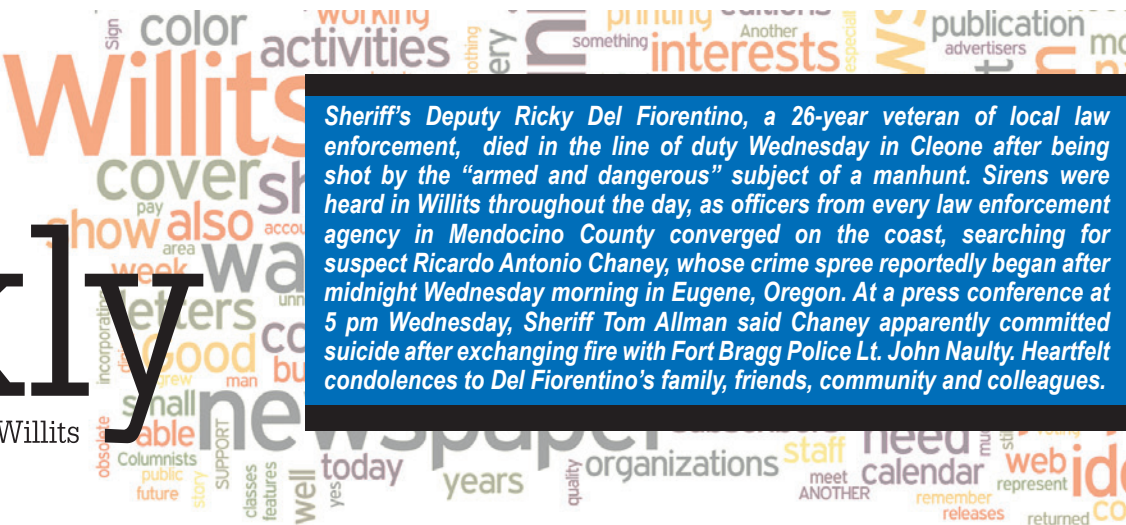


Willits Weekly

Online & Print

EST. 2013

A Nostalgic & Modern Record of Community and Life in Willits



Sheriff's Deputy Ricky Del Fiorentino, a 26-year veteran of local law enforcement, died in the line of duty Wednesday in Cleone after being shot by the "armed and dangerous" subject of a manhunt. Sirens were heard in Willits throughout the day, as officers from every law enforcement agency in Mendocino County converged on the coast, searching for suspect Ricardo Antonio Chaney, whose crime spree reportedly began after midnight Wednesday morning in Eugene, Oregon. At a press conference at 5 pm Wednesday, Sheriff Tom Allman said Chaney apparently committed suicide after exchanging fire with Fort Bragg Police Lt. John Naulty. Heartfelt condolences to Del Fiorentino's family, friends, community and colleagues.

By donation

Thursday, March 20, 2014

Edition No. 46

Robot used to disarm Branscomb Road pipe bomb

Zack Cinek
Reporter
zack@willitsweekly.com

Police used a robot to water down a small pipe bomb found on Cahto Drive off Branscomb Road in Laytonville a couple of Sundays ago.

The California Highway Patrol closed the road and requested help from Humboldt County Sheriff's Office bomb technicians after the pipe bomb was reported on March 9.

"They came down, and took over handling and destroying the object that was found," CHP Officer Mike Major said.

Police first believed the white PVC pipe with a fuse and some smokeless powder inside was a stick of dynamite wrapped in camouflage-print duct tape, said Humboldt Sheriff's Lt. Steve Knight.

The object was about 4 or 5 inches long and about 3 3/4 inches in diameter, police said. It looked as

Read the rest of **Bomb**
Over on Page 11

Council endorses letter seeking Japan radiation monitoring

Zack Cinek
Reporter
zack@willitsweekly.com

City council members will send a letter to President Barack Obama asking for help to monitor and protect the Mendocino coast from radiation leaking from the Fukushima-Daiichi nuclear power plant in Japan.

The Fukushima-Daiichi letter bound for Pennsylvania Avenue earned its postage stamp with approval from Councilwoman Madge Strong, Mayor Holly Madrigal and Councilman Ron Orenstein.

Supervisor John McCowen from Ukiah attended last week's meeting to support passage of the PACE program, but stayed late to speak on the letter.

"I think there is a local connection," McCowen said. "It is still an ongoing and potentially catastrophic event."

He and 4th District Supervisor Dan Gjerde penned a similar letter for county supervisors, which won unanimous approval last year.

Charlie Vaughan, the
Read the rest of **Japan**
Over on Page 11



Above: Affleck happily chugs milk from the bucket, getting as much on him, as in him.

Photos by Maureen Moore

Below left: Tuolumne says "hello" over the edge of the kidding box she shares with siblings; right: Affleck and Aristotle check out the green grass in the next door pasture.



First Day of Spring!

March 20 is the official first day of Spring in 2014

... and what better way to celebrate than with a little photo moment with some adorable Nubian dairy goat babies.

Bred by Karen and Walter Smith of Wingwood Farms in Willits, these are just a few of the darling bouncing babies now on the ground at the Smiths' barn. A drive through the valley will not only offer scenic views, but a glimpse of many other little ones in ranchers' fields, too.

While the recent rains have left the ground and creeks looking good for now, additional rainfall is still needed. Rumors of rain late next week leave us hoping Mother Nature will give us at least a little more – we're not even to "April Showers," yet!

Council opts to join PACE program

Zack Cinek
Reporter
zack@willitsweekly.com

Willits residents will be allowed to participate in the Mendocino County Clean Energy Program, the city council has decided.

The 4-1 vote opened the door for Willits residents and businesses to pay back loans for renewable energy or energy efficiency upgrades when they pay property taxes, through a new PACE or Property Assessed Clean Energy Program.

"I think it is something that is really beneficial to property owners," PACE supporter Keith Rutledge said. "It lives with the property; you do not have to pay it off necessarily."

County supervisors approved the program last January. Second District Supervisor John McCowen was in Willits to help pitch the plan. "Ultimately there is no complete or perfect answer to each concern," he said.

Read the rest of **PACE**
Over on Page 11

Willits woman, ex-boyfriend arrested on sexual abuse charges

Jennifer Poole
Editor & Reporter
jennifer@willitsweekly.com

A 48-year-old Willits woman and her 68-year-old former boyfriend have been arrested on suspicion of sexually abusing a minor following a joint investigation by the Mendocino County Sheriff's Office, Willits Police Department, Yuba City Police Department, and the Mendocino County District Attorney's Office.

Sheriff's detectives took Jacqueline VanBezooyen into custody at 10 am on March 13, and booked her into Mendocino County Jail on two counts of continuous sexual abuse of a minor and a single count of child endangerment.

Former Willits resident Charles Griswold, now living in Spring City, Utah, was taken into custody by Sanpete/Juab County Major Crimes Task Force investigators the same day on a Mendocino County warrant charging him with two counts of continuous abuse of a child. Griswold was booked into jail in Manti, Utah, where he is awaiting extradition to Mendocino County.

The joint law enforcement
Read the rest of **Arrest**
Over on Page 11



City water restrictions eased a little

The city's water emergency was lowered a notch last week, but Willits water consumers are still living with rationing requirements.

Since January Willits residents have been held to using no more than 150 gallons per day, and businesses faced 35 percent cutbacks.

Zack Cinek
Reporter
zack@willitsweekly.com

Recent rains have helped raise water levels at the city's two reservoirs. "I am confident we can fill them this year," Water Manager J.C. England said.

But this year's rainfall remains at only about 50 percent of normal. Council members and staff described City Hall's actions to reduce water conservation measures as "cautious."

"This is about as comfortable as we are, to scale back by one phase," City Manager Adrienne Moore said.

England said one reservoir is full; the other is waiting until May when more boards can be added to its dam.

Average daily water use in Willits for homes is about 200 gallons in recent years, Moore said.

A document showing city water use for the month of February was prepared by City Hall for council members. The report omitted names and addresses, but included notes like residences with leaks, seven people, or two units on one water meter.

The list shows that 73 residential use customers, circumstances aside, used more than 10 units of water, or about 7,480 gallons, for the February billing date.

"We are in a classic catch-22," Councilman Ron Orenstein said. "We need to save water as much as we can and keep revenue at a level where we can maintain our water system."

Willits resident Bill Barksdale asked council members to maintain current levels of water conservation. "In my household we have been living comfortably on 75 gallons a day," Barksdale said. "I see no reason to jump to a less-severe water strategy at this point."

Councilwoman Madge Strong said she was comfortable with the council's direction, but added "we can remain responsive to the conditions we face."

Read the rest of **Water**
Over on Page 11



Crew members at the WEF dinner, from left to right: Art Cooley, Rick Crowder, Annette Cooley, Kassy Aldaco, Kathleen Goss, and Doug Goss. Hiding behind Kathleen: Dan Pinon.

Photo by Erica Aldaco

Thank you from WEF

To the Editor:

Willits is such a caring town, full of generous people so willing to go the extra mile to lend assistance and give back to our local schools. Our Willits Educational Foundation's annual Drive-Through Tri-Tip Dinner was a major success, with every ticket sold and rave reviews about our tasty meal! It is impossible to say thank you in enough ways to adequately express our appreciation!

To Willits Weekly, who supported us with pictures and stories for more than a month: Thank you so very much. The publicity was absolutely outstanding!

To the Pinon, Goss and Cooley families, who have given their hearts and souls to Willits: Thank you!

To the businesses who are asked for help time and time again, we are so amazed at your dedication to Willits. Flowers by Annette, Loose Caboose Café, Mariposa Market, Forks Ranch Market, Cat's Meow and Goods' Shoppe: Thank you!

Tam Adams at Emandal makes the most delicious bread, and everyone who purchases our dinners knows they are in for a treat. Thank you, Tam!

Willits Frontier Days: Thank you for the use of the grounds for people to drive through for pick-up. You help so much to make our job easy!

To the many people who purchased tickets or made monetary donations: Thank you! You continually renew our faith with your support of the Willits Unified School District.

The money earned with this fundraiser goes into the schools to honor teacher and program requests that will be made in September of this year.

To the members of the foundation, I extend my thanks. You work tirelessly for the good of our local schools, and I salute you!

Joan Thomas,
Willits Education Foundation
president

Human Race for Willits, too

To the Editor:

Ready, set, go! The 2014 Human Race is just around the corner on Saturday, May 3. Here at North Coast Opportunities (NCO), we're proud to work with local businesses and organizations to sponsor the Human Race. But what is it, exactly?

