

What do YOU think?

Opinions, thoughts and thank you letters from our readers

What would you do?

To the Editor,
 What would you do? I'd really like to know.
 My life for the past few years has been kind of a living hell. Not all the time. But a lot of the time.
 Imagine living in your home, that you've owned for 23 years, on the corner of a dirt road on the edge of the City of Willits (yes, there is at least one dirt road). And then imagine that you have an ambulance business as your neighbor. Imagine ambulances randomly driving past your home every day and night, tearing up the road, and kicking up clouds of dust. And the sirens. Don't forget the sirens.
 Then imagine that you have done everything you can think of – contacted every person, business, and administrative government entity that's out there that could maybe make it better.

Because you believe an ambulance business is not really something that should be allowed in a residential neighborhood, and you shouldn't have to live like this.

Imagine you asked the CEO of the ambulance company, Medstar, to listen and understand and perhaps lay down some dust suppressant. And he told you to have your attorney send him a letter if you had a complaint.

So, imagine you paid for an attorney to send a letter, and the letter your attorney sent was returned to your attorney stamped as "unclaimed." And then, imagine that you hand-delivered the letter yourself. And you called him. And you got no response.

Imagine you called your supervisor, John Haschak, who said he'd contact the company and see what he could do for you. And then imagine having your supervisor tell you that they'd been contacted, and your supervisor could not "promise" anything. And nothing changed.

And then, imagine that you had also contacted county code enforcement: because why is an ambulance business allowed to operate in a residential neighborhood? And they told you it was OK. And you contacted the Air Quality Management District because of the dust. And they didn't even get back to you.

Don't get me wrong. I appreciate that Medstar's ambulances provide a vital service in our community.

But what I have to live with is just not right.

Bottom line is, Medstar Ambulance Company just needs to find a different place to operate out of in Willits besides our normally quiet residential neighborhood.

Bret Baker, Sr.

Do you have something to say? Write a letter to the editor!

Residents of Willits, Brooktrails, Laytonville and Covelo are welcome to send in a letter to the editor.

Please email us:

willitsweekly@gmail.com

The Rules: LETTERS

Letters & Commentaries: Email letters to willitsweekly@gmail.com. Willits Weekly prints letters and commentaries about Willits and Third District issues, activities, events, and people. We print letters to the editor from residents of Willits and the Third District only. To encourage a variety of voices, Willits Weekly limits letter publication from any one writer to once every four weeks.

Letters and commentaries must be submitted with a name, address and phone number, although only the author's name and city of residence will be published. No letters from an anonymous source will be published, although a request to withhold the writer's name will be considered.

Willits Weekly
 A Nostalgic & Modern Record of Community and Life in Willits

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Seeking nominations for first Poet Laureate of Mendocino County

Submitted by the Mendocino County Poet Laureate Program

The Mendocino County Poet Laureate Committee is currently seeking nominations for the first Poet Laureate of Mendocino County. The deadline for nominations is February 29.

Nominees will need to submit applications in March and be interviewed in April.

This is an official honorary position in which the Poet Laureate will serve for a term of two years. The Poet Laureate would be expected to appear at some public functions, and hopefully engage with not only the poetry community but the broader literary, arts, political, and educational communities. How the Poet Laureate will do this will be defined by that person's own creative process.

For more information on how to apply or nominate for this position go to <http://mendocinopoetlaureate.mymcn.org>. (If you do not have access to the internet you can send snail mail to: Mendocino County Poet Laureate Program, P.O. Box 67, Willits, CA, 95490.)

Anyone living in Mendocino County can nominate a potential Poet Laureate and a poet can nominate herself or himself.

Some of you may not know that we already have a Youth Poet Laureate in Mendocino County. The Poet Laureate Committee believes that Mendocino County also deserves to have an adult Poet Laureate and that the establishment of this position will help enhance the art of poetry-making here and inspire all of our citizens about the value and joy of creative literary expression.



Grant funding available for seismic retrofits

Submitted by Mendocino County Executive Office

Seismic retrofit grant funding is available to eligible zip codes in Mendocino County, including Willits, Laytonville and Covelo. Registration for the "Earthquake Brace + Bolt Program" is open until February 21, 2024.

The Earthquake Brace + Bolt Program, jointly administered by the California Earthquake Authority and the California Governor's Office of Emergency Services, offers eligible homeowners grants for up to \$3,000. The grants help offset the cost of seismic retrofits that brace the cripple walls of older homes, when present, and bolt houses to their foundations, making them less vulnerable to earthquake damage.

Income-eligible homeowners may also qualify for available supplemental grants. The amounts vary depending on the region and type of retrofit completed. These supplemental grants, which are available for households with an income of \$87,360 or less, may be able to provide up to 100% of the funds needed to cover a seismic retrofit.

For more information on the EBB grant program please visit: <https://www.earthquakebracebolt.com/How-Our-Program-Works/See-If-You-Qualify>

For all questions, please contact the State directly at info@EarthquakeBraceBolt.com or 877-232-4300

New guidelines for COVID isolation, testing

Submitted by Mendocino County Public Health

January 24 – As the COVID-19 pandemic changes, Centers for Disease Control and Prevention and the California Department of Public Health have re-evaluated the current situation and have released new practical recommendations to keep our community healthy.

These do NOT apply to healthcare workers (who continue to be covered by AFL 21-08.9), and employers/employees should continue to comply with Cal-OSHA in workplaces.

While COVID-19 continues to be circulating and can be deadly for some, there is more immunity in our communities from past COVID infections and vaccinations. The currently circulating dominant variants continue to be susceptible to the newest vaccines and treatments. Even with the concurrent Influenza and RSV yearly epidemics, the risk to our communities is under better control.

Therefore, recommendations now focus on prevention (vaccination and hygiene), early treatment, limiting exposure to the most vulnerable due to age and other medical conditions, and basing duration of interventions more on symptoms -- minimizing disruption of most activities in our community.

CDPH has released these recommendations to maximize effectiveness of our interventions:

- For prevention:
 - Stay up to date with the most current vaccines.
 - Stay home if you are sick.
 - Cover your coughs.
 - Wash your hands.
 - High risk people should consider wearing a high-quality mask in indoor and public places.
 - If you have new symptoms test for COVID (and Influenza) and if your test shows you do have COVID or Influenza, get the highly effective treatment.

If you have new Covid symptoms:

- Stay home.
 - Test right away.
 - Mask.
 - Treat, if needed.
- If you test negative, re-test in 1-2 days with a rapid test or a PCR/NAAT test.

If you test positive (even without symptoms) OR your provider has made a clinical diagnosis for SARS COVID 2:

- Stay home until you have not had fever for 24 hours (without fever-reducing medication) and your symptoms are mild and improving.
- Avoid contact with high risk people for ten (10) days.
- If you are high risk, seek highly effective treatment within five (5) to seven (7) days. If you cannot consult a provider, use the State contractor for free at 1-833-422-4255.
- Mask when you are around others for ten (10) days after you test is positive OR when symptoms start.
- You may end this sooner if you have not had fever for 24 hours (without fever-reducing medication), and your symptoms are mild and improving AND after two (2) negative tests one day apart.

To read the full press release for more details about different situations with COVID, testing and symptoms, visit www.mendocinocounty.org/Home/Components/News/News/6942/3756

Correction

The "Council updated on East Commercial project" story by B.B. Kamoroff published January 18, 2024 in Willits Weekly was incorrect about part of the proposal for City Park. The plan is to create a Centennial Plaza around the Centennial Monument, keeping the monument in place, and adding chess tables, pavers and seating.



At left: Chris Bartow and Andrew Hosford prepare their computers to help parents register at the in-person Little League registration, where parents were able to ask questions and pay by cash or check. Above: Families arrive at a steady pace during the day to register for the upcoming Little League season.

Below: While their parents are engaged in computer registration, the kids fill their stomachs with pizza. At bottom: Some kids entertain themselves while their parents register them for Little League at the Willits High School gymnasium on Saturday.

Little League Sign-ups

Parents and kids attend in-person registration for T-ball, baseball and softball on Saturday

It's that time again. Looking forward to April, signups for Willits Redwood Little League are in full swing. Last Saturday, families were invited to come down to the Willits High School gymnasium to register in person, ask questions, enjoy some pizza donated by Slam Dunk, and play some catch outside or basketball inside.

"It provides face time for people to come and ask questions," explained Andrew Hosford, president of the Willits Redwood Little League board, "because we have a couple of changes that are going on this year."

The changes Hosford referred to are an attempt to organize and sign up enough girls for a softball league and a newly refurbished field. "We've had a bunch of community members reach out to us each year for the past few years," Hosford continued. "They ask about girls softball, so we're going to give that a try."

"We're hoping to have enough people register for it. If we don't, we'll just continue to have the regular baseball program. We mostly have the little girls starting in T-ball and coach pitch. We have less girls in the minors, even less in the majors, and then we haven't had any in the juniors for a couple years."

"We have two really nice fields that were designed about 10 years ago," said Hosford. "We have another field that traditionally has been designated as a softball field. It's the southernmost field off of Commercial Street. We're redesigning that right now."

"We took off about four inches of dirt and grass and roots. We backfilled it with 240 tons of rock that was donated by Northern Aggregates. There were about nine truckloads. Willits Power donated the equipment to move it all. We did that to give it a good base. We got that done right before the rains started."

The next plan is to add about two to three inches of an infield mix of sand

Read the rest of **Baseball** Over on page 11



At far left: A young baseball player enjoys a slice of pizza at Little League signups on Saturday. Volunteer Shalynn Brewer helps with the registration and refreshments, including pizza donated by Slam Dunk.

Photos by Mathew Caine

Valentine's Day Dinner Drawing

THE MUNCHERY

a taste of the redwoods

February 9th: 8 pm

300 Todays Points Per ticket entry.

Get your Ticket Entries from February 1st to February 9th



AVENUES TO WELLNESS
 — YOUR HEALTH MATTERS —
 A PROGRAM OF THE FRANK R. HOWARD FOUNDATION

Bereavement Support Group

This facilitated 8-week group provides an opportunity to learn the symptoms of grief, as well as to recognize the individual nature of its expression and duration. With a fuller understanding of the grief process and effective ways to cope, we can find meaning and move forward.

