

# Contractors and city reach agreement on street use

Zack Cinek  
Reporter  
zack@willitsweekly.com

The city council has approved a plan for the use of Willits' streets by bypass contractors that includes repaving a strip of East Hill Road to the city limit.

Contractors also offered the city \$20,000 for permission to use five Willits streets. The city attorney is finalizing the deal's language, and it will return to the council for final approval.

Freeway builders want to use East Hill Road, East Commercial Street, East Valley Street, Baechtel Road and Shell Lane, according to a City Hall report.

Some members of the community opposed the deal, urging the council to take a tougher stance with contractors and the state.

"It is a David and Goliath situation," said Save Our Little Lake Valley's Sarah Grusky, "it would take guts to stand up to Caltrans and the contractors."

Council members voted 4-1 to accept the deal. Councilwoman Madge Strong, who did not like the deal, cast the "no" vote.

Contractors were using

Read the rest of  
**Street Use**  
Over on Page 9

# Vendors ordinance policy work advances

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A revised policy for Willits' food trucks and other mobile vendors made progress Tuesday during a meeting of the City's Economic Development and Revitalization Committee.

Committee members Ron Orenstein and Tim King are working to craft the ordinance. A draft of the new policy is expected by the committee's next meeting.

"I think you have to look at all sorts of food distributors – there was a lady who had a cart and wanted to sell shaved ice around town," Willits planner Alan Falleri said.

City policy bans food trucks from Main and Commercial streets. Earlier this year, the existing policy was heard by the city council and Revit-Ed committee.

Policies from about eight California cities have been

Read the rest of  
**Vendors**  
Over on Page 9



# Summer's Bounty and Beauty



Late summer is the best time of the year for enjoying fruit and flowers from the Willits valley. Pears, apples and plums are plentiful, and many of them will surely be turned into crisps, jams and pies soon.

However, it is important to be mindful not to allow livestock to freely feed on large quantities of fallen fruit, as colic or bloating can result, and stone fruit pits can cause severe obstructions in animals' intestinal tracks. Rotting fruit can be even worse for animals when consumed. Willits' Mobile Equine Veterinarian Sheri Cronin urges animal owners to contact a vet immediately if there is a suspected issue.

Anyone who has extra fruit that they do not plan to pick or use should contact the Grateful Gleaners, who will come pick excess fruit free of charge and then donate it to local organizations like the Food Bank and Willits Daily Bread.

The Gleaners message line is: 707-513-9489.



# Ryan Creek fish run restoration underway

Work is underway at Ryan Creek to restore a culvert pipe on a private driveway, the second of four fish impediments to be removed from the Outlet Creek tributary.

Operation Saving Private Ryan, the name fish people have given to the project, will remove a 100-foot-long pipe and replace it with a fish-friendly design.

"Two down and two to go," said Scott Harris of the California Department of Fish and Wildlife, formerly the state Department of Fish and Game.

The big dig on Ryan Creek to remove the corrugated metal pipe is funded by a Fish and Wildlife grant. Garman Construction won the bid to handle the excavation and installation of a new gravel-bottomed pipe.

Coho salmon were found in Ryan Creek in recent weeks. Five Counties, a Weaverville-based fish restoration group, has been involved in monitoring Ryan Creek before and after removal of the pipe.

Mark Lancaster, program director of the Five Counties group, said 45 fish were removed from the creek upstream and downstream of the pipe. He said steelhead and three

Coho were taken to an unspecified safe location.

In 2011, the first fish barrier on Ryan Creek, a culvert, was removed and replaced. The next two fish barriers to be removed are two Caltrans crossings on Highway 101. Caltrans currently plans to ask the California Transportation Commission for construction funding for those projects in fiscal year 2015/16.

Willits Weekly reported last week that juvenile coho salmon were sighted in Ryan Creek, a development Lancaster was excited to hear.

"That is huge, that particular age group of coho has been missing for years," Lancaster said.

The project is financed through a Fish and Wildlife grant of \$280,000.

Some finishing touches will put on the site when the pipe comes out and the new arch installed. A water hole at the pipes outlet will be restored also.

Trees taken during construction of the Willits bypass will be added to the stream. "We are going to put in four big trees with root wads attached," Lancaster said.



At left: Ross Taylor, left, and Tom Grey relocate fish from a pool in Ryan Creek downstream of the road

Photo courtesy 5 Counties



At right: The "Big Dig" on Ryan Creek

Photo by Zack Cinek

# Willits residents asked to cut back their water use

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Willits residents have been asked to cut their water use by 10 percent, following the city's declaration of a "Phase I" water emergency. The council approved the declaration after area lakes dipped below levels that trigger conservation measures earlier this month.

The city hopes the voluntary reductions will ward off mandatory cuts.

"We have been close for some time, and have just now gone under our trigger, and we think that [voluntary cuts] would be prudent," City Engineer Tom Mannatt said.

City Manager Adrienne Moore said the city is doing its part to save water, cutting irrigation in parks by 25 to 50 percent. Automated timers have been installed to water more effectively and to save employees from turning valves on and off, she added.

Centennial Lake, visible from Highway 101 south of town, encountered an algae

Read the rest of  
**Water**  
Over on Page 9

# Court orders county

to issue Hamburg home burial permit

Mike A'Dair  
Reporter  
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Superior Court Judge Cindee Mayfield ruled last week that Mendocino County must issue a burial permit for the home burial grave of Carrie J. Hamburg, and must also issue a death certificate stating Hamburg is officially dead.

Carrie Hamburg was the wife of Second District Supervisor Dan Hamburg. She died March 5 and was buried March 8 on Hamburg's 46-acre Boonville Road property southwest of Ukiah.

Because the death certificate was not accompanied by any special permit to bury human remains on private property, the Mendocino County Department of Public Health refused to accept it. Absent that

Read the rest of  
**Hamburg**  
Over on Page 9



# What do YOU think?

Opinions, thoughts and thank you letters from readers



## Apple pie and Sons of the San Joaquin

To the Editor:

I know there are some folks out there who still know how to bake a great pie ... and some that have never even tried, but know that they surely could, if they wanted. Saturday, September 14, we're looking for everyone who can, and will, bake an apple pie! The 3rd Annual Apple Pie Throwdown takes place at 2pm, Saturday, September 14, at Emandal – A Farm on a River. Come early to swim, enjoy the gardens, or picnic on the apple tree lawn.

Last year, Emma Chow won a prize for Best Filling with the pie she made from a recipe she got from the Joy of Cooking. It was her very first pie! The judges found Kathryn Sterngold's pie to be exceptional, and awarded her Best Overall. At the same time all the tasters decided she should get the coveted People's Choice Award. Kathryn has consented to be one of the judges for this year's event. If we're lucky, she'll bring one of her pies! Along with apple pie tasting (with homemade ice cream if you choose), join us for a 3 pm concert of great cowboy harmony with The Sons of the San Joaquin. Poetry will burst forth with an Open Mic at 2pm ... and both prose and poetry from one of Nevada's finest, Carolyn Dufurrena.

To enter the Throwdown, please contact Tamara Adams at 459-9252 or tamara@emandal.com.

This 7th Annual Not JUST Cowboy Poetry is a benefit for Willits Friends of the Library and Willits Daily Bread. Without our sponsors, we would be bereft! Hats off to Willits Redwood Company, Yokum's Body Shop, North Coast Plumbing, SHN Engineering, Alfred F. Kerr, D.D.S., Sparetime Supply, John Ford Ranch, Savings Bank of Mendocino County and East Hill Veterinary Clinic.

Tamara Adams  
Emandal, Willits

## Good one, Lanny!

To the Editor:

When I read Lanny Cotler's letter in the Willits Weekly on August 15, my first reaction was "Huh? Did you really write those things?"

The Rules: **LETTERS**

Letters & Commentaries: Email letters to willitsweekly@gmail.com. Letters from area residents, focusing on Willits issues, activities, events and people, have priority. Typed letters can be sent to Willits Weekly, P.O. Box 1698, Willits, CA 95490, but email is preferred.

Letters & Commentaries must have a name, address and phone number, although only the author's name and city of residence will be published. No anonymous letters will be published.

Willits Weekly

Willits Weekly is a locally owned independent newspaper, founded in 2013, covering the greater Willits area.

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I have known Lanny for a number of years, and I find him to be one of the smartest, interesting and annoying people I have ever met. And I mean annoying in a good way, because Lanny has the ability to get people to venture out of their comfort zone in order to explore and consider ideas that they wouldn't ordinarily do. I have enjoyed many stimulating conversations with Lanny, even though we rarely agree on anything, except maybe the weather, and even there we have often disagreed.

It's raining today! Rain, this is nothing! Practically tropical! You don't know what real rain is!

Like that!

Anyway, I was taken aback at Lanny's suggestion to import out-of-the-area celebrities to take up the cause to stop the bypass. His reasoning seemed to be that the local opponents weren't effective enough in their efforts, and the bypass opposition was waning. He didn't address the fact that maybe, just maybe, opposition was waning because the majority of people really do want the bypass to be built. But that's another story.

What surprised me even more was the suggestion that big gun celebrities like Bishop Tutu, Robert Redford and Jimmy Carter should be imported to fight the fight. I have no doubt that Desmond Tutu would drop everything and jump on a plane to come here to fight to stop the Willits Bypass. Human rights? How important could that possibly be when faced with the specter of the "Bypass From Hell"? He would be here in a heartbeat!

And the idea that Lanny would even suggest bringing in outsiders to fight for the locals was even more astounding when I considered how much he really hates outside interference in local affairs.

After I had spent a few days muttering about how my good friend must have really lost it, and writing – in my head – a scathing reply to his letter, it occurred to me what he was really doing, and what was the hidden meaning in his letter.

