

# **Revit-ED** sets city's 'sphere of influence' as priority goal

Damian Sebouhian Reporter damian@willitsweekly.com

The Willits Revitalization & Economic Development Committee held its first meeting in several months to discuss and prioritize goals for the year in the wake of the bypass completion and the Main relinguishment Street project.

The revamped committee welcomed new members Bill Barksdale and recently hired City Planner Dusty Duley. Other Revit-ED members include Supervisor Tom Woodhouse, City Manager Adrienne Moore, and

Read the rest of **Revit-ED** 

Over on Page 6

Independents can request party ballots for primary

Jennifer Poole Editor & Reporter jennifer@willitsweekly.com

Independent voters Mendocino County in are receiving bright







# **Spilling Over** Brooktrails reservoirs filled

### and ready for summer The quick break in the rain Monday afternoon allowed the sun to shine, making the gushing water glisten as it flowed over the spillway at Brooktrails'

Maureen Moore Graphics & Photographress maureen@willitsweekly.com

Lake Emily.

Both Lake Emily and Lake Ada Rose have been filled to capacity for about a month now, according to Denise Rose, general manager of Brooktrails Township Community Services

District, and the excess is spilling over the edge to help replenish groundwater and the local watershed.

"The excess water we release based on Read the rest of our permits really helps the salmon and the steelhead population in the creeks and streams

Water Over on Page 15

Above: The spillway at Lake Emily was glistening with water Monday afternoon. Above, left: Creeks around the reservoir were flowing down the hill, over mossy rocks and through foliage grateful for a drink. At left: Culverts across town tried their best to keep up with the recent downpour; this one continued to funnel out water, even in Monday's sunshine. Below: The spillway at Lake Emily.

# Teachers' letter details discipline problems at WHS

Mike A'Dair Reporter mike@willitsweekly.com

At the March 2 school board meeting. Willits High School librarian Stephanie Roelling read a threepage letter to trustees, alleging conditions at the high school were very bad, mainly due to the chronic absence of Principal Robert Chavez.

Chavez has been involved in a prolonged trial in the Central Valley, involving his former employer, the Madera Unified School District. Because of the trial, he missed three months of the 2014-15 school year while

### Read the rest of Discipline Over on Page 13

Charter sports gets cold shoulder

Mike A'Dair Reporter mike@willitsweekly.com

A discussion on whether to open participation on

postcards from yellow the Mendocino County Elections Office offering them an opportunity to request a party ballot for this year's California Presidential primaries on June 7.

Not all political parties California allow in independent voters to participate in their Parties primaries. in California can choose each election cvcle whether to hold "open" or "closed" Presidential primaries. This

### Read the rest of Ballots

Over on Page 15

Reporter

## Missing Ukiah man found dead near Willits

A 46-year-old Ukiah man, missing since Saturday, after he and a companion became lost while hiking in the woods southeast of CalFire's Mendocino Unit headquarters at Howard Forest, was found dead Monday afternoon along an old logging road about a quarter-mile north of Laughlin Peak.

Jamie Dalton and an unidentified friend "became disoriented to their surroundings" at about 1:30 pm Saturday, according to sheriff's Lt. Shannon M. Barney.

After instructing Dalton to

Read the rest of Death

Over on Page 6



## Brooktrails reservoirs full; 250 gallon limit remains

Lake Emily and Lake Ada Rose are full, and the Brooktrails Community Services District's water supply is hovering at 300 days, General Manager Denise Rose told the district's board of directors Tuesday. Nonetheless, at Rose's request directors renewed a declaration of local emergency due to

drought conditions that will restrict residents' usage to 250 gallons Dan McKee per day. willitsweekly@gmail.com

"The drought has placed certain restrictions on the township's

ability to impound water flowing from Willits Creek," Rose reminded directors.

"As a junior water rights permittee, [Brooktrails] may only impound water when the [state] lifts water board curtailment provisions during certain rain events," she explained in a memo to the board. This the state has done, but it could reinstate them "at any time. Therefore, staff remains concerned about the long-term water supply."

Rose also noted Brooktrails residents have failed to reach a state-mandated goal of reducing water usage by 25 percent from the amount used in 2013.

"While the amount sold per connection per day - 108.98 gallons - is well below the state average, the township did not achieve the target percentage reduction," Rose said. "The annual reduction in water sold was 22.78 percent."

On the positive side, Rose said the average Brooktrails household used only 91 gallons per day, well below the allotted 250 gallons.

## Brooktrails water, sewer fees hearing set for April 12

Brooktrails residents will have a chance to express themselves on the amount they'll pay for water and sewer service during an April 12 public hearing.

Resolutions fixing the water and sewer rates for the 2016-2017 fiscal year were approved Tuesday night by a 4-0 vote of the community services district board of directors;

Dan McKee Reporter willitsweekly@gmail.com board Chairman Rick Williams was absent. The rates will not be finalized, however, until after the April 12 hearing.

The district is allowed to fix

a water availability charge of no more than \$30 per year for undeveloped properties and a \$5 charge for developed properties, whether or not water is actually used. A \$50 per year charge is levied on owners of parcels within the district that have the capability of receiving sewer services.

Funds raised from the charges are used to maintain the district's water and sewer systems.

The water system charge "has not changed since the 1980s," Brooktrails General Manager Denise Rose told directors. The sewer charge has remained the same since November 1996.

An estimated \$115,255 will be collected from district residents in water fees; they will pay an estimated \$224,000 in sewer fees.

The board of directors also agreed to spend \$1,500 to mail postcards announcing a date to hear protests from residents objecting to the fees for their particular parcels.

The protest hearing is scheduled for June 21 at 7 pm in the Brooktrails Community Center.

Willits Unified sports teams to students from Willits Charter School received little support at last week's meeting of the district's board of trustees.

The item was introduced board Chairman bv Chris Neary, who said at the board's February 3 meeting the issue deserved consideration. Durina trustees' March 2 meeting, Willits High Principal Robert Chavez told the board he had done more research on what would have to be done to allow that to happen.

Read the rest of Sports Over on Page 13

### Library, museum report to supervisors

Mike A'Dair Reporter mike@willitsweekly.com

Relations between the county library and the county government are improving, according to Marc Komer, chairman of the county's Library Advisory Board.

Komer reported to supervisors on library and advisory board activities over the past year at the March 1 meeting of the board of supervisors.

Komer thanked supervisors for their swift action on appointing former Fort Bragg branch librarian Karen Horner first as interim

Read the rest of Supes Over on Page 13

### Vocational training

To the Editor:

I agree with Becky that our children, in my words, are being shortchanged by the constant brainwashing that

the only way our children will be able to get a job is to go to college. We are losing them due to the fact that college is not for all. Vocational training should be just as important as college.

being discussed and the fact that there were jobs available but no one with the qualifications. The jobs??? Welders, nursing, contractors, just to name a few. A college student was interviewed, and he stated that he had attended college for three years and all he had to show for it was a pile of bills. He has since taken classes and now has an excellent job as an IT.

light, and start giving our children a chance, to maybe even remain here in our town, by teaching them a trade. Auto mechanics, welding, carpentry, plumbing, electricians, just to name a few. Who knows, the knowledge learned taking a vocational course may allow someone to pay their way through college.

### Ag at WHS

### To the Editor:

I understand what Becky is saying in her letter in the last paper, but this is my take on what happened.

The second hire was done because the FFA and Ag Farm were not being kept up to any kind of standards. Complaints from community members, parents and students about the farm and the FFA program. The state was considering taking the FFA charter away. Paperwork was not getting to help the county during tense done. Rules were not being followed.

The district was trying to hold together an ag program that needed lots of help.

The problem with the two ag teachers right now is there is no communication between them. This is hard on students and anyone who is trying to help. As an FFA Alumni Committee member, it's been like swimming upstream and not getting anywhere. I could share our minutes and what has been done the last two years. Lots has been done. The pathways at the school are being worked on.

Yes, a teacher that knows welding, construction and auto is a real need at Willits High School. The board should think about this when new hires are in the budget. It is a shame the shops are not being used the way they were supposed to be.

Thanks for reading, and if you would like to talk to me or anyone on the FFA Alumni Committee, please call me, Annette Pinon, at 459-6588

Annette Pinon, Willits

## Old friends

To the Editor: We call it "JD for Tea at 3." Try as we might, what with jobs, caring

What do YOU think? Opinions, thoughts and thank you letters from readers

> explained that, like last year, they had driven all the way from Healdsburg to pick up their tri-tip dinner from the

Willits Educational Foundation at the rodeo grounds. What a treat it must have been for the hardworking WEF

volunteers to see them in the parade of cars. No doubt I was watching TV this morning, and the city of Detroit was they rubbed their eyes and asked themselves: "Can it be? Is that Betty Ann and Patty?"

> Betty Ann noted next month - on April 25 - she will turn 91. Regrettably, she had taken a tumble down three cement steps and fractured her femur a while back, but after surgery and with the aid of a cane she is once again upright and mobile.

Life in a small town is always a joy. And we never seem I am so hoping that our school board will finally see the to get too big to notice when old friends who have moved away and are missed, suddenly walk in. It's like a dream.

Gail Richards and Donna Stropes, Willits

### Transparency

Carlin Horger, Willits To the Editor:

To Supervisor Tom Woodhouse, Mendocino County Board of Supervisors Chair Carre Brown, and county residents: Should county residents be concerned about the lack of transparency and allegations of improper fiscal assessment against numerous county departments such as Health and Human Services, public safety, and the libraries?

As a former county employee, I tried many times to talk to the board of supervisors during recent union wage negotiations, taking time off work to appear before the

board with only the hope of having a chance to be heard, negotiations, inconsistent with board policy reprimanding supervisors who talk with county employees.

Complex California programs like Proposition 172 and 1991 and 2011 realignment programs with "maintenance of effort" requirements are all subject to federal A-87 program requirements and

Willits FFA members who competed in the Sectional Speaking need transparency to ensure Competition, at top, left to right: Dante Gray, Devin Heiken and program rules are not violated James Brown; bottom row, left to right: Bailey Ferguson, Caitlyn when county leaders decide Forrester and Sierra Skinner. how to interpret complex

program regulations with co-mingled federal/state funding sources

To the Editor:

Lunch is over promptly at 1 pm. Our senior meals (age 55

and over) cost \$5.50, and non-senior diners pay \$7. We

also offer a 10-meal punch pass to senior center members

(members can be ANY age - \$25 year) for \$50 (\$5 per

meal). The senior member card is \$50 (\$5 per meal). The

Supervisors should be able to talk with their constituents, county employees, former county employees, professionals and all citizens with transparency in order to understand state and local federal.

programs, both known and unknown, to protect against program regulation violations and misuse of federal, state and local funds whether intentional, or by accident. Respectfully,

Photo by D. Stropes

fuss, no muss!

can deliver lunch to your home. We delivered 5, 901 meals this past year. 2. If you are short on time and need to get back to work, have an appointment, or just want a meal to heat up for dinner, you may get your lunch "to go." We sent out 2,395 meals this past year. 3. You may come dine in our dining room at the center. We have a beautiful facility and our in-house lunch hour provides time for our seniors and youngsters (under 55) to socialize and share their life stories with one another. We can seat 180 people, so we have a lot of room for you. This past year we served 10,606 meals to our community members.

non-senior member card is

We can serve you in three ways. 1. If you are

homebound and are unable

to shop and cook or have

recently had surgery, we

\$65 (\$6.50 per meal).

Until this last year we have had no state or federal funding since the year 2000. This last spring Mendocino County Health and Human Services Agency came to us with a wonderful "one time" gift offer of \$10,000 to use for a special project or on one of our existing programs. We chose to use it to offset our dining room meal deficit we incur each year. We want to thank HHSA for thinking of us when distributing this unexpected gift!

The T.R. Eriksen Foundation also supports our nutrition program with a yearly \$7,500 donation as well as \$7,500 to our transportation department. We want to thank the foundation for this yearly grant for these two very important senior programs. You help so many with your continued support!

> Allyn Nonneman, director, Harrah Senior Center

# FFA speaking competition

To the Editor:

Wednesday, February 24 was a very important day for Willits Future Farmers of America. It was the day of the Sectional Speaking Competition at Kelseyville High School, that every Willits FFA in the photo above took part in.

The first competition of the day is called "The Creed."

James Brown, took part in this competition. It is a competition for freshmen only where they must

paragraphs that were written 85 years to express E.M. Tiffany's strong belief in the industry of agriculture and the core values of citizenship and patriotism.

Our chapter President Sierra Skinner and FFA member Bailey Ferguson took part in the Job Interview Competition, where you have 10 minutes to fill out a job application for a random agricultural job that they give you. After which you are taken into a room with three judges, where the judges go over the resume and cover letter, then ask you a set of questions.

Devin Heiken, who competed in Impromptu, placed



Above: Keynote speaker Paul Kaiser talks to the crowd. Below, left: Gowan Batiste of Fortunate Farms and Ruthie King of the Grange Farm School. Below: Tours in the mist at the NCO Farmers Convergence.



# Farmers Convergence

NCO hosts annual farm, ranch and food event at Ridgewood Ranch

Ridgewood Ranch hosted over 150 in Sonoma County was the keynote farmers, ranchers and supporters speaker, sharing his success in

Holly Madrigal March 1 for Contributing Writer North Coast

fourth annual Farmers Convergence. People traveled from all over Northern California to the convergence, including one beekeeper from San Francisco.

Mendocino County was wellrepresented with producers and buyers like Harvest Market, Gualala's Surf Market and the Ukiah Co-op. Attendees spent the day networking, hearing presentations and dining on a delectable locally prepared lunch. local knowledge and skill resides

using the no-till farming technique. on Tuesday, Roundtable discussions filled the afternoon, with topics such as "Ask a Buyer," "Farm Accounting," Opportunity's "Diversity & Social Justice" and "Direct Marketing." Jon Bailey and Ian Fitzpatrick presented on the progress of the Mendo-Lake Food Hub and Go

Local branding program. The day wrapped up with farm tours of the Grange Farm School

and Tequio Farm, both located on the Ridgewood Ranch property. This full day demonstrates to all of Northern California just how much

# **Good Farm** Fund

Benefit raises funds for local nonprofit that helps small farms

The Good Farm Fund held a fundraiser Friday, March 4 at the Little Lake Grange. Damian Sebouhian featuring a wide range of fresh food prepared by the eporter amian@willitsweekly.com Zocalo Collective, and with high energy roots and world

music performed by Achilles Wheel and The Grateful Bluegrass Boys.

The Good Farm Fund is a relatively new non-profit organization, "founded to help small farms grow more food and to ensure food security to all of the members of our community," said GFF steering committee member, Caroline Radice.