Beginning Thursday February 8
 Time: 2-4pm
 Willits Senior Center Register NOW
 To register call:
 Suzanne Picetti-Johnson (707) 456-9676



Suzanne Wilson and Suzanne Picetti-Johnson Group Facilitators

SHERWOOD VALLEY CASINO

WWW.SVRCASINO.COM

Willits Weekly's Puzzle Page

Sudoku, Word Search & Crossword



	8	1						
		6	5					8
3				7			9	
		5	1					
	9			2	5	6		
								9
				6	7	4		
1		4	2	5				
2		9	7	3				

Level: Intermediate

HOW TO SUDOKU

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

ZODIAC WORD SEARCH

V	I	R	U	G	S	U	B	H	V	Y	E	Q	A	R	H	E	I	A	
H	U	Y	C	N	E	A	M	V	R	E	D	N	U	C	H	A	R	T	N
P	Z	N	U	Q	E	N	G	S	U	I	R	A	U	Q	A	G	A	R	T
Y	P	S	O	M	N	C	C	I	T	T	O	I	P	R	O	C	S	U	C
R	N	S	E	Y	A	O	A	T	R	T	T	P	B	N	G	B	G	L	R
M	L	A	L	U	T	T	I	L	P	T	E	G	Z	H	D	Q	N	R	R
O	I	S	P	H	I	T	T	A	R	A	R	C	N	S	A	Z	P	C	A
S	B	T	E	S	N	S	L	P	A	L	I	R	N	I	P	S	E	E	N
O	R	R	I	U	A	Z	V	A	R	L	P	C	I	A	L	E	E	G	B
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A	H	L	A	R	N	R	V	D	S	O	T	E	S	R	S	R	I	B	I
R	L	O	I	N	I	M	E	G	I	S	S	I	T	C	N	I	A	H	S
N	Q	G	S	T	D	R	A	R	O	A	T	R	A	S	E	C	Y	G	I
T	O	B	E	A	Q	Q	G	D	N	R	Y	C	M	E	R	N	S	V	M
S	E	R	B	E	P	O	C	S	O	R	O	H	E	P	T	O	D	E	S
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U	P	I	R	L	T	E	M	P	E	R	A	M	E	U	H	P	R	O	U
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T	H	M	Z	E	D	Q	D	O	E	Y	A	D	H	T	R	I	B	G	V

ABSIDES	CHART	LUNAR	SIGN
ADHERENCE	CONSTELLATION	MOON	SOLAR
AQUARIUS	CUSP	PERSONALITY	SUN
ARIES	GEMINI	PHASES	TAURUS
ASTROLOGER	GRID	PISCES	TEMPERAMENT
BIRTHDAY	HOROSCOPE	PLANET	TRAITS
CANCER	HOUSE	RULING	UNDER
CAPRICORN	LEO	SAGITTARIUS	VIRGO
CAST	LIBRA	SCORPIO	ZODIAC

1	2	3				4	5	6	7
8			9					10	
11								12	
13				14				15	
16								17	
18					19	20			
					21			22	
					23			24	
					25			26	
					27			28	
					29	30	31	32	33
					34			35	
36								37	
38								39	
40								41	
42								43	

CLUES ACROSS

- One point south of due east
- Coagulated blood
- Fortifying ditch
- Devotee of Hinduism
- Trunk of a tree
- Bank note
- Capital of Guam
- Study again
- Covered with hoarfrost
- Opening
- Legendary Rolling Stone
- Stray
- Computer storing system
- Signal
- Pitching statistic
- Human being
- Malaysian isthmus
- The "Blonde Bombshell"

- A gland
- Bluish greens
- Endangered
- Three-dimensional
- In a way, precipitated
- Blemished
- Flow or leak slowly
- Disco legends The Bee
- Midway between south and southeast
- Small lake
- Belief
- Sunrooms
- Metric weight unit
- Vasopressin
- Bravo! Bravo! Bravo!
- One-time family room staple
- Got back together
- Anger
- Sang merrily
- Sea eagle
- Military men
- Kilo yard (abbr.)
- Found in the sea
- Protects from weather
- Type of medicine
- City along the Rhine
- Animal disease
- Martini ingredients
- Get away
- Lack of disunity
- One-time European Commission officer

CLUES DOWN

- A way to board
- Get down
- Highly seasoned sausage
- First day of month
- Eurasian shrubs
- The organ that bears the ovules of a flower

WILLITS POLICE DEPARTMENT POLICE LOG

December 29 to January 7
By Danya Davis, Willits Weekly

The officers of the Willits Police Department handled 109 incidents in this 10-day reporting period.

Summary of Active Investigations and Arrests

December 29

5:35 pm: Officers responded to a disturbance in the 800 block of South Main Street.

December 30

9:38 am: Officers responded to a report of an unwanted subject in the 800 block of South Main Street.

11:45 am: Officers conducted a stop near the intersection of Sherwood Road and Brooktrails Drive and issued a warning.

11:58 am: Officers responded to a report of suspicious activity in the 400 block of Redwood Avenue.

4:23 pm: Officers conducted a stop in the 1700 block of South Main Street and issued a citation.

4:33 pm: Officers responded to a report of an unwanted subject in the 100 block of Alder Court.

4:39 pm: Officers conducted a stop in the 500 block of South Main Street and issued a warning.

6:48 pm: Officers conducted a stop near the intersection of South Main Street and California Street and issued a warning.

7:08 pm: Officers conducted a stop in the 500 block of South Main Street and issued a citation.

8:35 pm: Officers responded to a report of a suspicious vehicle in the 300 block of East Commercial Street and issued a warning.

8:41 pm: Officers conducted a stop in the 500 block of East Commercial Street and issued a citation.

10:34 pm: Officers responded to a report of a suspicious vehicle in the 500 block of East Commercial Street and issued a warning.

11:10 pm: Officers conducted a stop in the 800 block of South Main Street and issued a warning.

December 31

11:30 am: Officers responded to a report of vandalism in the 1700 block of South Main Street.

12:44 pm: Officers responded to a disturbance in the 1200 block of South Main Street.

6:11 pm: Officers conducted a stop in the 500 block of Della Avenue and issued a citation.

6:44 pm: Officers conducted a stop in the 1700 block of South Main Street and issued a citation.

9:25 pm: Officers conducted a stop near the intersection of West Highway 20 and Coast Street and issued a citation.

January 1

1:51 am: ORTIZ, George Michael (23) of Ukiah was contacted near the intersection of Sherwood Road and North Main Street. He was arrested on misdemeanor charges of driving under the influence of alcohol and drugs, driving with a suspended license, and possession of a controlled substance.

8:57 pm: Officers responded to a report of vandalism in the 100 block of Alder Court.

January 2

11:12 am: Officers initiated a theft investigation in the 800 block of South Main Street and issued a citation.

January 3

11:29 am: Officers initiated a theft investigation in the 800 block of South Main Street and issued a citation.

1:14 pm: Officers responded to a report of an unwanted subject in the 1700 block of Elm Lane.

3:29 pm: Officers conducted a stop near the intersection of Hazel Street and South Main Street and issued a warning.

3:38 pm: Officers conducted a stop in the

500 block of East Commercial Street and issued a citation.

8:30 pm: Officers conducted a stop near the intersection of Sherwood Road and North Main Street and issued a citation.

January 4

12:00 pm: Officers responded to a report of trespassing in the 100 block of East Oak Street.

3:04 pm: Officers initiated a vehicle theft investigation in the 800 block of Coast Street.

6:26 pm: Officers conducted a stop near the intersection of Sherwood Road and North Main Street and issued a citation.

8:30 pm: MCCARTNEY, Bradley William (68) of Willits was contacted in the 700 block of South Main Street. He was arrested on misdemeanor charges of drinking or possessing alcohol in public and failure to appear.

January 5

4:53 am: Officers responded to a report of vandalism in the 400 block of Central Street.

5:07 am: Officers responded to a disturbance in the 100 block of Monroe Street.

6:22 am: Officers initiated a theft investigation in the 100 block of Monroe Street.

9:19 am: Officers responded to a report of suspicious activity near the intersection of Holly Street and South Main Street.

10:40 am: Officers responded to a report of suspicious activity in the 1100 block of South Main Street.

1:27 pm: Officers initiated a theft investigation in the 100 block of East San Francisco Avenue.

4:21 pm: Officers initiated a burglary investigation in the 300 block of Robert Drive.

7:14 pm: Officers conducted a stop in the 200 block of South Main Street and issued a warning.

8:20 pm: Officers conducted a stop in the 1200 block of South Main Street and issued a warning.

8:30 pm: Officers conducted a stop in the 1400 block of South Main Street and issued a citation.

11:21 pm: Officers responded to a report of a suspicious vehicle in the 400 block of East Commercial Street and issued a warning.

January 6

10:50 am: Officers responded to a report of illegal camping in the 100 block of East Commercial Street and issued a warning.

January 7

4:29 am: Officers responded to a disturbance in the 100 block of Alder Court.

10:10 am: Officers conducted a stop in the 500 block of South Main Street and issued a citation.

12:35 pm: Officers conducted a stop in the 800 block of South Main Street and issued a warning.

5:00 pm: Officers conducted a stop in the 1200 block of South Main Street and issued a warning.

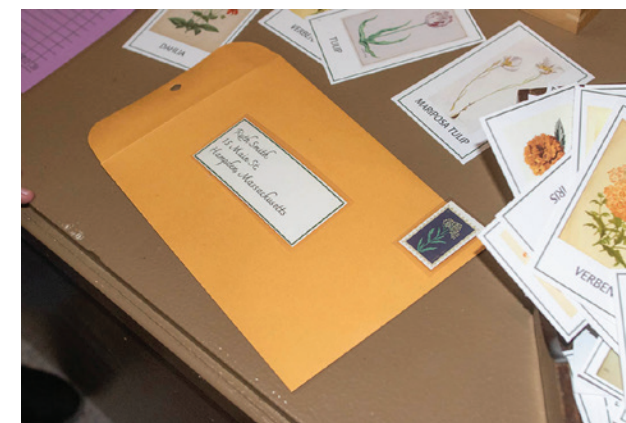
5:05 pm: WESTCOTT, Cassandra (31) of Willits was contacted in the 1500 block of South Main Street following a disturbance. She was arrested on misdemeanor charges of false reporting of an emergency, false reporting of a crime, disorderly conduct (alcohol), and violation of probation.

6:39 pm: Officers responded to a report of suspicious activity in the 700 block of South Main Street.

9:41 pm: ACEVEDODURAN, Jorge Alexis (19) of Willits was contacted in the 1200 block of South Main Street following a disturbance. He was arrested on felony charges of cruelty to a child (inflicting injury) and contact with intent to commit lewd acts with a minor, and on misdemeanor charges of molesting a victim under 18 years of age and contributing to the delinquency of a minor.



Jorge Acevedo Duran of Willits



Above, from left: Several of the plant prints from the museum's extensive Henry Evans collection are on display. Mock orders are placed in envelopes as part of an interactive activity for kids. Sketches of some of the flora indigenous to Mendocino County hang on the museum walls. Below, left: The exhibit explores the botanists of Mendocino County who identified, catalogued and sold plants of the county. Below, right: An invoice from the McNamee Pacific Guano & Fertilizer Company is part of the exhibit.

'In the Field' Mendocino County Museum exhibit highlights the history of botany in the area

The current exhibit at the Mendocino County Museum, titled "In the Field: Exploring Botany in Mendocino County" explores the botanists who were involved in putting the county on the biological map with their studies of the diverse native plants that inhabit the area.