Lanny is a very clever duck, he is, being aware that sometimes the direct approach is less effective than a more circuitous route. You know, the old strategy of reverse psychology: suggest a particular course of action when in actuality you want people to do just the opposite.

Any parents out there know how it works with their kids: "Don't you dare eat your spinach. If you do, I'm gonna punish you by making you play video games all day!"

At some level, Lanny is aware that many locals don't take him seriously

when he writes one of his rants, and by suggesting that celebrities from the outer world be brought in, he realizes that most people would reject that idea without having to really think about it. So in my personal "Eureka Moment," I got what his real, underlying strategy was. Lanny was really trying to generate support for the bypass by suggesting some outrageous plan to bring in outsiders to do something that locals weren't capable of doing.

Of course, this could backfire, stimulating the bypass opponents to a frenzied pitch. Either the prospect that they had to step aside to be rescued by outsiders or the knowledge that "the cavalry was coming" could serve to re-energize them. But it was a calculated risk on Lanny's part, because he had already observed that the "Moment of the Opponents" had passed, and it was very possible that they had already "shot their wad," and the only tactic left to them is to sit in trees that have no bearing on the bypass project.

On the other hand, Lanny's call to arms by bringing in the celebrities could also energize the bypass supporters who generally haven't made their presence known very much. The general feeling is that it's gonna happen, so there is really no need to make any noise about it. The prospect of having celebrities imported to take up the fight to oppose the bypass could energize the supporters into taking possession of the field of battle before the celebrities arrive.

Yep, that's the ticket! Lanny is subliminally trying to generate interest and action to once and for all get the bypass supporters – or Bypass Acceptors as we prefer to be called – to get off their duffs and make their feelings known

Way ta go, Lanny!

Ron Orenstein, Willits

## Water aerobics thank you

To the Editor:

To my dear water aerobics friends: I am so glad we got together for a while on the last day. I wanted to say so much. I am truly touched and overwhelmed by your love, kindness and generosity. What a joy and privilege it is to be a part of our class.

Both Lu and I appreciate all your good thoughts and prayers. We feel so very blessed. Looking forward to water aerobics in 2014. Until then, let's keep in touch, and keep moving. All my love.

Sylvia Welykholowa, Willits

## An open letter to the acceptors

It has been said that we will be known by the company we keep.

Let's consider some of the acceptors that have come before. A short while ago many accepted that there was nothing that could be done about apartheid in South Africa. Not so long ago most of America accepted that it was OK to force young men into the military to go kill people in south east Asia. It was called the draft. Then there was the huge numbers of people in the southern states of the US that accepted segregation. How about the acceptance that women should not vote or own property. Go back a little further and you had much of the country accepted that those with dark skin were less than human and could be

owned as property. And let us not forget the large scale acceptance of the killing of many of the original inhabitants of this land and forcing the rest into reservations. And how about the founding of this nation. Most people of that time accepted that we were a British colony (and should remain one) subject to the taxes and whims of a King thousands of miles a way who claimed his right to rule came directly from God.

Is this the company you want to be known to keep?

In each of these cases a small minority recognized that there was a better way. Over time the rest of the people came to see the better way too.

Here we are again, where some in Willits have seen a better way and the acceptors do not see it yet.

Tim Rice, Willits

## Against bypass protesters

To the Editor:

Mary Burns, if anyone should be ashamed it's not the hard-working contractors and laborers on the bypass job, it is you!!

These workers are doing a job, supporting a family, enhancing the local economy and contributing to the tax base. When they rent a room in a local motel, eat at a local restaurant, buy gas at a local station or do anything else in Willits, they are contributing to the local economy. They didn't ask to come to here. They were hired to do a job, and that is what they are doing. If you can afford to be choosy about the work you do, if you work at all, then lucky you. Most people don't have that option.

Lanny Cotler, did it ever occur to any of you protesters that you can't get the locals to join you because we don't agree with you? Think about it. If more local people supported your position those people would be out there, but they don't. Nor do we support the position you are pushing of bringing in outsiders to protest. We don't want them here!

I've watched the push for the bypass for many, many years. I've also watched the traffic become more and more difficult to deal with. I've watched the building of the Healdsburg bypass and how that city has done since. I watched Cloverdale residents stand along the highway (the main street) all summer handing out flyers asking travelers stuck in traffic to make phone calls to get their bypass built. I watched the building of the Cloverdale bypass and what they have done since. The more I've seen the more in favor of our bypass I am.

You, Mary Burns do not speak for me, and it's time you stopped trying to. I do not agree with you, I do not support you.

Have you thought about what happens if you get the bypass stopped? Obviously you haven't. If you get road construction stopped, do you really believe someone, maybe one of you, is going to snap your fingers, wave a magic wand and have what's already been done, be undone? Get real!! If construction is stopped everything will be left exactly as it is. The trees won't be put back, the hills won't suddenly look like they did six months ago. Caltrans and the contractors will pick up their equipment and leave! There will be no money available to undo what's been done.

You are entitled to your opinion, yes. You are not entitled to shove that opinion down the throats of others.

Susanne Ireland, Willits

# Community News

Heartwarming stories & local tidbits

Above: massive dahlia blooms are an impressive sight

Below from left: Kathy and Phil Shuster have an American Gothic moment at their farm; roses and dahlias in bloom; Kathy's recently planted "spring bulb" bed

See more photos from the beautiful garden at <http://photographress.zenfolio.com/gardenparty>

The perfect weekend for

## 'A Garden Party'

Members of the Willits Rotary Club and the Willits Educational Foundation – and students from our Willits schools – will again welcome guests to "A Garden Party" this weekend at Phil and Kathy Shuster's home on Center Valley Road.

The party, from 4 to 8 pm on Saturday, August 24, is the premier fundraiser for the Educational Foundation, and is supported by the Rotary Club. Guests can enjoy wine, beer, ice tea and lemonade, as they stroll through the beautiful ornamental gardens. Tia Lawrence will be serving at the Cosmopolitan Bar. Menu items this year include trip-ti and oysters fresh off the barbeque, as well as a variety of bite-sized hors d'oeuvres for all tastes.

After enjoying selections from the vast array of appetizers, guests can stroll through the silent auction tables, bidding on a variety of items, including jewelry, wine, ceramics

and art pieces. There will also be prize drawings for items donated by local individuals and businesses.

Throughout the afternoon and evening, live music will be provided by The Basics, with Willits High School students providing recorded intermission music. The Shusters' driveway, turned in to a spacious seating and dance area, is the perfect spot to watch and listen and, yes, dance.

Proceeds from this annual event benefit schools in the Willits Unified School District, promoting art, music and library programs. Tickets are available in advance from Goods' Shoppe, Willits Furniture, Cat's Meow, Main Street Music, and members of the Rotary Club and WEF. Advance tickets are \$20. Tickets are \$25 at the gate. For information or tickets, call: Rotarian John Cross, 485-2274; Sue Bertsch, 459-2030; Kathy Shuster, 459-2659; or Warren Lewis, 459-4429.

Above left: Grapes hang from the vines; above right: just one of the many lovely angles of the Shuster garden

Photos by Maureen Moore

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(PG13)

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Sat/Sun Matinee: 1:30pm

WE'RE THE MILLERS

(R)

Run Time 1hrs 50mins

Daily: 3:45, 6:15, 8:45pm  
Sat/Sun Matinee: 1:15pm

KICK ASS 2

(R)

Run Time 1hrs 43mins

Daily: 3:30, 6:00, 8:30pm  
Sat/Sun Matinee: 1:00pm

57 East Commercial Street - Willits

Tight Wed Tuesday film  
Kick-Ass 2 & We're the Millers  
with All Shows, All Ages @ \$5

COLUMN | The Medicine Chest Garden

This is a good year for blackberries, which are ready to harvest now.

The berries are not only tasty, but are also strengthening to your circulatory system and lower blood pressure. Blackberries are high in rutin and hesperidin, which are strengthening and healing to the walls of the blood vessels. They also act as antioxidants, helping to reduce free-radical damage.

Blackberries can be eaten as a fruit, and they also make a delicious vinegar, syrup or cordial.

Less well-known is the medicine in the leaves and roots. Both are astringent and have been used for centuries to treat diarrhea and dysentery. There is a story told about Native Americans using it and surviving a dysentery outbreak, while the white settlers, who lived on the other side of the river and did not take this remedy, did not survive.

The leaves are a more gentle astringent, and are safe to use as a tea for diarrhea in children. (Dry leaves are crumbled and steeped 5 minutes in boiled water in a teapot with a lid.) Externally, a washcloth soaked in a root or leaf tea can be used as a compress for minor burns or wounds.

[This information is not intended to diagnose, prescribe or replace the advice of a qualified health professional.]

## Summer Berry Cordial

- 2 cups whole fresh blackberries
- 2 tablespoons finely chopped rose hips
- 3 cups brandy (or enough to cover berries by 2 inches)
- 1½ cups honey to sweeten

Crush berries slightly with a potato masher and fill a glass jar with the fruit. Pour the brandy over, filling the jar to the top. Put the lid on and label: date and contents (check every day or so to see if more brandy needs to be added to keep the fruit covered). Let sit for two weeks.

Decant by pouring the contents of the jar through a cloth placed in a sieve over a bowl. Let the liquid drip through the cloth. Measure the liquid: traditionally one-half part sweetener is added to one part of the alcohol liquid.

Other sweeteners could be maple syrup, rice syrup, fruit concentrate, molasses or stevia.

This recipe comes from "The Herbal Kitchen," by Kami McBride, an herbalist who lives in Davis. It contains many suggestions for incorporating herbs into our daily fare.

Donna D'Terra is a Willits area herbalist who has been teaching herb classes for 25 years. She may be contacted at motherland@pacifi.net.

