



**Educating Voters**

To the Editor:

I would like to thank the Mendocino Women's Political Coalition and Willits Weekly for sponsoring the Voters Education Forum that was held October 15 at Willits City Hall, and thank Joe Oslund for being the moderator. Third District supervisor candidates Holly Madrigal and Tom Woodhouse and county superintendent of schools candidate Warren Galletti answered some very tough questions.

MWPC's goal is to educate voters. We believe that informed voters make better choices.

**What about the judges on the ballot?** Go to [http://judgepedia.org/California\\_judicial\\_elections\\_2014](http://judgepedia.org/California_judicial_elections_2014) to find information about the California judicial candidates on our November 4 ballot. The governor appoints the judges, and you vote to retain them. Does that judge represent your values?

**When does your vote get counted?** If you have a mail-in ballot and drop it off at the polls, your ballot will not be counted on Election Day, and will not be part of the initial results announced that night. Each mail-in ballot has to be checked for your signature at the county office, and ballots dropped off at the polls begin to be counted on the Thursday after the election. By law the county can take up to 28 days to certify the election and announce final results, although in recent years, the elections office has been completing this task in a couple of weeks. If you want your vote to be included in results announced on Election Day, mail your ballot in early, no later than Thursday, October 30.

**Your voter registration card**

Your signature on your ballot should be exactly like your signature on your voter registration card. Look to see how your name is on your sample ballot or your mail-in ballot that was sent to you. Is it your full name? Sign your name exactly as it was sent to you.

**How do you know if your ballot has been received?**

If you are a vote by mail voter, you can check to see if your ballot has been received on the county's website, on the Elections page: [www.co.mendocino.ca.us/acrf/elections.htm](http://www.co.mendocino.ca.us/acrf/elections.htm). On that page, click "Vote By Mail (Absentee) Status." A form will open, where you can fill in your information and search to see if your ballot has been received.

**How to follow election results?**

You can follow election results on the county website, too. On the Elections page, select "Current Election Results." The first results will be released after the polls close at 8 pm, and results are usually updated – as ballots come in from polling places – until about 2 am. Don't be confused by the "100% reporting" line that will appear later in the night; that just means ballots cast on Election Day from each of our district's 247 precincts have been reported, not that all votes have been counted. Up to 40 percent of the vote in Mendocino County is not reported until the final, certified elections results are reported.

**How to Evaluate Ballot Propositions**

• Examine what the measure seeks to accomplish. Do you agree with those

**The Rules: LETTERS**

Letters & Commentaries: Email letters to [willitsweekly@gmail.com](mailto:willitsweekly@gmail.com). Letters focusing on Willits and 3rd District issues, activities, events and people have priority. Willits Weekly prints letters from residents of Willits and the 3rd District only. To encourage a variety of voices, Willits Weekly limits letter publication from any one writer to once a month.

Typed letters can be sent to Willits Weekly, P.O. Box 1698, Willits, CA 95490, but email is preferred. Letters and commentaries must be submitted with a name, address and phone number, although only the author's name and city of residence will be published. No letters from an anonymous source will be published, although a request to withhold the writer's name will be considered.

**Willits Weekly**

Willits Weekly is a locally owned independent newspaper, founded in 2013, covering the greater Willits area.

Volume 2, Number 77  
P.O. Box 1698  
Willits, CA 95490  
[willitsweekly@gmail.com](mailto:willitsweekly@gmail.com)  
707-459-2633; 707-972-7047

Jennifer Poole, editor and reporter / [jennifer@willitsweekly.com](mailto:jennifer@willitsweekly.com) / 707-459-2633

Maureen Moore, designer and photographer / [maureen@willitsweekly.com](mailto:maureen@willitsweekly.com) / 707-972-7047

Mike A'Dair, reporter / [mike@willitsweekly.com](mailto:mike@willitsweekly.com)

Zack Clinek, reporter / [zack@willitsweekly.com](mailto:zack@willitsweekly.com)

Kate Maxwell, reporter / [kate@willitsweekly.com](mailto:kate@willitsweekly.com)

Justin Stephens, webmaster

For advertising inquiries, please call 707-459-2633 or 707-972-7047 or email [advertising@willitsweekly.com](mailto:advertising@willitsweekly.com)

# What do YOU think?

Opinions, thoughts and thank you letters from readers

goals? Do you think the proposed changes will make things better?

• Who are the real sponsors and opponents of the measure? Check where the money is coming from on the [www.votersedge.org](http://www.votersedge.org) website, sponsored by the League of Women Voters and MapLight, a nonpartisan research organization that reveals money's influence on politics.

• Will the measure create conflicts in the law that may require court resolution or interpretation? Is it "good government" or will it cause more problems than it will resolve?

• Does the measure mandate a government program or service without addressing how it will be funded?

• Be wary of distortion tactics and commercials that rely on image but tell nothing of substance about the measure. Beware of half-truths.

Another nonpartisan website is [www.easyvoterguide.org](http://www.easyvoterguide.org) ("for new voters and busy voters").

Remember to use your voice and vote.

Ginger Pohlsn, Willits

**Vote Woodhouse**

To the Editor:

Tom Woodhouse and Holly Madrigal are competing in what promises to be another close battle for Third District supervisor of Mendocino County. Both candidates have been involved in this community for years, Holly as a member of Willits City Council and Tom as a tireless behind-the-scenes volunteer in the schools, at the Senior Center, at City Council and Caltrans meetings, and as a Sheriff's Department community service supervisor.

Tom has also worked independently with local youth to instill in them a sense of community. He has organized community cleanups, as well as spent untold hours weed-eating and cleaning up our city streets by himself. He is an honest and hard-working business man and family man.

If you have not decided for whom to vote in this crucial election, please consider Tom Woodhouse. If you haven't met him, please stop by his office at 2 North Street to discuss your concerns for the future of Mendocino County.

He has a broad and creative view of what Mendocino County needs to stay solvent while providing the necessary infrastructure to ensure the safety and well-being of all of its citizens. He is environmentally conscious and will do his utmost to preserve the beauty and health of this beautiful county that we call home.

I'm voting for Tom and I hope that you will, too.

Norma Hanson, Willits

**Vote Madrigal**

To the Editor:

I support Holly because of her nine years of experience in city government, her involvement in labor negotiations, and her leadership in navigating complex water regulations at the county and state level.

Experience in government is what will make her best suited for the challenges our county faces.

Jenny Senter, Willits

**Vote Madrigal**

To the Editor:

Holly has my vote. She is thoughtful, does her "homework," keeps stepping up and taking risks; she's honest and committed to her constituents. Also, she's appealing to the youth vote, and she's becoming a formidable model for women in government.

Cassandra Andich, Willits

**Vote Woodhouse**

To the Editor:

Our sample ballots arrived in the mail last week – reminding me how important the upcoming election is for Third District supervisor. I had the pleasure of serving on an oversight board with Tom Woodhouse for a few years and had the opportunity to see him as chairman, in action. Tom has the uncanny ability to sit quietly and listen to all sides of an issue and then mitigate the parties to a decision that benefits everyone!

Our community is rich in diversity and often issues arise with folks emotionally heated on both sides. It is important to make certain our representative considers all of our points of view and how those decisions will impact each of us in this community. I believe Tom Woodhouse is the only candidate that meets this important qualification.

Tom and his family have lived and worked in our community for decades. His business experience, philanthropic experience and leadership qualities are unequalled. He is supported by our Sheriff Tom Allman, who understands the value that Tom Woodhouse will bring to the Board of Supervisors.

Please join my family in voting for Tom Woodhouse for Third District supervisor.

Kathleen Goss, Willits

**Vote Madrigal**

To the Editor:

I have known Holly since she was small and have watched her grow up in our community, go away to college, and return home to make a difference. She cares deeply about our local schools. She is always willing to pitch in when I need her to help out.

Last year she was willing to be a judge for the high school Cooking Club's Cupcake Wars; she has also joined the elementary school kids on "Walk to School Day." All I have to do is ask, and Holly is willing to donate her time.

It has been a pleasure watching Holly grow into a leader for our community. She has put in the time to learn the complex subjects needed to serve our local government. I look forward to supporting her with my vote for our 3rd District supervisor.

Jennifer Barrett, Willits

**Book Sale Thanks**

To the Editor:

Friends of the Willits Library reports that the 2014 fall book sale was a resounding success. We give thanks to our wonderful volunteers and a book loving community.

Special thanks needs to be extended to Sparetime Supply staff for the big truck and heavy lifting, storing, and transporting pallets of books to and from the community center with nary a whimper, and delivering the post-book sale leftover books to their final destination – a book seller in Fort Bragg. We also thank our Safeway store for donating paper bags for the sale.

Friends of the Willits Library board of directors

**Tribute to Leonard Munson**

To the Editor:

I wanted to write a tribute to Leonard Munson because he proved such a gift to our lives. Years ago, we needed a new auto mechanic and a friend referred my husband and me to Leonard, when he was in the neighborhood of 77 years old. We were dubious and thought: "Well, we probably can't take advantage of his services for long, but what the heck, let's try him!"

Little did we know what was in store for us, and that Leonard would become our car mechanic for the next nine years. What a great mechanic! Leonard could make you laugh even when your car had just broken down. I learned to look forward to the time when I needed to have my car serviced, because Leonard had such a great sense of humor and easy manner.

Aside from giving my car a thorough going-over and even washing it, he charged so little for a job well done. He really cared about my car, and so I learned to care more about it too. (Just as his wife, Grace, cared about her garden at their house/shop, and how Grace and Leonard cared about each other.)

I knew their lives were not always easy – but then whose lives are easy? Yet Leonard would still greet you with a joke and a smile and a way to laugh about it all. What a great way to go through life. Thank you, Leonard, for enriching our lives and the lives of so many in this community. You will be missed.

Karen Gridley, Willits

**Vote Madrigal**

To the Editor:

We feel fortunate to know both the candidates in this election running for Third District supervisor. Over the years each has shown an extraordinary commitment to our community. We appreciate all they do.

We are voting for Holly Madrigal because she has earned our confidence. We feel she is aware of and ready to grapple with the wide variety of issues affecting Mendocino County.

After reading and hearing much of what each candidate has to say, we've concluded that Holly is not only dynamic, but that her experience and forward thinking makes her the candidate we want to meet the foreseen and unforeseen challenges that lay ahead.

Kevin and Wendy Copperfield, Willits

**Studio Joy alive and well**

To the Editor:

Contrary to rumors flying around our little town, Studio Joy, THE Place for Zumba Fitness in Willits did not lose all its teachers, we are not going out of business, and I am not losing my house. Yes, a couple of teachers left. I am grateful for what they brought to my studio, and I wish them well in their new endeavors. I also wish my friend and Zumba student Corazon Elliot joy and success with her new studio.

Studio Joy is at 1262 Blosser Lane. We have 1,400 square feet of dance floor with cork and rubber underlayment to keep joints happy. We offer 12 Zumba classes a week. Your first class is free, so come check it out. (Our full schedule with details is on our webpage [www.studiojoywillits.com](http://www.studiojoywillits.com) or come by the studio and pick up a schedule.)

We are stronger and happier as a group than ever, and our mission is to help you attain your fitness goals with fierce joy for having a body through the magic of Zumba Fitness, the most fun workout ever. On behalf of Mimi, Melissa, Kerri, Dana and myself, we wish our community joy, health, fun, laughter and music.

Maddy Avena, Willits



Greg Schindel



Princess Lady Ashlee



Kai as favorite pitcher, Matt Cain



Jakoby Kirby and Liam Hinchliffe



Cooper Norris



Leslie Cogburn-Scaglione's pumpkins

# COSTUME CALL!

Willits Weekly is once again looking to feature Willits' costume-clad locals and decorated pumpkins in our October 30 edition. The community is welcome to send in photos of kids, friends, wives, husbands, critters and yards – anything decked out in holiday finery. Try on your costume early and get those pumpkins ready, because we need those photos in by the end of day on MONDAY, OCTOBER 27. Please email them to [willitsweekly@gmail.com](mailto:willitsweekly@gmail.com), and make sure to include a caption describing who or what is in the photo! We look forward to seeing all of your photos! Above and below are some photos published in our Halloween 2013 issue.



Julie Mondo and Matthew Jennison



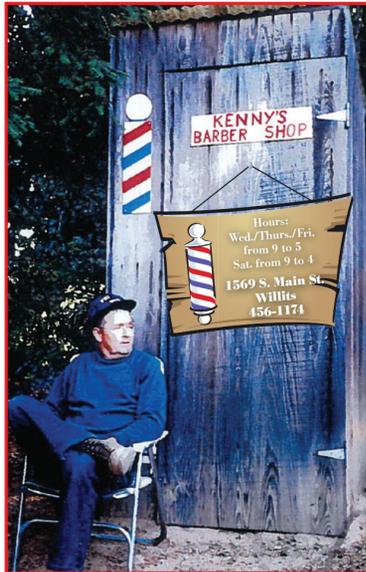
April Lynn



Tinley Logan



The Teenage Mutant Ninja Turtles



**HALLOWEEN BASH**

**COSTUME CONTEST!**  
**\$1,000 IN CASH PRIZES**  
Contest registration 8PM-9PM. Judging at 10PM.

**FREAKY FOOD SPOOKY DRINK SPECIALS**  
• DJ RUBEN MORA • 8PM

**COSTUME CONTEST CATEGORIES:**

- SCARIEST
- FUNNIEST
- MOST ORIGINAL
- BEST ANIMAL
- BEST SUPER HERO
- BEST VILLAIN
- BEST COUPLE
- BEST OVERALL

NO MASKS OR WEAPONS ALLOWED.

**FRIDAY, OCTOBER 31 • 9PM**

**RUNNING CREEK CASINO**  
RUNNINGCREEKCASINO.COM  
635 E HWY 20, UPPER LAKE, CA 95484 • 707-262-5500

We support Tom Woodhouse for Supervisor because we choose to elect a VOICE that represents the concerns and ideas of those who value the gift of living and working in the 3rd District. We trust in Tom's ability to listen patiently, use discernment in decision making, while appreciating that the decisions and votes before him as a Supervisor will impact the daily lives of everyone in our communities. We believe Tom is the best candidate to elect on behalf of all of our 3rd District neighbors. Please, be an active steward of our district paradise and take the time to vote.

Mary & Randy MacDonald  
M&M Services

**TOM WOODHOUSE**  
For 3rd District Supervisor

2 North Street, Willits  
459-4677 367-6334  
[www.TomWoodhouseforSupervisor.com](http://www.TomWoodhouseforSupervisor.com)

This ad was paid for by Mary MacDonald and was not authorized by a candidate or committee controlled by a candidate.

**Join us in Welcoming Jeremiah Dawson, M.D.**

**GENERAL ORTHOPEDIC SURGEON**

**Please join us in welcoming Dr. Jeremiah Dawson to Frank R. Howard Memorial Hospital and the Orthopedic Joint Center of Northern California**

Dr. Dawson will be joining William Bowen, M.D., and Jonathan Linthicum, M.D.

As a general orthopedic surgeon Dr. Dawson specializes in total joint replacement of the hip, shoulder and knee, shoulder and knee arthroscopy, fracture care, rotator cuff and meniscal tears, carpal tunnel and cubital tunnel.

**Now Accepting New Patients**

84 Madrone Street | Willits, CA 95490

Call 707.459.6855 to make an appointment today!

84 Madrone Street, Willits, CA | 707.459.6855

# LOVE THIS PAPER?

WANT TO HELP SUPPORT WILLITS WEEKLY?  
Become a one-time or ongoing community supporter!  
Eternal gratitude and more fabulous editions offered in return!



1565 S. Main St. Willits 707-459-5938



We want to remind everyone to drink responsibly!

Don't drink and drive - we have family that loves and wants us home!



# The Mushroom, Wine and Beer Train

Showcasing some of the best Mendocino County has to offer

The 2014 Mushroom, Wine and Beer Train is picking up steam, and the November 8 daylong adventure promises the most impressive program yet. Featuring a culinary competition among local chefs, mushroom walks, wine and beer tastings, music and more, the Mushroom, Wine and Beer Train is a flagship event for the annual Mushroom, Wine and Beer Festival. The event brings an influx of visitors eager to learn about Mendocino County's rich mushroom tradition and attracts locals year after year, as well.

On the morning of Saturday, November 8, vintage passenger cars will depart from both the Willits and Fort Bragg Skunk Train depots to meet at Camp Mendocino, where a day of festivities awaits. The Willits train leaves the Skunk Train Depot at 10:15 am.

The fun will start as soon as riders board: guests on the Willits train will enjoy a picnic breakfast catered by Sarah Schleuder of Willits. Signal Ridge Vineyard and Bite Hard Cider will offer tastings of their sparkling wine and "real hard cider." Famed Train Singer Greg Schindel will provide musical accompaniment.

The trains will arrive at Camp Mendocino at noon: Activities include a creative mushroom cook-off, wine and beer tastings, and a BBQ lunch featuring grilled locally grown meats and mushroom steaks, served with salad and local breads. Mushroom discovery walks will be led by local expert Eric Schramm of Mendocino Mushrooms, and Merry Winslow, co-author of "The Wild Mushroom Cookbook," will lead a Q&A and sign copies of the book.