The exhibit delves into merchants who created national and international markets for the vegetation, such as Carl Purdy, who "became California famous early on because he was responsible for the landscaping of the Panama Pacific International Exposition, in San Francisco, in 1915," explained Mendocino County Museum Administrator Karen Mattson. "He received a huge reputation and had to decide what he was going to do with his career, and he chose to come back to Mendocino County to live."

"He was in love with wildflowers and native plants," said Mattson. "He decided to start a catalog business, even though he wasn't sure that it could actually work at the beginning. He started selling bulbs through catalogs. He became very successful and began to branch out beyond native plants to various kinds of diverse species."

Read the rest of
Botany | Over on page 11



Above, left: One of the exhibits, created by local historian Dot Brovarney, tells the story of several botanists who worked together. Above, right: One of the Dot Brovarney exhibits shows some of the rich diversity of plants in the county. At left: Museum volunteer Karen Bishop and her granddaughter, Halle Cochran, go over the instructions for the Carl Purdy order game. Below, from left: Halle Cochran and other participants are invited to identify the requested plants to be shipped. Museum Administrator Karen Mattson, points out the extensive collection of county records, including minutes of many years of supervisors' meetings. The museum staff, visitors and volunteers look over one of the many exhibits.



Cult classic Richard O'Brien's 'The Rocky Horror Show' plays at Willits Community Theatre February 9 through 25

By Steve Hellman, for WCT

The cult classic, Richard O'Brien's 'The Rocky Horror Show,' plays at the Willits Community Theatre from February 9 to 25. In this comic musical from 1974, sweethearts Brad and Janet end up stuck with a flat tire during a storm. Looking for help, they discover the eerie mansion of Dr. Frank-N-Furter.

In a story of lost innocence, the couple finds themselves delivered into a houseful of wild characters, including a rocking biker and a creepy butler. Through elaborate dances and rock songs, Frank-N-Furter unveils his latest creation: a muscular man named Rocky.

Never before performed live in Willits, this popular cultural icon is directed by Bhavy Ducharme in a new and refreshing perspective. Ducharme says this production is not intended to invite the audience to yell and throw toast at the actors – among other crowd interactions; however, it is presented as it was originally in 1974, with great acting, silly characters, and catchy songs.

Producer and actor Jeff Shipp believes that behind all the silly cult antics is a really fun and energizing musical with an

engaging storyline and a surprisingly wholesome and timely message. On the 50th anniversary of the original production, director Ducharme and his cast offer up this fresh look at the play and its unique stylings – setting the play in 1924 – a real time warp.

With musical direction from Abigail Strock and choreography by Pearl Marill, the intimate production features live music, dance and comic horror intended to immerse the audience into a silly and comic romp.

Appearing in the production are Chuck Mordock, in his third and final appearance as Dr. Frank-N-Furter, with a fresh take on the central character, along with actors Jeshua Holt, Haley Morse, Dave Strock, Sarah France, Rebecca King, Danielle Martin, Jeff Shipp, Prana, Pat Nunes, Liam UICearbail, Ben Wilson, Jennifer Lockwood and Veronica Wilson.

The show runs February 9 through 25, with performances on Friday and Saturday at 7:30 pm; Sunday matinees at 2 pm. Tickets are \$20 and available online at: www.wctperformingartscenter.org, or at the door.

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The Best of Lake and Mendocino is presented by Biosocial Media. It is a vote-based contest for individuals and businesses that serve Lake County, CA, and Mendocino County, CA. Nominations are provided by the community and after the nomination period is completed, the names of nominated businesses in each of the categories are finalized and make up the Official Best of Lake and Mendocino voting ballot. The audience can then vote on one choice in each category. Voters are allowed to nominate without limits and once the voting period has begun, one vote per category per 24-hour period is allowed. Listing in this publication and/or award is not a guarantee of future investment success. This recognition should not be construed as an endorsement of the advisor by any client. No compensation was provided directly or indirectly by the recipient for participation or in connection with obtaining or using the third party rating or award.

SPIRITUAL PATHWAYS

Agape Bible Church
290 S. Lenore Ave.
Willits, CA 95490
Where love is first and the Bible is central.
Sunday Services: 10:00 a.m. - Worship
Adult Sunday School 9:00 a.m.
Info? 707-459-1905
www.agapebilechurch.com

Amazing Grace Assembly of God Church
803 Coast Street
P.O. Box 489, Willits
Worship Service - 5:00 p.m.
Pastor Kris Strickland
EVERYBODY IS WELCOME

Church of Christ
"What must we do to be saved?"
Acts 2:37
1095 S. Main St., Willits
(next to Super 8)
(707) 459-5023
Sunday Bible Study-10:00 a.m.
Sunday Worship-11:00 a.m.
Sunday Evening Service-6-7:00 p.m.
Wednesday Bible Study-7-8:00 p.m.

The Church of Jesus Christ of Latter-day Saints
265 Margie Drive
Willits, CA 95490
ALL ARE WELCOME
Sacrament Meeting
Sundays at 10:00 a.m.

Eckankar: The Path of Spiritual Freedom
•A University for Soul
•Spiritual Living Courses
•Spiritual Discussions
•ECK Light & Sound Services
More information?
Call 530-224-8703
www.eckankar.org

Grace Community Church
Celebrating Life In Christ
25 Hazel Street, Willits
Modified Worship Service 10 a.m.
Other ministries suspended for now.
For appointments call:
(707) 459-3106

St. Anthony of Padua Catholic Church
61 W. San Francisco Ave.
Willits, CA 95490
Father Aaron Bandanadam
Mass times:
Wednesday-Friday 9:00 a.m.
Saturday 5:30 p.m.
Sunday 9:00 a.m. - English
10:30 a.m. - Spanish
Confessions on Saturday
4:45 - 5:15 p.m.
Or by appointment at
707-459-2252
https://stanthonywillits.org/
sainthonywillits@gmail.com
We welcome All Walks of Faith!

St. Francis Episcopal Church
1 North Main Street, Willits
707-272-9177
Sunday Service - 10 a.m.
In-person and on Zoom
Call for information.
ALL ARE WELCOME
The Rev. Betsy Bruneau

St. John Lutheran Church
Church Service:
Sunday 10:00 to 11:00
(707) 459-2988
24 Mill Creek Drive
ALL ARE WELCOME

Willits Seventh-Day Adventist Church
707-459-5714
Friendly, open worship
Saturdays
Bible Study - 9:30 a.m.
Worship Service - 10:45 a.m.
Zoom Transmission Available.
Wednesday
Prayer Meeting - 7:00 p.m.
399 W. Mendocino Ave.
All are welcome!

Willits United Methodist Church
Labyrinth and Peace Garden
A place to find comfort where all are welcome.
Pastor Rosemary Landry
Sunday Worship at 10:30 am
286 School St. (at Pine)
707-459-2855
wumc@willitsonline.com
www.willitsumc.org
Facebook: facebook/willitsumc
If you want to be included in this column please call:
April Tweddell
(707) 972-2475
aprilt@willitsweekly.com

Thursday, February 1

Willits Farmers Market: The weekly farmers market is indoors for the winter season Thursday afternoons at the Little Lake Grange, 291 School Street. Thursdays, from 3 to 5:30 pm. Local produce, local meat, farm fresh eggs, delicious meals, tasty treats, live music, the new edition of Willits Weekly, the Herbal Wellness Wagon, and more. Tobin's Tales, story time at the farmers market, from 3:30 to 4 pm, with Library Assistant Tobin reading selected juvenile picture books. All are welcome.

Herbal Wellness Wagon: The Mendocino County Herb Guild and the Community Wellness Collective are bringing the Herbal Wellness Wagon to the Willits Farmers Market on Thursdays in February. Herbalists, nurses, doctors, and other volunteers provide free services including blood pressure checks, health consultations, free herbal remedies and (always) a cup of herbal tea. Find us in the hallway of Little Lake Grange alongside Nuestra Alianza. More info: 707-272-3373 or MendoCWC@gmail.com

Towse at Shanachie: London based duo with violin, piano and two voices plays "feelings-forward-folk-pop with a sense of humour and theatrical energy." Thursday, February 1 at 7 pm at Shanachie Pub, 50 South Main Street.



Friday, February 2

'Just Another Audition' at WCS: Willits Charter School presents the second weekend of Bryan Starchman's production of "Just Another Audition," a comedy that takes the audience backstage to witness the worst high school auditions EVER - where anything that can go wrong, does go wrong! A rollicking show full of accidental auditions, movie and pop culture hits reworked, bad songs, creepy clowns, overbearing drama mamas, and some slithering surprise guests. This weekend's shows: February 2 and 3 at 7 pm; and February 4 at 2 pm, at the WCS' new venue, 1431 South Main Street.

Latchkey at Shanachie: Canadian band Latchkey "mixes elements from countrified soul, 70s AM radio, and four-part vocal harmony, and puts the results through a punk rock filter." Friday, February 2, 8 pm, at Shanachie Pub, 50 South Main Street.



Saturday, February 3

Waldorf School's annual Poker Tournament: Get ready to shuffle up and deal for a good cause! The Waldorf School of Mendocino County is hosting its 11th Annual Texas Hold 'Em Poker Tournament on Saturday, February 3, at Sparetime Supply, 300 East Commercial Street. Check in from 4 pm, games at 4:30 pm, plus a scrumptious tri-tip dinner. \$50 buy-in includes dinner. For tickets and add-ons, visit: www.mendocinowaldorf.org/event-details/11th-annual-texas-holdem-poker-tournament

11th Annual Texas Hold'Em
POKER Tournament
Saturday, February 3rd, 2024

WILLITS CENTER FOR THE ARTS presents
THE ART OF DISTILLING
Discover the RapsCALLion Spirit!
\$25 presale/\$30 at the door

RAPS CALLION SPIRITS CO.
DISTILLERY POURS
ART TALK
DRAMS & NIBBLES

Music by WENDY DEWITT
Queen of Berginidge

SATURDAY FEB 17 DOORS OPEN AT 5:30PM 6-8PM
Tickets available at willitscenterforthearts.org
71 E Commercial Ave Willits, Ca

"Convergence of Artistic Journeys": The February show at the Willits Center for the Arts features autobiographies and artworks of two distinct yet equally compelling artists, whose works have Western themes and landscapes, Shari Fischer and Natalie Campbell. The Meet the Artists Reception for "Convergence of Artistic Journeys" is Saturday, February 3 from 6 to 9 pm, at the Art Center, 71 East Commercial Street.

'Just Another Audition' at WCS: 7 pm; see February 2 listing for details.

Sunday, February 4

Edie Ceccarelli's 116th Birthday Parade Today: Come celebrate Edie Ceccarelli of Willits, who is turning 116 on February 5. Edie is now the second oldest person in the entire world and the oldest in the U.S.! To join the parade, happening Sunday, February 4 starting at 1 pm, go straight at the stop sign at Haehl Creek Drive and Grove Street. Take a left on Grove Street and continue to your right-hand side. Drive through with a decorated car (signs, streamers, balloons, flags). Wave as you pass her house to wish her a happy birthday! Organizers remind the public to please make sure to stay behind the boundary as not to crowd Edie, and to allow her to see the parade, and the parade to see her. This event is hosted by the Holy Spirit Residential Care Home and the Frank R. Howard Foundation.