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Pg.2

Willits Weekly | August 22, 2013

Willits Weekly | August 22, 2013

Pg. 3



In the Stars...

**ARIES**  
Mar 21 - Apr 20

Now is a great time to explore new culinary horizons, Aries. You just may find a new type of cuisine that you never would have anticipated liking.

**TAURUS**  
Apr 21 - May 21

Taurus, if you feel like there haven't been too many opportunities to socialize with friends, host your own gathering of friends and family. Start planning now.

**GEMINI**  
May 22 - Jun 2

Gemini, sometimes forgetting responsibilities and acting like a child for a day can be good for the spirit. Take a mental health day and don't let worries get you down for a few hours.

**CANCER**  
Jun 22 - Jul 22

Cancer, make travel plans before the summer passes you by. There has never been a better time to get out for a road trip or book a weekend jaunt to somewhere special.

**LEO**  
Jul 23 - Aug 23

Leo, it can be difficult to upstage you, but someone else steps into the spotlight at work and it has you reeling for a little while. Be the bigger person and offer congrats.

**VIRGO**  
Aug 24 - Sept 22

Virgo, you might be ultra careful when choosing friends, but keep in mind those closest to you have been there through thick and thin. Remember that this week.

**LIBRA**  
Sept 23 - Oct 23

Libra, despite the many changes you have made, you still don't feel completely satisfied. You can't put your finger on what is off, but you will get to it eventually.

**SCORPIO**  
Oct 24 - Nov 22

Scorpio, you have heard the saying that you catch more flies with honey. Be prepared to lay the honey on especially thick this week. Have fun with it.

**SAGITTARIUS**  
Nov 23 - Dec 21

Sagittarius, it's hard to smile when you are feeling upset. This is not the week to let your true feelings show, though. Get through your obligations first. Exercise doesn't have to mean time in the gym.

**CAPRICORN**  
Dec 22 - Jan 20

Capricorn, if you have been thinking about getting active to shed a few pounds, then try something fun like playing a sport. Exercise doesn't have to mean time in the gym.

**AQUARIUS**  
Jan 21 - Feb 18

Certain aspects of your life are a work in progress, Aquarius. Other things you have under control. This week, focus on the things that may be holding you back.

**PISCES**  
Feb 19 - Mar 20

Pisces, while creative pursuits tickle your fancy this week, some more mundane tasks require your immediate attention.

Crossword Puzzle

|    |    |    |    |    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|----|----|----|----|
| 1  | 2  | 3  |    | 4  | 5  | 6  |    | 7  | 8  | 9  |
| 10 |    |    | 11 |    |    | 12 |    | 13 |    | 14 |
| 15 |    |    |    | 16 |    | 17 |    |    | 18 |    |
|    | 19 |    |    | 20 |    |    |    | 21 |    |    |
|    | 22 |    |    |    |    | 23 |    |    |    |    |
|    |    | 24 |    |    |    |    |    | 25 |    |    |
|    |    |    | 26 |    |    |    |    | 27 |    |    |
|    | 28 | 29 |    |    |    | 30 | 31 |    |    |    |
|    | 32 |    |    |    |    | 33 |    |    |    |    |
|    | 34 |    |    | 35 |    |    | 36 | 37 | 38 |    |
| 39 |    |    |    | 40 |    | 41 |    |    |    | 42 |
| 43 |    |    |    |    | 44 | 45 |    |    |    |    |
| 46 |    |    |    |    | 47 |    |    | 48 |    | 49 |
| 50 |    |    |    | 51 |    |    |    | 52 |    |    |
| 53 |    |    |    |    | 54 |    |    |    | 55 |    |

CLUES ACROSS

- 1. Current unit
- 4. Antidiuretic hormone
- 7. "What's up?"
- 10. A female domestic
- 12. Animal catching device
- 14. Large tailless primate
- 15. Forearm bones
- 17. Agarwood oil
- 18. Japanese waist pouch
- 19. 36th President
- 22. Largest Mediterranean island
- 23. Nicklas Grossman's birthplace
- 24. Point that is one point E of NE
- 25. 1841 Rhode Is. rebellion
- 26. Largest CA city
- 27. Michigan
- 28. Visualized
- 30. Remain as is
- 32. The Volunteer state
- 33. Chinese painter Zhang
- 34. Small young herring

CLUES DOWN

- 1. A Dalton (physics)
- 2. Shopping complexes
- 3. Chinese transliteration system
- 4. Lack of normal muscle tone
- 5. Clobber
- 6. Pilgrimage to Mecca
- 7. Divine language of Hinduism
- 8. A sudden outburst
- 9. Laborer who does menial work
- 11. Move to music
- 13. Unit of loudness
- 16. Suitable for use as food
- 18. Financial gain
- 20. 14760, NY
- 21. Possessed
- 28. Saddle foot supports
- 29. Encircle with lace
- 30. Hindu religious teacher
- 31. Haulage
- 34. Faucet
- 35. 1509 Portuguese/Indian battle
- 37. Good Gosh!
- 38. Frame-ups
- 40. Pentyl
- 41. Covered with ivy
- 42. Painting on dry plaster
- 43. Colombia's 3rd largest city
- 44. Short fiber combed from long
- 45. Tolstoy's Karenina
- 49. Cologne

Food, glorious food There will always be an England

*Editor's Note: Another in a series of articles by Willits Weekly's foreign correspondent Louis Rohlicek about his recent adventures in England.*

My wife, Sally, and I were in England to visit with Sally's relatives. In between visiting family, Sally and I would stay in hotels, or pubs with lodging, in order to relax and explore the countryside.

Every hotel or pub we stayed in had a kitchen and a dining room. Some of the dining rooms served dinner. All of the dining rooms served breakfast. It came with the cost of the room. The breakfast of choice in England is called "The Full English Breakfast."

While traveling, Sally and I have different breakfast habits, though they both entail walking.

Sally goes for a long, brisk morning walk, taking anywhere from an hour to an hour and a half. Then she has a light breakfast.

I take a short, brisk walk to a dining room (after I've bought the morning paper), and eat a big breakfast, with plenty of coffee. The Full English Breakfast is right up my alley.

The items on the Full English Breakfast are not to be trifled with. They never vary, though you can omit items upon request. They include: two eggs; bacon or sausage (vegetarian sausage for us vegetarians); a half of a grilled tomato; lightly fried mushrooms; baked beans; toast (white or brown bread); tea or coffee.

A new item seems to be creeping into the Full English Breakfast, probably to accommodate the anxious yearning voiced by American tourists: "Got any hash browns?" Fully aware of the "special relationship" between the Yanks and the Brits, spanning several wars, the Full English Breakfast is haltingly admitting potatoes. The English hash browns are not scooped up, sizzling and greasy off the griddle. These things have to have time to evolve. But some dining rooms are including little hash brown wedges as well. It's a start. As an American eater, I was very appreciative of the little wedges.

The Full English Breakfast is pretty tasty. So is most other English food. And yet, in the U.S., England has a reputation for food that is bland, unimaginative, limp, and tasteless. English food is the butt of jokes and cliches.

I admit there are things in England that don't rank high in the world of haute cuisine. There's the Marmite, for example. It's a dark brown paste made from yeast extract, a by-product of brewing, invented in the late 19th century. It's very salty. You spread it on buttered toast. The English are very fond of it.

Some foods are often all about what you're used to and what you've grown up with. These things don't always translate well into other cultures. Just try offering a yummy peanut butter and jelly sandwich to the French.

It's also true that certain American specialties tend to lord it over their foreign imitators. I'm talking about hamburgers, of course. If one is used to Big Macs and Triple Whoppers, the burgers at Wimpey's (the English hamburger chain) are guaranteed not to please. Americans are the world experts on making hamburgers. Our bodies pay a hefty price, but we're number one.

Then again, except for fish and chips, the English aren't really fast food eaters.

It's not a unique observation to note that when it comes to food, we Americans are a timid bunch. We stay away from some of the world's interesting foods, because they may contain yukky things. When it comes to food, we are not bold.

To be bold, however, means overcoming certain prejudices. A friend of mine in Willits blanchd at the idea of eating traditional English "steak and kidney pie." "It's got kidneys in it? No way! Nooo way!"

During one of my first visits to England, way back before I became vegetarian, I observed Sally's uncle, John Sowrey, a retired test pilot for the Royal Air Force, make a steak and kidney pie from scratch. He rolled out the dough and put it in the pie tin. He cut up the steak and the kidneys and sauteed them with onions. Other vegetables went in. He made a brown gravy. The meats, veggies and gravy went into the pie. He closed the top with more pie dough and pinched the edges. Then, into the oven. It was light brown, when he took it out, the gravy bubbling through cracks in the crust. A tossed green salad. A bottle of claret. A feast.

As vegetarians, Sally and I chose not to eat the various meat pies, roasts, meat puddings ("pudding" here is not to be confused with that goop made from Jello packages), sausages, and other meat dishes in English cuisine.

But believe me, we were not deprived of delicious food.

While recovering from jet lag in the Earls' Court district of London, we ate in various restaurants available in our neighborhood. But our favorite place to eat was The Blackbird, the corner pub near our hotel. There we dined on savory pies. Sally would have a cheese, broad bean and tomato pie, baked with traditional pie crust. I had the cheese and squash pie, baked in puff pastry. Sally ate her pie with "new potatoes," while

Congratulations Column



Travis weds Bonnie in Kenwood

Dawna Allen, Don McEdwards and Kirk Mather are proud to announce the marriage of Travis Mather to Bonnie Garlock, the daughter of Shanti and Dewitt Garlock of St. Helena.

The wedding took place June 22 at Kenwood Farms and Gardens in Sonoma County. Bonnie teaches fifth grade in Napa, and Travis coaches baseball and manages the local aquatic center in Glen Ellen, where the couple will make their home. Travis' mom, Dawna, is thrilled to have another teacher in the family and looks forward to many grandchildren. Congratulations, Bonnie and Travis!