Radice, farmer at Redwood Valley's Black Dog Farm, explained there are two programs the GFF raises money for throughout the year.

"The first is the food grant program, where food farmers can apply for small grants to help them with projects on their farm," said Radice. "It's for a range of different things, like seeds, irrigation supplies, fencing, tools ... whatever the farmer feels like they need at that moment that they can't afford. We want to help give it to them.'

According to Radice, last year - their first in operation the Good Farm Fund awarded \$7,000 to nine different farmers

### "Hopefully we'll raise a ton of money this year and give out even bigger grants," said Radice.

The second GFF program is called the EBT/food stamp match. According to the GFF website: "The food stamp match is the single most effective way to support local farms and make local food more affordable for lowincome community members. The EBT match successfully redirects the subsidies away from industrial food in supermarkets and corner stores to local farmers by giving



Our chapter reporter,

memorize and repeat five

second. Impromptu is a competition only for sophomores.

for others, illness ourselves, and the weather - hot, cold or wet we don't always make it, but when we do, it's a delight. Anyone there at the same time and not in a rush is invited to pull up a chair, order something to drink, and join our table.

Imagine how happy we were to see these two longtime residents of Willits walk in last Friday - Betty Betty Ann Spencer and her daughter Patty enjoying Ann Spencer and her daughter a cup of coffee, a cookie, and Willits Weekly at J.D. Redhouse. Patty Spencer Hamley. They

### The Rules: LETTERS

Letters & Commentaries: Email letters to willitsweekly@gmail.com. Letters focusing on Willits and 3rd District issues, activities, events and people have priority. Willits Weekly prints letters from residents of Willits and the 3rd District only. To encourage a variety of voices, Willits Weekly limits lette publication from any one writer to once a month.

Typed letters can be sent to Willits Weekly, P.O. Box 1698, Willits, CA 95490, but email is preferred. Letters and commentaries must be submitted with a name, address and phone number, although only the author's name and city of residence will be published. No letters from an anonymous source will be published, although a request to withhold the writer's name will be considered.



founded in 2013, covering the greater Willits area. Volume 3, Number 146 P.O. Box 1698 Willits, CA 95490 willitsweekly@gmail.com www.willitsweekly.com 707-459-2633; 707-972-7047 Jennifer Poole, publisher and editor / iennifer@willitsweeklv.com / 707-459-2633

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Lance Vannorsdel, and the contestants compete in two rounds where they had Willits pick topics out of a bowl. The contestant has 1 minute to prepare a 30-second to 2-minute speech on whatever the topic is. Devin will be advancing to the Regional Speaking Competition in the beginning of April in Santa Rosa. Senior Center lunch

Extemporaneous public speaking is one of the harder competitions WHS students competed in. You have to Our lunch program isn't just for draw three topics out of a hat, then choose one to write about. You will have 30 minutes to write a speech that seniors you know! Everyone is welcome to come and dine at must be 3 to 5 minutes long. The judges will determine the winner on their ability to write and speak in a short amount the Harrah Senior Center. We love the young and enthusiastic of time. Caitlyn Forrester won second place, and Dante as well as wise and laid back. Gray took first

Our meals are inexpensive, Caitlyn Forrester was also slated to be on the ballot for filling and delicious. Lunch the North Coast Region Mendo/Lake vice president. At the Spring Regional meeting, she will give a 2-minute speech starts at 11:45 with soup served in the winter and salad bar in the summer. The main entree is cafeteria-style so you to fellow delegates from the North Coast FFA chapters. The North Coast Region covers four sections, including have some control on the food portions that are served. Our volunteer wait people will serve your drinks, soup and Mendo/Lake, Humboldt/Del Norte, Sonoma, and Solano/ dessert and clear your dining space when you're done. No Alameda. Good luck Caitlyn!

James Brown, FFA chapter reporter, Willits

Read the rest of Letters

Over on Page 11





Willits Weekly | March 10, 2016



Willits Most General Store

Paul Kaiser of Singing Frogs Farm here in Mendocino County. EBT users an additional dollar for every dollar they spend at the market (up to \$15). This means they get \$30 worth of

> Below, left: Hunter Flynn of produce, cheese, or meat for only \$15 in EBT." Tequio Farm. Below: Scott Radice added, about the EBT program: "It makes sure Cratty receives the first "Cratty that even for people that are low-income, they can still Award" for excellence in afford to eat nutritious, healthy, fresh, organic, local food." supporting local food from Elizabeth Archer.



Read the rest of Over on Page 4 Farm Fund

# COYOTE VALLEY **ONE STOP SHOP GRAND OPENING WIN FREE GAS** FOR A YEAR SATURDAY, MARCH 19, 2016 | 10AM-5PM Join us for the ribbon-cutting ceremony at 11am then stay for the Tri Tip BBQ. Plus, you could win up to <sup>\$</sup>50 Free Play instantly! Check your receipt to see if you're one of our random winners. You could win FREE gas for a year. Receive one entry for every five gallons of gas purchased or 150 points earned in the mini casino on March 19 from 10am to 4:30pm. Drawing at 5pm. CoyoteValleyCasino.com | 707.485.0700 **COYOTE VALLEY** Phone: 707-459-2633, 707-972-7047 Email: willitsweekly@gmail.com Mail: P.O. Box 1698, Willits, CA 95490 Pg. 3

Pg.2 Phone: 707-459-2633, 707-972-7047 Email: willitsweekly@gmail.com Mail: P.O. Box 1698, Willits, CA 95490 Willits Weekly | March 10, 2016

# Crossword Puzzle & Sudoku

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How To **Sudoku:** 

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a Sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve Level: Intermediate the puzzle!

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14. Cotangent (abbr.)	52. European defense	21. Auld lang, good old
15. Particle	organization (abbr.)	days
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22. Surpassing all others	55. Experience again	31. Polynesian wrapped
23. Provides basement	57. Female sheep	skirt
access	58. Made vanish	32. Far down areas in the
24. Daily	59. Unit of force (abbr.)	sea
26. North Dakota		34. Delivered a sermon
27. Related to gulls	CLUES DOWN	36. Any physical damage
28. Provoke	1 up	37. A Seattle ballplayer
30. Lake, one of the	2. Rear of (nautical)	40. Raccoonlike animals
Great	3. Purses	42. Odd
31. Police department	4. Samarium	43. Delivery boys
33. Throat illness	5. A way to take forcibly	44. Billy Williams
35. South Dakota	6. On or into	45. Icelandic poems
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holds	8. Assign to a higher	55. Rhenium
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# WPD Activity Report



Jake Whitehurst of J.D. Redhouse, right, presents Bliss Seiferd, coordinator for Care-A-Van, with a check for over \$2,500.

Tommy Castro show brings in **\$2,500 for Care-A-Van** 

J.D. Redhouse gave a check for over \$2,500 this week to the Mendocino County Care-A-Van, from proceeds of ticket sales from the Tommy Castro Valentine's Day show at the Little Lake Grange. The Cosmic Pickle Productions show was a joint benefit for the Care-A-Van and Willits Elementary Charter School.

The Care-A-Van, which provides low-cost veterinary services in its 26-foot state-of-the-art "surgery on wheels" is making regular stops at J.D. Redhouse, including last Sunday, March 6.

"We had another successful day of spay and neuter surgeries, as well as vaccinations, despite this wet weather," said J.D. Redhouse's Ashtan Bloomquist. "We will be posting on our Facebook page when we expect our friends from the Care-A-Van to be back.'

"Thanks for your continued support J.D. Redhouse," Bliss Seiferd, registered veterinary technician and coordinator for the Care-A-Van, said. "We are always amazed by the community support we get for our program, but this goes beyond anything we could have expected.'

By providing low-cost, high-quality spay/neuter and vaccination services as well as animal welfare information, the Care-A-Van is working towards eliminating euthanasia as a means of solving pet overpopulation in Mendocino County.

Check the "Mendocino County Care-A-Van" Facebook page to hear about all scheduled stops in the north county. The Care-A-Van will be in Laytonville on Friday, March 25, from 10 am to 2 pm; location still to be determined. To make appointments for spay and neuter surgeries, or for more information, call 707-888-7698 either before March 13 or after March 20 (Seiferd will be out of cell range during that time). Vaccinations, tests and microchips are provided on a drop-in basis.

- Jennifer Poole



Above: Masseuse Janice Cinek. Below: Cinek shows the new far

infrared sauna with a happy and relaxed and kid-friendly model.

# Massage & Relaxation

Janice Cinek returns to Willits offering far infrared and bodywork

A registered nurse for 36 years specializing in chronic disease management, a recipient of a bachelor's degree in psychology Maureen Moore from Sonoma State, and Graphics & Photographress maureen@willitsweekly.com a certificate holder for intuitive healing, Janice

Cinek knows how to help the body, mind and spirit and her massage skills bring her healing abilities to another level.

Recently returning to Willits after spending some years away, working in hospice care and chronic pain management, Cinek is now working at Willits Chiropractic offering massage, bodywork and "far infrared" sauna treatments. Cinek received her massage training from Phillips School of Massage in Nevada City and graduated in 2008. She will now be available Tuesdays, Thursdays, Fridays and some

Read the rest of Over on Page 11 Massage



Photos by Maureen Moore



### PROFESSIONALLY TRAINED TECHNICIANS FREE BRAKE INSPECTIONS & ESTIMATES ♥ Peace of Mind ♥ Lifetime Tire Tire Protection & Mileage Care THE BRAKE INDUSTRY'S BEST WARRANTY PRICES GOOD THROUGH APRIL 30, 2016 LES SCHWAB TIRE CENTER OF WILLITS 1565S. MAIN STREET 707-459-5938

The rest of From Page 3 Farm Fund

and straightforward and, according to the website, includes the following guidelines:

• Must have managed a commercial food farm operation for at least 1 year in Mendocino or Lake County, or worked on commercial food farms in Mendocino or Lake County for at least 3 years.

• The farm for which the money will be used must have a foundation of commercial food production.

 Applicants are not required to own land or machinery to apply. They should, however, show a dedication to farming and/or contributing to the Mendocino and The Eagles, Van Morrison and the Rolling Lake counties food system. The grants Stones. will be directed toward small farms with under 10 acres of land being used for food production.

 Grant money cannot be used to purchase and/or propagate genetically engineered crops

The Good Farm Fund is fiscally sponsored by North Coast Opportunities, or NCO.

organization that's helping people do great

administrative fee that's very affordable. They're very supportive of people doing projects like this."

things in the community. They have a small

PREMIUM QUALITY PARTS

February 28 Attendees of the fundraising event at the 10:50 am: Officers investigated a Little Lake Grange dined on an array of physical altercation in the 10 block of West fresh and local food prepared by the Zocalo Oak Street. Collective and chef Mama Jay. The menu included BBQ pork ribs with original sauce,

www.LesSchwab.com

blackened salmon, coconut rice and peas, altercation in the 1600 block of South Main baked sweet potatoes and salade nicoise, Street

plus Jamaican curry chicken wings. 8:30 pm: Officers initiated an investigation The Grateful Bluegrass Boys opened into a reported child abuse.

the music portion of the night, performing 11 pm: ELLISION, Jhanna, 22, of classic rock and folk music cover songs Willits was arrested pursuant to an active from the likes of Bob Dylan, Grateful Dead, Mendocino County warrant.

### February 29

3 pm: Officers initiated a mental health Headliners Achilles Wheel then took the stage, performing their original, highcommitment in the 300 block of South Main energy, roots rock and world music. They Street. are currently on tour promoting the release

11:15 pm: BROCKWAY, Robert, 28, of of their second album "Stones to Sand." Fort Bragg was arrested pursuant to an For more information about the Good active Mendocino County warrant.

Farm Fund, go to www.goodfarmfund.org. March 2 Caroline Radice and her husband Jason Pluck of Black Dog Farm can be reached

4 pm: Officers initiated a drug Read the rest of WPD According to Radice: "NCO is a great at 607-351-6584. Find them online at www. investigation in the 21000 block of Baechtel growitcookitcanit.com. Road.



Phone: 707-459-2633, 707-972-7047 Email: willitsweekly@gmail.com Mail: P.O. Box 1698, Willits, CA 95490 Willits Weekly | March 10, 2016 Pg.4



8:50 pm: Officers responded to a domestic altercation in the 10 block of Creekside Court and contacted SPERLING, Charles, 40, of Willits. During the course Over on Page 11

# Meet Kim Silva, FNP-C. Now seeing patients.

Kim Silva, FNP is a board-certified family nurse practitioner who is now seeing patients at the Redwood Medical Clinic. As a family nurse practitioner, Ms. Silva specializes in caring for patients of all ages, including, men, women and children. Ms. Silva treats many conditions and provides a wide-range of services including, sick visits, annual physical exams and management of chronic diseases such as diabetes and hypertension.

To Schedule an Appointment Call 707.459.6115

REDWOOD MEDICAL CLINIC **—**Adventist Health

88 Madrone Street | Willits, CA 95490 | 707.459.6115 | www.howardhospital.org

# Sheriff's Report

### Willits man held for domestic violence

J. Hugo Carrillo-Flores, 48, of Willits was arrested on suspicion of domestic violence after a 49-yearold female motorist flagged down a Willits police officer at 4:40 pm on February 23 to report she had been physically assaulted by her boyfriend during an argument.

The boyfriend, Carrillo-Flores, was seated in the passenger seat of the car.

The alleged incident had occurred earlier in the day at the home the couple shared in the 33400 block of Bertha Keys Way in Willits.

Since the home is located in an unincorporated area of the county, a deputy sheriff assumed responsibility for the investigation into the incident.

According to sheriff's deputies, the woman and Carrillo-Flores had argued over the use of a car they owned jointly. The argument became more heated, and Carrillo-Flores began vandalizing the car and allegedly pushed the woman to the ground causing bruising to her lower right leg.

After she thought Carrillo-Flores had left the residence, the woman got into her car and drove away, only to discover minutes later that Carrillo-Flores had hidden himself in the back seat, according to sheriff's reports. He then began to damage the vehicle again.

The adult woman drove into Willits to seek help, stopping only when she saw the Willits police officer.

Carrillo-Flores was arrested on suspicion of domestic violence battery and booked into county jail.

### Covelo domestic violence arrest

Sheriff's deputies arrested 22-year-old Sergio Nunez-Davila shortly after noon on March 1 following investigation of a reported domestic violence incident of that occurred around 10 pm the night before in Covelo.

Nunez-Davila allegedly grabbed his 26-year-old wife in a headlock during an altercation at their home in the 76000 block of Short Creek Road in Covelo, punching her several times in the head and face with his free fist, bruising her face, according to sheriff's Sgt. Mike Davis.

Deputies arrested Nunez-Davila on suspicion of domestic violence battery at the couple's home. He was taken to county jail.

