

Bypass BBQ

To the Editor:

After the August court hearing in which Judge Mayfield OK'd a temporary restraining order regarding the movement of fill from the old Apache Mill site, a number of residents of Little Lake Valley began planning a meal for the whole bypass crew to lift their spirits.

More than \$900 was donated by generous individuals to cover the cost of putting on the BBQ. Ingredients were purchased. 110 pounds of tri-tip, 220 ears of corn, lettuce and tomatoes were bought. Salad, BBQ sauce, and other condiments (including homemade pickles) were provided from the heart by locals. Pies, cookies, cakes and other delicious desserts were generously made and contributed. A venue was arranged for. Plates and eating utensils were also donated by individuals. People volunteered to serve the meal.

On September 8, Judge Mayfield lifted the temporary restraining order and did not grant the injunction as requested by the Willits Environmental Center and Keep the Code. Judge Mayfield ruled in favor of Mendocino Forest Products and the County of Mendocino on each CEQA issue that was addressed in the Willits Environmental Center and Keep the Code lawsuit. Biological Resources. Aesthetics. Greenhouse Gas Emissions. Land Use. Traffic. Air Quality. And so on. WEC and KTC did not prevail on a single issue.

The BBQ meal was served to the Willits bypass workers on September 10. The mood was very celebratory, as fill had started to be moved that morning. Flatiron, DeSilva Gates and Caltrans workers were very appreciative of the wonderful meal and the generosity of the LLV community.

This was the third time a meal had been served to bypass workers. The first meal served was a BBQ lunch that a small band of volunteers took to the wick-drain crew when they were having such a hard time proceeding in their work due to protest activity. The second meal was served to the Caltrans employees not long after protestors had blockaded the Caltrans bypass office in Willits.

All this was quietly done from the good heart of the Willits community.

Jeanne King, Willits

Thanks from WEF

To the Editor:

The amount of support for this year's Garden Party was just extraordinary. To thank each person and business that had a part, however large or small, would take up an entire newspaper page. The Willits Rotary and Willits Educational Foundation organizations are overwhelmed at the generosity of the Willits community and other areas of Mendocino County, as well as donations received from Sonoma County and from all over the United States.

There were so many volunteers! Amazing!

Phil and Kathy Shuster graciously shared their beautiful yard with us once again, making the perfect setting for a great party and tribute to all of our hardworking teachers and staff at Willits Unified School District.

There were 85 contributions of wine, beer, and items for the raffle, silent and live auctions from Willits alone. Thank you, Willits merchants and townspeople, for your continuing support of Willits Unified schools!

Our president sent out well over 150 thank you cards.

Willits Frontier Days, Willits Rotary, Fryman's Septic, The Basics Band, Cats Meow, The Goods' Shoppe, Tom Allman, and Miss Mendocino Kassy Aldaco deserve special thanks. And what about all of the many people who came to the party? We could not do it without your support!

Kohl's Cares sent five volunteers from the Ukiah store to help with set-up the morning of the event and in turn contributed \$500 to our schools.

Publicity from Willits Weekly, The Willits News, Willits Chamber of Commerce, and our publicist, Gail Richards,

The Rules: LETTERS

Letters & Commentaries: Email letters to willitsweekly@gmail.com. Letters focusing on Willits and 3rd District issues, activities, events and people have priority. Willits Weekly prints letters from residents of Willits and the 3rd District only. To encourage a variety of voices, Willits Weekly limits letter publication from any one writer to once a month.

Typed letters can be sent to Willits Weekly, P.O. Box 1698, Willits, CA 95490, but email is preferred. Letters and commentaries must be submitted with a name, address and phone number, although only the author's name and city of residence will be published. No letters from an anonymous source will be published, although a request to withhold the writer's name will be considered.

Willits Weekly
A Nostalgic & Modern Record of Community and Life in Willits

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What do YOU think?

Opinions, thoughts and thank you letters from readers

pushed us way over the top!

Approximately 30 individuals worked tirelessly in and out of the kitchen, preparing and presenting the wonderful array of food. Rex Bohn, chairman of the Humboldt County Supervisors, serves as the BBQ master each year. Students from Willits High School and Blosser Lane Elementary School were instrumental in making sure that food was served to everyone in attendance.

We especially need to thank the sponsors of this year's event. If it were not for these individuals and businesses and the support of Willits Rotary, this event would not be able to continue year after year.

Sponsors include: Sparetime Supply, SHN Consulting Engineers and Geologists, Inc., Super 8 Motel, Earl and Marette Myers, Baechtel Creek Inn and Spa, Scott's Tanks, North Valley Bank, Les Schwab Tire Center, Jerry Myer State Farm Insurance, Wright and Gervais Accounting, Padula Ranches, Flowers by Annette, Savings Bank of Mendocino County, Dr. Angus and Emily Matheson, Willits Furniture Center, Shusters Transportation, 101 Donuts and Burgers, Garman Construction, Sanhedrin Nursery, El Mexicano Restaurant, Colvig College Consulting, and Mariposa Market.

Kathleen Lewis, secretary,
Willits Educational Foundation

I (Heart) Willits Bypass!

To the Editor:

It has been a frustrating year for bypass builders and supporters. Construction has been repeatedly delayed – by the Regional Water Quality Control Board, the Army Corps of Engineers, a Mendocino County judge, and of course our persistent protesters. The protesters' illegal blockade of the northern interchange last week was the last straw, making it impossible for construction to stay even roughly on schedule. Caltrans has announced that the bypass cannot be completed until 2017 as the result of all of the delays, adding at least \$12 million to the cost.

Bypass opponents continue to brag about the delays they have caused while simultaneously complaining about those same delays and the cost of the project. Come on, folks – haven't you tormented the rest of us enough yet? The bypass is here. It is not going to be stopped and, at this point, what sane person would want it to be stopped, leaving a useless, half-built structure in the valley and leaving all the through traffic on Main Street? And what sane engineer would try to "downsize" a professionally designed highway interchange by undoing a year's worth of site preparation and building a small roundabout for high-speed freeway traffic?

Bypass supporters are trying to stay positive. We served a much appreciated BBQ lunch to about 200 bypass workers and supporters on September 10, 2014. Then last week we took to the streets with our pro-bypass signs. The first time we went out, there seemed to be some confusion – some people seemed to assume that anyone out on the street with a sign was protesting the bypass. So we got bigger and better and clearer signs: "I (Heart) Willits Bypass"; "Thanks for the Bypass Caltrans!"; "Bypass the Protesters!"

When we stood out by Safeway for an hour on Friday, the response was overwhelmingly positive. One car after another honked while its occupants waved, smiled, and gave us a big thumbs up. Some drivers were so excited to see us that they yelled, jumped up and down thumping their steering wheels, or pulled over to say hello and get a bumper sticker. We can't wait to go back out there and give our town something to cheer about.

The delays have been maddening but the bypass is half-built, and we will be driving on it soon. Hopefully at least some of the delay costs will flow to local bypass workers and their families. And hopefully by next season the

protesters will have found something else to squawk about – isn't it about time for you folks to head up to Richardson Grove?

To our fellow bypass supporters: keep your eyes out for our pro-bypass signs – we will be hitting the streets again and again whenever two or three of us feel the urge. Don't assume anyone with a sign is trying to hold up construction! Honk and wave if you love the bypass or, even if you don't love it, if you wish the protesters would accept the inevitable and stop jacking up the price tag! When you see us, stop and get a bumper sticker or e-mail me – rcovin13@gmail.com – and I'll send you one.

Randi Covin, Brooktrails

After the fire a garden arises

To the Editor:

Last December 7, my house burned down, and I responded with several letters to the editor, sharing my experience so that others might be better prepared and realize the importance of supporting those that are unfortunate enough to find themselves in a similar experience. In my last letter I said that I would post one more letter when I felt that I could put the fire behind me. In truth I will be dealing with the repercussions for another year, but it is time to focus on the future, my dreams and my passion.

In my discussions with others that have been struck down by circumstances, I realized that those that actually healed had finally stopped telling the story of how hard it had been, and began talking of what excited and inspired them. So my advice to others is "don't cling too tightly to the justifications for your hardship and depression." Those stories bind you to that experience, and stop you from moving on. I'm not suggesting that you deny the effect it has had on you, but rather, inspire you to be the first to step forward with help when others find that the unthinkable has befallen them.

So, taking my own advice, what does tomorrow hold for me? The newest and in many ways the most exciting addition to my expressions is the garden and gallery that I've created since last fall. It is in full bloom, vegetables are being delivered to the Food Bank, and my cupboards are full of preserves that Mary has put by.

Two fellow artists have joined me by also displaying their art in the garden. I am also hosting gardening classes the first and third Saturdays of each month, from 10 am till 2 pm. On Saturday, October 4, Fred Marshall will be covering fall gardens, season extension and fall cover crops. On Saturday, October 18, I will share transplanting and cold frame construction. Fred and I will be teaching the majority of the classes, with occasional guest speakers. To arrange for private showings of the gallery or garden or for more information call 707-489-5408.

I've almost got my new video editing studio installed and will be documenting the garden classes and other community events to be presented on our local television station and posted on my Facebook page under "Living Sculpture Studios." I will also be available to come to your home to document your personal belongings in case you ever experience a fire or theft.

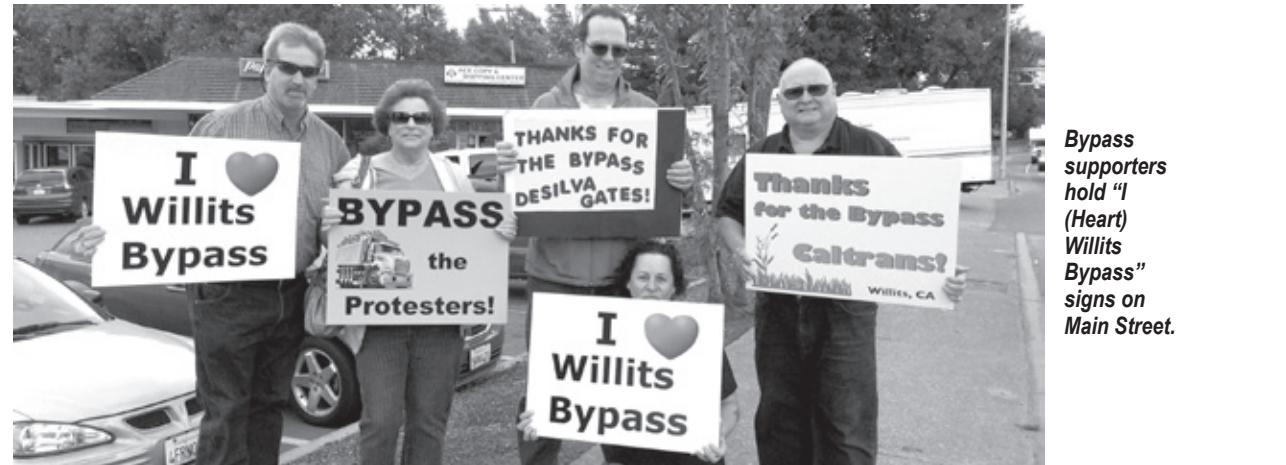
Of course my horticultural business of design, installation and consultation will continue, along with pruning, specializing in fruit trees, and occasionally doing some massage sessions and classes. I am also planning on teaching classes in a form of movement, employing a staff, that I have developed.

Wow, that seems like a lot, but that is how I've always been, and it will be great to be back in the saddle again.

I'm looking forward to seeing you at the garden and around town. Best wishes and thanks for the support.

PS: 10 percent of all art sold from the garden during October will be donated by Living Sculpture Studios to the Grange Farm School, and one piece of art by Ivan Anderson is up for bid, starting at \$50: 100 percent of those proceeds will go to the Grange Farm School.