Condolences Column



Duane Brown 1942-2013

OBITUARY | Duane Brown

Please join us for a Celebration of Duane Brown's life on Saturday, August 24, 2013, at 1 pm in the OHL Redwood Grove in Brooktrails. The Willits Lions Club will be catering a reception to follow.

Duane passed peacefully on Wednesday, August 14, 2013. Duane was born in Eureka, on August 17, 1942. He was raised in Garberville, where he discovered his love of fishing and hunting. Duane has always enjoyed the outdoors. He was avid about preservation and respect for the land and its animals.

Duane worked as a banker for 20 years; some of those years he worked as a traveling banker, where he found a fondness for Willits. For the past 33 years he has owned and operated Brown's Corner in Willits. He prided himself in owning the only locally owned gas station in town. Duane was very active in our community. He was a friend to all. He spent countless hours and resources volunteering for several different organizations. Although Alzheimer's stripped him of his memories, it never stripped him of his true self: his core stayed intact. He continued to be the patient and kind man he always was.

Duane was a gentle, loving and caring example as a husband, father, grandfather and friend. Duane is preceded in death by his sister Darlene Downing and survived by his wife, Sharon Brown, son Jason Brown, daughter Shauna Martin, son-in-law Eric Martin, brother Darrell Brown, sister Deanne St. Laurent, sister-in-law Joyce Augustson, brother-in-law Jim Sligh, and grandchildren Jeremiah, Marissa, Evan and Nora.

He will forever live in our hearts. In lieu of flowers we are asking for people to make donations to a local charity. Some of the organizations Duane was especially passionate about were the Willits Lions Club, the Harrah Senior Center, and the Willits veterans organizations.

ANSWERS ON PAGE 11

How To Sudoku:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a Sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

**Sudoku**

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 3 |   |   |   |   | 6 |   |   |
|   |   | 9 |   |   | 6 | 5 |   |   |
| 6 |   | 1 | 8 | 3 | 9 |   |   |   |
| 4 |   |   | 1 |   |   |   |   |   |
|   |   | 5 |   |   |   | 4 |   | 6 |
|   | 1 |   |   |   |   |   | 8 | 5 |
|   |   |   |   | 4 |   | 7 |   |   |
| 7 |   |   |   | 8 |   |   |   |   |
|   | 4 |   | 1 |   |   |   |   | 9 |

Level: Intermediate

COLUMN | Keep Your Relationship Healthy and Vibrant



Conflicts in your relationships: Do you avoid or address them?

In situations of conflict there are two basic strategies: avoid or address the conflict, known as "flight or fight." Both strategies have their advantages and disadvantages. Many of us learned avoidance instead of how to address a conflict. Let us take a look at the advantages and disadvantages of the flight strategy (avoidance), since it is most often a default reaction.

**Doris Wier**  
Columnist

A big advantage of avoiding a conflict is that we do not have to feel challenging emotions like frustration, anger, disappointment or sadness. These are feelings none of us particularly like, and we feel uncomfortable causing them in others. Imagine that you confront someone over an issue, and the response of the person is to verbally or physically attack you. You learn then that it is less scary to avoid conflict than confront it. Often, when we avoid a conflict, things seem to go along more smoothly. There is no arguing, no violence, and no interruption of our actions.

What are the disadvantages? Most importantly, when we avoid conflict, we can easily build up resentments, which are extremely toxic for a relationship. Resentment can cause us to eventually give up on a relationship, and it can even make us sick. It can cause us to become cynical or physically aggressive. Feeling resentment towards our partners for quite a while might cause us to end the relationship abruptly.

Avoiding conflict over a long period of time can really have a devastating effect on all parties involved, including children and other people who might be impacted but are not directly part of the conflict. If the strategy of avoidance becomes a habit, we may be in danger of denying our own feelings to ourselves. When we deny our own feelings, we cannot discuss them with our partners nor take care of them in a positive way.

The possible damage caused by the flight strategy to individuals and their relationships is sad, but what I find a pity is how many opportunities are being missed: opportunities that may not present themselves otherwise. We might believe by avoiding a conflict, we are doing ourselves and each other a favor, but in reality, we often miss out on getting to know each other on a more honest and intimate level. We miss learning more about our differences and getting a better understanding of ourselves and the dynamic of our relationship. We risk missing out on deepening our connection with someone we really love and care for.

I am not suggesting that you confront each other about every tiny issue. People actually can get addicted to fighting with each other, which causes more damage than good to a relationship. I still find "Pick your fights!" good advice. It often takes courage to address a conflict. But it is worth it, if it is something that truly matters to you. The good news is that we can learn to address a conflict without getting into hurtful arguments. I will talk more about that in my next column. Until next month....

Doris Wier is a certified life and relationship coach who works and lives in Willits. She coaches individuals, couples and teachers, and also offers Explore-Shops on conflict resolution in partnerships. Info: 456-9246 or [www.embraceconflicts.com](http://www.embraceconflicts.com)

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Thursday,  
August 22

**Shanachie Pub:** E.T. Jazz Jam, featuring Lincoln Andrews on upright and electric bass, Michael Cantwell on piano and keyboards, and Jesse Bessoni on drums. 8 pm. No cover. 2nd & 4th Thursdays of each month. "Jazz standards infused with funk, hip hop, world and free form jamming." Fellow jazz musicians encouraged to bring instruments and join in the second set.

## Friday, August 23

**Shanachie Pub:** the return of The Blue Reptiles, original and old school blues, sometimes electric, sometimes acoustic, featuring frontman TC Culp on finger-style guitar and harmonica.

## Saturday, August 24

**Brooktrails Fire Department Benefit Golf Tournament:** annual fundraiser at the Brooktrails Golf Course. Shotgun start at 9 am. Includes other games, a raffle and lunch. Seeking "hole" sponsors (\$75) and raffle prizes. More info: call Brooktrails Golf Course 459-6761.



Below: Bob Terry and Bob Houtz stand with some Christmas bikes



# Ongoing Events:

**Farmers Market at City Park:** Summer produce, including tomatoes, zucchini, eggplant, watermelons and more from area farmers, plus live music (harmonies from New Blu Trio this week), flowers, crafts, baked goods, dinner and more. Every Thursday from 3 to 6 pm.

**Kinetic Carnivale Construction Volunteers:** Work parties on Thursdays from 5:30 to 8:30 pm, and on Sundays from 11 am to 4 pm. Bring your friends and bring your tools to the Mendocino County Museum, 5:30 to 8:30 pm. Volunteers get perks and free passes to the Carnivale. More info: 684-0738, or <http://www.kineticcarnivale.com/> or the Kinetic Carnivale page



Left: Sour Mash Hug Band scheduled to perform at the 2013 Kinetic Carnivale Grand Ball

## Annual Willits Community Harvest Dinner:

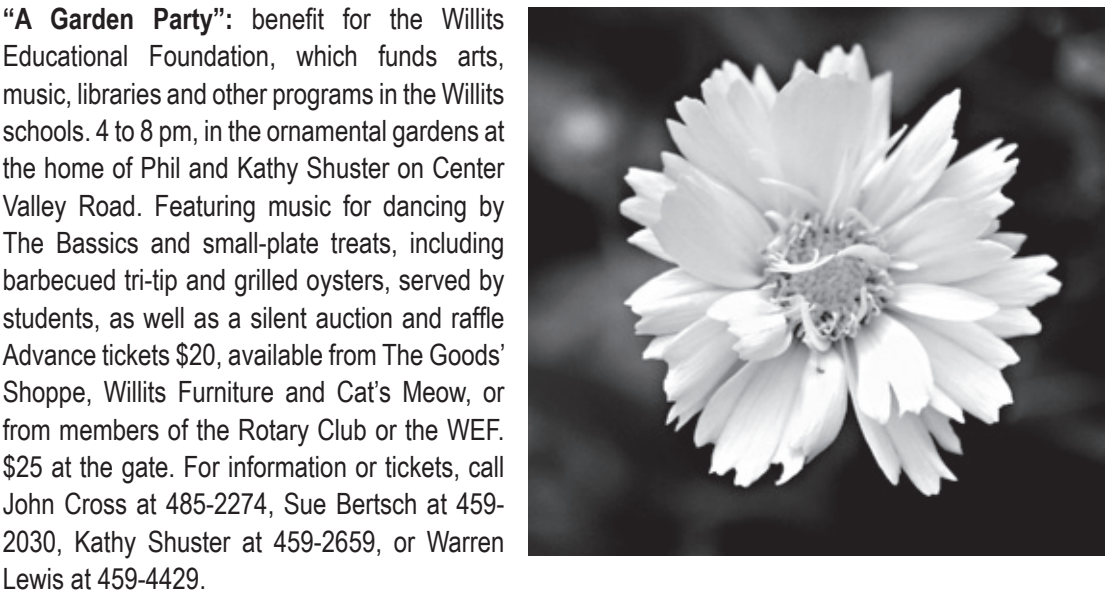
Farm to Table Dinner, featuring local garden-fresh foods, followed by music, dancing, inspirational words and a pie auction. Saturday, September 21, 6 pm to midnight, at Little Lake Grange, 291 School Street. A fundraiser for Save Our Little Lake Valley and the Willits Grange. Dinner and Dance \$25: Bring a dish from your garden and get a reduced entry ticket; Dance only \$15; Children \$10. Advance tickets (this event sells out every year) at Goods' Shoppe.

Info or to volunteer call A. Waters at 459-6362.



