



# Ukiah Community

## Q U A R T E R L Y

Edition #3

A free Willits Weekly special featuring community info and events for the Ukiah area

Thursday, August 30, 2018



## ‘Pure Mendocino’

A GOOD TIME CELEBRATING HEALTH AND COMMUNITY, FOR A VERY GOOD CAUSE

Submitted by Cancer Resource Centers of Mendocino County

The 14th annual Pure Mendocino fundraiser took place August 25 at Dark Horse Ranch just outside Ukiah. Pure Mendocino is the biggest fundraiser of the year for the Cancer Resource Centers of Mendocino County, and celebrates the healthy community created around Mendocino County's organic and biodynamic farms, vineyards and ranches.

The event, which includes appetizers and wine tasting, a sit-down, family-style organic dinner, silent auction with live music and dancing was hosted by honorary chair Paul Dolan and attended by approximately 300 guests. Music for the evening this year was provided by a local band, The Back Porch Project, which donated its services to the cause.

The Cancer Resource Centers of Mendocino County is a local, grassroots nonprofit agency that provides information, support and advocacy to anyone with cancer in Mendocino County, free of charge. Its work is supported completely through donations, fundraising, and grants. CRC has two offices: an inland office at 590 S. Dora Street in Ukiah, and a coastal office on Calpella Street in Mendocino. The vision of the Cancer Resource Center is that no one in Mendocino County will face cancer alone.

"I want to thank all of the volunteers, sponsors, supporters, donors, and guests who made this event such a success," said Karen Oslund, executive director of the Cancer Resource Centers. "This event is critical to funding our work." Oslund explains that grants come and go, and recently one of CRC's larger grants, from the Avon

Finish "Pure Mendocino" on page 7



Above, from left: Appetizers were set out to enjoy as guests at the 14th annual Pure Mendocino event arrived to the lawns of Dark Horse Ranch. A young server fills glasses of water on the tables. The weather was gorgeous, as was the setting, for the evening event Pure Mendocino. At left, top: Wine was available to enjoy with dinner, and bid on as a part of the silent auction. At left: The Back Porch Project band poses together before the show, including, from left: Sid Bishop, Steve Hahn, Roseanne Wetzel, Jeff Taylor, Ken Ingels, and Rodney Grisanti. Below: Megan Van Sant and Holly Madrigal smile together.

Photos by Maureen Moore



# Super Fall Savings!



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## SWOONING AND CROONING

### Jazz duet blends Big Band sound with classical orchestra

By Roberta Werdinger

The Ukiah Symphony Orchestra opens its 2018-19 season with playful panache on the weekend of September 8 and 9 with a Big Band-themed concert, "Kick Off Your Shoes!" The concert reunites popular local songstress Roseanne Wetzel with Bay Area crooner Pedro Rodelas for a celebration of an important part of the Great American Songbook.

Vocalist Pedro Rodelas welcomes the opportunity to extend his repertoire by performing songs in the style of Sinatra, along with duets including "The Girl from Ipanema" with Wetzel. He jokes that his role is "the ultimate karaoke" with the orchestra providing most of the heavy lifting.

Although it is true the orchestra will be well-prepared for the occasion, with conductor Les Pfutzenreuter increasing the brass section (saxophones, trumpets, and trombones) and providing prominent roles for piano, bass, drums and guitar, Rodelas will more than hold his own.

Trained as an opera singer with a master's degree in vocal performance from the University of Maryland, Rodelas studied acting, scene design, and several languages in order to become the "well rounded singer and actor" that the opera world requires.

While opera remains a great love of Rodelas' – he sings with the San Francisco Opera Chorus, among other vocal gigs – he enjoys the playfulness and lightness of mood that Big Band music conveys so well.

Roseanne Wetzel also carries a wealth of talent and enthusiasm over from other parts of the musical spectrum. Wetzel is a graduate of Ukiah's SPACE program as well as the San Francisco School of the Arts. She has performed in musical theater from a young age and continues to do so in and around Ukiah, when she is not performing with her new "folkgrass" band called the Back Porch Project, or presiding behind the desk at the Ukiah Library.

Wetzel and Rodelas have sung together accompanied by the Ukiah Symphony for such favorites as "Annie Get Your Gun," and "South Pacific."

"I get to showcase a different part of my personality every time I go onstage," Wetzel comments, noting – like Rodelas – that she enjoys the chance to sing without being in the guise of a character.

Since her childhood watching old musicals on TV, Wetzel has loved Big Band music, commenting, "I'm looking forward to getting into the swing of it with Pedro." Rodelas assents, adding that he's eager to break the "fourth wall" between singer (or crooner) and audience, engaging folks in banter and receiving instant feedback. All that, and an orchestra too.

"Kick Off Your Shoes!" will be presented Saturday, September 8 at 8 pm and Sunday, September 9 at 2 pm at the Mendocino College Center Theatre. The theater is wheelchair accessible. Tickets are \$30 for adults, \$25 for seniors age 65 and up, and free for ASB card holders and anyone under 18.

Tickets are available at the Mendocino Book Company at 102 South School Street in Ukiah or online at [www.ukiahsymphony.org](http://www.ukiahsymphony.org). Season tickets, which provide four tickets for the cost of three, are also available online. For further information, please call the Ukiah Symphony hotline at 707-462-0236.

The concert is sponsored by Gudrun and Guilford Dye, Monte and Kay Hill, and Realty World / Selzer Realty.

UKIAH SYMPHONY PRESENTS

## Kick Off Your Shoes!

Saturday, September 8 • 8 pm & Sunday, September 9 • 2 pm  
Mendocino College Center Theatre

Tribute to the Big Band Dance  
Featuring Pedro Rodelas, Crooner & Roseanne Wetzel, Songstress

A full big band will keep the joint jumping as we perform those 40's and 50's tunes that had the Benny Goodman and Tommy Dorsey bands swinging! Hear guests that made Doris Day, Ella Fitzgerald, Frank Sinatra and Dean Martin the toast of America!

