# Willits Online & Print A Nostalgic & Modern Record of Community and Life in Willits Donations Accepted Edition No. 91 Thursday, February 5, 2015

#### Supes OK another increase to retirement fund

Mike A'Dair Reporter mike@willitsweekly.com

Supervisors on Tuesday agreed to a \$4.2 million increase in the county's contribution to its retirement association.

The increase brings the annual county contribution to the Mendocino County Retirement Employees Association (MCERA) to \$18.65 million, or 33.38 percent of the county's payroll.

The unanimous vote approving the increase was a foregone conclusion. Under law, all 1937 Retirement Act counties are in a "rubber stamp" relationship to their respective retirement

Read the rest of Fund Over on Page 13

> Supes throw back

### public record effort

Mike A'Dair Reporter mike@willitsweekly.com

An attempt by Interim County Counsel Doug Losak to clarify the county's position on Public Records Act requests met with some measure of disapproval at Tuesday's board meeting. However, Losak's onepage effort was called a good first step.

In the document, Losak maintained the county's policy is to submit all Public Records Act requests to the county counsel, who determines if the request is for public or for confidential, protected information.

According to Losak, it is the county's policy never to require the person asking for the information submit a request in writing. Losak noted county officials may ask the request be made in writing, but cannot require it.

His statement was contradicted by several people, who told supervisors that county officials routinely demand for public requests information be submitted in writing.

Supervisor John McCowen felt the county should come up with a policy stating the public can obtain the desired document in a timely manner.

Supervisor Dan Hamburg urged county CEO Carmel Angelo and her staff to consult with other counties to determine how they fulfill Public Records Act requests. Hamburg also urged Angelo to ensure all county staff be trained in the proper way to respond to a

Read the rest of Record

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# Whaddaya mean it's not yet Spring?

With the past month of warm weather, it's been feeling more like May than January, but with heavy rain predicted for the next few days, maybe we'll be able to keep the feeling of winter a little longer, before the actual start of spring on Friday, March 20. In the meantime, lambs and calfs are popping up in pastures all across the valley, and seeing them grow into their legs and ears is a delight to watch. Take a drive and see the little critters at the height of their spring-time cuteness.







# Photo by

# Happy 107th Birthday,

Edie!

**Jennifer Poole** Editor & Reporter jennifer@willitsweekly.com

Let's raise a toast to Edie Ceccarelli, whose 107th birthday is today, Thursday, February 5. Edie, the oldest resident of Willits, will be celebrating her birthday at the Willits Chinese Buffet. "I like a good buffet," she said with a

smile, out in her garden last week.

Anybody enjoying dinner at the Chinese Buffet at 6 pm is welcome to stop by Edie's table and wish her many happy returns. Edie was born February 5, 1908 in Willits; her parents were Agostino and Maria Recagno.

The oldest of seven siblings, Edie said she "never ever in her life" thought she'd be celebrating her 107th birthday. "But I never smoked cigarettes, I never drank hard liquor, and I've been dancing all my life." She enjoys a small glass of red wine with dinner – "It's good for the heart," she says – and she likes

to walk, too, Read the rest of Over on Page 4 and garden.

# John's Place suspect

sent to state hospital for treatment

Zack Cinek Reporter zack@willitsweekly.com

A judge has ordered a 31-year-old Willits woman facing charges in a fire that burned John's Place to a state hospital for treatment.

Lacee Ross was found not competent to stand trial in December, and late last month the court sent her to Napa State Hospital to receive antipsychotic medication.

The Mendocino County Public Defender's Office is defending Ross. Public Defender Linda Thompson asked the court to include involuntary administration of antipsychotic medication in Ross's treatment.

Read the rest of Ross

Over on Page 13

## Mental health board

starts 2015 with 'clean slate'

Kate Maxwell Reporter kate@willitsweekly.com

The January 21 meeting the Mental Health Advisory Board included introductions to several recent hires working to fill gaps in available mental health services. A lengthy discussion also took place on how best to achieve better financial of transparency county's privatized mental health services for greater public oversight.

The board also began reorganizing its committees to comply with Brown Act requirements.

Read the rest of Health

Over on Page 13

# Bypass project

60 percent complete: Caltrans

Zack Cinek Reporter zack@willitsweekly.com

The Willits bypass is now about 60 percent complete, the California Department of Transportation told the City of Willits in a January progress report.

The Caltrans report dates from January 20 before falsework on the viaduct section spanning Haehl Creek collapsed and injured workers.

Frisbie said Wednesday

Read the rest of Bypass |

Over on Page 13

# What do YOU think?

Opinions, thoughts and thank you letters from readers

#### AT&T: Unacceptable

To the Editor:

We take our phone service for granted usually. Not so, today. I have been without a landline or internet for more than three weeks

AT&T tells customers how important our calls are, and then does nothing. By law, they have to give a specific time to restore service within 48 hours. Do they? They have repeatedly scheduled service appointments, then failed to appear. Then they say they have an emergency situation To the Editor: and don't know when they can get to it.

My problem was caused by their technician fixing a neighbor's line in mid-December. After he left, our two lines became a party line sharing his number, with mine off in limbo somewhere. We discovered this when my neighbor called his own landline on his cell and found himself talking to me. At that point, we both called AT&T and happened to talk simultaneously with the repair department, who informed us that they were testing both lines and could "see" the problem.

What happened next? AT&T sent a repair crew out, some three weeks after the first report. That guy checked for dial tone, found it, and declared the problem solved. It was not, and when next contacted, AT&T had described the problem wrong

Finally I worked my way to the "Expedited Repair" service, and then beyond to "Network Services." They now assure me that this is their highest priority ... but no estimated date or time to restore service can be given. Wow.

But there is perhaps another explanation. According to The Utility Reform Network (TURN), a consumer watchdog over utility companies, AT&T and Verizon have an agenda to rid themselves of landlines. They will no longer have to maintain them after 2020. But why wait? They are destroying the copper lines as we speak by sending marginally competent field personnel for repairs and placating irate customers with script-reading robots. This is not too different from the way NWP destroyed our railroad.

The situation is bad for business, emergency services, and quality of life. It will certainly destroy much of America's advantage when failure to communicate becomes par for the course.

Did I mention that when I called on the weekend to find out why the eighth service call had failed, I was first invited to complain online (impossible without internet) or "press 1 to leave a message"? When I pressed "1," the robot voice kindly explained that was "not a valid option".

A communication conglomerate that can't communicate? Can't email this. darn it.

Update: Ultimately, AT&T promised 11 times to fix my problem, didn't show up or call six of those times, and all of the five teams that did show up had incorrect information on their ticket, which caused me to spend about 30 minutes each time explaining the problem to them.

Service was re-established 22 days after my first call, which equated to six weeks for my neighbor, since my complaint began after three weeks of their initial problem.

Unacceptable!!

Hal Wagenet, Willits

#### Grateful for the help

To the Editor:

The "ReNew-ReRoof" concert held at Willits United Methodist Church on January 25 was successful in raising over \$2,000 to help re-roof the church. I want to thank the singers and musicians who performed at the concert and made this event possible: Emandal Chorale, led by Don Willis; Sarah Rose McMahon and Forrest Glyer; and "Just Enough" with Kate Black, Clancy Rash and Helen Group. Falandes. More beautiful music would be very hard to find

#### The Rules: LETTERS

Letters & Commentaries: Email letters to willitsweekly@gmail.com. Letters focusing on Willits and 3rd District issues, activities, events and people have priority. Willit Weekly prints letters from residents of Willits and the 3rd District only. To encourage a variety of voices, Willits Weekly limits lette publication from any one writer to once a month.

Typed letters can be sent to Willits Weekly, P.O. Box 1698, Willits, CA 95490, but email is preferred. Letters and commentaries must be submitted with a name, address and phone number, although only the author's name and city of residence will be published. No letters from an anonymous source will be published, although a request to withhold the

Willits Weekly is a locally owned independent newspape founded in 2013, covering the greater Willits area.

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Willits, CA 95490 willitsweekly@gmail.co

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It takes a village to reroof a church. We are grateful for the help of the community who supported this event and gave generously. It was a fun evening with fellowship, music and community, and a new roof for our church is within reach.

> Karen Oslund. Willits United Methodist Church

#### How can we improve?

Working together, how can we improve our 95490

We live in an amazing community. Not only are we surrounded by natural beauty, but we have a thriving little theater, an art center with monthly shows featuring local artists, ball fields and a skate park, an active grange, a museum and library that host community events - and many other organizations and activities too numerous to mention – all accessible to everyone in the 95490 zip code. All these things exist because, generation after generation, our community has been home to people who have worked together to manifest their visions.

That can-do spirit is still alive today. On February 22, there will be a Town Hall Meeting to give each of us a chance to share our thoughts, ideas and plans on what more we would like to see happen here - and the ways in which we can work together to make these things happen. Three presenters - Tom Woodhouse, Denise Rose and Bruce Burton – will start the conversation by briefly sharing their own vision of how to improve our community to benefit all of its residents. Tom is our newly elected county supervisor; Denise is the manager of Brooktrails Township; and Bruce is the current mayor of Willits.

The Town Hall will be held in the Willits City Council Chambers, Sunday, February 22, from 4 to 6 pm. All residents of the 95490 zip code are invited to attend, to make your views known and to hear those of your neighbors. For more information, contact Jane McCabe, janemccabe44@yahoo.com; 456-9067.

Mary Zellachild, Willits

#### Ongoing Poetry Group

I'd like to let your readers know about our Ongoing Poetry Group at the Willits Grange, 291 School Street, in Room 7, on Thursdays, from 3 to 4 pm, with a very reasonable fee. Come join us: experiment with a fun, non-stressful method of writing community poetry!

My daughter sat at the kitchen table one day, many years ago, stressing about a poetry assignment for her English class. She was intensely frustrated, and nothing seemed to help. Finally, I sat down with her, and we chose a picture out of a magazine. (It was of a parent and child quietly fishing from a boat in the middle of a lake.) I then told her to look carefully at the picture, just say whatever came into her mind, and I would write it down. I then read off her words and phrases; she put it all together into a poem, which earned her an "A" and was published in the annual high school literature anthology

The next time I made use of this process was with a group of Traveler women, Irish "Gypsies." Travelers have lived traditionally on the fringes of Irish society. They are nomadic people, and schooling tends to be sporadic. There also tend to be "issues" in the classrooms, making the children feel uncomfortable. I worked for a Traveler Resource Center in New Ross, County Wexford, Ireland for a period of time. During that time, I helped put together a library in the center, with donations of discarded books from the local library, and helped run the evening Women's

The women in this group were illiterate, and very sensitive about it. I remembered the poem my daughter wrote with the help of a picture, so decided to try this process again. I found a photo of a Traveler woman standing in front of her wagon holding a baby, with another hanging from her skirt. She looked tired and careworn, but immensely strong. The picture was displayed for all to see; the women were then asked to say whatever came to mind while looking at this portrait, and I wrote it all down.

I read it out, and we all edited it to make it a more coherent whole. This "coherent whole" was extremely powerful; the women in the group were justifiably proud. I left a short time after that, and returned to visit a year later. I was escorted into the group room, and saw this poem posted; it was huge, covering one entire wall. The women in the

group treated me to lunch, and informed me that their poem had been read in front of an audience of thousands at the International Travelers Conference in Dublin, Ireland. I can't even begin to say how proud I am of them.

I have had reason to use this process many times over the past six years or so. I began working with another "fringe" group of people, many who have also had problems reading, and many who felt that "there was no way that they could write poetry." We came up with several different formats, depending upon who was comfortable with what, all of them entertaining and empowering. We have had some people who "can't possibly write poetry" go home

I find poetry an incredibly empowering avenue of expression. It can be as free as one wants it to be, or as structured. It can be written individually, or in a group. It can be intensely personal; no one but the author needs to understand it. It can also speak to universal issues (the "group mind"). We exhibited in an art show at the Willits Center for the Arts a couple of years ago, and displayed some of our best ("best" is relative; what is one person's best can be another's folly) and most powerful pieces.

I would like to take this process out to the larger community. and enjoy watching more people empower themselves while having fun at the same time. Please join me. All I ask is for you to come with a topic – or even a picture, and an

Those interested can contact me, Ellen Bogue, at groundstones@yahoo.com, for more information.

Ellen Bogue, Willits

#### Mendocino Public Safety Foundation

A diverse group of Mendocino County residents has incorporated a non-profit charitable foundation to raise funds to support local law enforcement.

The Mendocino Public Safety Foundation will send out its first fund-raising mailer this week to thousands of households and businesses.