Fruit Tree Pruning Workshop: Richard Tootreese Jeske will present and demonstrate how to properly prune fruit trees and grape vines for the home gardener, Sunday, February 4, from 10 am to 2:30 pm. Topics include heading vs. thinning cuts, summer vs. winter pruning, tree parts and health and vigor, sun requirements, tools, ladder-less orcharding, and what grows and produces best in our region. The first part of the workshop will be indoors at the HUB (Willits Environmental Center/WELL), 630 South Main Street. After a short lunch break we will resume at Richard's home orchard on East Hill Road. Cost: \$25. To register call Richard at 459-5926. Space is limited.

Blushin' Roullettes at Shanachie: Guitarist / songwriter Angie Heimann and Cas Sockacki on dobro, deliver old-time tunes with a modern twist. Thursday, February 8 at 6 pm. Shanachie Pub, 50 South Main Street.

WCA Art Talk: Willits Center for the Arts presents one of its series of free Art Talks, this time, "The Amazing 17th Century," presented by WCA Curator Gary Martin. Friday, February 9, at 6:30 pm, upstairs in the Great Room, 71 East Commercial Street.

'Just Another Audition' at WCS: Final run of the show, 2 pm. See February 2 listing for details.

Celebrate WELL's 20th year: Willits Economic Localization hosts an open house and "Brainstorm," Sunday, February 4, at 4 pm, at the Willits Hub, 630 South Main Street, to envision projects and priorities for 2024 and beyond. "We are all part of building a sustainable, thriving community. What do YOU want to see happen?" Everyone is welcome. More info: contact Madge at 707-459-1493 or mstrong@willitsonline.com or Jane at janemcabe1944@yahoo.com.

WELL's 20th Birthday BRAINSTORM

Willits Economic Localization celebrates 20 years of COMMUNITY ACTION with an OPEN HOUSE and BRAINSTORM for all influencers of the future and guests of change.

What is Willits doing right? What do we need in the future? Where do you want to go and MAKE IT HAPPEN

Sunday February 4, 4 PM
WELL Office, 630 S. Main St., Willits
2 doors south of Murphy's Market

Ongoing Events at the Willits Library
Willits Library, 390 East Commercial Street.
Info: www.mendolib.org or 459-5908.

Story Time: Tuesday through Friday each week, 10:30 to 11 am. "Start your morning listening to a story. Join us in the children's area of the library."

Penny University Coffee Klatch: Tuesdays, 11 am to noon. We will meet in the Willits Library meeting room to discuss various topics while enjoying a "cup of joe". Topics will range and will be announced ahead of time."

LEGO Club: Tuesdays, 5:30 to 6:30 pm. "It is LEGO time at the library. Bring your imagination and start building."

Willits Walk and Talk: Join the Willits Branch Library staff for a 20- to 30-minute walk around the neighborhood. Come enjoy a little bit of exercise as well as some pleasant conversation. All ages are welcome. Wednesdays and Fridays at 10 am; meet at the front entrance to the library, 390 East Commercial Street. Info: www.mendolib.org or call the Willits Branch Library at 707-459-5908.

Games at the Library: Every 1st and 3rd Friday of the month we will be bringing out the cards and board games. All ages & player levels welcome. Bring your own games to add to the fun!

Tech Help: Every first and third Saturday from 11 am to 12 pm: Is your computer on the friz? Want to install a new app? Bring your tech questions and get help from the library's tech savvy volunteer

Spinning & Knitting: Every Saturday at the library: from 1 to 4:30 pm. "All skill levels welcome! Spinning circle 1 to 2 pm, Knitting circle 2 to 4:30 pm."

What's Happening Around Town

Wednesday, February 7

Twining Time at Brickhouse: John Wagenet and Anita Wagenet Blu of Twining Time perform at Brickhouse Coffee, Wednesday, February 7 (and the first Wednesday of every month), from 12 to 2 pm. Folk/Country/Mountain Americana Roots plus new and old favorites as well as original music, with 2 part polished vocal harmonies, acoustic guitar and keyboard. Info: https://twiningtime.weebly.com

Willits Song Circle: Every first Wednesday, this month February 7, Edie's address of 414 Grove Street, which will be on your right-hand side. Drive through with a decorated car (signs, streamers, balloons, flags). Wave as you pass her house to wish her a happy birthday! Organizers remind the public to please make sure to stay behind the boundary as not to crowd Edie, and to allow her to see the parade, and the parade to see her. This event is hosted by the Holy Spirit Residential Care Home and the Frank R. Howard Foundation.

Thursday, February 8
Blushin' Roullettes at Shanachie: Guitarist / songwriter Angie Heimann and Cas Sockacki on dobro, deliver old-time tunes with a modern twist. Thursday, February 8 at 6 pm. Shanachie Pub, 50 South Main Street.

Friday, February 9

WCA Art Talk: Willits Center for the Arts presents one of its series of free Art Talks, this time, "The Amazing 17th Century," presented by WCA Curator Gary Martin. Friday, February 9, at 6:30 pm, upstairs in the Great Room, 71 East Commercial Street.

'The Rocky Horror Show' at WCT: The cult classic, Richard O'Brien's The Rocky Horror Show, opens at the Willits Community Theatre Friday, February 9, and plays through February 25. In this comic musical from 1974, sweethearts Brad and Janet end up in the eerie mansion of Dr. Frank-N-Furter, faced with a cast of wild characters, including a

Proudly sponsoring the Willits weekly calendar section

HEART OF THE REDWOODS
Willits
CHAMBER OF COMMERCE
Est. 1926
www.willits.org
info@willits.org
707.459.7910
299 East Commercial Street | Willits, CA

rocking biker, creepy butler, and the mad doctor's latest creation: a muscular man named "Rocky." The intimate production features live music, dance, and comic horror intended to immerse the audience into a silly and comic romp. Performances on Friday and Saturday at 7:30 pm and Sunday matinees at 2 pm. Tickets are \$20 and available online at: www.wctperformingartscenter.org, or at the door. WCT Playhouse, 37 West Van Lane.

Blue Luke at Shanachie: "Blue Luke" Andrews is a prodigy guitarist, born and raised in Dos Rios, Mendocino County: "Imagine a band that takes the soul of the blues, the groove of the funk, the grit of rock & roll and the rich harmonies of jazz to create exactly what you've always wanted to hear." Friday, February 9 at 8 pm, Shanachie Pub, 50 South Main Street.

Saturday, February 10

Date Night at the Museum: The Mendocino County Museum in Willits starts its spring series of Behind the Scenes museum tours, with a "Date Night" open house on Saturday, February 10 from 6 to 8 pm. Visitors are invited to tour areas rarely open to the public, including the Museum collections storage facility, and to see special exhibits and artifacts new to the collection. View the new exhibit, "In the Field: Exploring Botany in Mendocino County," try your hand at field sketching at our Daffodil Station, and create a nature-inspired Valentine. Enjoy rose-scented Italian sodas and chocolate treats provided by the Friends of the Museum. Roots of Motive Power will open the Engine House for tours. For this special event, adult admission is \$9, and

DATE NIGHT AT THE MENDOCINO COUNTY MUSEUM
Behind the Scenes Tours

Date Night at the Museum
SATURDAY FEBRUARY 10, 6 - 8 PM

Join us for a special evening of museum tours, interactive activities, and a special dinner. The event is open to all ages and is a great way to spend a date night. Tickets are \$9 for adults, \$5 for children 12 and under, and \$2 for children 11 and under. Reservations are required. Space is limited. For more information, visit www.mendocinocounty.org/museum

More Behind the Scenes Tours Dates

Behind the Scenes Tours Dates

Behind the Scenes Tours Dates

children 17 and under \$3 (recommended for kids aged 8 and up). Space is limited; make a reservation at museum@mendocinocounty.gov or 707-234-6365. More info: www.mendocinocounty.org/museum

'The Rocky Horror Show' at WCT: 7:30 pm; see February 9 listing for details.

Carnaval II at the Grange: Celebrate Carnaval season with the return of Samba Da and its joyous blend of Afro-Brazilian Funk Dance music. Cosmic Pickle Productions presents on Saturday, February 10 at the Willits Grange to benefit the Grange's building fund. Also featuring Mendocino roots Reggae from Rising Signs, and a performance by Samba dance troupe Dançarinas de Felicidade. Brazilian-inspired food provided by Mendough's available, plus local beer (Northspur Brewing) and

Cosmic Pickle Productions presents
Carnaval II
A fundraiser for the Little Lake Grange Building Fund Saturday, February 10, 2024
291 School St - Willits

Featuring:
SAMBADA
Afro-Brazilian Funk-Dance Music

RISING SIGNS
Mendocino Roots Reggae

DANCARINAS DE FELICIDADE
Samba Dance Troupe

Sound & Lights by Anicet Radio Productions

Three Great Shows from the Grange!
Kids 12 and under free
Local Beer | Wine | Cocktails

Purchase tickets at:
Mendough's | Willits | Willits

Food provided by:
Mendough's | Willits | Willits

Beer and Wine provided by:
Mendough's | Willits | Willits

Willits Community Theatre Presents
THE ROCKY HORROR SHOW
February 9th-25th
7:30pm - 8:00pm
37 West Van Lane, Willits, CA
Tickets \$20
Advance tickets available at:
www.wctperformingartscenter.org
For More Information, please contact:
www.willitscenterforthearts.org

wine (Frey Vineyards) and cocktails. Sound & Lights by Ancestor Radio Productions. Doors open 6 pm; 7 pm showtime. \$20 advance (at Flying Dog Pizza, J.D. Redhouse and Eventbrite: \$25 at the door. Kids 12 and under free.

"Shiny Eyes" at Shanachie: DJ Dental performs "Shiny Eyes Shadow Puppets": "The serene world of ambient music meets the captivating realm of shadow art." Also a set of ethno-musical collage utilizing turntables, a tape deck, and lots of style. Saturday, February 10 at 7 pm at Shanachie Pub, 50 South Main Street.

Sunday, February 11

'The Rocky Horror Show' at WCT: 2 pm; see February 9 listing for details.

COLUMN | AT THE MOVIES

'Poor Things'

The Story (with spoilers): This is a satire featuring bizarre vivisection, but also human comedy and drama, and social commentary. It's late 19th century London in the era of Scientific Wonders and Mad Scientists. A dead woman (a nameless suicide) is resurrected with a new brain - the brain of an infant - placed into her skull

by an infamous surgeon, Dr. Godwin "God" Baxter (Willem DeFoe).

The nameless suicide is rechristened "Bella Baxter" (Emma Stone). She is physically a mature woman, but also Bella is just a big clumsy baby. Godwin teaches Bella how to walk, to speak, (some) table manners. Also, Bella learns how not to be rude (more or less). She looks around at her brave new world, and she longs to explore its wonders.