The Human Race is a fundraiser for any and all non-profits. Anyone can form a team, and each team gets to decide which

What do YOU think?

Opinions, thoughts and thank you letters from readers

to participate. There are many volunteer opportunities to help make the event a success. Community members can form a team or join an existing team. Participants can walk or run the 5K route. And, anyone who is unable to attend can sponsor someone or donate to a team that is fundraising for an organization they support. All contributions large and small are welcome, and every cent makes a difference.

As is true of all good work, there are unexpected benefits. The day itself is fun for families and friends who come together to celebrate their hard work, participate in a healthy walk or run, and enjoy the food and atmosphere of the event. After the race, we celebrate with fun, games, food and prizes. This isn't just any fundraiser: it's a "fun-raiser" and "friend-raiser" as well! This goodwill is what has kept NCO involved with the Human Race year after year, and I am particularly proud to be a part of an event that is focused on community and the ability of each individual to make a difference.

Please consider forming a team and supporting one of the many Mendocino County non-profits. You can learn more at MendoHumanRace.com or by calling 260-2582.

Patty Bruder,
executive director, NCO

Kindergarten at Brookside

To the Editor:

Dear community members: It is time to start thinking about Kindergarten registration for Brookside Elementary School! Brookside will hold special registration days on Monday, March 24, from 8 am to 5 pm; Tuesday, March 25 from 8 am to 11:30 pm; and Wednesday, March 26 from 8 am to 5 pm.

Children will have the opportunity to work with a staff member on a short assessment, visit his or her new school, and receive books and school supplies. We encourage everyone to register as soon as possible, so that we can plan for enough classes for next year. In order to register for regular Kindergarten, children must be 5 years of age by September 1, 2014. A birth certificate, a passport or notarized affidavit can be used as proof of birth date. The school will also need a copy of the student's immunization record.

Brookside offers a two-year transitional Kindergarten program for students who will have their 5th birthday between September 2 and December 2, 2014. This two-year program is a bridge between the pre-school standards and the Common Core State Standards for Kindergarten, and is an excellent way for younger 5 year olds to develop academic and social skills over a longer period of time. Goals of this program include increased language development

and hands-on work.

Brookside's regular Open House is scheduled for April 10, from 5:30 to 6:30 pm. The best time to visit Kindergarten classes is after 6 pm, when teachers will have more time to answer questions for incoming families. All parents and guardians are always welcome to call the school for more information or to arrange a visit.

Over the past few years, Brookside has introduced some full-day Kindergarten classes, and this year all Kindergarten classes will be full days. The Kindergarten teachers are caring, highly qualified and eager to provide a quality introduction to children's K-12 school years.

The Common Core State Standards start at Kindergarten, where students develop the foundational concepts and skills that reading and writing require, and also establish a sense of numbers and underlying mathematical concepts. Oral language, art, music, movement, motor skills and play are important components of the Kindergarten curriculum and are taught both separately and as integrated experiences. Within their day, students have the opportunity to learn school culture, make friends and continue to develop their social and physical skills.

We look forward to meeting our new Kindergarten students and families. Please do not hesitate to call Brookside School at 459-5385 for further information.

Olga O'Neill, principal,
Brookside Elementary School

Willits Weekly now also offers home delivery

Willits Weekly is pleased to announce we are now offering home delivery! If you live in Willits, Brooktrails or Little Lake Valley, you are inside our home delivery area. Your Willits Weekly will be delivered (inside a plastic bag) to your home or driveway in the wee hours of Friday morning.

Mail subscriptions are still available for those living further out, for our out-of-town and out-of-state subscribers, and for anyone who would prefer their Willits Weekly to come in the mail. Subscriptions sent by first-class mail are still \$40/six months and \$75/year.

Current subscribers will have their subscriptions extended, to take into account the lower costs of home delivery.

For questions or more information about the switch to home delivery, call 459-2633 or email willitsweekly@gmail.com. Subscriptions can be ordered by filling out the form below, and sending it, with a check made out to "Willits Weekly," to P.O. Box 1698, Willits CA 95490. Credit card payments can be made using Willits Weekly's PayPal account at www.willitsweekly.com.

We are happy to be able to lower our subscription prices and that Willits Weekly subscribers will get the paper earlier on Fridays. Thanks to all our subscribers for their support of Willits Weekly's only locally owned and independent newspaper!

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Happy Birthday!
Jayden David Devolution Schwebke We are so proud of you! 18!
Love you lots! Mom & Dad, friends and family

Happy Birthday



To: Bunny
Yes....of course I will marry you!... Duht! ...
All my love, Pooky

To: Bunny



Above: Board game medalists in "The Sorry Olympics": from left to right: Kaliyana (silver), Louis (gold) and Julian (bronze).

Louis Rohlicek
Contributing Writer

to her home town in British Columbia. Before long, grandkids were calling: "When are you coming up?"

And slowly the needle of the compass turned North.

It isn't like going to Canada is a great hardship. Anyone who has traveled to British Columbia knows it's a place of great beauty. The forests come down from the mountains to the edge of the sea. Bald eagles there are as plentiful as red-tailed hawks in Mendocino County. Islands covered with conifers dot the Georgia Straits.

Oh, Canada

Editor's note: Willits Weekly's foreign correspondent Louis Rohlicek and his wife, Sally, drive north to Canada to visit the grandchildren.

There was a time for Sally and me when our compass almost always pointed South: Mexico, Morocco, Venezuela, Spain, and Mexico again.

There were exceptions. Trips to England took us in a north-easterly direction. These were family visits, for Sally to connect with her brother, aunts, uncles, and cousins. We soaked up the lush greenery of the English countryside, visited Stonehenge and Bath, and filled up on Cornish pasties and scones with generous dollops of Devonshire cream.

But to visit sites of ancient pyramids, feel the heat of a hot sun, swim in a warm sea, and eat tagine, arepas, tapas, or mole, the needle on our compass would point South.

Then the unexpected occurred. Our son, River, met a beautiful young Canadian. They met in Mexico. But instead of settling there in a bungalow overlooking the sea, with a garden full of papayas and mangoes and a spare room for visiting parents, they moved

There's a reason for this wild beauty. It rains a lot.

It's a thousand miles from Willits to Sechelt, River's Canadian home. We usually fly. We catch a plane in Santa Rosa and fly to Seattle. It would seem to be more logical to fly the 200 miles further north to Vancouver. But the airlines charge almost double to go those extra 200 miles. It's a mystery, though I'm sure some MBA working for Alaska Airlines would have an explanation. But we take the easy way out, rent a car, and drive the rest of the way.

Our most recent invitation from the far north came soon after last Christmas. It was Sebastian, the oldest of the grandkids, calling to tell us about the basketball tournament he and his high school JV team were going to play in. "Can you come up and see us play?" We responded just like old Mr. and Mrs. James responded when their grandson, LeBron, invited them to his high school tournaments. "Sure."

Sally had a good idea. If we went by car instead of flying, we could make a winter road trip out of the visit. I liked the idea. I also saw an opportunity to take up the remaining boxes of River's personal items we had been storing for the last 20 years. It was definitely time for River to reunite with his valuables.

We decided to drive up Highway 101 instead of Interstate 5. Interstate 5 has an advantage. You can drive 70 miles per hour and make good time. But you pay a price. On the high passes big rigs breathe down your neck on the downgrades, or they can block the lanes as they inch around each other going uphill. It can make for white-knuckle driving. In winter there's the further problem of blizzards and snow on the high passes.

So we opted for the drive up the coast. It did mean that, while in Oregon, we couldn't go faster than 55 miles per hour (and just as

Read the rest of **Canada** | Over on Page 9

COLUMN | Seasonal Care of Your Home



Spring:

the most important time of the year for your home

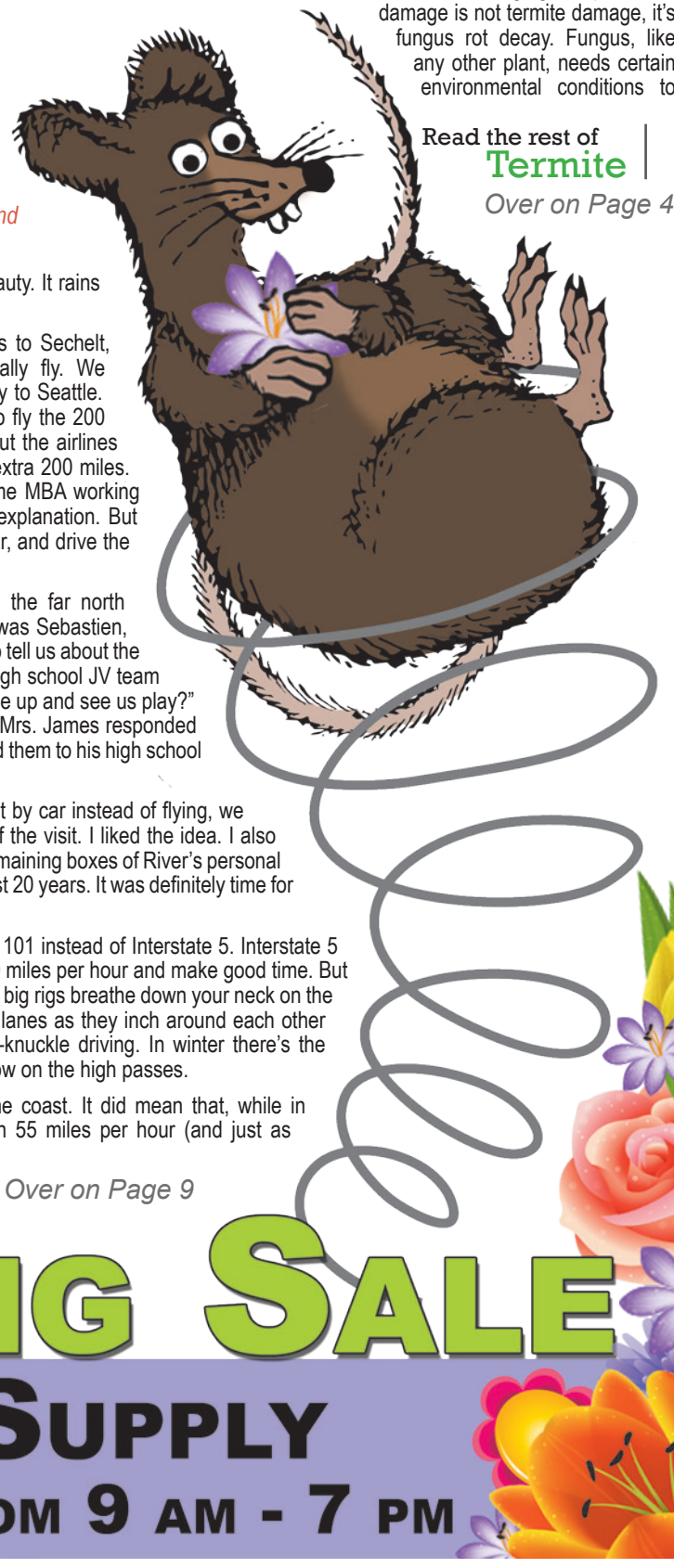
The long-needed rains will soon come to an end, and the temperature will rise. This will trigger subterranean termites to swarm. You may have seen "black ants with wings" coming up out of the ground during the spring. Sometimes they are just ants; sometimes you're not so lucky.