**ALL ABOARD THE MUSHROOM, WINE & BEER TRAIN**

NOVEMBER 8, 2014

A BENEFIT FOR THE MENDOCINO COUNTY MUSEUM



This all takes place against the majestic backdrop of Camp Mendocino, tucked away in the redwoods and overlooking the Noyo River, which boasts its own mushroom bounty. The best beers and wines that Mendocino County has to offer will be represented, and singer/songwriter Steven Bates will provide lively musical entertainment.

Guests will join an expert judging panel in tasting the best wine, beer and mushroom fare in Mendocino County and have the option to vote for the "people's choice" award in each category. Deciding will be difficult when the competitor list includes such notable chefs as Julia Conway of Assaggiare Mendocino, Nicholas Petti of Mendo Bistro and Barbelow, Marc Dym of Little River Inn, Sandra McElroy of Trillium Café & Inn, and many other qualified entrants, including Adam Celaya of Adam's Restaurant in Willits, and Chef Kyle Evans of the Frank R. Howard Memorial Hospital.

All good things must come to an end, but boarding the train back will be bittersweet: while heading back to Willits (estimated arrival time 5 pm), guests will enjoy truffles by Mendocino Chocolate Company and port donated by Cesar Toxqui Cellars and Meyer Family Cellars.

For tickets, \$115, and a continuously updated list of participants, please visit [www.MendocinoMuseum.org](http://www.MendocinoMuseum.org). For more information, email [Info@MendocinoMuseum.org](mailto:Info@MendocinoMuseum.org) or call 707-459-2736.

**TESTA VINEYARDS**  
CIRCA 1912

Simply Black & White WINES

6400 North State Street  
Calpella, CA 95418  
(707) 391-7273

Open Friday through Sunday  
11 a.m.-5 p.m.  
or by appointment

ON SALE THIS WEEK AT  
**MARIPOSA MARKET**

Mariposa Market proudly presents a wonderful selection of organic and non-organic wines from Mendocino, Sonoma and Lake counties. There is something for everyone.

Our local and almost-local beer makers offer a great selection of brew styles including organic and gluten-free. If you want a beer we don't have, in most cases a special order can be arranged with a discount attached!

Cheers!

500 S. MAIN STREET, WILLITS  
459-9630

**HANDLEY CELLARS**

30 MINUTES FROM THE COAST - OPEN 7 DAYS A WEEK  
ELECTRIC CAR CHARGING STATION  
POWERED BY SOLAR ENERGY  
ORGANIC FARMING

Handley Cellars is a small family-owned winery nestled in the rolling hills of Anderson Valley. Owner Milla Handley has been producing wines for over 30 years including Pinot Noir, Chardonnay, Gewürztraminer, Pinot Gris, Riesling, and Syrah. Visitors can enjoy an extensive folk art collection, picnic in the courtyard, and browse the gift shop. During the first weekend of the month special food pairings are offered in the Tasting Room.

3151 Hwy. 128 • Philo, CA • 800-733-3151 • [handleycellars.com](http://handleycellars.com)

**SPARETIME SUPPLY**

GRAPES: 30% OFF STOCK ON HAND  
HOPS: AVAILABLE IN NOVEMBER

459-6791

Store Hours:  
August - February  
Mon - Sat: 9 am - 6 pm  
CLOSED Sunday

208 E. San Francisco Ave.  
Willits, CA 95490

MUSHROOM SPECIALS DAILY!

**LITTLE RIVER INN**  
celebrating 75 years

Create a tradition

Join us in the Little River Inn Restaurant or Ole's Whole Watch Bar for breakfast or dinner and enjoy delectable dishes featuring mouth-watering Mendocino County mushrooms.

Two miles south of Mendocino  
888. INN.LOVE | [www.LittleRiverInn.com](http://www.LittleRiverInn.com)

**pho-tog-ra-phress**  
[uh-tog-ruh-friss]

noun: Maureen Moore: a person who creates fabulous photo moments

Vineyards make for gorgeous sessions!

707-972-7047  
[maureengetsmail@gmail.com](mailto:maureengetsmail@gmail.com)

Bake with Beer | Recipe  
By Willits Home B.R.E.W. Club

## Sourdough Beer Bread

### Ingredients:

- 3 cups + 2 teaspoons all-purpose flour
- 3/4 cup sourdough starter
- 4-1/2 teaspoons baking powder
- 1/2 teaspoon salt
- 3 tablespoons sugar
- 3 tablespoons butter, melted and cooled slightly
- 9 ounces light beer, at room temperature

### Preparation:

Preheat oven to 350° F. Lightly grease a 9 x 5 inch loaf pan, and sprinkle with 2 teaspoons all-purpose flour. Shake the flour around until the whole interior is coated, then knock out the excess.

In a medium bowl, whisk together the flours, baking powder, salt, and sugar. Add the butter and beer, and stir with a spoon or spatula until moist and just combined. Pour into prepared loaf pan.

Bake at 350° F for 40 to 45 minutes, or until golden brown on top. Remove from pan. Cool at least 10 minutes on a rack before slicing. Makes one 9 x 5 inch loaf



Willits B.R.E.W. Club members demonstrated brewing techniques at this year's Kinetic Carnivale.

## Learn to Homebrew Day

Willits club hosts brewing demo at Coast Hardware

Homebrewing is easy and fun, and the enthusiasts of the Willits Home B.R.E.W. Club want to show you how you can brew your own beer at home at a free demonstration Saturday, November 1 at Coast Hardware.

November 1 is "Learn to Homebrew Day," an international event sponsored by the American Homebrewers Association. Since 1999 thousands have gathered each year to teach friends and family the basics of homebrewing.

Willits B.R.E.W. Club members will using an extract brew kit to make a 5 gallon batch of homemade beer at the November 1 demo from 10 am to 2 pm. The public is invited to view the equipment, ingredients and brewing techniques.

The club meets the first Friday of each month, currently at Peter's Chinese Restaurant, at 383 South Main Street. November's meeting, November 7, will

focus on Porter and Stout, and December's meeting, December 5, will focus on Winter/Holiday Beers.

"We are a small group of home brewers, wine makers, makers of mead and bakers of bread," the B.R.E.W. Club announces on their website. "If yeast is involved, we're interested."

"It is our goal to encourage any and all to forego the commercialization of the world of brews. To create, from within, better, more personal brews. Brews that have character and flavor. Brews that we all want to drink and savor. Brews that scream "drink me, not that wimpy brew you bought at the store! We are here to help, to mentor and to educate each other and those around us."

For more information about the November 1 demonstration, or about the club, contact President Rick Hewett at 459-1338 or [rhewett1@aol.com](mailto:rhewett1@aol.com). Or visit [www.willitshomebrew.weebly.com](http://www.willitshomebrew.weebly.com).

## Simple rules for wine and food pairings

Walk into many wine and spirits stores, and you will likely encounter a dizzying array of selections. While wine selections at such stores were once limited to a few well-known brands, many niche and private wineries have begun to make their vintages available to a wider clientele, so now shoppers are treated to both familiar and less well-known options.

To novice dinner party hosts, the vast array of wines and flavors can make selecting a bottle or two to accompany a meal a bit more challenging. But one need not be a master sommelier to find the right pairing. The following tips can help anyone select wines to go with their menu or the type of occasion.

Work from light to dark. Just as you begin a dinner service with some appetizers and salad before moving to heavier courses, the wine should follow suit. Select lighter wines to accompany the earlier course before opting for deeper, richer wines as the meal progresses.

Consider champagne to accompany appetizers and opening courses. Champagne works particularly well with salty foods, which is why it is often a good match for hors d'oeuvres. If your's is a cocktail party only, you may want to exclusively serve champagne, which typically pairs well with passed finger foods and even bite-sized desserts.

Opt for sauvignon blanc when you do not want the flavor of the wine to be overwhelmed by the food. Sauvignon blanc works with early courses that pack a flavorful punch. Sauvignon blanc can be grassy or tropical in flavoring, depending on the region in which the grapes were grown. It is commonly described as crisp and fresh in flavor and is often recommended with sushi.

Match delicate seafood dishes with a light wine. Pinot grigio or chablis are delicately flavored and will pair well with seafood. Fish that is served in a rich sauce may be better matched with a heartier chardonnay.

Make rose your go-to wine when serving cheese. Although some cheeses work great with white or red, rose is typically a safe bet when serving cheese because of its acidity and fruity character, offering the best of both worlds.

Hearty meats, such as steaks and chops, pair well with rich reds. Cabernet sauvignon and bordeaux are great when paired with meat. Malbec and shiraz can hold their own if meats are spiced and extremely flavorful.

Rustic wines will work best with rustic recipes. Try to find a wine from the same region from which the meal originated. Pinot noir is a light-bodied red wine that has full flavor and can work with many pasta dishes as well as earthy ingredients, such as mushrooms.

Though some people follow a strict personal code regarding wine pairings, your personal tastes should dictate what you ultimately serve. Experimentation can yield an unexpected flavor combination that complements the nuances of both the food and the wine.



Whether hanging out with buddies watching a game on TV or firing up the grill for a backyard barbecue, many men prefer beer as their beverage of choice in social settings. Though beer is not something many people associate with health, some might be surprised to learn that beer does provide some notable health benefits. Beer should always be consumed in moderation, but beer fans should know that those cold ones aren't just refreshing but potentially healthy as well.

### Builds bone strength

A 2009 study from researchers at Tufts University determined older men and women who consumed one or two drinks daily had higher bone density. Beer contains silicon, which has been linked to bone health. Of the various types of beer, pale ale has been shown to have the highest concentration of silicon, so beer drinkers might want to enjoy a pale ale when having their next beer. Keep in mind, however, having more than two drinks has been linked to increased risk of bone fractures, so stick to one or two.

### Antioxidant boost

Beer contains flavonoids, which are natural antioxidants that help to protect

## Beer boasts some surprising health benefits

### Increases mental acuity

Beer may be associated with hazy thinking and forgetfulness the morning after consumption – but that's only when consumers overindulge.

A 2005 study published in the New England Journal of Medicine that examined the effects of moderate alcohol consumption on cognitive function found older women who consumed about one drink per day lowered their risk of mental decline by as much as 20 percent when compared to nondrinkers. Such benefits may be applicable to men as well.

### Guards against stroke

According to researchers at Harvard School of Public Health, moderate amounts of alcohol, including beer, help prevent blood clots that block blood flow to the heart, neck and brain. These clots are contributors to ischemic stroke, which occurs when an artery to the brain is blocked.

Beer can also promote relaxation, reduce stress levels and help bring on a more restful sleep. The United States Department of Agriculture also reviewed various studies that indicate moderate drinkers live longer than nondrinkers due to lower rates of heart disease, stroke and diabetes.

### Lowers heart disease risk

Dark beers have roughly one gram of soluble fiber in each 12-ounce serving. Various research suggests that consuming adequate amounts of soluble fiber through a healthy diet can help lower LDL, or "bad," cholesterol in the blood. Any source of alcohol, including beer or wine, increases the level of good cholesterol in the blood, too. Hops and the malt used in beer making also provide polyphenols, which are heart-healthy antioxidants.

### Reduces risk for kidney stones

According to the Academy of Nutrition and Dietetics, compounds in hops could help slow the release of calcium from bones, which may prevent kidney stone formation. A study in Finland singled out beer among other alcoholic drinks, finding that each bottle of beer men drank daily lowered their risk of developing kidney stones by 40 percent. Researchers suggest beer's high water content helps keep the kidneys working and flushing out the system.

OMG, which was selected to provide adult care after the county privatized mental health services, began informal conversations with the Frank R. Howard Foundation over a year ago, after a suggestion from the county. Handley made the announcement at the WHAT walk in Willits on Sunday, October 19.

"I'm really pleased that this seems to be coming together, because it's desperately needed and I can't think of a better use for our old hospital," wrote Handley in a Sunday email to Willits Weekly. "The timing is so perfect," Handley said Sunday evening. "They'll be moved out in June, and Ortner wants to move in in July. It would've been very expensive for us to keep this hospital vacant: we'd have to have 24-hour security."

Currently, patients needing mental health care of the kind provided by such centers are sent to facilities outside the county. OMG has contracts with seven different facilities around the state, but only two are licensed to serve MediCal patients. Patients with Medicare or private insurance are sent to Aurora Behavioral Health in Santa Rosa or other facilities.

Tom Ortner, OMG founder and CEO, told Willits Weekly the organization plans to make a decision about which type of center to build after the first of the year. He expects services to begin in the summer or fall after approval from state licensing inspectors. OMG is planning to use patient bedrooms, the ICU and X-ray area, the nursing station, an activities room, and the kitchen on the north end of the building, and some outdoor space.

"Serendipity is really at work here, with the timing of the hospital move," explained Ortner.

OMG is experienced with such centers, and Ortner says the bulk of the costs are often from setting up facilities. However, since OMG will become an anchor tenant shortly after the building is vacated and cleaned out by Adventist Health, he expects these expenses to be minimal. Funding the center will come from OMG's budget.

As of now, Ortner says nine out of 10 individuals in mental health crisis picked up by law enforcement are brought to a local ER for evaluation before being taken to other facilities, such as the Ukiah and Ft. Bragg access centers.

Ortner anticipates costs per day for such patients would be halved by the creation of a crisis center in the county.

Willits Police Chief Gonzalez explained that right now law enforcement often serves as the front line of contact with patients requiring mental health services. If individuals are determined to have not broken the law, Willits officers bring them to Howard Hospital, where they are met by an access center representative or undergo further evaluation.

"We have to do our own triage," said Gonzalez, as the city often only has two officers on the street. "Locking people up is not a good thing. However, if the individual hasn't caused a threat to public safety or given us reason to detain them, there's only so much we can do to help." Gonzalez says finding adequate bed space for mental health patients without private insurance remains an ongoing problem.

Commander Captain Timothy Pearce from the Sheriff's Office says individuals picked up from county areas go through a similar process and are taken to UVMC Hospital in Ukiah.

Both types of center being considered would have a maximum of 16 beds, as required for MediCal reimbursement. Both would serve patients who are Mendocino County residents and eligible to participate in the county's mental health services; those with private insurance will not be eligible.

Ortner delineated the several differences between a licensed crisis residential center and a mental health rehabilitation center. Crisis residential centers are unlocked, voluntary stay places that "represent a safe place for people in crisis on a short-term basis," with 24 hour supervision, care, and security. Patients are eligible if they are determined to not meet the threshold for what's known as a "5150," shorthand for the California law which allows for a qualified clinician to place an involuntary psychiatric hold on a patient considered a "danger to self and/or others."

Crisis residential centers can take patients from stays of a single day up to 30 days; Ortner says the typical stay is from one to two weeks. Right now OMG has three such Mendocino County patients housed out of state.

By contrast, mental health rehabilitation centers house patients with the same type of eligibility, but with more extreme clinical diagnoses or behavioral problems requiring long-term care. Patients are primarily in judge-approved conservatorships and facilities are locked. These centers provide longer stays, often between three to six months, although there are no maximum length requirements. Ortner noted: "There have been people in the county in the past that have stayed in such facilities for years." Right now OMG has nine Mendocino county patients in similar centers out of county; there have been up to 16 in the past.

OMG plans to consider the volume of in-county patients requiring each type of center, when deciding which kind to open. "If we had our choice we'd do both," said Ortner, but licensing laws would require separate buildings, and there is only one facility available.

Typically, a center of either kind requires at least 75 percent of the beds full to remain financially viable. If more beds remain empty, OMG might need to consider entering contracts to take patients from neighboring counties.



More of **Forum** | From page 1

interested in moving forward on, because there's lots of areas where we could be incentivizing building practices that encourage water conservation, a lot could be done in the county building department for that.

I also am very supportive of Congressman Huffman's work on something called the Forecast Act, which would provide better management of Coyote Dam.

**Woodhouse:** It's inaccurate to say Willits has been a leader in dealing with water problems. Really, the staff has done quite a bit, and now that the drought has hit, we are trying our best to catch up. We have made some moves. But we also have made a tremendous number of expensive mistakes and are not doing a good job.

There's a state law the governor signed that gives us a rare opportunity to study our aquifers, and if they will stand up. I intend to stand up and lead that. Because water's been a problem over at least the last 10 or 20 years. We haven't been able to grow because we don't have water.

So it's a real test of the board of supervisors to see if they will stand up. I intend to stand up and lead that. Because water's been a problem over at least the last 10 or 20 years. We haven't been able to grow because we don't have water.

**Question:** What are the most serious issues facing the Third District, and what will you do during your first year in office to improve the situation?

**Woodhouse:** Public safety in Covelo and Laytonville and outlying areas. We're not really aware of how dangerous and unprotected they are, but they certainly are.

When I go door to door, these nice, older women have rifles and pistols laying around the living room, because they actually have to defend themselves, and the sheriff has said we will not be there for a few hours. The resident deputy in Covelo gets paid \$5,000 a year extra, and he will be leaving. Once again, we'll be without that officer, and that's a crucial problem.

Also, water planning and the Brooktrails wildfire danger are huge. The potential second access [to Brooktrails] is a number of years away. Planning for it is important, and informing those people about wildfire dangers is one of my focuses as I go door to door. When you talk to those people up there, that's one of their most important issues.

Been working on Willits after the bypass, working with the Downtown Specific Plan for a number of years. The plug was pulled on that by the [city] council. Now we're back on: once again, late in reaction to a real problem.