### Felon faces weapons charges

Convicted felon Johnny Goforth, 49, was arrested at 9 am Monday, February 29, after sheriff's deputies found several firearms and live ammunition inside his home in the 76000 block of Highway 162 in Covelo. As a convicted felon. Goforth is prohibited from possessing firearms or ammunition.

He was booked into county jail.

This report was based on press releases from the Mendocino County Sheriff's Office.

The rest of From Page 1 Death

Printing Plus: Photography • Graphic Design • Fran



At left: The new location for Printing Plus. Above: Alisa Kvasnicka is earning the printing trade. Below, left and right: Moving day at Printing Plus last month.

# Printing Plus Longtime local print shop moves to South Street

Printing Plus, the 30-year-old Willits print shop, has recently moved from its location on East Commercial Street to South Street, across from the Safeway parking lot. The new location Damian Sebouhian affords the business more space damian@willitsweeklv.com to add equipment, ultimately geared for Printing Plus to expand

its capabilities, volume and processing speed. "Printing Plus is a one-stop shop for everything from photography, graphic design, printing, book-making, cards and promotional posters," said recently hired Alisa Kvasnicka.

Alisa is currently responsible for customer service and digital graphics, and is using her position with the company to expand her knowledge of the printing and graphics industry. "I'm excited about working here because I'll get more training in the field," she said. "Ultimately, I'd like to do way more with graphic design." Tim Ramming, who bought the business three years ago with his wife, Jennifer, described some of the new work Printing Plus is doing.

"We're getting into framing and large format matting," Ramming said. He recently bought a production-size digital printer with a raster image processor, and another is on its way. "That thing is almost always going full time every day," Ramming said.

Printing Plus has clients all over the county, but its primary work is with businesses, organizations, and individuals in the Willits and Ukiah areas. Typical clients include Willits Community Theatre, Willits Center for the Arts, car dealerships, wineries, and non-profit and community organizations.

The shop also does printing work for county and city municipalities and for the Willits Police Department, printing out ticket books and other government forms.

Ron Greystar, well-known Willits photographer, and owner of Greystar Pictures, has been working with Printing Plus for almost eight months now, mostly working on large-format printing and mounting.

"I sold some of my equipment to Tim and then came and worked for him," Greystar said. "I can now offer more services and partner up with Tim to do more stuff. It's helped, getting the business out of my house."

The other employee is Miguel Jimenez, who specializes in press printing and bindery and has been with Printing Plus for over a decade.

Printing Plus can be found on Facebook and at 459-9401. Greystar Pictures is on the web at http://greystarpictures.com r call: 459-9099.



Next Week:

ALLEGIANT

It's time for the 9th annual Chili Cook-

Off at the Willits Senior Center! The event

will be held on Friday. March 11 from 5:30

to 7 pm at the center, located at 1501

Baechtel Road. Come taste and vote for

the "People's Choice." "Hottest Chili."

"Most Entertaining/Best Decor" and "Most

This year's judges, Willits Police Chief

Gerry Gonzalez, Willits Rotary Club's

Ann Alumbaugh, and Little Lake Fire

Department Chief Carl Magann, will pick

the winner for the 2016 "Judge's Favorite."

Mendocino County Sheriff Tom Allman

will emcee the event this year. Tasting

tickets are just \$8 for adults, \$7 for center

Crooked Team" ("bribes" encouraged!).

At top: Nita Lopez, Chevelle Sperling, Max, Shannon Thom, Liam Sperling, Ramona Smith at the 2015 cook-off. Above, left: Jeff Konicek, AKA Mr. K, relaxes after tasting. Above, right: Michael Tobin offers 2015 judge and Mendocino County Sheriff Tom Allman a bribe to help sway the vote.

**Getting Hot Hot Hot!** 

Senior Center Chili Cook-Off March 11



ZOOTOPIA

Movie Times for 3/11 thru 3/17

be fresh-baked corn muffins and root beer

floats available to enjoy alongside the chili.

Last year's winners included the

BeanGos' Buffalo Wing Chili, which won

for "Most Popular Chili"; "Best Chili" went

to Yokum's Body Shop's Road Kill Chili;

the Black Bart Gunfighters team won for

"Best Booth/Best Dressed Team"; and the

"Hottest Chili" award went to Michael and

Karen Pitts of the Hillbilly Pitts. The Relay

for Life team of Michael and Kathy Tobin,

Jennifer Sookne, and Helen Michaels won

for "The Most Crooked Team". Come cast

your votes for this year's winners – and all

the bragging rights! - this weekend. For

more information, call 459-6826.

(PG) 1 hr 48 mins

Fri: 5:30 & 8:00pm

Sat/Sun: 12:30, 3:00, 5:30

Mon-Thurs: 4:30 & 7:00pm

& 8:00pm



**10 CLOVERFIELD** 

LANE

**CLOVERFELD** 

(PG13) 1 hr 45 mins

Fri: 6:00 & 8:30pm

Sat/Sun: 1:00, 3:30, 6:00

& 8:30pm

Mon-Thurs: 5:00 & 7:30pm

3rd annual event shows off bakers skills for WHS Booster fundraiser

- Maureen Moore Bakers, get your aprons, and

> tasters, get your tickets: It's time for the 3rd annual Cupcake Wars event! The event will be held this Saturday, March 12 from 3 to 5 pm at the Willits Community Center and will help raise funds for the Willits High School Booster Club.

> > There are already 10 entrants signed up to compete for Best Decorated, Best Taste, Best Decorated Table and People's Choice, wishing to enter.

Bakers pay \$25 as an entry fee and must bring a minimum of 24 cupcakes. They get cupcakes for judges and the public.

The judges, Holly Madrigal, Robert

their entrv at the 2015 contest. Photos by Maureer Moore also purchase voting tickets for \$1 or, if they

go to the Willits High School Booster Club to help support high school to decorate their tables and present their activities with purchases of anything from sports equipment to band instruments to necessities for the arts, drama or

Chavez and Brad Walton, will sample To sign up, or for more information: each entry and select the winners. A prize email whsboosters123@yahoo.com or call of \$50 will be awarded to each winner of Summers at 972-2164. Best Table, Best Decorated Cupcake and Best Tasting Cupcake. The winner of the - Maureen Moore



**GODS OF EGYPT** 

This Week's Tightwad Tuesday Titles are in RED - All tickets: \$5

- ONE WEEK ONLY -

(PG13) 2 hrs 7 mins

Fri: 5:30 & 8:15pm

Sat/Sun: 12:00, 2:45, 5:30

& 8:15pm

Mon-Thurs: 4:30 & 7:15pm

People's Choice award will receive \$100.

To vote for who wins the People's Choice award, event goers can purchase cupcake tickets. Prices per cupcake are \$2 each, \$10 for six, and \$20 for 12. A person can

just want to look and not taste, eventgoers can pay a \$1 entry fee to just come inside but event volunteer Bridgett Summers says and check it all out. All money is taken at there's still time to sign up for anyone the door, not at the cupcake tables.

All of the proceeds from the event will

extracurricular clubs.



shelter in place, his friend decided to walk out of the area alone in search of help, the sheriff's office reported

After wandering through the area all night, the man was able to contact CalFire personnel and told them of Dalton's plight at about 7:30 am Sunday.

A search was immediately launched for the missing man by members of the Mendocino County Sheriff's Office Search & Rescue team, CalFire, Little Lake Fire Department and the California Department of Fish & Wildlife.

Some 30 people combed the area on foot; helicopters and aircraft were unable to join the hunt at the time because of poor weather conditions, Barney said.

By Monday, search-and-rescue teams from the California Rescue Dog Association, Sonoma County, Contra Costa County, Napa County, Lake County, Solano County and Humboldt County, as well as the California Air National Guard Air and the California Office of Emergency Services city council. If accepted, the recommendation will then Law Branch had joined the hunt.

Altogether, 70 searchers and 30 support personnel took part in the search, Barney said.

Around 2:22 pm Monday, "an all-terrain vehicle search team discovered a deceased male," Barney said. The dead man "matched the description" of the missing 6-foottall, blond-haired, blue-eyed Dalton. The dead man was dressed in a black leather jacket, a black shirt, tan shorts and black shoes.

A California Air National Guard Blackhawk helicopter airlifted the body from the woods and flew it to the incident command base, where a deputy coroner confirmed the body was that of Jamie Dalton.

"The weather during this ... incident was cold, wet, with some snow and sleet falling in the area," Barney said.

A death investigation has been initiated, and an autopsy is being scheduled. "There were no obvious signs of trauma on the decedent," he added, "and foul play is not suspected.

An autopsy has been scheduled to determine the cause of death.

"The Mendocino County Sheriff's Office would like to thank all agencies and volunteer search and rescue personnel who responded to assist on this incident," Barney said.

This report was based on a press release from the Mendocino County Sheriff's Office.

councilmembers Larry Stranske and Holly Madrigal. While the Revit-ED committee cannot make policy

The rest of

Revit-ED

decisions on its own, it is tasked with formulating recommendations to the city council for action.

From Page 1

Several topics were listed as priorities for the committee to tackle: commercial signage, business development, commercial and residential re-zoning, and affordable housing. But by meeting's end, it was agreed the No. 1 priority was to help to establish a sphere of influence for the City of Willits.

"The sphere of influence is the probable ultimate boundary for the city for the next 20 years," said Duley. "It's about identifying where growth is going to happen, where the city can accommodate growth [and] provide police services, fire protection services, water and sewer."

The process in establishing the sphere of influence will involve Revit-ED formulating a recommendation to the be forwarded to the Mendocino County Local Agency Formation Commission, or LAFCo, for final approval.

Currently, the sphere of influence is defaulted to the city limits.

"We have a number of properties we provide water and sewer services to outside the city limits," said Duley. "That would be a perfect example of land that could be annexed by the city."

If a business were to open just outside the city limits, Willits would not receive the tax revenue. Therefore, the committee agreed, establishing a larger sphere of influence was vital.

Vacancy abatement was discussed as being second on the priority list. There are too many vacant downtown buildings that could be used commercially, committee members agreed.

"How do we convince the owners it is no longer profitable for them to leave their buildings vacant?" asked Barksdale. Taxing or creating a fee structure for those owners who refuse to sell or rent out their buildings were ideas the committee tossed around for future consideration.

In the realm of business development, Barksdale explained that one way of attracting new businesses was to offer tax breaks.

"Say you gave somebody a five-year tax incentive to bring their business to Willits," Barksdale suggested. "For that five-year period [the city] could give that business a low tax base, but they have to create [a certain amount] of jobs.

He added establishing beautification design standards was crucial to attracting business owners, and suggested Willits consider replicating the actions of other successful cities such as Ashland, Oregon,

"Almost every commercial building in Ashland has an awning over it," said Barksdale. "Awnings create a uniformity, and businesses can advertise on the awning, which takes the place of having to put a sandwich board on the sidewalk."

Holly Madrigal reminded the committee that once the bypass is completed and Caltrans relinquishes North Main Street to the City of Willits, there will be a major rules change relating to signage.

Currently no business or company is allowed to deploy off-site signage. "The Willits Community Theatre wanted to put up a sign at the Van Lane alley entrance, advertising their location," Madrigal said. "Right now, they're not allowed to do that." as per Caltrans rules.

Madrigal stressed the importance of Willits setting up some standards of its own, once the Caltrans rules are no longer in place, as well as to work with Caltrans in determining what kind of signs will be raised on Highway 101 around the Willits exits.

"[How about] a 'Welcome to Willits' sign that would include banners advertising events that are happening in town?" Madrigal suggested, crediting the Willits Chamber of Commerce for taking the lead on such project ideas.

Moore updated the committee on the upcoming charrette process regarding the Main Street Corridor Enhancement Project, scheduled for the week of April 18 through 22. City staff is currently working on a flyer detailing each day's topics. The charrette process is designed to include public discourse regarding the formulation of the Main Street plans.

"We are looking at a location on Main Street for the charrettes," Moore said, but declined to say exactly where until the location agreement was finalized. "There's going to be a kickoff on Monday, the 18th," she said. "It will be a community event with finger food, basically an open house type of thing. At the end of the week on Friday, April 22, the plans will be shared with the public."

The next Revit-ED meeting is scheduled for Tuesday, April 12, at 4 pm. The committee is inviting a Caltrans official to present the Highway 101 signage plans. All committee meetings are open to the public and take place in the council chambers at Willits City Hall on East Commercial Street.

For more information, contact Dusty Duley or Adrienne

Pq.6 **Phone:** 707-459-2633, 707-972-7047 **Email:** willitsweekly@gmail.com **Mail:** P.O. Box 1698, Willits, CA 95490 Willits Weekly | March 10, 2016



Fred Snyder, 83, passed away peacefully surrounded by family on March 3, 2016 after a wonderful, well-lived life. He was born in Viborg. South Dakota on February 10, 1933 to Glenn and Florence Snyder, and was one of eleven children. In his teens he worked on farms and ranches, following the wheat harvest and working cattle prior to becoming involved in road construction, which ultimately became his life's work, while simultaneously owning and operating several successful businesses.

In 1952 he married Joan Huchendorf in Silverton, Oregon, and they began a family with the birth of their first child in Rapid City, South Dakota. Shortly thereafter they relocated to Oregon and then Northern California. Fred graduated from the Oregon Technical Institute and later attended Humboldt State University. Fred and Joan made their first home in Fortuna, California, lived for a time in Cloverdale, and then relocated back to Fortuna until they settled in Willits in 1969. They had five children - Roberta, Mark, Doug, Keith and Kathi

Fred was a co-owner of a rock crushing plant in Cloverdale and then later worked in road construction for Mercer Fraser in Humboldt County while concurrently owning and operating an A&W franchise in Fortuna with his wife, Joan. Upon relocating to Willits, Fred and Joan owned and operated two Union 76 bulk fuel businesses, one in Willits and the other in Ukiah. When the bulk plants were sold in 1973, Fred reengaged in the construction business working for Parnum Paving as well as establishing an asphalt and rock crushing business with his late son Mark Snyder under the name of Dakota Paving. He wrapped up his construction career with Harrah Industries and Ghilotti Brothers, retiring in 1998.

He was active in the Willits community giving of his time and talents to the Kiwanis, the Willits Little League, the Willits Volunteer Fire Department and more. Upon relocating to Willits he became a member of the Methodist Church. He loved travel and golf and was a member of the Brooktrails Men's Golf Club. And, his Gribaldo's morning coffee group, working collaboratively, came up with solutions to many of the world's problems.

He is survived by his wife of 64 years, Joan, his children Roberta Matteis of Roseville, Doug Snyder of Reno, Keith Snyder of Willits and Kathi McCrum of Roseville, ten grandchildren and four great grandchildren.