Matt Miller
Columnist

The easiest and most distinguishing difference is that ants have a visible "pinched in" waist area like you might imagine on a wasp. Termites do not have a visible "pinched in" waist area. Good rule of thumb, if you see more than one of any type of insect, check it out and try to determine if it's friend or foe. We encourage people to try and take a good close-up picture and send it to us at mat@mendolaketerrite.com, and we will do our best to advise you whether you need onsite help or if the insect is a non-structural nuisance.

The most damaging and pervasive damage is not termite damage, it's fungus rot decay. Fungus, like any other plant, needs certain environmental conditions to

Read the rest of **Termite** | Over on Page 4



SPRING FLING SALE
AT SPARETIME SUPPLY
SATURDAY, MARCH 22ND FROM 9 AM - 7 PM

The Rules: **LETTERS**

Letters & Commentaries: Email letters to willitsweekly@gmail.com. Letters from area residents, focusing on Willits issues, activities, events and people, have priority. Typed letters can be sent to Willits Weekly, P.O. Box 1698, Willits, CA 95490, but email is preferred.

Letters & Commentaries must have a name, address and phone number, although only the author's name and city of residence will be published. No anonymous letters will be published.

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m•pho•tog•ra•phress
[fuh-tog-ruh-triss]

noun: Maureen Moore: a person who creates fabulous photo moments

Facebook 707-972-7047 maureengetsmail@gmail.com



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Puzzle Page

Activities & fun for kids of all ages

MEDICINE WORD SEARCH

F M R I M Y D S C I T O A I B I N T N A O U
 N D O O L B N D J E U R A T I A N G E R P X
 H O F O S V C B J E Y A C T A N S Z Z L J R V
 M I E M E D I C I O N E T M L S Z T L U J R V
 E T B Z J A B D O I N E I N A L S A G E U B A
 G L A C U T E G O L N H W B E M L Z F U N I A
 N L A C U T E G O L N H W B E M L Z F U N I A
 I P R D G R E V E L A O D H G A L T Y N U C N
 R M R O G Y T E I C I O D G A B F T J T N A
 Y O R A X A F I T P E T I W A B B M A E C O R
 S C S P R L D I T H E C A Z E R R E S S T N U S
 S O J I A V R I N C E O C A R Z I F V H I S P Y C S
 D S P R T R N C D N A E I F V O R I N O S S E N
 J X O D C A P I A E N I F O R I N O S S E N
 E P M S U O N R S I T S G E L C E I O A S I
 S S E N I H A E R S I S L A F I F N M L J D
 W R F S A H L N O S B F S P I F E Y V R U P E
 P P O R O F P E L U E F B H I E J H A P E
 H N C U X A E G V E D Z V C X Z H D H U F S
 N W E I G H T E R E R Y U D T Z G P C

Find the words hidden vertically, horizontally & diagonally throughout the puzzle.

- | | | | |
|---------------|------------|------------|--------------|
| ABDOMINAL | DIZZINESS | INSURANCE | PREGNANCY |
| ACETAMINOPHEN | DOSAGE | LIVER | PRESCRIPTION |
| ACID | DURATION | MEDICINE | PULSE |
| ACUTE | EFFECT | ORAL | REFILL |
| ANTIBIOTICS | EXPIRATION | OTC | REFRIGERATE |
| BLOOD | FINISH | PHARMACY | SUBSTANCE |
| COMPLETION | GENERIC | PLAN | SYRINGE |
| COVERAGE | HERBAL | POISON | TEASPOON |
| DISSOLVE | INJECT | PRECAUTION | WEIGHT |

Sudoku

				5		2		
		3	7					
			1	4	8			
5	9						3	8
		6						
8			9					
	1			6				3
				4	7	6		
4	5			8				

Level: Intermediate

How To Sudoku:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a Sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

The rest of Termite

thrive. Fungus thrives in excessive moisture and temperatures in the 65 to 80 degree range. That's spring around here.

First place to check is your crawl space. Is the ground wet? Even damp can be a problem if ventilation is reduced. If you have standing water now or after periods of hard rain, you should correct immediately with gutter diversion or sump pumps. Inspect your home and subarea below during a hard rain and try to determine the "flow" of water on your property. In the summer or fall you can work on grading and exterior drainage for the following rainy season.

Check out the subarea framing to determine if your house is "sweating" or suffering from condensation. Many homes are under-ventilated or the vents have been blocked by additions, decks, storage, plants etc. Improving your ventilation is generally inexpensive and can compensate for damp soil in the subarea.

The next most common area for fungus to grow is the bottom side of your decks and porches. Shine a flashlight up on the bottom side of your deck. Do you see splotchy, white areas? That may be the start of fungus decay. You may need to have the framing checked by a professional pest and fungus inspector to determine if the fungus can be treated or if the wood needs to be replaced.

Please remember it is not legal for contractors to remediate treat fungus; they can, however, remove and replace the infested framing or decking. It is legal for homeowners to do their own treating or employ a branch 3 pest control company.

If you choose to do your own treatment, please read all labels prior to treatment for proper safety precautions and use. Remember you will get the product on you, so you will need coveralls, gloves, goggles, and an approved respirator.

Keep your deck gaps clean and clear of tree debris and pet hair; your decks will drain and breathe better. Try not to place potted plants directly on top of your deck, as this will trap water and accelerate rot damage.

Spring is the best time to inspect your home for termites, rot, and excessive-moisture conditions which can be corrected during the summer and fall after the areas have dried out. So don't forget that you should show your home just a little attention this spring! Your home will appreciate it.

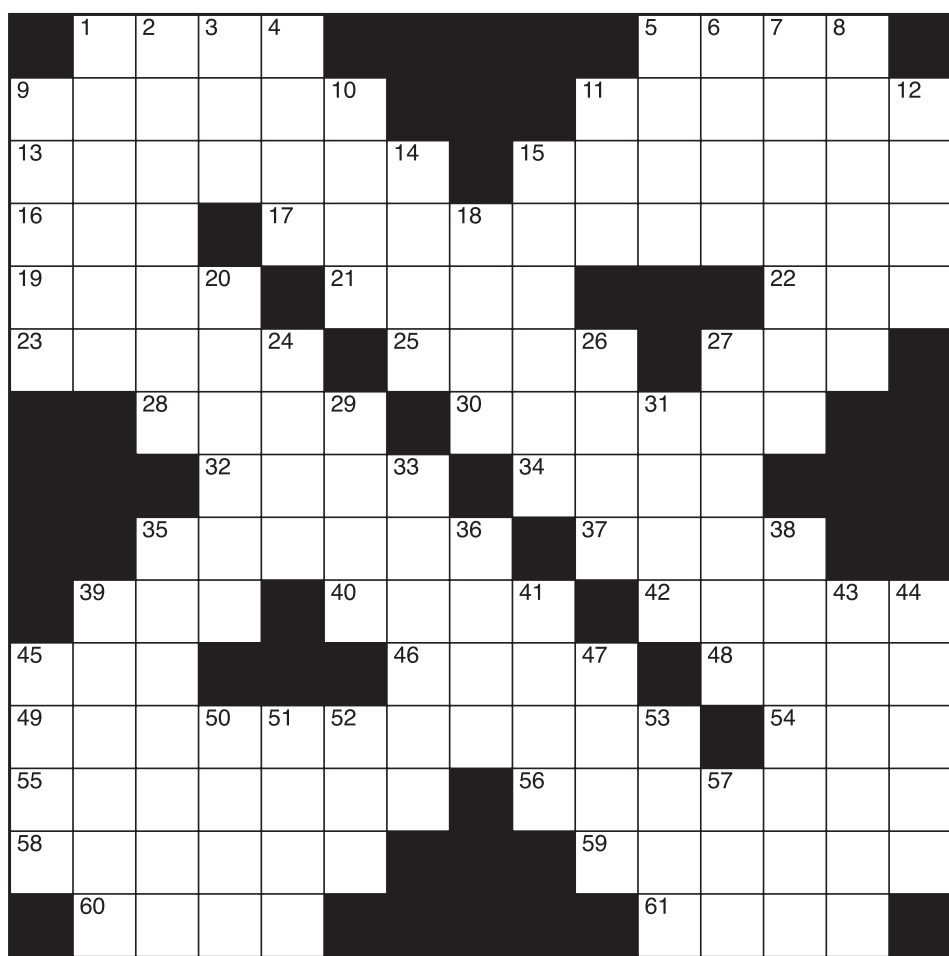
Matt "The Bug Killer" Miller is owner of Mendo Lake Termites: 30 years of inspecting homes in Mendocino, Lake and Sonoma counties. Mendo Lake Termites is still a local family business, trying harder than the "big guys" cause that's who we are. Check us out at www.mendolakettermite.com.

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Crossword Puzzle



CLUES ACROSS

- Former ruler of Iran
- Tax or levy
- St. Vitus dance
- A bog
- Mushroom rib structure
- One-sided
- Before
- Extemporaneously
- About aviation
- Macaws
- Refuge room
- Court case
- Conical kiln
- Media mogul Turner
- Cancer sign
- Fit into
- Somali supermodel
- Expires
- Trapped
- Stabilizes
- Plea urgently
- Leg joint
- Nothing (Latin)

CLUES DOWN

- Someone who takes part
- Relating to Homer
- They __
- Helicopter
- Coagulated milk
- This (Spanish)
- Moved on a log track
- Naused hermetically
- Nautical rope fastener
- __ Romeo, car
- All peoples of the Earth
- "Three Weeks" author
- Elinor
- Hairstyle
- Moved along
- UCB Business School
- Paddling
- Tibetan Buddhist monk
- E. Timor cloth
- Latin for witness
- Dog sound
- 13-19
- Involving the mind
- Washington city
- Beloved
- One who yells
- Whalebone
- The Phantom of the Opera
- Cut
- Bent away from vertical
- He killed A. Hamilton
- Digits
- Public violence
- Freshwater duck genus
- Angry
- Amounts of time
- Cuckoo

CLUES ACROSS

Intimacy
 Doris Wier
 Columnist
 In one of my previous columns, I touched on the subject of vulnerability in relationships. Since vulnerability plays such a key role in creating connection and intimacy with one another, and because this subject is so close to my heart, I decided to look at it in more depth.