Ron Woolsey, Willits



Bypass supporters hold "I (Heart) Willits Bypass" signs on Main Street.

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Left: Henrietta Simonsson with a relatively camera-shy Rosie the dog.

Shelter dog to Therapy dog

Rosie gives back to the community who gave so much to her

By Maureen Moore

Dogs wander. Sometimes, they wander into stores. One special Rotweiler-mix pup, Rosie, did just that back at the beginning of this year, unattended and looking lost, through the doors of Willits' Coast Hardware. She was just wearing a red collar, no tags or contact information. She wasn't spayed or micro-chipped either.

Coast Hardware has a special connection with the Ukiah Animal Shelter, helping place adoptable cats through their in-store cat hotel, so contacted the shelter in hopes Rosie could find her way back home.

It was while Rosie was staying at the shelter that she came across Henrietta Simonsson who, along with being an emergency room nurse at Howard Memorial Hospital for 14 years, also volunteered her time for the past three years playing with shelter dogs.

Simonsson had recently lost her last therapy dog, who she also trained to work with kids. For several Simonsson had been visiting the shelter to help walk and play with the ever-changing group of new residents. On one fateful trip, Simonsson brought her 7-year-old grandson, Karl, along, and the two decided to take Rosie (or Roxxy as she was named at the time) out for a stroll.

Karl fell in love.



"She had a great temperament," said Simonsson. "He told me, 'We've got to take her home, grandma!' ... We decided to take her home that day."

By mid-February, Simonsson had enrolled Rosie with Sallie Palmer of Well Mannered Mutts in training classes, hoping to start Rosie on her way to receiving her official "Therapy Dog" certification.

Along with the training classes, Rosie had to pass tests at nursing homes, be tested on specific interactions with children, and given a general assessment of her overall temperament and teamwork attitude.

By July of that same year, Rosie was certified.

About a month ago, Simonsson took Rosie on an outing and popped in the doors of Coast Hardware while out shopping. She was surprised when the store clerk recognized the pup and reminisced about the day Rosie wandered in. The story came full-circle when the found-in-Willits dog got to become a found-a-forever-home-in-Willits dog.

Now, Rosie gets to go and visit patients and staff at facilities like Northbrook Nursing Home and Howard Memorial Hospital. Adoring and petting Rosie – and her displays of puppy eyes and how she performs tricks on command, including jumping through a hoop, high fives, and "sitting pretty" – are all a delight for the people Rosie visits. She also allows the nursing home residents to remember and talk about the dogs they have owned in their lives.

Rosie is also certified to participate in the BARK program (Be Aware Kind & Responsible), that teaches kids how to interact with strange dogs. Many youngsters, and adults too, do not act appropriately around strange dogs, creating possible safety issues for themselves or the dogs. The BARK program aims to help build awareness on how to approach, pet and act around new dogs. Rosie and Simonsson can offer the 20-minute BARK video to schools and the Kids

Read the rest of **Rosie** | Over on Page 15



Above: Karl and Rosie on the day of her adoption.
Left: Pastor Dennis Long and volunteer coordinator Becky Hope visit with Rosie at Howard Memorial Hospital.

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Puzzle Page & More

Activities & fun for kids of all ages

Sudoku

			9					7	
1	3		5						2
			3	4	6				
			5				4		
				2	1				3
2		9	8						
5	6	7							
	3			7		8			5

Level: Intermediate



How To Sudoku:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a Sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Crossword Puzzle

1	2	3	4		5	6	7		8	9	10
11				12			13			14	
15							16			17	
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62										62	
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										64	

CLUES ACROSS

- Makes lacework
- ___s - goods to the poor
- Tea spoonful (abbr.)
- Margarines
- 5th zodiac sign
- Filled fried tortilla
- Afrikaans
- Tablet
- Israeli politician Abba
- La m ___ Sargasses
- Town in Nigeria
- Vestments
- Builds up
- W. Estes Blue Bloods character
- Loosen a bottle cap
- Heat unit
- Body atrophy
- Caused cell destruction
- Cash machine
- British molasses
- Margulies drama
- Astonishment
- N.M. art colony
- Baseball stat
- One-edged cavalry sword

CLUES DOWN

- Tater ___
- Winglike structures
- Rend
- Disposed of a purchaser
- Llama pacos
- Escaped fluid
- Divided into sections
- Delay until a later time
- Strikebreakers
- Opera soprano Lily
- Point midway
- between S and SE
- Udder protuberance
- Dried up or withered
- Stitch clothing
- Tilted
- Protrude
- Nursing group
- Mutual savings bank
- Frozen water
- Inferior substitute
- Swerve off course
- ___ fi (slang), like "Star Wars"
- Ferrel Xmas movie
- River in NE Scotland
- Preserves temperature of drinks
- Parts of a whole
- 2000 lbs.
- Decays
- ___ counter, measures radiation
- Expressed pleasure
- Form
- Vipers
- Overly precious (British)
- Express pleasure
- Nonsense (slang)
- Czech River
- Cambodian monetary unit
- No seats available

In The Stars

ARIES

Mar 21/Apr 20

An issue at work requires your immediate attention. Aries. This situation must be approached delicately, but don't be afraid to speak your mind and accept the results.

TAURUS

Apr 21/May 21

Taurus, a busy week awaits but just take things one project at a time. Keep to yourself for a little bit in an attempt to stay focused on the numerous tasks at hand.

GEMINI

May 22/June 21

Gemini, your positive attitude is why people have grown to rely on you in tight spots. Plant a smile on your face and others will benefit from your positive influence.

CANCER

June 22/July 22

Cancer, it's hard to know when to be assertive at work. You want to appear competent and in control, but you also want to build a good rapport with coworkers. Experiment a little.

LEO

July 23/Aug 23

Leo, give plans time to develop, but don't feel the need to hide your enthusiasm about the prospects. Trust your instincts as to when is a good time to get moving.

VIRGO

Aug 24/Sept 22

Virgo, you cannot control the behavior of others, but you can change your own direction to counteract some unexpected developments. Keep an open mind.

LIBRA

Sept 23/Oct 23

Don't be surprised if your schedule gets turned upside down this week, Libra. It's important to roll with the punches so others can see how flexible you can be.

SCORPIO

Oct 24/Nov 22

Scorpio, an unconventional approach is your key to success this week. While others are following Plan A, go with Plan B and you may meet with great results.

SAGITTARIUS

Nov 23/Dec 21

Fantasy can overtake reality if you let it, Sagittarius. You may need to rein in your hopes and dreams for a bit and focus on some more practical matters.

CAPRICORN

Dec 22/Jan 20

Friends may distract you from work this week, Capricorn. Although it's not wise to let responsibilities slide completely, you can probably get away with a day of slacking off.

AQUARIUS

Jan 21/Feb 18

Aquarius, the physical rewards for all your hard work will become apparent soon. You'll find that all of your efforts thus far have been well worth the sacrifices.

PISCES

Feb 19/Mar 20

Pisces, although you may dream of escaping the daily grind, you may need to persevere for just a little while longer. Your respite is coming.

OCTOBER 5: Kate Winslet, Actress (39); OCTOBER 6: Elisabeth Shue, Actress (51); OCTOBER 7: Tico Torres, Drummer (61); OCTOBER 8: R.L. Stein, Author (71); OCTOBER 9: Nick Swardson, Comic (38); OCTOBER 10: Dale Earnhardt Jr., Race Driver (40); OCTOBER 11: Matt Bomer, Actor (37)

Famous Birthdays

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Ron Orenstein
Looking Back ↔ Moving Forward

I Have:

- Initiated and led installation of solar panels at the Water Treatment Plant
- Started working toward establishing a job-creating incubator in Willits
- Worked with City staff to develop and install an emergency water system
- Worked on projects to revitalize downtown Willits

I Will:

- Continue to lead the way to install solar at all City properties
- Continue this project to encourage and support a place to start new businesses
- Develop a plan to ensure that the water in Little Lake Aquifer is safe and available
- Continue to work with local groups to develop a vision for the future

Let me continue to work for you!

Ron Orenstein
for City Council

My Name Is Sis

I am a 6-year-old boxer mix. I love nothing more than being in a country environment where I can run, hunt lizards, and lay in the sun. I am an extremely smart dog with excellent listening skills. I am very loyal and will stay by your side even if we are out working. I also love to snuggle up with my human. I guess you could say I'm the best of both worlds!! I require a pet-free home, please. I am up to date on all shots. All I need is my forever home... **Please call 707-972-1794**

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Movie Times for 10/3 thru 10/9

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(PG13) 1 hr 53 mins
Fri: 5:30 & 8:00pm
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Mon-Thurs: 4:30 & 7:00pm

This Week's Tightwad Tuesday Titles are in RED - All tickets: \$5

ANNABELLE

(R) 1 hr 35 mins
Fri: 6:00 & 8:15pm
Sat/Sun: 1:30, 3:45, 6:00 & 8:15pm
Mon-Thurs: 5:00 & 7:15pm



Cleanup Day garners 3,000 pounds of trash

Above, from left: Veteran cleaner-upper Tom Woodhouse, left, and John Sherman, local Coastal Cleanup coordinator, give tips to volunteers about safely cleaning up trash. Ukiyah attorney Matt Finnegan, at right, secretary of the Developing Virtue Secondary School's PTO, looks on. One of many piles of collected debris and trash waiting to be picked up Saturday afternoon. Ron Moorhead, assisting the cleanup in his role as a VIPS - Volunteers in Police Services - holds a keyboard found at a hobo encampment.

Right: A campfire found at one of the encampments.

Photos by Jennifer Poole

Volunteers at Coastal Cleanup Day in Willits on Saturday, September 20, collected about 3,000 pounds of trash and recyclables, more than half of the 5,300 pounds of trash collected countywide.

In Willits, it was a "creek cleanup day," with crews working in several locations, including along Baechtel and Broadus creeks and the railroad tracks.

More than 50 volunteers participated, according to coordinator John Sherman, also the code enforcement officer for the City of Willits. Almost half the volunteers were a contingent from the Developing Virtue Secondary School in Talmage, including female students, parents and teachers.

"I want to extend my heartfelt thanks to all the volunteers that came out on Saturday morning and cleaned up the creek banks throughout our community," Sherman said. "I also want to thank the Willits Police Department for making sure all the areas we worked were safe and Jerry Ward of Solid Waste of Willits for comping all the dump fees."

In Willits, much of the trash and recyclables collected was not simply litter built up along the creeks, but was collected from "homeless" encampments, many of them in the brushy areas that border the

Read the rest of **Trash** | Over on Page 6

\$21,037 for Willits schools

Rotary Chair Tom Herman, left, presents the "big check" for \$21,037 to Kathleen Lewis, secretary for the Willits Educational Foundation, center, and Kathy Shuster, hostess for the annual Garden Party event that raised all the funds. A big round of applause rang out after the check was presented. "We couldn't have done it without all of you, truly," Lewis said. The proceeds from the Garden Party go toward art, music and library programs in the Willits schools. The success of the 2014 fundraiser means that Willits school programs will have an extra \$13.15 for every one of the 1,601 students in the seven schools. 2014 funds distributed by school (rounded up): \$475 for New Horizons (36 students); \$4,445 for Baechtel Grove Middle School (338 students); \$4,800 for Brookside Elementary School (365 students); \$500 for Sherwood Elementary School (38 students); \$4,445 for Blosser Lane Elementary School (338 students); \$515 for Sanhedrin High School (39 students); and \$5,865 for Willits High School (446 students).