When the bypass comes, we're going to need to have some kind of attractive downtown, and we're working on that right now.

The rebuilding of our failing infrastructure, roads and bridges, are the problems we must face. We'll need to have job growth to answer many of these problems, because they all involve running a healthy economy. I have the skills we'll need to move this forward.

**Madrigal:** One of the key issues facing Mendocino County is economic development. Revenues have been pretty much flat for the past few years, and the existing board of supervisors has done really a lot of cutting. They've cut the budget down to the bone and have gotten it to an even keel, but the revenue side is really where we need to be looking. We need



Above left: Tom Woodhouse and family. Above right: Holly Madrigal and family.

to be supporting local business. We need to be encouraging business development in the county.

Here in the city council, I actually took the lead with that last year, when I came up with the Mayor's Initiative to work on encouraging local manufacturing. We have a lot of very smart people here. We have entrepreneurs in our area, but many of them get caught up in the regulatory system. So we came up with a group of volunteers, and we came up with a spreadsheet that would list available manufacturing properties in the Willits area, including who the relevant contact information is, and whether or not the property was developable, whether or not it was in a flood plain, and other factors that a business owner would need to do to move forward. That, and having a staff that is professional and competent and friendly, is how we have become more business-friendly in Willits.

**Question:** What can you and the board of supervisors do to improve the current policies that cover county employees? Do you recognize there are problems?

**Madrigal:** The morale of the county is very low at this point, and that is an issue that needs to be addressed.

One of the things that has become apparent to me over the past couple of years is a separation between the staff and the CEO's office. The CEO's office has continued to have a lot of control over the policies of the board, and I think the relationship between the board and county employees has been eroded over time because of this. Especially in dealing with the recession, when all the employees got a 10 percent cut.

Many employees left the county, or were let go, and the people who were left – a lot of people are doing three people's jobs in one. So, they're exhausted, they're somewhat demoralized, and I really think we need to rebuild that bridge. We need to rebuild the trust. And that can only really be done with action. It can't just be words. It can't just be platitudes.

Employees were requesting a 3 percent restoration. They don't see it as a raise, because they took a 10 percent cut. They see it as a restoration back towards where they were. I am absolutely willing to explore that option.

We also have to deal with the employee turnover rate. We have an incredibly aggressive turnover rate, and we need to figure out how to keep employees who are investing in here in Mendocino County.

**Woodhouse:** A lot of hard work was done, and there were about 1,500 county employees. Then the downturn hit, and through attrition and not brilliant planning, we got rid of about one-third of those employees.

It wasn't thought-out, how that would affect the little groups that work together. It was just whoever had other opportunities, whoever could retire, whoever just couldn't take it any more, just fled. And what's left is a very confused, demoralized group of people. We all agree on that.

It's going to take a lot to rebuild and reorganize. So far, that's not the will of the supervisors. They're distancing themselves from – they don't deal directly with employees. They paid \$250,000 for somebody to come in and do the contract.

The first thing I would do is place \$250,000 on the table and say: "We know we can give you this much money. I'm here to negotiate. Let's see what else we can do together."

You have to have direct communications. It's like

Read the rest of **Forum** | Over on page 10

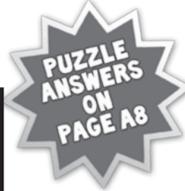
# Puzzle Page & More

Activities & fun for kids of all ages

## Sudoku

			2	7			8		
7		5	9						
			4	3			6		
4		2				5			
			8					9	
	9		1						
5					6	1	2		

Level: Intermediate



How To Sudoku:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a Sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

## In The Stars

### ARIES

Mar 21/Apr 20

You're at the brink of starting something new and impressive. Aries. Start acting like the star that you are and embrace the spotlight. It won't take you long.

### LEO

Jul 23/Aug 23

Leo, passion and energy find you moving in new directions this week. Enjoy this exciting time and document it through photos and notes to those sharing your journey.

### SAGITTARIUS

Nov 23/Dec 21

Sagittarius, you are happy this week and others will look to you as an inspiration. Share your good mood with others and your happiness will only grow.

### CAPRICORN

Dec 22/Jan 20

Capricorn, all you have to do is focus this week and you can accomplish anything you set your mind to. Come up with a challenge that has bested you in the past.

### VIRGO

Aug 24/Sept 22

Virgo, if you feel stuck in a rut, now is the ideal time to try something new. In another month or two your efforts will begin to bear fruit.

### TAURUS

Apr 21/May 21

Taurus, be mindful of how well others treat you this week. Your friends and family will be there for you when you need them, so show how much you appreciate their support.

### LIBRA

Sept 23/Oct 23

Libra, your communication skills come in handy this week when you realize you need a break and a helping hand until someone steps up and provides just that, Aquarius. Accept any and all help graciously.

### GEMINI

May 22/June 21

Gemini, you're accustomed to companionship, and this week will be no different. People are impressed with the way you innovate and explore new possibilities.

### AQUARIUS

Jan 21/Feb 18

Aquarius, you may not even realize you need a break and a helping hand until someone steps up and provides just that, Aquarius. Accept any and all help graciously.

### CANCER

June 22/July 22

Cancer, take care of yourself this week if you start to feel a bit under the weather. Nip it in the bud early so it does not impact your long-term plans.

### SCORPIO

Oct 24/Nov 22

Scorpio, maintain a handle on reality this week. Even though you're energized by big plans and dreams, you have to keep your feet on the ground for the time being.

### PISCES

Feb 19/Mar 20

Pisces, your energy levels are off the charts this week. Use this abundance of energy to tackle a difficult project.

# Crossword Puzzle

1	2	3	4	5	6	7	8	9	10	11	12	13	
14			15					16					
17			18					19					
20			21					22					
23					24	25					26	27	
			28			29				30			
31	32				33	34	35	36			37		
38					39	40				41			
42					43					44	45		
46		47	48				49			50			
51					52	53	54			55		56	57
					58					59			
60	61						62	63				64	
65							66					67	
68							69					70	

## CLUES ACROSS

- Father
- Greek gods physician
- Emblem and/or insignia
- White person, Hawaiian slang
- Strong magnet alloy
- Bloomberg interviewer
- Women's \_\_\_ movement
- Cover with wood
- Slats
- Hit on which the batter scores
- Catastrophes
- Extinct N.Z. rattle
- Indicates position
- Cracking sound
- Medieval oboe
- Zurvanic priest
- Pa's partner
- Organization of American States
- Pearly ear shaped shell
- Inventor Franklin
- Atomic #3
- Large sea snail
- Nostrils
- Supplements with difficulty

## CLUES DOWN

- Termination of life
- Approval (Br. abbr.)
- Befuddlements
- Visual percepts
- Town in Southeast Ghana
- Auricle
- Um Arabic genus
- DEA agents (slang)
- Visual persons
- Signals
- Make gloomy
- Greenwich Mean Time
- Winged goddess of the dawn
- Talipot palm leaf strip
- Cat cry
- Kansas 67632
- Roman citizen
- Chinese silk plant
- Bridge breadths
- European sole genus
- 3 line Japanese verse form
- Sounding disks
- United Nations (abbr.)
- Unlogical
- Exist
- So. Am. capital est. 1960
- 7th C. BC King of Judah
- C2H6 fuel
- Glided high
- Cotton pods
- Boxer Muhammad
- Ends of a loaf of bread
- Very coldly
- Titled peer of the realm
- Arthur \_\_, Wimbledon champion
- Cost per mile
- Own (Scottish)
- Cheer
- Word element meaning ear

## Join us and Vote for Warren Galletti on November 4th!



"As County Superintendent of Schools, I'll work hard to make sure our students, families & schools in Mendocino County have the support necessary to ensure a complete & quality education for all. With your support, we can accomplish this together." - Warren

- Coreena Christensen - Massage Therapist
- Haren Oslund - Medical Records, Former Mayor of Willits
- Janice Ramos - Registered Nurse
- Debra Rodgers - Registered Nurse
- Judy Vincent - Retired Medical Office Manager
- Kevin Blundell - Rancher/Volunteer Chaplain
- Don & Arlene Colombini - Grape Farmers
- Terry Galletti - Farmer
- Don & Raylene Lucchesi - Grape & Pear Farmers
- Tim & Heidi Bergard - Grape & Pear Farmers
- Ron & Jennifer Pronsolino - Logger/Farmers
- James Stornetta - Retired Dairyman/Farmer
- Lonnie Stornetta - Farmer
- Larry Stornetta - Farmer
- Stanley Stornetta - Construction/Farmer
- Walt Stornetta - Organic Dairy Farmer
- Larry & Doreen Venturi - Farmers
- Tim Hiltred - Owner, Altred Construction
- Spencer Brewer - Retired
- John Dupont - Business Owner
- Tracy Dupont - Business Owner
- Randy Hoover - Owner, Forks Ranch Market
- Norman Johnson - Businessman
- Mike & Tami Luchetti - Luchetti Excavating
- Steve May - Business Owner, Surf Super
- Paul McKenny - President, PE-K Woodworks, Inc.
- Lupe Oropeza - Contractor
- Bill Pauli - Owner, Yokayo Wine Company
- Janet Pauli - Owner, Yokayo Wine Co.
- Diane Ryan - Owner, Mendocino Gold Honey
- Pam Shields - Business Owner, 101 Bar and Grill
- Chuckie Sorensen - Business Owner, Gualala Super
- Barney Sundstrom - Contractor, Empire Contractors
- Brian Wilsey - Contractor
- Cindy Wilson - Altred - Owner, Nails Etc.
- Daryl Beauchamp - Fisherman
- Gale Beauchamp - Real Estate
- Jack Bednar - Retired Utility Worker
- Dave Brown - Manager, Mendocino Mill
- Marilyn Buzzard - Retired, First American Title
- Teri Capriolo - Retired, Chevron
- Sarah Cavello - Restaurant Manager
- Debbie Christensen - Savings Bank
- Rod Christensen - Retired, UPS
- Norma Combs - Retired Banker
- Pam Copland - Housekeeping
- Lola Dahl - Homemaker
- Laverne Dahl - Retired Millworker
- Tim Erwin - Hardware Store Manager
- Tony & Dina Fernandez - Retired Logger
- Gene Galletti - Retired, Avaya Communications, Yokayo Wine Company
- Howard Galletti - Retired Truck Driver
- Betty Galletti - Retired Chef
- George Johnson - Retired Timber Faller
- Edward Jones - Retired Utility Worker
- Carolyn Jones - Retired Banker
- Cheeryl Jones - MTA Driver
- Stacey Jones - Tracking coordinator
- Ron Kilkenny - Owner, Mendocino Book Company
- Patty Kosonen - Retired Business Manager
- Vic Kosonen - Retired General Foreman, Power Generation Millwright
- Irene Longcrier - Retired Administrative Assistant, City of Willits
- Lewis Martinelli - Retired
- Tom Mathias - Real Estate Broker, Rancheria Realty, Anderson Valley
- Gene Mattiuzzo - Sales Manager, Caito Fisheries
- Uernon McClamee - Retired Military
- Jeri Nilssen - Retired Grocery Clerk
- California Labor Federation
- North Bay Labor Council
- Joselyn Owen - Realtor
- Frank Pardini - Apprentice Lineman
- Giant Pardini - Paving Company Employee
- Diane Pauli - Grandma
- Charles Mannon - Attorney
- Sue Ann Mattiuzzo - Retired Legal Secretary
- Paula McBooy - Owner, Paula's Hair Salon
- Cambria Milani - Legal Secretary II
- Tim Morrison - Ukiah Attorney
- Laurel Rear - Co-founder, SPACE
- Robert Petersen - Petersen Law Offices
- Erik Petersen - Petersen Law Offices
- Heather Petersen - Petersen Law Offices
- Bridgett Summers - Supervising Legal Secretary
- Cecilia Pinoli - Retired, Safeway Clerk
- Betty Piver - Retired Bookkeeper
- Simon Ramos - Retired AT&T Manager
- Pauline Rantala - Senior Staff Service Analyst, Mendocino County
- Ruben Reza - City of Point Arena Employee
- Robbie Robinson - Retired Post Master
- David Ryan - Realtor
- Shari Schampine - Treasurer-Tax Collector, Mendocino County
- Barry Silva - Maintenance Supervisor
- Angel Silva - Office Manager
- Ray Spack - Retired, AT&T
- Lois Stornetta - Retired Secretary, Treasurer, Tax Collector, Irrigation District
- Kevin Sloughthon - Letter Carrier
- Roel Sloughthon - Retired, U.S. Army Corp. of Engineers
- Ryan Sloughthon - Retired AT&T/County of Mendocino Employee
- Jason Sutton - Electric Crew Foreman
- Nichelle Sutton - Housewife
- Mary Sutton - Secretary
- Claude Sutton - Retired Teamster
- John Teler - Maintenance
- Jim Thompson - Valley Paving
- Lisa Thompson - Thompson Party Rentals
- Tony Ueltra - Log truck driver
- Lura Ueltra - Administrator
- Tom Vincent - Retired Butcher, Safeway
- Evelyn California - FRU+OPEIU29

Paid Political Ad

**Vote Holly** **Supervisor**

"My family is voting for Holly because she supports small family farms."

**Allegra Foley, Organic Farm Inspector at CCOF**

PAID FOR BY THE HOLLY MADRIGAL CAMPAIGN FPPC# 1362919

**YOKUMS BODY SHOP**

Auto Collision Specialists  
We work with ALL Insurance Companies!  
Lifetime Warranty - All Makes and Models - Free Estimate!

**CAR WASH & COMPLETE DETAIL SERVICE**

1619 S. Main St. Willits, Ca 707-459-9385

yokumsbodyshop.com

**HALLOWEEN Red Fox Casino COSTUME CONTEST**

1st \$300  
2nd \$200  
3rd \$100

Friday OCTOBER 21ST, 2PM

Laytonville

Put on your Costume, come to Red Fox Casino between 10am - 7pm

Get your picture taken  
Judging will be at 8pm

For more info 984-6800

Must be present to win

# Willits Weekly CLASSIFIEDS

\$10 for 2 weeks for 30 words!

**Algebra, Geometry SAT & ACT Test Prep**  
Mac Smith 459-MATH

**Art Classes**  
Encourage Creativity!  
Tues. 2:30 Ages 5+  
4:00 Ages 7+  
5:00 Ages 11+  
Willits Grange, Rm. 7  
\$10 Incl. materials.  
Drop in or come for all.  
Ann Maglente 984-6747

**Community Hn Song**  
In our fast-paced world, are you looking to find more inner peace? Join us for a Community Hn Song, Thursday, October 23, at 6 pm at Willits City Hall, 111 E Commercial Street. HU (pronounced hue) is a simple, uplifting prayer or mantra that can help you experience divine love and an inner calm. All faiths are welcome. Sponsored by Eckankar: Experience the Light & Sound of God. Information? Please call 972-2475 or visit [miraclesinyourlife.org](http://miraclesinyourlife.org).

**Computer Help**  
Need help with your computer? I will come to your home or business. PC and Macintosh. Repairs and configuration \$35/hr. Tutoring \$15/hr. Call Liam 459-2470 or email [macamerin@yahoo.com](mailto:macamerin@yahoo.com).

**For Rent**  
Office/business space for rent/lease. 1,000 square feet. Garbage, water and sewer included. \$900/month. 459-6397.

**For Rent**  
Bright airy space available for events/classes/workshops. Spacious room, chairs and tables, sink. Wheelchair accessible. Very reasonable rates. Rm 7-Willits Grange. Ann Maglente, 984-6747 or [greengables@wildblue.net](http://greengables@wildblue.net).

**For Rent**  
Spacious home for rent in Willits: See <http://tinyurl.com/L26Lcdf>.

**For Rent**  
Large office space with 3 adjoining rooms in healing arts complex. A total of 1500 sq. ft. Rooms rented separately \$250-\$350, or \$800 for complete space. Off-street parking. Vintage setting. 354-2473.

**For Rent, Office Space**  
300 sq ft office space, water, electricity, & alarm system included; \$375/month rent and \$375/security deposit. Call Matt for info: 459-4599.

**For Sale**  
Classic one cylinder diesel engine built by British Motor Co. in Bombay, India, 1928. Heavy duty, 500 lbs. Runs great. Water cooled, includes belt-driven 220 volt generator. \$1,200. Call 707-972-2700.

**For Sale**  
Mobile home in downtown Willits, \$24k. Seniors only. 1 bedroom, 1 bath, small extra room, large living room, good storage, fenced yard. Small pet okay. 459-2305.

**Help Wanted**  
Veterinary Technician position open at the Willits Pet Care Center. Experience Required. 90 South Street, Willits, 95490.

**Home for Sale**  
Prime mobile home for sale by owner: in lovely Golden Rule Mobile Home Village. 16100 North Highway 101, Willits, space 50. A great place to live. 2-bedroom, 2-bath, 1200 sq ft, double-wide beauty. Turnkey move-in shape. Stove, sink, dishwasher, fridge, dryer, and carpet all 10 years old or newer. Interior painted off-white. Good-flow floor plan. Large 3-area yard. Easy upkeep. 900-brick patio, in shady area. Stick shed w/large freezer. Separated deer-proof garden. Peaceful, safe, beautiful park. Open House every Sunday, 11 am to 2 pm or by appointment. ID required. Jay Johansen, owner, former RE broker: 459-8570.