**UKIAH SYMPHONY ASSOCIATION**

**SPONSORS**  
Gudrun & Guilford Dye  
Monte & Kay Hill  
Selzer Realty/Realty World

**TICKET INFO**

Adult - General: \$25 • Seniors: \$20 • Students with ASB Under 18: \$10

[www.ukiahsymphony.org](http://www.ukiahsymphony.org)  
Mendocino Book Co., Ukiah

Les Pfutzenreuter, Music Director

IN COLLABORATION WITH MENDOCINO COLLEGE  
MENDOCINO-LAKE COMMUNITY COLLEGE DISTRICT



## Sonoma Clean Power

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### Ukiah EV Charging Stations

*City of Ukiah Public Parking Lot  
North Oak and West Standley Street*

*Super 8 Ukiah  
693 South Orchard Avenue*

*Best Western Orchard Inn  
555 South Orchard Avenue*

*Ukiah Supercharger  
250 West Clay Street*

# 'Wild About Health'

ADVENTIST HEALTH UKIAH VALLEY PRESENTS  
10TH ANNUAL FREE CHILDREN'S HEALTH FAIR

Submitted by Adventist Health Ukiah Valley

The 10th annual "Wild About Health" free children's health fair will be held Sunday, October 7, from 11 am to 3 pm, at the Alex Rorabaugh Recreation Center located on the Grace Hudson school campus, 1640 South State Street, Ukiah. The fair is expected to attract more than 400 children and their families, who will participate in free health screenings and gain valuable information about resources available to them in our community.

A passport to health is given to each child upon arrival, which challenges them to travel through the "sea" of fun activities and health screenings. A few of the health screenings offered are vision, dental and diabetes. Each child will have the opportunity to visit over 30 interactive booths where they will learn about healthy eating, staying fit and bike safety. Every child will have their passport stamped at each booth they visit. Once they have filled their passport with stamps, they can drop it off for a chance to win a prize basket filled with toys, crafts, books and local gift certificates.

Kids are encouraged to bring their bikes and receive a free bike safety check-up and participate in the bike safety course. Those in need will also receive a free bike helmet. Other activities include live music provided by DJ Ken Steely, bowling, balloon art and much more.

Hundreds of families attend this event each year. While the kids are having fun at booths, parents gain valuable information about available services from a variety of organizations in the community. Don't miss out on this great opportunity. Be sure to mark your calendar for Sunday, October 7.

The event is presented by Adventist Health Ukiah Valley and Savings Bank of Mendocino County, along

SONOMA CLEAN  
POWER LAUNCHES

## Final EV Incentive Program

Submitted by Sonoma Clean Power

Sonoma Clean Power, the public electricity provider for Sonoma and Mendocino counties, recently announced the launch of their third and final electric vehicle incentive program, along with an updated brand identity and new website.

"The program is back with a new look, to better reflect our service territory, which now includes Mendocino County, but with the same great incentives on electric cars and home chargers," said Kate Kelly, SCP's director of public affairs and marketing.

The Drive EV program, in its third and final year, will run from now through November 16, 2018, and offers incentives up to \$4,000 exclusively for SCP customers. Additional manufacturer and dealer discounts, rebates, and tax credits may also be available.

The program will be communicated in English and Spanish via direct mail, print, digital and outdoor advertising, radio, TV, social media and other mediums. SCP customers can get started by applying at [www.DriveEV.org](http://www.DriveEV.org).

"We are extremely proud of the transformative nature of the Drive EV program, which has already helped 800 families get discounted electric cars and provided 1,900 home chargers over the past two years," said SCP CEO, Geof Syphers. "Drive EV is one example of the innovative and practical programs we've been able to provide customers. Bulk discounts on electric vehicles are helping us address climate change by making these high-performance cars more affordable."

SCP extended its popular free EV home charging station program through June 2019, but they're not stopping there. After the completion of the Drive EV program, the agency will focus on growing the public charging network in Sonoma and Mendocino counties to further help the region transition away from gasoline-powered vehicles.

"Replacing gas vehicles with electric cars, and charging them on clean, renewable energy is the single largest step an individual can take in reducing their carbon footprint," added Syphers.

To learn more about Sonoma Clean Power and its Drive EV incentive programs, visit [sonomacleanpower.org](http://sonomacleanpower.org) or call 855-202-2139.

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**WW** Ukiah Community QUARTERLY

A free Willits Weekly special featuring community info and events for the Ukiah area

Ukiah Community Quarterly is an advertising, calendar and community special section brought to Ukiah and the surrounding communities by Willits Weekly, the independently owned and operated local newspaper founded in 2013, which covers the greater Willits area.

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P.O. Box 1688  
Willits, CA 95490  
[willitsweekly@gmail.com](mailto:willitsweekly@gmail.com)  
[www.willitsweekly.com](http://www.willitsweekly.com)  
707-459-2633; 707-972-7047

**Maureen Moore**, art director and editor / [maureen@willitsweekly.com](mailto:maureen@willitsweekly.com) / 707-972-7047

**Jackie Cobbs**, calendar editor and copy editor

**Jennifer Poole**, copy editor

**Jenn Drew**, advertising / [advertising@willitsweekly.com](mailto:advertising@willitsweekly.com) / 707-354-1670

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For advertising inquiries, please call 707-972-7047 or email [advertising@willitsweekly.com](mailto:advertising@willitsweekly.com)



## Ukiah Country PUMPKINFEST 2018

The 25th Annual 2018 Ukiah Country PumpkinFest is to be held rain or shine in beautiful downtown Ukiah on Saturday, October 13, from 10 am to 6 pm, and Sunday, October 14, from 10 am to 4 pm. The Giant Pumpkin Weigh Off will be held on Friday, October 12, from 4 to 7 pm, on South School Street.

As the largest street fair in Mendocino County, there will be something for everyone to enjoy, including a children's carnival, vendors, pet contest, dog races, and live music. The theme for this year's event will be: "PumpkinFest Goes to the Arcade."

## Giant Pumpkin Weigh Off

PumpkinFest will kick off with the Giant Pumpkin Weigh Off. This event is sponsored by Mendocino Greenhouse and Garden Supply, and will take place in the Alex Thomas Plaza. Cash prizes over \$3,000 will be awarded. There will be music, face painting, food, FREE bounce houses, and children's activities.

The giant pumpkins will be featured on a float in the PumpkinFest Parade which starts at 10 am on October 13 and then put on display for PumpkinFest, October 13 and 14.

Giant Pumpkin Weigh Off entry forms are now available at the City of Ukiah Civic Center Annex at 411 West Clay Street in Ukiah or at [www.cityofukiah.com/pumpkinfest](http://www.cityofukiah.com/pumpkinfest). Please call the Community Services Department at 707-463-6231 for more information.

## PumpkinFest Events

The PumpkinFest parade is scheduled for Saturday at 10 am. It will head south from Brush Street, onto State Street, to Seminary Avenue. The Haunted House and Savings Bank Scarecrow City will be set up all day on Saturday and Sunday, inside Ukiah Valley Conference Center at 200 South School Street.