And then, and quite by chance, Bella discovers sexual pleasure. Unsurprisingly, her sexual awakening leads to conflict. Several men fall in love with Bella. And men, being men, and perhaps inevitably, their need to own her and control her innocence is corrupted by brutish jealousies. And thus follows a colorful, pitiful chronicle of libertine lusts and overwrought emotional destruction.

My Thoughts: A fantastical satire of male and female interactions, and the psychopathology of control. Lovers walk a high tightrope. How sad and pathetic (asserts brilliant producer/director Yorgos Lanthimos) are those who waste themselves and their lives, clinging jealously to that rope, hanging on and fearful of the fall. Ending my review on that histrionic note, I loved this movie - gory and bloody and surprisingly joyful - chirpy even.

Parents: No. Absolutely "NO!"
Willitsian Daniel Essman prefers his reality attenuated by the wisdom of the imagination.

Parents: No. Absolutely "NO!"
Willitsian Daniel Essman prefers his reality attenuated by the wisdom of the imagination.

WILLITS SCIENCE FAIR
Judging will take place February 9-11
Classroom visits will take place February 12-15

OPEN HOURS FOR THE PUBLIC:
Tuesday, February 13 from 3-6 pm
Location: Willits Community Center

For More Information, please contact:
www.willitscenterforthearts.org
https://www.willitscenterforthearts.org/science-fair

Avenues to Wellness presents a Bereavement Support Group

This facilitated 8-week group offers by Avenues to Wellness provides an opportunity to learn the symptoms of grief, as well as to recognize the individual nature of its expression and duration. With a fuller understanding of the grief process and effective ways to cope, we can find meaning and move forward. This group starts Thursday, February 8, 2 to 4 pm at Willits Senior Center. Free of charge. Group facilitators are Susana Wilson and Suzanne Picetti-Johnson. Please call Suzanne to register or for more information: 707-456-9676. Avenues to Wellness is a program of the Frank R. Howard Foundation. Visit: avenuestowellness.org

WILLITS CENTER FOR THE ARTS Present
ART TALKS

FRIDAY FEB. 9 6:30 PM

PRESENTED BY GARY MARTIN

THE AMAZING 17TH CENTURY.
Willits Center for the Arts
71 E. Commercial St. Willits, CA 95490
willitscenterforthearts.org

RapsCALLion Spirits Co. event at WCA, February 17

Willits Center for the Arts will host RapsCALLion Spirits Co. as part of WCA's Art & Craft of Distilling series of tasting events and presentations. Features RapsCALLion Spirits' Master Distiller Lee Sasson on distilling, as well as Michelle Sasson on RapsCALLion's lively label art. Pouring their signature whiskey, gin, rum, and vodka. Live ragtime and blues by pianist Wendy DeWitt, and charcuterie pairings. Saturday, February 17, from 6 to 8 pm. Tickets (limited) on sale now for \$25 at www.willitscenterforthearts.org or \$30 at the door if not sold out.

WILLITS CENTER FOR THE ARTS

NATALIE CAMPBELL SHARRI FISHER

OPENING FEB. 3 6:00 UNTIL 9:00 PM

71 EAST COMMERCIAL ST. WILLITS, CA 95490
707-459-1726
willitscenterforthearts.org

NOY Theatre Willits, CA
57 East Commercial Street - Willits
707-459-6660
www.noytheatre.com

Next Week:
LISA FRANKENSTEIN

ARGYLLE

(PG) 2 hrs 15 mins
Fri.: 5:15 & 8:15pm
Sat.: 2:15, 5:15 & 8:15pm
Sun.: 1:15, 4:15 & 7:15pm

Mon.-Thurs.: 4:15 & 7:15pm

THE BEEKEEPER

(R) 1 hr 45 mins
Fri.: 6:00 & 8:30pm
Sat.: 3:30, 6:00 & 8:30pm
Sun.: 2:30, 5:00 & 7:30pm

Tues.-Thurs.: 5:00 & 7:30pm

POOR THINGS

(R) 2 hrs 21 mins
Fri.: 4:50 & 8:00pm
Sat.: 1:40, 4:50 & 8:00pm
Sun.: 12:40, 3:50 & 7:00pm

Mon.-Thurs.: 3:50 & 7:00pm

OVER 21 CLUB - Luxury Recliners
Masks Optional

Enchilada Dinner
FRIDAY, FEB 23 4-6 PM
WHS LOOP

Heat and serve dinner for two.
Dinner includes four enchiladas, rice & beans.
Choose chicken or cheese enchiladas.

TICKETS AVAILABLE AT:
101 Trailer & RV Supply
Monkey Wrench

\$25 Chicken
\$20 Cheese

Thank you to sponsors: Willits High School, Willits Middle School, Willits Elementary, and Christy Wilson for all your help!

Sober Grad Enchilada Fundraiser, February 23

Willits Sober Grad is offering the community a new fundraiser to support the Class of 2024's graduation event: a heat & serve Enchilada Dinner for 2. Drive-thru pickup is set for Friday, February 23, from 4 to 6 pm, at the Willits High School loop. Tickets, \$25 for chicken enchiladas and \$20 for cheese enchiladas, are available at 101 Trailer & RV Supply, Monkey Wrench Men & Women's Wear, and Nor Crawl.

Ash Wednesday at St. John's

St. John Lutheran Church of Willits warmly invites our community to join us on Wednesday, February 14 at 5 pm as we celebrate a season of renewal beginning with Ash Wednesday. This is a special time of the church year to worship and express our love for Christ and one another. The service will include music led by local artists, prayer, and a message of love, hope, and renewal by Deacon Cory Paine. Services to be held at 24 Mill Creek Drive. Info about these services and other events: visit the "St. John Lutheran Church Willits" page on Facebook.



Willits artists featured at Brickhouse Coffee

Brickhouse Coffee has put up a new exhibit of art by three wonderful Willits area artists: Marco Donner, Marta Alonso Canillar and Bobbie Yokum.

Donner's beautiful oil paintings are in glorious colors – most of them seascapes, many with fantastical elements like angels, a dragon, or seagulls playing chess. His "The Madonna of the Waves" shows the Madonna with a gold paint halo blessing sea creatures.

Marta Alonso Canillar's colorful and complex art works depict multiple elements of beautiful Mendocino County, from the rolling hills and small farms to the creatures that live here, too, including bees and their honeycombs.

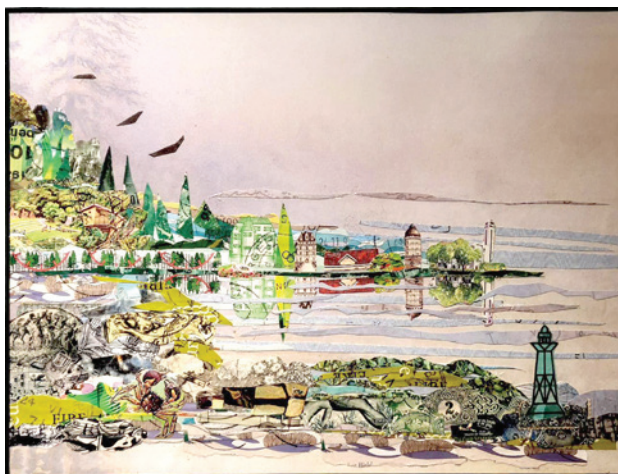
Bobbie Yokum makes unique collages using cut-up postage stamps. Subjects up at Brickhouse (in the back corner, don't miss them!) include a quail family, flowers, a harbor, and an aircraft with rotors in front over a map of Sacramento.

Prices for the art works are listed in a wide range – making this exhibit a good opportunity to pick up a piece of original art or a print by a Willits artist for an affordable price.

Brickhouse Coffee, 3 South Main Street at the corner of East Commercial, is open 7 am to 3 pm, Monday through Saturday (closed on Sundays).

– Jennifer Poole

One of the remarkable "postage stamp" collages made by Willits artist Bobbie Yokum. Photo courtesy Brickhouse Coffee.



Above: Marco Donner's "Once Here One Can Always Return." Below, left: "Les Enfants du Paradis (The Children of Paradise) have a ride out of Suburbia," by Marco Donner. Below, right: "La Madonna of the Waves," by Marco Donner. At bottom: "...and in come Mario, Guiseppi and Angelo, Les Mafiosi Pelicans," by Marco Donner.



'Convergence of Artistic Journeys' at the Willits Center for the Arts

Submitted by the Willits Center for the Arts

The Willits Center for the Arts is set to host a captivating exhibition featuring the autobiographies and artworks of two distinct yet equally compelling artists, Shari Fischer and Natalie Campbell. The opening reception, providing a unique opportunity to meet the artists, will take place on Saturday, February 3, between 6 and 9 pm.

Fischer, known for her innovative approach to artistic expression, shares her journey of breaking free from the Silicon Valley life mode in her autobiography. Fischer's exploration led her to discover a forgotten set of Prismacolor pencils and black paper in her studio. Randomly

Read the rest of **Convergence** | Over on page 9



Below: Willits artist Marta Alonso Canillar stands in front of her work at Brickhouse Coffee. Photo courtesy Brickhouse Coffee.



At top, from top: "Pick-Up Men" by Natalie Campbell. Ocean bluffs painting by Shari Fischer. "Honest Grey" by Natalie Campbell. River canyon painting by Shari Fischer.

LEGAL NOTICES

WW467 Fictitious Business Name Statement

2023-F0568
The following person is doing business as Dead on the Creek, 26000 String Creek Road, Willits, CA 95490; (707) 459-3015; arborwood49@gmail.com.

Registered owner: John Phillips, 26000 String Creek Road, Willits, CA 95490.
This business is conducted by an individual.

The registrant commenced to transact business under the fictitious business name listed above on October 15, 2004.

FBN statement filed with the Mendocino County Clerk-Recorder on December 7, 2023.

/s/ John Phillips
Publication dates: January 11, 18, 25, and February 1, 2024.

WW468 Fictitious Business Name Statement

2023-F0590
The following person is doing business as Ron's Muffler and Automotive, 850 Blosser Lane, Willits, CA 95490.

Registered owner: Loren Luedemann, 354 Coast Street, Willits, CA 95490.
This business is conducted by an individual.

The registrant commenced to transact business under the fictitious business name listed above on January 1, 2019.

FBN statement filed with the Mendocino County Clerk-Recorder on December 20, 2023.

/s/ Loren Luedemann
Publication dates: January 11, 18, 25, and February 1, 2024.

WW469 Fictitious Business Name Statement

2024-F0003
The following person is doing business as Hair by Brittlyn, 91 South Main Street, Willits, CA 95490.

Registered owner: Brittlyn Areana Barnett, 20211 South Main Street, Willits, CA 95490.

This business is conducted by an individual.

The registrant commenced to transact business under the fictitious business name listed above on N/A.

FBN statement filed with the Mendocino County Clerk-Recorder on January 3, 2024
/s/ Brittlyn Barnett
Publication dates: January 18, 25, and February 1, 8, 2024.