**Moving Sale**  
Huge Plant Sale! Sat. Oct. 25 9 am to 4 pm Indoor and outdoor plants Lots of bamboo Garden art and garden tools Six hens free to good home 382 Redwood Ave.

**Rummage Sale**  
Every Saturday from 10 am to 2 pm at 1st Baptist Church, 145 Wood Street. Rain or shine. We accept rummage donations, and have an ever-changing selection of goods!

**SEWING AND ALTERATIONS**  
Seamstress and Sewing Teacher  
Barbara Carlson  
Visit my webpage: [Zbergirl.com](http://Zbergirl.com)  
707-367-6162, Willits

**Things to sell?**  
Willits Weekly's classified ads are an inexpensive and effective way to sell your goods, let people know about your services and get your word out to the community! Just \$10 for 30 words for 2 weeks! Email us your ad to [willitsweekly@gmail.com](mailto:willitsweekly@gmail.com) and pay easily online at [www.WillitsWeekly.com](http://www.WillitsWeekly.com) with Paypal

**Volunteers Wanted**  
Frank Howard Memorial Hospital is looking for positive members of the community to volunteer in various departments of the hospital. Hours: flexible and can include weekends. More info? Call 456-3245.

\$10 for 2 weeks for 30 words!

Just send what you would like to include in your ad via email to: [willitsweekly@gmail.com](mailto:willitsweekly@gmail.com)

**THOMAS CONSTRUCTION**  
EST. 1976  
**FALL SPECIAL!!**  
**Deck Repairs**  
Beginning October 15<sup>TH</sup>  
"DON'T LET YOUR DECK BE A SAFETY HAZARD"  
• Complete deck or porch replacement  
• Handrail replacement or repair (to code only)  
• All structural issues addressed  
• New stairs  
• Foundations and piers replacement  
CALL NOW FOR YOUR FREE CONSULTATION  
**JOE THOMAS (707) 671-3561**  
Willits, California 95490 Lic. #355403

**Marc Komer**  
Legal Document Assistant  
An Affordable Non-Attorney Service  
Divorce, Living Trusts, Evictions, Probate, Incorporation, Name Change, etc.  
[www.mendolegaldocs.com](http://www.mendolegaldocs.com)  
**459-2775**  
104 W. Mendocino, Willits  
*I am not an attorney, and can only provide self-help services at your specific direction.*

Chana Eisenstein, DVM  
**East Hill Veterinary Clinic**  
1200 East Hill Road Willits, CA 95490  
email: [DrChana@easthillvet.com](mailto:DrChana@easthillvet.com) Tel: 707-459-5236  
web: [www.easthillvet.com](http://www.easthillvet.com) Fax: 707-459-9048

The rest of **Library** | From page 1

and Fort Bragg schedules in line with most of the county's library locations. They will take effect December 8.

"It will give us an opportunity to do some things we'd like to do beyond just running the desk, like more events," said Shirako.

In recent times, the library has struggled to schedule adequate staffing to ensure safety requirements, and provide weekends and personal leave to employees. The Willits branch recently lost one part-time staff member who worked 8 hours a week, though it is in the process of hiring a new library assistant, who will work 20 hours a week.

The Fort Bragg branch has experienced similar issues.

The survey, which ended in July, collected input from the public on proposed schedule changes. Responses were collected via paper surveys given to patrons, by phone, and through the Friends of the Willits Library Facebook page. Shirako said the response was 69 percent in favor and 10 percent opposed. Another 21 percent had no opinion.

"It kept coming up in conversations with people during the survey – from people in the county – that they didn't want to come to town on Mondays,



**Willits Harrah Center**  
Serving the Seniors of our Community  
**We also have our famous Baked Potato Bar coming up November 7<sup>TH</sup> 5:30-7:00 p.m.**  
Choose your favorite toppings!  
Enter our Mr. or Mrs. Potato Head Contest!  
Create your own entry from home!  
Win prizes for Best Dressed/Decorated Potato!  
Members \$8.00 • Non-Members \$9.00 • Kids \$5.00  
**For More Information Call 459-6826**  
All proceeds benefit Outreach Department

**T. LAWRENCE Construction**  
Lot Development  
Excavating • Demolition • Ponds • Roads • Grading  
Construction  
House Pads • Septic Systems • Footings  
Tory Lawrence  
Lic. #A767611 LTO #A1401 Insured  
(707) 489-4131  
2000 Center Valley Rd. • Willits, CA 95490

The rest of **Burglaries** | From page 1

because a lot of things are closed," Shirako explained. "They did want to come to the library on Fridays, though, when they were thinking about getting a book or a movie at the end of the week."

Willits-area library patrons mirrored typical library usage data nationally.

The passage of 2011's Measure A, in which voters overwhelmingly supported a sales tax to fund Mendocino County public libraries, resulted in the Willits branch expanding operations to five days a week. In previous years, due to financial restraints, Willits and Ukiah libraries alternated which days they were open to provide weeklong coverage for the county.

The decision to remain closed on Fridays was likely a holdover from that period, Shirako said.

Interim County Librarian Wally Clark filed the scheduling change request with supervisors, and it was approved Tuesday.

There is a 30-day notification period that occurs before the changes can be enacted; the new schedules will start Monday, December 8. This means the Willits branch will be closed that day, but reopen Tuesday from 10 am to 8 pm.

Currently, the Willits Library is open Monday from 10 am to 6 pm, Tuesday and Wednesday from 10 am to 8 pm, Thursday from 10 am to 5 pm, and Saturday from 10 am to 5 pm. The new hours of operation for Willits will be Tuesday and Wednesday from 10 am to 8 pm, Thursday from 10 am to 6 pm, and Friday and Saturday from 10 am to 5 pm.

County branches that will remain open on either Sunday or Monday are Ukiah (Sunday 1-5 pm) and Point Arena (Monday noon-6 pm).

The Willits library is located at 390 East Commercial Street. Phone: 459-6908.

Rurry Hiends Hoping for a Home  
**Sweet Woody**  
You provide the ranch, and the Ukiah Shelter will provide Woody who, we believe, would make the perfect ranch dog! At 40 pounds and 2 years of age, Woody will jump right into your truck and "ride the range" with you. Together you can check fencing, make sure the livestock are safe, and hang out.  
The Ukiah Animal Shelter is located at 298 Plant Road in Ukiah, and our adoption hours are Tuesday, Thursday, Friday & Saturday from 10 am to 4 pm and Wednesday from 10 am to 6 pm. We have many wonderful dogs and cats, awaiting their forever homes here.  
To view photos and bios of more of our wonderful adoptable animals, please visit our website: [www.mendoshelterpets.com](http://www.mendoshelterpets.com) or visit our shelter during shelter hours. For more information about adoptions, please call 463-4654.  
*Photo by Sage Mountainfire*

**C BROWNS CRNER**  
Groceries Beer & Wine Pay at the Pump Gas & Diesel  
7 am to 11 pm 365 Days a Year  
**459-4854**  
1799 So. Main St. P.O. Box 428

**24 Hour 7 Days a Week**  
Emergency Service • Call Anytime  
**Tom Wake - Plumbing**  
Serving in Mendocino and Lake Counties  
**Full Service Residential, Commercial**  
• Faucets & Tubs • Garbage Disposals • 20+ YEARS  
• Toilets • Pipe Repairs • EXPERIENCE  
• Gas Lines • Fixture Replacement  
**For Fast Service Call 707-391-4343**  
Lic. #884811

The rest of **MCERA** | From page 1

weapon other than a firearm.

The drama began at 12:35 pm on October 13 after Mendocino County Sheriff's deputies responded to a reported burglary in the 23000 block of Reynolds Highway.

The homeowner had arrived at the residence to see a large U-Haul with two men inside parked in front of his residence, the MCSO report said.

The homeowner realized the residence had just been burglarized and several items had been stolen. The homeowner attempted to locate the U-Haul, but was unsuccessful.

As deputies left the Reynolds Highway home, another burglary was reported in the 5300 block of Wild Iris Lane in the Pine Mountain area.

What happened next is similar to the account of events at Reynolds Highway: Deputies arrived and spoke with the homeowner, who said he arrived home to see a large U-Haul parked in his driveway.

The Pine Mountain homeowner told deputies he spoke with two male adults, who matched the physical description of the suspects in the Reynolds Highway burglary earlier in the day.

The men said they were looking for an address, and then drove off in the U-Haul before the homeowner entered his residence.

Once inside, the second homeowner discovered several items had been moved around but nothing appeared to be missing.

Less than two hours later, at about 2:10

The rest of **MCERA** | From page 1

noted, will increase employee contributions by approximately \$540,000 and carry a price tag of approximately \$4.1 million for the county.

The Actuarial Experience Study is required every three years by the County Employees Retirement Law of 1937; study results determine contributions to the retirement plan made by employees and the county.

Various assumptions play into the required contribution amount, but the assumption of most interest to both trustees and the public – dubbed "the elephant in the room" by Stephens – was the investment rate of return, due to turmoil in the financial markets over the last couple of weeks and dire forecasts by a number of investment consultants.

Mendocino County also has a painful history of not contributing sufficient amounts to the retirement plan, in part due to overly optimistic investment return estimates.

So-called unfunded actuarial accrued liabilities must be paid by the county, not employees, requiring Mendocino County to go into debt by issuing bonds in 1996 and 2002 to provide a required \$106 million to the retirement plan.

That reduction was not enough for Stephens, who pointed to much lower investment return expectations by Callan Associates, the firm that advises MCERA on its investments. Stephens also quoted work done by the Stanford Institute for Economic Policy Research and a recent report by the Blue Ribbon Panel on Public Pension Plan Funding commissioned by research organization Society of Actuaries.

Both studies found that for far too long, pension boards, with the blessings of actuaries, have used overly ambitious assumptions about future investment returns. Resulting insufficient pension plan funding leaves future generations to pay for benefits that should have been funded already.

The practice leads to retirement systems taking greater investment risks to try to make up the shortfalls, without disclosing the gambles to the public.

Stephens' comments resulted in a lengthy exchange with the consultants, who rejected the studies as market-driven, short-term thinking, and the studies preparers, as well as Callan Associates, as professionally

The rest of **NCRA** | From page 1

executive director of the North Coast Railroad Authority, about the past and future of the local railroad line.

For periods during what Stogner termed the railroad's "long and sort of sordid history," Willits enjoyed a significant place in the railroad's development. By 1903, Southern-Pacific-owned standard-gauge tracks extended from the Bay Area, along the Russian River, through Willits to Sherwood. The line was called the "San Francisco to Eureka Railroad", although the first track to Eureka wasn't completed until 1914.

The idea of a North Coast railroad connecting redwood timber and scenic views with the southern metropolitan cities had long been an attractive idea for speculators. Constructing a track north of Sherwood, however, required mapping a route through the Eel River canyon on difficult and unstable terrain. It was not until 1907 that Southern Pacific merged with the Santa Fe and other rail companies to and began work on a single-track line to Eureka, completed in 1914.

The first section, 13 miles north to Longvale, was finished in 1911, the same year as the railroad to the coast was completed.

"What makes it all so miraculous is that they were able to get a train through that canyon, and they ran trains for so many years," says Stogner.

"North of Willits is a whole different ballgame," he noted. The rails follow Outlet Creek to the main stem of the Eel, and then cross 100 miles of seismically active area Stogner describes as "full of shifting lands and landslides – though I heard the view was spectacular."

One such landslide delayed the arrival of the inaugural passenger train in Eureka from the location of the final "Golden Spike" ceremony at Cain Rock near Alderpoint on October 23, 1914.

After more than half a century of trains running the full line, operations north of Willits stopped in 1995; the last freight train ran south in 1998, after which the tracks were closed due lack of financial viability.

NCRA, which owns the line above Cloverdale and an exclusive freight easement to the south, was created by the state in 1984. NCRA has run freight trains since 2011 from Windsor to Novato via what's called the "Brazos Junction", to connect with the national interchange.

The NCRA also owns the rights to passenger excursion trains north of Cloverdale to Willits.

"Our mission in life is to restore freight trains north of Windsor, eventually to Willits," said Stogner.

NCRA restored service to Windsor in 2011. That cost "roughly a million a mile," Stogner says.

The stretch of track from Airport Road in Santa Rosa to Marin is now being upgraded with concrete ties to create SMART's high-speed passenger commuter rail, scheduled to open in 2016.

The current Northwestern Pacific Railroad Company, which leases the tracks from NCRA and SMART to run short-haul freight, is using the southern section of line while planning to continue restoration north to Cloverdale and beyond at an estimated cost \$10 to \$15 million. Rail restoration will enable freight travel from 25 to 40 mph.

Stogner adds the last time the Mendocino County tracks have been evaluated was in a 2005 capital assessment report.

NCRA also hopes to restore tracks in the Humboldt Bay area to freight use, but connecting the two, Stogner says, is "not foreseeable."

A September court ruling favorable to the NCRA in a lawsuit filed by Friends of the Eel River was good news for the railroad agency, Stogner says, and potentially good news for freight traffic everywhere.

A centennial celebration for the Northwest Pacific Railroad will be held this Saturday, October 25, in Petaluma.

More information about the ceremony and the NRRR can be found at [www.nprhs.org](http://www.nprhs.org). More information about the NRCA can be found at [northcoastrailroad.org](http://northcoastrailroad.org).

Recommended reading: "Northwestern Pacific Railroad: Eureka to Willits," by Susan J.P. O'Hara and Alex Service (2013).

The rest of **REACH** | From page 1

dunk affair, in spite of a unanimous vote by the Brooktrails board.

"There was a lot of discussion about it," Ramming said. "I would say that it took longer than some of the board members would have liked."

Ramming added that part of the reason the meeting took longer was because Brooktrails wanted to ensure the wording of the two resolutions the board passed made it clear Brooktrails was approving the connections only, not the project.

Approval of the project is the responsibility of the City of Willits, which owns Ellis Field and has been negotiating with REACH.

The rest of **REACH** | From page 1

Contacted a few days after the meeting, Willits City Manager Adrienne Moore said that she was pleased with the outcome.

"Overall, I'm pleased that we received approval for the connections we were seeking," she said. She said she'd also assured the Brooktrails board that the city was looking into the possibility that further study, including possibly a full CEQA review, might be necessary before the city could legally approve the project.

"I assured the Brooktrails board that the city is trying to ascertain what is required, and that we will respond appropriately," she said.

**FREE TIRE RECYCLING DAYS!**  
A special event to allow tire recycling at no charge  
**October 21-25, 2014**  
(on days transfer station is open)  
**Willits Transfer Station**  
Franklin St., Willits  
Tuesday-Saturday 9 a.m.-4 p.m.

**Limits:**

- 9 tires per vehicle per day
- NO rims
- 17" maximum
- NO tire dealers may participate

Sponsored by the Mendocino Solid Waste Management Authority (468-9704) in cooperation with transfer stations operators  
©2014 by the Department of Resources Recycling and Recovery (CalRecycle). All rights reserved. This publication, or parts thereof, may not be reproduced without the permission from CalRecycle.

**Adam's Restaurant**  
90 S. Main St. Hwy 101, Willits  
**707-456-9226**  
Open Tues.-Sun. 5PM till 9PM  
Patio Dining Available

6	4	3	2	1	7	5	9	8
7	2	5	9	6	8	3	4	1
8	1	9	5	4	3	2	7	6
9	8	6	4	3	5	1	2	7
4	7	2	6	9	1	8	5	3
5	3	1	8	7	2	4	6	9
1	6	7	3	2	4	9	8	5
2	9	8	1	5	6	7	3	4
3	5	4	7	8	9	6	1	2

D	A	D	P	A	E	A	N	B	A	D	G	E	
E	P	I	A	B	A	C	A	A	L	A	M	O	
A	P	L	N	O	R	A	R	O	B	E	R	T	S
T	R	E	M	O	R	C	L	E	R	K			
H	O	M	E	R	D	I	S	A	S	T	E	R	S
	M	O	A	A	T		S	N	A	P			
S	H	A	W	M	M	A	G	U	S	M	A		
O	A	S	A	B	A	L	O	N	E	B	E	N	
L	I		S	E	R	I	N	N	A	R	E	S	
E	K	E	S		A	G	S	M	A				
A	U	T	O	B	A	H	N	S	E	O	S	I	N
	H	A	O	L	E		A	L	N	I	C	O	
C	H	A	R	L	I	E	R	O	S	E	L	I	B
P	A	N	E	L	L	A	T	H	S	I	L	L	
M	E	E	D	S	S	H	O	E	S	A	Y	E	

**Well Mannered MUTTS**  
Dog Training  
INDIVIDUAL INSTRUCTION • PUPPY HEAD START • GROUP CLASSES  
BEHAVIOR CONSULTATION

Sallie Palmer  
CERTIFIED DOG TRAINER

707.463.3647  
CELL: 707.621.DOGS  
WELLMANNEREDMUTTS@GMAIL.COM  
WWW.WELLMANNEREDMUTTS.COM



**S & S Spas of Willits** Improving your Life starts here  
Featuring Sundance Spas

1637 South Main St. Willits, CA 95490 (707) 459-1853/459-0565

Entertain outdoors all year round.  
Hot tub hydro-relaxation starts here.