There will also be a Deep Valley BrewFest beer and wine tasting on the 200 block of West Church Street at South School Street. The Kids Carnival is going to be held at the north end of School Street, all day Saturday and Sunday.

The Barkery Pet Contest is scheduled for Sunday at 2:15 pm, on the Slam Dunk Pizza Standley Street Stage. The Barkery Dog Races will be held on Sunday at 3 pm, on the north side of the Savings Bank parking lot.

Mama's Cafe Bake-off Contest is on Sunday, at 1 pm at 200 West Church Street at South School Street. The Scout-O-Rama ropes course will be set up all day Saturday and Sunday, at Alex R. Thomas Plaza.

Slam Dunk Pizza's 3-on-3 Hoop Tourney will be held on the north side of

Finish "PumpkinFest" on page 7



At top, left: Fall-colored trees and autumnal festivities make Ukiah's PumpkinFest a fun way to celebrate the coming fall season.

Above, from top: Giant pumpkins on display on a pirate boat-themed float.

A well-dressed scarecrow watches PumpkinFest attendees enjoy the event.

"PumpkinFest Goes to the Arcade" is the 2018 theme, and this Pac Man pumpkin logo is a great representation of a creative way to interpret the theme.

Booths and vendors line the streets offering food, crafts, goodies and more.

At left: There's fun for all ages at the PumpkinFest, including a ride on the mini train.

At left, below: Giant pumpkins ready to be weighed to see who will win the title in the Giant Pumpkin Weigh Off.

Photos by Jendi Coursey

Writing and Public Relations Services

## Jendi Coursey

COMMUNICATIONS

[www.jendicoursey.com](http://www.jendicoursey.com)

# AHUV Ribbon Cutting

UKIAH HOSPITAL OPENS  
NEW EMERGENCY DEPARTMENT,  
ICU AND ROOFTOP HELIPAD ON  
SEPTEMBER 6

Submitted by Adventist Health Ukiah Valley

Adventist Health Ukiah Valley invites the community to join us for the grand opening event September 6 to celebrate completion of the new, state-of-the-art Emergency Department, Intensive Care Unit and rooftop helipad.

"After thousands of hours of planning by many individuals, four years of construction, and a challenging regulatory approval process, we're finally ready to share this state-of-the-art critical care facility with you and your family. It feels great to know that with this hospital expansion, we'll be able to take care of our community for decades to come in a world-class Emergency Department and Intensive Care Unit, with the quality of care and privacy our patients and staff deserve," says David Weis, AHUV operations executive.

The new 14,700-square-foot ED is four times as big as the existing space. It has 19 private treatment rooms, including rooms for special types of care such as assessment and triage, psychiatric care, gynecological care, negative pressure rooms for highly infectious patients, and two trauma rooms equipped like mini-operating rooms. Patient flow has been carefully designed so patients brought in by ambulance or helicopter are received through a separate entrance from the public walk-in and drop-off entrance.

For patients who require hospitalization in the ICU, eight critical care rooms are equipped with state-of-the-art technology, natural lighting, and accommodations for loved ones at the bedside. Each ICU room is also equipped with its own temperature control systems to provide for individual control of temperature for the comfort of our patients.

As with any project of this size, it takes a team of experts to transform plans into reality. Lionakis designed the building with Herrero Builders as our general contractor for this project. Local contractors like Valley Paving, Peterson and Son's Welding, Wipf Construction, and HL Weaver all played significant roles in the project. "We used local contractors whenever possible," Weis explained.

AHUV President Gwen Matthews commented: "Our new ER and ICU are everything I hoped they would be. I asked our architect to design features that kept the new space from being just a box; I wanted features that would lift our spirits. What I love most about the new space is that it honors the great service that our clinical teams provide as well as those who come here for care with our very best. Today, I see our ER staff make the best of a space that makes it hard to maneuver, even as they save lives with compassionate hearts. I look forward to seeing them thrive in the new space."

The September 6 celebration is set to start at 4:30 pm and includes a ribbon-cutting ceremony at 5:15 pm. The event will include music, hors d'oeuvres and "sneak peek" tours of the new facility, with doors closing at 6:30 pm. Festivities will be held in the new Emergency Department and ICU at 275 Hospital Drive in Ukiah, just behind the existing hospital. For more information, call 707-456-3213.

**Book now for Falliday 2018!**

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photography by maureen more

[www.mphotographress.com](http://www.mphotographress.com) | 707-972-7047



Auditions for Ukiah Players Theatre  
**'A Christmas Carol'**  
 SEPTEMBER 1

Auditions for UPT's "A Christmas Carol" are coming up. Roles are available for all genders, and there are many parts available for men. Ages 8 and up. No roles are precast. "Please arrive in comfortable clothes and ready to improv!" Perusal of scripts will be available Tuesday, August 21 in the UPT box office. Performance dates will be November 15 through December 16, Thursday through Sunday. Info: comeplayupt@gmail.com. Saturday, September 1, 2 to 6 pm, at Ukiah Players Theatre, 1041 Low Gap Road, Ukiah.

**'United with Labor'**  
 SEPTEMBER 3

The Mendocino County Democratic Central Committee and the Inland Mendocino Democratic Club are holding their annual Labor Day barbecue, 'United with Labor' at Todd Grove Park, 11 am to 3 pm on Monday, September 3. There will be food, speeches and live music. Clint Hudson will be grilling local beef burgers, kosher beef hot dogs, chicken legs, and a vegetarian option. Beer, wine and Sugar Shack desserts will be available for sale. Please bring potluck sides and salads. Donations accepted. Info: Helen, 707-367-0250, www.inlandmendodems.org. The Inland Mendocino Democratic Club will hold their next meeting on Thursday, September 13, at 5:30 pm, at the new headquarters located at 1030 North State Street. "Let's all join together to make our county an oasis of justice and peace. Together, in coalition, we can take progressive action. Come lend a hand. All are welcome."

