket into our

Two tickets will be drawn on Dec. 31st at 12 Noon for a Free Oil

Change Services, valued at the regular price of up to \$50.00.

Specials not for commercial accounts.

101 N. Lenore Ave. • Willits

We Haul It All!

We'll deliver the dumpster, and pick it up when it's full

Welcome Santa to town

on Christmas Eve at Ipm

LONG VALLEY

\$50 during December in our

Customer

Appreciation Month

Come by on December 11th

from 3 to 7 pm for our

Holiday Open House

707-459-1344

flat fee\*

489-2404

Free Oil Change Drawing

**FREE Tire Rotation** 

Bill Carter - Owner

230 Shell Lane Willits, CA 95490





Gift Wrap for the Pups! Bring in your presents from and let Willits Power wrap them for you! ALL proceeds will go to the Frank Grasse Dog Park

The Medicine Chest Garden

Burdock Arctium lappa

Donna D'Terra

"Wandering the hills in Autumn, it is not the flower I seek, but the root" - Dogen One of the roots we might be digging (or

buying) this late autumn season is burdock. Burdock gets its common name from the seedpod, which is a golf-ball sized burr, filled with seeds. ("Dock" is an old English word

When the seedpods drop, they cling to everything. In fact, they were the original inspiration for the invention of Velcro.

Used as medicine (tea, tincture, capsule), burdock is a specific remedy for skin conditions such as eczema, psoriasis and

A favorite teaching story is about an

Burdock root in Japan is called "gobo," and sautéed, or added to soups and stir-frys. It is rich in vitamins, high in iron and "inulin," the

Here is a simple recipe to try; Sweet and Sour Burdock

Cut burdock roots into very thin diagonal slices. Soak for 15 minutes in water with a

splash of vinegar added. Drain.

Drain roots. Add equal amounts of honey, tamari and vinegar, to coat the roots. Mix

Simmer roots 10 to 15 minutes more, adding a little water.

Garnish with sesame seeds. Serve over rice or other grain, or as a side vegetable.

I, Kathleen Ferri-Taylor, am thankful for my two grandchildren and another on the way!



I, Phoebe Becker, am thankful for family portraits (taken by Maureen Moore) amongst many other things!

I, Debbie Boone-Harry, am thankful for my good health, home & garden

I, Devon Jones, am thankful

for all the blessings God has given me, one such blessina

is my creative & caring son,

Aiden. (3 yrs old)

Sienna Brown, am thankful that my active-duty husband is spending this Thanksgiving at home, and for all others currently serving our country

**CATCHING FIRE** Fri-Sun: 11, 2:15, 5:05 & 8:15 Mon - Thurs: 5:05 & 8:15 FROZEN (In 2D & 3D)

Fri-Sun: (3D) 12:00 & 2:30 lon-Thurs: (2D) 5:30 & 8:00



Fri-Sun: 12:15, 3:00, 5:45 & 8:30 on-Thurs: 5:45 & 8:30 **Tight Wad Tuesday Films:** 

12 YEARS A SLAVE

All tickets \$5.00

THE PAIN
TERMINATOR

BODYWORKS

BODYWORKS

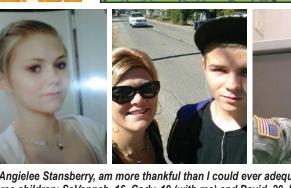
SAY: "HASTA LA VISTA BABY"
(TO YOUR PAIN)

DEEP TISSUE MASSAGE
TRIGGER POINT
STRUCTURAL INTEGRATION
10 YEARS EXPERIENCE
GIFT CERTIFICATES

Tirst Time Clients Only
(707) 513-6379 Ron Karaglanis cmt
175 Humboldt St. • Willits

CELEBER POINT 





I, Angielee Stansberry, am more thankful than I could ever adequately express for my three children: SaVannah, 16, Cody, 19 (with me) and David, 20. I am thankful every day



adolescent boy who suffered from severe facial acne. His mother suggested he switch from drinking sodas to drinking apple juice. She began cutting the apple juice with a little burdock tea, increasing the amount of tea until it was half tea and half apple juice. After a period of months, the acne healed.

latter helping to stabilize blood sugar.