A Special Section of Willits Weekly | October 23, 2014

Barrel & Cork

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\$100

5"x10.5"
\$225

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Sunday, 11-4
Highway 101
Willits, CA 95490
Phone & Fax: 707-459-1363



Far left: Girls from the Developing Virtue Secondary School in Talmage are ready to get to work.
Right: Steve Setera, president of the Developing Virtue Secondary School's PTO, picks up trash in the blackberry bushes.
Below: A typical pile of trash marking a homeless encampment area.

Photos by Jennifer Poole

The rest of **Trash** | From page 5

creeks.

Sherman posted "Order to Vacate" notices at 60 different encampment areas on Thursday and Friday before the cleanup, warning that anyone trespassing would be subject to arrest and "all property will be confiscated and disposed of." WPD officers made the rounds, too, telling encampment occupants not to be there on cleanup day.

Items removed included mattresses and cardboard sheets used as bedding, liquor bottles, garbage bags spilling trash that looked like it had been gone through for recyclable items worth money, a keyboard, books and magazines, whipped cream canisters, plastic sheeting, fast food and drink packaging, and many plastic bags.

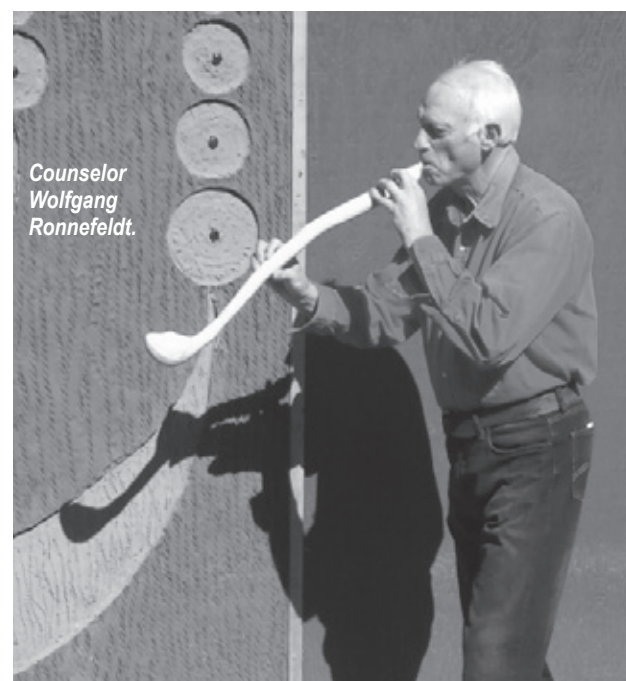
Several of the homeless encampments showed traces of recent campfires, a concern in any summer season, but especially

during this drought.

One section of a mowed meadow off the railroad tracks showed two larger burned areas. Little Lake Fire Department Fire Chief Carl Magagn was familiar with the areas, which were both burning at the same time. "We weren't able to determine the cause," he said, "but we're guessing they're probably intentional."

Magagn said the fire department assisted the Willits Police Department with the suppression of an illegal campfire two weeks ago, and on numerous other occasions. Normally the hobos don't make a big fire, Magagn said: "They don't want to be seen."

The fire chief is concerned about the fire danger from illegal campfires – "Fires always concern me," Magagn said – and both the fire department and the WPD are keeping a watchful eye on the encampment areas.



Counselor Wolfgang Ronnefeldt.

Exploring Dream Guidance

All humans dream every night. Even cats and dogs and other mammals dream. Many people say they don't dream or don't remember their dreams, while others have long, involved dreams which they remember in great detail. While some dismiss their dreams, others are curious about a recurrent one or a seemingly prophetic dream, and would seek answers if they knew where to turn.

Although we live in a society that tends to trivialize dreams, there are native cultures in different continents where dreams are valued as a great resource for individual and collective guidance.

Wolfgang Ronnefeldt, a local counselor, has explored the meaning of dreams for many years through research, conferences and through working with individuals and groups in Willits.

Ronnefeldt says our dream life reflects a larger perspective on our life and our life choices. In his work with individuals and their dreams, he has seen how dreams can bring clarity to health issues (before they manifest as disease), how they can open a person's perspective when they are in a stuck place at work or in relationships, and how dreams can expand our consciousness when pessimism or depression dampen our spirits. Dreams provide a tailor-made guidance from our own inner consciousness, which can move us to health and wholeness on many levels.

According to Ronnefeldt, dreams are a form of inner communication: a kind of language, and like any language, it takes time to learn it. For example, the body has its own language. It sends us ongoing signals about our physical condition, which we can attend to for a sense of physical well-being and comfort. If we ignore these physical messages, there may be serious consequences. On the other hand, if we pay attention to these messages, we learn to care for our personal health and well-being.

Similarly, for Ronnefeldt, reflecting on our dreams and their meaning is an act of self-healing. The purpose is to connect with parts of our inner selves that we are less conscious of in our daily lives.

"Working with your dreams might seem initially confusing," says Ronnefeldt, but once you start focusing on the plots and characters and how these might relate to your current situation, a kind of "aha!" realization occurs. "It's like entering a darkened room. It takes time for your vision to adjust."

But for Ronnefeldt, it's a skill worth learning. "The fruits from reflecting on just one dream a month might give you enough inspiration for a course correction in your life. Dream work offers a tremendous gift. To open this treasure chest is an engaging and suspenseful journey."

If you are interested in learning more about your dreams, a free introductory evening class will be offered by Ronnefeldt on Wednesday, October 8 at 6:30 pm. For more information, contact Ronnefeldt at 459-2101 or at wolfgangr@pacific.net

And stand by for your next dream!

Wolfgang Ronnefeldt, M.A., is a body-centered counselor who has thirty years of experience in individual and group work, including a focus on anger management for Mendocino County and dream work.

The rest of **FFA** | From page 1

Frontier Days Association and is being coordinated by a newly formed group of past FFA alumni and community members. Hopes are to offer sign-up forms and additional information about this FFA Alumni Group at the dinner to get others excited, reminded and aware of the program. The FFA Alumni Group will help fundraise, advise and guide the Willits FFA chapter – and ag teachers Becky Bowlds and Kelley Case – as the years progress.

All alumni have their own memories and stories about traveling to conferences, field days, the "exciting" ski trips and more in the straw-covered seats of the ag truck "Ol' Blue," which has been in service for many, many years and is now past its prime. One of the goals of this first fundraiser will be to help purchase a newer vehicle, one that can fit the whole officer team and get them around to regional events.

If you would like to purchase a ticket, contact Annette Pinon at Flowers by Annette: 459-6588; Maureen Moore at Willits Weekly: 972-7047; or the Ag Department at Willits High School: 459-7700. Check out the event online on Facebook under "Willits FFA Alumni Dinner."

– Maureen Moore



Top: FFA president and mock customer Nova Medina, at left, practices purchasing tickets from FFA reporter Kylie Reed, FFA member Colton Pinson and FFA secretary Sierra Skinner.

Left: Skinner and Medina talk to a local merchant about purchasing dinner tickets.

Photos by Maureen Moore

Above and below: Even more old photos of many great memories over the years, submitted by Willits FFA alumni members.



GENERAL ORTHOPEDIC SURGEON

Join us in Welcoming **Jeremiah Dawson, M.D.**

Please join us in welcoming Dr. Jeremiah Dawson to Frank R. Howard Memorial Hospital and the Orthopedic Joint Center of Northern California

Dr. Dawson will be joining William Bowen, M.D., and Jonathan Linthicum, M.D.

Dr. Dawson graduated from the Keck School of Medicine at the University of Southern California in Los Angeles, CA. As a general orthopedic surgeon, he specializes in total joint replacement of the hip, shoulder and knee, shoulder and knee arthroscopy, fracture care, rotator cuff and meniscal tears, carpal tunnel and cubital tunnel.

Now Accepting New Patients

84 Madrone Street | Willits, CA 95490

Call 707.459.6855 to make an appointment today!

84 Madrone Street, Willits, CA | 707.459.6855

Thursday, October 2

Alateen Support Group: for teens ages 12-17 that are friends and family members of problem drinkers and/or addicts. First meeting, tonight, is open to the public for information sharing for families and professionals. Every Thursday meetings starting October 9 are for teens only. 6 to 7 pm, Room 44 at Willits High School, north of gym near pool. Contact: Aurelie at 707-489-1258 or Cindy at 707-972-4748 or cnylamon@gmail.com.



"The Nightmare": a drama of intrigue written and directed by local playwright Don Samson completes its run at the Willits Community Theatre this weekend. In a production intended to keep audiences yearning for relief, soccer mom April Buckley attends an annual teachers' convention in Chicago, has a few too many margaritas, and soon finds herself descending into a spiral of sex, lies and blackmail. Performances this weekend: Thursday at 7 pm for \$10, Friday and Saturday at 8 pm for \$15, and a Sunday matinee at 2 pm for \$10. Advance tickets are available at Mazahar in Willits; online at Brownpapertickets.com and for credit cards orders, phone the WCT office at 459-0895. Willits Community Theatre is located at 37 W. Van Lane (behind Shanachie Pub).

Candidates Forum with a Focus on the Environment: hosted by the Willits Environmental Center and the Little Lake Grange. 7 to 9 pm at the Willits Community Center, 111 East Commercial Street. First up will be questions for the Willits City Council candidates, Robin Lele, Ron Orenstein and Larry Stranske, followed in the second hour with questions for the Third District supervisorial candidates, Holly Madrigal and Tom Woodhouse. Each half will begin with questions from the sponsors focusing on environmental issues facing the city and the county, such as land use issues, water issues, energy conservation, etc., followed by questions from the public on any topic of concern facing the city and county. Info: Willits Environmental Center at 459-4110.

Shanachie Pub: Boston Rock Reggae by Soul Rebel Project

and Green Lion Crew. Boston Rock Reggae. Visit: www.sourebelpjproject.com. 50 South Main Street, behind Adam's Restaurant. Pub info: 459-9194.

Friday, October 3

Community Rights Road Show: presented by The Community Rights Network of Mendocino County at the Little Lake Grange, to support the passage of Measure S. 6 pm. Featuring Paul Cienfuegos, a regional leader in the Community Rights movement, local speakers about why they support Measure S, and music by the Wild Mendohoules, New Orleans rhythm and blues band. Plus no-host wine and beer for sale and a community potluck - please bring a dish to share. More info: crnmc.org or facebook.crnmc.org. See article elsewhere on Calendar page for more info.

"The Nightmare": 8 pm at the Willits Community Theatre. See Thursday, October 2 listing for details.

Shanachie Pub: Gnarly Pints, alternative Celtic duo from the Mendocino coast. 5 pm. No cover. Then, MCs Rey Resurreccion and J. Lately on their "Nice Dreams" tour. 9 pm. \$10 cover. 50 South Main Street, behind Adam's Restaurant. Pub info: 459-9194.

Diggers Dancehall Fridays: Joey D Productions presents: Dancehall, Dubstep, Hip Hop, Reggae, Trance, Latin: Positive Music /Positive Vibes at Diggers Bar, 244 South Main Street. 21+-10 pm to close. No cover. Tonight: DJ Selecta Konnex.