# What's Happening Around Town

Things to do, see and enjoy in and around Willits



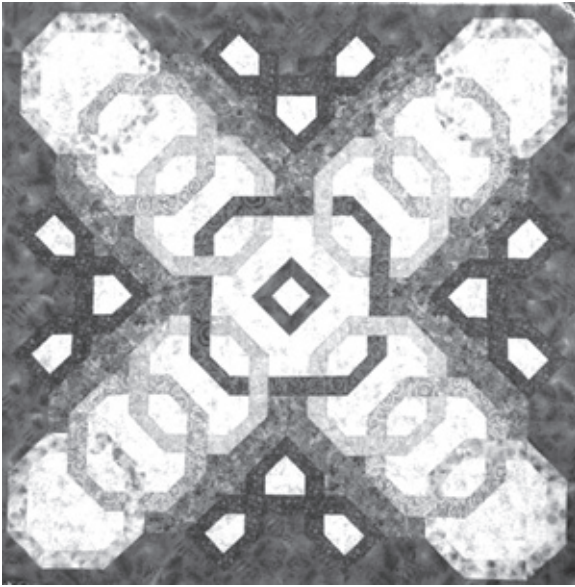
**"A Garden Party":** benefit for the Willits Educational Foundation, which funds arts, music, libraries and other programs in the Willits schools. 4 to 8 pm, in the ornamental gardens at the home of Phil and Kathy Shuster on Center Valley Road. Featuring music for dancing by The Basics and small-plate treats, including barbecued tri-tip and grilled oysters, served by students, as well as a silent auction and raffle. Advance tickets \$20, available from The Goods' Shoppe, Willits Furniture and Cat's Meow, or from members of the Rotary Club or the WEF. \$25 at the gate. For information or tickets, call John Cross at 485-2274, Sue Bertsch at 459-2030, Kathy Shuster at 459-2659, or Warren Lewis at 459-4429.

**Summer Feast:** A site-specific work by the San Francisco Mission District's Dance Brigade: "a midsummer's day of dance, taiko, stilt walking, music and political theater at the Dance Brigade's Dos Rios Retreat Center on the Dos Rios Road. "Featuring over 40 artists, including international groups, the audience will be taken on a two-hour magical journey through the wooded landscape along the Eel River. Taking advantage of the beauty that the land has to offer, these diverse performers will look to the environment for their inspiration and guide the audience through their enchanted world of art, beauty, and sometimes challenging politics." Gates open 2 pm; show at 5:30 pm (arrive no later than 5 pm). Tickets \$25; \$15 youth: at [Brownpapertickets.com](http://Brownpapertickets.com) or 1-800-838-3006. Info: 415-826-4441, [www.dancemission.com](http://www.dancemission.com).

scholarship fund for graduating Laytonville seniors. Drawings on Sunday afternoon, no need to be present to win. Also: Quilts for Wounded Warriors, a new booth showcasing quilts made by the group for soldiers returning to Travis A.F.B. from abroad. Info: [www.thefatquail.com](http://www.thefatquail.com).

**Shanachie Pub:** The Julian Trio+1, based on the fiddle, mandolin and vocals of 16-year-old protege Julian McClanahan. 8 pm. No cover. This Mendocino County-based foursome "blends original and traditional tunes and songs for both upbeat dancing and listening audiences creating new resonances with Americana, Alternative, Celtic, Swing, and Latin Jazz." Backed by the cittern, vocals, and bass playing of veteran musician Michael Charnes, the cello work of Darin Smith, and the guitar and vocals of Brad McClanahan. Listen: <http://www.cdbaby.com/cd/juliantrio>

**"Quilty Pleasures":** More than 50 quilts are entered in this year's annual outdoor quilt show by Girls Gone Stitchin' (Long Valley Quilters). Today from 10 am to 4 pm, and Sunday from 11 am to 4 pm at the Fat Quail Quilt Shop, 44550 N. Highway 101, Laytonville. Vote for your favorite quilts, browse quilts for sale, or buy a raffle ticket for a queen-size Celtic Knot quilt or a themed raffle basket to help with the quilters'



## Sunday, August 25

**"Quilty Pleasures":** Fat Quail Quilt Shop, Laytonville. See Saturday, August 24 listing for details.

## Monday, August 26

**Kiwanis Club Pizza Social:** Interested community members are invited to the Willits Kiwanis Club's free pizza social at Old Mission Pizza, 1708 South Main Street, 7 pm, to help boost our membership. "If you are interested in helping the community youth ... Kiwanis is for you!"

## Tuesday, August 27

**Eckankar Discussion and Community HU song:** 6 pm at Willits City Hall, 111 E. Commercial Street. Ongoing spiritual discussion; a HU song "is a simple, uplifting prayer or

mantra and can help you experience divine love and find inner peace." Families and all faiths are welcome. Sponsored by Eckankar: Experience the Light & Sound of God. Information? Please call 972-2475.

## Saturday, August 31

**Labor Day Parking Lot Sale:** Willits Harrah Center, 1501 Baechtel Road. 8 am to 1 pm. Great prices on clothes, household items and furniture, plus hot dogs & root beer floats. Parking Lot Sale spaces available for rent (8 am to 3 pm); \$20 each or two for \$30 (\$5 off for Harrah Center members).



# Volunteer for the Kinetic Carnivale

The first day of the Willits Kinetic Carnivale is rapidly approaching! The event is open to the public on September 7 and 8, but before (and after) that, there is work to be done. Proceeds from the event benefit the Mendocino County Museum, 400 East Commercial Street in Willits.

We are having work parties on Thursday evenings from 5:30 to 8:30 pm and on Sundays from 11 am to 5 pm. Volunteers can get free passes to the Kinetic Carnivale and other perks like meals and passes/discounts to the Grand Ball.

We are building (and decorating) ticket and Information booths and making an entry arch for the Carnivale (along with other projects).

During the week leading up to the event we will be working most days constructing a dance floor, putting up lighting and decorating the Engine House and the back yard of the museum for the Grand Ball

On Thursday evening, September 5, and all day Friday, September 6, we will be setting up fencing, chairs and tables and decorating the VIP lounge, the Legion of Time Travelers Discovery Hall, and the various stages and other structures we have built at Recreation Grove Park, across the street from the museum. We will need help picking up and transporting bales of hay from J.D. Redhouse and then unloading and distributing the bales in the Whimsy Circus (our children's area) and the stage areas at the Carnivale.

We will also be setting up fencing, bleachers, sun shades and hay bales for the Hand Car races at the Skunk Train Depot.

After the event we will need to pick up the undamaged bales and return them to J.D. Redhouse. (The damaged bales may be purchased by some of our local community gardens at a reduced rate.) We will also need help deconstructing the structures we have put in place at all three sites and putting them into storage at the museum.

Roots of Motive Power will be providing equipment demonstrations in the Engine House and the back yard of the museum at 11 am Sunday morning, so an early morning clean-up crew will be needed to help make the space work for them.

We have some wonderful people volunteering for these work parties making this a great community experience! Join us!

Call or email me at 684-0738 or [raynerj@co.mendocino.ca.us](mailto:raynerj@co.mendocino.ca.us) if you have any questions or if you have supplies you could donate (like crafts supplies for the kids or fabric for decoration or building projects) or equipment you could loan (like pop-ups or small generators). To see more about the event go to [www.kineticcarnivale.com](http://www.kineticcarnivale.com)



Info: 459-6826

**Willits Youth Football & Cheer Benefit Golf Tournament:** Annual fundraiser at the Brooktrails Golf Course. 9 am. Teams of 4 can sign up at the golf course today. Cost is \$45 per person. Lunch provided after the tournament. Questions? Deanna 707-354-4848.

**"Music of the East and West":** a solo classical guitar concert by international virtuoso guitarist Aaron Larget-Caplan as part of the guest artist series at the Willits Community Theatre. 8 pm. 37 West Van Lane. "Fresh from solo performances in St. Petersburg, Russia; Sicily and Italy," the Boston-based classical guitarist makes his debut in Willits as part of his "Route 101 East-West Tour," in Oregon and California (San Francisco, Sacramento, Willits and Chico). Tickets, \$15, available at Goods' Shoppe, 56 So. Main St., Willits, online from [brownpapertickets.com/event](http://brownpapertickets.com/event), or by calling WCT at 459-0895 for credit card orders.



Classical guitarist

## Aaron Larget-Caplan plays 'Music of the East and West'

Fresh from solo performances in St. Petersburg, Sicily and Italy, Boston-based classical guitarist Aaron Larget-Caplan makes his Willits debut on Saturday, August 31, at 8pm in a solo concert entitled "Music of the East and West." This performance will take place at the Willits Community Theatre in downtown Willits as part of Larget-Caplan's "Route 101 East-West Tour," in Oregon and California (San Francisco, Sacramento, Willits and Chico).

In this one-night event, international guitar virtuoso Aaron Larget-Caplan, whom the Washington Post called "a riveting artist whose musical styling begs immediate attention," will explore the exotic serenades and dances of the Iberian peninsula with Spanish and flamenco masterpieces by Isaac Albéniz, Esteban Sanlúcar and Pascual Marquina; the inevitability of life found in the push and pull of the ocean tide by United States composer Kevin Siegfried; re-imaginings of American popular songs and lullabies from the Japan by Toru Takemitsu (collaborator with Akira Kurosawa); and a rarely heard masterwork by Keigo Fujii.

An avid solo and chamber music performer, Larget-Caplan's performances combine the traditional expressivity with contemporary passion. A gifted speaker and teacher, Larget-Caplan has a unique ability to connect with audience allowing both the traditional and new repertoire come to life.