**NORTHWEST SPORTING GOODS**  
HUNTING • FISHING • CAMPING • OUTDOOR RECREATION • GUNS • AMMO

1637 South Main St. • Willits, CA 95490  
"You Want, We'll Get, Just Ask"  
Gregg, Jason, Matt or Joel • 459-0565

**S&S AUTO REPAIR and TRANSMISSION**

Gregg Owner / Technician Joel Owner / Technician  
(707) 459-1853  
1637-D South Main St. • Willits, CA 95490

**T and T TOWING**

RADIO DISPATCHED  
**24 HR TOWING**

AAA Emergency Road Service  
Independent Contractor

**707-459-9116**

500 D. Pinoleville Dr. UKIAH, CA  
277 N. Lenore Ave. WILLITS, CA



## Double Rainbow!

Monday's rains left Little Lake Valley with a nice dampened ground, and the sporadic showers and sun created several rainbows throughout the day.

Willits' Andie Yoder caught a photo of this beautiful double rainbow at the Lovell/Handley Ranch, her family's property out at Hearst.

We would love to see your weather photos as the seasons change: fall foliage, frosty fences, snowy fields – whatever speaks to you and showcases the beauty of Willits and Little Lake Valley.

Send your photos to willitsweekly@gmail.com, or post them to our Willits Weekly page on Facebook.

### The rest of Forum | From page 6

raising your kids or keeping your marriage. You have to have the courage to face your biggest problems, and that means dealing with our valuable county employees.

*Question: What can the board of supervisors do to improve employment within Mendocino County? What will you do during your first year in office if elected?*

**Woodhouse:** The board of supervisors does not create jobs. For all of the talk and agreement and the desire for jobs, our county has consistently lost jobs over the last 30 years.

Something's not working here. There are very few opportunities for young people and new county residents, and the first thing I would do is retain the jobs we already have. Which means not outsourcing more things like mental health.

It's not a logical thing to do, to get rid of your trained county staff, thinking you're going to save money, letting somebody else handle it and not being responsible for the results.

We'll have to pay that money anyway if we don't meet the requirements. It's an illusion. It doesn't make any sense.

If we want local jobs we have to retain the ones we have. We need to get government out of the way of entrepreneurs. We have so many requirements. This is the hottest issue in every election for supervisor. Nothing changes. [Government keeps saying] there needs to be more and more control and negative energy put out to keep people from trying to do something.

Saying we want it is just the first step. We need to change it. I intend to make a difference in this. In the Planning and Building Department, and the attitude of the supervisors, in saying we really do need to have jobs or we're not going to have anything.

**Madrigal:** I am going to disagree on this. I think this is why I'm an optimist.

I see things happening around Mendocino County that are improving the job network. Just one example of that is Factory Pipe down in Ukiah. They make mufflers for four-wheelers and those sorts of things. And they have more business than they know what to do with.

They are running a tight shop and providing jobs. They have a challenge finding qualified local employees willing to do that work, but those jobs do exist and we can do more to support that.

I've already talked about the red tape at the county, and that's something we can streamline. Because frankly, people can get different answers to the same question depending on who you talk to, and we need to make sure we are helping that situation, not making it worse.

I'm a big supporter of local agriculture – Future Farmers of America and vocational programs in the schools. It is absolutely essential to make sure those kids have skills when they graduate so they can join the workforce. Because we do have a lot of really smart people here.

As soon as I get into office, I'm interested in commissioning a study on the economic impacts of legalizing marijuana. We know marijuana has a huge impact on the local economy, and in order to make smart policy decisions I need actual data, not anecdotal information. An economic analysis would be very helpful to enable us figure out how the county is going to prepare for that potential economic impact.

*Question: Can you define public banking, and would you support it if you are elected to the board of supervisors?*

**Woodhouse:** Public banking is a great idea, and I would support it. We have some great locally owned banks here already, and we do have access to money for projects. But

we don't have the projects to move forward. Yes, I am a supporter of public banking if it's properly organized.

**Madrigal:** A good resource for this is the Bank of North Dakota. If you go online you can find out more information. I am definitely supportive of public banking if we can figure out a way Mendocino County gets to retain more of our investment dollars, and it benefits us and avoids the drastic fluctuations of the traditional banking system.

*Question: You both have spoken about what's not working in local government. How have you arrived at your viewpoints and have you engaged in feedback from the personnel that provide the services you are criticizing?*

**Madrigal:** I've been doing a great deal of communication with county employees, and I do have some strong views on regulations for building permits, things like that. I have also had the experience of going into the county and asking for a reassessment of my taxes. You know, I'm also a citizen. I've had really positive experiences in working with our county and having somebody be responsive. I am going to continue to have that open door policy of communication.

**Woodhouse:** Absolutely. That's where I see so clearly that local government is not working. It's not working for the employees, and it's not working for the public.

It's hard to change it without a deep commitment from the public to get involved. I've been going to meetings for years and years, and the public isn't here. The public needs to get involved. That's the missing ingredient to make the public government work better.

**Don't forget to go and vote!  
Tuesday, November 4, 2014**

**NOYO THEATRE** Willits, CA

57 East Commercial Street - Willits  
707-459-NOYO (6696)  
www.noyotheatre.com

**Coming Soon!  
Before I Go to Sleep**

**BOOK OF LIFE**

(PG)  
1 hr 35 mins

Fri: 4:00, 6:15 & 8:30pm  
Sat/Sun: 11:30am, 1:45, 4:00, 6:15 & 8:30pm  
Mon-Thurs: 5:15 & 7:30pm

**DRACULA UNTOLD**

(PG13)  
1 hr 32 mins

Fri: 4:45, 7:00 & 9:15pm  
Sat/Sun: 12:15, 2:30, 4:45, 7:00 & 9:15pm  
Mon-Thurs: 6:00 & 8:15pm

**GONE GIRL**

(R) 2 hrs 29 mins

Fri: 5:45pm  
Sat/Sun: 12:00 & 5:45pm  
Mon-Thurs: 4:45pm

**THE EQUALIZER**

(R) 2 hrs 12 mins

Fri: 8:45pm  
Sat/Sun: 3:00 & 8:45pm  
Mon-Thurs: 7:45pm

Movie Times for 10/24 thru 10/30 This Week's Tightwad Tuesday Titles are in RED - All tickets: \$5

PAID POLITICAL AD

**Vote Holly**



**Supervisor**

"I really like Tom. He's a good person, a really nice guy...but I'm voting for **Holly Madrigal**, because she IS the future of Mendocino County. She's competent, knowledgeable, and because of her experience, will need no time at all to learn how to navigate through the maze of county institutions, committees and regulatory agencies she'll encounter on our behalf."

Tam Adams,  
Emandal-A Farm on a River

**PLEASE VOTE Holly Madrigal 3rd District Supervisor**

PAID FOR BY THE HOLLY MADRIGAL CAMPAIGN FFPC# 1362919

PAID POLITICAL AD

**Vote Holly**



**Supervisor**

"We're voting for Holly because she is already working on issues we care about, such as developing our local post-bypass economy and smart water policy. And she loves dogs!"

Marc Komer and Robin Goldner

**PLEASE VOTE Holly Madrigal 3rd District Supervisor**

PAID FOR BY THE HOLLY MADRIGAL CAMPAIGN FFPC# 1362919



Left: WHAT Walk participants who were born at the Frank R. Howard Memorial Hospital stepped forward for a photo with former hospital administrator Jann Lamprich, center. From left to right: Nancy Stipe, John Wagenet, Don McNeal and Lorelei Choate, Lamprich's daughter.

Left, below: Jann Lamprich, who started working at Howard Hospital when she was 16, told stories about her early days at the hospital, with Jed Diamond, WHAT Walk organizer, in the rear.

Below: Walkers planted their "Wishes for Wellness" at the new hospital site.

Photos by Diane Smalley



## 17th Willits Walk for Wellness breaks new ground

Our first 16 Willits Walks for Wellness and Health followed a specific 10,000 step route through Willits which starts downtown and takes people through the neighborhoods and connects with the schools. When we started the walks seven years ago, we were responding to two simple questions that I heard at a health conference:

Jed Diamond  
Contributing Writer

"When you were growing up, how many of you walked or rode your bikes to school?" Most everyone in the audience raised their hands. The second question was telling. "How many of your children or grandchildren now walk or ride their bikes to school?" Almost no one raised their hands.

We all know the result of inactivity and "fast-food" diets. We don't live as well. We formed the

Willits Healthy Action Team to get our kids and our community moving again.

With the new hospital and planned Wellness Center moving towards reality, we decided to change the venue to the site of the new hospital and the Howard Foundation Medical Campus.

It's time we expanded our concept of wellness to include a complete continuum of care. We need to stay healthy and do everything we can to prevent illness. That's where the new Wellness Center comes in. When asked "what all will be included in the Wellness Center?," Wellness Program Director Doreen Blumenfeld told the group, "That depends on what the community wants. This will be your Wellness Center, and we want your inputs." We also need a state-of-the-art hospital to take care of the inevitable medical needs that we will all face some time in our lives.

The new Wellness Center is being created under the auspices of the Howard Memorial Hospital Foundation in support of the foundation's purpose to ensure "Quality Care Close to Home." We are doubly blessed to have the Frank R. Howard Foundation and the Frank R. Howard Memorial Hospital working together to ensure the health and wellness of all the people in our community.

Gail Richards has offered a heartfelt description of the walk. I'd like to share a little of the "behind the scenes" support that makes these walks possible. My wife, Carlin Diamond, has helped register people for every one of the walks, and her smiling face and guidance always make people feel they have come to the right place to have a fun and engaging walk through our town.

Holly Madrigal has walked in all 17 walks and is a great role model of health for our whole community. If she isn't walking, she's riding her cool bike.

Freddie Long keeps track of our registrations and sends out reminders about each walk as they are planned. Ananda Johnson creates the wonderful posters that promote the walks. There are many on the "Action Team" who help bring you the walks twice a year. If you'd like to join us, give me a call: 459-5505.

This walk wouldn't have happened without the planning and presence of Ananda and her husband, Keith, Diane Smalley, Margie Handley, Doreen Blumenfeld, Mike Aplet, Alan Falleri, Keith Baker, Lisa Mace, and Tim Rice. And of course, all the people who came out and walked.

I was very moved by Jann Lamprich's memories of Dr. Raymond Babcock whose spirit of "help the patients first, focus on the money later" guided the early days of the hospital. Howard Memorial Hospital CEO Rick Bockmann assured us that the historic focus of putting people first will live on in the new hospital. Our next big walk will be in May. Hope you'll join us.

## Once in a lifetime walk

I'm still flush from the walking exercise and excitement of the morning spent with those good folks who sponsored the wonderful "Walk for Wellness and Health," last weekend.

Gail Richards  
Contributing Writer

The morning began with an early 9:15 am registration, a registration that included signing in, a free raffle ticket, and a blank flag. A blank flag? Hmmm? Brain-child of Carlin Diamond: she explained you could write anything you liked on them but they were meant to carry a message from the old Howard Hospital to the new Howard Hospital and would be planted on a nearby hilltop.

After a brief orientation speech from Jed Diamond, we all set out from the Haehl Creek subdivision and garden to East Hill Road, along Baechtel Road, to Highway 101, crossing over to Holly Street and Poplar Avenue. Leader of the pack: Lisa Mace.

Official greeters at Howard Hospital were Frank R. Howard Foundation President Margie Handley and former hospital administrator and Howard Foundation board member Jann Lamprich.

We all had a few laughs when Margie provided a list of fees from hospital archives. One of them was \$5 for an X-ray, and you could just stop by if you wanted to get your teeth X-rayed. By way of introduction, Margie noted that Jann had started working at the hospital when she was just 16 and still attending high school.

What a treat it was to hear Jann talk about the early days of the hospital. She was presenting a brief overview of the hospital's history, when the sound system started to give Keith Johnson absolute fits with its spits and sputtering. Diane Smalley suggested we all gather around Jann to hear the rest of her stories on the lawn under the shade of a tree.

As Jann continued, it became clear there's a special place in her heart for Dr. Babcock, who was quite a character, agreeing many times to barter or forgive debts owed by patients because he knew the family and their circumstances. Someone once told her that they knew when Dr. Babcock arrived at the hospital because of the laughter he created on route.

Like children gathered round for storytime time at Willits Library, I think we could have listened to Jann's stories the rest of the morning, but she concluded her presentation – and I would swear her eyes glistened a little when she said the code of the hospital was always "neighbors helping neighbors," and she would not be able to bring herself to attend its closing ceremony. Thank you, Jann, you provided a very moving tribute.

Before leaving, someone asked for a show of hands of "anyone born in this hospital." Stepping forward to have their picture taken together were Nancy Stipe, Don McNeal, John Wagenet, and Lorelei Choate – Jann's daughter!

Included during our return trip to Haehl Creek was a delightful segue through the lovely natural setting that is Haehl Creek Trail. A delicious, hearty vegetable-quinoa chili and cornbread lunch was ready and waiting courtesy of Chef Kyle at the hospital. In between feeding his little kids, Hospital CEO Rick Bockmann provided a brief overview of the new hospital; Ananda Johnson, proud as punch, talked about the gardens; and Alan Falleri spoke about Haehl Creek Trail and the community spirit that was the driving force in its construction and, perhaps in future years, its expansion.

I don't know how much planning this particular event required, but to everyone who made it happen: Thank You!



**NC Financial Group**  
www.ncfinancialgroup.com  
STAXCLINIC an NC Financial Group Company

**Wealth Management**  
Taxes | Investments | Real Estate | Insurance | Annuities

**Nicholas Casagrande, EA**  
CA DRE #01854336, Insurance #0H68496  
Office: (415) 480-3669  
Fax: (415) 480-3668  
Mobile: (415) 717-0822  
nicholas@ncfinancialgroup.com  
\*nicholas.casagrande@ceterafs.com  
\*investment email

22 Battery Street, Suite 401, San Francisco, California 94111  
5643 Paradise Drive, Suite 4, Corte Madera, California 94925

Advisory services offered through Cetera Investment Advisers LLC. Securities offered through Cetera Financial Specialists LLC (doing insurance business in CA as CFGS Insurance Agency), member FINRA/SIPC. Cetera is under separate ownership from any other named entity.

**WILLITS POWER Equipment**

HONDA • HUSQVARNA  
STIHL • MQ  
CARHARTT • REDWINGS

Lawn & Garden Equipment • Generators  
Sales, Parts & Service • Pick-up & Delivery

1600 S. Main St. Service: 707 459-0596  
Willits, CA 95490 Sales/Parts: 707 459-6420  
willitspower@willitsonline.com Fax: 707 459-6369

Paid Political Ad

**Vote Holly**

**Supervisor**

"I support Holly Madrigal because she maintains a close connection to the people who are a part of this community."

**Carissa Chiniaeff,**  
Garden Manager for the Commonwealth Garden

PAID FOR BY THE HOLLY MADRIGAL CAMPAIGN FPFC# 4362919

**BUD GARMAN**  
CONSTRUCTION SERVICES, INC  
Lic# 679517

**707-459-5859**

Environmental Restoration - Ponds  
Septic & Water Systems - Site Development  
Roads - Water, Soil & Rock Delivery

24900 N. HWY 101 IN WILLITS GARMANCONST@GMAIL.COM

Traditional Toys  
Rubber Stamps

the Goods' SHOPPE  
OPEN 7 DAYS  
For the Child in Everyone

Paper Goods  
Art Supplies  
And So Much More!

56 South Main Street  
Highway 101  
Willits, CA 95490  
Phone & Fax: 707-459-1363

**CAROL'S THRIFT STORE**  
QUALITY USED FURNITURE  
APPLIANCES, TOOLS & MORE

BETWEEN NAPA & LES SCHWAB  
1569 S. MAIN ST. • WILLITS  
Store: 707-456-9350  
Mobile: 707-841-1725

TUES-FRI 10-4 • CLOSED SUN & MON  
OFTEN OPEN SAT • ALSO OPEN BY APPT.

\* TIRES \* OIL CHANGE \* TUNE-UP \* ALIGNMENT \*  
\* FRONT ENDS \* BRAKES \* ENGINE REPAIR \*

**Adam's TIRE & AUTO SERVICE CENTER**  
707 459-4626

Fax: 707 459-1607 Adam Meza, Owner  
230 Shell Lane Willits, CA 95490

**FARMERS CANTUA INSURANCE AGENCY**

Randy Cantua  
Insurance Agent  
Lic. #0C67822  
www.NorCalQuote.com • rcantua@farmersagent.com

16 W. Valley Street • Willits, CA 95490  
Bus: (707) 459-3276 • Fax: (707) 459-3298

Auto • Home • Life • Health • Business



Above: Fall photos from the event, including, left: Andrew, Wade and Laurin Hosford and right: Kally Lunde with her boys: Blaze, George and Knight Parmenter.

Right: WECS student council members pose with the "big check" and sweet, handmade thank you card made by the second-grade class. From left to right: Katherine Wood, Audrey Sherf, Amya Michaels, Lilah Crane, Jocelyn Vazquez, Carly Barbita, Bodhi Waters, Kamryn Wilkes and president Cassidy Galloway (who expertly assisted in filling out the big check).

Right, below: J.D. Redhouse's Ashtan Bloomquist and Jake Whitehurst pose with their kids, Aybrie and Kaleb (future and current WECS students).