Simmer roots in boiling water for 10 to 15

[This information is not intended to diagnose, prescribe or replace the advice of a qualified health professional.]

Donna d'Terra is a Willits area herbalist who has been teaching herb classes for 25 years. She may be contacted at motherland@pacific.net.



Hospital | From Page 1

parent company Adventist Health, the Frank R. Howard Foundation, physicians, and community members, this is "one of the most significant investments ever made in the Willits community," Adventist Health

The new hospital will have a total of 74,000 square feet, more than twice as big as the current hospital, even including all the outbuildings at the 1 Madrone Street location. There will be three stairwells, two huge elevators, and "nice adjacencies" as Ford put it frequently, between the different parts of the complex hospital building.

The loading dock leads right into the downstairs central supply area, which includes a sterile port to supply the four "clover-leaf" operating rooms. Surgery will also have an endoscopy suite, offering colonoscopies and other specialized procedures, plus 10 prep/hold rooms and six post-anesthesia care units.

Laboratory facilities will have three blood drawing stations. Imaging services including mammograms and CT scans - will all be in one area. There will be staff lounges for each department, and the pharmacy will be upstairs – again, a "nice adjacency" to the patient rooms.

There will be 25 private rooms for patients - 21 medical / surgery rooms and four intensive care units. The upstairs patient rooms are placed around the perimeter of the building, each with a private bathroom and shower. Most rooms will have 8 foot windows, with beautiful views of the hills and, to the east, the Howard Foundation's Commonwealth Garden

The outside of the building will be a beige stucco, with slate stonework. Corridors, private facilities and public rooms inside have been carefully designed with "organic colors that fit with our area," Ford said, including a sage green, a neutral light sand color, and a fawn beige. Sheet vinyl – required in hospitals – and laminates were chosen that look like wood, and the top of the reception desk will be Caesarstone quartz.

"I used to do hotels," Ford said, "and I wanted to make the public spaces look really nice. It's my home town, and I want to make it look nice and inviting." Ford, a Willits High School graduate, has been working as project manager for the hospital project since 2007. Adventist Health signed a contract with the Howard Foundation in 2010 to fund the construction of the new hospital.

The new hospital will have a public dining room that will seat 80 people, with more seats on an outside patio deck. The public will be cordially invited to enjoy acclaimed Executive Chef Kyle Evans' excellent food. "It'll be like having a new restaurant in town," Bockmann said.

The menu for patients, prepared separately due to regulations, will be available a la carte, "24/7": patients will order what they want to eat, when they want to eat it.

And "the volunteers will be happy to know," Bockmann said, there's a gift shop in the floor plan, too.

The hospital construction is being done by HBE Corporation, out of St. Louis, Missouri; HBE was represented by general contractor Jay

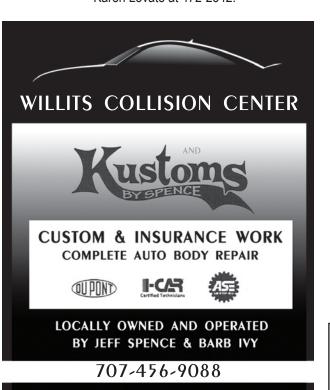
The project is on schedule and on budget, with plans to complete construction in August 2014, and open for patient care in early 2015. Lewis said his crew averages about 100 workers, although numbers depend on what's being done each week.

Lewis on the press tour.

The afternoon of the tour, local crew members from Granite Construction were working on the large parking area out which has many landscaping "islands." The landscaping was designed Willits' Sanhedrin Nursery: "It's beautiful," Bockmann said. "It's going to have a lot of color.'

Furniture Center

Willits Weekly | November 27, 2013



251 SHELL LANE - UNITS G & J WILLITS, CA



30th

Mental Health | From Page 1

been trying to do so for the past four years. As a result, a considerable amount of funding has accumulated in the project's Sacramento account. Lovato said the county's mental health branch now has about \$1.1

million to spend on an approved project. Since July, Lovato and her staff have held seven meetings at various

locations around the county, including Point Arena, Laytonville, Covelo, Fort Bragg, Boonville and, most recently, Willits. Before Tuesday's meeting at Willits' WISC center, a whole slew of ideas had been put forth.