California Water Boards and California Department of Fish and Wildlife Present  
**Cannabis Cultivation Permitting Open House**

**Cultivation Permitting Open House**  
 SEPTEMBER 5

Come learn about the State Water Resources Control Board's and California Department of Fish and Wildlife's Cannabis Cultivation Programs. Workshop will focus on permit requirements and processing. State Water Board and CDFW staff will be onsite to answer your project-specific questions. Computers will be available onsite to help setup online accounts and to apply for water quality permits and water rights. There will be a brief presentation of cannabis programs including: (1) Cannabis Policy, which establishes the requirements for the Cannabis Cultivation Regulatory Program; (2) Cannabis General Order (water quality permit); (3) Cannabis Small Irrigation Use Registration, which is a streamlined option to obtain a water right to divert and store surface water for commercial cannabis crops; and (4) CDFW's Lake and Streambed Alteration Agreement for cannabis. The primary focus will be answering questions and providing technical assistance with State Water Board and CDFW permit applications. Registration is not required for these events. Wednesday, September 5, from 10 am to 3 pm, at Ukiah Valley Conference Center, located at 200 South School Street, Ukiah.

**First Friday Art Walk**  
**BOYS AND GIRLS CLUB FUNDRAISER**  
 September 7th, 2018  
 Ukiah Valley Networking Agency  
 5 - 8 pm  
 Art on display by children from the Boys and Girls Club



Ukiah Players Theatre Presents  
**A CHRISTMAS CAROL**  
**AUDITIONS!**  
 Saturday, Sept. 1st 2-6pm  
 at The Ukiah Players Theatre  
 1041 Low Gap Rd.  
 Roles available for all genders  
 Many parts available for MEN  
 Ages 8+ - NO ROLES PRECAST  
 Please arrive in comfortable clothes, and ready to improv!  
 Personal Scripts will be available  
 Tuesday, August 21st in the UPT Box Office  
 Performance Dates: November 15th - December 16th  
 If you have any questions regarding auditions, please email us at: info@ukiahplayers.com

**Granite Construction Chili Cook Off**  
 to benefit the Boys and Girls Club

The 20th annual Chili Cook Off which benefits the Boys and Girls Club will be at Alex R. Thomas Plaza from 5 to 8 pm. (Few chili spots are available, contact Jason at 707-467-4148 or Liz at 707-489-2050 for entry details.) Paintings by Boys and Girls Club students that will be auctioned off to help support their club. The paintings will be on display at the Ukiah Valley Networking Agency, located at 304 North State Street #1, Ukiah.

**Ukiah Photography Club Annual Show and Sale**

The reception for the Ukiah Photography Club Annual Show and Sale will be at the Corner Gallery, at 201 South State (at Church and State), Ukiah, from 5 to 8 pm. The show will be on view September 5 through September 28, Tuesday through Saturday, 11 am to 5 pm. Info: www.ukiahphotoclub.com.

**Quilt show and book sale**

While at the First Friday art walk, view beautiful local quilts made by Mendocino Quilt Artists and the Rag Tag Quilters. There will also be hands-on crafting of origami boxes lead by origami artist, Louise Yale. Enjoy live music by Sheridan Malone and browse a book sale by the Ukiah Valley Friends of the Library from 5 to 7:30 pm at the Ukiah Library, 105 North Main Street.

**Drive in Movie: 'Jaws'**  
 SEPTEMBER 7

The City of Ukiah Aquatics Facility will be showing the movie 'Jaws.' Come watch the Steven Spielberg thriller from atop an inflatable tube. Tickets are \$10 and include entry to the two pools and an ice cream delight at the Shark Shack Concessions. This movie is PG-13. Children 12 and under must be accompanied by an adult. Friday, September 7, from 7 to 10 pm, at the City of Ukiah Aquatics Facility, 511 Park Boulevard, Ukiah.

**Ukiah Wrestling Club 'Do It For DJ' Memorial Golf Tourney**  
 SEPTEMBER 8

Ukiah Wrestling Club will be holding the "Do It for DJ" Memorial Golf Tournament at the Ukiah Municipal Golf Course. This fundraiser goes to support the Ukiah Wrestling teams from ages 4-99 years old and will also honor DJ Pomilia and his love of wrestling. Saturday, September 8, 8 am to 5 pm, at the Ukiah Wrestling Club, 1000 Low Gap Road, Ukiah.

**SPORTS ATTIC 2**  
**SUPPORT girls VOLLEYBALL**  
**FUNDRAISER BBQ**  
 Sept 15th  
**TRI TIP DINNER FOR 4**  
 salad, baked, potato  
**GARLIC BREAD**  
 \$60  
**GET YOUR TICKETS AT THE ATTIC**

**UKIAH TRIATHALON**  
 September 9  
 South Ukiah Rotary is hosting the  
 2018 Ukiah Triathlon on Sunday,  
 September 9, from 6 am to 2 pm  
 at Lake Mendocino.

# THINGS TO DO, SEE AND ENJOY in and around Ukiah

**Art, Chili, Photos & Quilts**  
 SEPTEMBER 7

**The Boys of Summer**  
 SEPTEMBER 8

**The Boys of Summer**  
 The Music of The EAGLES  
 CONCERT SERIES

The top touring Eagles tribute band in America, The Boys of Summer, will be performing at Parducci Wine Cellars, 501 Parducci Road, Ukiah. General Admission is \$25 with special discounts available to Parducci Wine Club Members, and may be purchased online. On the day of the event, tickets may be purchased at the door for \$30, until the event is sold out. Doors open at 5:30; food at 6; music at 6:30 pm. Performances take place weather permitting. No refunds on tickets. Please leave your pets at home. Service animals may be admitted with certified documentation. Absolutely no outside beverages, including water bottles and no drugs, including marijuana, permitted on the premises. Bags are checked at the door. Info: Wine Club Coordinator Angelica Morris, 707-467-3480, wineclub@parducci.com.



**Gardenpalooza**  
 SEPTEMBER 8

Join the NCO Gardens Project for Gardenpalooza on September 8 at Vinewood Park (Elm and Magnolia Street) in Ukiah from 11 am to 3 pm. This free family-friendly event invites community gardeners and garden supporters to connect for a tasty and fun-filled afternoon. Gardenpalooza will feature a community potluck picnic (bring your blankets and chairs), lawn games for all ages, children's activities, and local garden, farm and health organizations. No alcohol will be served. Plant starts will be available by donation. Community gardeners and community members alike are encouraged to bring a favorite potluck dish featuring garden fresh produce to share. Attendees will have the opportunity to taste and vote on their favorite recipes to be featured in the NCO Gardens Project's upcoming cookbook.