WW470 Fictitious Business Name Statement

2024-F0007
The following person or persons are doing business as Willits Chiropractic Clinic, 1225 South Main Street, Willits, CA 95490.

Registered owner: Levy-Peart Chiropractic Corp, CA, 1225 South Main Street, Willits, CA 95490.

This business is conducted by a corporation.

The registrant commenced to transact business under the fictitious business name listed above on N/A.

FBN statement filed with the Mendocino County Clerk-Recorder on January 3, 2024
/s/ Dr. Diana E. Levy Peart, DC, President
Publication dates: January 25, and February 1, 8, 15, 2024.

The rest of Convergence

From page 8

selecting 18 colors, she embarked on a creative odyssey, resulting in over 50 mesmerizing color studies.

Fischer's love for brushes filled with paint became her preferred tool, allowing her to craft points, lines, shapes and motions with endless possibilities. Her escape to the woods of Mendocino has inspired landscapes that come to life through water-soluble oils on black-primed canvases.

The exhibition will showcase Fischer's evolution as an artist and the vivid landscapes that emerge from her engagement with the natural world.

Natalie Campbell, a self-taught artist, presents a heartwarming fusion of her lifelong passion for horses and the Western lifestyle in her autobiography. Having discovered art later in life, Campbell's unique perspective breathes life into her subjects on black archival paper using pastel pencils. Her journey into the art world is a testament to the joy of newfound creativity, and her pieces evoke the harmony between her love for horses and her artistic expression.

The opening reception on Saturday, February 3, will be a delightful opportunity for art enthusiasts and the local community to engage with Fischer and Campbell, gaining insights into their artistic processes and inspirations. Attendees can immerse themselves in the diverse worlds these artists have created and appreciate the distinctive techniques that define their work.

Don't miss the chance to witness the convergence of Fischer and Campbell's artistic journeys at the Willits Center for the Arts. Food and wine will be available. For further information or media inquiries, please contact WCA Curator Gary Martin at 707-972-3326

WW472 NOTICE OF SALE OF GOODS TO SATISFY SELF STORAGE FACILITY LIEN

NOTICE IS HEREBY GIVEN that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700-21716 of the Business & Professions Code, Section 2328 of UCC, Section 535 of the Penal Code and provision of the Civil Code.

The undersigned will sell at public sale by competitive bidding on the 3rd day of February, 2024 at 10:30 a.m. or immediately following the GLENMARK SOUTH auction, on the premises where said property has been stored and which are located at GLENMARK NORTH 395 North Main Street, Willits, CA 95490, County of Mendocino, State of California the following:

- Andrew Augustine 540
- Neal Blinken 224
- Yolanda Calderon Flores 529
- Ryan Conlan 334
- Veronica Duran 407
- Sidney Foley 134
- Brady Goforth 207
- Leonard Harmon 704
- Larissa Malnerich 511
- Teresa McKenna 608
- Teresa McKenna 322
- Mark White 229
- David Zarate 478

The goods are described as: Tools, furniture, fridge, washers/dryers, clothing, misc totes and boxes, propane tanks.

Purchases must be paid for at the time of purchase in cash only. All purchased items sold as is, where is, and must be removed at the time of the sale. Sale subject to cancellation in the event of settlement between owner and the obliged party.

Glen Green

Bond #70784656 (707) 459-4628

Publication Dates: January 25 and February 1, 2024



Mendocino County invites applications for:

Account Specialist III
\$44,616 - \$54,225

Agricultural Commissioner/ Sealer of Weights & Measures
\$125,112 - \$152,068

Agricultural Field Inspector - Extra-Help
\$19,52 - \$22.61 Hourly

Assistant Agricultural Commissioner/ Sealer of Weights & Measures
\$88,899 - \$108,076

Assistant Director of Social Services
\$130,062 - \$158,100

Corrections Deputy
\$55,369 - \$67,308

Deputy Probation Officer I/II
\$51,937 - \$69,617

Deputy Sheriff-Coroner I/II
\$66,913 - \$93,142

Eligibility Specialist III
\$52,520 - \$63,856

Mental Health Clinician I/II
\$60,340 - \$84,843

Real Property Appraiser I/II
\$59,779 - \$79,664

Real Property Appraiser Technician
\$51,584 - \$62,691

Sheriff's Technology Specialist
\$61,256 - \$74,484

Social Worker Supervisor I/II A-C
\$71,094 - \$100,027

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www.mendocinocounty.gov/jobs

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Indoor Yard Sale

Giant Indoor Yard Sale – Deep Valley Christian School, 8555 Uva Drive, Redwood Valley, (across from the Broler). Saturday, February 10 from 8 am to 4 pm

Firewood for Sale

Firewood and Douglas fir poles for sale. FIR \$300/cord, OAK \$400/cord, KINDLING \$15/box (14x20). POLES (skinned and unskinned) for lipis or building. Delivery \$45 near Willits, \$75 near Ukiah. Call (707) 456-0270, (707) 354-2244

John Ford Ranch Beef

John Ford Ranch still has the 50 lb. Rancher's Choice Box for \$390.00 and the 25 lb. Hamburger Box for \$170.00. Please contact Debbie Arkelian @ 459-5049. (Prices change effective 6/25/23)

Love Willits Weekly?

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2 Bedroom, 2 Bath. Brand New. Only 2 apartments left. Close to town and Howard Hospital. Well-appointed kitchens with granite counters and large pantry. Spacious bathrooms. Laminate floors throughout and window coverings. 1200 sq. ft. Air conditioned. \$1800.00/mo. More information call 707-489-1080.

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Space for RV's and Trailers \$425 per month, includes water & garbage. Close to Safeway in Willits. Call Tony (707) 972-4696. See at <http://www.oakvine.net/lp>

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Mechanic's special: needs valve job. 1999 Ford Ranger XLT 4 door. Flexfuel 4x4 automatic 3.0L Non OP. W/grey color match camper shell. Body good condition \$1,700 OBO. Contact Joey 707-235-9315 Willits

What Are Your Dreams Trying to Tell You?

Dreams can act as a telescope to view something that is normally out of your reach: your spiritual side. All dreamers are welcome! Come share or just listen. Willits Library, 390 E. Commercial St., Saturday, February 10th, 10:30 - 11:30. Free books available. Questions? Call Joy at (707) 367-3777. Sponsored by Eckankar of Lake & Mendocino County.

Willits Weekly

Place your ad: willitsweekly@gmail.com

WW471 NOTICE OF SALE OF GOODS TO SATISFY SELF STORAGE FACILITY LIEN

NOTICE IS HEREBY GIVEN that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700-21716 of the Business & Professions Code, Section 2328 of UCC, Section 535 of the Penal Code and provision of the Civil Code.

The undersigned will sell at public sale by competitive bidding on the 3rd day of February, 2024 at 10:00 a.m., on the premises where said property has been stored and which are located at GLENMARK SOUTH 1788 South Main Street, Willits, CA 95490, County of Mendocino, State of California the following:

- James Carlton B21
- James Carlton C85C
- Sherry Fenske D05
- Dominic Garcia G15

The goods are described as: Camping/outdoor gear, tools, furniture, misc totes and boxes.

Purchases must be paid for at the time of purchase in cash only. All purchased items sold as is, where is, and must be removed at the time of the sale. Sale subject to cancellation in the event of settlement between owner and the obliged party.

Glen Green
Bond #70784656 (707) 459-4628

Publication Dates: January 25 and February 1, 2024

FARMERS INSURANCE
Randall Cantua, LUTCF
Agent
Cantua Insurance Agency
16 W. Valley St. Willits CA 95490
786 Redwood Drive
Garberville, CA 95542
Tel 707.459.3276
Tel 707.923.2179
Fax 707.923.9550
rcantua@farmersagent.com
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Mike Oglesby
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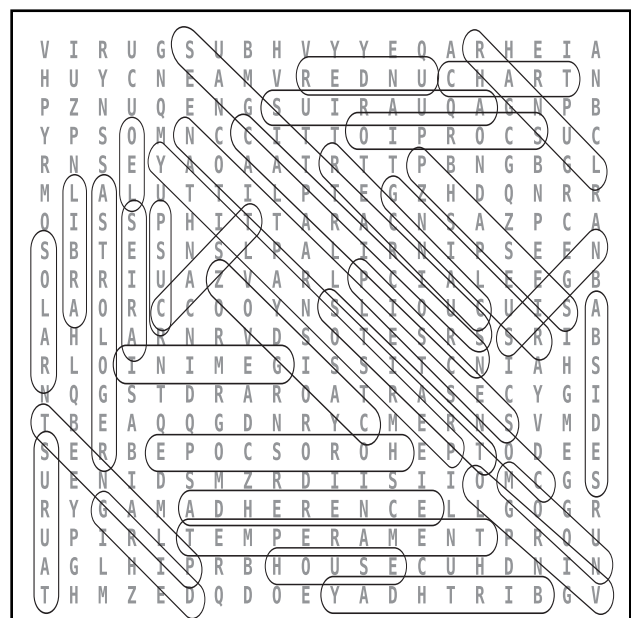
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Above: Senior Hazel Cooke stands amongst her prideful, content family: mom Leslie, dad Joe, brother Alton and his girlfriend. Above, right: Senior Charley Lamprich with lit-up mom April and gratified dad Chris Lamprich. Below, left: Senior Jake Grooms with mom Amy Grooms shares the same thankful, and beautiful, smile. Below, right: Senior Elena Arkelian sweetly smiles with thrilled mom Samantha and dad Dan Arkelian.



Above, left: Senior Teejay Woods walks closely gripped by his radiating family: mom Stefanie, dad Clint, and little brother. Above, right: Claude Hoaglen chivalrously hands rose to proud mom Melanie. At right: Senior Narianny Bertolino walks with honored and grateful parents: mom Noemi and dad Nick Bertolino. Below: Kooper Dockins twins with proud dad Travis Dockins, beaming mom Alicia, and ecstatic little brother Easton.

Photos by Ava Dockins



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Anne Martin-Ko, MD
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Reflect and Send Off

WHS basketball teams honor departing players with Senior Night ceremony

Families, friends, and fans gathered in the WHS Steve Short Gymnasium again for another fabulous night of Wolverine basketball and a bittersweet farewell to our seniors.

Sheri Dockins
Sports Reporter
willitsweekly@gmail.com

Coach Dawn McClelland took the stage first to tell descriptive stories of admiration for her girls: Narianny Bertolino, Charley Lamprich, Elena Arkelian and Hazel Cooke. Then Head Coach Marcus Newby introduced his seniors and proudly spoke of each one: Kooper Dockins, Teejay Woods, Jake Grooms and Claude Hoaglen.

The majority of these amazing young men and women have been playing together since grade school, with a noticeable sense of unity and solid connection. Each player had moments that stood out this season, which their coaches and teammates will cast their minds back to for years to come. They brazenly gave it their all on that court. They played their hearts out.