A lot of adults consider showing vulnerability a weakness. Being in control, staying cool and not showing much emotion is still highly valued in our society, not only among teenagers. And yet, when I see clients in my practice, most of them are longing for more connection and intimacy. They may not specifically say that, but express it instead in terms of "wanting to improve their communication skills" or, perhaps, looking for some pointers on how to deal with frustration and anger in relationships. They might want to discuss if staying together makes sense. As paradoxical as this might sound, I consider showing vulnerability a strength.

Being in control and not showing much emotion may be critical skills for a fire fighter, a surgeon, a member of a first-response team, or a soldier at war. But when we are in less-extreme job situations or in our personal relationships, being controlled and staying cool can become obstacles to creating connection and intimacy.

Usually owners notice signs of both front feet pulse. When they both hurt, limping doesn't work because limping is designed to unload one foot. So the horse will take small minced steps, rock its weight back to the hind end, and possibly lay down more than normally. Usually, the more severe the pain is, the more damage has occurred inside the hoof capsule, resulting in greater rotation or sinking of the coffin bone.

I treat laminitis aggressively. I use an arsenal of drugs to reduce inflammation and increase blood flow to the foot. I need to know a lot about what's going on inside the foot, so I take some radiographs or X-rays. With these, we can see the coffin bone and its relationship to the hoof wall and sole. We often shoot radiographs many times while rehabbing a laminitic horse. The farrier uses these images to "derotate" the foot with corrective trimming. We use ice therapy aggressively and, often, special boots designed to support these painful feet.

These cases are often very involved and expensive. It takes about a year for a horse to grow a new foot, so if the damage is significant, treatment takes months. The horses need to be carefully managed during this time: with stall rest, diet, precise trimming, and treatment of underlying hormonal problems. While we see many of these horses return to full function, even with the best, most aggressive care available, some do not recover. When we are successful, though, it's great! Jessica's horse, Otis, had one of the worst cases of grass founder I've ever treated, and he's a rock star now.

Dr. Sheri Cronin has provided mobile equine veterinary care in Mendocino and Lake Counties for 12 years. She has extensive interest and experience in equine dentistry, endoscopy, digital radiology, reproductive care and preventative medicine. She is also the on-site veterinarian for Willits Frontier Days. Check www.mobileequineveterinary.com for more info, or call Dr. Cronin at 456-6761.

Read the rest of **Intimacy**
 Over on Page 9

CAPABILITY BROWN LANDSCAPING



North Street Collective's Winter Show

The winter show of the North Street Collective showcased the work of six apprentices and drew an audience of around 40 people during Sunday's opening event. The apprentices' past teachers, family and friends all came out to support the artistic efforts of Tasia Hooks, Anthony Gonzalez, Tim Oslund, RJ Aldaco, Melany Katz and Katie Stranske. Hooks is working on a Willits People exhibit, showcasing notable Willitsians. Gonzalez created an architectural model of the shed behind the house, showing the plans to rebuild it to be classrooms and office space. Oslund is documenting and mapping previously unmapped wilderness

areas of Mendocino County by GPS. Aldaco is hoping to "bolster local bike culture" with the installation of five donated bike racks, to be placed in front of several local spots in town, including North Street and Willits High School. Katz is hard at work revamping the North Street garden, planting flowers and veggies for the coming seasons. Stranske did a study and drawings of several types of the Mycorrhizae that grow locally in Mendocino County. Open gallery hours are planned soon, and anyone wishing to learn more can check out the website at www.NorthStreetCollective.org.

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At right, from top: One of the bike racks created by RJ Aldaco. This one is installed at the front of the North Street Collective.

Natasha Hoehn holds a book of photos from the last apprentice showcase. A book is planned for the winter show also.

A model made by Anthony Gonzalez showing a to-scale rendering of his plans for the "Mavis Shed" redesign project.

North Street Collective's overseers, Noel Woodhouse and Natasha Hoehn.

Photos by Maureen Moore
 More photos online of the winter event at <http://photographess.zenfolio.com/northstreet2014>



From left to right: Soroptimist members and students at the book dedication, from left to right: Loraine Patton, Victoria Silva, Alexis Hudson, Rachael Kanonchoff, Cheyenne Baker, Vicki Ham, Chelee Spaggiari and Tori Troum, with WHS Librarian Michael Colvig.

Soroptimists dedicate Women's Studies books to WHS library

Soroptimist International of Willits met with Willits High School Librarian Mike Colvig to put together a list of books geared towards Women's Studies as part of SIW's "She Reads" girls' book project. SIW hopes to continue providing books to both the Baechtel Grove Middle School and the Willits High School as part of their continuing project.

"Our culture is not very supportive of women or letting them see the full measure of what life has to offer them," said Vicki Ham, past president of the Willits Soroptimist group. "Less than 2 percent of written history is about women. On the other hand, mass media is focused on girls and offers images that are not authentic and, oftentimes, demeaning. These are messages that girls are receiving and creating their reality around," she said. The Soroptimists feel that more girls will be

able to dream bigger if they have access to books about positive role models for women. Soroptimist International's mission is to improve the lives of women and girls through programs leading to social and economic empowerment. SIW meets at the Country Skillet restaurant on the second and third Tuesdays of the month at noon; please come join us.

SIW supports such projects and programs as Project Sanctuary, Brown Bag Lunch, Willits Kids Club, Willits Frontier Days Sweetheart contest, and the "She Reads" girls' book project, just to name a few. Check out the 2014 Community Telephone Directory for more photos and information on Soroptimist International of Willits.

- Loraine Patton, SIW

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 See Player's Club for Details Management Reserves All Rights

Thursday, March 20

"Last Call at the Oasis": Now & Then Film Series presents this timely documentary by filmmaker Jessica Yu about our urgent water issues. 7 pm at the Little Lake Grange. The film explores the drought, threats to fishing and agriculture, the safety of drinking water, fracking, weather and waste, examining the looming global water crisis and what can be done to avoid it. 7 pm at Little Lake Grange, 291 School Street. Suggested donation of \$5 to \$10. Info: 459-6362.

Shanachie Pub: solo performance by Fort Bragg guitarist/songwriter Steven Bates. 6 pm, no cover. Visit www.myspace.com/stevenbatesmusician. 50 B South Main Street, behind Adam's Restaurant. Info: 459-9194.

Friday, March 21

Shanachie Pub: The Blue Reptiles, original and old school blues songs. 8 pm. 50 South Main Street, behind Adam's Restaurant. Info: 459-9194.



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What's Happening Around Town

Things to do, see and enjoy in and around Willits

Saturday, March 22

St. Anthony's Polenta Dinner: with polenta, salad, bread and dessert: "Come join the fun and have a great dinner." Cocktails: 6 pm; dinner: 7 pm. St. Anthony's Parish Hall, 58 Bush Street. \$15; \$10 children. Info and tickets: 459-6588.

Shanachie Pub: La Mandanga, 9 pm. Flamenco fusion from Marin County, featuring Alberto Gutiérrez (vocals and guitar) & Javier Jiménez (guitar and vocals), both from Spain, and Mark Bell (cajón), Luis Jiménez (cajón) & Joe Nemzer (bass). "Combining upbeat rhythms, the passion of the gypsy, catchy melodies and haunting lyrics." Visit www.lamandanga.net. 50 South Main Street, behind Adam's Restaurant. Info: 459-9194.



Mindy Kittay at kittaym@co.mendocino.ca.us or 463-4492, or contact your local branch.

Willits Boogie On Down Dance: dinner and dance at the Little Lake Grange, starts at 5 pm. First dance event by Trey Dog Productions, which hopes to build a family recreation center in Willits: "a safe fun place for your youth and family activities." Swing dance and break dance competition: dress to impress: 60s, 60s, 80s or Western fashion. Prizes for best-dressed family and more. Free hamburger and drink with each admission. \$35 for family or group of 5, admission and fried chicken dinner included. To reserve dinner and entry, or for more info, call 707-350-7073.

R. Carlos Nakai, Native American flute, and Will Clipman, pan global percussion: SOLD OUT. Willits Community Theatre has a waiting list for a limited number of additional seats in the event of cancellations: call the WCT office at 459-0895 to add your name.

Sunday, March 23

Library Community Meeting: Today's meeting, 3 to 4:30 pm at the Willits Library Meeting Room, 390 East Commercial Street, is one of three public meetings countywide, designed to provide a forum for public comments on the future direction of the library. "The meetings - along with an online poll at: www.surveymonkey.com/mendoliblibrary - are part of our efforts to give the residents of Mendocino County a chance to participate in shaping the strategic vision for the libraries." Meeting participants are invited to provide brief (two-minute) comments regarding what they would like the library to provide; library staff will remain on site after each session to answer questions about current library services and offerings. Info: Mendocino County Librarian

Tuesday, March 25

Tightwad Tuesdays at the Noyo Theatre: All 2D movies that are in their second week are \$5 on Tuesdays at the Noyo Theatre for all ages, all showings. This week's Tightwad movies: "Need For Speed" and "Mr. Peabody & Sherman." For showtimes: www.noyotheatre.com. 57 East Commercial Street. 459-6660.

Willits Environmental Center Benefit: 5:30 to 10 pm at Shanachie Pub. WEC board of directors members will be guest bartenders, with tips going to benefit the WEC. Music by Richard Jeske and friends, Marjo Wilson, and Forrest and Malakai. Treats by donation. 50 South Main Street. Info: 459-9194.



Above: *New Blu Trio* Photo by Tamara Steffen Right: *Malakai* Photo by Kaylyn Schindel

LocaLights: Malakai and New Blu Trio

LocaLights will host its second fundraiser concert for the Willits Community Theatre on Sunday, April 6, at 7 pm at the Playhouse, 37 West Van Lane (just behind Shanachie Pub). This event features all local Willits performers. First up will be Malakai, followed by the New Blu Trio. Tickets are \$10; \$15 for front-row seats; and \$5 for last-row seats; on sale at Goods' Shoppe. Info: call producer David Partch at 459-7054.