Right, bottom, left: Gracie Orozco smiles for the camera. Right: a few pups were in the fall-time spirit, including Rosie the therapy dog.

Photos by Maureen Moore

See the rest of the photos online at:

<http://photographress.zenfolio.com/harvestmoonphotos>



PAID POLITICAL AD

**Vote Holly**

Supervisor

"It is a blessing when our youth return, college educated, to share their gifts with their community. Don't miss this golden opportunity to invest in Mendocino's future."

Endorsed by  
Greg and Donna Schindel

**PLEASE VOTE Holly Madrigal 3rd District Supervisor**

This ad was paid for by Greg & Donna Schindel only. It was not authorized by a candidate or committee controlled by a candidate.

**CAPABILITY BROWN LANDSCAPING**  
(707) 459-2237

Stone Retaining Walls  
Paver Walkways  
Flagstone Patios  
Stone Fireplaces  
Plants and Irrigation

"Stonework a Specialty"

Louis Rohlicek  
License #542392

PAID POLITICAL AD

I'm voting for Holly Madrigal for Supervisor because she's experienced, knowledgeable, hard-working and a lot of fun. I hope you'll Vote Holly too!

— Jane Futcher

**Vote Holly for 3rd District Supervisor on November 4**

**Vote Holly**

Supervisor

This ad was paid for by Jane Futcher and was not authorized by a candidate or committee controlled by a candidate.

## WECS Fall Photo Fundraising

The Harvest Moon Hometown Celebration was the perfect setting for fall-time photos, and the idea was hatched to set up a photo booth in front of J.D. Redhouse as a fundraising opportunity for the Willits Elementary Charter School. WECS mom and J. D. Redhouse owner Ashtan Bloomquist approached local photographress Maureen Moore with the idea, and the plan was set.

Homegrown pumpkins brought by Kim Shuster and family adorned some of the bales, as did student-made scarecrows: one a lady, the other a gentleman, both standing some 10-plus feet tall. Shuster and several WECS students helped at the booth during the event, and the digital image download option was a hit with families who sat for their portraits. Funds raised were split with WECS, earning the school \$125.

"WECS students had a wonderful time at the Harvest Moon Hometown Celebration," noted WECS Principal Kara McClellan. "A special thank you goes to Maureen Moore! She had a lovely photo booth (with some help from WECS scarecrow-making second graders and the WECS student council). She generously donated half of her proceeds to benefit the WECS field trip fund."

Fundraising committee chair Aura de la Fuente noted, "We were so excited to partner with such a talented local photographer!"



# Holly Madrigal

## 3rd District Supervisor



"Holly has taken the time to learn the issues important to the north county. By engaging people, she is actively seeking solutions. Leadership is about results which is why I support Holly."  
- Art Harwood, Harwood Lumber

"We believe Madrigal has gathered the experience and shown the leadership needed to be an effective supervisor. We like Madrigal's proactive measure to increase manufacturing jobs in the City of Willits with the Mayor's Initiative. Madrigal is uniquely forward thinking."  
- Ukiah Daily Journal

**ACCOMPLISHED · ENERGETIC · QUALIFIED**

Join your friends and neighbors in electing a hands-on visionary to guide Mendocino County forward!

- |                            |                        |                     |                             |                      |
|----------------------------|------------------------|---------------------|-----------------------------|----------------------|
| Tam Adams                  | Randi Dalton           | Lynn Dee Johnson    | Jude Nagle                  | Diane Smalley        |
| Mike Adams                 | Aura De La Fuente      | Michele Johnson     | Maricela Nieto              | Ken Smith            |
| Julie Alduel               | Marisela De Santa Anna | Cheryl Jordan       | Pat Norris                  | Peter Smith          |
| Bruce Alfano               | Don Deannan            | Naomi Joyner        | Peter Norris                | Thos. D. Smith       |
| Rosalie Anchordogry        | Lucinda Dekker         | Shannon Joyner      | Andy Norvell                | Andrew Smith         |
| Kathleen Anderson          | Diane DeVerte          | Linda Jupiter       | Cindy Norvell, MD           | Pat Sobrero          |
| Cassandra Andich           | Carlin Diamond         | Eve Jursch          | Sara O'Brien                | Tove Sorensen        |
| Margaret Andreas           | John Dickerson         | Robin Kane          | Leah Oberdorf               | Bill Southwick       |
| Lucy Andrews               | Angie Drago            | Leland Kane         | Ron Orenstein               | Linda Southwick      |
| Rachel Arama Yusem         | Ellen Drell            | Greg Kanne          | Brenda Orenstein            | Roland Spence        |
| Anna Arambilla             | Don Dunning            | Mary Kanne          | Carol Orton                 | Shirlee Spicer       |
| Rob Arbayo                 | Lee Edmondson          | Jenna Kaufman       | Verne Ostrander             | Jon Spitz            |
| Keith Baker                | Lolus Edwards          | Deborah Kelley      | Sarah Owsig                 | Morton Stahl         |
| Lolus Baker                | Candy Enos             | Jere Kirkpatrick    | Sharon Pallin, M.D.         | Divora Stern, LCSW   |
| Carol Barrett              | Felicia D. Eriksen     | Marc Komer          | Traci Pellar                | Sara Stevens         |
| AJ Barrett                 | Jane A. Evans          | Margaret Koster     | Daniel Pellissier           | Jeff Stewart         |
| Jennifer Barrett           | Gus Evans              | Patricia Kovner     | Alison Pernel               | Leo Stone            |
| Sharon Bauman              | Chad Eventide, PA-C    | Heidi Kraut         | Carolyn Peterson            | Tom Strong           |
| Patricia Baumann           | Lara Eventide          | Renata Kuhnert      | Alexander Peterson          | Sandy Strong         |
| Dave Beebe                 | Cora Faxton            | Nick Kurio          | Kris Pierce                 | Linda Strong         |
| Linda Beebe                | Dava Feaster           | Marcia Lagourgne    | Judy Lane                   | Rick Pierce          |
| Suzanne Beers              | Mickey Fernandez       | Judy Lane           | Holly Langenfelder O'Rourke | Ginger Pohlsan       |
| Shauna Berquist de Marquez | Rachel Binah           | Christy Lee Long    | Robin Porter                | Robert Porter        |
| Jennifer Bixler            | Jennifer Bixler        | Robin Leler         | Linda Postner               | Linda Postner        |
| Kate Black                 | Kathleen Ferri-Taylor  | Bryan Lenmark       | Marcia Prall                | Marcia Prall         |
| Tara Bluecloud             | Stephanie Fitzpatrick  | Michael Levenson    | Linda Prestly               | Michael Ramirez      |
| Holly Boggs                | Nicole Flamer          | Kayo Levenson       | Janet Rayner                | Janet Rayner         |
| Claudia Boudreau           | Carol Franca           | Diana Reeser        | Laura Toomey-Rowland        | Laura Toomey-Rowland |
| Gary Bouley                | Bref Fraser            | Albert Repovsch     | Ernesto Torres              | Ernesto Torres       |
| Delores Braden             | Kristin Fraser         | Richard Respini     | Dr. Marvin Trotter          | Dr. Marvin Trotter   |
| Susan Bradley              | Linda Friedman         | Sonja Reyes         | Jerry Turner                | Jerry Turner         |
| John Bradley               | Jane Futcher           | Leslie Rich         | Sandy Turner                | Sandy Turner         |
| Erin K. Gamble             | Erin K. Gamble         | Jenna Richmond      | April Tweddel               | April Tweddel        |
| Angie Gardenhire           | Angie Gardenhire       | Catherine MacDonald | Jeff Tyrell                 | Jeff Tyrell          |
| Beda Garman                | Beda Garman            | Olivia Maceira      | Cheryl Underhill            | Cheryl Underhill     |
| Mary Janet Georgeson       | Mary Janet Georgeson   | Molly Rinaldi       | Donna Vaiano                | Donna Vaiano         |
| Michele Georgeson          | Michele Georgeson      | Toni Rizzo          | Lila Van Meter              | Lila Van Meter       |
| Earlene Gleisner           | Earlene Gleisner       | Bonnie Madrigal     | Brian Varkevissar           | Brian Varkevissar    |
| Robin Goldner              | Robin Goldner          | Ana Madrigal-Duran  | Louis Rohlicek              | Louis Rohlicek       |
| Maggie Graham              | Maggie Graham          | Maria Madsueno      | Stacey Rohrbaugh            | Stacey Rohrbaugh     |
| Dick Graham                | Dick Graham            | Marguerite Maguire  | Irene Malone                | Irene Malone         |
| Kevin Gravier              | Kevin Gravier          | Sara Mann           | Hollis Rose                 | Hollis Rose          |
| Peter Greig                | Peter Greig            | Christine Griggs    | Geraldine Rose              | Geraldine Rose       |
| Deborah Greig              | Deborah Greig          | Mike Griggs Sr      | Cypress Ross                | Cypress Ross         |
| Christine Griggs           | Christine Griggs       | Terry Gross         | Nanci Rowland               | Nanci Rowland        |
| Mike Griggs Sr             | Mike Griggs Sr         | Thomas Hacker       | June Ruckman                | June Ruckman         |
| Terry Gross                | Terry Gross            | Christina Hamilton  | Ethan Rutherford            | Ethan Rutherford     |
| Thomas Hacker              | Thomas Hacker          | Corry Hana          | Lila Ryan                   | Lila Ryan            |
| Christina Hamilton         | Christina Hamilton     | Angel Malthis       | Rani Saljo                  | Rani Saljo           |
| Corry Hana                 | Corry Hana             | Jane McCabe         | John Schadeck               | John Schadeck        |
| Angel Malthis              | Angel Malthis          | Lynda McClure       | John Schaeffer              | John Schaeffer       |
| Jane McCabe                | Jane McCabe            | Kitty McDill        | Sarah Schelderder           | Sarah Schelderder    |
| Lynda McClure              | Lynda McClure          | Jacob McFadden      | Greg Schindel               | Greg Schindel        |
| Kitty McDill               | Kitty McDill           | Doug McHart         | Donna Schindel              | Donna Schindel       |
| Jacob McFadden             | Jacob McFadden         | Sarah McMahan       | Julie Schleuder             | Julie Schleuder      |
| Doug McHart                | Doug McHart            | Andre Meir          | Spring Senerchia            | Spring Senerchia     |
| Sarah McMahan              | Sarah McMahan          | Dianna Menefee      | Sam Senerchia               | Sam Senerchia        |
| Andre Meir                 | Andre Meir             | Sandy Metzler       | Amanda Senseman             | Amanda Senseman      |
| Dianna Menefee             | Dianna Menefee         | Dean Meyer          | Chuck Senter                | Chuck Senter         |
| Sandy Metzler              | Sandy Metzler          | Steven Miller       | Jenny Senter                | Jenny Senter         |
| Dean Meyer                 | Dean Meyer             | Marcia Miller       | Lucy Sharp                  | Lucy Sharp           |
| Steven Miller              | Steven Miller          | Martin Mitchell     | Henry Shebritz              | Henry Shebritz       |
| Marcia Miller              | Marcia Miller          | Theresa Moore       | Susan Sher                  | Susan Sher           |
| Henry Mitchell             | Henry Mitchell         | Cristina Mora       | Lucy Shido                  | Lucy Shido           |
| Theresa Moore              | Theresa Moore          | Matt Moratti        | Sharon Short                | Sharon Short         |
| Susan Sher                 | Susan Sher             | J.B. Morninglight   | Jack Sibbald                | Jack Sibbald         |
| Lucy Shido                 | Lucy Shido             | Sheri Moss          | Gloria Siddor               | Gloria Siddor        |
| Sharon Short               | Sharon Short           | Miranda Mott        | Nancy Simpson               | Nancy Simpson        |
| Jack Sibbald               | Jack Sibbald           | Paula W. Mulligan   | Marby Sipila                | Marby Sipila         |
| Gloria Siddor              | Gloria Siddor          | Richard Jeske       | John Sipila                 | John Sipila          |
| Nancy Simpson              | Nancy Simpson          | Jim Jewell          | Anita Sisson                | Anita Sisson         |
| Marby Sipila               | Marby Sipila           |                     | Ree Slocum                  | Ree Slocum           |
| John Sipila                | John Sipila            |                     |                             |                      |
| Anita Sisson               | Anita Sisson           |                     |                             |                      |
| Ree Slocum                 | Ree Slocum             |                     |                             |                      |

**HOLLY IS ALSO ENDORSED BY**

U.S. Congressman Jared Huffman State Senator Noreen Evans  
 Assemblymember Wes Chesbro  
 Ukiah Daily Journal Anderson Valley Advertiser  
 Mendocino Women's Coalition  
 Mendocino County Central Democratic Committee

**Vote Holly**

Paid for by Holly Madrigal for Supervisor #1362919 www.voteholly.com P.O. Box 2014, Willits Ca 95490 (707) 841-0612

## Thursday, October 23

**Free Tire Recycling:** Clean out those old tires, for free, Thursday, October 23; Friday, October 24; and Saturday, October 25 from 9 am to 4 pm, at the Willits Transfer Station. Households can recycle up to 9 passenger or light truck tires per day. There is a 17" diameter size limit. No rims are allowed, and no tire dealers may participate. Sponsored by the Mendocino Solid Waste Management Authority in cooperation with Solid Waste of Willits. Info: call the Recycling Hotline at 468-9710 or visit [www.mendorecycle.org](http://www.mendorecycle.org).

**Day of the Dead Celebration:** 5:30 to 8 pm at Little Lake Grange, Pine and School streets. "We will be decorating an altar dedicated to the women in our lives who have passed on but have been an inspiration to us. Everyone is invited to come and bring small photos and mementos representing the women they are honoring. Craft materials are provided but please bring any you would like to share." Remembrances for Maya Angelou and Angeles Arrien will be included. Guest speakers Carlin Diamond, Kitty Norris, and Carolyn Bakewell will share with us the history and traditions of this very special holiday. Children, ages 7 and up, and families are warmly invited. Refreshments. The altar will be displayed at Trillium/Cat's Meow. No admission charge, but donations may be made to the Grange. Presented by the Willits AAUW (American Association of University Women). More info: Ann Maglinte: [greengables@wildblue.net](mailto:greengables@wildblue.net).

**Community Hu Song:** "In our fast-paced world, are you looking to find more inner peace? Join us for a Community HU Song, Thursday, October 23, at 6 pm at Willits City Hall, 111 East Commercial Street. HU (pronounced 'hue') is a simple, uplifting prayer or mantra that can help you experience divine love and an inner calm. All faiths are welcome." Sponsored by Eckankar: Experience the Light & Sound of God. Information? Please call 972-2475.

**Focus on Medical Marijuana Forum:** sponsored by the Small Farmers Association. 6 pm at the Little lake Grange, 291 School Street. With candidates for Third District supervisor, Holly Madrigal and Tom Woodhouse. Moderated by Julia Carrera of the Small Farmers Association, an educational non-profit association. Carrera says the forum "is a way to begin healthy and positive dialogue between elected officials and their constituents on a subject that has historically missed the mark." Questions will be anonymously submitted from the audience that night via index card and read to the candidates by the moderator; three questions per person allowed. For more info, visit the "Small Farmers Association" page on Facebook.

**Friday, October 24**  
**Free Tire Recycling:** See Thursday, October 23 listing for details.

**Fourth Friday Fun Night:** a colorful Harvest Potluck tonight, 6 to 8 pm at the Willits United Methodist Church, 286 School Street. "We are asking you to bring a potluck dish that is WHITE if your last name begins with A-E. A dish that is RED if your last name begins with F-J. A dish that is BROWN if your last name begins with K-N. A dish that is ORANGE if your last name begins with O-S. A dish that is YELLOW if your last name begins with T-Z. The Free Will Donation will be going to the Brown Bag Lunch Program. Come one, come all."

**Monster Mash Halloween Party:** 6 to 8 pm at LDS Church, 265 Margie Drive. "Please come and enjoy the fun! Costumes, games, music, treats, and lots of surprises! There will be a haunted maze room, mad scientist sensory room, a spooky room, games, activities, music, karaoke, face painting and food. Some trick or treating! It will be spooky tackies! Please, NO masks or gory facial paint or costume."

**Shanachie Pub: Harvest Party with The Dirt Floor Band and Farafi.** Wine tastings from Simaine Cellars and Eel River Brewing specialties and tastings, from 7 to 9 pm. Music starts 9 pm. \$5 cover. 50 South Main Street, behind Adam's Restaurant. Pub info: 459-9194.

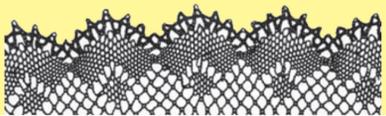
**Diggers Dancehall Fridays:** Joey D Productions presents: Dancehall, Dubstep, Hip Hop, Reggae, Trance, Latin: Positive Music /Positive Vibes every Friday at Diggers Bar, 244 South Main Street. 21+. 10 pm to close. No cover. Tonight: DJ Sizzlak and DeeJay Dinga of Intel Rebel Lion.