"We're in this for the long-run," said Jim Eddie, the foundation's chairman. "Government funding for our sheriff and police has fallen to an unacceptable level, and it is likely to get worse rather than better.

"It's time for private donors to step up and contribute to protect public safety," said Eddie.

The foundation plans to work closely with the sheriff and city police departments to get the most impact from private assistance. Donations will be passed on as grants to the sheriff and the three city police departments to pay for critical equipment and supplies. One example is helping law enforcement acquire and keep police dogs, which can greatly increase the effectiveness and security of peace

Sheriff Tom Allman said: "I am thrilled to work alongside so many people who are striving to help law enforcement provide public safety throughout our county. It's exciting to know that 100 percent of all the contributions will stay right here in Mendocino County."

The foundation is modeled on dozens of similar nonprofits around the U.S. Depending on individual tax status, private donations of this kind are deductible from federal and state income taxes, and the Mendocino Public Safety Foundation has been recognized by the IRS as a 501(c)(3) tax-exempt charity.

The foundation will encourage supporters to become members who will contribute every year, and both households and businesses will receive recognition of their donations. While no fundraising target has been established, Eddie expects the foundation's income will grow steadily as the public recognizes that its safety depends on maintaining law enforcement resources.

The foundation's board of directors is headed by Jim Eddie of Potter Valley, chairman, Ross Liberty of Ukiah, president, and Don J. Miller of Fort Bragg, vice president. The sevenmember board is supported by an advisory committee of 14 people from all over the county. The sheriff and three city police chiefs will be ex-officio advisors to the board.

Generous support for the foundation's organizational costs has been donated by Savings Bank of Mendocino, Factory Pipe, Selzer Realty and numerous individuals.

The foundation can be contacted through its website, ProtectMendocino.org, or at P.O. Box 123, Ukiah.

> Liz Evangelatos, Mendocino County Sheriff's Office

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Savings Bank employees dress

# 'Casual for a Cause'

Eleven non-profit organizations in Mendocino and Lake counties have each received a portion of the \$14,584 contributed by employees of Savings Bank of Mendocino County and the bank itself during the 2014 "Casual for a Cause - Denim Days" year-long campaign. Due to the campaign's ongoing success, the effort will continue in

"We've made a great impact in our communities since this effort began in 2012, with donations totaling \$42,635," said Katie Kight, assistant vice president, marketing officer for Savings Bank. "I hope others will be inspired by what we're doing and get creative with how they can work together for the benefit of local non-profit organizations."

The idea of "Casual For A Cause – Denim Days" began in January 2012 with a group of Savings Bank employees who wanted an additional way to make a difference in our communities during these difficult economic times. Every Friday, employees have the opportunity to dress casually by wearing denim jeans to work, while supporting a variety of local non-profit organizations through voluntary donations. Each month employees at a designated branch select the agency of their choice which will benefit by the countywide contributions that month.

In 2014 the following organizations received funds from this program: Boys and Girls Club of Ukiah, Northern California Adaptive Living Center, Hopland Volunteer Firefighters Association, Coast Police Activities League, Redwood Valley / Capella Volunteer Fire Department,

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Little Lake

**Health Center** 

continues tradition of

Brown Bag Lunches

For years, employees at Little Lake Health Center have volunteered on a rotating schedule to make sure those who need food in Willits on the weekend get some. This

Each Saturday, on a rotating schedule, volunteers from

one of these organizations make sandwiches and take

collaborative effort is called "Brown Bag Lunches," and many local organizations are involved, including Soroptimist International of Willits, AAUW University Women, Seventh Day Adventist Church, St. John's Lutheran Church, Lions Club, Episcopal Church, Brooktrails Women's Club, United Methodist Church, Rotary Club, Shiloh Church, and Emandal.

them to the city park, where approximately 30 hungry individuals and families are waiting for them. Willits Community Services provides some food, and volunteers supply the rest.

Lake Health Little Center manager Becky Driscoll said: Daily Bread serves hot meals Monday through Thursday, but without Brown Bag Lunches, there's no food distribution on the weekends. That's a long time to go without a

Driscoll explained that she inherited the program from the previous health center manager years ago, and is pleased to say she never has a problem finding health center employees willing to

"We generally only need two or three people to make the sandwiches and hand them out Oftentimes, I have to turn volunteers away because I already have enough help," she said. She said she sometimes gives food to people in the Brown Bag Lunch line who are patients

at Little Lake Health Center, and she feels good that she can help care for those in need, whether it is medical care or providing a meal.

"People are really appreciative," she said. "This is a good program and I'm glad we are a part of it."

Little Lake Health Center offers medical, dental, and behavioral health services to people in Willits. It is owned and operated by Mendocino Community Health Clinic, which accepts Medi-Cal, Medicare, Covered California insurance, and more. Those wanting to sign up for "Obamacare"/Covered California insurance can get help doing so at the Little Lake Health Center: the last open enrollment period to sign up without a tax penalty ends on February 15. Mendocino Community Health Clinic is a local non-profit organization providing access to health care for all. Learn more at www.mchcinc.org. Any organizations wishing to join the Brown Bag Lunch program rotation can call Willits Community Services at 459-3333 to learn more

> - Jendi Coursey, for Mendocino Community Health Clinic



Employees of the Willits branch of Savings Bank of Mendocino County pose for a "Denim Days"





## Please join us in welcoming Dr. Jeremiah Dawson to Frank R. Howard Memorial Hospital and the **Orthopedic Joint Center of Northern California**

Dr. Dawson will be joining William Bowen, M.D., and Jonathan Linthicum, M.D.

As a general orthopedic surgeon Dr. Dawson specializes in total joint replacement of the hip, shoulder and knee, shoulder and knee arthroscopy, fracture care, rotator cuff and meniscal tears, carpal tunnel and cubital tunnel.

## **Now Accepting New Patients**

84 Madrone Street | Willits, CA 95490



84 Madrone Street, Willits, CA | 707.459.6855







At far right, Edie Ceccarelli sits in her garden, with her cousin, Evelyn Persico. At right, some of Edie's beautiful rings, gifts from her two husbands.

Photos by Maureen Moore

Edie From Page 1

The rest of

"I love my garden," she said. "My mother always had a nice garden, and I

like to plant flowers." Asked about her favorite flower, she said she liked them all but that she did have "a whole lot of sweet peas."

She also enjoys saying hello to the children walking through her neighborhood: "The little ones know me," she said, "and they stop and say hello."

Edie is known all around Willits for her sense of style, and her lovely and colorful attire. She wears her collection of beautiful rings, too, given to her by her two husbands, "for my birthday," she said, and for other happy occasions.

Her first husband was her high school sweetheart. "Brick" Keenan, who was a typesetter. The couple lived in Santa Rosa for 36 years – Keenan working at the Santa Rosa Press Democrat - and they raised a daughter, Laurie.

They retired to Willits, and enjoyed 51 years of Ceccarelli!

marriage before Keenan passed away. She met her second husband, Charles Ceccarelli, at a dance at the Ukiah Senior Center. Her friend and cousin, Evelyn Persico, tells the story about how "their eyes caught, and sparks flew." They married in 1986 and lived in Ukiah. Charles was 78 and Edie was 73.

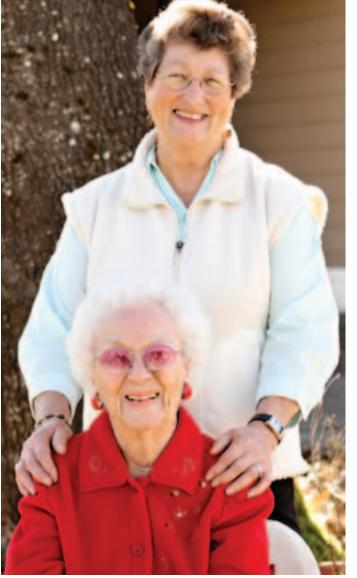
We've never charged!

We we me your photo
and message

After Ceccarelli's death, Edie moved back up to Willits. "I'm glad to be back in Willits, where I was born and raised," she said. "I like to see old friends, and meet

"I'm content with what I have," she said. "I've been blessed and I have lived a life that has given me happiness. I've always been honest and worked hard, but I've lived just an ordinary life."

"Ordinary"? Maybe so, in some ways, but we think she's extraordinary: Happy 107th Birthday to Edie



It's almost Valentine's Day,

and Willits Weekly is once

again excited to feature photos

of the community's loved ones

We will print as many photos

as we can in the February 12

Please email photos to

willitsweekly@gmail.com, post

them to our Facebook page, or

Also, please include a caption,

identifying yourself, as well as

those in the photo. First names

An example:

sweetle [their name]

Love, \_\_[your name]

Happy Valentine's Day to my

All photos must be

submitted by MONDAY,

FEBRUARY 9 at 5 pm.

text them to 707-972-7047.

this holiday.

only are OK.









Red bingo tokens can win prizes at BARRA event

Willits, Ukiah and the coast are all celebrating "Paint the Town Red!" week this week, in an effort to bring awareness to the American Heart Association's "Go Red for Women" campaign. Heart disease is the #1 killer of women in the United States, the Heart

this often-deadly disease, which is 80 percent preventable. The week finishes off on Saturday, February 7, at BARRA of Mendocino winery in Redwood Valley, with "A Toast to Red – A Celebration of the Heart," from 11 am to 5 pm. The event features wine tasting, chocolate sampling, healthy food demonstrations, local jewelry and gift vendors, information booths with helpful tips on taking good care of your heart, chair massages, a wine sale, door prizes, and serenades by flamenco guitarist Jason Wright throughout the day. BARRA of Mendocino and participating vendors will make donations from sales for the local Mendocino County Goes Red organization.

There will also be drawings, entered with red bingo tokens residents can acquire by making

purchases or asking for Read the rest of Paint Red

Association says: That means one in three women will experience some form of

Above: Willits

Chamber's Lynn

Kennelly with a

"Paint the Town

Red!" poster

chamber office

Jennifer Poole

BARRA winery's

receives a "Paint

the Town Red!"

resolution from

Mayor Bruce

Martha Barra

outside the

at the Skunk

Train Depot.

Over on Page 10

# **Amazing Athlete**

of Willits High School

BASKETBALL | Hailey Riley, 17, Senior

Position: Varsity point guard Breakfast of Champions: English muffins

Love for the Sport: I like how competitive it is and that you have to work as a team: basketball has taught me self-discipline, sportsmanship and how to be a team player.

This is Hailey's third year as a starter on the varsity team. She plays point guard: your leader on the court.

Hailey makes certain everyone on the court is on the same page. Hailey moves with the ball with such confidence and style that you'd think she must walk around with a basketball in her hands all day. It really is a sight to see. Hailey spends a tremendous amount of time practicing and perfecting her shot too.

This last week, Hailey put all of her skills together and led our team. She played maximum minutes, scoring from beyond the arc - attacking the hoop - and from the free throw line. Hailey played a crucial role on the defensive side of the ball, too!

- Coach Jody Ward



the most potent. Strip the needles from a 6 to 8 inch branch. Mince finely and add to soups, greens, rice, eggs

If you enjoy wine with dinner, steep the fresh flowers in white wine or steep a 6 to 8 inch whole branch in a bottle of red wine for a week, and decant before drinking.

rosemary needles and infuse in 1/2 cup sweet almond oil to create a massage oil that

rosemary essential oil to your footbath tub of hot water and enjoy a quiet, relaxing moment while you soak vour feet to above your ankle. This is also a traditional remedy for some kinds of headaches.

help refresh the air in

vour house. Using rosemary in different way each week is a great way to get to know this readily available, easy-to-overlook,

[This information is not intended to diagnose, prescribe or replace the advice of a qualified health

Donna d'Terra is a Willits area herbalist who has been teaching herb classes for 25 years.





Donna d'Terra

Chest Garden

COLUMN | The Medicine

**Kosemary** 

The rosemary bush in our gardens is an herb that can be used year-round, even during the late winter season.

The Latin name, Rosmarinus means "dew of the sea" and reminds us that rosemary is native to the Mediterranean coast, where it grows on the cliffs overlooking the sea.

Sailors long ago used rosemary to preserve meat for long voyages. This is due to its anti-bacterial, anti-fungal antiseptic, and antioxidant properties. As recently as World War I, rosemary was burned as a smudge to disinfect hospital

herb rosemary is especially useful for people who have chronically cold hands and feet. It also increases cerebral circulation, and so is used in herbal formulas for brain and memory tonics. To realize some of these

As a warming, stimulating

your front door so you will be reminded to use it often in your food and drink. The newest fast-growing leaves/needles are

benefits, plant rosemary near

and meat dishes.