**Ukiah Symphony's 'Kick Off Your Shoes!'**  
 SEPTEMBER 8 AND 9

The Ukiah Symphony Orchestra opens its 2018-19 season with playful panache with a Big Band-themed concert, "Kick Off Your Shoes!" on Saturday, September 8 at 8 pm and Sunday, September 9 at 2 pm at the Mendocino College Center Theatre. The concert reunites popular local songstress Roseanne Wetzel with Bay Area crooner Pedro Rodelas, who have performed with the orchestra recently in productions such as "Annie Get Your Gun." Tickets are \$30 for adults, \$25 for seniors age 65 and up, and free for ASB card holders and everyone under 18. Tickets are available at the Mendocino Book Company at 102 South School Street in Ukiah or online at www.ukiahsymphony.org. Season tickets, which provide four tickets for the cost of three, are also available online. Info: Ukiah Symphony hotline, 707-462-0236.

**Downtown Car Show / Rising Stars Music Competition**  
 SEPTEMBER 15

The Downtown Car Show and Rising Stars Music Competition are being held on September 15 in Alex Thomas Plaza. Check out classic cars, shop the stores and vendors, eat at the Ukiah Host Lion's Club pancake breakfast, and listen to the music of rising stars. Multiple genres of musical acts are confirmed, including: DirtFilthy, Young Bengy, Douglas Johns, November Rose, Weird Year, Jonas Anderson, Josh Madsen, Emerald City, and The Whitetrash Superstars. This year is not a competition and it will benefit Mendolake Complex Fire Relief - Ukiah Unit and Local Volunteer Firefighters.

**Fundraiser barbecue benefiting girls volleyball**  
 SEPTEMBER 15

A tri tip barbecue fundraiser is being held to support the UHS girls' volleyball team at the Sports Attic 2, 247 East Perkins, on September 15, from 1 to 6 pm. Tickets are \$60 and include a tri tip dinner for four with salad, baked potatoes, and garlic bread. Tickets can be purchased ahead of time at the Sports Attic 2.

**Auditions for 'A Charlie Brown Christmas' at Gloriaana Musical Theatre**  
 SEPTEMBER 15

Gloriana Musical Theatre is holding auditions for "A Charlie Brown Christmas" on September 15 from 10 am to 2 pm at Eagles Hall in Fort Bragg. "When Charlie Brown complains about the overwhelming materialism he sees among everyone during the Christmas season, Lucy suggests



that he become director of the school Christmas pageant. Charlie Brown accepts, but this proves to be a frustrating endeavor. When an attempt to restore the proper holiday spirit with a forlorn little Christmas fir tree fails, he needs Linus' help to discover the real meaning of Christmas." This play will be directed by Kevin and Erin Green and is a Young Performers production. Children up to age 13 will be cast. The play will perform December 7 through 16. Rehearsals will begin in October. Depending on the role, certain actors may not be called for every rehearsal. Info and to sign up: www.gloriana.org.

**Bibliotherapy Book Club for Teens**  
 SEPTEMBER 18

The Ukiah Branch Library has partnered with Tapestry Family Services and Project Sanctuary to create a new monthly book club for teens: Bibliotherapy Book Club for Teens (ages 12 to 18) which meets every third Tuesday of the month from 4 to 5 pm at the Ukiah Library, 105 North Main Street. This month's book is "The Perks of Being a Wallflower" by Stephen Chbosky. The Bibliotherapy Book Club for Teens focuses on a variety of "tough topics" including anxiety, depression, grief, sexual abuse and rape, racism, bullying, suicide, obsessive-compulsive disorder, bulimia, and issues surrounding gender identity. Teens discuss tough topics in a safe environment with trusted librarians and counselors from Tapestry and Project Sanctuary, as well as receive assistance for service referrals if requested. Advance registration is required. Info: Melissa at the Ukiah Library, 707-467-6434, carrm@co.mendocino.ca.us.

**Moonlight Movie Madness! 'Lion King'**  
 SEPTEMBER 21

Free family fun at the Alex R. Thomas Plaza. Bring the whole family down to the plaza and join in the fun at the 2018 Moonlight Movie Madness series. There will be great food, loads of popcorn, and free bounce houses until the movie starts. The fifth movie of the 2018 season is "Lion King," a Disney film about a lion cub crown prince who is tricked by a treacherous uncle into thinking he caused his father's death and flees into exile in despair, only to learn in adulthood his identity and his responsibilities. Fun begins at 7 pm, movie starts at dusk.



**143RD GRANGE STATE SESSION**  
 September 22  
 Join the California State Grange for the 143rd Annual State Session at the Redwood Empire Fairgrounds, 1055 North State Street, Ukiah, on September 22, from 8 am to 6 pm. Info: www.castategrango.org

**End of Summer SHOW & SHINE**  
**Classic CAR SHOW**

**Celebrating 5 Years of PIZZA & COMMUNITY**  
 SEPTEMBER 29TH 11-3 PM

**1st Annual Ukiah Wrestling Clubs "Do It For DJ" Memorial Golf Tournament**

**Do You Have a Family Member or Friend with a Serious Mental Illness?**

A FREE class for family members of individuals struggling with mental illness is starting in September 2018 in Ukiah. The "Family to Family" classes are provided by the Mendocino chapter of NAMI, National Alliance on Mental Illness. The instructors are local NAMI members who have received facilitator training.

Each week a different topic is covered: symptoms of major mental illness, medications and side effects, empathy, self care, communication skills, crisis interventions, and setting limits. Each meeting builds on the previous one, and each participant will have a binder of resources at conclusion. The weekly meetings also provide opportunities to learn with others going through similar life experiences.

If you would like more information, have questions, or wish to sign up for the class, please contact: Jan (707) 468-8632 or Donna (707) 391-6867

Please join us!

**NAMI Family-to-Family**  
 National Alliance on Mental Illness

**Slam Dunk Pizza's Fifth Anniversary Celebration**  
 SEPTEMBER 29

Slam Dunk Pizza is celebrating five years of doing business in Ukiah. They are firing up their pizza trailer and will have lots of family-friendly activities such as a jump house, face painting, and music. There will also be samples, specials and giveaways. "This is going to be a fun event to celebrate with our amazing and loyal customers!" Saturday, September 29, 11 am to 3 pm, at Slam Dunk Pizza, 720 North State Street, Ukiah.

**BIBLIOTHERAPY BOOK CLUB FOR TEENS AT UKIAH LIBRARY**

July 15th: Say What You Will  
 Sept. 18th: The Perks of Being a Wallflower  
 Oct. 18th: DUMPLIN'  
 Nov. 20th: ALL THE BRIGGS PLACES  
 Dec. 18th: I AM NOT YOUR PERFECT MEXICAN DAUGHTER  
 Jan. 15th: I AM NOT YOUR PERFECT MEXICAN DAUGHTER

Read great books on "tough topics" like managing anxiety, depression, grief, a OCD in a supportive group environment, facilitated by licensed therapists at Ukiah Library.