## Saturday, October 25

**WHS Junior Class Golf Fundraiser:** Willits High School's Junior class presents a fundraiser at the Brooktrails Golf Course. Tee-off at 9 am. Format: 4 person scramble. Entry Fee: \$20 (includes lunch); green fees may apply: \$15. Prize: Hole-In-One Annual for anyone who gets a hole in one from hole 9-18. Call the golf course at 459-6761 for more info.

**Free Tire Recycling:** See Thursday, October 23 listing for details.

**"Arsenic and Old Lace" Auditions:** held at the Willits Community Theatre playhouse today from 12 noon to 2 pm, and on Wednesday, October 29, from 7 to 9 pm. "Arsenic and Old Lace," Joseph Kesselring's classic 1941 comedy, tells the story of Abby and Martha Brewster, two older sisters who run a boarding house in Brooklyn and who undertake a private campaign to stamp out loneliness. After a drink of their special elderberry wine, old men usually wind up dead and buried down in the basement. The call is for two



# The Dumb Supper 2014

Sunday, November 2

Samhain, or Halloween, is traditionally known as the night when the veil between our world and the spirit world is at its most fragile. It's the night when we believe the dead will hear us speak, and maybe even speak back. It's a time of death and resurrection, of new beginnings and fond farewells.

In many cultures, ancestor worship is an ancient practice. Traditionally found in Mexican, African and Asian societies, this honoring was also a tradition in Old Europe, and is being revived among those of European heritage. The Day of the Dead, or All Souls Day – November 1 through 3 – is a time for focusing this practice. The Dumb Supper is a silent (a.k.a. "dumb") sharing of food, especially favorite foods, with the dearly departed dead, whether it be your great-grandmother who passed many years ago or a recent bereavement.

◆ You are invited to bring small remembrances & things to honor your dear ones – photos, heirlooms, or even a family tree. We will build family altars using these objects that you bring. They will be returned to you after the ceremony.

◆ You will be able to speak about your dear ones, their photos and favorite foods after the "bell" has rung, bringing the silent portion of the event to a close. We will have time together telling stories of our beloved dead.

◆ We will also share any favorite food of your departed beloved. This would be brought by you, ready to serve – so, thus, this event is an "ancestral pot luck." It can be as simple as a bar of chocolate, cookies, a bottle of beer, or as delicious as homemade cornbread. Please bring offerings of simple finger food. We will all share this food as we share stories of our beloved dead after the circle.

◆ Start time for the ritual is at 7 pm. Please arrive by 6:45 pm, so we can begin on time. Invite those of your friends and family who you feel will benefit from this experience; it is very healing and fulfilling. Please call Mana at 707-354-2475 to make a reservation.

Bring your own favorite plate, chalice or cup and spoon. Wear deep rich colors that reflect the sacredness of this evening. This is a fundraiser for Phoenix Hospice; your \$5 to \$20 donations gratefully accepted.

– submitted by Annie Waters

## Save the Date

**Election Day,** November 4: Don't forget to vote!  
**'Heart of the Harvest' Benefit,** November 7, Little Lake Grange  
**Guitarist Tim Farrell,** November 9, Willits Community Theatre  
**Local Lights,** Willits Community Theater, December 6: Bruce Burton and Friends, plus Grand Finale

# What's Happening Around Town

Things to do, see and enjoy in and around Willits

older women (55 to 75), one younger woman (25 to 35), and 11 men 20 years old and upward. Directing the play is Jason Edgington, an actor and director who has worked extensively in theater over the past three years. Scripts are available at the Willits Public Library. For more information please call Jason Edgington at 367-2116.

## Sunday, October 26

**St Anthony's Mexican Food Fundraiser:** 10 am until sold out at the Parish Hall, 58 Bush Street. Burritos, Tortas, Quesadillas, Posole, and Tacos: Al Pastor, Chorizo, Tripas, Carne Asada, and Pollo.

**"A Heyday for Books":** free book talk and book-signing party for Willits author Kim Bancroft's new book, "The Heyday of Malcolm Margolin: The Damn Good Times of a Fiercely Independent Publisher." The book commemorates the 40th anniversary of the founding of Malcolm Margolin's Heyday Books in Berkeley, "a unique independent press that has become an instrumental sounding board for the diverse cultures present in the state, with a focus on its Native peoples." With Malcolm Margolin, Kim Bancroft and various special guests. 2:30 to 5 pm at the Mendocino County Museum, 400 East Commercial Street. See article elsewhere on Calendar page for more info.



Kim Bancroft

Malcolm Margolin

## Monday, October 27

**"Grants 101":** a free workshop at the Willits Library: "An introduction to grant seeking and grant writing for community organizations," from noon to 4 pm. Presented by Michael Kissinger, supervisor of the Foundation Centers Funding Information Network partnership for the Mendocino County Library, who's been helping local non-profits with grant seeking, fundraising, governance, and management issues for 20 years. Please call 459-5908 to reserve a seat.

## Tuesday, October 28

**Tightwad Tuesdays at the Noyo Theatre:** All 2D movies that are in their second week are \$5 on Tuesdays at the

Noyo Theatre for all ages, all showings. This week's Tightwad movies: "Book of Life," "Dracula Untold," "Gone Girl" and "The Equalizer." For showtimes: [www.noyotheatre.com](http://www.noyotheatre.com). 57 East Commercial Street. 459-6660.

## Wednesday, October 29

**Blosser Lane Recycling Fundraiser:** Drop off your plastic bottles and aluminum cans at Blosser Lane Elementary School PTO's collection day today, before and after school. Morning collection: 7:30 to 8:30 am and afternoon collection: 2 to 3:30 pm. If it goes well, the PTO might hold a recycling collection once a month. Please bring your recycled items bagged and separated. Recycling can be dropped off from the street in front of the school, near the sign.

**"Arsenic and Old Lace" Auditions:** held at the Willits Community Theatre playhouse today from 7 to 9 pm. See Saturday, October 25 listing for more info.

## Friday, October 31

Free Ghoulish Drinks for Trick-Or-Treaters: The Willits United Methodist Church will be putting out Ghoulish Drinks – hot chocolate, hot cider and water – for all Trick-Or-Treaters tonight in front of the church, 286 School Street, across from the Grange. From 5:30 to 7:30 pm.

## Halloween Dance Parties

**Al's Redwood Room:** The Dream Capsule Band will host Halloween with an open mike night. 207 South Main Street. Festivities from 9 pm to 2 am. No cover. Info: 459-2444.

**Brooktrails Lodge:** Fourth annual Halloween Party. Three rooms of music with a staggering list of performers in the Brooktrails Lodge's "the biggest bash ever." Performers include: Inspectah Deck of the Wu-Tang Clan, VNDMG, Esseks, Smash! Tooth, Chase Manhattan, Tiger Fresh, Shlump, Spekt! 1, Muppet Punk, Treyzilla, Timonkey, Glitch Report, Indaskyes, Maps and Writings, Stressknot, Reliable Reilly. Hosted by Sellassie. Brooktrails Lodge 24675 Birch Street, 9 pm to 4 am. \$50 pre-sale, \$60 at the door. \$500 costume contest. Tickets available at: [www.inticketing.com](http://www.inticketing.com).

**Diggers Bar:** Selecta Lou will be the in-house DJ for Halloween night. Positive Music Positive Vibes: Dancehall, Dubstep, Hip Hop, Reggae, Trance, Latin. Come dressed for a costume party with cash and gift prize giveaway for best costume. Fun starts at 10 to 2 am at 244 South Main Street. No cover. Info: 459-4977.

**John's Place:** DJ Mikey T. will be spinning the tunes for Halloween: Country, Rock, Hip Hop and Hick Hop, Disco, Oldies, Reggae, and Requests. Cash prizes for the best costumes: \$100 for first place, \$50 for

second place, and \$25 for third place. So come dressed to win at 255 East Commercial. No cover. Info: 459-5636.

**Shanachie Pub:** The pub's Halloween night entree will be Funkacillin. This red-hot band will be serving up funk, soul, and rock all night long. Located at 50 South Main Street, behind Adam's Restaurant. Festivities from 10 pm to 2 am. Info: 459-9194.

## Saturday, November 1

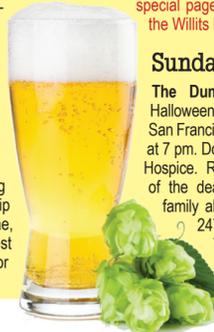
**Check Your Smoke Alarms!** Between 10 am and 2 pm today, uniformed representatives from the Little Lake Firefighters Association will be available to visit your home, by appointment. "Although this program is designed for our community's seniors and disadvantaged families with young children who own their own homes, we will provide assistance where we can. If you are a resident living in our district or know someone who would benefit from this service, please call the staff of the Little Lake Fire Protection District at 459-6271 to schedule a free appointment for November 1 between 10 am and 2 pm. For more information on the Install, Inspect, Protect Campaign and other fire prevention information, please visit [www.usfa.dhs.gov/smokealarms](http://www.usfa.dhs.gov/smokealarms). To learn more about the Little Lake Fire District's local fire detector campaign activities, please feel free to contact the Little Lake Fire Protection District Office at 459-6271.

**Christian Community Harvest Party & Coat Giveaway:** 5:30 to 8:30 pm, hosted by Agape Bible Church, and put on by several local churches. 290 South Lenore Avenue. This is Agape's annual costume party, with a giant boutique house and game booths. There will be hot dogs, nachos, chili and cheese, popcorn, cake and candy available for everyone. Families and individuals can choose from a variety of donated gently used coats and hats. This is a community outreach for all ages, and everyone is welcome at no cost. Questions? Call 459-1905.

**Learn to Homebrew Day:** a demonstration of how to brew your own beer at home will be conducted by the Willits Home Brewing Research Engineers (Willits Home BREW) today at Coast Hardware, 101 East Barbara Lane. The demonstration will begin at 10 am and will include all steps needed to make 5 gallons of homemade beer. Come and watch the process, ask questions, and pick up more information. Part of the American Homebrewers Association's international "Learn to Homebrew Day" event. Call Rick at 459-1338 or email him at [rhewett1@aol.com](mailto:rhewett1@aol.com) if you have questions. Also, visit [willitshomebrew.weebly.com](http://willitshomebrew.weebly.com). See article in "Barrel & Cork" special pages for more details about Homebrew Day and the Willits brewing club.

## Sunday, November 2

**The Dumb Supper 2014:** Celebrate Samhain, or Halloween, with a ritual on All Souls Day, at The Muse, 30 San Francisco Street. Please arrive by 6:45 pm; ritual starts at 7 pm. Donations of \$5 to \$20 are suggested for Phoenix Hospice. Remembrances of those departed, silent sharing of the dearly departed's favorite finger foods, building family altars and more. Please call Mana at 707-354-2475 to make a reservation. Please call Mana at 707-354-2475 to make a reservation. See article elsewhere on Calendar page for details.



## Town Hall Meeting

video up online

Part 1 and Part 2 of a video by Willits Community Television of the "Meet the Candidates" Town Hall on September 21 are available online for viewing.

Part 1: <https://vimeo.com/107430192>. Part 2: <http://vimeo.com/108100344>. With candidates for 3rd District supervisor Holly Madrigal and Tom Woodhouse and candidates for Willits City Council, Robin Leler, Ron Orenstein and Larry Stranske.

DVD available for those without high speed internet: Order DVDs from "Pistachio Films LLC," 75 North Main Street, PMB 230, Willits, CA 95490. Price \$8 (\$5 for the DVD and \$3 for shipping and handling, priced only to recoup costs of the production of the video).

## 'Heart of the Harvest' Benefit

A night of international live music and benefit for music at New Folsom Prison, set for Friday, November 7, 7 pm to midnight, at the Little Lake Grange, 291 School Street.

Kenny Johnson, director of This Sacred Space (dedicated to bringing spiritual awareness to all beings who are incarcerated), featured as MC. International music by Ojalá: Turkish, Flamenco and Folk Duo; MerKaBah: original compositions inspired by Sufi music, played on ancient Eastern instruments; and Farafi, traditional and modern African fusion.

Also rocking dance band, Diane Patterson & Spirit Radio, with Folkadelic Rock. Doors and Dinner at 6:45. Music starts at 7 pm. \$10-\$20 sliding scale donation at the door. Kids free! Food, treats and drinks available; no alcohol.

Info: contact Diane at 214-676-7199 or [ancientstar66@yahoo.com](mailto:ancientstar66@yahoo.com).

### 9th Annual Community Harvest Dinner

The 9th Annual Community Harvest Dinner – a celebration of community and of local, organic food – will take place on Saturday, November 8 at the Little Lake Grange, 291 School Street. A no-host wine and beer bar opens at 6 pm, and dinner will start at 6:30 pm.

The Harvest Dinner came into being as a natural outgrowth of the localization movement. There was a new awareness of the importance of growing as much of the community's food as possible locally and organically. The dinner is a celebration and demonstration of that goal, as well as an opportunity to enjoy fresh, delicious, nutritious food with the community.

Over the years the dinner has been sponsored by the Little Lake Grange and Willits Economic Localization. This year's celebration is being hosted by the Willits Environmental Center.

All food will be provided with vegan, gluten-free and vegetarian options available. The menu features Savory Meatloaf made with local grass-fed beef, Lemon Baked Chicken, Polenta with Tasty Tomato Sauce, Mixed Vegetable Medley, Raisin/Nut Rice Salad, Mixed Green Salad, Creamy Mashed Potatoes and Gravy, Apple Crisp with Whipped Cream. Coffee, tea and juices.

Tickets are available at Goods' Shoppe: \$30 for adults and \$15 for children 6 to 12. Children 5 and under are free. There are a limited number of tickets, so it is recommended to buy them ahead. Info: contact Thayer Craig, 459-3360, or Rosamond Crowder, 459-4579.



of Pomo Indians; Verle Anderson, of the Native American History Project; and Dr. Victoria Patterson, curator of the museum's just-opened exhibit on local Native peoples, "Woven Worlds." The panel discussion will be followed by a book signing.

"The Heyday of Malcolm Margolin" is at once a portrait of an exceptional person and of the press he founded in 1974 and fostered against all odds. Woven into the story of Margolin's life are testimonies and reflections from the many people who have published with, worked for, or been affected by Malcolm Margolin and Heyday Books. The book thus becomes a gathering place of its own, providing a proving ground for Margolin's adage: "I love being warmed by other people's fires."

The Mendocino County Museum is located at 400 East Commercial St. in Willits. The Museum is open Wednesday through Sunday from 10 am to 4:30 pm. For more information please call 459-2736 or visit [www.MendocinoMuseum.org](http://www.MendocinoMuseum.org).

– submitted by Roberta Werdinger for the Mendocino County Museum

## A Heyday for Books:

Book party celebrates 40 years of California publishing

On Sunday, October 26, from 2:30 to 5 pm, a free book talk and cultural conversation will take place at the Mendocino County Museum to mark the publication of Willits author Kim Bancroft's new book, "The Heyday of Malcolm Margolin: The Damn Good Times of a Fiercely Independent Publisher." The book commemorates the 40th anniversary of the founding of Heyday Books, a unique independent press that has become an instrumental sounding board for the diverse cultures present in the state, with a focus on its Native peoples.

Present at the conversation will be author Kim Bancroft; Heyday Books founder and overall raconteur Malcolm Margolin; Lindsay Bear, director of the Berkeley Roundhouse and editor of "News From Native California"; Priscilla Hunter, representative of the Coyote Valley Band

## Holiday Craft Fair Call for Artists

Willits Cultural Arts Center is now accepting entries for the 28th Annual Holiday Craft Fair, set for December 12, 13 and 14, 2014 at the Willits Community Center.

All interested artists, hand crafters, and specialty foods entrepreneurs should request application forms by e-mail to Bonnie Belt at [Belt.bonnie@gmail.com](mailto:Belt.bonnie@gmail.com) or by mail: Willits Holiday Craft Fair c/o Bonnie Belt, 2291 Buckeye Drive, Willits, CA 95490 (please enclose a self-addressed stamped envelope).

## Sober Grad Fall Raffle Basket

Look for the goodie-filled Sober Grad basket (valued at more than \$400) displayed at various locations around town! Drawing will be held on November 19.

Prizes include 2 park hopper tickets for Disneyland/ California Adventure, gift certificate for Main Street Music, gift items from Cat's Meow, and more.

Tickets are \$1/each or 6 for \$5; tickets can be bought at Cat's Meow or email [willitssobergrad@gmail.com](mailto:willitssobergrad@gmail.com) for any info.



# Ongoing Events:

**Willits Farmers Market:** Still at City Park through October: every Thursday from 3 to 6 pm. Produce, plus cut flowers, local meats and fish, dinner, baked goods, bread, crafts, live music, and more.

**Grateful Gleaners:** This volunteer crew is available to pick fruit that you aren't able to use, to donate to local organizations in need of fruit. If you're interested in having fruit picked by the Gleaners, or in volunteering with the group, contact the Gleaners' voice mail, 513-9489, and leave a message, and they will return your call as soon as possible.

**The Emandal Chorale:** this community chorus based in Willits is in its 20th season, and you are welcome to join! Every Wednesday from 5 to 6:30 pm. No auditions necessary. The Chorale meets upstairs at the Willits Center for the Arts, 71 East Commercial Street.