Malakai first performed in front of a large audience at the age of 7, singing in a duet with his father, Greg Schindel. He has been expanding his repertoire ever since, playing the trumpet, the flute, the pan flute, the guitar, the didgeridoo, the dulcimer, the recorder and perhaps a few other instruments. He formed a band, called Schindig, with Forrest Glycer as the front man, which performed for several years. He now performs professionally as a member of The Dirt Floor Band and regularly on the Skunk Train. With all of his incredible musical talent, it is hard to believe that he also devotes much of his time to the visual arts, primarily painting. He is often employed around the county as a muralist. It has been reported that he sings operatic arias while he works on the scaffolding.

New Blu Trio is fast becoming a local favorite, featuring Nancy New on acoustic guitar, Don Fiers on bass, and Anita Blu - all of them in their own right excellent vocalists. Put them all together, and you get an incredibly fun line-up of music and polished three-part vocal harmonies! The New Blu Trio has been serenading audiences with easy listening tunes ranging from the Beatles to jazz standards to The Kinks, Phoebe Snow, KD Lang, old hop-a-long cowboy songs, and anything in between. They have performed throughout Mendocino and Lake counties: at the Willits Community Theater, the Brooktrails Lodge, Uncorked Wine & Bistro, Sho-Ka-Wah Casino, Blue Wing Saloon, the Willits Farmers Market, the Willits Holiday Crafts Fair, the Willits Annual Home Town Festival, and the Willits 4th of July Festival, as well as charitable events such as the Annual Food Bank Variety Show. They bring a vibrant new flavor to our local entertainment.

- David Partch

Save the Date

Ridgewood T.R.A.I.L. Riders Arena Dedication and Open House, April 19, Ridgewood Ranch

Sober Grad Take Home Tri-Tip Dinner, April 25, tickets at Cat's Meow

Willits Frontier Days Equine Educational Clinic, May 17



Get included in the Willits Weekly Calendar!

Willits Weekly wants to list your event or special meeting for free in our Calendar! Email details (date, time, location, contact info, cost if any) to willitsweekly@gmail.com. Send us your digital photos or graphics as well (higher resolution photos are best). There is no charge for promoting Willits, Laytonville or Covelo events in Willits Weekly's calendar.



Thursday, March 27

Shanachie Pub: Jazz Night, 8 pm. 50 South Main Street, behind Adam's Restaurant. Info: 459-9194.

Friday, March 28

Shanachie Pub: House of Love DJ Night w/Hodge Podge Productions, 9 pm. 50 South Main Street, behind Adam's Restaurant. Info: 459-9194.

Saturday, March 29

The Medicine Chest Garden, an herbal class taught by Donna d'Terra, to benefit the Cultivate Wellness Studio. 10 am to 12:30 pm, Room 4, Little Lake Grange, 291 School Street. Suggested donation \$15 to \$25, sliding scale. (No one turned away because of lack of funds). Info: 459-5030.

Master Class in Theatre Tech: "Exploring Set Design and Construction," by professional theatre technicians, Joe Dowling and Kevin Moore, who will describe using hand and CAD drafting techniques, exploring realistic and abstract design concepts, developing a production schedule, and techniques of building a set; plus tour an existing set. 10 am to 1 pm at WCT Playhouse, 37 West Van Lane. \$25 adults/\$15 students. Enrollment and scholarship forms available at the door. More info: call 459-9035 or visit www.willits.org.

Madrigal for Supervisor Kickoff Party: Holly Madrigal's campaign for 3rd District Supervisor kicks off with a party tonight, 6:30 to 10 pm at the Willits



Sunday, March 30

"Growing from the Roots": Gardening expert Robert Kourik shares his insight into survival strategies for gardening in dry times. Willits Branch Library, 390 East Commercial Street, 1 to 3 pm. Sponsored by the Friends of Willits Library. Kourik has authored numerous books and articles, with emphasis on edible landscaping and drip irrigation. He has been called the "drip guru" by Organic Gardening magazine. His most recent book is "Roots Demystified." Visit: www.robertkourik.com. Donations welcome. Info: 459-5908.

Mend Mendocino Coalition Meeting

Monday, March 31 from 6 to 8 pm at the Willits City Council Chambers, 111 East Commercial Street. Mend Mendocino is a coalition of Mendocino County workers, residents, community advocates and businesses fighting for social and economic justice; improving access to good, sustainable jobs; quality services, education, and affordable food and housing. "We are looking for true leadership from the Mendocino County Board of Supervisors and a government that works for all, not just a few. Our elected officials have distanced themselves from the real needs of Mendocino County. It is time to demand accountability and to recommit to bringing in jobs, programs and services that keep our community strong." More info, including a pledge to sign and clips of cable ads filmed (partly) in Willits at www.mendmendocino.org.

WCT auditions

Willits Community Theatre is holding auditions for "See How They Run," a British farce set in a rural English parsonage. Audition dates are Thursday, March 20, 6:30 to 8 pm; Saturday, March 22, 11 am to 1 pm; and Thursday, April 3, 6:30 to 8 pm. At WCT Playhouse, 37 West Van Lane.

Parts to be cast: female maid, late teens to age 30; female nosy neighbor, 30s/40s; male parson, 30s/40s; female parson's wife, 20s to age 40; male American soldier, 30s/40s; male escaped convict, 20s/40s; male bishop, 50s/60s; male visiting parson, 30s/50s; male policeman, age 20 to 40.

Show is set for three weekends, mid-June to early July; rehearsals during May and June. Directed by Joe Dowling. Info: call Dowling at 459-1200.

Auditions for 'Willits On Stage 2'

Willits Community Services is holding auditions for its 2nd annual Variety Show, "Willits On Stage 2." The show is set for Saturday, April 26 at 7 pm at the Willits High School Auditorium. "A marvelous variety show, featuring friends, neighbors and special guests." Audition dates for the show - any talents are wanted! - are Wednesday, March 26 from 6 to 8 pm; Saturday, April 5 from noon to 3 pm, and Wednesday, April 16 from 6 to 8 pm. Auditions at the Willits Methodist Church, School and Pine streets. "Want to perform, help out or get involved? More info: 456-9429."

Ongoing Events

Willits Farmers Market: Winter market at Little Lake Grange, 291 School Street, from 3 to 5:30 pm. Winter produce, hot house tomatoes, local meats, dinner, crafts, live music (Vern Morninglight this week) and more.

"By Hook or By Crook": Sewing, Knitting & Crochet Circle at the Willits Grange, 291 School Street. 3 to 5:30 pm, Room 10, during the Winter Farmers Market, through April. Sponsored by the Little Lake Grange Women's Association. Info: 459-6362.

"Members Art Show": the March show at the Willits Center for the Arts, 71 East Commercial Street. Features art work by WCA members. March 1 through March 30. Gallery hours: Thursdays and Fridays from 4 to 7 pm, and Saturdays and Sundays from noon to 3 pm. Info: 459-1726.

Willits Community Drum Circle: 7 to 10 pm at the Willits Center for the Arts, 71 East Commercial Street. Every 2nd and 4th Fridays. Free. Everyone is welcome. Info: 459-4932

Smoking Cessation Program: Free "Freedom from Smoking" class sponsored by the Frank R. Howard Memorial Hospital. Every Wednesday at the HMMH Conference Room, 1 Madrone Street, 6 to 7 pm. RSVP to Jennifer Barrett at 707-540-4208. Walk-ins are always welcome.

Big Screen video games: Fridays from 4 to 5:30 pm at the Noyo Theatre. Arcade-style games, multi-player, with both casual and cartoony fighting games. Everyone gets a chance at the controller. Moderated by assistant manager Steve Thornton: "Gamemaster Steve." \$5 (no gift certificates or passes accepted). 57 East Commercial Street. Info: 459-6660.

Willits Frontier Twirlers: Beginner's classes in basic and mainstream square dance. Monday nights at the Willits Center for the Arts, 71 East Commercial Street, from 6:45 to 8 pm, then dancing until 9 pm, with professional caller Lawrence Johnstone, who will teach and call. Info: 459-9526.

Free Sheriff's Activity League programs: at Body Works Gym, 1511 South Main Street. Teen gym: Monday to Friday from 2:30 to 5:30 pm; Boxing: Monday, Wednesday and Friday at 7 pm; Karate: Kids aged 5 to 11 from 6 to 7 pm, Tweens, Teens and Adults at 7 pm. All SAL programs free to the public. Info: www.facebook.com/MendocinoCountySheriffsYouthActivitiesLeague or Mike Tobin: 354-0565.

Shanachie Pub: Open mic every Wednesday at 8:40 pm. Sign-ups start at 3 pm. 50 South Main Street, behind Adam's Restaurant. Info: 459-9194.

Just For Fun Choir: directed and accompanied by Nancy New. Meets Mondays at the Senior Center, 1501 Baechtel Road, from 1 to 2:30 pm. Accepting new members of all ages and abilities. Info: call Nancy New at 459-1276.

Brooktrails Lodge Winter Schedule: every Thursday night at 8 pm: "Dream Capsule Entertainment," featuring local musicians and talent; Happy Hour, and Ladies' Night specials. Every Friday night: Open Mic, with drink specials and prizes. Every Saturday night: "Electro-Dance" at 7 pm. Info: shawntee.wirth@dreamcapsuleindustries@gmail.com or 459-6792.

Laytonville Winter Farmers Market: Mondays from 2:30 to 4:30 at the Laytonville Grange, 1620 Branscomb Road. Buy local: vegetables, apples, juice, bakery, beef, lamb, pork, jewelry, aprons, children's clothing, knife sharpening and more.



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 (Monday 5:00 show is open caption)

NEED FOR SPEED (PG 13) 2hr 11mins
 Friday: 6:15 & 9:15pm
 Sat/Sun: 12:15, 3:15, 6:15 & 9:15pm
 Mon-Thurs: 5:15 & 8:15pm

MR. PEABODY & SHERMAN (PG) 1hr 36mins
 Friday: 5:30 & 7:45pm
 Sat/Sun: 12:30, 2:45, 5:30 & 7:45pm
 Mon-Thurs: 5:30 & 7:45pm

Movie Times for 3/21 to 3/27

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Softball | Amanda Mason, Junior, 17

Position: Third base

Breakfast of Champions: Oatmeal, honey, cinnamon & peanut butter

Our nomination for player of the week is Amanda Mason, #12. Amanda went 1/2, drew a walk and scored 2 runs vs. El Molino. She went 2/3, drew a walk, scored 3 runs, drove in 4 RBI, stole 2 bases, and had an unassisted double play vs. Upper Lake.