Saturday, October 4

Blessing of the Animals: annual event at St. Francis in the Redwoods Episcopal Church. 11 am. All animals large and small are invited to come to the garden at the church, at the corner of Main and Commercial streets. October 4 is the traditional Feast Day of St Francis of Assisi, who



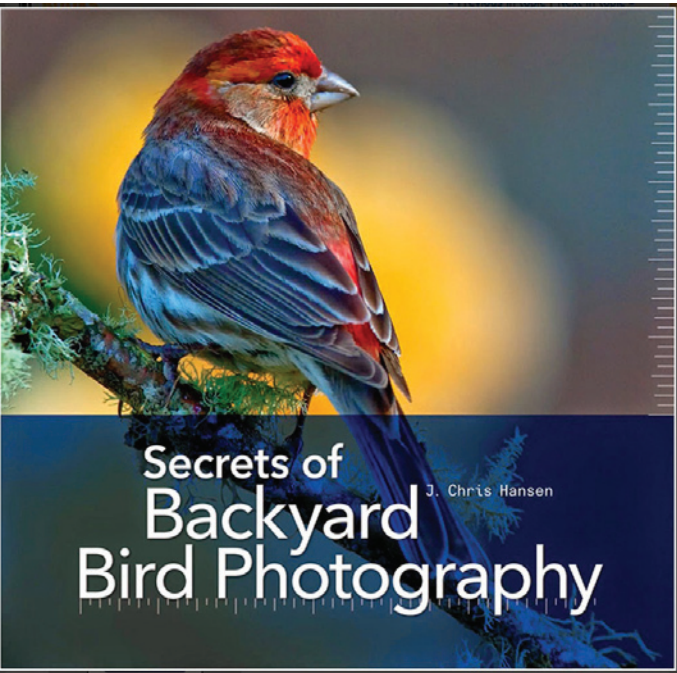
Local Author Booksigning: "Secrets of Backyard Bird Photography"

Local photographer J. Chris Hansen will present from his new book "Secrets of Backyard Bird Photography" at the Willits Library, 390 East Commercial Street, on Wednesday, October 15 from 6 to 8 pm.

The book compiles lessons and photographs from Hansen's many years of experience as a professional nature photographer in and around the Little Lake Valley to create "a step by step comprehensive guide to photographing birds in the convenience of your own backyard ... perfect for photographers and birders alike."

Developed over three years, Hansen's guide is the "Bible of photographing birds in your backyard," and includes a wide range of tips and instructions covering camera types, bird blinds, methods to photograph special guests like hummingbirds, and even plans for building several water features to help attract all kinds of backyard bird visitors. Hansen will speak about the "convenient, rewarding, and addictive adventure" that is backyard bird photography and will be available to answer questions from the audience. The presentation also includes a slide show and a book signing.

Hansen's book is published by Rocky Nook Publishers and is also available as an e-book. Check out the book here: www.rockynook.com/shop/photography/secrets-of-backyard-bird-photography.



Secrets of Backyard Bird Photography by Chris Hansen

Willits Garden Club Meeting

This month's Willits Garden Club meeting features author Oliver Kolkman, who will discuss his book titled "Birds of Mendocino County," starting at 1 pm. Monday, October 13. Meeting starts with social time at 12:30 pm with coffee and refreshments, and continues to 2:30 pm. Guests are welcome and there is no charge. Golden Rule Mobile Village Clubhouse, 16100 North Highway 101, six miles south of Willits. Info: contact: Lucille Garcia, 459-9995 or Gary Bodensteiner, 459-2708.

Blosser Lane Recycling Fundraiser

Start saving all your plastic bottles and aluminum cans! The Blosser Lane Elementary School PTO (Parents and Teachers Organization) will be having a collection day on Wednesday, October 29 before and after school. Morning collection: 7:30 to 8:30 am and afternoon collection: 2 to 3:30 pm. If it goes well, the PTO might hold a recycling collection once a month. Please bring your recycled items bagged and separated. Let's see how much money we can raise and help keep our planet clean. Recycling can be dropped off from the street in front of the school, near the sign.

Voters Education Community Forum

A community forum with supervisorial candidates Tom Woodhouse and Holly Madrigal and candidate for county superintendent of schools Warren Galletti is set for Wednesday, October 15 at 6:30 pm at City Hall, 111 East Commercial Street. Moderated by Joe Oslund. Candidates will speak for three minutes each and answer prepared questions and written questions from the audience. "Come meet the people who may be making decisions for your future!" Also, Mendocino Women's Political Coalition will host a discussion on the State Ballot Propositions and Measure S, the local anti-fracking measure. Cablecast live on Comcast Channel 3 by Willits Community Television. Sound by Modern Music Sound Service.

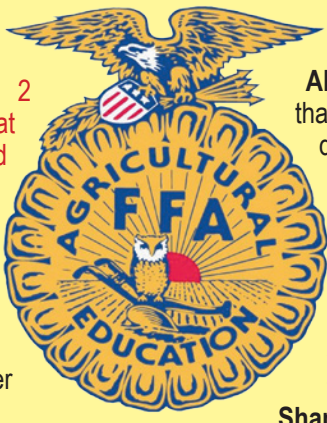
Town Hall Meeting video up online

Part 1 of a video by Willits Community Television of the "Meet the Candidates" Town Hall on September 21 is available online for viewing at https://vimeo.com/107430192. With candidates for 3rd District supervisor Holly Madrigal and Tom Woodhouse and candidates for Willits City Council, Robin Lele, Ron Orenstein and Larry Stranske. Part 2 available soon. A DVD available for those without high speed internet: Order DVDs from "Pistachio Films LLC," 75 North Main Street, PMB 230, Willits, CA 95490. Price \$8 (\$5 for the DVD and \$3 for shipping and handling, priced only to recoup costs of the production of the video).

What's Happening Around Town

Things to do, see and enjoy in and around Willits

Willits FFA Bake Sale: Future Farmers of America benefit bake sale today from noon to 2 pm, outside of ER Energy at the Safeway plaza. Baked goods donated by FFA officers and WHS ag students. All proceeds to go to Willits FFA to help support sending members to conferences and to help pay for other chapter activities.



Thursday, October 9

Alateen Support Group: for teens ages 12-17 that are friends and family members of problem drinkers and/or addicts. Every Thursday meetings, starting October 9, are for teens only. 6 to 7 pm, Room 44 at Willits High School, north of gym near pool. Contact: Aurelie at 707-489-1258 or Cindy at 707-972-4748 or cnylamon@gmail.com.

Friday, October 10

Shanachie Pub: The Crux. 9 pm. \$5 cover. 50 South Main Street, behind Adam's Restaurant. Pub info: 459-9194.

Diggers Dancehall Fridays: Joey D Productions presents: Dancehall, Dubstep, Hip Hop, Reggae, Trance, Latin: Positive Music /Positive Vibes at Diggers Bar, 244 South Main Street. 21+-10 pm to close. No cover. Tonight: DJ Chris Tafari of Mountain Lion Hi-Fi Birthday Kickoff Bash along with DJ Rhett of Blazing Fire Sound.

Saturday, October 11

Harvest Moon Hometown Celebration: This year's Harvest Moon Hometown Celebration will be held on Saturday (yes, Saturday!), October 11 from noon to 6 pm in downtown Willits. Local businesses and downtown restaurants stay open late, offering deals, samples, goodies and special deals and activities. Live music by New Blu Trio, Funkacillin, Dorian May Jazz Trio, High Five, and more. Plus food vendors, fun activities for kids, a pumpkin carving contest for businesses, the Chamber of Commerce's famous prize wheel, and more. Don't miss Willits Weekly's table and a chance to win a free six-month subscription.



"Autumn Art on the 101": Join local artists, crafters, and food vendors for a community art event centered in downtown Laytonville.

Tuesday, October 7

Tightwad Tuesdays at the Noyo Theatre: All 2D movies that are in their second \$5 on Tuesdays at the Noyo Theatre for all ages, all showings. This week's Tightwad movies: "The Maze Runner" and "The Boxtrolls," 2D. For showtimes: www.noyotheatre.com. 57 East Commercial Street. 459-6660.

Shanachie Pub: Taluna Duo, Italian gypsy folk music originally from Turin, Italy: "Gaia Mobilij center stage with his accordion, the old "lira Calabrese" and her warm and evocative voice, the violin of Marco Ghezzo exudes elegant notes that make the audience dream and dance." 50 South Main Street, behind Adam's Restaurant. Pub info: 459-9194.

Sunday, October 5

Harrah Senior Center Sunday Bingo: Doors open at 10:30 am. Snack bar opens at 11 am. Games begin at 11:30 am. Bingo buy-in \$10. 1501 Baechtel Road. 459-6826.

Holiday Craft Fair Call for Artists

Willits Cultural Arts Center is now accepting entries for the 28th Annual Holiday Craft Fair, set for December 12, 13 and 14, 2014 at the Willits Community Center. All interested artists, hand crafters, and specialty food entrepreneurs should request application forms by e-mail to Bonnie Belt at Belt.bonnie@gmail.com

Willits Food Bank needs recycled bags

Please help the Willits Food Bank by recycling your clean plastic grocery bags and large brown paper bags at our distribution center at Willits Community Services, 229 East San Francisco, across from Sparetime Supply. Bags may be dropped off on Tuesday, Wednesday and Friday between noon and 5 pm. "This is a serious need, as we use three to four bags per person every time we open our doors to those who need this service. Unlike the 'old days' the local markets no longer make these bags available to us."

Kiwanis Club Oakland Raiders Game

The Kiwanis Club of Willits offers tickets to its Sixth Annual Project Honduras Raider game. Sunday, October 19 at 1:25 pm: Raiders vs. Cardinals at the Oakland Coliseum. Tickets are \$65 (seats located in Section 136, Rows 14-18). \$20 of each ticket goes directly to supporting the Kiwanis Club's mission of shipping, installing and maintaining equipment at Hospital Adventista in Valle de Angeles, Honduras, Central America. "We are on a tight timeline, so please RSVP. As always, we will be having a tailgate party under the Honduras flag in the North parking lot. If you are unable to participate, please consider donating a ticket for a local youth." Checks payable to: "Kiwanis Club of Willits" at 21051 Locust St., Willits, 95490. Info: 456-3081 or Thomas.Peterson@jah.org.

- Tom Peterson, Willits Kiwanis Club

Community Rights Road Show

Friday, October 3 Little Lake Grange



Above: Paul Cienfuegos. Above right: The Wild Mendohoules.

A FARMHOUSE DINNER

A Willits FFA Fundraiser

WHEN: Sunday, October 12th: 3 to 6 pm - dinner at 4 pm, auction at 5 pm WHERE: Willits Frontier Days Grounds on East Commercial Street in Willits

WHAT: A farmhouse dinner featuring farm-raised chicken, Emandal bread, tri-tip, ranch potatoes, salad, lemonade, iced tea

WHO: Benefits Willits FFA, sponsored by Willits Frontier Days WHY: To raise awareness and community support for the Willits FFA and WHS ag department program. Goal of new ag truck, money for conferences, travel expenses, etc., farm improvement and more

HOW MUCH: \$25 per ticket / checks need to be made out to "WILLITS FRONTIER DAYS"

WHAT ABOUT DESSERT: The famous dessert auction will follow the meal - bid on homemade goodies

WHAT ELSE: A presentation of the official FFA Opening and Closing Ceremonies for the attendees

CONTACT: Willits FFA Facebook page has link to Facebook event: "Willits FFA Farmhouse Dinner" https://www.facebook.com/events/664256110336247/ Tickets: Annette Pinon / Flowers By Annette / 459-6588 or Maureen Moore / Willits Weekly / 972-7047



The Community Rights Network of Mendocino County is pleased to present two evening events in Willits at the Little Lake Grange in the month of October to support the passage of Measure S, the community bill of rights that will protect our water by banning fracking. On Friday, October 3, the Mendocino County Community Rights Road Show will be at the Little Lake Grange starting at 6 pm, featuring Paul Cienfuegos, a regional leader in the Community Rights movement, and co-founder of Community Rights PDX in Portland. (www.paulcienfuegos.com).