Chop up a handful of

increases circulation and gives relief to stiff joints. (To make: fill jar to top with oil and chopped rosemary needles, put the jar in a brown paper bag, and let it sit on a sunny window sill for several weeks. Be sure the plant material stays submerged.) A rosemary footbath

or hand bath is warming and enlivening. To use, add several drops of

> Put a pan of water on the furnace or wood stove and add several drops of rosemary essential oil or sprigs of rosemary to

versatile herbal ally.

#### Thursday, February 5

Tours of Willits Charter School: Interested parents and quardians are invited to "Come see the beautiful campus, meet the new director, see the classes 'in action,' and have all of your questions answered. Thursday, February 5 from 2 to 3:15 pm; and Monday, March 23 from 9 to 10:15 am. Students are welcome to attend. Questions: 459-5506.

Free English class/Clase de ingles gratis: Every Thursday at 7 pm / Cada jueves a las 7 pm. At the LDS church, 265 Margie Drive. Info: 707-758-8709.

'Arsenic and Old Lace': The classic dark comedy "Arsenic and Old Lace" at the Willits Community Theatre: tonight at 8 pm. The

production stars Virginia Hanley Denninger as two elderly Brooklyn sisters who invite lonely old bachelors into their home ... only to dispatch the men from their misery with arsenic-tainted elderberry wine. The production runs from Friday, January 30 through Sunday, February 15, with performances on Thursdays at 7 pm for \$10 (A special performance sponsored by the Brooktrails Women's Club on Thursday, February 12. To reserve tickets for that performance, contact Dorit at 459-6706); Fridays and Saturdays at 8 pm for \$15; and Sunday matinees (February 8 and 15) at 2 pm for \$10. Advance tickets are available in person at Mazahar, 38 S. Main Street, online at www. brownpapertickets.com, or leave a message at the WCT office, 707-459-0895. Tickets will also be available at the door for all performances.

#### Friday, February 6

Free concert by pianist Sam Ocampo: International concert pianist Sam Ocampo is performing a free concert on Friday, February 6, at 7 pm at the Willits Community Center, 111 East Commercial Street. "Ocampo has recorded more than a dozen albums and is a renowned music arranger and producer. "This free concert is open to the public and is sponsored by the Willits Christian Churches Fellowship. Space is limited: first come, first seated

"A Whale of a Story" Discussion: Willits artist Ann Maglinte and composting expert Martin Mileck will discuss their collaboration on the book "Composting Abbie: A Whale of a Story" at the Willits Library, Friday, February 6 at 7 pm. "Composting Abbie" is the true story of a massive blue whale that washed ashore just south of Fort Bragg was composted, with the compost then given to schools and community gardens. Maglinte illustrated the story, and Willits author Jed Diamond wrote it. With a slide show about the blue whale, followed by a book signing; suitable for all ages and families are warmly invited. 390 East

Hola

"Arsenic and Old Lace": 8 pm, see Thursday, February 5 listing for

Shanachie Pub: Redbud, with original Rock, Blues, Pop, Reggae, Ska & more. 8 pm. No cover. 50 South Main Street, behind Adam's Restaurant. Info: 459-9194.

#### Saturday, February 7

Studio Joy Open House: Studio Joy holds a Free Open House today from 9 to 11:30 am. Sample Zumba, Zumba Gold, PiYo, Insanity and R.I.P.P.E.D. Healthy beverages and snacks will be provided. 'Come meet our instructors and sample our new fitness programs!" Visit www.studiojoywillits.com for

WCS 3rd Annual Winter Gala: the Willits Elementary Charter School's 3rd Annual Winter Gala is set for Saturday. February 7 at the Little Lake Grange, 291 School Street; doors open at 4 pm. This luau-themed event will be catered by Zocalo Catering, featuring locally raised, spit-roasted pork, vegetarian kabobs, coconut rice and more. Also featuring Jenness Hartley on viola, student and staff performances, a raffle drawing and a silent auction. No host bar. Childcare available. Dinner tickets \$20 each; buy a table for 8 for \$140. Student performances start at 4:45 pm and dinner at 5:30 pm. Dinner and raffle tickets available at the WECS office, 405 East Commercial Street (entrance on Lenore).

"Sip Some Soup": 16th annual fundraiser for Willits Daily Bread is set for 5:30 to 7 pm at the Willits Community Center, 111 East Commercial Street. Soupmakers compete for attendees' votes - and prizes - after giving out samples of their soup; Emandal bread and desserts by Seventh Day Adventists are also on the menu, and there'll be a silent auction again this year. Soupmakers can still sign up: you need to bring 3 gallons of soup, a crockpot, and table decorations and signage if desired; cups and spoons are provided and crockpot refills can be kept warm in the Community Center's kitchen. Entry fee for soupmakers is \$25, but there are scholarships available. Tickets -

available at the door - for tasters are \$15, \$25 per couple, and \$5 for children 12 and under. To sign up, call Savage at 367-5669 or 459-2579, or drop by Willits Daily Bread, 58 Bush Street Monday through Thursday from 3 to 6:30 pm to pick up an entry form. Soupmakers who show up at the door on Saturday will be welcome!

"Arsenic and Old Lace": 8 pm, see Thursday, February 5 listing for details.

Shanachie Pub: the return of 454, "high octane power trio, blues-based rock and roll." 9 pm. No cover. 50 South Main Street, behind Adam's Restaurant, Info: 459-9194.

What's Happening Around Town
Things to do, see and enjoy in and around Willits "A Toast to Red - A Celebration of the Heart": this daylong event at BARRA of Mendocino organic winery in Redwood Valley is the culmination of "Paint the Town Red! week in Willits, Ukiah and coast: an effort to bring awareness to the American Heart Association's "Go Red for Women" campaign. Wine tasting, chocolate sampling, healthy food



demonstrations, local jewelry and gift vendors, information booths with helpful tips on taking good care of your heart, chair massages, a wine sale, door prizes, and serenades by flamenco guitarist Jason Wright throughout the day. 11 am to 5 pm; 7051 North State Street Redwood Valley; 485-0322 See article elsewhere in Willits Weekly for how to participate in "Paint the Town Red!" week in

#### Sunday, February 8

Sober Grad Pancake Breakfast: The annual benefit breakfast for the Sober Grad Party. which offers Willits seniors a safe place to enjoy Graduation Night. The Little Lake Grange kitchen crew cooks up breakfast, featuring Hank's Famous Buttermilk Pancakes, eggs and bacon, and breakfast is served by Willits High School and Willits Charter School seniors.

8 to 11 am at the Little Lake Grange, 291 School Street Tickets are still \$6, \$5 for seniors, and \$4 for kids age 10 and under. Raffle tickets on sale for Sober Grad's Valentine's Gift

**CANCELLED Harrah Senior Center Pancake Breakfast:** Senior Center breakfast will resume next month.

Senior Center Ice Cream Social: This month's entertainment is singer/songwriter Steven Hayes. Pie, ice cream, coffee & prizes. Members \$1; non-members \$1.50

"Arsenic and Old Lace": 2 pm matinee, see Thursday February 5 listing for details.

#### Monday, February 9

Willits Garden Club Meeting: the club's February meeting features guest speaker Julie Bawcom, retired geologist, who will discuss "Tsunamis." The meeting starts at 12:30 pm with social time (coffee and refreshment); guest speaker starts at 1 pm. Guests are welcome, and there is no charge. Golden Rule Mobile Village Clubhouse, 16100 North Highway 101, six miles south of Willits: west of Highway 101, and south of Ridgewood (Seabiscuit) Ranch Questions? Lucille Garcia at 459-9995 or Gary Bodensteiner at 459-2708.

## Tuesday, February 10

Tightwad Tuesdays at the Noyo Theatre: All 2D movies that are in their second week are \$5 on Tuesdays at the Noyo Theatre for all ages, all showings. This week's Tightwad movie: "The Theory of Everything." For showtimes: www. noyotheatre.com. 57 East Commercial Street. 459-6696.

Shanachie Pub: the Great Spirit band from San Francisco: Cosmic-Mountain-Folk-Grass "combining poetic lyricism with folk-rock, bluegrass and funk." 8 pm. No cover. 50 South Main Street, behind Adam's Restaurant. Info: 459-9194.

#### Wednesday, February 11

2015 Willits Science Fair: open to the public for viewing on Wednesday, February 11 (from 8:30 am to 7 pm) and Thursday, February 12 (8:30 am to 3 pm), at the Willits Community Center. Judges will be judging projects on Tuesday, so ribbons will already have been awarded: those projects with a gold "qualifier" ribbon are eligible to go on to the Mendocino County Science Fair on March 14, as a

number of Willits students usually do. For more information, contact Sharon Hanna at 459-4116 or sharonhanna@ willitsunified.com. Willits Stamp Club: The

stamp club will be giving out "hundreds of stamps for FREE" at the February meeting 5 to 6 pm at the Willits Library, 390 East Commercial Street.

#### Thursday, February 12

2015 Willits Science Fair: see Wednesday, February 11

"Arsenic and Old Lace": 7 pm, see Thursday, February 5 listing for details. Tonight's show is a special performance sponsored by the Brooktrails Women's Club. To reserve tickets for tonight's performance, contact Dorit at 459-6706.

> Free English class/ Clase de ingles gratis: Thursday at 7 pm. Cada jueves a las 7 pm. At the LDS church, 265 Margie Drive. Info: 707-758-

#### Saturday, February 14 HAPPY VALENTINE'S DAY!

Parents Night Out!: Drop your kids off at the Willits Kids Club for a delicious kids-style Valentine's dinner, movies, story time, games and crafts. This event is hosted by the Kiwanis Club and the Willits High School Sophomore Class parents as a fundraiser for the Sophomore Class Prom. 5 o 10 pm at Willits Kids Club, 1265 Blosser Lane. Dinner menu Includes Pizza, Corndogs, Cuties, Apples, Carrots, Celery and Cookies. Plus popcorn with a movie. \$25 for the first child; \$15 for each additional sibling. For pottytrained kids to 12 years old. Tickets

are limited! For tickets, visit Roundtree Glass in Willits or call Fawn Tom at 841-8106.

McKenna Faith: first-class, energy, boot stompin' country," live at Boomer's Saloon, 45020 U.S. 101, Laytonville. 9 pm. \$10. 21+. Info: 984-65349 pm.

2965 for more information.

# Auxiliary

The Harrah Senior Center invites teams to enter its annual Chili Cookoff contest, set for March 6 this year, from 5:30 to 7 pm. All proceeds benefit the Outreach program at the center. "Enter your chili for a chance to win a great prize and bragging rights!" \$25 entry fee. Prizes will be awarded as follows: 1st Place Prize: Most Votes/Most Popular Chili; Hottest Chili, Best Booth/Best Dressed Team and "The Most Crooked Team" (a judges'

# **American Legion**

# **Sweetheart Drawing**

The American Legion Auxiliary Unit 174 presents its annual Sweetheart Drawing: Win a night on the town for two, on Valentine's Day, February 14, plus other prizes. There will be three or more prize packages, including a night at a local motel, dinners or luncheons, flowers, candy, haircuts, theater tickets, movie theater tickets, video rental certificates, and various other special coupons for gift items. Tickets will be on sale by Legion and Auxiliary members in front of Safeway, the Grocery Outlet and The Book Juggler. Tickets cost \$1 each or six tickets for \$5. Contact Dori Grauer at 459-6535 or Meredith Bliss at 459-

#### Call to enter Chili Cookoff

award). Questions, or to sign up: 459-6826.

# The puuuurrrrrrfect match?

A new cat for Valentine's Day!

The Ukiah Animal Shelter is offering a special deal on adopting cats in February: To make adopting easier than ever, the adoption fee for cats already spayed and neutered February 2015. Newly and ready to go home is just \$25 through the month of arrived cats that have not been spayed or neutered for \$50 and may be taken home after surgery.

When they go home, all cats are up to date on vaccines, FELV/FIV tested, spayed and neutered, and microchipped. Each cat leaves the shelter with a cat carrier and a certificate for a free wellness exam at participating local veterinarians.

The Ukiah Shelter is located at 298 Plant Road in Ukiah and is open Tuesday through Saturday from 10 am to 4 pm, and until 6 pm on Wednesdays. The adoption desk can be reached by calling 707-467-6453. Visit www.mendoshelterpets.com to see all the animals available for

# Harrah Senior Center Lunch Menu

Week of Feburary 9 through 13

Monday: Tuna Noodle Casserole Tuesday: Soy Sesame

Wednesday: Pork Chops Thursday: Veggie

Glazed Chicken

Lasagna Friday: Cod w/Tartar Sauce

Harrah Senior Center serves lunch five days per week from 11:45 am to 1 pm. 55 and older: \$5.50 per meal; under 55 \$7 per meal. Includes soup, entrée, vegetable, bread, dessert, and drink. 1501 Baechtel Road. Info: 459-

Mendocino College calls for

# short theater scripts

Mendocino College is calling for submissions of scripts for short plays for its 12th annual "Festival of New Plays," will which be performed at the end of the spring semester.