Submitted by Curtis Collicott, WHS softball assistant coach

Photos by Maureen Moore

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Amazing Athletes

Willits Weekly is proud to showcase some of Willits High School's Amazing Athletes. Athletes are nominated by their coaches and with the help of coach and project facilitator, Dave Smith. Willits Weekly plans to highlight an athlete each week, and share their achievements with the community.



Baseball | Nick Johnson, Junior, 16

Position: Pitcher and left field

Breakfast of Champions: Pomegranate yogurt & granola

My nomination for player of the week is Nick Johnson. Nick is a Junior utility player (P, OF, 1B) for our Varsity Baseball team. We played 3 games this week, Tomales (Tuesday), Elsie Allen (Thursday), and El Molino (Saturday). On Tuesday against Tomales, offensively Nick went 2 for 2 with 2 RBIs, 2 runs, and a double. He was also our starting pitcher, throwing 3 innings, giving up 1 hit and 0 earned runs, and striking out 4 with no walks. On Wednesday against Elsie Allen, he went 3 for 3 with 1 RBI, 1BB, 3 runs, and a double. On Saturday against El Molino, he went 1 for 3 with BB and 1 K. His total stats for the week were 6 for 8 (.750 average) with 3 RBIs, 2BB, 5 runs, a 1 K offensively, and 3 innings giving up 1 hit, 0 earned runs, and striking out 4 with no walks from the mound.

On the week, our Varsity team went 2-1, beating Tomales and Elsie Allen, 21-4 and 13-1. We lost to El Molino, 8-9.

Submitted by Stephen Summers, WHS baseball coach



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Join us for a pink party where you can enjoy a massage and refreshments, all while getting your mammogram.

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The rest of Canada | From Page 3

Algebra, Geometry
College Preparatory Mathematics, Individual Instruction. Mac Smith 459-MATH

Community HU Song

In our fast-paced world, are you looking to find more inner peace? Join us for a Community HU Song, Thursday, March 27, at 6 pm at Willits City Hall, 111 E Commercial Street. HU (pronounced hue) is a simple, uplifting prayer or mantra that can help you experience divine love and an inner calm. All faiths are welcome. Sponsored by Eckankar: Experience the Light & Sound of God. Information? Please call 972-2475.

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For Rent

Now available. Mobile home in Grange Park, 20 Pine Street. 2 bedroom/1 bath, water & trash incl. \$695/month. \$1,200 deposit. 459-4241.

For Rent

2BR/1.5BA, downtown Willits. Nice place! Duplex w/garage, washer/dryer in unit, walking distance to shopping, library, college, A/C, N/S, pets nego., \$1,025/mo + \$1,500 dep. Now taking applications. Loraine@Gateway Realty; 459-5363.

For Rent

2 bedroom, 1.5 bath townhouse. Close to shopping. Garbage paid. Laundry facility on hand. Small backyard. \$795/month. Call Armo: 459-9601.

Home Delivery now available for Willits Weekly!

Willits Weekly is now offering Home Delivery! If you live in Willits, Brooktrails or Little Lake Valley, you're inside our home delivery area. Home delivery subscriptions are \$30/six months and \$50/year. (Mail subscriptions sent by first-class mail are still \$40/six months and \$75/year.) Your Willits Weekly will be delivered (in a plastic bag) to your home or driveway in the wee hours of Friday morning. To place an order, or for more information, call 459-2633, email willitsweekly@gmail.com, or send a check to Willits Weekly, P.O. Box 1698, Willits CA 95490.



For Sale

New Couch: Brown velour double recliner. Used a few months. Must sell \$850 or best offer. Contact 707-841-1724.

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Classified listings in Willits Weekly are great! Contact us today to place an ad - 972-7047 or 459-2633. It's only \$10 for 30 words for two weeks!

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Live RENT FREE in beautiful Brooktrails home in exchange for providing light housekeeping, meals & conversation for 63-year-old male with health problems. Interview & references required. (570) 578-6103.

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House/pet sitter, dog walker, English & Spanish tutor. Excellent references. Call J. at 707-354-4417.

Start your Spring Cleaning now!

Classified ads in Willits Weekly are a cheap and effective way to sell your extra items! Clean out the garage and get money for the things you no longer use! Classifieds are just \$10 for two weeks for 30 words. Includes a free header of your choice! Call now! 459-2633.

often, 50, 40 or 35). The speed limits in Oregon are strictly enforced. But as long as you use your cruise control every time the speed limit changes, which is often, you should be able to avoid getting that speeding ticket.

To sweeten the bitter prospects of the speeding fine, the attendants at the Oregon gas station will pump your gas for you. This bit of pampering, however, has an odd mandate. You must have your gas pumped by those attendants. It's illegal to pump your own gas in Oregon. It's a curious state.

There's one excellent reason for driving up the Oregon coast. It's a beautiful drive. Rugged shorelines alternate with long beaches. The highway passes through stretches of forest and high sand dunes. If it's not raining, the views are spectacular.

There are also lots of small towns which you can admire as you drive 25 miles per hour. Some have outlets that sell items made from myrtle wood. Reedsport has a large gambling casino next to the highway. Bandon has a world-class resort with a world-famous golf course. Other towns simply offer small cafes and good cheer. Newport boasts on its highway sign: "Newport, The Friendliest." It's an impressive claim that begs to be tested. "Excuse me, I'm a stranger here. Can you direct me to the local Communist Party headquarters?" That ought to do it.

But we didn't stop to verify the friendliness of Newport. We had a basketball tournament to catch.

After three days on the road, we reached the Canadian border. Passing through Peace Arch Park (Canada and the U.S. share the oldest demilitarized border in the modern world), we arrived at the crossing. We handed the Canadian border agent our passports. He checked his computer.

"What brings you to Canada?"

"We're visiting our son and his family."

"Where do they live?"

"Seattle."

"Bringing in any items?"

"Presents for the grandkids, treats from Trader Joe's, and some items that belong to our son."

"Have a nice visit."

A few years back one Canadian border guard asked if we had any guns.

"No."

"Not even at home?" he feigned incredulity.

"Believe it or not, we don't."

He laughed and waved us on.

The rest of Intimacy | From Page 4

because they keep us distant from one another. The fear of vulnerability often prevents us from fully engaging with each other. If we have to keep parts of ourselves hidden or we are on guard, we cannot connect on a deep level.

Everyone feels vulnerable in their own way. Some people enter vulnerable territory by admitting they don't know something. Asking for help may make others feel vulnerable. For most of us, it is challenging to acknowledge that we are feeling hurt, angry, hopeless, small, sad, disappointed, scared or aroused. If we were shamed as children when we showed those feelings, we learned to hide them well. Acknowledging those feelings now can be too risky, because we feel too exposed. We are afraid of being rejected or judged. That is the reason why it often takes a lot of trust and courage to show our vulnerabilities.

It is important that we carefully choose when and to whom we are vulnerable. When we feel safe with someone and trust that person, it is easier to move out of our comfort zone and share emotions or needs that make us feel vulnerable. Being able to do so will open up the space for unlimited connection and intimacy.

I recently heard a cool definition of the term intimacy, "to me see." It illustrates beautifully that without vulnerability there is no intimacy, because you have to be able to allow your partner to see into you uncensored.

It is my wish that all of us are able to find people and circumstances in which we can embrace our vulnerability. It

Once you cross the border, you have to start honing your math skills. Everything is based on the metric system. Speed limits are in kilometers per hour. Distances are posted in kilometers. Gasoline is advertised at gas stations at \$1.24 per liter. Uh.... let's see....

We drove through Vancouver. It's a beautiful city that always reminds me of San Francisco. It has waterfronts, ports, and bridges. Stanley Park rivals Golden Gate Park for urban beauty. Instead of cable cars and steep hills, however, Vancouver is surrounded by dramatic mountain peaks, often covered with snow.

We drove past Stanley Park and over Lion's Gate bridge. Then we joined the flow of traffic to Horseshoe Bay.

Even though Sechelt is on the mainland, you can't drive there. There is no highway along the rugged coastline linking Vancouver to the communities up north. Some years back the Canadian government opted to spend its money on a ferry system rather than a highway. Horseshoe Bay is a terminal for the various ferries that ply the local waters.

It's a gorgeous ride through the Georgia Straits to get to Sechelt. Once, after a terrific blizzard hit Vancouver and stranded us in a Denny's restaurant on Christmas Eve, we rode the next morning's ferry through a winter wonderland of pure white, snow-covered islands and dazzling white mountains. A cloudless blue sky was the backdrop.

We were to be charmed by the ferry system. Such a leisurely and civilized way to travel. But in the last few years, the bluish has faded from the rose. Our ferry leaves every two hours. If you miss the boarding, or if the ship is full, you have to wait two hours till the next ride. The last run is at 9:30 in the evening. If you miss it, look for a motel room. If you go to some evening event in Vancouver from Sechelt, you'd better add the price of a hotel room to the cost of the tickets. And several years ago the entire ferry system got privatized. Since then the price of a round trip on the ferry for us and our vehicle has risen from about \$45 to the present rate of \$90. That's pretty pricey, but you're stuck. If you're driving, there is no alternative.

The visit with River and his family was an action-packed sports week. We saw every basketball game Sebastian played. The intensity with which those young players played rubbed off on us spectators. We were shamelessly partisan, especially when Sebastian scored.

We also watched Julian, the middle grandchild, play in a basketball game with his junior high team. And still later we watched again as Julian played ice hockey

with his local team against a rival team from Vancouver. Our grandparent pride swelled to monstrous proportions, when we heard that Julian had been named his hockey team's MVP.

But not everything was a spectator sport. In quieter times after breakfast or when it was raining, we played a board game called "Sorry." The games got pretty intense. Inspired by the Sochi Winter Olympics, being held at the time, we held our own Olympic competition: "The Sorry Olympics." Sally made a gold medal, a silver medal and a bronze medal for the three top winners. The competition was fierce, with ad hoc alliances formed to topple a surging player.

In the end Truth, Justice, and the American Way prevailed. I won the gold medal for the U.S., which boosted my grandfather stocks way up. The Canadians got the silver and bronze, with Kaliyana, the youngest, getting the silver. Julian, much to his chagrin, only got the bronze. With the gold medal dangling around my neck, I was able to point out to him that good sportsmanship is what the Olympic spirit is all about.

We left Sechelt early in the morning in order to catch the 6:30 ferry. We had a long drive home ahead of us. The border crossing wasn't too crowded. We gave our passports to the U.S. border guard.

"Where are you from?"

"California."

"That's a big area. Narrow it down."