Their families reflect on the years that led to this stamp of time when their young adults become another day closer to taking the step into the great unknown that we call life. The bittersweet significance of holding on while letting go. This will be their last set of games to make the most of their youth, by having fun and showing their skills in basketball at Willits High School.

Narianny, Charley, Elena, Hazel, Kooper, Teejay, Jake, and Claude, we hope you know how proud your hometown is of each of you! We wish you the best in all your endeavors.



Enchilada Dinner

FRIDAY, FEB 23
4-6 PM
WHS LOOP

Heat and serve dinner for two.
Dinner includes four enchiladas, rice & beans.
Choose chicken or cheese enchiladas.

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Senior Center menu for the week

Willits Senior Center is serving lunch in its indoor dining room, and continues to serve drive-through and walk-up lunches, too. Lunch is available Monday through Friday, from 12 to 12:45 pm, inside and outside the Senior Center, 1501 Baechtel Road. Lunches are \$8; \$75 for a 10 lunch card for Senior Center members.

Thursday, February 1: French Dip Au Jus, Loaded Mashed Potatoes

Friday, February 2: Stuffed Peppers, Rice, Roll

Monday, February 5: Spaghetti w/Meat Sauce, Garlic Bread

Tuesday, February 6: Turkey Club Sandwich, Pickle, Chips

Wednesday, February 7: Ground Beef Tacos, Rice & Beans

Thursday, February 8: Sausage Pepperoni Olive Stromboli, Green Salad

Friday, February 9: Ground Sirloin, Mashed Potatoes, Gravy, Veggies, Roll

Activities: Bingo every Friday night, 5 to 7 pm. Exercise class every weekday morning from 9 to 10 am.

Pancake Breakfast every second Sunday, 8 to 11 am. \$10; \$9 center members; \$6 children under 8.

Meals on Wheels: The Senior Center Meals on Wheels program delivers lunch Monday through Friday. To sign up call Joliana at 459-6826, who can help fill out the application form. Call 459-6826 the day before needed to schedule home meal delivery. Delivered throughout Willits.

Transportation for seniors: Call 459-5556 to schedule. Pick up and drop off for grocery shopping, banking, doctors' appointments. Senior Center Thrift Shop: 459-2176

The Senior Center is in need of volunteers to help with the many activities here at the center, including volunteer Meals on Wheels drivers. "Volunteers are one-third of our workforce, which allows us to offer many services to our members and community." To learn more about volunteering: 459-6826.

The rest of Baseball From page 3

and clay that will create a compact surface that is still soft enough to play on.

"We're going to put different base patterns in there than the standard Little League field," said Hosford, "so we'll be able to play softball and then we'll also have an intermediate league, which is a 50-70 field. The bases are 70 feet apart and the pitching mound is 50 feet away. That prepares the intermediate kids for the jump from the majors into the juniors. We're just trying to give more opportunities to the Willits kids and more time to develop and raise their skills to be able to play on the big fields as they get older, which will prepare them to be competitive in high school."

The Willits Little League division is striving to be competitive. "Willits is in the district with pretty much all of Mendocino County and Sonoma County, so we're playing some really competitive programs that have very nice fields and don't have to deal with the rain as much. They also start playing earlier, so we're trying to upgrade our program to give the kids up here as much opportunity as they can so when they get into tournament play at the end of the season we perform better," said Hosford.

The Willits Redwood Little League relies on volunteers and they can always use more. They need coaches and assistant coaches for all the different levels. The league also needs umpires. Umpires are sponsored through proceeds from the Snack Shack.

"In order to get paid, you have to go to umpire training," Hosford explained. "We've been continually trying to upgrade our umpiring. We have a number of high schoolers who are umpiring. We provide them a lot of support. We don't have too many issues with parents being too hard on the kids that are umpiring."

Russ Rountree will be running the Snack Shack again this year with delicious offerings, such as pulled-pork sandwiches in addition to regular treats like hot dogs, hamburgers, and the ever-popular slushies.

"We have some scholarships, where people come in and they want to sign their kid up and they don't have the funds, they can write us a letter stating that they would like a scholarship," said Rountree. "They are sponsored by various companies. The Willits Rotary sponsors some. The local Little League itself, we take care of about five or six of the scholarships. It costs \$120 to sign up a kid, which includes a jersey, hat, and socks for the year. Bats and balls are provided. The kids are required to have their own mitts. We do supply catchers' gear, mitts and pads and mask."

There will be a fundraiser for the program, a poker tournament on February 10 at the Sparetime Supply warehouse, 300 East Commercial. Doors open at 4 pm and poker begins at 5 pm. To sign up, contact Curtis at 707-972-3352 or youroutathere@hotmail.com. For more information about Willits Redwood Little League, visit their Facebook page.

The rest of Botany From page 5

Lindsey Dick, museum curator, added, "He was in business until his death in 1945 and then his child carried on for another 30 years."

Another interesting denizen of the area, Edith Van Allen Murphy, "was a librarian who worked at Berkeley, and she strained her eyes to the point where the doctor told her she could no longer work as a librarian," said Dick. "So, she came up here and homesteaded in Sherwood and became in tune with the natural world around her thanks to the Native Americans who were helping her, a man named Campbell and a 12-year-old boy named Ace, who helped get her started at homesteading."

"She connected with the flowers, and eventually that connection led her to Carl Purdy, with whom she became a collaborator," said Dick. "We obtained her drawings for a book she made for the U.S. government. She noticed all the dead cattle that the government owned that were eating poisonous plants. No one knew at that time how to identify them. She spoke with the government, and they hired her, at the age of 56, to travel all over California, Oregon, Nevada, Wyoming, etc. and to make a book identifying the plants."

"In doing the story of Edith, we found the story of young Ace Houglin, [a local native boy] who was only 12 years old when she met him. At only 12, he was showing Edith how to draw the fibers out of the wildflower rises to make thread. She used his knowledge to help write her book, 'Native Uses of Plants.'"

Stories about the early botanists of the area led to tales about the natives, who helped identify several unique species and their uses in native and folkloric medicine, among other uses. Blanche Brown, who was profiled in the "Women's History" program at the museum, "is included in this exhibit because she was really the beginning of the wildflower show in Boonville. She influenced the school curriculums about wildflowers," said Mattson.

There are many more recollections and profiles to be found at the Botany in Mendocino County exhibit and fun educational activities for the kids, designed by museum technician Briana Brooks, including a game in which the kids can pretend to work at Purdy's business, identifying the plants and fulfilling orders to be shipped out.

"We're utilizing the exhibit that Dot Brovamer, a local historian, curated a long time ago. The big panels were created for a past exhibit but we decided to do a remake and bring them out again because we have multiple botanists in our collection and lots of other art and ephemera that we thought we could utilize to tell a better county-wide story. We realized that we could use this exhibit to do a lot of programming in the spring," said Mattson.

The Mendocino County Museum is located at 400 East Commercial Street and is open to the public, Tuesday through Saturday, 11 am to 5 pm. Admission is free on Wednesdays with a valid Mendocino Library card. For further information, contact 707-234-6365 or museum@mendocinocounty.gov, or visit www.mendocinocounty.org/museum.

The rest of Sinkhole From page 1

continued, "I wrote an email to the Department of Transportation since I've been following this situation for about five years. I got a reply from the DOT ... [which] said: 'We've applied for grant funding from FEMA [the Federal Emergency Management Agency] for the storm damage repair on Peacock Drive. We are awaiting confirmation from FEMA. Once FEMA has accepted the project, we will have to complete environmental right of way and design to prepare for construction. You can reach out to me for future updates.'"

Cavallari continued, "So, they are awaiting federal funding to pay for the project. I drove by there this evening, and they have put the barricades back up and the caution tape and cones. They are keeping an eye on it, but it is a huge project, and I know that the county budget is struggling. It's apparently going to be a long process."

"It seems to me," she continued, "that maybe they should close that section of the road. It would really only inconvenience just one home at the top of Poppy Place. But, who am I to make that suggestion? But, that's what I would do if I were the boss."

Director Ralph Santos interjected, "It's hard to do work like that with the weather being so rainy."

Brooktrails General Manager Tamara Alaniz responded: "What you're talking about is something that we could agendaize for our next meeting and have the board write a letter requesting that that section be closed off to through traffic until the repairs are made. Think of all that we went through all of that time on Mallard Drive. There were a couple houses on Mallard that were slightly inconvenienced for a few years. But, nonetheless, the work had to get done, so a letter from the board could be a good idea."

Cavallari commented: "I think that would be greatly appreciated. It's a main thoroughfare between Sherwood Road for the people that live on Bear and Fox, so I think that would be a really good idea."

Counsel Chris Neary said: "I'm surprised that you received that reply that emphasized the need for environmental review. Of course you have to address the environmental issues, but it's a repair on an existing facility. We would ask the county to implement the design, and they could do that even if it's raining. There are also alternatives to FEMA. You could file with OES [Office of Emergency Services] of the State of California."

Director Santos provided an update from the Mendocino County Association of Fire Districts. "To kickstart the flow of 2022-23 monies, the contract template will soon be updated. When it all gets squared away, I will let you know."

General Manager Alaniz reported: "The proposed Evergreen Contract which was a singular template for the different allocations that come through the county to be dispersed is not going to take place. So, for the districts to get the money passed through, we are going to revert back to the older contracts. It looks like the special taxes aren't going to come through until April. We are expecting our assessments this month, and it's January 23rd. We did receive our ad valorem taxes on the last day of December, and perhaps we'll get the assessments on the last day of January."

"Our Clarifier Two project has come along beautifully," Alaniz continued. "We had the final inspection of the installation so we can get the last 10% of our Integrated Regional Water Management Planning Act Grant; another \$11,000 that will wrap up that disbursement."

"We are also getting our first reimbursement request for the per capita Parks Grant, and our Parcourse replacement fitness equipment is underway in manufacturing, and we are expecting that this spring."

Alaniz also noted, "Rainfall so far this season has measured at 38.1 inches."

The board then voted unanimously to approve the Accounts Payable in the amount of \$19,987.73.

Finally, the board considered the General Liability, Property and Workers Compensation Insurance Provider Options. Some insight regarding the annual premiums and services was shared by the general manager. After some discussion the board voted to change the insurance provider from SDRMA Special District Risk Management Association to JPRIMA Cal Mutuals Joint Powers Risk and Insurance Management Authority.

The rest of Museum From page 1

will still be owned and at least partly financed by the county, but would have its own staff, could do its own fundraising (currently prohibited by county regulations), and would have the flexibility to better serve the community.

City Manager Bender suggested that a foundation freed from government restrictions could "make some positive changes, reach out to the community, reach groups that have been underserved."

Bender's take is that the supervisors understand what the museum could be, but may be "out of their comfort zone to let the museum work for itself."

Bender, who has attended meetings about the proposed foundation with Councilmember Greta Kanne and supervisors John Haschak and Dan Gjerde, says that the county is not clear on what it wants to do. Bender told the council that a community foundation "appears to be the most promising option, though no specific details have yet been completed."