All residents of Mendocino, Lake and Sonoma counties are eligible to submit a script: deadline is Saturday, February 14. Mendo College theater professor Reid Edelman will use these short plays written by local authors to teach directing and acting students about the joys and challenges of working with new

There are no limitations in terms of theme or content, but small casts (2-5 characters) and minimal technical requirements are recommended for optimal chances at production. Scripts should have a running time of no longer than 10 minutes. Electronic submissions should be saved as PDF files. For more information or to submit your play, contact Jody Gehrman, 468-3150 or jgehrman@ mendocino.edu. You can also mail your play to 1000 Hensley Creek Road, Ukiah, CA 95482.

"Bee People" Now & Then Films presents "Bee People," a

Now & Then Films

documentary about bees and the challenges these can be adopted glorious pollinators – responsible for one-third of the items on your dinner plate - are facing. Thursday, February 19 at 7 pm at the Little Lake Grange, 291 School Street. This ground-breaking film provides an educational and entertaining in-depth

look at the "bee people" who caretake bees and who are working on finding both the cause of the Colony

Collapse Disorder which is killing off beehives (nicotine-based pesticides? Mites? An as yet undiscovered virus?) and a solution: More bee people! Bee people every two miles! Suggested donation \$5. Visit http://bee-people.com/ for more info.

Did someone say

# bluegrass?

Once again Bruce Burton is bringing it to Willits - live! Performing Friday, February 27 at the Willits Center for the Arts will be Adkins & Loudermilk.

Coming to us from the heart of bluegrass, Dave Adkins and Edgar Loudermilk have put together a wildly popular six-piece band and selected Willits as the first stop on their 2015 tour of the west coast. Surely to raise the roof, can you imagine the sound a six-piece band will create upstairs at the Arts Center?

Doors will open at 6:45 pm with the show beginning promptly at 7 o'clock. Beautiful but admittedly small, this venue will only accommodate 140 people, so seating is limited. No tickets will be sold at the door, and you would be wise to purchase advance tickets early. Tickets are \$20 and may be purchased from Bruce Burton or Linda Buletti by calling 459-0436. If a table-with-wine for six people is more to your liking, give Linda a call and for \$200, she'll try to accommodate your request.

Proceeds from this wonderful concert will benefit Rotary's High School Scholarship Program. In an effort to raise additional funds for this worthwhile program, Willits High School students will be selling cookies at the concert, so be sure to look for their table and save room for dessert.





## WEF Annual Drive Through Tri Tip Dinner

The Willits Educational Foundation has set its annual Drive Through Tri Tip Dinner for Friday, March 6, 4 to 6 pm at the Rodeo Grounds. Dinner for four people – \$60 – includes: whole tri tip, Goss Family Beans, a loaf of Emandal bread, Caesar salad with homemade dressing, homemade cookies, and a long-stemmed rose. To buy tickets or for more info, call Annette Pinon - Gail Richards at 459-6588 or Warren Lewis at 459-4429.

# Free Healthy Lifestyle Classes

Adventist Health presents a series of free "Healthy Lifestyle" classes on the third Thursday evening of every month, through September 2015. The classes, on health topics of interest to the general public, are from 6:30 to 7:30 pm at the 11 Oaks Conference Room, and have various presenters. The first class, Thursday, February 19, titled "Healthy Hearts," is presented by David Ploss, MD. To register, call 456-3132.

**February 19:** Healthy Hearts - Presented by David Ploss, MD

March 19: Moving Safely - Presented by Heather Anderson, PT April 16: Stop Overeating - Speaker from Overeaters Anonymous

May 21: When Should I Call My Medical Provider? - Presented by Suki Spillner, FNP June 18: Focus on Eyes: Diabetes & Eye Health - Presented by Geoffrey Rice, MD July 16: Fill Up On Fiber: All You Want To Know About Fiber - Presented by Annie Dogali, RD August 20: Caring For Your Feet - Presented by Walter D'Costa, DPM, FAPWCA

September 17: Safe Driving - Speaker from CHP

# Grange School Benefit with Hot Buttered Rum

San Francisco's Hot Buttered Rum

West Coast Americana, high-altitude bluegrass and indie folk - headlines a benefit concert for the Grange Farm School, Friday, February 27 at the Little Lake Grange

Hot Buttered Rum "lives for songs" they say on their website: and with three songwriters among the five band members, they play a lot of original songs, as well as classic covers. "Their original songs are instantly familiar and inviting," writes the SF Chronicle, "and their easygoing versions of timeless classics (the Beatles, Hank Williams) belie the intricacy of the arrangements."

Hot Buttered Rum also "lives for a good time," and their years of touring and "onstage chemistry" make their live shows "a happy, sing-along mix of hoedown, high art and

Also on the bill is the Dusty Green Bones Band, also from San Francisco, who describes their music as "Psychedelic/ Jam-Grass/Rock" and "Native Americana

Slamgrass": "music that rings true to the heart of California."

Opening act is The Real Sarahs, Mendocino County folk/acoustic/blues/ country/rockish vocal duo Sarah "Songbird" Larkin and Sara Ryan. The Real Sarahs will be accompanied this time by a full band, says concert promoter Da Grand Pooba of Cosmic Pickle Productions. "All the bands are excited to be a part of this benefit for the crucial work of the Grange Farm School,"

Food by Zocalo Catering and beer and wine will be available for purchase, as well as a silent auction.

Doors open 6 pm; music starts 6:30 pm at the Little Lake Grange, 291 School Street. Advance tickets: \$15 (at J.D. Redhouse); at the door: \$20, under 12 (kids are welcome) \$5. Sound by Ancestor Radio Productions. Sponsored by Grocery Outlet, Zocalo Catering, Lagunitas Brewing, J.D. Redhouse, Frey Vineyards and KZYX radio.

COLUMN | At the Movies



The **Imitation** Game'

Daniel Essman Columnist

The Story: Alan Turing (Benedict Cumberbatch) is essentially the inventor and builder of the first electromechanical computer. He worked in signal intelligence for MI6 during the Second World War on the problem of decoding NAZI messages, specifically the German cypher device called the "Enigma Machine." His work was critical to the Allies winning

Not only was Turing a genius, he was also homosexual. The "Imitation Game" captures the tensions of that terrible war and also the cruelty and social insanity of Great Britain's antigay laws. Consider this: had Turing been "outed" during this period of his critical intelligence work, he could have been fired and imprisoned, which might have led to the Allies losing

Keira Knightly plays the mathematical genius Joan Clarke, the only woman who was part of the team. She's fabulous . lights up the screen.

I loved the flick. Audiences loved it, too. "Imitation Game" gets a 90 percent-plus rating from audiences and critics on Rotten Tomatoes. Check it out.

Parents: In all its important elements, this movie is historically true. I think teenagers and adults will be moved by the brilliant performances of the

Willitsian Daniel Essman prefers his reality attenuated by the wisdom of the imagination

# **Ongoing Events**

Willits Winter Farmers Market: from 3 to 5:30 pm every Thursday at Little Lake Grange, 291 School Street, with produce, local meats and fish, local grains, dinner, baked goods, gift items, chocolates, crafts, live music, the new edition of Willits Weekly, and more.

The Emandal Chorale: this community chorus based in Willits is in its 20th season, and you are welcome to join! Every Wednesday from 5 to 6:30 pm. No auditions necessary. The Chorale meets upstairs at the Willits Center for the Arts. 71 East Commercial Street.

> WCA Members Art Show: ongoing through March 1 at the Willits Center for the Arts,

71 East Commercial Street Works by 45 WCA members in various media. Gallery hours are Thursdays and Fridays from 4 to 7 pm, and Saturdays and Sundays from noon to 3 pm.

Willits Photography Club: meets at the Willits Art Center, 71 East Commercial Street, on the second Saturday of each month from 10 to 12 noon. All levels of experience welcome. Come to

Willits Frontier Twirlers: Monday night session at the Willits Center for the Arts. New beginner class runs from 7 to 8 pm, with dancing to follow from 8 to 9 pm. Singles and couples and all ages are welcome. Caller/ teacher Lawrence Johnson. Singles and couples and all ages are welcome. \$20/month (to help pay the caller), with young dancer scholarships available. Questions? Contact Emmy Good at Emmy@pacific.

the back door of the Art Center

net or Jenny Watts at Wattsup@gmail.com. **Alateen Support Group:** for teens ages 12-17 that are friends and family members of problem drinkers and/ or addicts. For teens only. Every Thursday, 6 to 7 pm, Room 44 at Willits High School, north of gym near pool. Contact: Aurelie at 707-489-1258 or Cindy at 707-972-4748 or cynlamon@gmail.com.

Junior Grange After-School Program: an afterschool program for kids ages 5 to 14, Mondays from 3 to 6 pm at Little Lake Grange, 291 School Street, Room 10. Membership fee: \$1, plus \$1 annual dues. Info? Contact Zeynep at 707-972-8558 or zeyny34@

Mondays at Wowser: Free events at the Wowser maker space, 330 East Commercial Street. 6:30 pm. Lectures, slide shows, flash videos, guest speakers, demonstrations. Info: 459-9697 or www.wowserllc.

Cards and Games at Willits Library: free games in the Willits Library's Community Room. Tuesday bridge sessions from 1:30 to 3:30 pm; Thursday bridge sessions from 4:30 to 6:30 pm. NEW Saturday free bridge classes, 10:15 am to 12:15 pm, start February 21, for new and review students. Info: Donna at 459-9035. Tuesday evenings: "Dungeons and Dragons, the Adventurers' League," from 6 to 10 pm. Both newbies and experienced players, ages 13+, are welcome to join. Info: Dan at 972-3154. Saturday afternoons from 2 to 4:30 pm: Chess: bring your chess set and have some fun with friends. All ability levels welcome. Info: Raymond at 841-0473.

Life Changes: Discussion and support group with Linda Posner, Wednesdays from 10 to 11 am. Harrah Senior Center, 1501 Baechtel Road.

Willits Community Drum Circle: 7 to 10 pm at the Saint Francis in the Redwoods Episcopal Church, 66 East Commercial Street. Every 2nd and 4th Friday. Free. Everyone is welcome. Info: 459-4932.

Smoking Cessation Program: Free "Freedom from Smoking" class sponsored by the Frank R. Howard Memorial Hospital. Every Wednesday at the HMH Conference Room, 1 Madrone Street, 6 to 7 pm, RSVP to Jennifer Barrett at 707-540-4208. Walk-ins are always welcome.

Free Sheriff's Activity League programs: at Body Works Gym, 1511 South Main Street. Teen gym: Monday to Friday from 2:30 to 5:30 pm; Boxing: Monday, Wednesday and Friday at 7 pm; Karate: Kids aged 5 to 11 from 6 to 7 pm, Tweens, Teens and Adults at 7 pm. All SAL programs free to the public. Info: www.facebook. com/MendocinoCountySheriffsYouthActivitiesLeague or Mike Tobin: 354-0565.

Shanachie Pub: Open Mic every Wednesday and World Music Open Mic every Monday. 8 pm. Sign-ups start at 7 pm. 50 South Main Street, behind Adam's Restaurant. Info: 459-9194

Karaoke Night at Al's Redwood Room: every Wednesday night, karaoke in the bar. 207 South Main Street. 459-2444.

Open Mic Jam at Al's Redwood Room: every Friday night, hosted by Dream Capsule Entertainment, featuring talented, established local musicians from all over Northern California. Jazz, Blues, Rock. New talent welcome. Al's Redwood Room, 207 South Main Street. starting at 9 pm. Mr. Larry's New Orleans Outside BBQ Café Catering serving at Al's on Fridays from 9 pm to 1:30 am. Questions? Call Mr. Larry: (707) 354-3197

Laytonville Winter Farmers Market: Mondays from 2:30 to 4:30 pm at the Laytonville Grange. Buy local: vegetables, apples, juice, bakery, beef, lamb, pork,

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Above, left: Laytonville Youth Advocates talking about their group

Above, right: Attendees at the 3rd Annual Youth **Advocacy Summit** Below, left: Members of Potter Valley's "Be the Change" sharing who they are. Below, right: Willits Youth Advocates.