"Willits, north of San Francisco."

"What were you doing in Canada?"

"Visiting our son and his family in Sechelt." The guard checked his computer screen again and glanced one more time at our passports. "OK, drive home safely."

That was good advice from the border agent. The rain was starting up again. It bucketed all the way through Washington and Oregon. Fierce gusts of wind tried to blow us off the long coastal bridges along the way. When we got to the California border, the storm broke up.

"It doesn't look like it rained very much while we were gone," Sally sadly observed, looking anxiously for signs of puddles along the highway.

"Maybe the rain will follow us down from Oregon," I prophesied.

A couple of days later a big storm moved over Willits. We'll take full credit.

OBITUARY | Bobby Joe McCann

Bobby Joe McCann

Bobby Joe McCann of Willits passed away on March 10, 2014 at the age of 60. A native of Georgia, Bobby was born on February 19, 1954 and had lived in our community for 55 years. Last employed by Louisiana Pacific, he had been a mill worker for 20 years.

Bobby was a man of many interests, enjoying the outdoors, racing bomber cars, NASCAR and WWF. He was also very artistic.

Bobby loved his sons more than life itself. He is survived by sons Brandon and Robert McCann; brothers Roy (Carol) McCann, Billy (Brenda) McCann, and Larry (Sheila) McCann; and numerous nieces and nephews. Bobby was predeceased by his loving parents, Amos and Margie McCann.

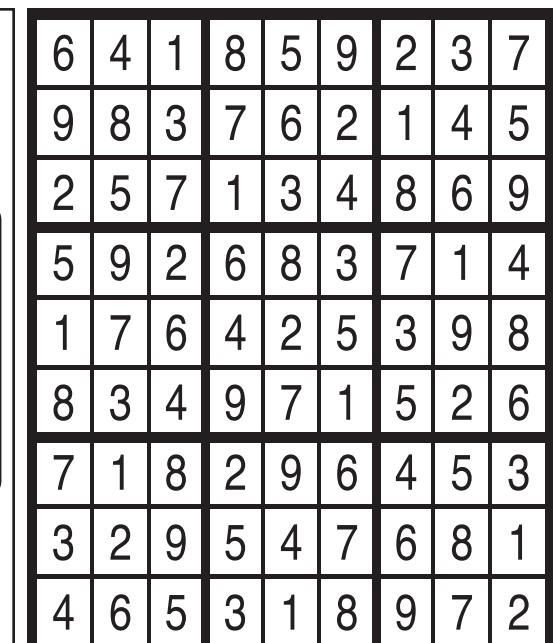
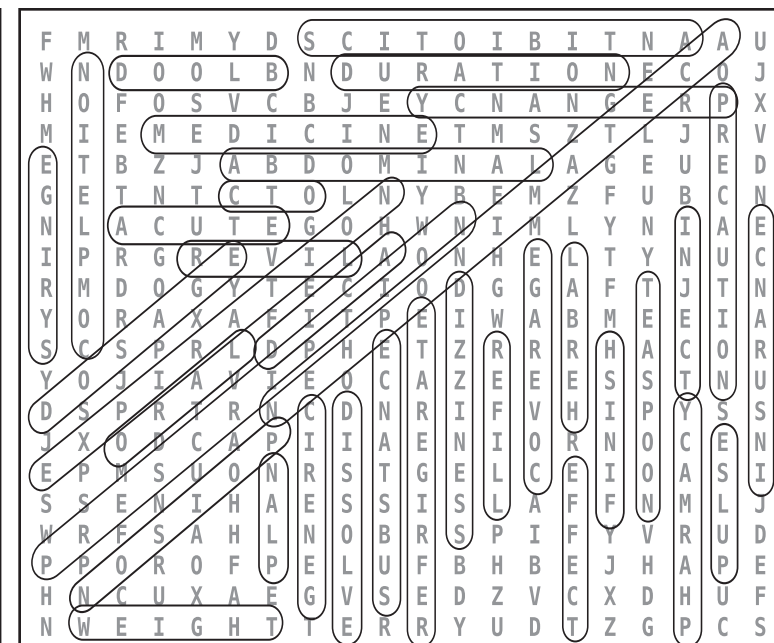
Private services will be held at a future date.

Those wishing to may contribute in Bobby's name to Phoenix Hospice, 100 Sanhedrin Circle, Willits, CA 95490. Arrangements under the care and direction of Anker-Lucier Mortuary.

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Miss 2,000

Sierra Mayfield makes her 2,000 cookie box goal

On March 16, Willits Girl Scout Sierra Mayfield, 10, sold her last box of cookies (to mom and dad) allowing her to reach her goal of selling 2,000 boxes during the five-week sale from February 9 to March 16. Last year, Sierra sold 1,500 boxes. "Great job Sierra! Congrats for reaching your goal. We're so proud of you!" said mom, Sarah.



THE Longest Trail
A True Life Novel

EPIC's eBook AWARDS 2014 WINNER

Roni McFadden

eBook Award for "The Longest Trail"

Local author Roni McFadden has won the 2014 EPIC eBook Award in the non-fiction category for her book "The Longest Trail." EPIC - the Electronic Publishing Industry Coalition - has been holding eBook awards competitions for 15 years. "It's a big deal," McFadden said. "There are thousands of entries into the competition. I'm very excited and very humbled. It was something I never really expected."

"The Longest Trail" is a memoir, a "true-life novel" about McFadden's adventures growing up in the 1960s, and working with horses and her "cowboy mentor" John Slaughter at a pack station in the Sierra.

Both eBook/Kindle and print versions of "The Longest Trail" are available at McFadden's website, The Biscuit Press, www.thebiscuitpress.com, as well as through Amazon, Barnes & Noble, The Book Juggler and the Mendocino County Museum gift store.

Campaigning in Willits

Photo by Jennifer Poole



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Jim Wood, mayor of Healdsburg and Democratic candidate for California Assembly, campaigned in Willits Saturday, putting up his banner at the Skunk Train Depot. In this photo at the depot, Wood (second from left) poses with, from left to right: candidate for 3rd District supervisor Tom Woodhouse, Willits residents Dana Kocher and Chuck Davison, and Miss Mendocino, Kassy Aldoca of Willits. In front: Davison's beautiful dogs Darby, left, and Leah. The day started with breakfast at Ardella's with a group of community leaders, which Wood said was valuable as an opportunity to listen to local concerns. Those who stopped by the depot enjoyed Kemmy's Pie and coffee.

Rurry Friends Hoping for a Home
Easy-Going Tara

Meet the very beautiful, playful and super-sweet Tara! She is about 2 years old, she weighs 56 pounds, and we believe that she may be a mix of Boxer and Pitbull Terrier. She is not only drop-dead gorgeous, but she has a sweet and gentle disposition as well - a very easy-going girl! She is one of the friendliest dogs we know, and she wants to be best pals with humans and dogs alike. Tara likes to go for walks and also likes to play with toys. We would love her to go to a family or a companion, who will take her along for all of life's adventures. Please come to meet Tara and see for yourself what a great dog she is!

The Ukiah Animal Shelter is located at 298 Plant Road in Ukiah, and our adoption hours are Tuesday, Thursday, Friday and Saturday from 10 am to 4:30 pm and Wednesday from 10 am to 6:30 pm. For more information, check the website at www.pawstoadopt.com, contact Adoption Coordinator Katherine Houghtby at 707-467-6453 or houghtbyk@co.mendocino.ca.us, or come in during shelter hours.

Photo by Rod Coats

Doors open on April 1st!

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The rest of PACE | From Page 1

Owners of homes and commercial buildings can use the program to finance energy-efficient improvements. Windows, insulation, air filtration, occupancy sensors for lights, solar-powered hot water heaters, and low-flow shower heads are among improvements eligible for PACE financing, a county report stated.

Some members of the city council worried they might appear to be endorsing the program.

"We are being asked tonight not to make a recommendation," Councilman Ron Orenstein said. "But if we opt the city in, there will be perceptions that the city endorsed the program."

Supervisors approved the program with Ygrene Energy Fund. The firm runs and markets the program in Mendocino County.

"This is giving a monopoly to one entity to instill a tax on people that really has a limited amount of oversight," Councilman Bruce Burton argued. Burton is a Savings Bank of Mendocino board member. Bankers had raised concerns about parts of the program when it was being discussed by the county.

Banker Scott Yandell, president of the Savings Bank of Mendocino County, expressed concerns banks had with the plan when it was proposed at the county level. Yandell was eventually persuaded to withdraw his opposition, Willits Weekly reported in November.

"It is very complicated, it really is. They decided to do it for the greater good," Yandell said.

One issue Yandell brought up was that Fanny Mae will not finance a property with a loan agreement like PACE. "You have to pay it, or your deal will fall through," he said. Fanny Mae has "come out in writing on that particular issue."

Burton said he felt the program was "not a good product."

"They are going to bundle these up and sell them on Wall Street," Burton said. "It is to make a financial instrument that they can bundle up and sell on Wall Street."

Councilman Larry Stranske voted "yes," but like Orenstein, talked about looking out for people. "I cannot protect everybody," he said. "I do not know where the economy is going, and neither does anyone else."

Mayor Holly Madrigal, Stranske, Strong and Orenstein voted to support the plan.

"For the greater good there is no question in my mind our citizens and business owners should have the same options as the rest of the county," Strong said.

Program supporters say the Willits economy stands to benefit. "I think it is a positive thing that we are coming up with a way to finance projects like these," Madrigal said.



Left: Panelists at Sunday's Town Hall, from left to right: Larry Desmond, Ellen Drell, Chris Baldo, Fire Chief Carl Magann and Fire Chief Daryl Schoepner.

Town Hall: Fire, Water, Drought

The fourth in a series of Willits Town Hall meetings, held last Sunday, focused on the effect of the drought on fire and water issues. About 50 area residents heard informative presentations, asked questions, and contributed ideas.

The panel of presenters were Carl Magann, chief of Willits/Little Lake Fire District, Daryl Schoepner, chief of Brooktrails Fire District, Chris Baldo, forester and former fire fighter, Ellen Drell, local conservation and nature advocate, and Larry Desmond, local water expert. Some of their comments were further clarified by audience questions.

The two fire chiefs provided extensive information and recommendations about emergency fire preparedness. They pointed out that 2014 has set records for low rainfall, and the state's mountain snowpack is at 30 percent of normal. Drought conditions not only increase fire hazards, but also reduce surface water available for fighting fires. Brooktrails has the highest danger of severe fires in our region.