Local folks will also speak about why they support Measure S. The local New Orleans rhythm and blues band, the Wild Mendohoules, will round out the evening with fun and dancing. Also wine and beer for sale and a community potluck - please bring a dish to share. On Sunday, October 12, 6:30 pm to 9:30 pm, the Road Show presents Jeff Clements, author of "Corporations Are Not People" (www.corporationsarentpeople.com). The evening will also include a silent auction, hors d'oeuvres, and live music with Steven Bates and the Raging Grannies. \$10 donation requested.

Both evenings will be at the Little Lake Grange, 291 School St., in Willits. Community Rights Road Show also includes two other events in the 3rd District: in Covelo (Thursday, October 2 at the Library Commons, 6 pm, with music by the Marjo Wilson Trio) and in Laytonville (Monday, October 6, Laytonville Grange, 6 pm, with music by Rap and Rock band). More info: crnmc.org or facebook.crnmc.org.

- submitted by the Community Rights Network of Mendocino County

A raffle will be held at the end of the day! 10 am to 5 pm. All proceeds will benefit the Laytonville Healthy Start Angel Fund for the Arts. Registration still open for booths: \$25 fee, plus a donation of artist's work for the raffle; registration deadline is October 5. Info: Healthy Start at 707-984-8089.

Shanachie Pub: Them Travelin' Birds. 8 pm. No cover. 50 South Main Street, behind Adam's Restaurant. Pub info: 459-9194.

Sunday, October 12

Harrah Senior Center Pancake Breakfast: 8 to 11 am at the center, 1501 Baechtel Road. Pancakes, eggs, and your choice of ham, bacon, or sausage. Adults \$7, Members \$6, and kids \$5. Info: 459-6826.

FFA Farmhouse Dinner: A farmhouse dinner featuring farm-raised chicken, Emandal bread, tri-tip, ranch potatoes, salad, lemonade, iced tea. 3 to 6 pm; dinner at 4 pm; dessert auction at 5 pm at the Willits Frontier Days Grounds on East Commercial Street. To raise awareness and community support for the Willits Future Farmers of America and Willits High School ag department." Funds to go toward a new ag truck, money for conferences, travel expenses, farm improvement and more. Sponsored by Willits Frontier Days. Check event page on Facebook for: "Willits FFA Farmhouse Dinner" Tickets: Annette Pinon / Flowers By Annette / 459-6588 or Maureen Moore / Willits Weekly / 972-7047.

Community Rights Road Show: presented by The Community Rights Network of Mendocino County at the Little Lake Grange, 291 School Street, to support the passage of Measure S. 6:30 to 9:30 pm. Featuring Jeff Clements, author of "Corporations Are Not People" (www.corporationsarentpeople.com). The evening will also include a silent auction, hors d'oeuvres, and live music with Steven Bates and the Raging Grannies. \$10 donation requested. More info: crnmc.org or facebook.crnmc.org. See article elsewhere on Calendar page for more info.

Local Lights Concert Series: featuring Just Enough

and David Partch at the Willits Community Theatre, 37 West Van Lane. 7 pm. Tickets range from \$5 to \$15. For tickets and information call 459-7054. Just Enough is a Willits-based trio made up of friends Kate Black, Clancy Rash and Helen Falandes. Each has played and sung in a variety of configurations as long as any of them can remember, reaching back to roots in Oklahoma, Washington and Maine. Close harmony vocals, acoustic guitars (and the occasional ukulele) mix up a variety of tunes: some folk, some rock and American roots music. David Partch is a singer-songwriter, poet, philosopher, permaculture designer and a few other things, who's been playing, writing songs and poetry for over 40 years. He recently published a collection of his poems titled "The Hard and the Soft of It." His songs are rooted in the folk-rock tradition and demonstrate a variety of styles.

It's a Harvest Moon Hometown Celebration!

This year's Harvest Moon Hometown Celebration will be held on Saturday (yes, Saturday!), October 11 from noon to 6 pm in downtown Willits. Produced by the Local First committee of the Willits Chamber of Commerce: "Think Local • Buy Local • Be Local."

Local businesses and downtown restaurants stay open late, offering deals, samples, goodies and special deals and activities. Live music by New Blu Trio, Funkacillin, Dorian May Jazz Trio, High Five, and more. Plus food vendors, fun activities for kids, a pumpkin carving contest for businesses, the Chamber of Commerce's famous prize wheel, and more. Don't miss Willits Weekly's table and a chance to win a free six-month subscription, or finally buy that Willits Weekly T-shirt you've been wanting.

The following businesses are officially included as participating members in this year's celebration:

Brookside PTO & Blosser PTO, Celtic Heritage Destinations, Creative Snapshots, Curves & Paparazzi Jewelry & Accessories, Design Café, First 5 Mendocino, Healing Central Chiropractic, Little Divas, Holly Madrigal for Supervisor, Ron Orenstein for City Council, Origami Owl Custom Jewelry, Premier Designs, REACH Air Medical Services, Thumb Print Press and Design, Unique Boutique, Willits Weekly, George's Geodes & Gems, Lisa Epstein State Farm Insurance, Studio M Upstairs, Willits Furniture Center, Inc / La Bodega, Yokum's Body Shop, Nuestra Alianza de Willits, Scoops Frozen Yogurt & Deli, Willits Lions Club, Willits Power Equipment & ER Energy, The Book Juggler, Buttercrups Children's Boutique, Cat's Meow, The Coast KOZT-FM, Creekside Properties, JD Redhouse, Kimberly's Jewelry, Main Street Music & Video, Mariposa Market, Mazahar Boutique, Mendo Mill & Lumber, Misty Made & Sew Much More, Monkey Wrench Mens & Women Wear, Off The Cuff, Shanachie Pub, T & T Towing, Tango, Tiger Lily's Boutique, TnT Market, Tiffany Dunlap - Face Painting, Hilary Kocher - Henna Painting, Suzanne Wagner - Readings, Buster's Burgers & Brew, El Mexicano Restaurant, Scoops Frozen Yogurt & Deli.

"Photographers" Maureen Moore will also be holding a fall photo booth as a fundraiser for the Willits Charter School during part of the Harvest Moon Hometown Celebration. A festive booth area will be set up right under the columns of J.D. Redhouse's entrance from 1 to 3 pm for her to take fall photos of you, you and your pet, you and your friends, you and your kids, you and your spouse - whatever! Photos are \$5 each and will be posted online at http://photographers.zenfolio.com/harvestmoonphotos where they will be free to download. Total proceeds from the day will be split 50/50 with the school.

HARVEST MOON "THINK LOCAL" BUY LOCAL" BE LOCAL HOMETOWN CELEBRATION SATURDAY OCTOBER 11th NOON TO 6 PM - DOWNTOWN WILLITS STORE SPECIALS • FAMILY FUN • MUSIC • FOOD BUSINESS PUMPKIN CARVING CONTEST SPONSORS: T&T MARKET • GEORGE'S GEODES AND GEMS MARIPOSA MARKET • PRINTING PLUS • KIMBERLY'S JEWELRY STORE T&T TOWING • CREEKSIDE PROPERTIES • MENDO MILL SCOOPS FROZEN YOGURT & DELI • THE COAST KOZT - FM LISA EPHRATI STATE FARM INSURANCE • THE WILLOTS NEWS MAZAHAR GYPSY CHIC BOUTIQUE • CAT'S MEOW STUDIO M UPSTAIRS • WILLOTS FURNITURE / LA BODEGA MAIN STREET MUSIC & VIDEO / SHANACHIE PUB WILLOTS WEEKLY • CELTIC HERITAGE DESTINATIONS WILLOTS ONLINE • BUSTER'S BURGERS & BREW EL MEXICANO RESTAURANT • CITY OF WILLOTS WILLOTS CHAMBER OF COMMERCE 707-459-7910



Above left: "Jade, Ready for the Beach," by Kat Emerson.
Above right: "White Vase," by Ann Maglinte.



'Songs in the Key of Life'

October show at
Willits Center for the Arts

"Sometime when we get together, we're just hooting and hollering!" says Nancy Reed, laughing, of the group of artists and friends who will be displaying their pieces at the Willits Center for the Arts in October. The group of nine artists who will show their work under the title "Songs in the Key of Life" includes many well-known area locals such as Reed, Ann Maglinte, Jeannie Smith, Kat Emerson, Laurel Boschma Miller, Leslie Rich, Lynne Whiting Robertson, Margaret Pirrouette, and Robert Yelland.

"Songs in the Key of Life" brings together a collection of artists who have been studying together, painting together, and enjoying shared friendships over many years. Inspired by the Stevie Wonder album of the same name, the artists will each contribute six to eight art works, "all new pieces that have never been seen before," says Reed. The work will include watercolors, oils and acrylic paintings, as well as some ceramics, sculpture, and work that reflects the range of creativity embodied by the different artists.

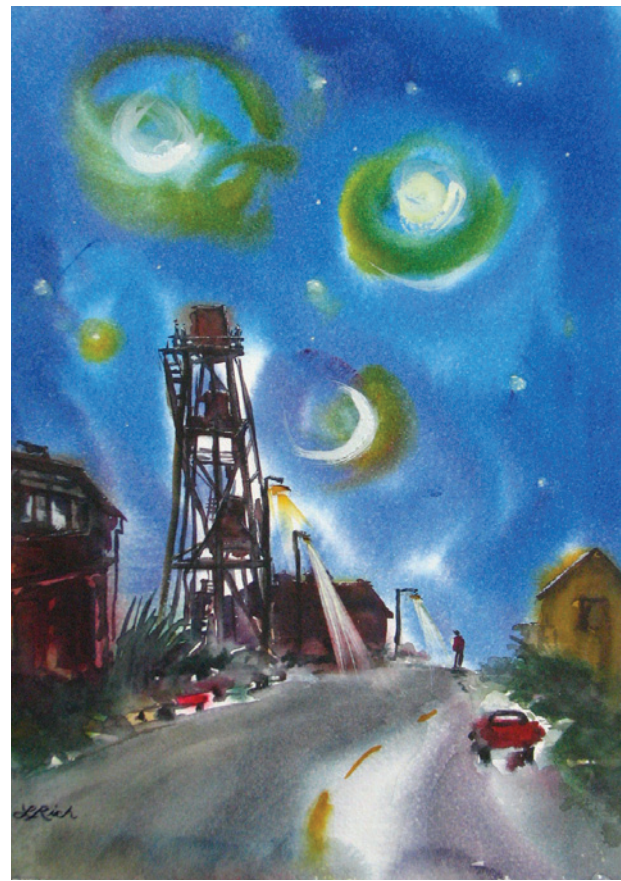
"We're all about the same age, and we've raised families and done jobs that distracted us from our artwork. Now, in the autumn of our lives, we all are dedicated to our art bigtime!" Reed explains when describing the commonalities between the participating artists. Many in the group have practiced together in workshops led by Maglinte, which Reed refers to as a "dream refresher course for any artist," including teaching demonstrations and then group painting sessions.

Many of the artists have participated in previous WCA shows together, such as last October's "Nancy Reed and Friends," and are active in local arts groups, classes, and in showing their work around the region. "The very active art community in Willits is supportive and welcoming,"

says painter Laurel Boschma Miller. Much of their work is inspired by life in Mendocino County and themes of nature, such as the plain air landscapes of Whiting Robertson and Yelland, life drawing and ceramics by Smith, and portraits done by Emerson. Reed will be contributing several pieces inspired by the flowers in her garden.

The logistical work of fitting so many different artists into the WCA may be a slight challenge, but one that the group feels is worth the effort to coordinate. Each artist will bring a selection of pieces to hang individually, but a separate space will be kept where the many art works will intermingle to illustrate the community of artists represented. To make sure each artist is able to display in a new area of the gallery that they may not have previously used, the friends have worked out an initial floor plan to accommodate each of their needs and best display all the types of art. The artists will also be taking turns staffing the gallery during open hours through October 26: Thursdays and Fridays from 4 to 7 pm, and Saturdays and Sundays from 12 to 3 pm.