He was well-known for his caring nature and his willingness to help others in need, and he had many close friends in the community. He will be missed very much by his family and friends.

Services will be held at the Agape Church Hall at 290 South Lenore Avenue at 11 a.m. on Saturday, March 12. A reception will follow the services. The family is asking that contributions be made in memory of Fred to Hospice or any charity of one's choice.





# obituary | Dale Dingman

Dale Wallace Dingman of Willits died in his sleep, February 28, after a long illness.

Dale was born January 30, 1946 in Chicago.

He served in the U.S. Navy during the Vietnam War and studied design at Michigan State University.

He is survived by his sister, Kathy Dingman Katz, her husband, Aaron; sister, Gale Shearer, her husband, John; and nieces and nephews, Danny, Amanda, Melany Katz, grandnephew O'Rion Katz, and Jon and Liz Shearer. He is preceded in death by his parents, John and Dorothy Dingman of

Chicago.

Before coming to Willits, Dale lived in Denver, where he worked in record promotion and distribution for many years.

Dale finally settled in Willits in 1996, earning a living as a designer, carpenter and skilled tile worker.

Shortly after arriving Dale became involved with the Willits Center for the Arts. As an active member of the arts community, Dale volunteered thousands of hours over the years to creating a grand art venue that has hosted thousands of artists and their patrons.

In lieu of flowers, the family requests donations be made to the Willits Center for

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Willits Weekly | March 10, 2016 **Phone:** 707-459-2633, 707-972-7047

Email: willitsweekly@gmail.com Mail: P.O. Box 1698, Willits, CA 95490

the Arts.

Moore at 459-4601.



### Thursday, March 10

Kids POP Club at Farmers Market: The final week of the Power of Produce Club at the Willits Farmers Market, Thursdays from 3 to 5:30 pm at the Little Lake Grange, 291 School Street. The POP Club empowers children ages 5 to 12 to make healthy food choices by offering educational activities, cooking demonstrations, and food sampling. Each child is provided with \$4 in market currency each week they participate, which they can spend on any fruit or vegetable they choose. This week's activities feature hands-on fun with worm composting bins; the featured vegetable will be beets, and the soup for tasting will be veggie chili with beets. Info: contact Jessica Ruff at 707-467-3224, 810-599-5533 or jruff@ncoinc.org.

WHS Booster Club Meeting: The monthly WHS Booster Club Meeting is set for 6 pm, Thursday, March 10, at the Willits High School Food Center. Help support athletics and other extracurricular activities at WHS!

'Business Success after the Bypass': a free presentation by marketing and business expert Bob Pritchard on "18 Keys to Guaranteed Business Success – Life After the Bypass": Pritchard will

the Chamber of Commerce, can Willits make а destination for "This visitors. special Thursday event is sure to be insightful and informative for business owners, business leaders and community members interested in learning how

Mendocino County Museum Road Show to thrive after the bypass." A Los

marketing consultant for 25 years, Pritchard has consulted to 91 Fortune 500 companies on six continents, won the coveted "International Marketer of the Year" award, and hosts a global business radio program that attracts nearly 590,000 listeners. Thursday, March 10 at 6:30 pm at Willits City Hall, 111 East Commercial Street. Hosted by the City of Willits and the Willits Chamber of Commerce. More info, call the Chamber at: 459-7910.

Old Blind Dogs at WCT: This four-piece band from the cutting edge of Scotland's roots revival, performs at the Willits Community Theatre on Every second Friday. Sign-ups Thursday, March 10 at 7 pm. Since forming in at 7:30 pm for open mic jam. the 1990s, the popular band has developed its sic starts at 8 pm. own trademark style, combining an energetic mix Shanachie Pub: Mendo of dynamic percussion, polished vocals, soaring Dope, Daniel and Bryan fiddle and stirring pipes - all blended to fuel Eatmon aka "Old E" and their delicately-phrased melodies and traditional "Bleezy": "infusing a west songs. Advance tickets \$20; available in person coast style flow with a

at Mazahar, 38 South Main Street; online at brownpapertickets. com; or by phone 24/7 at 1-800-838-3006. Tickets also available

11 9th annual Chili Cook-Off:

Enter your chili the Harrah Center's Senior 9th annual Chili Cook-Off for a chance to win a great prize and bragging rights! Friday, March 11 from 5:30 to 7 pm, at the center, 1501 Baechtel Road. Prizes for "People's Choice," "Judge's Favorite," "Hottest Chili," "Most Entertaining/Best Decor" and "Crookedest Team." Judges this year: Willits Police Chief Gerry Gonzalez, Willits Rotary Club's Ann Alumbaugh, and Little Lake Fire Department Chief Carl Magann, with MC Sheriff Tom Allman. Enter your favorite chili: \$25 entry fee. Taste and vote for your favorite chili: \$8, \$7 members, \$5

kids. Fresh-baked corn bread muffins, frosted mug root beer floats available. Call Harrah Senior Center for entry form or more info: 459-6826. Mendocino County Museum Road Show: Local history springs to life in this 3rd annual countywide

touring production that opens in Willits – one night only! – on Friday, March 11 at Willits High School, address how local business, in conjunction with at 7:30 pm. Doors open at 7 pm for pre-show music by Americana

> ensemble All About Sally. new stories gleaned entirely from local primary sources hop-picking, childhood oranks, remedies vice, campaigns, and the exciting, critical election of 1916 for wet versus

Mendocino dry in County." Tickets are Angeles-based businessman, entrepreneur and \$15; \$12 for seniors 65 & over and for youth 20 & under (parental guidance is suggested, and attendees are asked not to bring young children). Tickets available in person or by phone at the Mendocino County Museum in Willits, 400 East Commercial Street or 459-2736 or online at www. MendocinoMuseum.org. See article on page 5 for more details.

> ClosEnuf at Brooktrails Lodge: "Come listen and jam with seasoned musicians who love to entertain. If you like to listen to good classic rock'n'roll, come up to the Brooktrails Lodge, 24675 Birch Street, and check it out."

# What's Happening Around Town

 $\sim$ 

cannabis culture lifestyle, creating an original at the door until sold out. The WCT playhouse sound that was built up independently." Visit www. is located at 37 West Van Lane mendodopemusic.com. 9 pm. \$5. 50 South (behind Shanachie Pub). Main Street, behind Adam's Restaurant, enter

Friday, March

Saturday, March 12 Kids on the Run!: first practice March 12 for this running club for kids kindergarten through 12th grade, sponsored by the Sheriff's Activity League. Saturdays at 10 am at the ball fields between

from Main Street only. Info: 459-9194.

the Dog Park and the Mendocino County Museum. Cost for 2016: \$10, includes a T-shirt and free race entries. Questions? Contact:

Michelle Kluskiewicz at 267-608-6262 or Gina Henebury at 707-485-1794. WHS Booster Club Cupcake Wars: 3rd annual fundraiser for the WHS Booster Club. Saturday,

March 12 from 3 to 5 pm at the Willits Community Center. Prizes for Best Decorated Cupcake, Best Tasting Cupcake, Best Decorated Table and People's Choice. Still time to sign up: \$25 entry fee for bakers, who must bring at least 24 cupcakes Judges this year are Holly Madrigal, Robert Chavez and Brad Walton. \$50 prizes for each winner; \$100 prize for People's Choice winner

Prices per cupcake are \$2; \$10 for six, and \$20 for 12. \$1 for voting tickets. To sign up, or for more information: email whsboosters123@yahoo.com or call Bridgett Summers at 972-2164. "A completely

> American Legion St. Patrick's Day **Dinner:** American Legion-Willits Post #174 hosts the annual Duane Brown Memorial St. Patrick's Day, Corned Beef & Cabbage Dinner, Saturday, March 12 from 5 to 7 pm at the Veteran's Memorial Building, 191 North Main Street. Menu: Corned Beef & Cabbage, Murphy's (Spuds), Carrots, Onions, etc. and dessert. Tickets: \$18, \$9 for children under 13; free for children under 5, Tickets may be purchased at the door.

Shanachie Pub: House Of Mary, out of Sacramento, with "powerful indie, acoustic, Americana originals" Visit www.facebook.com/ Houseofmarymusic. Opening performer: Ian Kashani. 9 pm. No cover. 50 South Main Street, behind Adam's Restaurant, enter from Main Street only. Info: 459-9194.

Sunday, March 13

selection

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tales of

home

politics,

temperance

Senior Center Biscuits and Sausage Gravy Breakfast: Biscuits and sausage gravy

with eggs as you like them or pancakes; choice of ham, bacon sausage and eggs juice, coffee, etc. Sunday March 13, 8 to 11 am. Willits Senior Center, 1501 Baechtel Road. \$7: \$6 members: \$5

Boy Scout Pinewood Derby: Willits Cub Scout Thursday, Pack 42 is holding their Pinewood Derby on Sunday, March 13, starting at 2:30 pm at the Scout March 17 Hut in the Recreation Grove, East Commercial 'Garlic is as Good Street. The Pinewood Derby is a racing event as Ten Mothers': for Cub Scouts in the Boy Scouts of America The Now and Then organization. Cub Scouts, with the help of parents, Film Series at the build their own gravity-powered race cars from Grange presents wood, usually from kits containing a

Les block of pine, plastic wheels, and metal aces. The public is always Alice Waters of welcome. Berkeley's Chez

Blank's 1980

featuring chef

exploring

history,

and

Town Hall Meeting on Mental Panisse restaurant Health: The topic of this Town Hall and a flavorful Meeting is: "Mendocino County musical soundtrack Mental Health Services: What while we have; What we need; How the do we get there?" with panelists consumption. Wynde Novotny, executive cultivation director of Manzanita Services; culinary/curative Mark Montgomery, vice president of powers of the stinking rose. The SF Chronicle operations for Ortner Management called this loving ode to garlic "a joyous, nose-Group; and Mendocino County Sheriff tweaking, ear-tingling, mouth-watering tribute to a Tom Allman discussing the existing and Life Force." 7 pm at the Little Lake Grange, 291 desired status of Mental Health Services School Street. Come early for trailers & short films in Mendocino County. Sunday, March 13 - and the 1st annual garlic 'finger food' potluck' from 4 to 6 pm at Willits Community Center, (small fee requested from those without a dish 111 Commercial Street. Community members to share). Your donation of \$5 to \$10 helps keep will have the opportunity to jot down questions the film series funded. Serving heirloom organic that will be read by our facilitators and answered/ popcorn with real organic butter, garlic and Fair explained by our panel. Refreshments provided by Trade chocolate. Info: 459-6362 the 95490 Town Hall planning committee. St. Patrick's Day at Shanachie Pub: "It's a St.

### Monday, March 14

Willits Garden Club Meeting: this month's meeting features author Oliver

> Kolkmann discussing his book titled "Birds of Mendocino County." Monday, March 14, 12:30 to 2:30 pm at the Golden only. Info: 459-9194. Rule Mobile Village Clubhouse, 16100 North Highway 101 6 miles south of Willits, west of Highway 101, south of Ridgewood (Seabiscuit) Ranch. Social time starts at 12:30 with coffee and

refreshment, and Kolkmann's talk starts at 1 pm. Guests are welcome, and there is no charge. For more info: Gary Bodensteiner 459-2708.

Shanachie Pub: Inle Elni - dark folk metal with acoustic instruments and "really poetic and catchy song writing." Visit https://www.facebook.com/ Inle-elni. Opening act: local favorite songstress Sarah Rose McMahon. 8 pm. No cover. 50 South Main Street, behind Adam's Restaurant, enter from Main Street only. Info: 459-9194.

Tuesday, March 15 Tightwad Tuesdays at the Noyo Theatre: All Saturday, March 19

FLOWER FILMS

PRESENTS

GOOD

TEN MOTHERS

By Les Blank

turing Alice Waters of Chez Ponisse resourcest, along with othe food and music freets of the San Francisco Bay Area.

Ridgewood Ranch Spring Nature Walks: This year's docent-led walks at Ridgewood "Seabiscuit" Ranch, 16200 North Highway 101, 5.5 miles south of Willits, start on Saturday, March

19 at 10 am (rain cancels). Free to the public. Meet at the Ridgewood Ranch Oak Woodlands Conservation Trailhead (conservancy shed). Follow directions to the Golden Rule RV Park for ranch access. All walks are guided. Saturdays through April 16. Visit www.seabiscuitheritage.org/ conservancy.html for info or call 707-391-3872. 'Twining Time' benefit for WCS:

> Willits' own folk duet "Twining Time, John Wagenet (vocals/guitar) and Anita Blu (vocals/keyboard) will join with world-class musicians Hal Wagenet (lead guitar) and Mitchell Holman (bass) to perform a concert on Saturday, March 19 to benefit

Willits Community Services and Food Bank. This "fun evening of originals and modern favorites in the spirit of old time mountain music, folk, and vintage country - with plenty of audience participation expected - is set for 7 to 9 pm at the Willits Community Theatre, 37 West Van Lane (behind Shanachie Pub). Tickets \$15, are available in advance at Mazahar and at the door (only 74 tickets available. Sponsored by Sparetime Supply, Coast Hardware, Willits Redwood Company, North Coast Resource Management, Willits Power and Hardware, Willits Furniture, and Round Tree Glass



WCS Country Music Festival: This fundraiser based music group known for its funkified blenc for the Willits Charter School features country of musical gumbo: Bay Area Funk, California Sou artist McKenna Faith (from Ukiah, currently living and Vintage Rock'n'Roll. Visit www.facebook.com/ in Nashville), and local singer/songwriter Sarah plotmusic. 9 pm. No cover. 50 South Main Street Rose McMahon. Plus silent auction and bake behind Adam's Restaurant, enter from Main Street sale. Saturday, March 19 at Little Lake Grange, 291 School Street, doors open at 8 pm. Tickets \$20 for ages 20+; \$10 for ages 6-18; under 6 free. No-host BBQ dinner, \$7. Tickets at willitscharter. org/fundraiser or at WCS front office.

## Sunday, March 20

"It's All About the Soil": California Growers Association monthly event features presentations by Judith Harwood on biochar, Alan Adkisson on bokashi composting, and Dirty Business Soil on bed prep and amendments. Sunday, March 20 at Harwood Hall, 44400 Willis Avenue in Laytonville. CGA business, 3 to 3:30 pm; panel starts at 3:30

# **Ongoing Events**

Willits Winter Farmers Market: from 3 to 5:30 pm every Thursday at the Little Lake Grange, 291 School Street. Winter produce, local meats and local grains, dinner, baked goods, gift items, chocolates, crafts, live music, the new edition of Willits Weekly, and more. Music on March 10: tba; music on March 17: Richard Jeske, guitar, accompanied by Loren Herz-O'Brien on the flute.