Photos by Nancy

3rd Annual Youth Advocacy Summit

On Saturday January 24, youth from all over the county (Be the Change-Potter Valley, G.A.S.P-Pomolita, Headz Up-Ukiah, Cx3-Fort Bragg, Youth Advocates-Willits, Youth Advocates-Laytonville, and Arbor-Ukiah) gathered

at the Willits Community Center to learn how to make a difference in their communities. This was the 3rd Annual Youth Advocacy Summit, sponsored by the Health and Human Services Agency, Public Health, Prevention and Planning Unit.

Not only did youth participate in the event, some of the ARCH (Alliance for Rural Community Health) personnel attended and showed students how to make smoothies on the blender bike.

A special thank you to Holly Madrigal, who is a great supporter of Willits Youth Advocates, for attending and taking time to speak to the importance Youth Advocates

"I was impressed with the students and their level of participation and commitment to their communities," Madrigal said

Tina Tyler O'Shea, leader of Willits Youth Advocates said she was pleased that the Health and Human Services Agency director and elected officials showed their support of the summit by stopping by to check out the event.

The students all shared their ideas for their next projects to help their communities and their schools, from working to get an LGBTQ support group at their high school, bringing their community back, talking to local business, and making a luau to raise money for a skate park. "The summit was interesting, and everyone had interesting ideas. It was cool, I liked it and I can't wait for the next get-together," said Zoe Keller, member of Willits







Hey Willits! Studio Joy has expanded to offer you even more ways to get fit! Now, in addition to Zumba®, Zumba® Gold, and R.I.P.P.E.D.™, Studio Joy has 2 new Beachbody™ programs to get you fit and toned to the max!

Studio Joy is holding a Free Open House on Sat., Feb. 7 from 9 to 11:30 a.m. Sample Zumba®, Zumba® Gold, PiYo™, Insanity™ and R.I.P.P.E.D.™ Healthy beverages and snacks will be provided. Come meet our instructors and sample our new fitness programs.

#### **NEW IN FEBRUARY!**

PiYo<sup>™</sup> with Kacie Grieco and Insanity<sup>™</sup> with Judy Coughlin! Check our website for the full February Schedule.



Judy Coughlin is now instructing both R.I.P.P.E.D.™ and Insanity™ at

Discounts for teens, students and seniors Wellness Program participant with employees of Mendocino County, Howard Hospital and Mariposa Market Children under 13 are always welcome and always FREE

For our full schedule, our teachers and pricing, see our webpage: www.studiojoywillits.com or call: 707-841-7499. And like us on Facebook: Studio Joy, Willits

1262 Blosser Lane Willits, CA

**NEW STUDENTS!** 

Never been to our studio?

First class is free!

**New Student special:** 

5 classes for \$35!

February Pass for R.I.P.P.E.D.™ Only \$50!

February Studio Pass (any/all classes): \$85

Studio Joy punch cards make great gifts!

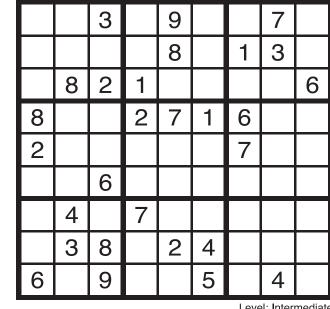
Give the gift of fitness to someone you love.



# Puzzle Page & More

Activities & fun for kids of all ages

# Sudoku





Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a Sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve

# In The Stars

LEO

Jul 23/Aug 23

Leo, you have many good ideas

and are ready for many of them to

**VIRGO** 

**ARIES** Mar 21/Apr 20

Aries, you may feel that a goal is bevond reach, but you can get there if you are willing to make some sacrifices. Make a decision quickly this week.

> **TAURUS** Apr 21/May 21

Many different people, including loved ones and colleagues, hold you in high regard. Taurus. That's because you are a forward thinker willing to take chances

> **GEMINI** May 22/Jun 21

Gemini, take a careful approach to any obstacles that come your way this week. A problem that arises will require some thoughtful analyis and a slow and steady approach.

> CANCER Jun 22/Jul 22

come to fruition. Muster up some energy and clear your schedule

Aug 24/Sept 22 Virgo, you have more in common Capricorn, make the most of with a colleague at work than you originally imagined. Pool your resources and work as a team to

> LIBRA Sept 23/Oct 23

get the job done.

Libra, you may have to be a little more assertive than usual to get your way this week. If you have good ideas, stick behind them and make your voice heard.

you desire, even if it seems like

**SCORPIO** Oct 24/Nov 22

Cancer, be honest about what Set goals that are difficult to reach, Scorpio. This is a great getting it is impossible. You never way to push yourself to be the know what you can achieve if you best you can be. Expect some push yourself and have a little special news to arrive very soon.

## **CLUES ACROSS**

7. Expire

Something that may have been important to you a few days ago has lost its luster this week, Sagittarius. Don't pursue it any so you can conquer the tasks at longer because it's not worth your

**SAGITTARIUS** 

Nov 23/Dec 21

#### CAPRICORN Dec 22/Jan 20

a business opportunity that presents itself in the coming weeks. This opportunity could be the chance you have long been waiting for.

#### **AQUARIUS** Jan 21/Feb 18

Don't push yourself beyond your limits this week, Aquarius. There's no rush to get things done and no need to subject yourself to fatigue or burnout.

**PISCES** 

Feb 19/Mar 20 Pisces, do not let your daydreams get you into trouble. Harness your imagination in the next few days so you can focus on the here and

# 1. Licenses TV stations

4. Worn-out horse

10. Winglike structure 11. Supplement with difficulty 12. Confederate soldier

13. Attempter 15. All persons of the earth 16. Vertical position

19. Live longer than 62. Heat unit 21. Showing keen interest 23. Old Spanish 64. Make a mistake currency units

24. Ingested by sniffing 25. A narrow path or road 26. Old Tokvo

27. Bound map collections 30. Deliquium 35. Brownish coat mixed

with white 36. 3 banded S. Am

armadillo 37. Coat a metal with an oxide

41. Slave-like 44. 1950's TV Wally 45. City founded by

Xenophanes

7. Subjugate using troops 8. Dutch name of Ypres 9. Siskel and \_\_\_, critics

57. Auricle

initials

and SE

1. Bazaars

4. Scourges

5. Alias

6. Origins

14. Herb of grace

46. Hermaphroditic 17. Brew 18. Kilo yard (abbr. 50. Kale plant with 20. Barn's wind indicator smooth leaves

62

65

22. Griffith or Rooney 54. Forelimb 27. Macaws 55. Unassisted 28. 2000 pounds 56. Jeweled headdress

Crossword Puzzle

29. Official language of Laos 59. Competing groups 31. Cleveland's roundball team 60. Cardinal number

32. Office of Public 61. Light bulb inventor's Information 33. Chum 34. Before 63. Doctor of Education

38. Nation in the north Atlantic 65. Point midway between S 39. Apportion into sections 40. Skilled in analysis

CLUES DOWN 41. More assured 42. Musk, businessman 2. Cuyahoga River city 43. In a way, tells 3. Latin word for charity 46. Immature newt

> 47. Hawaiian taro root dish 48. Extremely angry 49. Wrapped up in a

cerecloth 51. Expression

52. Paradoxical sleep 53. Tooth caregiver 13. Teaspoon (abbr.) 58. Swiss river

# Furry Friends Hoping for a Home

Sweet Minnie

Minnie was found running down the street with her sister Mouse. They are both 5-month-old female Australian Cattle Dogs. Minnie currently weighs 34 pounds. She is a sweet, shy girl that will aim to please her new guardian. She and her sister are the perfect age to mold into great family dogs. The most important thing to remember when considering adopting a puppy is training and socializing. Minnie will need room to grow and will probably be a medium to

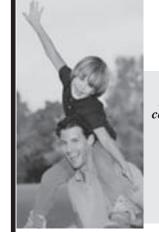
The Ukiah Animal Shelter is located at 298 Plant Road in Ukiah, and our adoption hours are Tuesday, Thursday, Friday and Saturday from 10 am to 4 pm and Wednesday from 10 am to 6 pm. We have many wonderful dogs and cats, awaiting their forever homes here. To view photos and bios of more of our wonderful adoptable animals, please visit our website: www.mendoshelterpets.com or visit our shelter during shelter hours. More info about adoptions: 467-6453.

Photo by Sage Mountainfire

Willits

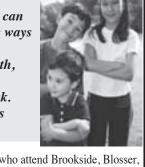
Harrah

Center



Willits Unified School District's Elementary School Counseling Program is a grant funded program that currently offers parenting groups and play groups to families interested in both Spanish and English.

We are offering a 7 week parenting group where parents can connect and learn more effective ways to deal with our children. The group starts February 24th, meeting once a week with one week off for Spring Break. Child care and refreshments will be provided.



We also offer individual and group counseling to elementary students who attend Brookside, Blosse or Sherwood elementary schools. Currently we have openings to families of elementary students interested in confidential family therapy. For more information please contact Katie Cochran, Lead Elementary School Counselor at katiecochran@willitsunified.com or at (707) 459-5385, ext 1440.

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Willits Weekly willitsweekly@gmail.com 30 Words | \$10 | 2 Weeks

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**Business Classes** Taking Your Business On-Line": 10 am to Noon Wednesdays. Harrah Senior Center, 1501 Baechtel Rd. Willits. 10 two-hour classes, \$20 each. Call for details:

Computer Help Need help with your computer? I will come to your home or business. PC and Macintosh. Repairs and configuration \$35/hr. Tutoring 615/hr. Call Liam 459-2470 email macamergin@ vahoo.com.

For Sale Composting Toilet NEW: paid \$2,600.... Your Price \$2,000 For more info call Bobbie at 459-9228

Information Wanted am seeking information regarding my unknown ather. My mother is Callie Rowan, age 62. I believe she grew up around the Franquility area. I was born in Howard Memorial Hospital in July of 1970. We left this area in August of that year, I was 6 days old. f you have any information regarding who my father may be, please email me at jazeteadams@rocketmail. com or call 918-716-0359. All information will be kept strictly confidential.

Help Wanted /illits Power Equipment looking for part-time for Sales, mployees ssembly, Cleaning and Stocking Store. Weekends will be required and must be able to lift 50 lbs. Please oring in resume or pickup application at 1600 S. Main

> Send us your ad today!

No phone calls please.

Junior Grange Singers A weekly music class for kids 8 to 15 years old. Taught by Nancy New. Starts Friday, February 13, 4 to 5 pm in Room 10 at the Willits Grange. We will learn a lot of vocal music and have performances. The class will cost \$25 a month. To register, or for more info, contact Nancy at nancynew@willitsonline com or 459-1276.

> Rummage/Bake Sale Saturday, February 7 at 68 E. San Francisco Ave. 9-3. Some furniture, toys, household goods, lots of wonderful bargains! Free coffee! Homemade fresh doughnuts! Many other fresh baked goods!

> Rummage Sale Every Saturday from 10 am to 2 pm at 1st Baptist Church, 145 Wood Street. Rain or shine. We accept rummage donations, and have an ever-changing selection of goods!

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Barbara Carlon Visit my webpage: Zibergirl.com 707-367-6182, Willits

Volunteers Wanted Frank Howard Memorial Hospital is looking for positive members of the ommunity to volunteer in various departments of the hospital. Hours: flexible and can include weekends. More info? Call 456-3245.

Volunteers Wanted The Willits Senior Center has many areas where your expertise and talents are needed. Front Desk, Thrift Store, Dining Room, Sunday Bingo, Sunday Breakfast, Special Dinners, Landscaping, Garden Firewood. Come join our Team, Call Mariya at 707-459-6826.

Email us: willitsweekly@gmail.com

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Paint Red | From Page 5

businesses. The more red bingo tokens, the more chances to win: the grand prize drawing requires three bingo tokens to enter. You must be present to win, and the grand prize drawing will be held around 4 pm.

Willits Chamber of Commerce / Local First Committee has distributed packets to Willits businesses, with tokens and a beautiful, colorful poster to display, to let customers know they are participating. Businesses are donating a portion of the proceeds from their "bingo token" purchases to the American Heart Association.

"We're very excited about this," said Lynn Kennelly of the Willits Chamber of Commerce. "Did you know that heart disease kills more women than all kinds of cancer combined? I didn't." Kennelly is happy to be working with other Mendocino County chambers and with the other sponsors of this event, including the Ukiah Valley Medical Center and Frank R. Howard Memorial Hospital.

The Willits City Council passed a resolution at last week's meeting, proclaiming February 2 through 7 as "Paint the Town Red Week" in the City of Willits, and presented a framed copy to Martha Barra, dressed in a red sweater. "It behooves all citizens of the City of Willits to promote, foster, participate in and enjoy this great event," the resolution signed by Mayor Bruce Burton reads. The resolution encourages locals to "visit local participating businesses to learn about heart disease signs and prevention strategies, share stories, and support a great cause along with supporting local commerce."