MEETS EVERY 3RD TUESDAY AT 4 PM!

CONTACT MELISSA WILSON AT 707-467-6434

**6th Annual NCIHA Native American Fry Bread Cook-off and Craft Fair**

The Northern Circle Indian Housing Authority will be hosting its 6th Annual Native American Fry Bread Cook-Off and Crafts Fair on Saturday, October 6 from 3 to 7 pm at the Alex R. Thomas Plaza. Please join NCIHA for a family fun day of celebration "native style." Kick off your shoes and let your hair down for this one-of-a-kind cultural event which is free to the public and everyone is welcome. Fry bread judging bracelets can be purchased onsite for \$8. Info: 707-468-1336, www.nciha.org/

**Free Children's Health Fair**  
 OCTOBER 7

Get "Wild About Health" at the free children's health fair sponsored by Adventist Health Ukiah Valley on Sunday, October 7 from 11 am to 3 pm at the Alex Rorabaugh Center at the Grace Hudson Elementary School campus, located at 1640 S. State Street. Rain or shine, the community is welcome to come win prizes, get free health screenings, learn about bike safety and more! For children aged 0 to 12 and their families. For more information: 456-3213.

**Giant Pumpkin Weigh Off**  
 OCTOBER 12

The Giant Pumpkin Weigh Off sponsored by Mendocino Greenhouse and Garden Supply will take place on Friday, October 12, from 4 to 7 pm in the Alex R. Thomas Plaza. Cash prizes over \$3,000 will be awarded. There will be music, face painting, food, free bounce houses, and other children's activities. The giant pumpkins will be featured on a float in the PumpkinFest Parade which starts at 10 am on October 13 and then put on display for PumpkinFest October 13 and 14. Giant Pumpkin Weigh Off entry forms are now available at the City of Ukiah Civic Center Annex at 411 West Clay Street

**September 29**  
 Deadline to submit work for the Ukiah Library Mendo Fire Storybook.



in Ukiah or at www.cityofukiah.com/pumpkinfest. Info: Community Services Department, 707-463-6231.

**Thurston Auto Annual Golf Challenge to benefit Boys and Girls Club**  
 OCTOBER 20

Thurston Auto is sponsoring a golf challenge to benefit the Ukiah Boys and Girls Club on Saturday, October 20. Registration begins at 7:30 am with tee-off at 9 am. The cost for this event is \$90 and includes 18 holes of golf, a riding cart, food on course, and various prizes and awards. There will be an awards presentation and banquet directly afterward at the City Park. Sponsorships are available. Contact: rrinehart@rinehartoil.com or lemore@ukiahbgc.org.

**Ukiah Farmers Market / Kids POP Club**  
 SEPTEMBER 1, 8, 15, 22, 29

The Ukiah Farmers Market is open Saturdays from 9 am to noon on School Street at Clay Street in historic downtown Ukiah. Vendors offer fresh local produce, local meats, fish, honey, cheese, flowers, seaweed, baked goods, prepared foods, preserves and more. Saturdays, September 15 through October 6, kids ages 5 to 12 can participate in the POP Club booth. At the POP Club station kids get a free tasting of something prepared with fresh local veggies, a learning experience, and \$4 in free POP Buck dollars to use shopping for their own fruits or vegetables at the farmers market. POP Club also provides fun activities such as: recipe tasting, seed planting, salad-making, art projects, and learning about worm bins. Info: Scott Cratty, 707-462-7377, cratty@comcast.net.

**POP Club**  
**FREE activities, tastings, and prizes for kids at the farmers market!**

**Ukiah Library's FIRST FRIDAY ART WALK**  
 SEPTEMBER 7TH FROM 5-7:30 PM

VIEW BEAUTIFUL LOCAL QUILTS

CREATE ORIGAMI BOXES, LEAD BY ORIGAMI ARTIST LOUISE YALE

ENJOY LIVE MUSIC BY SHERIDAN MALONE

BROWSE A BOOK SALE BY THE UKIAH VALLEY FRIENDS OF THE LIBRARY

105 N MAIN STREET

**The Mendocino County Democratic Central Committee**  
 and the Inland Mendocino Democratic Club invite you to attend our annual LABOR DAY BARBECUE!

**UNITED WITH LABOR**  
 Todd Grove Park, Ukiah  
 11 am-3 pm, Monday, Sept 3  
 Food, speeches and live music — politics at its best!

**SPONSORED BY:**

LOCAL 1021  
 SEIU  
 CTA  
 KMCBC 105.1  
 NORTH BAY LABOR COUNCIL, AFL-CIO  
 MIKE MCGUIRE STATE SENATOR  
 JIM WOOD DISTRICT 2  
 PROGRESSIVE

Clint Hudson will be grilling local beef burgers, kosher beef hot dogs, chicken legs and a vegetarian option.

Beer, wine, and Sugar Shack desserts will be available for sale.

Please bring potluck sides and salads.

DONATIONS ACCEPTED—PLEASE BE GENEROUS!

For more information call Helen at 707-367-0250.

SEIU  
 CTA  
 KMCBC 105.1  
 NORTH BAY LABOR COUNCIL, AFL-CIO  
 MIKE MCGUIRE STATE SENATOR  
 JIM WOOD DISTRICT 2  
 PROGRESSIVE





# ‘Gardenpalooza’

BRING YOUR FAMILY TO THIS 1ST ANNUAL COMMUNITY POTLUCK AT VINEWOOD PARK

Submitted by North Coast Opportunities

Join the NCO Gardens Project for Gardenpalooza on September 8 at Vinewood Park (Elm and Magnolia Street) in Ukiah from 11 am to 3 pm. This free family-friendly event invites community gardeners and garden supporters to connect for a tasty and fun-filled afternoon.

Gardenpalooza will feature a community potluck picnic (bring blankets and chairs), lawn games for all ages, children's activities, and local garden, farm and health organizations. If you are a vendor and would like to participate, please contact Lucy Kramer at lkramer@ncinc.org for a vendor application. No alcohol will be served. Plant starts will be available by donation to jumpstart your fall and winter garden.