The opening reception, this Saturday, October 4, from 7 to 9 pm, will also be a celebration of community: featuring a potluck with food from all the artists and a performance of classic covers "from the Beatles to the Eagles," by the Farmers Market Band. Participating artist Miller, well known at the WCA for her delicious catered offerings at past artist receptions, will be bringing some special treats for the occasion. The event will also feature a few moments set aside to commemorate the contributions of WCA staff Janet Rayner and Jeff Crawford, who will be leaving Willits for the east coast mid-month, with Martinelli's sparkling cider and sharing memories.



Above: "Horsfall Hill," by Laurel Boschma Miller.
Center: A sculpture by Jeannie Smith.
Left column, top to bottom: "Another Night," by Leslie Rich; "Fading Away in Limbo," by Margaret Pirrouette; and Nancy Reed, with her watercolor of morning glories.

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Barn Sale
Barn estate sale: Saturday, October 4, 9 am to 4 pm. Barn estate sale, 1411 Buckhorn Road, off of Muir Mill and Highway 101. Watch for large yellow signs.

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Rummage Sale
Every Saturday from 10 am to 2 pm at 1st Baptist Church, 145 Wood Street. Rain or shine. We accept rummage donations, and have an ever-changing selection of goods!

Things to sell?
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COLUMN | Resendez Reads!

Music Has Charms to Sooth

I'd like to recommend three books this month that are all linked by the theme of the power of music. As we head into the busy fall season, these stories remind us to calm ourselves by playing and listening to music.

The first book is a mystery titled "Bellweather Rhapsody" by **Kate Racculia** (2014). The setting is a rundown hotel in the Catskills, the location of a music performance conference for high school students coming from all over the state. The main characters are music prodigies, Alice Hatmaker, and her brother, Rabbit. These two teens simmer with angst, ambition and self-doubt.

The adult chaperones and teachers all have secrets stemming from their pasts, as does the hotel itself, the scene of a violent murder/suicide 15 years ago. To add further suspense, all the characters are trapped in the hotel by a violent snowstorm, as they puzzle over a missing student's apparent suicide.

Racculia's characters and plot are very entertaining. But what I loved the most was her description of the experience of playing music and the interplay between the musicians and their conductor. The sublime orchestral classics that they rehearse take them temporarily out of their self-absorption and into a higher plane.

The next book is a gentle memoir called "The Piano Shop on the Left Bank" by **Thad Carhart** (2000). The author is living in Paris. Each day, as he walks his daughter to school, he passes the intriguing facade of a piano restorer. Carhart eventually gains entry into a community of musicians who love and appreciate the fine old instruments that pass through the restorer's storehouse. After he falls in love with one of the old pianos himself, he rekindles his own enjoyment of making music.

Finally, I want to recommend the biography "Alice's Piano: The Life of Alice Herz-Sommer" by **Melissa Muller, Reinhard Piechock and Alice Herz-Sommer** (2012). Alice was an outstanding young pianist sent to a concentration camp during World War II. Despite hardship, loss and depression, her music became a gift of solace for herself and for those fortunate enough to have heard her perform. After the war, she continued to play and teach music. Alice lived to be 110 years old.

Whether you read by page or by device, please utilize our library system and patronize our independent bookstores, both new and used.

Local poet, Fran Resendez, is retired from 20 years of bookselling at the former Leaves of Grass Books in Willits. Getting her first library card was one of the happiest days in her reading life.

Furry Friends Hoping for a Home
Adorable Toto

For fans of "The Wizard of Oz," the Ukiah Shelter has our very own Toto ready for you to adopt! Toto is just a year old, and his wirehair is sure to not shed on your couch. He weighs just 12 pounds. Please come and meet this small, adorable dog and together follow the yellow brick road!

The Ukiah Animal Shelter is located at 298 Plant Road in Ukiah, and our adoption hours are Tuesday, Thursday, Friday and Saturday from 10 am to 4:30 pm, and Wednesday from 10 am to 6:30 pm. We have many other wonderful dogs and cats, awaiting their forever homes here as well. To view photos and bios of more of our wonderful adoptable animals, please visit our website: www.mendoshaelterpets.com or visit our shelter. For more information about adoption please call 463-4654.



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OBITUARY | Bill Bartholomew

Bill Bartholomew

Bill Bartholomew, 87, passed away peacefully at Ridgewood Ranch on September 25, 2014 where he lived for 48 years. He was surrounded by his family. Bill was born January 7, 1927 in Texas to Maude Askew and Ira Bartholomew. He was a loving husband, father, grandfather, great-grandfather, brother and uncle.

Bill's early years were spent working in the timber industry. He married Bonnie Mayden in 1958. They moved to Ridgewood Ranch with their four children in 1965. While living at Ridgewood, Bill became a passionate steward of the land. He was involved in water conservation and creek restoration, and planted many trees on the ranch.

He is survived by his wife, Bonnie Bartholomew; sons Brian Bartholomew (Ellen Thomas) and Bruce Bartholomew (Rhonda Penrose); daughters, Sandy Downs (Larry) and Susan Bartholomew. He also is survived by 16 grandchildren, 16 great-grandchildren and numerous nieces and nephews.

A celebration of Bill's life is planned for Saturday, October 4 at 6 pm in the auditorium at Ridgewood Ranch, 16200 North Highway 101. In lieu of flowers, please make donations to Christ Church of The Golden Rule, 16200 N. Hwy. 101, Willits, CA 95490. Donations will go towards an Elder Care Facility Project at Ridgewood Ranch.

OBITUARY | Raymond Norton Malmstrom

Raymond Norton Malmstrom

This is a belated obituary for my husband, Ray, who died August 30, 2014. I could not bring myself to write immediately after his passing, so will the old adage of "better late than never" be my excuse?

We have lived in Brooktrails since 1987. An in-home accident June 18, 2012 caused multiple injuries, the most serious being injury to Ray's brain, causing loss of blood and irreversible brain damage. Ray lived the last two years and two months in the care of Northbrook Health Center, where he passed at age 83 years, two days before our 63rd wedding anniversary.

Ray was a quiet type of guy. He liked to sing, and do woodworking as a hobby. He was proud to have served in the Marine Corps. His service time was spent in California, where I joined him from our hometown of Chicago. Like many other service men before and after him, we made our home in California.

Ray had many jobs over the years, the last one being the one he liked the best: he was a groundsman-gardener for the City of Newport Beach, where he worked for 20 years until his retirement in 1987. I called it "a job with a view," because his territory was the Balboa Peninsula, with the ocean side a view of the Wedge, popular with the surfers. The other side was the Bay, fronting the jetty where the boats of Newport Harbor would enter and exit, which brings us to the next chapter in our lives – retirement in Willits.

And how did we find this place? I think this is the most fitting way to explain, in the Robert Frost piece: "Two roads diverged in a wood, and I [we] took the one less traveled by, and that has made all the difference!"

Goodbye, my sweet Ray.

— Rose Marie Malmstrom

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The 11th Annual ROADWORKS 2014

This past weekend, Roots of Motive Power volunteers headed south across the Golden Gate Bridge to the annual printing festival of the San Francisco Center for the Book. The Center is not only a museum of historic printing equipment, but is active in preserving the skills and printing knowledge necessary to use the antique machinery, through a series of classes and educational programs.

Accompanying the volunteers was the 1924 Buffalo Springfield steam roller on a truck provided by Ernie Wipf of Wipf Construction, and the 1926 Model AC Mack dump truck on a truck provided by Dennis and Nancy McFarland of McFarland Trucking.

The Roots members included Troy James, Mary James, James Anson, Shanna Drake, Wendy Wilmes, Chris



Baldo, Lee Bryant, Ernie Wipf, Nancy McFarland, Dennis McFarland, and Katherine Houghtby.

Roadworks 2014 is a street fair, taking place on Rhode Island Street in the Potrero Hill district of the City.

More than 40 printers and vendors fill the street with colorful print-related products; the Center for the Book's shop and exhibit rooms are open for tours; and other historic equipment such as the 1926 Mack dump truck are on display.

However, the highlight of the event is street printing. The Center commissions a number of artists to create 36 inch by 36 inch linoleum carvings: six artists for 2014. The six chosen for 2014 were Mauro Floritissimo, Grendl

Read the rest of **ROOTS** | Over on Page 15



Top left: SF Center for the Book volunteers carefully lift a completed print by Mauro Floritissimo. Floritissimo is a classical pianist and musician, as well as an accomplished calligrapher. His print combines these two remarkable skills.

Top right: James Anson operates the Buffalo Springfield 7-ton steam roller, as the first prints are made for the donor appreciation reception at the San Francisco Center for the Book.

Above: The Roots crew for Roadworks 2014 in San Francisco: left to right, Ernie Wipf, Lee Bryant, James Anson, Chris Baldo, and Troy James.

Photo by Cheryl Itamura

Far left: SF Center for the Book volunteers hold a print of Richard Wagener's "Tower of Jewels." The Tower of Jewels was one of the remarkable temporary structures of the 1915 Panama Pacific International Exposition held in San Francisco. The event was held to celebrate the completion of the Panama Canal, as well as to highlight San Francisco's recovery from the 1906 earthquake. Only the Palace of Fine Arts in San Francisco remains from the amazing 635 acre event that enchanted the world, in what is now the Marina District.

At left: Artist Rik Olson (left), Lee Bryant, and SF Center for the Book's Studio Manager Chad Johnson lift the first print of Olson's newest work. Olson has completed a piece of artwork for all eleven of the SF Center for the Book's Roadworks events.

Photos by Wendy Wilmes



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The rest of REACH | From page 1

operated by the City of Willits, but is located at the eastern end of Poppy Drive in Brooktrails.

The plan calls for REACH to site and staff a full-time, 24/7/365 helicopter medical transport service at the field. Approach to and departure from the airport would be from and to the east, toward Little Lake Valley and Willits.

REACH plans to site the operation near the Sierra Pacific hanger, near the center of the airport.

According to REACH Vice President of Aviation Operations Vicky Spediacci, REACH will be using an EU 135 helicopter, which she characterized as being a lot quieter than the big copters used by CalFire.

Local pilot Mike Smith confirmed Spediacci's assessment of the relative quietness of the EU 135 and compared it favorably to the noise generated by the helicopter normally used by CalFire, a "Super Huey."

"The EU 135 sounds like a sewing machine, compared to the Super Huey," Smith said.

When asked how long it would take from ignition to takeoff, Spediacci said the entire takeoff process normally takes about six minutes.

Randy Lyman, director of Service Delivery for REACH, said REACH estimates it will answer 1 to 1.5 calls a day. When asked if that meant there would be between 2 and 3 trips a day, Lyman said that would be correct. This is because a "medical transport" means the helicopter has to take off and then return when transport is completed.

Lyman noted REACH data indicated about 75 percent of those trips would take place between 8 am and 10 pm, while 25 percent of the trips would take place between 10 pm and 8 am.

REACH Facilities Manager Jim Walker replied only light maintenance would be performed at the Ellis Field, and they might wash the helicopter from time to time, so concerns about pollution and environmental degradation were unfounded.

He was asked if REACH had plans to safely dispose of the wastes and chemical effluvia that might occur from washing the helicopter. Walker said those plans had not been finalized, but added REACH would consider a "dry wash," in which a cleaner is sprayed on and then wiped off with a rag. He added the company also would consider putting an oil/water separator into the site's wastewater disposal system.

City of Willits Code Enforcement Officer and Building Inspector John Sherman told those in attendance the city requires a grease trap be installed on all industrial developments. He also noted the details of the use permit are still under negotiation and nothing has been signed yet.