Of his new solo program "Music of the East and West," Larget-Caplan says: "the seed of the program came from a concert I attended in Cordoba, Spain at a festival in 1998 where I heard the masterpiece 'Legend of Hagoromo' by Keigo Fujii. In 2006, I came upon the genius of Toru Takemitsu's arrangements of popular songs. I was so moved by his re-creation of the lullaby 'Summertime' by George Gershwin that I was inspired to begin my New Lullaby Project, which has gone on to include 40 premieres by 36 composers and a CD in 2010. In this program I also include Harold Allen's 'Over the Rainbow.'"

As what is 'West' is dependent on where one stands at a given moment, Larget-Caplan found himself drawn to include some Spanish pieces. So much so, that in 2006 he founded ¡Con Fuego! (With Fire!), a Spanish classical music and dance ensemble. For the Willits program, he includes two popular flamenco solos, "Panaderos" and "España Cañí (Paso Doble)," and the famed serenade, "Granada," by Isaac Albéniz.

Born in Oklahoma and raised in Colorado, Larget-Caplan was recently appointed to the faculty of The Boston Conservatory and the University of Massachusetts Boston. He graduated from the New England Conservatory, having studied with David Leisner and Eliot Fisk. Following the Conservatory Larget-Caplan studied for seven years with Russian master pedagogue Dmitry Goryachev and flamenco with Juanito Pascual.

"Music of the East and West" will be performed at the Willits Community Theatre Playhouse one night only, Saturday, August 31, at 8 pm. Tickets are \$15 and are available at Goods' Shoppe, 56 South Main Street, Willits, online from [brownpapertickets.com/event](http://brownpapertickets.com/event), or by calling WCT at 459-0895 for credit card orders.



Performers at the Kinetic Carnivale Kick-off Party: far left: Shovelman and at left: Toniq Vivant





Above left: Breakfast sandwiches are served on brioche rolls and are available until 11 am. This one has Black Forest ham, a fried egg, cheese, power greens and red onions. Above right: Brickhouse's Kayla, Farid, Rebecca, Eric and Jonas. At left: Farid adds colorful fresh ingredients to the Brickhouse's "Rainbow Country Salad"

Below right: The Brickhouse 'cup of love' latte

## Brickhouse Coffee

Photos by Cat Lee



Atop a solid foundation of family support, Brickhouse Coffee was born and raised this summer and opened its doors to the public on July 12, on the corner of Main and Commercial in Willits. "It's a beautiful location," Brickhouse Coffee's Rebecca Champion said.

"When thinking about what we wanted to do, the whole family was in on the discussion. This," she said sweeping her arm across the expanse of the cafe, "was something we all loved, something my whole family could get excited about."

Immediately establishing a strong presence, Brickhouse Coffee already has garnered loyal customers and, with the addition this week of their own in-house "non-traditional" baked goods, the Brickhouse folks are evoking a ripple of excitement likely to lead to an even wider "fan" base.

The baking oven at Brickhouse Coffee began producing wondrous pastries and goodies on Monday, including (so far, but not limited to): brown sugar-bacon scones; jalapeno and aged cheddar scones; gluten-free candied ginger scones; gluten-free mixed berry scones with lemon

glaze; gluten-free and classic chocolate chip cookies; and organic jam thumbprint cookies.

Alongside the new tasty treats, Brickhouse Coffee currently offers breakfast sandwiches, bagels, smoothies, hot and cold coffee drinks, and other beverages. After 11 am, lunch sandwiches are available, along with a hummus plate and varieties of salads.

"I have an amazing crew," Champion said. "I never would have launched into this without the support of my family. They are so talented in so many ways."

Her husband, Eric, "did the whole re-model," Champion said, and she, along with her son, Jonas, her daughter, Kayla, and extended family members, set about the business of launching the Brickhouse.

"Kayla did the signs and the interior decorating. Farid (Kayla's partner) came up with the food," she said.

Read the rest of  
**Brickhouse**

Over on Page 11

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# Classifieds & More

The rest of  
**Punk**

From Page 5

## Community Hu Song

In our fast-paced world, are you looking to find more inner peace? Join us for a Community HU Song Tuesday, August 27, at 6 pm at Willits City Hall, 111 E. Commercial Street. HU is a simple, uplifting prayer or mantra and can help you experience divine love and find inner peace. Families and all faiths are welcome. Sponsored by Eckankar: Experience the Light & Sound of God. Information? Please call 972-2475.

## Got Bats?

Eliminate your mosquito problems with a quality redwood bat house. Small: 12"X24" holding over 100 bats, \$45; Medium: 24" X 24" holding over 200 bats, \$85. Instructions included, shipping available. 707.274.9196 or [johnthewoodpecker@gmail.com](mailto:johnthewoodpecker@gmail.com)

## Help Wanted

Position available for a responsible, detail-oriented assistant. Please bring resume to the Willits Pet Care Center at 90 South Street.

## Help Wanted

Position available for a registered veterinary technician. Please bring resume to the Willits Pet Care Center at 90 South Street.

## Consignments Accepted

GAVEL DOWN SALES, located at 1611 South Main Street, is open Wed through Sun, 10 am to 6 pm, and is accepting quality home furnishings for consignment. Contact Kapila at 707.459.1300.

## Counseling

Introspection through counseling gives us a chance to see those places that are out of balance. Many fears as well as guilt can be examined and released. Call Wolfgang Ronnefeldt, M.A., 459 2101



## Eckankar

Have you had a spiritual experience? You are invited to participate in an ongoing, spiritual discussion Tuesday, August 27, at 6:30 pm at Willits City Hall, 111 E. Commercial Street. Sponsored by Eckankar: Experience the Light & Sound of God. Information? Please call 972-2475.

## Flea Market

Flea Mkt/ Annual Yard Sale St. Anthony's Church in Willits Sat. Sept. 21 9 a.m. - 3 p.m. \$15.00/space fee contact Peggy @ 972-2016 or Diana 459-6260 for more details. Save gas, save time, sell your items locally.

## The Fruit Group

Bulk boxes of pesticide-free fruit  
Gravenstein Apples - 20lb box - \$20  
Freestone Peaches/Nectarines - 24lb box \$24, Pears - 24lb box \$21  
Tomatoes - 25lb box \$21  
Willits: Brenda/459-9335, Ukiah: JoAnn/485-7591  
Potter&Redwood Valley: Deanna/391-7336  
Laytonville: Heather/984-7430, Lakeport: Linda/279-8840, Ft. Bragg: Karen/937-4664, Covelo&Brooktrails: Linda/459-6698

## For Rent

2 bedroom, 1-1/2 bath, townhouse/condo in country setting. Washer-dryer hookup. No smoking, garbage paid. \$725/month. Armc: 459-9601.

2 bedroom, 1 bath, close to downtown. No pets. No smoking. Water/garbage paid. \$770/month. Armc: 459-9601.

## Multi-Family Yard Sale

Saturday, August 24th 10 am to 3 pm Bear Lane in Brooktrails Participating houses marked with balloons No Early Birds Please!

## Music

Finally serious about delving into the magic and mystery of music through study of the piano, theory & practice? M. Graham, M.A. degree, 459-2305

## Old Cars Wanted

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## Pinball Machines

PINBALL MACHINES for sale. 459-6372.

## Timber Photo Project

Come see the "Mendocino County Timber Photo Project" on Facebook. If you got 'em you can post 'em.

## Warehouse Associate

Driving, loading, receiving, stocking, distribution. Good organization and people skills. Compensation D.O.E. Send resume and recent DMV printout to: P.O. Box 838, Willits, or email to: [quest70707@gmail.com](mailto:quest70707@gmail.com) Open until filled.

a top or bowler hat, finished with a pair of goggles."

"The Airship Captain" would probably wear trousers and boots, "but would never be dirty or greasy. Her costume should be of sumptuous fabrics like velvet, silk and brocade" ... topped off with a "fabulous overcoat." "She should have a brass ray-gun at her side to fend of enemy pirates, and a fine spyglass."

"A masculine steam punk costume can be nearly as varied as the ladies," the "Costume Guide for Gentlemen," begins. "The Gentleman" should be the "very epitome of good taste and fashion," if a little flighty. He wears "a suit and vest tailored to fit him perfectly and a top hat that matches his suit." Accessories could be monocles, pocket watches, and a fine walking stick. "The Inventor" is a more eccentric figure, wearing "thick gloves, a long double breasted coat, and sturdy trousers and boots," an ensemble reflecting the dangers of his profession. Add an essential pair of goggles, along with "tools, half-finished contraptions and a notebook to write down inspirations."

A "Locomotive Crew" member wears clothes designed to "minimize the effect of steam and flash fire burns," like a long-sleeve cotton shirt or collar sleeves. No "loose or flowing garments," as such could become "entangled in machinery gear trains," but a pair of sturdy leather boots

and leather gloves suit the locomotive crew member. And then there's "The Mechanic," "one of the most important figures in a steam-driven society. "You can usually find him in a ribbed sleeveless shirt, that was white or grey once upon a time, suspenders, and heavy duty trousers and sturdy boots." Goggles are also part of the mechanic's ensemble, "though with less scopes, lights and magnifiers that might be found on the inventor's version."

The Costume Guides are available at [www.kineticcarnivale.com](http://www.kineticcarnivale.com); select "Plan Your Carnivale Visit" to select the Ladies or Gentlemen's guide.   
- Jennifer Poole



Aarne Bielefeldt, steam punk aficionado

Photo by Maureen Moore

The rest of  
**Hamburg**

From Page 1

signoff, Public Health could not issue a permit for Ms. Hamburg's burial.

In May, Mendocino County Sheriff Tom Allman told Hamburg he would give the family until June 3 to either exhume the body or secure a burial permit, or he would be required to exhume Ms. Hamburg's body and remove it to a local mortuary until a legal gravesite for the body could be found.

Hamburg sued the county on that June 3 date, seeking a burial permit and a county death certificate.

Allman said at the time he would refrain from taking action until the case was decided.