Free to All Creative Writing Class: Thursdays in the Sunshine Room at the Harrah Senior Center, 1501 Baechtel Road, at 1:30 pm. "Join us to find your inner writer." Class continues on the 1st and 3rd Thursday of the month.

"Less is More": Willits Center for the Arts' March show, "Less Is More" opens with an artists reception, Saturday, March 5 from 6 to 9 pm. Featuring mixed-media work of Dorothy Asbury, Mya Byers, Julie Byers, Tonia Silverstein, and Celia Price. Willits Center for the Arts, 71 East Commercial Street. Continues through March 27; gallery hours: Thursdays and Fridays, 4 to 7 pm; Saturdays and Sundays from 12 to 3 pm. Visit http://willitscenterforthearts.org

The Emandal Chorale: ongoing rehearsals on Wednesdays, 5 to 6:30 pm, for the Chorale's 21st season, at the Little Lake Grange great hall, 291 School Street. No auditions: Open to all who love to sing.

Inner Resources Institute: three free programs at the new Inner Resource Institute, 1500 Hearst Road (at Hearst and Valley roads in the old Grace Baptist Church building). • Morning Meditation: Every morning at 6 am. • Kirtan: Every Thursday at 7:30 pm. Devotional singing and chanting led by Chinmayan. • Sunday Morning Service: 10:30 am. Satsang and fellowship consisting of a short talk on practical spirituality; meditation; Kirtan and worship; and a prayer service in which we pray for individual, family and humanity's needs. Info: 707-357-4676 or innerresourceinstitute@yahoo.com.

The Mentoring Program: Free classes for girls in grades 6 through 10 in the Willits school system. Friday afternoons from 4 to 5 pm. Class subjects rotate: Herbs, Crafts, Yoga & Movement, Life Skills, and Cooking and Home Arts. Room 4 in the Little Lake Grange, 291 School Street, the Cultivate Wellness Studio. Call Michelle Cummins for info: 972-1601.

Tuesday Wii Bowling: Every Tuesday at the Harrah Senior Center Dining Room, 1501 Baechtel Road. 1:30 to 2:30 pm. Info: 459-6826

Tuesday Night Potluck Bingo: Potluck dinner and bingo every Tuesday at the Harrah Senior Center, 1501 Baechtel Road." Be sure to bring a dish to share!" 5 to 7 pm; \$5 buy-in; 50 cents per card. Info: 459-6826.

Willits Frontier Twirlers Square Dance Club: Monday night workshops at the Willits Center for the Arts, upstairs in the great room. Newer dancers from 7 to 8 pm; plus dancing from 8 to 9 pm. Lawrence Johnstone, caller. Guests always welcome! Info: Jenny Watts, 459-9526.

Al-Anon Meeting: Thursday nights from 5:30 to 6:30 pm, at the Baechtel Creek Village Community Room (behind Rite-Aid at the Evergreen Shopping Center. Saturdays at 10 am at St. Francis Episcopal Church Fellowship Hall, 66 East Commercial Street. "Al-Anon Family groups are a fellowship of relatives and friends of alcoholics who share their experience strength and hope to solve their common problems. We believe that alcoholism is a family illness and that changed attitudes can aid recovery.'

Drop-in Knitting Circle: Due to popular demand, the Willits Library is holding the drop-in knitting circle every Saturday of the month, from 3 to 4:30 pm at the Willits Branch Library, 390 East Commercial Street. "Bring your projects to share and show off! We will have expert knitters on board who can solve any problems and teach everyone to knit! Bring your own projects - we'll supply the coffee! Sign-ups are not necessary everyone is welcome to drop in."

Willits Library Public Events: "Pajama Story Time" for families, Tuesdays at 7 pm. "Stories for Crawlers and Walkers," Thursdays at 11 am. Technology group for help with hand-held devices, Fridays at 1 pm. Youth Game Night ages 10-14, Fridays from 5 to 7:30 pm. Drop-in Knitting Circle, Saturdays from 3 to 4:30 pm. 390 East Commercial Street. More info: 459-5908.



Friday, March 18

only. Info: 459-9194.

2D movies that are in their second week are \$5 on Tuesdays at the Noyo Theatre for all ages, all showings. This week's Tightwad movies are "Zootopia" and "Gods of Egypt." For showtimes: www.noyotheatre.com. 57 East Commercial Street, 459-6696.



pm and continues to 5:30 pm. Sliding scale, \$5 to \$20 donation, sliding scale. Info: Erin at 707-972-

Email us your calendar listing! willitsweekly@gmail.com

# **'How Love Reveals Truth**<sup>2</sup>

### Sunday, March 20

"How Love Reveals Truth" is the theme of a worship service presented by ECKANKAR: Experience the Light and Sound of God, Sunday, March 20 from 11 am until noon, at Willits City Hall, 111 East Commercial Street.

A panel of speakers will share insights and personal experiences on how they recognize God's love in their lives. Soul's whole purpose in this world is to find divine love. "The individuals who can actually live the principles of love in their own lives, and let other people be, are living the examples of the highest truth" explains Harold Klemp, spiritual leader of ECKANKAR.

The service also features a HU Song. Throughout the ages, followers of many spiritual traditions have used prayer, the singing of holy words, and meditation to bring themselves closer to God. In the same way, those who have discovered HU, an ancient name for God, sing it for their spiritual upliftment. Singing HU draws us closer in our state of consciousness to the Divine Being. This is its purpose. It is for those who desire spiritual love, freedom, wisdom, and truth. Regardless of your beliefs or religion, you can sing HU to become happier and more secure in God's love.

ECKANKAR teaches that the spiritual essence, which is the Light and Sound, connects everyone with the heart of God. This Light and Sound is the ECK, or the Holy Spirit. Direct experience with these twin aspects of God opens the deep spiritual potential within each of us. The Light and Sound purify, uplift, heal, and direct us on our journey home to God.

If you wish to learn new techniques to help you and how these techniques can offer insights of higher more information feel free to call: 456-9934.

**Spring Meditation Training Course** 

Spring Meditation Training Course: a free 10-week meditation release, the development of inner poise and for the realization seminar, providing "everything needed to launch your own of our full potential. Countless scientific studies have proven satisfying and effective meditation practice in a supportive group the rapid and reliable benefits of ongoing meditation practice. practice, "starting NEW DATE: March 26, continuing every Even meditating for five minutes a day has a profound and Saturday from 2 to 4 pm, at the Inner Resource Institute, 1500 positive effect on health, relationships and work." To register or Hearst Road. "Everyone needs meditation for healing, stress for questions: 707-357-4676.





Join us for a fun spring evening of flower arranging. This workshop includes everything you need, plus a guided demonstration, to make a festive Easter basket! Space is limited.

## **Umpires needed**

2016 Willits Redwood Little League is looking for senior and youth volunteers to umpire Little League baseball for the better understand and experience more of God's love 2016 season. Contact Brad at 707-354-0794. Registration closed February 19 for Little League, but to be placed on a consciousness, then join us at this worship service. For waiting list with no guarantee of team placement, visit http:// wrll.siplay.com. Info: Melissa Coughlin 707/354-2226 or - submitted by ECKANKAR check "Willits Redwood Little League" on Facebook.



Join Us! 2 pm to 4 pm at the Willits Grange Tickets: \$15

Willits Weekly | March 10, 2016





# Senior Center Lunch

Week of March 14 through March 18

Monday: Lima Beans & Ham | Tuesday: Burger/Bun | Wednesday: Lemon Tilapia | Thursday: Corned Beef & Cabbage | Friday: Baked Chicken

Harrah Senior Center serves lunch five days per week from 11:45 am to 1 pm. 55 and older: \$5.50 per meal; under 55: \$7 per meal. Includes soup, entrée, vegetable, bread, dessert, and drink. 1501 Baechtel Road. Info: 459-6826.



The Story: A New England Puritan family is exiled from The Plantation, a gated compound, in 1630. They are ordered to leave the compound because of a religious dispute, an Daniel Essman unspecified conflict over points of belief. The family settles in an Columnist isolated farm at the edge of the

deep dark forest. The events and dialogue in this movie are impressively historical. They are drawn from diaries, journals and folk tales of the era.

My Thoughts: In Pilgrim times, survival was never easy, the wilderness was neither kind, nor gentle, and getting enough to eat was always a question. Even more problematic for all the settlers: Matters of religious belief and disagreement over dogma created a constant, pressing existential terror . the terror of eternal damnation.

And of course, beyond the village gates, there was the certainty of the Devil and that unholy things lived in those deep dark woods. This movie makes concrete these doubts and these terrors. It is a tale of evil at the doorstep, an evil from within the human heart ... there are signs and omens.

I have enormous respect for the filmmakers. There are no false notes, nor are there any cheap thrills.

Parents: Teenagers yes. Not for children... Let me emphasize that: Not for Children. *Willitsian Daniel Essman prefers his reality attenuated by* the wisdom of the imagination.

Soroptimists International of Willits: Women's service club aimed at the betterment of girls and women. Meets second and third Tuesdays of every month, noon to 1 pm, at Old Mission Pizza, 1708 South Main Street, in the back room. Women interested in community service are welcome; new members are encouraged to join at any time.

Life Changes: Discussion and support group with Linda Posner, Wednesdays from 10 to 11 am. Harrah Senior Center, 1501 Baechtel Road

Volleyball Open Gym: at Baechtel Grove gym; Sundays and Tuesdays at 7 pm. Some experience desired not required. \$5 per night; first night free. Info: Jeff at 354-1850.

Willits Community Drum Circle: 7 to 10 pm at the Saint Francis in the Redwoods Episcopal Church, 66 East Commercial Street. Every 2nd and 4th Friday. Free. Everyone is welcome. Info: 459-4932.

Smoking Cessation Program: Free "Freedom from Smoking" class sponsored by the Frank R. Howard Memorial Hospital. Every Wednesday at the HMH Conference Room, 1 Madrone Street, 6 to 7 pm. RSVP to Jennifer Barrett at 707-540-4208. Walk-ins are always welcome.

Free Sheriff's Activity League programs: at Body Works Gym, 1511 South Main Street. Teen gym: Monday to Friday from 2:30 to 5:30 pm; Boxing: Monday, Wednesday and Friday at 6:30 pm; Karate: Kids aged 5 to 10 from 6 to 7 pm, Tweens, Teens and Adults at 7 pm. All SAL programs free to the public. Info: www.facebook.com/ MendocinoCountySheriffsYouthActivitiesLeague or Mike Tobin: 354-0565.

Shanachie Pub: World Music Mondays: Sign ups start at 7:30 pm sharp. Music starts at 8 pm.

( sungance )

ТНЕ

VVITCH

A New-England Folktale

Jazz Night every second and fourth Thursday. 8 pm. No cover. "Local musicians ... take jazz standards and infuse them with funk, hip hop, world, and free form jamming. The outcome is unexplainable." Open Mic every Wednesday. 8 pm. Sign-ups start at 7 pm. Movie Night every Tuesday. 50 South Main Street, behind Adam's Restaurant. Info: 459-9194.

Karaoke Night at Al's Redwood Room: Every Wednesday night, starting at 9 pm. 207 South Main Street. Info: 459-2444.

Laytonville Winter Farmers Market: Mondays, November to May, from 2:30 to 4:30 pm at Harwood Hall, 44400 Willis Avenue, Laytonville.



Above, from left: Jimmy Booth sets the strap on the next drive assembly to be moved. The front yoke on the Kelly Springfield steam roller. (Photo by Chris Baldo). Ken Smith and Keith Rongey set the valves for the glass column in the water column. Troy James talking through the next steps with photo referencing. The gears fit in place

At right: A recent Wednesday night work party at Baldo Locomotive Works, from left to right, Troy James, Keith Rongey, Heisler the dog, Don Ford, Chris Baldo, Jimmy Booth and Chuck Jones.

Photos by Ree Slocum

to be completely rusted, and they needed to

Riveting the front tube sheet is an "old

world" process. Scott Wickert of Tillamook

Locomotive Works in Oregon and Eduard

Neubauer of San Francisco were called

upon for their expertise and the use of

their "old world" tools to set the tubes

and rivets. It took the volunteers hours of

experimenting with the old and new tools

and technologies to drill the holes exactly,

set them in place, and replace bolts with

in excellent shape.

# **Baldo** Locomotive Works

Restoring the 1921 Kelly Springfield steam roller

The newest project at Baldo Locomotive used as needed. As suspected, the roller's Works is the restoration of the 1921 Kelly smoke box and front tube sheet were found Springfield three-wheeled steam roller. In the early 1900s, steam road rollers were be replaced. The parts were fabricated and

	used to maintain
Ree Slocum	roads in the U.S.
Features Writer	A changing and

jovial group of Roots of Motive Power volunteers has been working on restoring the 1921 steampowered roller on Wednesday evenings, a project that began in October 2014. Due to the year-round nature of the work, it was decided to use Chris Baldo's large, enclosed, and heated building for the project, instead of the Roots facility on East Commercial Street.

rivets on the boiler. Because of the amount The first job for volunteers was to of pressure that boiling water and steam dismantle the Kelly Springfield roller, down creates, the engineering must be precise. Mistakes could result in an explosion. One to the last bolt. Photos were taken of parts in place to reference for its reassembly. of the most important pieces in the system The pieces were lined up on the floor and is the "glass sight gauge." It is standard

Below from left: Troy James, Jimmy Booth and Keith Rongey swing the two-speed drive mechanism into place. The Wednesday work party crew, from left to right: Troy James, Kirk Graux, Chuck Jones, Jessie Smith and Keith Rongey with the newly painted roller and water tank. (Photo by Chris Baldo). Chuck Jones sets the pin for the throttle shaft pivot point.







on all steam-powered machines. The cast

metal tube is about 2 feet tall with a glass

column insert. The gauge lets the engineer

know if there's enough water in the boiler,

Meanwhile, Bruce Evans, graphic artist

and Roots volunteer, was busy with the

art for the Kelly Springfield. After finishing

the lettering and pin striping design for the

roller, he applied the art transfers to the

various parts of the machine. Troy James

sprayed the protective clear coat onto the

art and all the green wheels and tanks. The

beautiful addition of Evans' art completes

The Kelly Springfield roller will accompany

the Buffalo Springfield steam and gas

rollers to San Francisco for The Center

for the Book's. "Roadworks Steamroller

Individuals in the Roots of Motive Power

Roots

Over on Page 11

Printing Festival" on September 18.

Read the rest of

the machine's aesthetic.

### **Redwood Region Logging Conference**

The 78th annual Redwood Region Logging Conference is set for Ukiah this year, from March 17 to 19 at the Redwood Empire Fairgrounds. The 2016 theme for the conference, which alternates between Ukiah and Eureka, is "Redwood in Our Past, Redwood Today, Redwood in Our Future."