According to a document provided by mental health branch staff at the meeting, the ideas are arranged in terms of general needs. For example, one general idea is "Care managers needed in each rural community."

Under that general heading is listed three suggestions. Care managers should be "cross trained to address multiple diagnoses/multiple disciplines," according to one idea.

A second idea under the same heading suggests each rural community should get not a single care manager but a "multi-disciplinary team addressing medical needs, mental health needs, Alcohol and Other Drug needs, and homeless issues."

The suggestion goes on to state that the approach of this multidisciplinary team is to be "inclusive whole-person health, not exclusionary

A second general idea is to "improve communication infrastructure." Under that heading are such suggestions as "use of electronic communication/records" and "liaison or care manager to facilitate telemedicine to reduce paranoia and sense of disconnect."

Under the general heading of "medical services" is the suggestion "need for benefits tracker to monitor and minimize gaps in coverage: Medi-Cal renewals, iail time, etc."

Another idea under the same general heading is "improved need for inter-agency collaboration/liaison/multidisciplinary care manager."

One strikingly concrete idea is to create a mobile mental health unit, somewhat like the county library's Bookmobile, which would convey staff throughout the county on a scheduled route.

One version of the idea would have a cross-trained person staffing the mobile unit; someone who could provide mental health services as well as Alcohol and Other Drug counseling and Department of Social Services advice.

A refinement of the idea would create two mobile units, one along the coast and one traveling up and down the Highway 101 corridor.

Other ideas include expanding the Parent-Partner program and expanding the Family Resource Centers.

One suggestion offered under the general idea of "Family Resource" Centers expanded" noted the county "needed more resource centers and/or Wellness Centers, in particular for teens in rural areas, capable of handling both Alcohol and Other Drug counseling services and specialty mental health services."

Additional meetings of the Community Innovative Planning Group are scheduled for Ukiah on December 17 and in Hopland, on a date yet to

After all the meetings have been held and all the ideas are in, Lovato and her staff will select what they feel are the 10 best ideas and put those ideas out to people who have shown an interest in the program, who will

The idea that receives the most votes will be considered "the winner."

Lovato will then submit an application to the state for funding for that project, whatever it may be. She said an important consideration in project viability is that the project must become financially sustainable

Although Mendocino County mental health has about \$1.1 million available to start up a project, after the project is on its feet, only about 5 percent of the county's Mental Health Services Act annual funding about \$55,000 a year – will be available annually to support the project.

Lovato is hopeful the winning project will be selected in late January or early February of next year.

For information about the time and location of the next meeting, call Karen Lovato at 472-2342.

Remco | From Page 1 missing it, but it really all comes to this area here," Farr said, as she pointed to the location of the old tanks on her

Molasses bought by the thousands of gallons has been

The rest of

injected, diluted with water, into the ground, Farr stated. Water discharged from the cleanup is piped to the city's sewer plant. "We have met all our discharge standards to

the site and added that a few more injections are likely. Auto Mart moved into the front end of the Remco building

date," Farr said. She said the trust will continue to monitor

this spring, and is the first business to be on the site since Remco closed its doors. Farr says there is interest in using the rest of the building

and that other reuses of the building can begin to be

Cleanup work at the Page Property, a former landfill about 2 miles northeast of Willits, shows improvement also. "We have not had any hexavalent chromium in the shallow zone for at least a couple years," Farr said.

Councilman Bruce Burton asked Farr why cleanup has taken 18 years. "If you were a state worker it would probably be your whole career," Burton said.

Farr replied that the cleanup was going relatively quickly for a project of Remco's size.

A September letter from Farr to Janice Goebel at the California Regional Water Quality Control Board was a bimonthly progress report on Remco cleanup

The letter stated that 390,000 gallons of groundwater were treated and discharged in July and August 2013.

About 61,000 gallons of groundwater were extracted treated and discharged at the Page Property during July and August, Farr wrote.

This summer Jacobson James Associates and Farr submitted a plan to take 78 samples for chromium in concrete in the areas of the building where chrome plating

Farr also told city council members that there has been some interest in future uses of the property.