Brooktrails General Manager Denise Rose added she saw no environmental problems arising from the REACH project.

Speaking in support of the project, Willits City Manager Adrienne Moore argued siting the REACH facility in Brooktrails would enhance the quality of life for area residents.

"When we first moved up here in 2000, somebody told me Brooktrails attracts a lot of retirees. And you can see why. It's a beautiful area," Moore said. "I was told people would move up here, in their retirement, and find it was too far away from emergency medical services and health care.

"Well now, or probably by next spring, we will have a new, state-of-the-art hospital opening. And so, REACH being here in our community really is quite an enhancement to the health care in this region.

"The city is very pleased to provide this opportunity for REACH, not only for City of Willits' benefit that we'll get out of it, but [for] the benefit of them being able to serve the wider county and region."

Lou Celaya, vice president of the Brooktrails Property Owners Association, which hosted the event, talked about irritating noises and "good noises."

"I've live up on Primrose for the last 14 years, and I hear a lot of noise," Celaya said. "Kids running the track, baseball teams playing games on the diamond. Those are good noises. They are happy noises, because they are children in our community. If I am going to hear an occasional noise from a helicopter that's going to save my life -- now that I am in my golden years, like so many of us sitting here -- that's a good noise to me: It means a helicopter is going to come in and save my life."

Brooktrails resident and retired airplane pilot Paul Trexel, who has spoken in opposition to REACH siting a facility at Ellis Field, suggested comparing the noise from the EU 135 helicopter to a sewing machine was too vague to adequately inform Brooktrails residents, and recommended a noise study be undertaken.

"That's what CEQA does," Trexel said. "It invokes a noise study, a scientific noise study, so people will know what we're going to get. It's quiet as sewing machine? It's less noisy than a 182?"

"It's really the landing of these helicopters, is where you get the noise: the blade slap. Otherwise it's fairly quiet. The rotor is fairly quiet. It has a very loud transmission noise, but it's the blade slap on landing -- that's going to be heard all over Brooktrails. So a CEQA noise study would answer all these questions, and quantify 'em, so you would know what you're going to get," Trexel said.

The Saturday afternoon meeting was informational only. REACH has agreed to come to a meeting of the Brooktrails board of directors on Tuesday, October 14. After that meeting, area residents will know a bit more about Brooktrails' official reaction to Willits' plans to site a REACH helicopter at Ellis Field.

The rest of Bags | From page 1

and liquor stores. California is the first state to ban single-use plastic bags.

The bill, SB 270 by Los Angeles state Sen. Alex Padilla, does not ban take-out bags used by restaurants or shopping bags used by other retailers. It also does not apply to smaller bags used by grocery store shoppers for fruits, vegetables and bulk purchases.

The ban requires grocers to charge a fee of 10 cents each for paper bags, if shoppers don't bring their own reusable bags.

"It's wonderful news," said Mike Sweeney of the Mendocino Solid Waste Management Authority, which had lobbied local governments for the bans. "We've seen a dramatic decrease in the plastic bags blowing around the county. We still see bags, but we've become aware they're coming in from out of county and from the city of Willits, and now these outside sources will be eliminated."

Gov. Brown called the bill "a step in the right direction": "It reduces the torrent of plastic polluting our beaches, parks and even the vast ocean itself. We're the first to ban these bags, and we won't be the last."

The new state law will not preempt local ordinances with

The rest of Covelo | From page 1

This week a forensic autopsy was conducted on Pina, but the Sheriff's Office says the cause of death remains undetermined, and is awaiting the results of a blood alcohol and toxicology analysis.

It could be four to six weeks before results of those tests are returned to the Sheriff's Office Coroner's Division.

The rest of Losak | From page 1

County Sheriff Tom Allman urged supervisors to reconsider Losak's raise.

In an interview with Willits Weekly, Allman explained why he thought Losak's raise was inappropriate. "The deputy sheriff who arrested Doug is still subject to the 10 percent pay cut they got four years ago," Allman said. "It seems like giving Losak a 33 percent raise, while all of my deputies -- and in fact all the other county employees -- are still subject to that 10 percent cut is sending mixed signals to all county employees."

At 2 am on the morning of July 3, 2012, Losak was arrested for speeding on Highway 101 at Lake Mendocino Drive, just north of Ukiah. Mendocino County Sheriff's deputies searched his car and found a gun in a locked gun box under the driver's seat, and 3 to 4 grams of marijuana in the glove box.

Losak eventually pleaded no contest to charges of illegally carrying a concealed weapon and illegally possessing marijuana while driving. He was sentenced to forfeiture of the weapon and the dope, 12 months of summary probation, and search-and-seizure for a year.

On November 8, 2013, after meeting the terms of his sentence, Losak withdrew his no contest plea and his record was cleared.

Allman has forbidden Losak to serve as county counsel on any case involving the sheriff's office.

"It appears the board is rewarding bad behavior and punishing good behavior," Allman said.

In an interview with Willits Weekly, Third District Supervisor John Pinches explained why Losak is being considered for the position upgrade.

"We gotta recognize him for the work that he is doing," Pinches said. "I'd say he's doing extraordinary. He's been the county's litigator for years. He is our guy in court, and he has gotten the county out of so many scrapes and what not.

"And it's not like his new salary's gonna be out of line. You look around in the 10 counties that are like us, the small rural counties in California; out of 10, what we are paying our county counsel is ninth out of 10.

"I don't look at it as a raise," Pinches said. "I look at it as, we're recognizing him for the work that he's doing. He's not acting county counsel any more. He's county counsel, and so we're payin' him what comes with that job."

At Allman's request, the supervisors agreed to reconsider Losak's appointment on October 7. As of press time, no time has been set for the reconsideration.

The rest of Permit | From page 1

and electrical service at 382 Railroad Avenue; electrical circuits to machines at 1270 Blosser Lane; a new home in the Haehl Creek neighborhood; covers for trash enclosures at 1710 South Main Street; extension of gas lines, and installation of circuit and track lighting at 875 South Main Street; and an electrical circuit for heating, ventilation and air conditioning at 1500 South Main Street.

So far this fiscal year the city has collected \$9,335 in permit fees, compared to \$8,175 at this time last year. Projects this fiscal year have an estimated value of \$565,000 compared to about \$214,300 last year.

The city's 20 permits issued in August included an in-ground swimming pool at 130 Haehl Creek Drive; a backup generator at 193 Humboldt Street; a range hood fire suppression system at 1551 South Main Street; reframe roof and roofing at 193 West Commercial Street; deck with American Disabilities Act compliant ramp at 1611D South Main Street; a fire alarm system at 1718 South Main Street; columns, fence and an entry gate at 1490 Baechtel Road; room addition and remodel at 36 Hillside Drive; replacement of a burned garage at 351 Coast Street; and cover trash enclosures at 1702 South Main Street.

Area entrepreneurs, businesses and service providers getting City of Willits building permits this month include Laboratory Corporation of America; Thomas Gallups, Jr. with Carl's Classics Cuts & Fits; Brooke Larsen with Mendo Mothering Arts; Jeremiah R. H. Dawson, MD; and Melissa Tumilowicz & Brett Stevens with Awakening Consciousness.

stricter rules and it will not delay local bans that are already further along in phasing in restrictions.

The Mendocino County Board of Supervisors and the Ukiah and Fort Bragg city councils passed plastic bag bans with phase-in dates in the spring of 2012. "Essentially all stores are covered in the county, in Fort Bragg and Ukiah, effective at the end of this month," Sweeney said. Restaurants, too, are covered by the ban in the unincorporated areas of the county, and implementation dates for restaurant bans in Fort Bragg and Ukiah are coming up soon.

An industry group, the American Progressive Bag Alliance, said Tuesday it had started working to overturn the bag ban with a ballot measure on the 2016 ballot.

"Senator Padilla's bill was never legislation about the environment," the alliance wrote in a Tuesday statement. "It was a back room deal between the grocers and union bosses to scam California consumers out of billions of dollars without providing any public benefit -- all under the guise of environmentalism. If this law were allowed to go into effect it would jeopardize thousands of California manufacturing jobs, hurt the environment, and fleece consumers for billions so grocery store shareholders and their union partners can line their pockets."

Sheriff's detectives and the Round Valley Tribal Police Department are investigating the death.

Anyone with information that could assist sheriff's detectives in their investigation is asked to contact the Sheriff's Office Tip Line at 707-234-2100, or the Round Valley Tribal Police Department Tip Line at 707-272-0259.

The rest of Services | From page 1

now I guess you could give it a 'C+' or maybe even a 'B-,'" said McCabe.

"I honestly believe the county maybe isn't the best outfit to be running mental health," she said. "I think we're better off when it's more privatized. If effort were graded, I would say we're pulling at least a high 'B,' if not an 'A.'"

"I'd say there are lots of positives. Redwood Children's Services is doing a great job, and other places -- Tapestry, Manzanita Services -- they're doing well. The learning curve for Ortner Management Group has been straight-up steep."

McCabe, who has a family member with mental health issues, served on the Mental Health Board from April 2013 to April 2014. In May 2013, the county privatized the delivery of mental health services, signing contracts with Redwood Quality Management Company to deliver services to children and with Ortner Management Group to deliver services for adults.

Both Redwood and Ortner had previously decided to deliver services by collaborating with providers already in place in Mendocino County: Mendocino County Youth Project, Tapestry, Manzanita Services and Redwood Children's Services.

Whereas Redwood Quality Management Company had well-established working relations with other local providers, including the company's sister company, Redwood Children's Services, Ortner had few contacts within the county.

"I'm on the Manzanita board, so I know what [Ortner] has and hasn't done," said McCabe. For instance, Ortner was "supposed to have a contract with Manzanita in June. It's still not signed yet, because of lollygagging around on their part. We are just doing month to month. That is what the county did before them, by the way."

"My son used to have a care manager that was provided by the county," McCabe added. "That went very well, until she got a health issue, and they laid her off and didn't refill her position.

"That's what the county did to all kinds of people," she said. "They laid people off. They cut back their hours. And then they didn't fill those positions. So that was the state of the services by the time we did this transition. It had disintegrated to poo-poo."

"With my son, we were in a tough place where his getting services was spotty," McCabe noted. "They used to have a psych nurse right here, at the WISC [Willits Integrated Services Center] center, who was there five days a week, 8 hours a day. And then they cut her back to four days a week, and then they cut her back to three days a week, and then they let her go. And nobody was there.

"Now we have a 'Pony Express' psych nurse, that's my name for it," she said. "She comes from Ukiah, she works there; she comes to Willits twice a month for a few hours. But she comes, she gives a shot, she works with clients. She's helped my son immensely, because she's a very caring, interactive person. And she also goes to Fort Bragg, by the way. That's why I call her a Pony Express nurse."

McCabe noted the personal touch has been helpful in providing services to people she knows.

"I had a friend, whose son was having problems," she said. "He, I think it is fair to say, was at times talking about suicide. I was just getting on the mental health board, and so I went to my first meeting with them and mentioned I had this friend who was having problems. And both of them -- people from Tapestry, and people from Redwood Children's Services -- came up to me and said, 'What can we do?' And they said, 'Here's my number. Have her call me.'"

"It was very helpful, that caring aspect, compassion. Compassion really can't be overestimated when you're working with people," McCabe said.