Thursday, March 17 is "Education Day," with visits planned by more than 1,500 students. Ongoing free exhibits all three days include the college Lumberjack and Jill Show, the "Wild Things" exhibit of native California wildlife and animal habitats, the biggest logging equipment show in California, and the historical Read the rest of

Logging

Over on Page 11



Above, left: Roots of Motive Power members, left to right, top row: Chuck Jones and Don Ford, and in front: Jessie Smith, Chris Baldo, Troy James, the water column (without glass tubing), Ken Smith and Keith Rongey. Above, center: The Kelly Springfield's parts waiting for placement. Photos by Ree Slocum From Page 10

Photo by Chris Baldo

pressure. It also offers pain relief for joints

and muscles, arthritic backs and necks,

"These treatments help keep the body as

an un-ideal host for unwanted toxins, and

the treatments can even help the body be a

less ideal place for low-oxygen, high-sugar

Children can also benefit from the sauna

and can start as early as age 2. Cinek

noted that research has shown this therapy

is advantageous for children with autism,

autism spectrum disorders, attention deficit

hyperactivity disorder, learning disorders

and more. Children are welcome to come

with their parents, and each can receive a

The system runs on a timer and can be

used as a solo treatment, or combined with

a massage. Cinek suggests patients could

come in 15 minutes before their massage

and enjoy a short sauna session, have their

massage, then have another 15-minute

treatment post-bodywork. Far infrared

sessions can be purchased as packages,

too: as Cinek noted, they increase in

effectiveness if able to be done two to three

"With my experience in the healthcare

industry, I really see the benefit of continuity

of care, and if needed I would love to be a

health companion to my clients, accompany

them to their other physician appointments,

help them advocate for their care, and make

sure we're all doing everything we can for

each and every person to be comfortable

in their own body," said Cinek. Cinek is also

If you would like to schedule a massage

with Cinek, or learn more about the far

Boulevard. As they arrived, they contacted

SILVA, Buck, 28, of Willits, as he was

walking away from the area carrying the

available for in-home care consultations.

diseases and cancer.

treatment

times a week.

Above, right: Bruce Evans, graphic artist, and Kirk Graux with rear water tank artwork.

From Page 5

group restoring the Kelly Springfield have varying The rest of interests and skills. Each Massage person works when they

can and on the parts of Saturdays, with appointments ranging from the project where they are 9 am through the evening hours. While needed or want to learn scheduling an appointment is best, she will and can even help those with auto immune about. The more-skilled also be taking walk-in appointments when people serve as instructors time permits.

The rest of

Roots

to those wanting to learn To ensure there's something for information and skills, everyone's needs, Cinek will offer deeply making the restoration relaxing therapeutic massage, as well as project a perfect situation integrated Swedish massage, deep tissue and dehydrated cancer-loving tissues," for anyone interested in and trigger point therapy. She is also proud said Cinek. steam engine technology to now be able to combine massage with and in what tools are used her new far infrared sauna treatment. and how to use them. The sauna comes from sauna-therapy There's a lot of humor mixed industry leaders Sunlighten of Kansas and with intense concentration emits a low electromagnetic frequency light.

on those Wednesday The light is one of the invisible parts of the evenings. sun's spectrum, and its low heat from the sauna has the ability to penetrate human Look for Roots of tissue 2 to 3 centimeters deep, which is Motive Power's Buffalo

ideal for detoxing and relaxing the systems Springfield steam and gas of your body. There is no danger of sunburn road rollers, as well as the inside the sauna Willamette steam donkey, With the sauna treatment, Cinek says, on display as part of the the liver is able to better process and expel historical exhibitions at the environmental toxins, like those from heavy Redwood Region Logging

metals, plastics, pesticides, herbicides Conference, March 17 to and medications such as antibiotics, 19 at the Redwood Empire chemotherapy drugs, and pain medications. Fairgrounds in Ukiah (see The sauna is also ideal for detoxing from box for more details). viruses and their exudates, which lie deeply Chris Baldo's article,

hidden in our liver and spleen "Roller Mania: Roots "Detoxing is huge to help us strengthen

Volunteers at Work," in the our immune systems, allowing our body December 2015 issue of to cope with what we're being bombarded the Roots newsletter, "The with daily," explained Cinek. Highline," details some of The half-dome shape of the sauna allows the steps the group has the user to lie on a table, and have the been doing to restore the semicircular tube cover their bodies. Cinek steam-powered vehicle. noted that this design is made to create "The Highline" is sent to all members of Roots of Motive Power; membership

seven times more sweat than a regular sauna and helps to provide relaxation for stress reduction, weight loss, calorie is \$35/year. Visit www. burning, heart health, and lowering of blood infrared sauna process, call 489-2433. rootsofmotivepower.com to become a member or click

WPD From Page 4 The rest of

# **CLASSIFIEDS**

\$10 for 30 Words for 2 Weeks

Help Wanted Algebra, Geometry Adventist Health Homecare Tutoring, Test Prep & Hospice Services Mac Smith 459-MATH Mendocino County. F/T & P/T & Per Diem. RN's and PT's needed. Call Trudy 32 Acre Super Farm H/R 456-3230. 32 Acres near Downtown Laytonville. Water Tanks in place. Wooded with Help Wanted several cleared areas. Driver for Harrah Senior Includes 2 Bedroom House Center Van. To be available and Warehouse. Good to cover for vacations and/ Seclusion. Deeded water or sick days. Must have source. Details www. clean driving record and be acorn-realty.com/30. BRE# able to pass drug test. Call 00307344 707-459-6826 or pick up application at Harrah Senior Computer Help Center, 1501 Baechtel Rd. Need help with your computer? I will come to your home or business. PC Keith's Knife & and Macintosh. Repairs Tool Sharpening and configuration \$40/ will be sharpening tools hr. Tutoring \$20/hr. Call at Sparetime every Liam 459-2470 or email Wednesday, from 1 pm on, macamergin@yahoo.com. starting March 2. Knives Scissors · Garden Tools. Most items \$3 to \$5. Duplex for Rent Deluxe 2 bedroom, 2 bath duplex in Brooktrails **RV/Trailer** All appliances. Laundry Space for Rent room, central heat & air Space for RV's and Trailers garage. Incredibly nice. No \$390 per month, includes smoking, no pets. \$900/ water & garbage. Close month plus \$1,800 deposit. to Safeway in Willits. Call 984-6479. Call Rhonda (707) 367-6178. See at "http://www. For Rent oaknvine.net/tp" 2 bedroom, 1 bath house located in the Willits SEWING AND Valley. \$1,000 month, with ALTERATIONS an attached studio. \$300 Seamstress and Sewing month. Call 707-367-1346; Teacher evenings 707-391-7768. Barbara Carlon Visit my webpage: Zibergirl.com For Sale 707-367-6182, Willits. 1996 Blazer LS, good condition, 4wd, conditioning. power Volunteer windows and seat. 180K **Opportunities** miles. \$2,500 or best offer The Willits Senior Center Call 984-6103. has many areas where your expertise and talents are needed. Front Desk, Help Wanted Thrift Store, Dining Room, Come join our collaborative Sunday Bingo, Sunday Willits Charter Breakfast, Special Dinners, School seeks credentialed Landscaping, Garden Multiple-Subject, Spanish Firewood. Come join our and Math teachers. Team, Call Mariya at 707 Positions may be full time 459-6826. or part time depending on credential. We are flexible and open to interns also. Volunteers Wanted Call Jennifer Lockwood Frank Howard Memorial at 459-5506 or email at Hospital is looking for jlockwood@willitscharter positive members of the

community to volunteer in various departments of the hospital. Hours: flexible Help Wanted and can include weekends. Event/voluntee ore info? Call 456-3245 coordinator: We need a outgoing, friendly person, with good telephone skills, Volunteers Wanted o schedule volunteers, rank Howard Memorial organize fundraisers and Hospital is looking for oversee Meals on Wheels positive members of the program. Computer skills community to volunteer in a must. Call 707-459-6826 various departments of the or pick up application at hospital. Hours: flexible Harrah Senior Center, and can include weekends. 1501 Baechtel Rd. More info? Call 456-3245. \$10 for 30 words for 2 weeks!

Photos by Ree Slocum

welded locally. The boiler was, thankfully, ensuring there won't be any accidents.



Pg. 10 Phone: 707-459-2633, 707-972-7047 Email: willitsweekly@gmail.com Mail: P.O. Box 1698, Willits, CA 95490 Willits Weekly | March 10, 2016 on the "Projects" tab for more details about the 1921

Kelly Springfield steam roller project.

The rest of Logging From Page 10

exhibits, including restored equipment from the Willits Roots of Motive Power group.

### As the RRLC describes

the historical exhibits 12:30 am: Officers investigated a reported physical altercation in the 200 "Come ride the historical block of South Main Street. locomotive and view 10:40 am: Officers initiated a mental the steam donkeys as health commitment in the 24000 block of well as other antique Cobb Drive. logging equipment at the

fairgrounds. This incredible display of equipment from our past will show you how logging operations were conducted over 100 years ago."

The three-day conference also features classes for professional loggers, a golf tournament, social events including the (members only) Gin Fizz Breakfast on Saturday morning and the Timberman's Banquet/ Auction & Sawdust Bowl Social on Saturday night, a high school forestry competition, a loggers' competition on Sunday, a chainsaw carving competition and auction, and much more. Check the "Program" page at http://www.rrlc.net/ for a full schedule, or call the conference's Eureka office at 443-4091.

was the subject of an active court order that prohibited contact with the victim. Also at the location was NEAGLE, Richard, 35, of Willits, who was arrested after officers determined he had two active Mendocino County warrants and was found to be under the influence of alcohol in violation of the terms of his probation. March 5

REDWOOD EMPIRE FAIRGROUNDS, UKIAH

of their investigation, officers arrested 4:45 pm: Officers contacted HAKE, Chad, Sperling pursuant to 273.6(a) PC (Violation 27, of Willits during a reported fight in the 10 of a Protective Order) after determining he block of South Street. Officers determined Hake was intoxicated to the point that he was unable to provide for his own care and placed him under arrest pursuant to 647(f) PC (Public Intoxication). 11:20 pm: Officers responded to a disturbance in the 300 block of Sequoia

**REDWOOD REGION** 

**LOGGING CONFERENCE** 

March 17, 18 & 19

Fun for the entire FAMILY

Wildlife Show 

 Lumberjack Show

Vendors, Events and Auctions

Thurs. Friday 9 AM to 5 PM • Sat. 9 to 4:30

www.rric.net or call 443-4091

**Closed Sunday** 

Sequoia Boulevard street sign. During their									
investigation officers determined Silva was	7	2	4	9	3	6	8	1	5
unable to provide for his own care due to his level of intoxication and placed him	6	8	9	5	1	7	3	2	4
under arrest pursuant to 647(f) PC (Public Intoxication)	1	3	5	4	8	2	6	7	9
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### Furry Friends Hoping for a Home Raii is waiting for you! This sweet guy Sweet Raji is now loose in the cattery and will be standing by the door, waiting to greet you when you walk in. Raji is a mellow

voung adult that would do well in just

about any home. He loves to be held

and would cuddle with you all day if

he had the chance. He wouldn't mind

playing with children either, and just

wants all the love in the world. Come

The Humane Society for Inland

Mendocino County, where you can

come visit, play with and/or adopt

dogs and cats, is open to prospective

adopters from 1 to 5 pm, Wednesday

through Friday, and from 11 am to 3

pm, on Saturday and Sunday. 9700 Uva

Drive in Redwood Valley (right down the

street from the Broiler). Info: 707-485-

0123 or hsimc@pacific.net or visit www.

mendohumanesociety.com.

meet Raji today or call 707-485-0123.



**Room To Bloom Preschool** Where the love of learning grows 239 South Main Street - Willits Morning & School Day Programs 8:30 am - 5:30pm Art · Circle Time · American Sign Language Outside Play • Snacks • Group Activities

# **Nurse practitioner trades** big city for small-town charm

### By Cecilia Winiger, for HMH

After living in the city for 15 years, Kim Silva, a board-certified family nurse practitioner, was ready for a change. And she found the perfect place in Willits. Having grown up in Humboldt County, the choice to trade the congested city for a small town was easy, Silva said. "It was like coming home for me. I didn't realize how much I missed Northern California until I moved back. I missed the beautiful scenery and the smell of the redwoods. The fact that I don't have to be stuck in traffic for two hours to get to work isn't too bad either," she adds.

Silva will join John Glyer, MD, and Bev Draudt, FNP, at the Redwood Medical Clinic, and will be seeing patients starting in March. As a family nurse practitioner, Silva specializes in caring for the whole family: men, women and children. Silva evaluates and treats many conditions and offers a wide range of services, including preventative medicine, such as vaccinations and annual physical exams; management of ongoing chronic illnesses, such as diabetes and hypertension; and treatment of acute medical conditions. She has over 30 years working in psychiatry and has a taking road trips, camping and photography. special interest in women's health.

Silva is a graduate of Samuel Merritt College in Oakland, earning her master of science degree as a family nurse practitioner while

working as a registered nurse in the psychiatric unit at San Francisco General Hospital.

Asked why she chose to specialize in family medicine, Silva explains: "In coming to a small community my hope would be to get to know and care for the whole family. This is a great opportunity to treat everyone - children and their parents - thus allowing me to see the whole picture and provide better care."

Silva is excited for the opportunity to provide care in a small-town setting, especially with a new hospital and a brand-new facility. "Frank Howard Memorial Hospital has such a great reputation; with the new hospital and the new clinic that is opening soon, I feel like we are truly providing the best for this community," she

Silva loves music as much as she loves taking care of patients. She's been playing the drums since grade school and has played in many rock bands in various venues in the Bay Area. She enjoys both playing and listening to different types of music, especially fusion and funk. She also enjoys spending time with family,

Silva is now accepting new patients at Redwood Medical Clinic's current location at 88 Madrone Street in Willits. To schedule an appointment please call 459-6115.

> boy is a pure delight, and as happy and friendly as a dog can be.

### He would be thrilled to spend all day in the play yard, romping, playing with toys or simply sniffing and snooping in the sun. Then he would like to stretch out on the couch and get belly rubs until he falls asleep! Cino loves attention and affection,

and is obviously very eager to bond. We have no doubt that he will be the most loving, loyal, grateful companion and family member

The Ukiah Animal Shelter is located at 298 Plant Road in Ukiah, and our adoption hours are Tuesday, Thursday, Friday and Saturday from 10 am to 4 pm and Wednesday from 10 am to 6 pm. We have many wonderful dogs and cats, awaiting their forever homes here. To view photos and bios of more of our wonderful adoptable animals, please visit our website; www. mendoshelterpets.com or visit our shelter during shelter hours. More info about adoptions: 467-6453.