Employees of the Little Lake Health Center (and clinics in Ukiah and Lakeport) wore red and decorated the clinic to commemorate "Go Red for Women," handing out information about risk factors and ways to stay healthy, in English and Spanish. Students at Ukiah High School are planning to wear red to school Friday, which is the Heart Association's national "Wear Red Day."

For more information about the national "Go Red" campaign, visit www.goredforwomen.org. For information about the local event, or to donate to the local "Mendocino" County Goes Red" group, contact the Willits Chamber of Commerce at info@willitschamber.org or 459-7910. BARRA of Mendocino organic winery is located at 7051 North State Street in Redwood Valley; 485-0322.

- Jennifer Poole

Casual

From Page 3

People Services of Lake County, Mendocino High School Library, Hospice of Ukiah, Ridgewood T.R.A.I.L. Program, Harwood Memorial Park, and Ukiah Players Theatre.

"It is businesses like yours, that make a difference for us," wrote Ilene Dumont, executive director of People Services, Inc. "It definitely takes community support like you have shared to keep non-profit organizations, like ours, providing the extra quality to make life meaningful for those we serve."

"Casual for a Cause - Denim Days, what a great idea! We feel so honored that you chose our library," wrote Jason Morse, superintendent of the Mendocino Unified School District. "Your donation will help our continued effort to upgrade and update our library and services."

"Thank you, so much, for the donations provided by the good people who took part in this wonderful effort to contribute to the lives of others," wrote Linda Clark-Bore, CEO of the Northern California Adaptive Living Center. "It speaks well for your organization that you all understand that no investment is as significant or as meaningful as that with which one is somehow personally involved."

As the local community bank, Savings Bank is proud of their tradition of giving back to our communities and the community support and volunteer time that their employees

- submitted by Savings Bank of Mendocino County

# Food Bank almost to \$32,000 goal

Willits Community Services and Food Bank announced Wednesday that it has raised \$30,795 towards its Winter Fund Drive goal of \$32,000. Donations can be mailed (checks made out to "Willits Community Services") to WCS, 229 East San Francisco Avenue, Willits, CA 95490, or dropped by during office hours: Tuesday, Wednesday, and Friday from noon to 5 pm. More info: 459-3333 or willitscs@gmail.com. This week's contributors include: American Legion Post No. 174, Frank & Erla Barr, Buckeye Construction, Helen Falandes & Clancy Rash, Patrica Freeman, Richard Hincker, Ronda Landes, Douglas & Kay Nord, Linda Posner, Robbin & Tamia

Rempel, Larry & Francis River and Gwen & Roscoe Wood.



COLUMN | Resendez

# **The Paris**

Imagine being in the dead of winter, 1909, in a city that is enduring such a devastating flood that portions of the streets are

turning into sinkholes beneath the fleeing occupants. The scene of this disaster is metropolitan Paris, a city riddled with old tunnels, damp basements and murky depths concealed beneath a cosmetic laver of wealth and charm The novel, "The Paris Winter" by Imogen Robertson (2013 in the UK; 2014 in the U.S.) follows the lives of young art students studying

at a fictional art school. The main character, Maude Heighton, is an English girl who has managed to scrape together enough money to cover her tuition, but has virtually no other financial support. She is befriended by Tanya, a stylish Russian from a wealthy family, and by Yvette, a young woman of the street making her living as an artist's

This unlikely trio will find themselves involved with a dangerous couple, Christian and Sylvie, who hire Maude as a companion to Sylvie, who has a little problem with her opium habit and a fatal attraction to expensive iewels.

The setting is a great part of the appeal of the novel. The atmosphere of Paris in the midst of the glittering Belle Epoque, a romantic destination for sensitive, expressive souls, is balanced with the reality of the city's underbelly of poverty, drug use and violence. These young women are forced to face challenges they could not have imagined. In fact, the action got so tense that I was tempted to jump to the end of the book just to find out how it was going to end! But, I restrained myself. And ended up being quite satisfied with the

I also enjoyed the clever interweaving of historical figures into the story. Ada Leigh, who ran a rescue house for penniless young foreign women, is portrayed as the character Miss Harris. Gertrude Stein appears in a scene where Maude attends one of her famous evening salons, and the scandalous Suzanne Valadon - artist, model and muse - plays a part in the plot as well.

But the best part of the story was the struggle of young artists to find support, education and outlets for their talents, only to be faced with a deeper challenge to overcome appearances and assumptions, to find their inner strength and courage, and to trust their intuition ... that being the process all of us must go through.

Whether you read by page or by device, please utilize our library system and patronize our independent bookstores, both new and

Local poet, Fran Resendez, is retired from 20 years of bookselling at the former Leaves of Grass Books in Willits. Getting her first library card was one of the happiest days in he

COLUMN | Linda on the law

# Seniors and driving

Aging is like starting a new business. To flourish, we must willingly take over our new role and accept its challenges. One of those challenges is safe driving. The Department of Motor Vehicles (DMV) and the courts tell us that driving is a privilege and not a right, although the independence

Linda McNiel

associated with a driver's license cannot be underestimated, especially in rural areas like ours. The simplest way to "tune up'

driving skills - and to lower insurance premiums while doing it is enrolling in a senior driving class, either through AARP or your

As a senior, it is important to be aware that law enforcement is trained to consider age as a factor in traffic violations. Imagine this scenario: You're driving home from the dentist and make a "California stop" at a stop sign. Emergency lights suddenly appear, and you pull over. The officer requests that you get out of your car but your arthritis and anxiety affects your ability to easily slide out of your car and stand for extended periods. You admit that you take medications on a daily basis.

This situation, or others like it, could be quite benign and not affect safe driving. Still, it might prompt a review of your driving skills by the DMV if an officer determines your speech, gait, anxiety and medications could point to a condition negatively affecting your bility to safely drive. To be fair, officers have very little time this determination, and sometimes their decision is simply based upon the possible effects of age and medications. Before final action is taken against your license, you have a due process right to a full and fair hearing before the DMV.

If a law enforcement officer requests a DMV review, you will receive a letter requiring a phone interview within a very short period of time. If you don't take action, you will automatically lose your license. Don't expect this contact to be just a friendly phone call – it's a recorded phone interview

The DMV may decide you can no longer safely drive. If so, you can request a hearing, enroll in a driving school for a refresher course, and review your medical condition and medications with your family, your doctor and your lawyer. If your driving skills and medical condition meet the DMV standards, a hearing should be requested. You might have to pass the written and driving test again. Sometimes an attorney can show that the review was unwarranted in the first place, so a driving and written test is not required.

There is an old Italian proverb that states: "We are born arsonists and die firefighters." Nothing is wrong with being cautious as we gain more years, although there's a difference between caution and uncertainty. The results of aging are unexpected at best, and many seniors are fully capable of driving safely with or without classes and medical reviews. Some seniors need others to take care of the driving for them. Other seniors may need legal assistance to get through the bureaucratic maze surrounding the DMV. Do not let the authorities tell you that you cannot drive without taking some kind

Linda McNiel is an attorney with more than 35 years legal experience. Since 1992 she's been practicing in Mendocino and Lake counties, with an office in Willits. Her practice is limited to representing drivers before the DMV and representing people accused of DUI. The California DUI Lawyers Association has designated her a "DUI & DMV Specialist."

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Saturday: Sip Some

Tasters and more soupmakers welcome!

Save Saturday evening to "Sip Some Soup" at the Willits Community Center, and if you feel inspired, last-minute soup makers and soup teams are still being

This 16th annual event is the major fundraiser for Willits Daily Bread, which offers a hot dinner to anyone who wants to eat, Monday through Friday at St. Anthony's Parish Hall.

It's a fun social evening, with attendees tasting each soup in the "fierce but friendly" contest, and voting for their favorite. Soup samples are accompanied by bread from Emandal and desserts provided by the Seventh Day Adventist church.

Cindy Savage, director of Willits Daily Bread, has been collecting goods for a silent auction at Sip Some Soup this year, and she has a long list of auction items (so far), including a professional car cleaning from Yokum's Body Shop; a Goldner; one free use "Downton Abbey" cookbook donated by Robin of party space from Hidden



Agenda; a weekend stay at Caspar Cottage, donated by Mike and Ruth Dell'Arra; 25 pounds of ground beef from John Ford Ranch; a clock from

Willits Furniture; a fitness ball from Healing Central Chiropractic; a kids' golf set from Ace Copy; a car kit from Les Schwab; a Shanachie Pub hoody from Shanachie Pub; a "Soup of the Week" subscription from Emandal; seeds and accessories from Sparetime Supply; gift certificates from Mariposa Market, Mazahar, The Goods Shoppe, Spartan Body Works, Adam's Restaurant, and Kimberly's Jewelry; and other items donated by individuals and businesses.

Soupmakers so far include: Emandal, Debbie McDaniel (Seventh Day Adventist church). Adam's Restaurant, Crystal Luedemann, Tammy Long (Seventh Day Adventist church), Trinity Cleaning Service,

Willits Charter School, Willits Lions Club, Willits Tov Run, Jo Lee Jennings, Healing Central Chiropractic, Stephanie Roelling, and Willits Relay for Life.

Soupmakers need to make about 3 gallons of soup and bring a crockpot; extra soup can be kept warm in the Community Center's kitchen. Bring table decorations and signage as desired - there's a prize for best decorated table, too. Bowls and spoons are provided. There is a \$25 entry fee, but scholarships are available.

Sip Some Soup is set for 5:30 to 7 pm at the Willits Community Center, 111 East Commercial Street. Tickets - available at the door - for tasters are \$15, \$25 per couple, and \$5 for children 12 and under.

To sign up, call Savage at 367-5669 or 459-2579, or drop by Willits Daily Bread, 58 Bush Street, Monday through Thursday from 3 to 6:30 pm to pick up an entry form. Soupmakers turning up on Saturday night with soup will be welcomed, Savage said.

Rum

Candice Kelley

Rum is a liquor that is often underrated. Rum originates from the Caribbean and is made from the byproducts of sugar cane production. This is a spirit that is more sweet than other bottles on the shelves and is often mixed with other flavors that are native to the tropics. The classic Cuba Libre (rum and Coke with a squeeze of lime), is a timeless

Rum is also an ambiguous liquor. There is so much variety Spiced rums like Sailor Jerry have a very distinct flavor profile The clear and gold rums that we see under the Bacardi labe are less distinct, which makes them more ideal for mixing with juices and in Pina Coladas (rum, cream of coconut, and pineapple

There are also the darker and thicker rums like Meyers's, which add a great flavor with a simple float on top of your cocktail I can't leave out the flavored rums, ranging from coconut to strawberries and cream. These are fun because you can add a new flavor twist to your cocktail without any exotic ingredients.

A simple but newer cocktail that I see becoming more popular is the Dark and Stormy It is spiced rum (Sailor Jerry is my favorite, but keep in mind that it is 92 proof, so enjoy responsibly!) and root beer. It is just slightly different from a rum and Coke, but it is a refreshing change. Dr. Pepper isn't too bad

The Hurricane is one of those fruity cocktails that are so delicious with rum. I start with a hurricane glass of ice (a hurricane glass is shaped like a hurricane lamp and is taller than a highball glass), and add a shot of light and a shot of gold rum. After that, add pineapple and orange juice, with just a splash of grenadine for color. I give it a stir and add a float of Meyers's rum to the top. Garnish with a whee of orange, a cherry and a piece of pineapple. Add an umbrella it you are feeling fancy!

Always enjoy responsibly and designate a driver.

Candice Kelley has been bartending since 2006 and started her mobile bartending ness Service With Style in 2013. She is available for parties large and smal around Mendocino and Sonoma counties For info call 707-354-4894 or visit www

# COLUMN | Wowser Makes Design



The process by which you design things sometimes goes through funny twists and turns.

One of the new Wowser projects is building a "rolling bandwagon."

It will have two riders/pedalers (to make it move forward). And three musicians who ride seated in rings (like a small Ferris wheel.) And the whole thing rolls down the street for parades. It will be fabulous fun. (We saw one on the internet; it looks incredible.)

And to start, we needed to decide on the size of the rider rings. How big is big enough for a drummer (and her drumset) to be comfortable?

To figure out what would be the best size, Dan and Steve and I set up a small chair and some poly pipe as a mockup. (Sometimes making a full-size mockup is a good and fast way to determine sizes.) We decided on 5 feet, 6 inches.

The mockup showed us that a diameter of 5 feet, 6 inches gave enough head room and foot space to work well. Great. The first size detail was set. We were moving ahead!