Willits Weekly | Willits' Only Locally Owned Newspaper



Fall Comfort Soup

Recipe by
Kathryn Sterngold

- 2 cups onion, diced
- 1 cup carrots, diced
- 1 cup celery, diced
- 1 yellow bell pepper, diced
- 5 large garlic cloves, minced
- 3 tablespoons unsalted butter
- 5 slices of thick uncured bacon, diced
- 1/2 head green cabbage, cored and chopped large
- 1 medium potato, diced
- 1/2 bunch Italian parsley, chopped
- 2 cans white northern beans, drained and rinsed
- 2 cups whole cherry/pear tomatoes
- 1/2 teaspoon turmeric
- 1 teaspoon rosemary, chopped
- 1 teaspoon thyme
- salt and freshly ground pepper to taste
- 6 cups chicken or vegetable stock
- chèvre or fromage blanc (optional)

2 cups whole cherry/pear tomatoes

- 1/2 teaspoon turmeric
- 1 teaspoon rosemary, chopped
- 1 teaspoon thyme
- salt and freshly ground pepper to taste
- 6 cups chicken or vegetable stock
- chèvre or fromage blanc (optional)

In a heavy soup pot, melt butter, add onion, carrot, celery, bell pepper, and garlic. Stirring, sauté on medium heat until slightly caramelized and soft. Increase heat and add bacon; continue to stir until bacon is cooked. Add cabbage and keep stirring until cabbage is wilted. Add rest of ingredients and simmer for one half-hour. Soup will be thick.

Serve in bowls with a dollop of chèvre or fromage blanc in the middle.

6 servings

Localize! Then and Now... WELL's 10th anniversary

Richard Jergenson & Annie Waters
Contributing Writers

This October marks the 10th anniversary of the Willits localization movement.

It all began with a showing of the film "End of Suburbia," a film about oil depletion and the collapse of the American dream, and a meeting called by Jason Bradford at the Willits Environmental Center in October of 2004. A vision of how Willits residents could reduce energy use, produce their own food and necessities right here began to take form. A healthier community could evolve.

As the first few exciting weekly meetings grew,

Read the rest of **WELL** Over on Page 15



From left: Draping Brookside Farm produce are Sky Geyser, Curtis Bradford, Davis Bradford, River Grayson, and Reed Grayson. **BROOKSIDE FARM** Making the connection between education, schools, children, food and farming.

Read the rest of **WELL** Over on Page 15

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The rest of **WELL** From page 14

the winner splits the raffle ticket proceeds with KZYX.

Long-time KZYX supporter and former board member Robert Crawford remembers how profoundly KZYX changed his life when it hit the airwaves in 1989. He was living with his family "on a dry hilltop" west of Willits trying to build a garden and a life.

"Having KZYX was a cultural shift," Crawford said. "It changed everything. We went from a failed logging community to a more sophisticated form of humanity. It was a great step forward for the entire county."

Crawford said he still listens to the station all day long. "I don't miss anything. I don't like every program, but I always listen. I don't own a TV."

Fort Bragg City Councilmember Meg Courtney, co-coordinator of the birthday bash and a member of the station's board, credits KZYX's unique programming for bringing a new addition to her household.

"I just got a goldfish named Leonard for my fish tank because I listen to the 'Trading Time' show," Courtney said. "Where else can you find special treasures like Leonard?"

Courtney said she looks forward to the music at the bash and the chance to honor volunteers, programmers, staff and listeners who have kept the station alive over the years. "If it weren't for them we would not have our community radio - much less get to the ripe old age of 25. If you love the station, you'll have a blast at this party."

KZYX is a listener-supported community radio station based in Philo, with satellite studios in Fort Bragg and Willits.

Admission to the KZYX 25th Birthday Bash & Variety Show is \$5. The event will be held,

The rest of **WELL** From page 14

in 2005 we had more than 100 people coming together to transition our town. Speakers and authors came to inform us in our work towards localization. Here are some early examples.

Richard Heinberg in March 2005 spoke about "Powerdown"; taking a serious look at how much power and what energy resources we are using. Heinberg was our first large event speaker, and he drew more than 200 people to a packed house at the community center. He inspired us to look closely at our household and community energy use. An in-depth report was covered in several publications and has since influenced community energy transitions across the world.

At some point the name - WELL: Willits Economic Localization - was created to describe our group.

Brookside School Farm was a 2006 startup by Jason Bradford and volunteers, intending to supply the school cafeteria. A CSA and plenty of food came out of this lovingly tended acreage. Brookside School Farm is still in cultivation with recent harvests of high-quality heirloom veggies.

Richard Register and Kirsten Miller of Ecocity Builders gave a full-day workshop in March of 2006 on sustainable community design called "Willits in Transition." Their visionary influence was felt as we began to "green map" Willits - looking at the natural environment on which we had overlaid our city structures.

A partial list of our early-days WELL speakers would include:

- Michael Brownlee of Transition Town: how to envision your community future;
- Mark Lakeman of City Repair, Portland: renewing your neighborhoods with interactive libraries, tea houses, benches on corners and street mandalas;
- Greg Pahl, author of a Citizen Powered Energy Handbook;



Left, above: Richard Wagener, center, and other onlookers admire the first print of "Tower of Jewels." Next year, 2015, will mark the 100-year anniversary of the Panama Pacific International Exhibition in San Francisco, and this piece of art will be part of the 100-year celebration.

The rest of **Rosie** From page 3

Club to teach children to be safe around dogs.

"I'm so glad we found her, and there are always so many other wonderful dogs at the shelter who could do the same thing," explained Simonsson. "I really want to encourage anyone who is thinking about getting a dog to go to the shelter and visit the animals there."

Many of the shelter dogs are already housebroken: they are spayed or neutered and have all their shots. Simonsson encouraged anyone with a new dog to get them into obedience training right away, for the owners and the dog to bond, understand each other and start down a path of happy dog ownership.

Shelter pets are always available to view online at www.MendoShelterPets.com.

The Ukiah Animal Shelter is located at 298 Plant Road in Ukiah, and has adoption hours on Tuesday, Thursday, Friday and Saturday from 10 am to 4 pm and on Wednesday from 10 am to 6 pm.

Rosie shows how she "sits pretty" for Henrietta.



Left, above: Richard Wagener, center, and other onlookers admire the first print of "Tower of Jewels." Next year, 2015, will mark the 100-year anniversary of the Panama Pacific International Exhibition in San Francisco, and this piece of art will be part of the 100-year celebration.

Left, below: All eleven of Rik Olson's art pieces for Roadworks feature a steam roller in the design, a tribute to Olson's father, who operated a steam roller for the Public Works Department of the City of Oakland. In the 2014 piece, the steam roller is shown rescuing Columbus' ship from the grasp of a giant squid.

Photos by Wendy Wilmes

The rest of **ROOTS** From page 12

Lofkvist, Rik Olson, Eric Rewitzer, Lus Marina Ruiz, and Richard Wagener. The products from the artists are printed on the pavement of Rhode Island Street, using Roots' 1924 Buffalo Springfield steam roller.

The prints are stunning, due to both the creativity and skill of the artists, but also the crispness and detail of the prints is thanks to the 7 tons placed on the print by the steam roller. The Roots crew made prints on Saturday during a private donor appreciation reception, and all day on Sunday for the Roadworks event.

Roots of Motive Power plans to continue its own street printing event at the Roots Festival in September 2015, so order up some linoleum and carving tools, and exercise your creative inner self.

Amazing Athletes

of Willits High School

Soccer | Mykayla McClellen, 17, Senior

Breakfast of Champions: Nothing on game days, but otherwise, cereal. "I'm basic!"

Love for the Sport: Being a defensive sweeper and kicking on the field

Our girl player of the week would be Mykayla McClellen. Mykayla is our senior captain and sweeper. This girl plays with a crazy amount of heart!! She has the best attitude and natural leadership on and off the field. She's the "big hurt" of our defense. The team has great confidence in her to clear the ball. She is a super phenomenal kid!!

Football | Dimitri Betts, 17, Senior

Breakfast of Champions: Oatmeal with walnuts and brown sugar

Love for the Sport: "Being in the game," running the ball, and his position as running back

Dimitri Betts, wearing the Wolverines' No. 2 jersey, is this week's "athlete" pick thanks to his 85-yard kickoff return at last week's away game against Middletown.



Wolverine runner takes 1st place at league debut

The Wolverine cross country team made its league debut Wednesday, September 24 at Brooktrails. More than 100 runners from five schools converged on the wet and drizzly 2.87 mile course.

Dave Smith
Contributing Writer

The varsity boys came out on top with an outstanding performance by sophomore Robert Swoboda. He took first place in a field of 32 runners, finishing in 16:38, almost a minute better than his top time from last year. He took the lead at the mile mark, and continued to pull away from the second-place Lower Lake runner, who finished in 17:31.

Freshman Ricardo Haschak came in third, with a time of 18:18. His time was fast enough to place him number 10 on the all-time list for freshmen. He was followed closely by senior captain Ankit Patel with 18:38.

The most exciting finish of the day was junior Lane Wright, who passed three runners in the last 100 meters and just barely nudged out a Cloverdale runner at the finish line. He came in 10th place (19:07). Austin Willcutt came in 14th (19:19), and Anthony Sorace was 15th (19:26).

On the girls' side, freshman standout Morgan Riley turned in another great performance. She finished fourth overall in the girls varsity race, with a time of 20:47. Not only is that the fastest time for a Willits girl in the last nine years, but it places her on the all-time list for varsity. Riley was followed by Thais Reed in 23rd (27:07) and Rachel Kanonchoff in 25th (27:51). Two other Willits girls took a wrong turn and did not finish the race, so the varsity girls did not have a team score.



Above: Morgan Riley at the start of the race.

Far left: Lane Wright sprinting to the finish line.

Left: Rachel Kanonchoff at the finish line.

Photos by Robert Swoboda, Sr.



Weekly Promotions for October

MONDAYS — Rooster & Owls
 3X Points for the Morning and Evening Session.
Morning Session: 8:00 a.m.-12:00 p.m.
 Hourly Hot Seat Drawings for \$50 Cash at 9, 10, 11 a.m. and 12 p.m.
Evening Session: 6:00 - 10:00 p.m.
 Hourly Hot Seat Drawings for \$50 Cash at 7, 8, 9 and 10 p.m.
May win once per promotion day!
 For both Morning and Evening sessions: Play 50 coin-in, receive \$5 Freeplay and a \$2.00 Food Coupon

TUESDAYS — Guys Night
 6:00 p.m.-10:00 p.m.
 Play 50 coin-in, receive \$5 Freeplay.
 Hot Seat Drawings every half hour from 6:00-9:30 p.m. for \$25 Cash, last drawing at 10 p.m. for \$100 Cash.

WEDNESDAYS — Ladies Night
 6:00 p.m.-10:00 p.m.
 Play 50 coin-in, receive \$5 Freeplay.
 Hot Seat Drawings every half hour from 6:00-9:30 p.m. for \$25 Cash, last drawing at 10 p.m. for \$100 Cash.

THURSDAYS — Super Senior Day
 The Senior Freeplay will be preloaded to the Players Club Card.
10:00 a.m.-6:00 p.m.: Hot Seat Drawings each hour. Winners receive \$40 Cash.
Half off lunch coupon for those participating. Specials posted at Creekside Café.
 11:00 a.m.-6:00 p.m. Lunch hours.

FRIDAYS — Friday Fun
1:00-9:00 p.m.: Earn 100 points, receive \$10 freeplay
2:00-8:00 p.m.: Hourly hot seat drawings for \$75 Cash
9:00 p.m.: Hot seat drawing for \$100 Cash

SATURDAYS — Saturday Night Paydays
 6:00-11:00 p.m.
 Tickets will be randomly handed out twice an hour starting after 6:00 p.m.
 Drawing at 7, 8, 9, 10 and 11 p.m. for \$200 Cash.

SUNDAYS — Football Frenzy
 12:00 Noon-9:00 p.m.
 Random Hourly Hot Seat Drawings
 The Winner will choose a Football of their choice and have a chance win up to \$150 Cash.

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