The rest of From Page 1 Sports

Chavez said some of the unknowns to say: 'Hey, this kid's really having from the February 3 meeting, which problems," she said. "I really need had loomed as potential obstacles, to see this kid in intervention. I really turned out to be not that difficult to need to see them stepping up their overcome. It would cost the district game before they play on a team.' If only an additional \$29 to pay dues we have students from other schools, to the Coastal Mountain Conference, how am I going to do that? How am and there would be unknown I going to network with those other transportation costs. principals and students to get them to where they need to be? Because After Chavez finished with his academic excellence is an important presentation, several district teachers part of being a sports plaver.' spoke out in opposition to the Baechtel Grove teacher Kristian proposal. Hart told the board he had already "I wanted to address this whole idea tried blending students from two of charter versus public school not different schools, when he was being competitive," said Mackenzie coaching baseball at a school in the Erickson, a teacher at Baechtel Redding area. Grove Middle School. "But in reality, from a parental perspective, it is a "We tried to bring in a charter competition, because each site has school, just exactly what we are talking about," he said. "We had problems their own programs they offer to try to lure students to their school. Because with the students because they didn't really, it's all about ADA [Average become a team, because there was Daily Attendance]. competition with each other. We had three games that had to be forfeited "The programs we have that sets because a third of my team was made us apart from the charter school [are] up of charter school kids. Because our sports and our band program of something going on at the charter and these other things, like WEB and school, the kids stayed away, without other side programs we have. But any notification to me, which I would ultimately, it's these pieces the charter have known if they were at my school. doesn't have. And our biggest, our "So we had to forfeit a game, which first concern is, it's about programs. The charter has their programs; we is really a humiliation to the students. have ours." and I lost my best players because of that. So for a team that was sixth-Erickson said Baechtel Grove staff seventh- and eighth-graders, I was had gotten together to discuss the scrounging, I was going down to fifthproposal that Willits Charter School graders to play on the team. So there students should be allowed to play on isn't a cohesive team, when they're district school sports teams, including not at school together." Hart said. Baechtel Grove's sports teams, "We