"We have been getting additional interest that we have pursued and continue to pursue," Farr said.

"It is such an important property here in our downtown," Mayor Holly Madrigal said.







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### OBITUARY Condolences



### **Merl Edward Scott**

Edward Merl Scott, better known as "Scotty," passed away on November 18, 2013 at home with his loved ones. He was 88 years old. Merl was born in Deerfield, Missouri on April 7, 1925 and was the eighth child of Herbert and Ava Scott's 10 children.

WWII, During while working at the

Richmond shipyards, he met the love of his life, Fae, who he wrote many love letters to while serving in the Merchant Marines in the Pacific Ocean. Scotty, Fae, and 4-year-old Anne moved to Willits in 1951, where they owned and operated the Scott and Nelson Union Station on Main Street. M.E. Scott Trucking began in 1954, when Scotty bought a teal 1958 Diamond T logging truck. He loved hauling logs, working in the woods and hanging out at the White Cottage with his buddies Joe Shuda, Bob Alecksick, Lonnie Dockins, and

for the Willits Fire Department in the early He leaves behind his wife, Fae, of 68 years and two daughters, Merlene and Brenda. He was preceded in death by his eldest daughter Anne Scott Harms. Other family members include: Merlene's husband Jim and children Hillary and Colby, Brenda's children, Katelyn, Brooke, Brittany, and Kylee, and their father Mel. Other grandchildren include: Anne's two daughters, Denise and Darla, and their brother Bradley and his brother Justin. Spouses include: David, Chris, Laurel and Briana. Great grandchildren: (Denise's children) Delaney, Miranda, Duncan, and Ava; (Darla's children) Dalton, Breanne, and Bradan; and (Brad's children) James and Henry; as well as son-in-law George, and Debbie and Brad's

Scotty loved his membership and involvement with the Lions Club for over 30 years, especially serving as president in 1978-1979, chairman of the Easter Egg Hunt, the Pancake Breakfast, and the Super Bowl Party at the Community Center. He

was also involved as a volunteer fireman

He is survived by his sister Mabel (and late husband Arch), brother Marvin and wife Fran, and Fae's sister Dee and her husband Frank, and many many nieces and nephews who love their "Uncle." Special friends: Warren and Kathleen, Jeff, Fritz, Paul, and Nick.

A Celebration of Scotty's Life will be held at the Agape Bible Church Hall at 2 pm on Friday, November 29, 2013. The celebration will include a potluck, so bring your favorite dish, as well as memories to share with friends and family.

We all know that Scotty would love to have a "Yard Sale." Many of his antiques and "treasures" will be on display for all to enjoy.

What are YOU thankful

for this year?

I. Michelle Tobin-McCoy, am

thankful for my incredible





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DragonFly Natural Power 29



I, Peter Montgomery, am thankful for my new

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Weekly

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mother, Geri.

Donna Schindel, am thankful for Malakai Schindel's window art at Room to Bloom (with Elvia & Orion)



season! What could be better this holiday season then to unwrap one of Willits Weekly's brand new "I ♥ Willits Weekly" T-shirts? The crisp black shirts are printed with white lettering on the front and our signature "WW" circle logo on the back.

Shirts are available in unisex sizes from medium to XXL and cost \$20 each. They come festively wrapped in cellophane and ribbon, ready for immediate gift giving.

Gift subscriptions are also available this year and make great gifts for locals as well as out-of-towners. Getting the paper delivered in the mail is a great way for people no longer living in the area to stay connected with our community, as well as convenient for locals who don't want to track down a copy in town.

Six-month subscriptions are available for \$40, and one-year subscriptions are available for \$75. A sewn newspaper bag with ribbon handles and fancy presentation certificate makes a Willits Weekly gift subscription a festive and quick choice for readers of all ages.

T-shirts will be for sale at J.D. Redhouse starting Friday, November 28, and will also be available at Willits Weekly's Winter Willits Farmers Market booth. The market is on Thursdays from 3 to 5:30 pm at the Little Lake Grange (skipping Thanksgiving Day).

For more info or to place an order: 972-7047 or email willitsweekly@gmail.com.

- Maureen Moore



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