Then I opened MS Visio (a CAD

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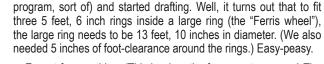
Juanita.V.Magardie@riteaid.com

If you have any questions regarding this position, please contact Juanita at

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Except for one thing. (This is when the funny part appears.) The roll-up door in the Wowser building is only 13 feet, 2 inches tall.

Oops. This means, if we build the rings at 5 feet, 6 inches, then the outer ring is 13 feet, 11 inches, and then we can't drive it out the door!! It would be sort of like building an airplane inside a basement.

So our design has changed. The rider rings are now going to be 5 feet, 1 inch in diameter. There will be a little bit less room; but we will be able to drive the bandwagon out the door. The size of our machine has become determined by the size of the doors in our

Now, doesn't that sound funny to you?

Side note: Good designers work things out in advance. Better designers understand that limitations and problems always appear, and have learned how to work around those. Some of the best work comes specifically from those limitations. (But that is a story for another time.)

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r program begins at 18 months • Preschool: ages 3-5 • Elementary program: ages 6-10

Curious how the rolling bandwagon looks (as it takes

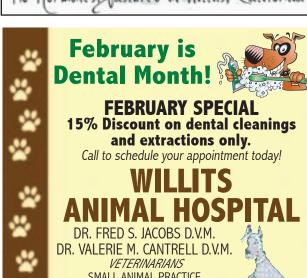
shape)? Come on down to Wowser and check it out. Any day from noon to 6 pm at 330 East

Roger Wilson is a founder and CEO of Wowser, Mendocino County's largest makerspace. His focus is to teach people ways to make stuff with better results, or more easily, or faster, and even some things that are just for fun. Learn more at www. Wowser.org and find Wowser on Facebook.

*Imagination* 

Station

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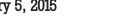






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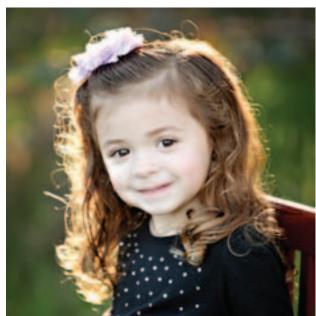
info: 459-9035

SMALL ANIMAL PRACTICE 459-6723 or 459-4634 512 N. HWY. 101, WILLITS, CA 95490



Happy Birthday!

Happy Birthday to Stella, on the left, and Dana, on the right, Love, Papa & Nona.



Happy Birthday Nora!

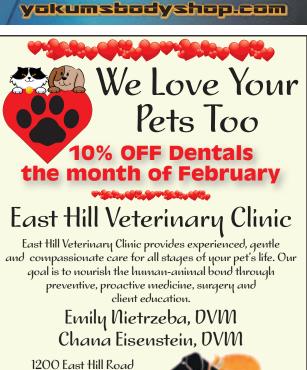
Happy 3rd birthday, Nora! We are so lucky to have such a happy, fun, loving little girl in our lives! Thanks for choosing us to be your family. Love, Daddy, Mommy and your big sister Jazmin and big brother Luke.



## Congrats Luke!

Luke has been working hard racing his BMX bike. He has gone from novice to intermediate in only 6 months. We are so proud of how good his is doing in school making student of the quarter and how hard he works out on the track at every race!! Way to go Luke, keep up the good work. Love, Dad, Mom, big Sister Jazmin and little sister Nora.

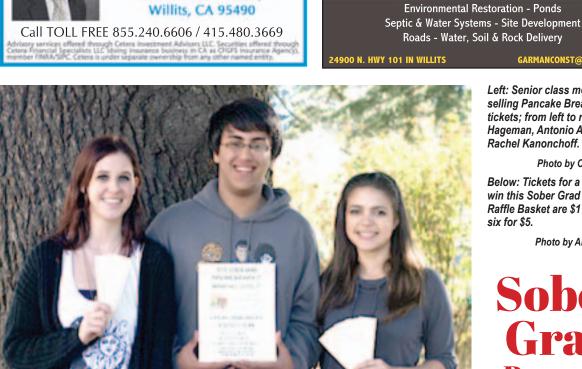




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Left: Senior class members selling Pancake Breakfast tickets; from left to right: Izabel Hageman, Antonio Amador and Rachel Kanonchoff

GARMAN

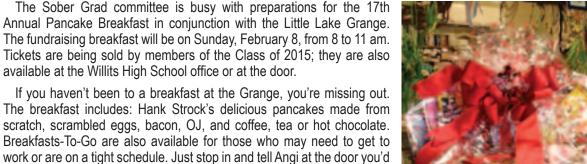
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Photo by Olivia Cooper Below: Tickets for a chance to win this Sober Grad Valentine's Raffle Basket are \$1 each or

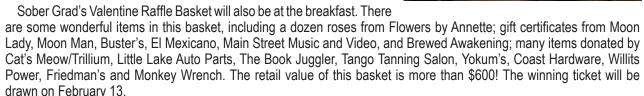
Photo by Annette Pinon

# Sober Grad **Pancake** Breakfast benefits safe

graduation party

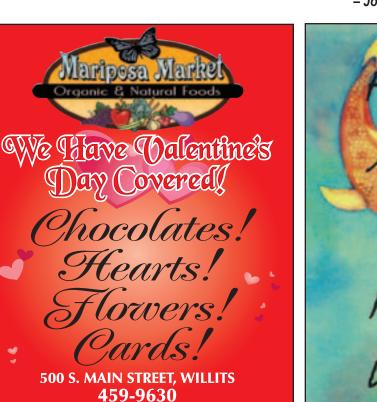


like a Breakfast-To-Go! The committee is also holding a Tupperware sale at Sunday's breakfast. Order sheets and samples will be available for attendees. Tupperware gives Sober Grad 40 percent of all sales, and local rep Cyndy Sales donates all of the sales tax, so this is a great time to stock up. Tupperware is a great food storage system; however, it can also be used to store non-perishables, such as items that would go into a Survival Kit, as it keeps everything airtight. Tupperware makes great gifts for Valentine's Day, Mother's/Father's Day, birthdays, graduation and other special days.

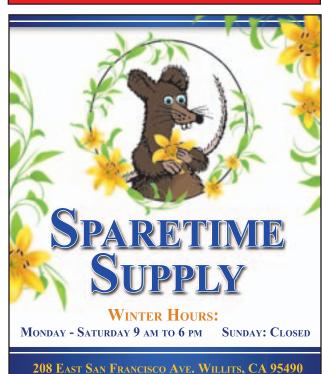


Don't miss this important event. All proceeds go to put on a drug- and alcohol-free party for all Willits- area graduating seniors. For more information call Angi Edgar at 459-2260 or email WillitsSoberGrad@gmail.com

- Joyce Waters, for the Sober Grad committee











Bypass | From Page 1

cleanup work at the site has been completed. Two concrete viaduct columns at the bridge site were removed over the weekend.

"That's some of the first steps." said Frisbie, "and we will be evaluating more of that [concrete] pour and how much can be salvaged.

If weather forecasts prove true, the Willits area could be due for heavy rain. The National Weather Service has issued a notice for potential flooding and high winds in the Willits area.

Frisbie noted recent dry weather allowed for more bypass work to be done this winter than if there had been normal rainfall.

On the southern end of the bypass project, from the beginning of the project to Center Valley Road, a number of components have been completed or need only a few more things done to be completed.

Caltrans says the Haehl Creek Bridge foundations and abutments are now completed.

"Due to a short work window and this report was written on Saturday.

From Page 1 Fund

association boards of directors. In the case of Mendocino County, MCERA directors determine how much the county will pay annually to support its retirement system, and the county must pay it.

Probably the biggest step taken by MCERA this year was lowering the expected rate of return on its investment from 7.75 percent to 7.25 percent. That move automatically increased both the Accrued Actuarial Liability (AAL - the total amount the county thinks it owes to current and past retirees: \$584.5 million) and the Unfunded Accrued Actuarial Liability (UAAL – the difference between what the county needs and what it has now) by \$50.2 million.

The UAAL grew from \$131 million in 2012-13 to \$179.5 million today. To cover the widening gap, the county's annual contribution jumped from \$14.5 to \$18.65 million. Over the past 15 years, the county's contribution has increased more than four-fold. In 2000, it was \$3.7 million; in 2006, \$4.9 million; in 2010, \$9.5 million; in 2012, \$11.8 million.

One factor in the increase of the county's MCERA contribution is continued expansion in the number of inactive or retired retirement association members compared to working county employees. On June 30, 2014, there were 1,328 retired MCERA members, as opposed to 1,081 active the can down the road." county employees.

Another component of the increase is the current system of paying down the UAAL. In 2011, MCERA adopted a plan to pay down the UAAL over a 30-year period. The task was so daunting in the financial environment at the time that MCERA's payment plan didn't even cover the interest on the UAAL. Called "negative amortization," under this plan – despite contributions from the county of \$9.5 to \$11.8 million the UAAL continued to increase.

MCERA attempted to correct that trend in 2013, when it himself an accountant. adopted a complicated plan under which old portions of the UAAL would be paid off under the 30-year payoff plan, and newer portions of the UAAL would be paid off on an 18-year

As time moves forward, less and less of the UAAL will be it decide to issue more subject to the 30-year plan, and an increasing percentage of it will be amortized under the 18-year plan. With this new payoff system in place, the MCERA UAAL held steady at \$131 million for two years, until the MCERA board decided to lower its expected rate of return on investments.

During discussions on the issue, Supervisor Dan inequity," in which the Hamburg referenced the trend over the past decade. "I can see there is a general curve here on how things are going. Is there any way to bend this curve back the other way?"

Segal Consulting Vice President Andy Yeung responded: "The contribution rate will stay flat, at 33.3 percent. So in order for the contribution rate to come down, we would have to have actuarial gains. Good earnings would be one [possible cause of actuarial gains.] "There could be other that issuing more POBs reasons why the liability would not come as fast as we've was not an option.

Ross From Page 1

The hospital where Ross was sent is a 140-year-old Napa County facility currently battery victim and a witness told her Ross treating 1,183 patients, according to a was not staying away from the bar and the recent census: 305 of those patients had been found incompetent to stand trial.

In the John's Place fire, Ross faces charges of arson, felony burglary and brandishing an imitation gun. Police and law enforcement encountered

her during the bar fire November 14. Two days earlier, on November 12, a judge had issued a bench warrant for Ross in a at John's Place from October 24 through different court case

The fire destroyed a convenience store, the decades-old bar, and a popular

In a misdemeanor battery case, Judge David Nelson granted Ross release from county jail on October 22 if she agreed to stay away from John's Place and from the battery victim, according to court records.

Deputy DA Caitlin Keane filed a November 10 petition asking the court to revoke Ross's release and issue a restraining order against

Keane cited events in which Ross did not follow the terms of her release, court documents state.

Judge John Behnke issued a bench warrant for Ross November 12 and ordered that she not be released again, and that police could not cite and release her.

Willits Weekly | February 5, 2015

before the January 22 collapse.)

suspension

of Corps permit

suspended and will resume in June

2015, and be completed in October

2015," the report stated.

E20/N101

except for

deck grooving.

and deck grooving.

deck grinding.

reports foundations and

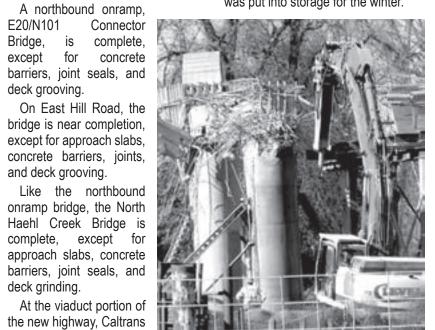
columns are complete for

Bridge,

June 2014, work on

Haehl Creek Bridges is

Near the northern interchange, some utility relocation work continues. Heavy equipment has been operating in the area between the railroad crossing and the creek, where a crane was put into storage for the winter.