Teachers Barbarie Gonzalez came up with a long list of deltas [negatives]," Erickson said. "It was and Tessa Ford, coach Paul Riley, and Tami Jorgensen, Baechtel delta delta delta. We only came up Grove Middle School administrative with one positive.' secretary, also spoke in opposition to Baechtel Grove teacher Liesl the idea. Hendrix focused on the impact that

```
mixing schools on one school's sports
team would have on a teacher's ability
to use sports as a way to motivate and
influence kids
 "I really appreciate being able to
go to the coach, at my school, and
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The rest of **Discipline** From Page 1

principal at Blosser Lane Elementary School. His absence required Blosser Lane teachers Nancy Runberg and Janice Haschak to perform some of the day-to-day duties of the office of principal at the school from mid-March until the close of the school year in mid-June 2015.

Chavez also has missed a great deal of the 2015-16 school year, during which he has been employed as the lack of discipline at the school is having a deleterious principal of Willits High School, Sanhedrin High School and effect on teacher morale. "Thirty to 50 percent of the Sherwood School.

leaving the campus due to lack of leadership in the school Chavez told the school board he was only able to be and district as a whole." the letter states present at Willits High for two days, and sometimes three

The rest of From Page 1 Supes

School was locked in at 170 or so.

will go over to the charter school.

years at the high school. And during

that time. I can't imagine that it's ever

been an issue in our community, that

there has been a rivalry between

You come for the love of the game,'

Board chair Neary said there did

Contacted a few days later, Neary

said he wasn't going to push the

issue. "I don't think it's time now," he

said. "But I do think we should always

look for ways to cooperate with the

Trustees conducted interviews with

six candidates for superintendent

of schools during a special closed

session meeting held last Thursday.

According to Neary, the board has

reached a decision on a preferred

candidate and is now in the process

Neary said he was very pleased

with the three finalists for the position.

He added that currently the district is

researching if the board can announce

the new hire at the March 16 board

meeting, or if legal niceties will require

the name of the new superintendent

be announced at the April 6 meeting.

Willits Charter School."

Superintendent search

of contract negotiations.

counselor Nicole Burke was "helpful," but counselor Kelly

In language strikingly similar to that used in the June

2014 criticism of former Willits High Principal Jeffrey

Ritchley, Willits High teachers who signed the letter claim

teachers presently at Willits High School are considering

Chavez told trustees conditions at the high school were

caused problems at the school, but added discussions with

"All of their concerns really stem from my absences,"

staff. They need their principal there.... For a high school

days at the most, and get all that work done.... I wasn't

"I think the students are doing so much better. I've had

literally over a dozen parents come up to me and thank me

because their child is having a great year. In the past, for

"So I've been out for court," Chavez said. "And then

most recently, I've been in the hospital for some internal

bleeding. Nobody knows why. They say, 'It just happened.

You're healthy as a horse, except you're bleeding inside.'

Chavez told the board he had had a discussion with

to go to trustees with their complaints. Chavez told them

whatever reason, their child was not happy.

Mace was "uncooperative.

replacement edifice," the letter claims.

court.

have

sometime in May or June.

almost done

Former school board member

Saprina Rodriguez spoke in support

of the proposal, especially as it might

pointed out the competition factor was

a moot point, because the student

affect the district's middle school. She

not appear to be much momentum

building in support of his proposal.

students.

Rodriquez said.

population of the Willits Charter librarian, and then as permanent county librarian, and for the county's "honesty and integrity" in dealing with the A-87 cost controversy

"I don't think it's an issue when it A special ad hoc committee appointed by supervisors comes to ADA," Rodriguez said. "I met several times with county staff and library personnel to don't think we will be losing ADA by explore grand jury allegations that the county had improperly allowing students to participate in charged the library for A-87 costs relative to the physical sports. The charter school is already plant of both the Fort Bragg and Willits libraries, as well as at capacity. If you let in a few students for various pieces of equipment used by all library branches. from there to play sports, you're not

Committee members concluded the charges were going to lose any of our students who incorrectly levied, and recommended to the full board of supervisors that overcharges totaling almost \$100,000 be "I've been coaching soccer for 25 repaid to the library system. The board voted to do that vears." she continued. "I've coached during its February 9 meeting six years at Baechtel Grove and six

"This is very good news, not only to the libraries and the Friends of the Libraries, but also to the public, as it helps to reverse the perception that the county has appropriated funds from the library district budget," Komer said.

Supervisor Dan Hamburg reminded supervisors the total to be paid to the library system is about half of the sum the "We're a small community. Our kids county decided not to charge the library system for A-87 know each other. They get along. It charges during the dark economic days of 2009 to 2012. doesn't matter what school you go to.

But Hamburg also criticized Komer's report for its lack of clarity about whether the county was going to credit the library system with the \$100,000, or if additional repayments would be added to that figure.

After Supervisor John McCowen heard Hamburg's polite criticism of Komer's report, he told the board the allegedly fuzzy writing reminded him of how the county improperly charged the library on A-87 costs.

"It all could have been much more clear." McCowen said. "The overcharges resulted from poor procedures and human error. There was no ill intention. Hopefully, that is becoming clearer."

Komer discussed the current status of efforts to open a library in Laytonville, reminding supervisors the county had sold the old bookmobile to the Long Valley Friends of the Public Library and had it transported to a donated site on the campus of the old Laytonville High School. According to Komer, the Long Valley Friends of the Public Library recently hired a firm, Davis Environmental, to examine the air quality inside the old bookmobile. Davis Environmental found "moisture in elevated airborne concentrations and penicillin and aspergillus spores," Komer said, which means the vehicle has mold issues.

The Laytonville Friends of the Library group had been in the process of figuring out how to remediate this condition when the county announced it would not be providing staffing for the old bookmobile due to Americans with Disabilities Act concerns

Komer said Long Valley Friends of the Public Library, the library advisory board and county Librarian Karen Horner may "need the help of the board of supervisors to move this project forward." He added opening a public library in Laytonville was one of the library advisory committee's goals for 2016.

#### of their classes," according to the letter. The letter said that Museum report

Museum Director Alison Glassey presented supervisors with a report on the status of the Mendocino County Museum, the upshot of which was that the museum has grown, improved and expanded during her tenure as museum director.

Glassey has brought in attractive and interesting exhibits to the museum, including the Civil War exhibit that was on view during 2015. She noted an upcoming program, "Native American Days," will be presented to middle school and high school students later on this year and predicted it would be



Photo by

Rod Coots

Silly Cino Cino is a 1-year-old neutered male mixed-breed dog who currently weighs 78 pounds. Four words to describe Cino; goofy, goofball, playful and silly. This big

days, a week, from the beginning of the school year until approximately February 1. students that these teachers are so unsupported that

He told Willits Weekly the trial has gone on longer than anyone anticipated. "It is the longest civil trial in the history of that court," Chavez said. "The trial opened on March 13, 2015

The letter was signed by 16 of the 25 teachers at Willits High: Carolyn Bakewell, Jennifer Barrett, Mike Colvig, Tim Conrad, Priscilla Dodge, David Lilker, Robert Parmenter, Anne Pedersen, Susana Ramirez, Gwen Rasmussen, Stephanie Roelling, Amanda Samana, Marisela de Santa Anna, Patrick Sears, Jered Sherrill and Jill Walton. The letter claims Chavez's absence has led to numerous problems, including poor student discipline, lack of student respect, Willits High teachers feeling unsafe, and a general sense there is no one in charge

"School-wide discipline is in shambles," the letter reads "There is no consistency in the [Student Resources Center] room due to the lack of a single overseer or teacher. Two periods of SRC are not covered [by a staff supervisor], with the duties of staffing the room falling to a secretary."

"There is no consequence for students repeatedly sent to the SRC.... There is a lack of consequence for open and overt defiance of teachers and staff. Students swearing at teachers with no consequence. Students swearing in hallways and refusing to disperse.

Willits High School Vice Principal James Madden's performance was also criticized. According to the letter, Madden is "ineffective as a disciplinarian." He shows "lack of leadership in parent-teacher meetings.... Students do not take him seriously and openly mock him."

Madden was characterized as being "ineffective as vice principal partly due to inadequate guidance."

The letter said "teachers and staff do not feel safe at work.... The phone lines in the main office are not manned consistently, in case of classroom emergency." There is "a lack of adequate supervision in common areas" leading to "fights" and "students being out of class."

Another problem the letter characterizes as stemming from the breakdown in discipline is a spate of "threatening behavior by students toward teachers and staff."

The high school's counselors also were criticized. School counselors did not "heed or respect the educational decisions made by the teachers," the letter states. "Teachers are being told they may not have students transferred out of their classes" and yet, "students are being transferred out of their classes without consulting the teacher." There is a "disrespect for the teacher's judgment of the dynamics

school. He told trustees he had at first asked the teachers not to go before the board, but they wanted to bring the letter to trustees. "I had to let them do it," Chavez said. "That's their right,

about 90 percent."

a valuable educational tool "It is educationally reprehensible with regard to our

The Museum Road Show, a recent addition to the museum's annual program, incorporates elements of they are taking the first opportunity to depart for a district theater, monologue presentation and history, and has that offers basic professional respect. Compounding this enabled the museum to reach the public in new and exciting situation is the imminent departure of our highly effective ways. veteran teachers due to retirement and dissatisfaction.

One of the museum's most important recent actions Willits High School will shortly find itself without its stalwart pillars and lacking the raw materials to construct a has been establishment of an auxiliary organization, the Mendocino Museum Community Partners, a nonprofit organization whose mission is to provide financial and other support for the museum. Glassey said the MMCP was not as bad as all that. He acknowledged his absences have essentially a "Friends of the Museum" organization, whose charge was to sponsor events, raise funds and round out board Chairman Chris Neary, an attorney, have enabled museum programming. Willits-area residents Alan Falleri him to find a way of getting out of his obligations to the and Kim Bancroft have been appointed to the board of directors of the organization, along with former Third District In a separate interview with Willits Weekly, Chavez said Supervisor Jim Eddie and former county Auditor Meredith

he is no longer attending the trial and has not done so Ford. since early February. He said he would have to return to

Glassey noted the most pressing need the museum has the court when called as a witness, which will probably be now is to repair the artifact storage building that stands next to the museum. The building, constructed circa 2000, has metal siding and a metal roof that does not effectively insulate its contents against the climate. In fact, given the Chavez told the board of trustees during the March 2 metal roof, it is impossible to control either the temperature meeting. "I was involved in a court case I was required or the moisture content of the air inside the building, which to attend, until Mr. Neary coached me on how to get out makes it useless for artifact storage. of it. He did that, and I needed to do that, because of the

Glassey said the artifact storage facility needs to be brought up to a safe and sustainable condition so museum principal to come in only two days, many times, or three staff can expand and rotate the museum's collections. "Without that, we can't bring in much that is new," she said. able to make the connection with the teachers, like I should "There's no room."

> Glassey estimated it would cost just under \$200,000 to improve the building to necessary standards.

> Glassey suggested supervisors schedule a meeting with the full board of supervisors, the museum advisory board (appointed by the board of supervisors) and the new MMCP board in the near future.

County CEO Carmel Angelo told Glassey there would be little time for a joint meeting before June, when supervisors are scheduled to adopt the county budget.

But now ... I'm fine. I've got most of my blood back. I'm Supervisor McCowen pointed out that supervisors have several boards, commissions and advisory boards they rarely or never meet with, and recommended the board several teachers expressing dissatisfaction, who wanted take steps to redress that shortcoming. He named the Mendocino County Mental Health Advisory Board, the he was back now and conditions would be improving at the Mendocino County Fish and Game Commission, and the Mendocino County Health and Human Services Advisory Board as three of the more prominent of such boards, and said there were others as well.

Supervisors agreed to discuss the issue during an upcoming meeting.

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and I would never deny them their rights. I love them."















Five Laytonville artists featured at March WCA show

A major storm didn't stop a hardy group of art patrons from showing up for the opening reception of the "Less is More" show at the Willits Center for the

At left, from top: "Tunnel View" was shot while Dorothy Asburv was stuck in traffic on her way to San Francisco. A ceramic creation by Julie Byers. 'Thistles" by Tonia Silverstein, daughter of Dorothy Asbury, who shared that she has been painting since she

wind howled and the rain fell, patrons creating art at a very early age. They enjoyed refreshments and the company credited parents and family members of five longtime friends and artists from who encouraged their exploration into the north county. the arts, and most have dabbled in many

Bvers.

Asbury,

Jenny Senter Julie Features Writer Dorothv Mya Byers, Tonia

Silverstein and Celia Price were on hand to talk about their backgrounds in

Dorothy Asbury, credited Julie Byers as being the ringleader for getting this group inspired to put together their showing. The commonality of this diverse

Arts Saturday night, March 5. While the group of artists is that all of them started

worked with other artists to further their art education and the decades of their talents. All of them have juggled careers friendship. Tonia Silverstein, daughter of and families with their artistic endeavors. Read the rest of WCA

Over on Page 15

different mediums. Some seem unsure

what their favorite medium is, but all

agree as long as they are creating, they

are happy. All of them went to college and





Michael Pollan, best-selling author of "The Omnivore's Dilemma," sums up all his dietary advice in seven words: "Eat food. Not too much. Mostly plants." If we all took this advice, America would be a much healthier place. During March.

National Nutrition Month, I thought it Carole Press would be a good time to focus on the food we eat and how to make good choices

Several years ago, Pollan addressed the Centers for Disease Control and Prevention and recommended that we only eat food our grandmothers would recognize as food. This one recommendation actually removes much of what you'd find in the center aisles of grocery stores, where packaged snack foods include long lists of preservatives.

Pollan went on to suggest that we only eat food with a few ingredients (all of which we should be able to pronounce). and that we stick to the outside of grocery stores where fresh food is sold in departments like produce, deli and dairy. In explaining how to figure out the difference between real food and unnatural food, he quipped, "If the milk in your cereal turns pink, the cereal's probably not real food."

Fresh food can be expensive, but it doesn't have to be. Local farmers markets have teamed up with Mendocino County Social Services to allow people to use their EBT cards (formerly known as food stamps) at participating markets. The program is called "Market Match" and, according to the Mendocino County Farmers Market Association, it is "the single most effective way to support local farms and make local food more affordable for low-income community members <sup>1</sup>

The MCFARM website explains that each market has an EBT machine, like a debit or credit card processor, and EBT/ CalFresh recipients may use their benefits by simply swiping their card, indicating how much they want to take out, and receiving tokens to spend at the market. The great thing about Market Match is that it doubles the amount of tokens a customer can spend at the market. For example, if a customer spends \$15 in EBT funds, they're given \$30 in market tokens to spend on fruits and vegetables.

If you want to be even healthier, consider growing your own fruits and vegetables. North Coast Opportunities' Gardens Project helps local people start and maintain community gardens. (Learn more at www.gardensproject.org.) In recent years, awareness about the importance of locally sourced food has grown tremendously, so much so that local schools and even Howard Memorial Hospital have begun growing some of their own food.

If you're not sure how to cook with fresh fruits and vegetables, the Ukiah Natural Food Co-op offers low-cost classes. The internet is also a great resource. I did a Google search on "easy to make fresh meals" and found a link to healthy meals with five ingredients or less: soups, salads, vegetarian dishes, seafood and more (www.cookinglight.com/ food/quick-healthy/5-ingredient-healthy-recipes). You don't have to be a chef to cook healthy, tasty meals.

The bottom line is this: We are what we eat. In Lake and Mendocino counties, we see so much obesity, diabetes, high cholesterol and other diet-related conditions that can lead to even more serious health problems. If you want to change your diet, start small and allow yourself a few mistakes. Don't be afraid to experiment with unfamiliar vegetables.

Hillside Health Center family practitioner Dr. Mario Espindola recently spoke to a group of parents, encouraging them to focus on one change at a time to improve their families' diets. For example, do not allow soda with dinner. Then, make yourself drink a bottle of water before you allow yourself to buy a soda. Once you've reduced your soda intake, see if you can add an extra piece of fruit each day, and so on. Over time, you'll be amazed at

The rest of From Page 2 Letters

### First Amendment fail

### To the Editor:

Freedom of the press took another body-blow in San Francisco last Monday when Steve Eberhard lost his lawsuit against the California Highway Patrol.

We shouldn't be surprised, I guess. It's hard to successfully sue the police. Juries, like most people, are somewhat reluctant to believe ill of law enforcement officers. Even if they make a "mistake in judgment," folks are inclined to give them the benefit of the doubt.

After all they are protecting and serving us ... right?

That's not always the case, of course. Sometimes the cops have been hired as kind of a private security force, and they are just doing what their employer wants them to do.

And if the boss doesn't want a lot of bad publicity about what's really happening; if the boss would prefer people don't notice how many folks are hopping mad or how ugly things have become; if the boss wishes everyone would just forget about all those pesky demonstrators ... then the press needs to be - shall we say - discouraged.

One way to do that is to insist that a journalist must call up and make an appointment before any visit. Insist they wear a hardhat and an orange vest, and make them wait for the arrival of a company "minder" before setting foot on the property.

Of course, as Debbie Clark of The Willits News pointed out at the trial, "news doesn't always happen between 9 and 5." Obviously, awards dinners and "grand openings" and the like occur on schedule. Real news happens when it happens - and if you plan to cover it, you better be there when it is happening.

Steve, in his capacity as a photographer for the Willits News, did his best to be there when things were happening, as did videographer Tony Ellis. But Caltrans was apparently not pleased with having them there.

This is evidenced by a number of emails exchanged between Caltrans and the highway patrol.

One such email was sent on May 13, 2013 by Matt McKeon, "the media escort" Caltrans had assigned to Eberhard. It read, "Capt. Epperson requested that in the future we give officers a heads up if we are going to the site." McKeon went on to say, "We also got the impression that he would prefer that press access be somewhat limited."

Three protestors had been arrested the same day that email was sent, and a video of Sarah Grusky's arrest had been posted on YouTube. This video was shown to the jury in Steve's hearing, and it did not show the police in a good

Sarah was walking down the wrong side of the road (not on the left side facing traffic), when a highway patrolman grabbed her, pinned her arms behind her back and dragged her out into the street. She resisted being dragged, so two other officers came up and the three of them pinned her face down on the pavement. Apparently it took three hulking highway patrolmen to subdue tiny Sarah Grusky.

While they were putting her into the car, one officer turned and glared at Tony, who was videotaping them, and yelled, "You're gonna go to jail in about a minute." The video appeared on YouTube.

According to Nicholas Iovino of Courthouse News, Capt. Epperson testified on Thursday that the restrictions placed upon the press were not intended to control or stifle media coverage. However, in an email Epperson sent to

The rest of From Page 1 Ballots

year, the Democratic Party, the Libertarian Party and the American Independent Party are all holding open primaries in California, and the Republican Party, the Green Party and the Peace & Freedom Party are holding closed primaries, so that only voters registered with those parties can participate in their primaries.

Independent voters, otherwise known as "no party preference," "unaffiliated," or "decline to state" voters, who want to vote in the Democratic, Libertarian or American Independent Party Presidential primaries should return the postcards by April 1 to receive a party ballot of their choice in the mail.

Independent voters who vote at the polls can request such a ballot at their polling place.

If voters decide after April 1 they want to request a Presidential party ballot. Voter Registrar Sue Ranochak said, they should just go ahead and return the postcard anyway. The voter office instituted the April 1 deadline in hopes of getting most requests into the system before the vote-by-mail ballots start going out on May 9, she said.

A request for a Presidential party ballot does not change the voter's independent status, Ranochak emphasized, it just allows voters to participate in this year's open Presidential primaries.

Independent voters who wish to vote in the primaries of the Republican, Green or Peace & Freedom parties must re-register as members of those parties, she said.

The voter registration deadline for the June 7 primary is May 23. To register to vote or to re-register at a new address or with a new party, contact the elections office for a new voter registration card or go to www.co.mendocino. ca.us/acr/voterinfo.htm and click on the "Register To Vote" box to register online at the California Secretary of State's website.

Ranochak told Willits Weekly the voter office sends out these postcards for every Presidential primary. "Prior to the top-two primary, we used to send them for the gubernatorial election as well." she said.

California's top-two or "jungle" primary was implemented for the first time in the June 2012 primary, thanks to Proposition 14, which passed in June 2010 with 53.7 percent of the vote. Proposition 14 removed partisan balloting from statewide and Congressional elections, leaving only the Presidential primary and local party committee elections as partisan elections. Local board elections, judicial elections, and superintendent of school elections were already non-partisan races.

In California, the top two vote-getters in elections for statewide and Congressional office, no matter their party affiliation, go on to the November general election, and all the other parties' candidates are no longer listed on the November ballot.

Ranochak said she'd been getting calls from independent voters interested in voting in the Democratic and in the Republican primaries: "about the same amount of calls for both," she said. The voter office sent out about 9,000 postcards to unaffiliated voters. There are a total of about 46,000 residents registered to vote in Mendocino County currently, although Ranochak expects that number to rise as this Presidential election year moves forward.

'Hopefully it'll be a large turnout," Ranochak said, "as it seems to be a fairly exciting primary season.'

For more information, please contact the Mendocino County Elections Office at 707-234-6819 or visit www. docino.ca.us/acr/elections.ht

meeting in Willits this month, on Saturday, March 12, at

9:30 am at Brickhouse Coffee, at the corner of Main Street

and East Commercial. Social hour from 9:30 to 10:30 am,

To get involved in the Mendocino County Democratic

Party, visit www.mendodems.org or the "Mendocino

County Democratic Central Committee" page on Facebook

or call 707-733-6762. The Mendocino County Democratic

Central Committee will next meet in Willits on Thursday,

April 21, at 6:30 pm; location has not been confirmed, but

meetings usually take place at Willits City Hall, 111 East

and committee meeting from 10:30 to noon.



Byers, Mya Byers Dorothy Asbury, Celia Price. and Tonia Silverstein, shown in front of Mya's oils on canvas. have been

creating art for decades. At right, top, left: Dorothy Asbury's photo catches the attention of two guests. Right: Artist Celia Price with her paintings "Pond and Yellow Bank" and "Blue Rock August.' At right, below, left: Ceramics by Julie **Byers. Right: Former** midwifery colleagues and friends Colleen Donovan-Batson and Rosalie Anchordoguy enjoy the opening.



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## **Senior Portrait Appointments**



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The rest of From Page 14 WCA

"professional multi-tasker" and manages to work on her art whenever she can. She said she still uses the stroke work techniques that she learned as an 8-year-old in classes she took in tole painting in Brentwood, California. She studied at the Academy of Arts in San Francisco and Parsons School of Design in New York. She said her photographer mother and graphic designer and oil painter father encouraged her in her arts. She also is a shoemaker and loves etching.

Dorothy Asbury, a professional photographer of 40 years, is known for her wedding, sports and nature photography. She calls her photographs "a view from the soul." Asbury counts herself fortunate to be able to capture the beauty of nature in her surroundings, when we live in an age of unrest and conflict around the world.

Mya Byers, who creates large abstracts in oil, graduated from Ohio University and studied at Rinehart School of Design at Maryland Institute College of Arts. She found it a magical place to study and to develop her style as an artist. She and Julie Byers had a studio in Oakland before moving to Mendocino County in 2009.

Celia Price grew up in Berkeley, and one of her fond memories was painting scenes of early California on the ceiling of her school's auditorium with her fellow sixthgrade classmates. She then went to school at the College of Arts & Crafts, now known as the California College of the Arts, in Oakland. She studied in Tomales Bay with Clayton Lewis, an artist known mostly for his work as an envelope artist and jewelry designer, but also notable as a painter, sculptor, architect and furniture designer.

The "Less is More" show will show through March 27 at the Willits Center for the Arts, 71 East Commercial Street. Current gallery hours are Thursdays and Fridays from 4 to 7 pm, and Saturdays and Sundays from 12 to 3 pm. Watch the website, www.willitscenterforthearts.org or "Willits Center for the Arts" Facebook page for extended gallery hours in the very near future.

To the Editor:

thriving nonprofit center. We would like to thank the Willits City Council for their generous lease and constant support of the art center. We

changes.

for providing delicious food; Frey Winery for their generous donation of wonderful wines; and Mendocino Brewing Gibson and Char Jacobs for providing entertaining music.

Last but not least, thanks to the community partners that have helped with our success through the years; Printing Plus for always coming through for us with printing our posters and postcards, The Willits News and Willits Weekly for publicizing our monthly art shows and other events, and most of all, to our loyal members who have supported the Willits Center for the Arts for many years and through many changes! We are so lucky to be supported by our incredible community!

Barbara Willens, for the Willits Center for the Arts Board of Directors

Willits Weekly | March 10, 2016 Phone: 707-459-2633, 707-972-7047 Email: willitsweekly@gmail.com Mail: P.O. Box 1698, Willits, CA 95490

a superior the day of Sara's arrest, he remarked that the To get involved in the Mendocino County Republican media filming arrests could be "counterproductive and Party, visit www.mendocountygop.net or call 707-948-6467. actually assisting the protesters." The Mendocino County Republican Central Committee is

As lovino reported: "A few weeks later, when officers were preparing to remove a protester [Will Parrish] who had occupied a tall piece of digging equipment for 11 days, CHP asked Caltrans to deny the press access to the site, so that the protester's removal and arrest would not be seen by the public.... On the witness stand, Epperson said he asked Caltrans to deny the press access that day not to stop Eberhard from documenting the removal and arrest of a protester, but for safety reasons."

The jury seems to have bought it. The verdict went against Steve. I don't know why I was surprised.

Commercial Street. Check the website or Facebook page Tom Fristoe, Willits for a confirmed location.

# Thanks from WCA

On behalf of the Willits Center for the Arts, the board of directors would like to thank the community and the City of Willits for supporting us as we transitioned into our new,

specially thank Adrienne Moore and Cathy Moorhead, who have supported us during so many years and so many

Last Thursday we hosted a "Chamber Mixer" sponsored by Lynn Kennelly and Lisa Epstein from the Willits Chamber of Commerce. We have so many people to thank for that fun event: Mary Kelly for decorating the "Great Room" upstairs; Emmelia Caughron from Shooting Star Catering Company for donating great beer. Thanks so much to Chris



online by scanning the QR code at left with your smart phone!

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Read all our editions

From Page 1 Water and also helps to maintain the moisture in the greenbelt and property owners' vegetation," explained Rose. "We're hoping that we might be able to get out of the all-year-long fire season and just return to the summer being the dry

season!"

The rest of

Between the two reservoirs, 452 acre feet of water, or about 147,284,845 gallons of water is collected annually. Rose noted this is about 10 months of water for Brooktrails. Rose said Brooktrails had received 26 inches of rain since January 1, 2016.

"If we could get a nice late storm in June, that would be very helpful in replenishing our reservoirs for the second half of the year," said Rose.

Another perk for the replenished watershed will be a super water highway for the Sunday, May 15 Ducky Derby event put on by the Willits Sober Grad Committee.

"It looks like it might be a much better year for the derby," laughed Rose. "Last year it was a little empty; hopefully this year, there will be more water for a great race!"



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