In her will, Carrie Hamburg said being buried on her family's property was "in accordance with my spiritual beliefs.... I base [my decision] on my fundamental right to privacy as guaranteed in the California Constitution.

"My wishes are further based on the fact that, from the outset of our nation's history and before, human beings, as well as other large mammals, have been buried without prescription by governmental or religious organizations.

"There is no difference between burying a human body on rural land than there is cattle or a horse or any other mammal, large or small," Hamburg said in her will. "It is important to understand that I have instructed my family not to bury me within 100 feet of any waterway."

According to a legal brief submitted to the court by Hamburg attorney Barry Vogel, Ukiah physicians Charles Evans and Marvin Trotter each declared "the manner in which Ms. Hamburg was buried creates

no public health risk or hazard."

In defense of the Hamburgs' request, Vogel argued applicable state law actually requires the county issue a burial permit in a case where the decedent has been buried on private property where there is a valid death certificate.

He cited Health and Safety Code Section 103055, which states: "If the certificate of death is properly executed and complete, the local registrar of births and deaths shall issue a permit for disposition that in all cases shall specify any one of the following: 1.) the name of the cemetery where the remains shall be interred, 2.) burial at sea, 3.) the address and description of the place where the remains shall be buried or scattered, 4.) the address of the location where the cremated remains will be kept...."

Vogel argued the code section, especially number 3, makes it "clear the decedent may be buried in a place other than a cemetery."

"So long as the death certificate is properly executed and complete, there is no limitation where a person may be buried," Vogel argued.

Judge Mayfield agreed with Vogel, and issued her order on August 16.

When asked if Mayfield's decision means Mendocino County is now a "home burial county," Mendocino County Counsel Thomas Parker said he didn't "know how to answer that one."

When asked if Mayfield's ruling essentially leaves the larger question of home burial in the county unresolved, pending action by the board of supervisors or further adjudication in other cases, Parker replied, "Yes. I suppose so. Yes."

The rest of  
**Water**

From Page 1

bloom water workers attribute to low levels and high temperatures. But the pond-like flavor of the water some Willits residents tasted last week did not affect its safety, the city noted.

Water Plant Manager Steve Anderson said the city tests its water each week at three different locations.

Council members also talked about the use of water passed through Willits' wastewater treatment plant by freeway builders and other customers in years to come.

Wastewater – purple pipe, as it is known in the water business – could prove valuable, allowing Willits to gain revenue from selling its wastewater.

"It seems like wastewater may become more valuable in the future," Mayor Holly Madrigal said.

The wastewater could be sold to bypass contractors, but the "contractor is going to have to have a permit," City Engineer Tom Mannatt said.

Councilman Larry Stranske said selling wastewater was a good idea, and a way for the city to get revenue for its excess wastewater.

"I really see this as a benefit to the city. Every gallon of that is a gallon that does not need to be taken out of a well," Madrigal said.

The council did not vote for any action on Willits' wastewater, but the city will be working to calculate a price for the water that can be sold to contractors.

the streets without permission, Strong said. "It feels to me like what they offered is a pretty cheap prostitute."

Councilman Larry Stranske said voting to approve the deal was difficult for him. "I have agonized over this for two weeks, one way and another, and I have to live in this community also."

Mayor Holly Madrigal appointed Burton and Orenstein to a committee in February to negotiate compensation for wear and tear on Willits streets from bypass water.

Councilman Bruce Burton said the deal was a reasonable resolution. "We have a lot of irons still in the fire with Caltrans," Burton said. "I see people who are burdened by a huge bureaucracy, and they have a limited amount of room to do work in."

Councilman Ron Orenstein was happy the city got something from the deal. "We all have expectations of what we can expect with a deal with anyone," Orenstein said.

Mendocino County 3rd District Supervisor John Pinches spoke in support of the deal, noting the Mendocino County Council of Governments has an investment in the project from all the cities in the county.

"That is a lot of money over a lot of years to commit to this project," Pinches said. "I do not envision 18-wheel trucks and trailers coming through and using your city streets."

The rest of  
**Street Use**

From Page 1

The rest of  
**Vendors**

From Page 1

reviewed. The committee considered changes allowing trucks to set up at city parks at certain times, and adding requirements for sanitation, for example.

City Manager Adrienne Moore said she would like to hear from the committee as to where mobile vendors would be allowed.

"I think when we look at this we will try and craft something that takes in everything," Orenstein said.

"If you think of places you have been," said committee member and Willits Realtor Tom Woodhouse, "you pull over for a shaved ice or different things."

Willits code enforcer John Sherman said he has heard from several prospective food vendors hoping to do business in Willits.

Committee members also discussed how the city can begin making plans for a better quality of life when the Highway 101 bypass routes through traffic around town.

At the last city council meeting, Willits Chamber of Commerce President Ron Moorhead told the council the chamber was working on efforts to develop ways to forge an identity, or brand, for Willits.

King said he would like to see a recruitment effort for businesses similar to what Chico has done.

"I think one of the challenges Willits is facing is the tax base is aging," King said. "There is not a lot of young families in Willits ... there are not a lot of jobs you could support a young family on."

Orenstein noted the city needs to develop an industrial base in addition to tourism. "We need good paying jobs in this town," Orenstein said. "The jobs, unfortunately, that [tourism businesses] provide are not the highest-paying jobs."

Jobs, education and recreational opportunities are some of the factors Willits may be looking at.

"It is not just about visitors, it is about people who live here," Moore said, adding she would like to see a framework laid for continuing talks.





The Round Tree Glass first-place team shows off their trophy and the 'cold, hard cash' they won, which team members donated back to the scholarship fund.

## Round Tree Glass wins Kiwanis Softball Tourney

The Kiwanis Clubs Summer Slam Co-Ed Slow Pitch Softball Tourney went great, organizers said, with eight teams vying for the \$500 prize. This first annual fundraising event raised monies to add to the Kiwanis Club's college scholarship fund. The Round Tree Glass team won the tourney, beating "The Outsiders" team from Ukiah in a 15-12 nail-biter. Round Tree Glass team members graciously re-donated their winnings back to the scholarship fund.

Other teams were fielded by Les Schwab Tires, Lumberjacks, Dripworks, Old Mission Pizza, 707 Apparel, and Boomtown.

"All participants had a great time," organizer Curtis Collicott said. "A huge thanks goes out to all the teams who participated, and we look forward to seeing everyone out next year! Willits Redwood Little League deserves a big thanks for their concessions, as well as allowing us the use of all their field striping equipment and bases."

The Kiwanis Club also thanked sponsors Howard Hospital, Ukiah Trophy and Mendo Mill. "Through all the teams' entry fees and donations," Collicott said, "Kiwanis will help send a deserving individual to college."

The Kiwanis Club also wants to invite interested community members to a free pizza social, Monday, August 26, at Old Mission Pizza, at 7 pm, to help boost the club's membership. "If you are interested in helping the community's youth ... Kiwanis is for you! Hope to see you there."



Above: Jeremy Sneed of Willits pitches during the second part of the game  
Photo by Natya Dawn

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# Sports Spotlight

Showcasing the athletes in our area



## Willits whumps Laytonville at Old Timers game

Willits beat Laytonville 15-2 Saturday during the 76th Old Timers Baseball Game and Barbecue at Bud Harwood Park.

Left fielder Jeremy Sneed led the Willits team, putting runs on the board in the first, third, sixth and seventh innings. Center fielder Travis Dockins added to the total in the first, fourth and seventh innings.

Ross Lindquist put two on the scoreboard in the sixth and seventh innings, including a home run; catcher Casey Wilburn added two in the first and fifth innings; while first baseman Sean Leslie scored in the fifth, and pitcher Nipsy Massey added a run in the fifth. Right fielder Phil Colvard added to the blowout in the fourth, while third baseman Ken Knight scored in the seventh.

Laytonville was held to two runs, one in the third inning by third baseman Leif Ferri, while pitcher Mike Matlock added one in the fourth.

The annual event has taken place on the third weekend

in August since its debut on September 12, 1937, except for a few years during World War II.

The winning team holds the Boomer Kelton Trophy for a year.

The annual competition raises funds for the maintenance and improvement of Bud Harwood Park in Laytonville. This year's event featured a barbecue chicken luncheon hosted by the Laytonville Lions Club and a raffle and ended with an "Old-Timers Dance" featuring McKenna Faith at Boomers Saloon.

Old Timers Richard Matlock of Laytonville and Wayne Bashore of Willits were honored for their contributions to their communities. A Laytonville resident since the 1950s, Matlock is a former Laytonville Elementary School teacher and a 40-plus-year member of the Laytonville Lions Club. A

Read the rest of  
**Old Timers** | Over on Page 11



Above: left: Honoree Wayne Bashore poses with Willits City Mayor Holly Madrigal; center above: Lonnie and Sue Poindexter of Laytonville receive an award; center bottom: Willits' Steve Spackman encourages Davon Dockins around the diamond; right: Laytonville honoree Richard Matlock receives an award.

Below: left: Laytonville's Michael Braught shakes hands with Willits' Larry Buzzard; center: Michael Braught swings at the ball; right: Mike Matlock throws the ball

Photos by Shanna Braught



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~~~~~  
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The sign for one of Rohlicek's favorite pubs in England

Fortunately, for the rest of us, it's possible to eat world cuisine without working for Princess Cruise Lines. One only needs to stay in a country with a large and varied immigrant population ... such as England or the United States.

While visiting Sally's nephew in the London district of Hackney, we were taken to a Saturday farmers market. It filled up the entire street and spanned about three blocks. The stalls sold cheeses, breads, vegetables, fruits, cooked food, raw food: representing practically the whole European Union. I bought a giant loaf of sourdough rye bread. It was as tasty as it looked, when we ate it for breakfast in Imogen and Tristan's kitchen the next morning.