**"Art in the Key of Life":** October show at the Willits Center for the Arts, 71 East Commercial Street. Featured artists: Kat Emerson, Ann Maglinte, Laurel Miller, Margaret Pirouette, Nancy Nazarian Reed, Leslie Rich, Jeannie Smith, Lynne Whiting Robertson and Robert Yelland. Show runs through Sunday, October 26. Gallery hours: Thursdays and Fridays, 4 to 7 pm, and Saturdays and Sundays, noon to 3 pm. Visit [www.willitscenterforthearts.org](http://www.willitscenterforthearts.org).

**Willits Photography Club:** meets at the Willits Art Center, 71 East Commercial Street, on the second Saturday of each month from 10 to 12 noon. All levels of experience welcome. Come to the back door of the Art Center.

**Junior Grange After-School Program:** an after-school program for kids ages 5 to 14, Mondays from 3 to 6 pm at Little Lake Grange, 291 School Street, Room 10. Membership fee: \$1, plus \$1 annual dues. Info? Contact Zeynep at 707-972-8558 or [zeyny34@yahoo.com](mailto:zeyny34@yahoo.com).

**Cards and Games at Willits Library:** free games in the Willits Library's Community Room. Tuesday bridge sessions from 1:30 to 3:30 pm; Thursday bridge sessions from 4:30 to 6:30 pm. Info: Donna at 459-9035. Tuesday evenings: "Dungeons and Dragons, the Adventurers' League," from 6 to 10 pm. Both newbies and experienced players, ages 13+, are welcome to join. Info: Dan at 972-3154. Saturday afternoons from 2 to 4:30 pm: bring your chess set and have some fun with friends. All ability levels welcome. Info: Raymond at 841-0473.

**Life Changes:** Discussion and support group with Linda Posner, Wednesdays from 10 to 11 am. Harrah Senior Center, 1501 Baechtel Road.

**Willits Community Drum Circle:** 7 to 10 pm at the Saint Francis in the Redwoods Episcopal Church, 66 East Commercial Street. Every 2nd and 4th Friday. Free. Everyone is welcome. Info: 459-4932.

**Free Zumba for Teens:** Zumba is always free for teenagers on Friday nights at Studio Joy, 1262 Blosser Lane. Class at 6 pm with Melissa. Info: 707-841-7499 or [www.studiojoywillits.com](http://www.studiojoywillits.com).

**Smoking Cessation Program:** Free "Freedom from Smoking" class sponsored by the Frank R. Howard Memorial Hospital. Every Wednesday at the HHM Conference Room, 1 Madrone Street, 6 to 7 pm. RSVP to Jennifer Barrett at 707-540-4208. Walk-ins are always welcome.

**Willits Frontier Twirlers:** Monday nights at the Willits Center for the Arts, 71 East Commercial Street, beginners' class from 7 to 8 pm, then dancing until 9 pm, with professional caller Lawrence Johnstone, who will teach and call. Info: 459-9526.

**Free Sheriff's Activity League programs:** at Body Works Gym, 1511 South Main Street. Teen gym: Monday to Friday from 2:30 to 5:30 pm; Boxing: Monday, Wednesday and Friday at 7 pm; Karate: Kids aged 5 to 11 from 6 to 7 pm, Tweens, Teens and Adults at 7 pm. All SAL programs free to the public. Info: [www.facebook.com/MendocinoCountySheriffsYouthActivitiesLeague](http://www.facebook.com/MendocinoCountySheriffsYouthActivitiesLeague) or Mike Tobin: 354-0565.

**Brooktrails Lodge:** Open Mic every Friday at the Lodge's Caminiti's Lounge. Live jams featuring local artists: all performers please see Mr. Larry when you arrive. 24675 Birch Street. Info: 459-1596.

**Brooktrails Lodge:** Ladies Night every Thursday at the Lodge's Caminiti's Lounge, 8 pm to 2 am. \$3 drink specials. The Dream Capsule Band presents live music and karaoke. 24675 Birch Street. Info: 459-1596.

**Shanachie Pub:** Open Mic every Wednesday and World Music Open Mic every Monday, 8 pm. Sign-ups start at 7 pm. 50 South Main Street, behind Adam's Restaurant. Info: 459-9194.

**Karaoke Night at Al's Redwood Room:** every Wednesday night, karaoke in the bar. 207 South Main Street. 459-2444.

**Laytonville Farmers Market:** Mondays from 2:30 to 4:30 pm in downtown Laytonville. Buy local: vegetables, apples, juice, bakery, beef, lamb, pork, jewelry, aprons, children's clothing, knife sharpening and more.

PAID POLITICAL AD



**Vote Holly**  
**Supervisor**

"When we wanted a dog park in Willits, Holly not only helped us navigate the local government process but also dug in and volunteered putting up fencing. Holly will make an excellent supervisor!"

**Louis & Sally Rohlicek**

**PLEASE VOTE Holly Madrigal 3rd District Supervisor**

PAID FOR BY THE HOLLY MADRIGAL CAMPAIGN FPPC# 1362919

**PONDEROSA & SUN REALTY**  
Tony Sorace, Land & Ranch Broker, Certified Financial Planner  
635 S. Main St. Willits, CA 95490  
**707-459-5108 • 707-489-3763**

**20 acres on Pine Mountain** - This property features towering redwoods in a secluded ridge top setting. Gorgeous 1800 square foot home in immaculate condition. One bedroom, 2 bath western styled cabin with huge wrap around porch. Large shop with rollup door. Misc. support buildings. PG&E, telephone. One of a kind property for **Only \$449,000**

**40 acres on Sherwood Ranch** - Fantastic rolling acreage with distant ocean views. 2 unfinished cabins. Gravity flow spring water system. Large pond. Nice shop/garage. Remote but good access. Estate Sale..... **\$395,000**




**www.pondsun.com • tonysorace@pacific.net**

**WILLITS SOILS**  
INCORPORATED  
**345 North Main St. • Willits, CA 95490**  
**(707) 744-8626 • FAX (707) 459-3478**  
**www.willitssoils.com**

**Room To Bloom Preschool**  
Where the love of learning grows  
239 South Main Street • Willits  
Morning & School Day Programs  
8:30 am - 5:30 pm  
Art • Circle Time • American Sign Language  
Outside Play • Snacks • Group Activities  
Inquiry Based Learning • Spanish • Infant Care  
Call Today to Enroll Your Child!  
RoomToBloomPreschool.com 707-456-9743

**Imagination Station**  
Preschool/Childcare Center  
Enrolling Year Round  
Hours: Monday through Friday, 7 a.m. to 5:30 p.m.  
Toddler program begins at 18 months • Preschool: ages 3-5 • Elementary program: ages 6-10  
Check out our website: [www.preschooldaycarewillits.com](http://www.preschooldaycarewillits.com)  
or look for us on Facebook  
7 South Main Street • Willits  
**459-6543**

# Amazing Athletes

of Willits High School



All specials for only \$7.95 until 5 PM

**MONDAY:** torta Mexican sandwich with side of French fries  
**Daily Specials at El Mexicano**  
**TUESDAY:** wet burrito with choice of beef or chicken

**WEDNESDAY:** chimichanga with choice of beef or chicken, with side of rice and beans  
**THURSDAY:** crispy flour taco with choice of beef or chicken with side of rice and beans  
**FRIDAY:** two corn tacos choice of shrimp or fish with side of rice and beans

**(707) 459-5702**  
Mon.-Sat. 10 a.m.-8:30 p.m.  
166 South Main Street Willits, CA 95490



## Soccer | Alexis Johnson, 16, Junior

**Breakfast of Champions:** Honey Nut Cheerios.  
**Position:** Stopper.  
**Love for the Sport:** Everything! 3 years on the field.  
Captain Alexis scored the first goal of the season against Tomales and the latest goal against Cloverdale. She has recently been moved to stopper, where she has made her presence known. According to coach Melissa Johnson: "AJ has a power boot that even her brother (the boys goalie) doesn't want to be on the receiving end of."



## Cross Country | Ricardo Haschak, 15, Freshman

**Breakfast of Champions:** Guatemalan food including bean breakfast burritos.  
**Position:** Varsity member.  
**Love for the Sport:** I love the feeling of wind in my face when I run. My favorite track is our home course in Brooktrails, the Par Course.  
Ricardo was the Varsity Boys #2 finisher in last week's win over St. Helena. He has placed in the top three all season and is playing a huge part in the team's undefeated record.



# 'Secrets of Backyard Bird Photography'

Chris Hansen signs his new book at Willits Library

When local wildlife photographer Chris Hansen realized he wanted to create an instructional book based on his backyard bird photo experience, all the pieces just fell together. Hansen had spent years perfecting his techniques, building a photo blog, and thinking about how best to use new digital equipment when he had the idea: "This blog might make a good book!"

Kate Maxwell  
Features Writer  
willitsweekly@gmail.com

He completed writing the book in two weeks, and eight months later, the finished version of Hansen's "Secrets of Backyard Bird Photography" is available for both bird lovers and photography enthusiasts in print and as an e-book from publishers Rocky Nook, Inc.

Hansen's book serves as a manual. It covers topics ranging from cameras and other equipment, attracting birds, using blinds and creating controlled settings, tips on showing work, and recommended suppliers. It also features an extensive section on DIY (Do It Yourself) projects, such as special blinds, backdrops, water features, and feeders that Hansen has developed over the years.

The book is full of examples of Hansen's beautiful photographs and is intended as a "Bible" for backyard bird photographers. There is even a chapter on photographing hummingbirds, which Hansen describes as "very, very addictive."

"To me, it's an example of how much talent is right here in our community, and how we can all have a dream like this come true," said Steve Hellman, Mendocino College English instructor and Hansen's editor, at an October 15 book presentation at the Willits Library.

Hellman and Hansen were connected by Skip Beale, also a Mendocino College instructor, and worked together to edit the book before sending it off to publishers. The third company they sent the book to, digital photography

specialists Rocky Nook, Inc. in Santa Barbara, called right away to express interest.

Beyond being a "step-by-step comprehensive guide," "Secrets of Backyard Bird Photography" is also a well-designed showcase for Hansen's photographs. "It was really hard to narrow it down," he said, while showing several photos he said he'll "save for the next book."

Hansen has always loved birds and the outdoors and received his first camera at 16, though he says he didn't get really serious about photography until one of his photographs was selected for the cover of California Hunter magazine when he was in his twenties. Since then, Hansen has taken thousands of photographs, and his work has been included in magazines, newspapers, calendars, websites, videos, and in the book "Best of North American Hunter."

At the presentation, Hansen gave a slideshow demonstrating a variety of his techniques, as well as giving a glimpse of the range of his photographic work. The audience gasped at some of the shots Hansen had captured: from his backyard, around the Little Lake Valley, and in other wildlife areas around the region.

Hansen explained while he considers himself a photography generalist, backyard bird photography has a special place in his heart, although he shared some stunning shots of other wildlife photos with the crowd.

Hansen used his backyard bird photos to illustrate some of his techniques with blinds, feeders, and backdrops. He explained how he often shoots from the warmth of his living room, and uses easily available materials such as perches made from branches, modified peanut butter jar feeders, well-placed blinds, and creative backdrops and fake flowers

to capture his astonishingly up-close action shots.

His emphasis on using inexpensive and modifiable materials means that the techniques are accessible and cheap for the beginner, but also present new possibilities for the more experienced backyard photographer, and many audience members went home with new ideas to try out.

Hansen's book is available in print or e-book through Rocky Nook, Inc. and online at Amazon. He has donated copies to Willits High, and Baechtel Grove Middle School (where Hansen used to teach), and a copy is also available at the Willits Library. More of his work can be found at [www.christhephotog.blogspot.com](http://www.christhephotog.blogspot.com) and earlier work at [www.diyphotocheapodepot.blogspot.com](http://www.diyphotocheapodepot.blogspot.com), which focuses on DIY photography ideas.

For those interested in further instruction, Hansen will be the lead instructor for a "Photography Basics and Beyond Cruise" happening in February 2015 with Celtic Heritage Destinations and Carnival Cruise Tours. The cruise will travel to Catalina, California, and Ensenada, Mexico and "will include hands-on and classroom instruction, group excursions, and photography assignments geared to help you discover the basics of focus, exposure, ISO, and shutter speed."

Participants with any kind of camera (or camera phone) and all skill levels are welcome to join in. Please contact Jenny Senter of Celtic Heritage Destinations at 888-7834 or at [celticheritagedestinations.com](http://celticheritagedestinations.com) for more information.



# Mammograms save lives.

**\$195\* Mammogram for the Month of October!**

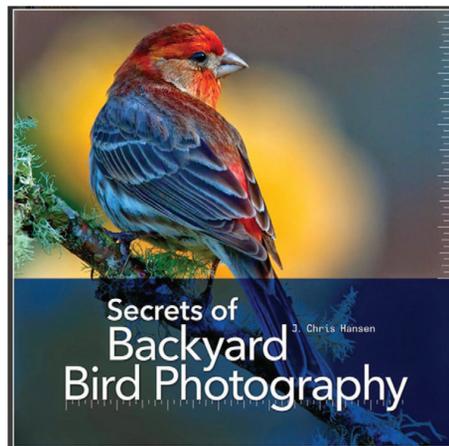
Howard Memorial Hospital is offering to uninsured women the opportunity to have a screening mammogram at the reduced price of \$195.

Schedule your mammogram today. Call 707.456.3095.  
Physician referral required.

Medical Imaging | Howard Memorial Hospital | One Madrone Street | Willits, CA

Frank R. Howard Memorial Hospital  
Adventist Health

\*\$195 is the price for uninsured patients. If you are insured, please call for an estimate of your costs.



At top: Several examples of Chris Hansen's beautiful bird photography showcased in his book, "Secrets of Backyard Bird Photography" and on his blog.

Above: Chris Hansen signs one of his books at the signing event.

Photo by Kate Maxwell

Left: Chris Hansen's book, "Secrets of Backyard Bird Photography."

**Sherwood Valley Rancheria Casino**

# Halloween Costume Contest

Begins approximately at 9:00 p.m.

**1st Prize - \$750 Cash**  
**2nd Prize - \$500 Cash**  
**3rd Prize - \$300 Cash**  
**4th Prize - \$200 Cash**  
**5th Prize - \$150 Cash**

**NO MASKS OR WEAPONS**

To be eligible for the contest, must earn 20 points on Player Club Card before 9:00 p.m. and see Players Club for an entry slip. See Players Club for more details.

**100 Kawi Place in Willits 459-7330** Management reserves all rights.



HOME CENTER & LUMBER CO.

# MENDOCINO MILL



UPCOMING EVENT!



## NO TAX SALE!

Sat & Sun  
October 25 & 26

2 DAYS ONLY

NO SALES TAX ON YOUR ENTIRE PURCHASE!

plus UP TO 50% OFF

on select merchandise!  
• one-of-a-kinds •  
• closeouts •  
• overstocks •

UPCOMING EVENT!

**16<sup>70</sup>**  
ANNIVERSARY SPECIAL



Royal™ Stain Blocking Sealer/Primer, Gal. 16004  
COMPARE TO 1-2-3

**19<sup>44</sup>**  
ANNIVERSARY SPECIAL

6' x 16' Reed Fencing 721786




Exciting Improvements Coming to the Willits Store

**49<sup>70</sup>**  
ANNIVERSARY SPECIAL

YOUR CHOICE



Electric Radiator 1500 watt. 3 heat settings, adjustable thermostat. 6166946  
Oscillating Ceramic Tower Heater 900/1500 watt. Multi-function remote. 6107098

**27<sup>70</sup>**  
ANNIVERSARY SPECIAL



Weber® 14-1/2" Smokey Joe® Grill 85415

**70 YEAR ANNIVERSARY**  
BUILDING MENDOCINO & LAKE COUNTIES TOGETHER FOR 70 YEARS

**7<sup>70</sup>**  
ANNIVERSARY SPECIAL



Fiskars® Micro-Tip Pruning Snips  
Micro-tip blades give you precision and control. Stainless steel blades. 7218357

# Studio Joy

THE place for Zumba Fitness in Willits

## 1,400 square feet of dance floor!

Zumba, Zumba Gold (for beginners, boomers and active seniors) and Zumba Toning

12 classes a week ♦ Open Monday-Saturday

**Your first class is free!**

Helping the Willits Community meet its fitness goals with Zumba since 2011.

Discounts for teens, seniors and students  
Children under 13 are always FREE  
See [www.studiojoywillits.com](http://www.studiojoywillits.com) for full schedule

**1262 Blosser Lane • Willits, CA**  
**707-841-7499**

## 46th ANNIVERSARY SALE!

12 Months Interest-Free Financing OAC



Reclining Sofa \$1149, Reclining Loveseat \$1090  
With Console \$1299

**LATTITUDES**  
collection by Flexsteel

**Serta** Queen Englender® Mattresses Starting at only \$299

**Serta** Queen Mattresses Starting at only \$599

WE MAKE THE WORLD'S BEST MATTRESS™

BETTER SLEEP, BY DESIGN™

Win a Serta® Mattress Set valued at \$999



**La-Z-Boy®** Recliners Starting at only \$349

LA Z BOY • Comfort. It's what we do.

### All Dining Sets On Sale



Free Delivery in Lake and Mendocino Counties



20% -50% Off Accessories

### Willits Furniture Center



PRICE QUALITY SERVICE



NEXT TO SAFEWAY

[www.willitsfurniture.com](http://www.willitsfurniture.com)