At top: Community gardeners are encouraged to bring a favorite potluck dish featuring garden-fresh produce to share. Attendees will have the opportunity to taste and vote on their favorite recipes to be featured in the NCO Gardens Project's upcoming cookbook. Above: Gardenpalooza is hosted by the NCO Gardens Project. Below: Plant starts will be available at Gardenpalooza by donation to jumpstart your fall and winter garden.



To keep up-to-date on this event and current projects, follow NCO Gardens Project on Facebook or @gardensproject on Instagram. Donations are always accepted and appreciated through the Facebook page, the website [www.gardensproject.org/donate](http://www.gardensproject.org/donate), by mail, or in-person to the Gardens Project office at 413 North State Street in Ukiah.

To donate lumber, tools, fencing, or any other materials for current building projects or to volunteer, contact [lkramer@ncinc.org](mailto:lkramer@ncinc.org) or call 707-467-3200 ext. 246.

The Gardens Project has been a program of NCO since 2007. NCO is the community action agency that supports Lake and Mendocino counties as well as parts of Humboldt, Sonoma, Del Norte and Solano Counties. This year marks NCO's 50th Anniversary, and the occasion was celebrated with a picnic-style celebration at Todd Grove Park in Ukiah on August 25. NCO was also the winner of the 2018 California Nonprofit of the Year Award. Learn more about NCO by calling 707-467-3200 or by visiting [www.ncinc.org](http://www.ncinc.org).

**Spend \$50 or more on party trays or a catering order and get a FREE dozen cookies!**

**1308 N. State St. • UKIAH • 707-462-0227**  
(In the Raleys Shopping Center)

**Belinda Andrus**  
707-472-7853

[www.partylite.biz/belindaglowgirl](http://www.partylite.biz/belindaglowgirl)  
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Easy access to funds anytime, for needs such as:

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- Unexpected expenses

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**US Savings Bank**  
OF MENDOCINO COUNTY

## Veterans Stand Down / Resource Fair

Submitted by Mendocino County Health and Human Services Agency

The United Veterans Council of Lake County, Inc. is sponsoring the fifth annual Lake-Mendocino Stand Down / Veterans Resource Fair. The Stand Down is being organized by Lake County Vet Connect, and will take place on September 19 and 20, from 9 am to 4 pm, at the Lake County Fairgrounds, located at 401 Martin Street in Lakeport.

The 2017 Stand Down / Resource Fair event hosted over 200 veterans and offered a variety of services, assistance and information, provided by more than 50 agencies and organizations.

This year's Stand Down will offer access to on-site medical services, information on veterans benefits, as well as other programs related to educational, medical, legal, employment and food resources that are important to our veterans.

The Lake-Mendocino Stand Down will also have resources available to veterans who are homeless, or at risk of homelessness. Lunch will also be provided.

Organizers are seeking volunteers to assist with the event. Volunteers will assist in helping set up and close the venue, staging, issuing materials and supplies to the veterans, and preparing food. Monetary donations are also welcome.

If you would like to volunteer to assist with this event or donate, contact UVCLC Vice President Frank Parker, at 707-274-9512.

**LAKE-MENDOCINO HOMELESS VETERANS STAND DOWN VETERANS RESOURCE FAIR**

**SEPTEMBER 19 & 20, 2018**

**9 AM-4 PM**

PROOF OF SERVICE REQUIRED- NOVA OR VETERANS ID

**LAKE COUNTY FAIRGROUNDS**  
401 MARTIN ST  
LAKEPORT, CA

**FREE SERVICES AVAILABLE INCLUDE:**

- VETERANS BENEFITS
- SOCIAL SECURITY
- HUD/WASH
- PUBLIC BENEFITS
- LOCAL NON-PROFITS
- WOMENS HEALTH
- EMPLOYMENT ASSISTANCE
- LEGAL ASSISTANCE
- DMV
- HEALTH SCREENINGS
- EDUCATION SERVICES
- MANY OTHER SERVICES

LOUNCH INCLUDED - SERVICES OFFERED MAY CHANGE WITHOUT NOTICE - NO KNIVES, GUNS OR WEAPONS OF ANY KIND ALLOWED - MILITARY SURPLUS RESERVED FOR HOMELESS VETERANS - QUESTIONS OR TO VOLUNTEER-CONTACT FRANK PARKER AT 707-274-9512

## Gala raises over \$140K

### MENDOCINO COLLEGE FOUNDATION BENEFIT RAISES FUNDS FOR STUDENT SCHOLARSHIPS

Submitted by Mendocino College Foundation

The Mendocino College Foundation's annual gala was held on Saturday, August 11, in Pomo Plaza at Mendocino College. Once again, the foundation partnered with Mendocino Winegrowers, Inc. and this year's event marked the 31st and final gala.

Over 300 loyal supporters and fans of education participated in the event, with 100 percent of the more than \$140,000 in proceeds being used to fund student scholarships at Mendocino College.

The ever-exuberant Senator Mike McGuire led the live and Fund-a-Need auction, bringing in over \$65,000 in revenue. Emeritus Foundation President Richard Cooper served as the event emcee, assisting McGuire in the evening's frolics.

This year's Fund-a-Need was a drive to create named scholarships in honor of each individual who served as a foundation president. The foundation was established in 1984 and has enjoyed the leadership of 18 distinguished presidents.

Guests mingled throughout Pomo Plaza sampling 17 beverage stations and enjoying passed appetizers by Ellery Clark Catering. Beverage stations included Barra Winery, Bonterra, Brutocao, Campovida, Enoteca, Frey, Graziano, Greenwood Ridge, Handley Cellars, Jaxon Keys, Long Meadow Ranch, Naughty Boy, Rivino, Saracina, Seebass, Testa and Trinafour.

The ever popular wine-pull was open for business with the highly sought after Roederer magnums in the lineup. A few of the silent auction items were a case of award-winning wines from Mendocino County, Jan Hoyman Pottery, numerous experiences on the Mendocino Coast, and stays at Jaxon Keys and the Inn at Newport Ranch.

The live auction included a beautiful set of patio furniture generously donated by Freidman's, a week in a Palm Desert condominium, an Alaskan fishing adventure at King Salmon Lodge, and a Masut Vineyard and Winery experience, to name a few.

This year's presenting sponsor was the Law Offices of Caren Callahan, with additional sponsors including Khoury Dentistry, Main Street Research and Financial, LLC, Fowler Subaru, Savings Bank of Mendocino County, Adventist Health Howard Memorial, Adventist Health Ukiah Valley, Guillon Inc. / Crush, Realty World Selzer Realty, Community First Credit Union, NC Financial Group, NCRM, SHN Consulting and Geologists, Inc., Sutter Health Sutter Lakeside Hospital, Mendocino County Fair Wine Competition, Max 93.5, and 94.5 K-Wine.