Undoubtedly all of the world's cuisines are available in England, with one glaring exception: there are few Mexican restaurants in England.

England has its equivalent, however: the Indian restaurant. All towns in England have one or more Indian restaurants. They're inexpensive and very delicious.

We ate in Indian restaurants several times during this visit. All were good. But none compared to the Tandoori restaurant we found in Amesbury.

We were on our way to Devon to visit Sally's sister, Kerry. It was a long drive, and, rather than arriving late, we decided to spend the night in the small town of Amesbury, about four miles from Stonehenge.

We checked into The George hotel. The George was built in the 13th century as a "Coaching Inn." It boasted of being recently refurbished. Our bedroom overlooked the main street of the town. It had a four-poster bed and large, very shiny, black, and twisted wooden beams in the ceiling.

"These beams look so phony," I sneered, and took out my pocket knife to score what I was sure were composite beams made in some industrial mold. Instead of something made of treated wood or even ABS plastic, my blade nicked a tiny sliver of cork-like wood. The sheen was simply black paint. Oh My God! I had just vandalized the real thing, centuries-old wood. I later read that the beams in our ceiling came from old galleon ships.

We also found out that former guests at The George, who might have slept in our four-poster bed, were not only King Edward VII and later his son, King George V, but also Charles Dickens, Mark Twain and Ralph Waldo Emerson.

It was certainly pleasant to hobnob with historical figures.

Because the days were so long in late May, we had plenty of time to go for a long walk through the lush countryside. We walked through the rolling hills, past flocks of sheep and herds of Jersey cows.

This was all part of Salisbury Plain, a place inhabited by humans for over 4,000 years. Just realizing that definitely worked up my appetite for dinner.

The rest of  
**England** |

From Page 4

We returned to The George and had drinks at the bar: wine for Sally and a pint of "bitter ale" for me. Then we walked to an Indian restaurant, a few houses up from the hotel.

That evening, in the small town of Amesbury, I ate one of the best Indian meals I had ever eaten. The menu was pages long. Sally and I both ordered vegetarian dishes that had appetizing descriptions. The vegetables were served with different sauces, flavored with mixtures of spices that made every mouthful a life's reward. The accompanying basmati rice had its own flavor, and there was plenty of naan to sop up the extra sauce. As we ate, we kept confirming to each other that our meals were really good. We ate everything put in front of us.

For Sally the culinary highlight of our English trip came in Devon. I had thought that on this trip she might want to buy one of her childhood dessert favorites: either Spotted Dick or Dead Man's Leg. But it was a dairy specialty she had in mind.

The English can righteously boast of the superiority of their dairy products. One look at the cows grazing on the lush green English grass is all the confirmation you need that it's not an idle boast. The cheeses, aged, mild, marbled, whatever your preference, are rich and full of flavor. The butter served with your breakfast toast is deep yellow. The yolks in the eggs served with breakfast are orange in color. These are things the English remember when living in foreign lands.

But nothing seems to evoke the deepest yearning in English people who grew up in the south of England, but wound up living abroad, than the desire to consume, once again in one's lifetime, a huge helping of Devonshire cream.

Devonshire cream is a clotted cream produced in Devon, Cornwall and Somerset. It is rich, thick and yellow, and it's made by heating unpasteurized milk until a thick layer of cream forms on its surface. The milk is then cooled, and the layer of cream is skimmed off. The clotted cream is so thick, it does not need to be whipped. To its devotees, its very sweet flavor is eaten with bread or scones and jam.

In a Devon market Sally purchased a pint of Devonshire cream. Back at Hazelwood Cottage (Kerry's house), Kerry prepared a large pot of tea for the occasion. Sally ladled the entire pint of thick, yellow cream onto a couple of slices of carefully chosen white, squishy bread. Then she smothered it all in raspberry jam.

There was no need to share. Kerry wasn't hungry, and I preferred the Stilton cheese Kerry set on the kitchen table. So Sally blissfully consumed it all. Not much was spoken during this ritual experience. Occasional sipping sounds were heard as we drank our tea.

When she was finished, Sally announced: "I can't believe I ate all that by myself."

"Do you think it will tide you over until our next visit to Devon?"

"It will have to. Devonshire cream doesn't travel well."

So we left England, each with our food memories. Sally had her Devonshire dreams fulfilled. I had the best Indian meal ever.

On the airline trip home, we were served something warm in an aluminum tray, along with something cold in sealed paper cups. Our elbows kept bumping, as we ate our food. I don't remember what was served. It didn't matter. For the past two and a half weeks, we had eaten very, very well.

## Puzzle Answers From Page 4

|   |   |   |   |   |   |   |   |   |
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| 5 | 3 | 4 | 2 | 7 | 1 | 6 | 9 | 8 |
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| 6 | 7 | 1 | 8 | 3 | 9 | 5 | 4 | 2 |
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| 9 | 1 | 7 | 6 | 4 | 2 | 3 | 8 | 5 |
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| I | T | S |   |   | L | A | D |   | S | O |

The rest of  
**Old Timers** |

From Page 10

former Willits city councilman and mayor, Bashore was honored for his many contributions to the community, his work as facilities director for Willits Unified School District renovations, and for leading volunteer restoration efforts at Willits High School's Maize Field.

Also honored were Laytonville Lion and Lioness Lonnie and Sue Poindexter.

Plaques were presented to the honorees by Kandice Golightly of Laytonville and Willits Mayor Holly Madrigal.

The Willits team lineup: Wayne Bashore, Dave Caughlin, Logan Clark, Josh and Phil Colvard, Travis Dockins, Ken Knight, Sean Leslie, Larry Buzzard, Ross Lindquist, Nipsy Massey, Jeremy Sneed, Steve Spackman and Casey Wilburn.

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# Supporting the Airport

Local businessman, Mike Garrity, donates canopy to airport



Mike Garrity, right, of Willits Power Equipment and Dan Ramsey, left, manager of the Willits Airport, inspect the new 12 foot by 20 foot aluminum canopy recently donated to the airport by Willits Power Equipment.

"The prior canopy was a popular meeting place for the local Experimental Aircraft Association chapter and the many pilots who fly into Willits during the summer," Ramsey said. "Unfortunately, the old canopy was recently damaged, and we've been looking for a low-cost but sturdy replacement."

John Sherman of the City of Willits contacted Willits Power Equipment, local supplier for West Coast Metal Buildings, and Garrity agreed to make the donation.

"We appreciate our local airport and community," said Garrity, "and want to support them in any way we can."

Ramsey added: "Other local businesses have offered to replace the old picnic benches with new ones, and they will be delivered this fall. This is truly a community airport."

The rest of  
**Brickhouse** |

From Page 8

"Jonas spent countless hours dialing in the espresso machine," she said, and Farid's sister Dina is also a key member of the Brickhouse crew.

"Interacting with the community has really been a pleasure," Champion said. "It's been a re-charge getting to re-connect."

Champion grew up in Willits and wanted to reinvest in the community. "My motivation behind opening," she said, "is that I want to create a space for people to gather, a community space."

Now in their second month, she and the Brickhouse crew are "just getting the routine down," Champion said. "We're going to be incorporating more daily specials and specialty drinks that we'll be rotating through. In the fall, we're planning special event nights to feature Farid's food. Farid specializes in Sudanese cooking."

"We also plan to feature New Orleans-style food," Champion said, including gumbo, jambalaya, and red beans and rice.

"We're really passionate about – and are striving to bring – fresh, high-quality

food to this community from local sources," Champion said. "That's our focus."

Gluten-free, vegetarian, and some organic options are offered at Brickhouse Coffee. "Almost all of our produce is organic," Champion said. The coffee and espresso are organic as well and are sourced from Bella Rosa Coffee, which is owned by extended family of Champion's in Sonoma County.

Along with the traditional milk and half and half offered as creamer options, Brickhouse Coffee also offers coconut milk and hemp milk to its coffee and tea patrons. For an extra quarter (25¢), one can add chocolate, white chocolate, caramel or vanilla flavoring too.

"I feel so supported on so many levels," Champion said regarding the cafe's success so far. "Every day has been really awesome. I feel a lot of community support for this endeavor, and I really appreciate it."

Brickhouse Coffee is located at 3 Main Street, at Commercial, and is open Monday through Saturday, 6:30 am to 3 pm, 459-1598.

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## Community News

*From left: Samantha "Sam" Saylor's long locks; Saylor holds her braid, while stylist Chris Watkins, in the mirror, looks on; Saylor and her aide, Rose Mann*

*Photos by Jennifer Poole*

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### Willits Locks of Love donor gives hair for fourth time

Samantha "Sam" Saylor of Willits, 20, had her crowning glory cut again two weeks ago to donate to the Locks of Love program.

Salon 7 Stylist Chris Watkins did the honors, carefully readying and braiding Saylor's crowning glory of long,

thick, dark wavy hair for the big cut. Saylor's 10-inch braid will be used to create a high-quality hair piece for someone under 21 who is suffering from long-term medical hair loss. Most of the financially disadvantaged children and young people helped by Locks of Love have lost their hair due to alopecia areata, a medical condition with no cure and an unknown cause.

This was the fourth time, Saylor, 20 years old, has donated to Locks of Love: her beautiful hair grows long fast.

Saylor is an adult student of the Willits Unified School District's Community Learning Center Transition Planning Program, which is geared for adult students, aged 18 to 22. Her one-on-one aide, Rose Mann, and her mother, Lyndah Kolkmann, were at Salon 7 to enjoy Saylor's donation first-hand.

Stylist Watkins donated the cost of the hair cut, in support of Saylor and the Locks of Love program. To learn more about Locks of Love, or to arrange a donation, check [www.locksoflove.org](http://www.locksoflove.org).

**– Jennifer Poole**



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