Chiefs Magann and Schoepner both emphasized that prevention and preparation by all residents is critical. Extensive guidelines are available at the fire stations and on-line at the www.firewise.org and www.Brooktrailsfire.com websites. Maintaining a 100-foot zone of defensible space around each home was stressed. For other tips to help make your home fire safe, visit www.readyforwildfire.org. Know what to do and be ready in the event of emergency. Follow the orders of fire and public safety personnel.

For Brooktrails, check the website www.btcisd.org/about_us/fire_dept for emergency assembly points and evacuation routes, or get copies of the emergency plan at the fire station. The appropriate response depends on the location, severity and direction of the fire. It is not desirable for everyone to try to leave at one time. The reverse 911 calling system is very useful for giving local residents information and directions. To add your cell phone to the call list, call the Sheriff's Office at 463-4086.

Chris Baldo emphasized the need to clear excess fuel loads from rural properties. His mentor-professor, Harold Biswell, advocated controlled burns, which unfortunately can be high risk, so instead, Baldo said, you must mimic that condition with lots of hard work - every year! (fuel loads keep growing). He gave the example of the 1991 East Bay fire. Flames can be three times as high as the fuel source and nearly impossible to control until conditions (such as high winds) abate.

Ellen Drell shifted the perspective to nature's view. In nature there is no waste: dead wood provides rich habitats; flooding regenerates riparian and coastal ecosystems. When humans place our homes in forests and wild lands, we alter thousands of years of natural conditions and then seek solutions that suit us.

She pointed out that the Elias well, which the City of Willits owns and is now developing for emergency water supply, is an amazing natural resource - water just bubbling out even after our winter drought. We should ask, what causes this "gift" and what ecosystems does it serve, before we ask "how much of it can we take?"

Larry Desmond, with decades of experience on local water issues, agrees we need to minimize our water

man behind the letter, asked the missive be mailed to members of Congress and California Gov. Jerry Brown.

Vaughan attended two meetings prior and asked the council to mail a letter stating its concern for the Mendocino Coast.

"If one or two people stand up and say such and such, we listen," Orenstein said.

A resolution voicing support for U.S. Postal Service workers failed to generate a vote from council members.

Orenstein first brought the topic to his colleagues in hopes of writing a letter in support of Saturday mail delivery.

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Left: Panelists at Sunday's Town Hall, from left to right: Larry Desmond, Ellen Drell, Chris Baldo, Fire Chief Carl Magann and Fire Chief Daryl Schoepner.

A still from the video of the event produced by Pistachio Films LLC, sponsored by Coast Range Digital.

Town Hall: Fire, Water, Drought

use and to understand our landscape. The drought has raised our attention! In the City of Willits and Brooktrails, residents can develop greywater and rain catchment systems. For those not on water systems, your choices are either surface water (e.g., ponds or storage tanks) or underground water (e.g., wells). Analyze what is appropriate for your situation, and plan ahead. Also be sure to have your water tested!

Questions and comments from the public fleshed out some of the issues.

In answer to a question about Little Lake Valley's aquifer, Drell and Desmond both noted that it is not one big, continuous basin. There are many geologic layers, deposited over millennia, some good quality, some with contaminants, some permeable, some not.

Another member of the public asked about Willits Weekly's recent headline about "groundwater galore." Desmond said that was a simplification: We do not know enough about the hydrology or how the aquifer is recharged. California is just beginning to develop some regulation of groundwater use - the last state in the union to do so. Climate change makes it difficult to project the future based on past conditions.

For property owners trying to minimize fire risks in rural areas, the Mendocino County Resource Conservation District will help assess your situation and can help with solutions at reduced cost. Contact MCRCD at their offices at 410 Jones Street, Suite 3-C, in Ukiah, or by calling 462-3664. Check www.mcrd.org for more information.

Asked how to improve our long-range water security, Baldo said: "Make water more costly." At only about 1 cent per gallon, the price doesn't promote conservation. A dilemma was noted: water agencies depend on the revenue from selling water, so conservation reduces their income. Drell commented that it's easier to address the issue as a community, not just individually. For example, the City of Willits or Mendocino County could require that all new structures have greywater systems and roof-top rain water collection. A resident suggested more education for children on these issues. Another said we implement more re-using of water - with closed, filtering systems - not flushing so much away.

A final sore spot for some was raising funds to pay for more fire prevention and emergency response capability. The current \$150 fee for rural parcels goes only to CalFire for wildland fires, not to our local fire departments, which protect residents and structures. (Of course all emergency responders coordinate their efforts, but they don't share funds.)

Brooktrails tried in November 2012 to raise its fire tax, but was unsuccessful (failing to get the required 2/3s approval by only 32 votes). Brooktrails is trying to pass a new fire tax measure - strictly for firefighter protective equipment and apparatus - on the June ballot this year. The Willits Fire Department's hope for a new fire station also recently failed to get 2/3s approval. Chief Schoepner said they seek grants, but competition is fierce, and grants and private donations are not enough.

Editor's note: a video of the Town Hall produced by Pistachio Films LLC will be shown on Willits Community Television, Inc., Channel 3 in Willits, and uploaded to the "Willits Community Television, Inc." channel on Vimeo.com. The upcoming Channel 3 program schedule can be found at www.pistachio-films.com/guide.html.

The rest of Japan | From Page 1

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BROOKSIDE ELEMENTARY SCHOOL SPECIAL KINDERGARTEN REGISTRATION DAYS
Monday, March 24 and Wednesday, March 26 from 8 a.m. to 5 p.m.
Tuesday, March 25 from 8 to 11:30 a.m.

Kindergarten program - children 5 years old by September 1, 2014
Transitional Kindergarten - 2 year program for children turning 5 between Sept. 2 and Dec. 2, 2014

Brookside School offers students:
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• Experienced, highly qualified staff
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To learn more about Brookside School's Kindergarten program, we invite you to attend an informational meeting: Saturday, March 15 at 10 a.m. at Mendocino College on Commercial Street, or Tuesday, March 18 at 5:30 p.m. at Imagination Station at the corner of Commercial and Marin Streets.

Brookside Elementary School • 20 Spruce Street • (707) 459-5385

At right: Carol Deuel, at left, with helpers Ashton (in front) and, from left to right in rear, Taylor, Tanisha, Breanna and Rhyann at the American Legion dinner.

Right, below: Sarah McLean, president of the Harrah Center's board of directors, and volunteer Jack Isborn dressed in green to celebrate the day at the Harrah Center event.



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St. Patrick's Day feasts

Willits residents enjoyed corned beef and cabbage at two St. Patrick's Day feasts this last week. Both the Saturday, March 17 dinner at the American Legion Hall and the Monday, March 19 lunch at the Harrah Senior Center had a great turnout of lively guests.

One happy veteran of the Senior Center's St. Paddy's luncheons said she thought the turnout was the best ever. The official count of paid guests was 104. As always, at the Senior Center, plenty of volunteers helped serve up plates of beef, cabbage, red potatoes, carrot salad, and baking powder biscuits, along with chicken noodle soup and green Jello with pears for dessert. The Senior Center is using Styrofoam cups and soup bowls in lieu of washing dishes, to help reduce water use during the current water shortage.

Cars lined the highway north and south of the American Legion Hall Saturday evening, about halfway through the 5 to 7 pm St. Patrick's Day Dinner, and the downstairs dining hall was mostly full. All proceeds from the Legion's fundraising dinners – and the 50/50 drawing offered to patrons last Saturday – go to the scholarship program for college-bound students. Legionnaires started cooking at 8 am that morning, and served up thick slices of corned beef, with cabbage, boiled onions, carrots, potatoes and Irish soda or rye bread. A group of attentive Girl Scouts (and one Boy Scout) helped serve cake and drinks to the crowd. "This is always our best fundraising dinner," one of the volunteers said while cleaning up a table toward the end of the night.

Above: Volunteer server Barbara holds a full plate of traditional St. Patrick's Day foods at the Harrah Center. Below: Legionnaires John Franklin, left, and Curtis Deschiel on the serving line at the American Legion Hall

Photos by Jennifer Poole



Baby Chicks are Here!

Organic & Non Organic Chick/Chicken Feed Hatchery & Flock Supplies

212 S. Main Street in Willits 707-459-1214

J.D. REDHOUSE & COMPANY

This week's Featured Flavors:

- Salted Caramel
- Coconut Delight
- Butterscotch






PUBLIC NOTICE



★ THURSTON HONDA'S 3RD ANNUAL ★ TOTAL VEHICLE DISBURSEMENT!












Thurston Honda will be offering 0% APR financing for 60 months on select in stock 2013 Honda Fits, Civics, and 2014 Accords. All vehicles will be clearly marked at the dealership. Although Honda Financial Services has never before offered 0% APR in their company's history, Thurston Honda will again be buying down the interest rate to 0% APR from Honda Financial Services' already low offered interest rates, on approved credit. There will be over \$1.5 million dollars of Fit, Civic and Accord inventory to choose from, plus over \$2 million dollars of additional Honda models at low APR's for this event including the Insight Hybrids, Pilots, CR-Vs, Ridgelines and Odysseys - \$6,000 off MSRP on all remaining new 2013 Crosstours in stock! Also receive a 1¢ - 2 year/24,000 miles Honda Factory Maintenance Program that covers factory recommended services. Don't miss out on these opportunities! Leave your money at home... You don't need it! Only at this 4 day event can you take advantage of our best special payment options possible! Don't forget your trade in! In addition to low disbursement financing, our sales managers have been authorized to pay top dollar for quality pre-owned vehicles!



WE'VE PURCHASED EXTRA INVENTORY FOR THIS WEEKEND ONLY!

0% APR

4 DAYS ONLY

Thursday, March 20th 8:00am-7:00pm

Friday, March 21st 8:00am-7:00pm

Saturday, March 22nd 9:00am-6:00pm

Sunday, March 23rd 10:00am-5:00pm

1¢

Maintenance Program

DON'T MISS OUT!

HUGE SELECTION! EXTRA STAFF ON HAND FOR THIS EVENT!

Largest New Honda Inventory In Lake & Mendocino Counties EVER!

*0% APR Financing is offered through Honda Financial Services on approved credit. Not all will qualify. 60 monthly payments of \$16.67 per \$1,000 financed. Offered financing may not be combined with any other offers. Participation with 0% APR Program may affect final negotiated price. See dealer for details. All vehicles subject to prior sale.

CHECK YOUR MAILBOXES FOR MORE INFO AND COUPONS!

THURSTON HONDA

2900 N. STATE ST. UKIAH (707) 468-9215

WWW.THURSTONHONDA.COM