"On behalf of the Mendocino College Foundation Board of Directors, I would like to extend our heartfelt thanks to everyone who has ever written a check to the foundation to support student success – we appreciate you helping us help them," stated Executive Director Katie Fairbairn.

For more information about the Mendocino College Foundation or to donate toward any of their programs, call 707-467-1018, or visit <http://foundation.mendocino.edu>.

At left: Senator Mike McGuire leads the live and Fund-a-Need auction, bringing in over \$65,000 in revenue.



Above: Recipients of the awards pose together with their presenters and Redwood Empire Fair's CEO, Jennifer Seward, right. Above, right: Darren Brewster, left, receives his award from REF board member Roger Coate. At right: Jim Brown, left, shares a laugh with REF board member Mike Anderson while receiving his award.

## Directors Dinner

FOUR HONORED AT 2018 REDWOOD EMPIRE FAIR AWARDS DINNER

Each year, a few outstanding businesses or individuals are selected to be honored at the Redwood Empire Fair's Directors Dinner and, this year, four entities were chosen to receive awards and appreciation during the Thursday, August 3 event.

Business of the Year was awarded to Slam Dunk Pizza; the Exemplary Service Awards went to Darren Brewster of the Mendocino County Sheriff's Office and to Tim Bosma of Harvest Market; and the Blue Ribbon Award went to Jim Brown of the Mendocino County Fair.

Slam Dunk Pizza is owned and operated by Matt and Stephanie Dunken and Chuck and Sue Thornhill, and "has become synonymous with family, fun and celebration" in the Ukiah area.

The business also was awarded Business of the Year 2018 by the Ukiah Chamber of Commerce and also received the chamber's New Business of the Year award in 2014.

Darren Brewster is commander of the Mendocino Major Crimes Task Force, lieutenant for the Mendocino County Sheriff's Office, and commander of the Mendocino County Multi-Agency Gang Suppression Unit.

For nearly three decades, Brewster as worked to help ensure Mendocino County remains as an excellent place to live, raise a family, work and enjoy. Brewster enjoys spending his time off golfing, working out, and spending time with his wife and their children.

In addition to this award, Brewster also received an Outstanding Task Force of the Year for Northern California award and two commendations for Officer of the Year.

Tim Bosma has been the owner of Harvest Market in Fort Bragg for over 13 years. Harvest

Market focuses on local ingredients, community support, and superior customer service.

Bosma is very involved with the community; he coached and served on the Fort Bragg High School's Interact Club; coordinated the Paul Bunyan Day Parade; and volunteers for the Coast Sports Foundation and the annual Salmon Barbecue. He has also received a Rotarian of the Year award, and the Charlie Lynn Bell award from the Mendocino Coast Chamber of Commerce.

Jim Brown is the owner of B Bar Six Polled Herefords and a lifetime rancher, who along with his family, has had a large presence in local livestock and local fairs, including Brown's job as CEO of the Mendocino County Fair and Apple Show in Boonville. Brown represents the north coast on the board of the Western Fair Association.

Brown is also a member of the American Hereford Association, American Angus Association, California/Nevada Hereford Association, California Angus Association, the Mendocino County Farm Bureau, the California Cattlemen's Association, and the California Fair Alliance.

Brown has also been recognized as the California/Nevada Hereford Association's Breeder of the Year.

— Submitted by the Redwood Empire Fair



A young contestant takes a Gallagher-like swing at an awaiting pumpkin at a previous year's pumpkin smash contest.

Photo by Jendi Coursey

The end of "PumpkinFest" from page 3

Savings Bank in parking lot. There will also be arts and crafts as well as merchant, food, and information vendor booths throughout the Ukiah Country PumpkinFest.

The Slam Dunk Pizza Standley Street Stage will host live music, vocalists, SPACE dancers, UCLO Ukiah Idol, a pet contest and more – plus fun and games with "DJ Ken Steely Entertainment."

Call 707-468-3808 if you have entertainment you would like to have

considered for the "Slam Dunk Pizza Standley Street Stage." A variety of entertainment will be considered to be featured: bands, vocalists, dancers – singles or groups, magicians, ventriloquists, clowns, balloon twisters, etc.

For information about different events within PumpkinFest, call 707-463-6231. Also, visit us at [www.cityofukiah.com](http://www.cityofukiah.com) to locate forms to enter the bake contest, parade, and 3-on-3 Slam Dunk Hoop Tournament.



The end of "Pure Mendocino" from page 1

Breast Cancer Crusade, came to a close. "Grants can be found to fund special projects and needs, but most do not pay for the basic costs of doing the work, such as wages, utilities and rent."

The Cancer Resource Centers of Mendocino County got its start in 1995 and has remained a grassroots nonprofit, dedicated to improving the quality of life of anyone with cancer in Mendocino County. For more information about the Cancer Resource Centers of Mendocino County, visit [crcmendocino.org](http://crcmendocino.org).



At top: Chef Olan Cox of Mendough's Wood Fired Catering prepared an organic, locally sourced, seasonal meal for Pure Mendocino, including bowls of fire-roasted summer squashes.

Above: Members of the server, hostess and waitstaff crews who attended to the guests at this year's event smile for the camera.

At left: Victor and Norma Hansen enjoy beverages while awaiting dinner.

Below: Executive Director Karen Oslund and board members Paula Cohen, Carol Michelson, Michelle Greene, Nancy Puder, Peter Braudrik, Robin Dolan, Jim Flaherty, and Jendi Coursey pose together at the event.

Photos by Maureen Moore





# Free Children's Health Fair

## WILD ABOUT HEALTH



- PRIZES
- CHILD IDENTIFICATION BOOTH
- FUN ACTIVITIES

**FREE  
HEALTH  
SCREENINGS  
for Children**

**Sunday, October 7, 2018**

11 a.m. – 3 p.m.  
**Alex Rorabaugh Center**  
Grace Hudson Elementary School campus  
1640 S. State St., Ukiah

**Rain or Shine!**

### **Bike Safety Course**

Bring your bike & helmet  
Or receive a FREE helmet at the event

**For children 0-12 and their families**

707.456.3213 for more information

Major Underwriters:

**Adventist Health**  
Ukiah Valley