A Cleveland Wrecking Company hydraulic jackhammer slowly takes down one of the two giant cement pillars on all eight frames. (Again, the north side of the Willits bypass falsework collapse

Photo by Jennifer Poole

important factor," Yeung said In fiscal year 2013-2014, the MCERA investment portfolio performed extremely well, increasing its overall assets by 18 percent compared to the losses sustained during the Great Recession of 2008-2009, during which MCERA's

expected, but having good earnings is by far the most

However, because MCERA uses a smoothing technique to blend one-year highs and lows into a more gentle pattern, the one-year gains from 2013-2014 won't automatically translate into a lower contribution from the county. While the rate of return on investment over the past five years is 13.75

Another reason for the continued upward trend of the

supervisors are generally opposed to issuing pension obligation bonds. The county has issued such bonds twice in recent memory, and those moves are now seen as "kicking

MCERA board member

Yeung had said, "Blame the accountants." Yeung is

pension obligation bonds. Sakowicz said Carter had told the board in 2013 that issuing another POB is an example of "generational current generation foists its debts off on future

According to Sakowicz. supervisors then in office appeared to realize Carter was serious and agreed

Keane stated in the DA's request that the

Keane recorded her talks with the pair and was also working to get video surveillance from John's Place that showed what was

In the petition, Keane said she was given Willits Police Department records that show call logs documenting Ross's presence October 27. In a database of court cases from 2000

to present, Ross's past at the courthouse includes more than 10 court cases for criminal charges, civil domestic violence, family law and driving. The events Keane cited include threats

Ross made at John's Place and an incident in which Ross broke a window in the bar owner's vehicle The DA's other case against Ross

includes a charge for alleged vandalism which occurred October 26. The DA accuses Ross of felony vandalism

of neon signs, the bar owner's car, and a Willits police car. Ross pleaded not guilty in both cases. A

court hearing to review the status of Ross's placement at the state hospital is scheduled for March 20.

assets suffered a loss of 16 percent.

percent, the return over the past eight years is 6.95 percent.

county's contribution is that

and radio talk show host John Sakowicz answered an earlier question posed by Hamburg: "How did we get so upside down on

Sakowicz reminded the board that Ukiah attorney Jared Carter threatened to sue the county should

Kinion admitted the logistics of her position, including countywide travel time, limit her capacity, but is hopeful about the

Pinizzotto said the program will emphasize data collection to track reductions in the number of arrests, incarcerations, and hospitalizations, and ensure program

It is currently funded by almost \$350,000 in Wellness Grant funds and Intergovernmental Transfer Act dollars, although the county had requested additional funds to cover a vehicle, which the Sheriff's Office will provide.

Patients' Rights Advocate Barbie

Svendsen said over the last six months for, or respond to, phone messages.

Record | From Page 1 The rest of

request for public information.

Angelo offered to reconvene the county's Policy Committee to discuss how to revise the policy. Board Chairwoman Carre Brown directed Angelo to do that

Angelo named manager of water agency

In other news, supervisors confirmed Angelo as general manger of the county's water agency. The action was taken as a consent calendar item on the board's agenda. It was pulled only so McCowen could mention the action was being taken. The board approved the item unanimously and without discussion, nor did Angelo say anything about her new assignment.

Part of the resolution taking the action includes the direction for Angelo to prepare a water agency action plan and to submit it to supervisors within 90 days.

#### Drell urges county action on cell phones

Willits-area resident and environmentalist David Drell informed supervisors that France has taken action to make the use of cell phone technology a little safer in that country. Drell said the French Parliament recently passed a law

to safeguard the health of the French people. Provisions of the law include: "When cell phones are sold and advertised, [the French

now] recommend the use of an accessory device, with a headset, to reduce the exposure of the head to radio frequency radiation. Violations of such would face a fine of \$100,000," Drell said.

"Any advertisements promoting the use of cell phones without these accessories should be prohibited, and violations of this should be punished with fines of up to \$100,000

"Anyone selling a cell phone should provide children under the age of 14 an accessory that reduces the exposure of the head to radio frequency radiation.

"Wireless internet technology should be prohibited in places where children under the age of 3 congregate. "Wireless internet in schools should not be allowed

except when teachers are engaged in the act of teaching," "I would submit to you that the county health department could pass a law that included some of these items," Drell

His comments prompted no response from the board.

The rest of

From Page 1 Health |

Supervisor John McCowen guided the Increasing financial transparency board through the reorganization process, which entailed removing several nonboard members and the dissolution of most standing committees into ad-hoc ones. The process will be completed May 1, when annual committee reports are submitted.

Recent hires

Health and Human Services Agency Assistant Director Tom Pinizzotto introduced Joy Kinion, who began work in December as a mental health rehabilitation worker and one half of a countywide "mobile outreach team" that will include a to-be-selected law enforcement officer from the Sheriff's Office. The team is aimed at early intervention and prevention for individuals who otherwise may be at risk of incarceration or hospitalization. providing outreach and case management

assistance for clients. Kinion, a 35-year county employee and founder of the county Family Strengths program, spoke about her methods for mobile outreach. Kinion is also undergoing further training to provide "5150" evaluations (evaluations for involuntary psychiatric holds) for the program.

"We meet people where they are," said Kinion, who explained she has long-term ties to the community, and has begun working on several cases in Covelo and

The team will focus on clients from target areas in the north county, south county, and Anderson Valley, although clients may be referred countywide by community organizations, county workers, and

program's efficacy.

Svendsen, another internal hire by HHSA, began a half-time position August, assisting with countywide advocacy, grievance assistance, and case management, a position the county had struggled to fill. Svendsen explained one of her primary roles is to respond to calls to the requested information that is not patients' rights message line, and connect clients to county services that best meet

As part of an ongoing conversation regarding the inability of the Mental Health

Advisory Board's Financial Committee to access county financial reports and records, the board agreed to move forward with a "clean slate" and work with county mental health services to achieve greater financial transparency for both board members and the public.

The board has been attempting to identify useful financial information from the county and affiliated administrative services organizations over the past year to establish a financial baseline to better evaluate the transition to privatized services. During January's meeting, the board began to implement new communications and reporting procedures to more effectively

achieve that goal. The board hopes to compile a more complete financial picture of the current quality of public services, both from a budgetary standpoint - such as cost per patient - as well as the timeliness and level of care provided to patients in crisis. The board also hopes to understand the bigger picture of how money spent and program

success have changed over time. How to best access this information has been an ongoing source of confusion. Board members say they have struggled to establish regular communication with appropriate HHSA staff to discuss mental health finances, and experienced difficulty in accessing the same financial reports the county is required to provide to the state and

the board of supervisors. Since HHSA's Pinizzotto previously asked that records requests go through him, some board members expressed frustration he had not adequately facilitated those requests.

Pinizzotto explained the delays were caused by a seven-year lag in updating county records, a task completed this month. He also provided other logistical reasons for the absence of financial records including a lack of timeliness on the part of state officials in providing quality monitoring reports. He assured board members he would communicate timely information requests in the future.

Another source of confusion has come from inconsistencies in the regular monthly reporting of the contracted service providers, with both MHAB members and providers repeatedly expressing the need for standardized formatting and data to ensure the reports are comprehensible Board members say they have repeatedly subsequently provided, particularly by Ortner Management Group.

In response, the board will establish a clear protocol and set of information for such she has realized the system needs to be reports to be in place by March, including expanded to better serve clients in crisis or data on response time, psychiatric holds life situations who may not be able to wait issued and rescinded, and other indicators of services provided.

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#### **SPONGE BOB:** SPONGE OUT OF WATER 2D/3D

(PG) 1 hr 32 mins Fri: (2D) 4:30 & 9:00pm (3D) 6:45pm at: (2D) 12noon, 4:30 & 9:00pm (3D) 2:15 & 6:45pm Sun: (3D) 12:45 & 5:15pm (2D) 3:00 & 7:30pm Mon-Thurs: (3D) 5:15pm (2D) 7:30pm

Movie Times for 2/6 thru 2/12



(PG13) 2 hrs 7 mins Fri: 5:25 & 8:00pm Sat: 12:15, 2:50, 5:25 % 8:00pm Sun: 1:50, 4:25 & 7:00pm Mon-Thurs: 4:25 & 7:00pm

JUPITER ASCENDING



- One Week Only -(PG13) 2 hrs 3 mins Fri: 5:45 & 8:15pm Sat: 12:45, 3:15, 5:45 & 8:15pm Sun: 2:15, 4:45 & 7:15pm Mon-Thurs: 4:45 & 7:15pm

THE THEORY

This Week's Tightwad Tuesday Titles are in RED - All tickets: \$5

Starting Friday, Feb. 13th: 50 Shades of Grey



Caption: Fire Academy graduates at the January 23 ceremony, from left to right: back row: Benjamin Mayes, Kristopher Kellem, Brian Gatton, Austin Young, and Fredrick Tiempo; middle row: Johnny Vega, Robert Casey, Jose Jesus Gonzalez, Wyatt Galton, Jorge Jacinto, Jordan Milani-Matthews, Joshua Miller, Brandon Mendenhall-Jack. Daniel Campbell, Kyle Pinson, Wade Sizemore, and Jake Walton; front row: Diego Lopez, Jason lus, Richard Maldonado II, Makenzie Gould, Cristal Tapia, Andrea Pennebaker, Dalton Olson, Peirce Thomas, Alejandra Valderama, Danielle Ward, Jeremy Whitaker.

# 2015 CalFire Wildland Fire Academy graduates

More than 400 family and community members attended the CalFire graduation ceremony at Ukiah High School on Friday, January 23. The 28 high school and adult students in the 2015 class were honored for their completion of the Basic Wildland Fire Fighting Academy sponsored by CalFire and the Mendocino County Office of Education.

All of the students successfully completed 180 hours of firefighting training at the CalFire Howard Forrest training center. Each student was able to earn up to 14 certifications provided by CalFire to qualify for the application process to be a seasonal firefighter in Mendocino County for the upcoming 2015 fire season.

The ceremony began at 6:30 pm with bagpipes accompanying the graduates into the cafeteria. The adults graduating were from the coast, inland and north Mendocino County. The high school students represented Fort Bragg, Ukiah, Willits and Laytonville high schools.

The partnership of CalFire and the Mendocino County Office of Education has produced and certified more than 70 local seasonal CalFire firefighters in the past three years. During the 2014 fire season, 100 percent of graduates were offered employment in the fire service, and made a significant difference in a season filled with many critical fire events in our county.

For more information on the Wildland Fire Academy, or other Career Technical Education opportunities offered through the Mendocino County Office of Education, contact Carlee Prine at 467-5123 or cprine@mcoe.us.



Jesse Donald Harrison of Willits passed away January 27, 2015 at the age of 89. A native of Mountain Pine, Arkansas, he had lived in our community for more than 60 years. Jesse had been a maintenance supervisor for Little Lake Industries for more than 10 years. Formerly a member of the United States Marine Corps, he was active in the Veterans of Foreign Wars and the Masons. He was an avid hunter and trout fisherman, and loved to be outside pruning trees, mowing the yard on the rider mower, weeding, cutting firewood and building fences.

Jesse was a wonderful dad, grandpa and great-grandpa and had a great sense of humor. After each new birth, he would always say, "They're a keeper, a real dandy!" He was married to Louise for 68 blissful years.

Jesse is survived by his loving wife, Louise; son, Jim Harrison; daughter, Glenath Wear; grandchildren: Brook (Heidi) Losh, Jimmy (Candice) Harrison, Denell (Angle) Jessica Mayberry, Nunez, (Jeremy) Alyson Gregg, Kristina (Shawn) Wear, and Aaron (Ashley) Wear; greatgrandchildren: Emily, Andrew, Michael, Nathan, Jesstina, Victoria, McKenzie, Craig, Haileigh, Landon, Emma, Catarina, Caleigh, Maycee, Sophia, and Isabella; his sister, Hattie Mae (Marcus) of Hot Springs, Arkansas; brother-in-law, Jake (Percy) Tanner of Arcata.

The funeral service will be at 11 am on Saturday, February 7, 2015 at the Anker-Lucier Mortuary Chapel, followed by a graveside service with military honors at the Willits Cemetery. A reception will follow at the Valley Oaks Mobile Park Community Hall.

Arrangements under the care and direction of Anker-Lucier Mortuary.

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# Gymnastics for parents & tots

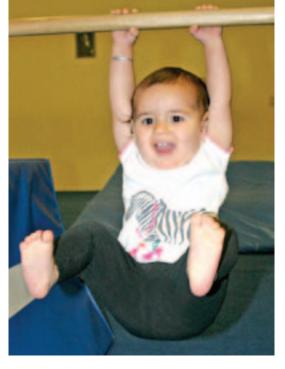
Beautiful Bella, with her mom, Julie, plays on the bar and tackles a floor-level balance beam during Gateway Gymnastics' Parent/Tot class.

Coach Cathy Warren offers four levels of gymnastics: Parent/Tot (for 1 to 2 year olds and parents); Tiny Tumblers (age 3 to 5); Beginning (5 vears+) and Intermediate.

New session began January 5 and will continue through May 22, at the gym at 275 Franklin Avenue. Classes are open until full, and drop-ins are OK when space is available.

Gymnastics "builds confidence, strength and flexibility," Coach Warren says.

Call 459-3855 for more information.















& IEWELRY