Supervisor Gjerde reportedly wants the City of Willits to "step up" and be more involved with the museum, though Gjerde did not expand on what he expects. Willits already contributes to the museum and owns the land under the museum building.

Councilmember Kanne, a strong advocate for the museum, called Gjerde's request "an uncomfortable conversation, because this is a countywide museum." Kanne said that public museums all across the country are moving out of "the government model" to something similar to the one proposed for the county.

Kanne strongly urged the county to fully fund the museum while they figure out how to transition into a new operational structure.

Supervisor Haschak, who represents Willits, told Willits Weekly that he is fully committed to keeping the museum open. "The museum is a valuable asset to the community and the county," Haschak said. "We have worked hard over the last year creating a strategic plan for the museum. The museum is a critical part of who we are and brings alive the history of our county."

Willits Mayor Saprina Rodriguez urged everyone, if the museum is important to them, to contact all five county supervisors and let them know. City manager Bender concluded: "This is going to be a unique opportunity for the museum. I think they're going to get one shot at it."

{To contact each member of the board of supervisors and express your opinion, visit www.mendocinocounty.org/government/board-of-supervisors to find all five emails. You can also call (707) 463-4221 to leave voice mail for each supervisor. More information: www.mendocinocounty.org/government/board-of-supervisors/public-engagement

The rest of Sandbags From page 5

The County of Mendocino and Mendocino Sheriff on Facebook also issued alerts Tuesday about the forecast winter storm, with preparedness tips and warnings not to drive through flooded areas.

The alerts also urged limiting travel during and after storm conditions. "I am also asking everyone who must travel to remember our crews will be working in these environments," posted Mendocino County Sheriff Luke Kendall.

CAL FIRE's Sacramento headquarters issued a storm press release on Wednesday afternoon, urging "preparedness as a winter storm approaches."

"CAL FIRE is urging California residents to take active steps to prepare for a significant winter storm expected to hit the Golden State this week, the January 31 press release stated. "While it's too early to predict the exact impacts of the storm, National Weather Service meteorologists say the effects are expected to be statewide with localized flooding, snow accumulation at higher elevations and gusty winds."

This week's storm comes after strong rains and flooding in San Diego and Ventura counties last week prompted Governor Gavin Newsom to issue disaster declarations.



A hero dog needs our help

Posted on [gofundme.com](https://www.gofundme.com)

S.A.M., a recently retired (less than 48 hours) K-9 officer, suffered a catastrophic injury and will need a very expensive surgery to help him.

S.A.M. is suffering from partial paralysis because of four ruptured discs in his back.

Surgery is his only hope.

A little background on S.A.M.: He had served with the Willits Police Department for a year. Then transferred with his partner to the Mendocino County Sheriff's Office, where he retired after a total of six years of service protecting our community!

S.A.M. has been instrumental with locating and apprehending fleeing suspects on several occasions, ensuring our families were safe. Because S.A.M. is retired, the financial burden falls to his partner and his family to cover his medical expenses.

Editor's Note: A Go Fund Me fundraiser put up last week by organizer Debbie Tonelli of Willits has already raised \$10,989 towards the \$15,000 goal, with 175 donations. To help S.A.M. and his family with his medical expenses, visit <https://www.gofundme.com/f/9gvym8-a-hero-needs-help>

S.A.M. was injured right after he retired, resulting in partial paralysis, and needs surgery to help him recover.



Furry Friends Hoping for a Home



Pleasing Teeter

Teeter is a happy, spunky, and playful 3-year-old dog! Teeter will need an active family who will include her in daily exercise and get her out in the great wide world. Teeter is a smart girl who knows "sit" and "shake" and will probably enjoy learning new tricks. She aims to please.

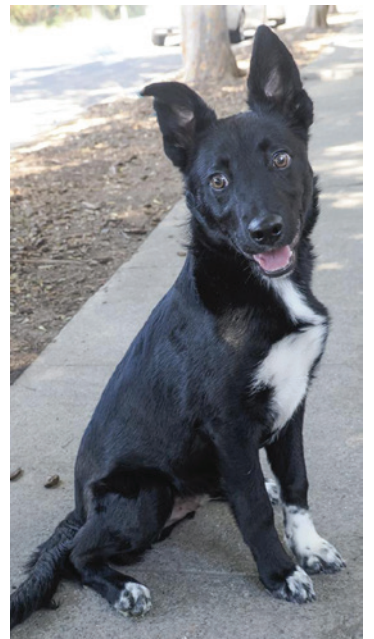
The Mendocino County Animal Shelter, located at 298 Plant Road in Ukiah, requires a reservation to view adoptable animals. Call 707-467-6453 to make an appointment to meet our feline and canine guests. Make sure to pre-fill out the adoption application available at www.mendoanimalshelter.com.

Adventurous Lance

Lance is an adorable border collie mix determined to find his forever home and excel as an active family member! He is bursting with friendly energy, wagging his tail and greeting everyone with an infectious puppy smile. He is people and dog-friendly and always up for an adventure. He wants a human companion to explore the world with, and some canine friends. Since Lance is full of energy, he will need another dog in the home as well as older kids!

Lance is in a great foster home. We can hook you up if you are interested in adopting Lance and letting the fun and adventures begin!

To learn more about Lance or to view other adoptable animals, visit www.milofoundation.org or the Milo Foundation Sanctuary Facebook page. The sanctuary is currently doing pet adoptions by appointment only. Please complete a pet-adoption application before requesting an appointment. You can reach the Milo Foundation at 707-459-4900.



Playful Dierks

Dierks has been hanging out in foster homes with kids, cats and dogs.

This boy is very well rounded and super sweet. He's great with kids and humans of all sizes. Dierks is good with cats and dogs. He wants to play, play, play! Dierks is also house-trained and has a great start to life thanks to all of the foster families who have been loving on him. Now it's time to find him a family to call his own!

The Humane Society for Inland Mendocino is located at 9700 Uva Drive in Redwood Valley. Feel free to come visit us, no appointments needed! We are open Wednesday through Friday, 1 to 5 pm; Saturday and Sunday, 11 am to 3 pm; closed Monday and Tuesday.

Check out all of our available dogs and cats on our website: www.mendohumansociety.com, on our Facebook page, and on www.petfinder.com.

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Dani & Carson, I love you both to the moon and back I can't wait to watch you two become parents! Happy Valentine's Day! Love, MomMimi.

Happy Valentine's Day to my best friend, soumate and my rock. I love you Robert.

Happy Valentine's Day to Harper and Kaitson. Love Pop and Gigi.

Happy Valentine's Day to my soldier. I love you to the moon and stars and back. I am so proud of you Tyler. Love, mom.

Happy Valentine's Day to the best, sweetest and cutest little griled cheese sandwich eater ever. We love you, Maggie!

Happy Valentine's Day! We love you all. Love Dad and Mom.

Happy Valentine's Day. Wayne. I'll love you with my whole heart forever! Love, Susan.

Happy Valentine's Day to my love, Stacy Gregory. Love, Jules.

Happy Valentine's to my Forever Valentine! I'll always love you more.

Todd and Crystal Southwick living our best lives together. You're always and forever my Valentine!

Hollie and Casey living life in Vietnam. You're always my sweetie, especially on Video!

Loves you the mostest, Happy Valentine's Day! Love our little Magsy, too.

Thank you mom, for always believing in me and for your continuous love and support. Liam and I love you! Happy valentine's day!

The love of my life and best friend, Darren!! I love you, Nicole.

Thank You Janet... David

Thagan, Grandma & Grandpa love you so much & we love watching you grow and explore. Happy Valentine's Day princess.

Kiley Marie and Allie Grace you're growing up too fast. Thank you for always making every day Valentines Day with you two. Love Dad and Mom.

Happy Valentine's Day Nik. I am very proud of the young man you have grown up to be. I love you to infinity & beyond. Love, mom.

Heather and Andy snowboarding up in Lake Tahoe enjoying an early Valentine's holiday. Love you both to the moon and back! Love, your soul sisters for life.

I love you!! JB Vandermere and Colleen Peppardakis.

Showin' Some Love

It's almost Valentine's Day, and Willits Weekly is once again excited to feature photos of the community's loved ones this holiday.

We will print as many photos as we can in the February 8, 2024 edition.

Please email photos to willitsweekly@gmail.com and please include a caption, identifying yourself, as well as those in the photo. First names only are OK.

As an example:

"Happy Valentine's Day to my sweetie ____ [their name] ____! Love, ____ [your name] ____."
All photos must be submitted by MONDAY, FEBRUARY 5 at 5 pm.

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Edie Ceccarelli is turning 116

Come celebrate from 1-1:30 pm on **Sunday, February 4** during a drive-by parade!

Parade Route:
Go straight at stop sign of Haehl Creek Drive and Grove St. Take a left on Grove St. and continue to Edie's address of 414 Grove St. which will be on your right hand side.

How to celebrate:
Drive through with a decorated car (signs, streamers, balloons, flags). Wave as you pass her house to wish her a happy birthday!

This event is hosted by the Holy Spirit Residential Care Home and the Frank R. Howard Foundation

414 Grove St., Willits, CA 95490

A Life Well Lived

An excerpt from "Supercentenarian with Style" by Ree Slocum, published in Willits Weekly, February 10, 2022

Edie Ceccarelli's parents, Agostino and Maria Recagno, emigrated from Italy to Willits and on February 5, 1908, Edith "Edie" became the first child in what turned out to be a family of seven children.

One story about the children's early life that bears repeating was told to this reporter last week by her trustee, Evelyn Persico, wife of Lee Persico, one of Ceccarelli's second cousins:

"Edie used to talk about when they were young and the valley was in agriculture. [Farmers] used to grow potatoes then. Her brothers and sisters would walk out into the fields and dig potatoes for 50 cents a day. They'd bring that money home to their mother. They just felt a lot of pride in helping out with expenses."

Ceccarelli went to grammar school and high school in Willits and graduated in 1927. She found work in a few places around Ukiah and later attended a business college in Eureka. She worked two years in Humboldt County using her business education at a poultry producer then returned to Willits to be with her family and friends, including Brick Keenan, her high school sweetheart.

She worked in Willits for a short time before being employed by the County Recorder's Office in Ukiah. During that time, she stayed with and helped the Eversole family from the Eversole Mortuary, trading her help for room and board. The Eversoles are lifelong friends.

Keenan was in Willits at that time and proposed to the love of his life. They married at the Eversoles' home on November 17, 1933. Soon the couple moved to Santa Rosa when Keenan procured a job at the Press Democrat as a typesetter. They stayed there for 36 years, raising their adopted daughter and making friends, which was easy for Ceccarelli because "she absolutely loved people," Persico said.

Keenan retired in 1971 and the couple moved back to Willits to be with family and friends. Also, Ceccarelli didn't like how big Santa Rosa was getting. In 1984, Keenan passed away, breaking her heart. In 1986, she married Charles Ceccarelli, who died four years later.

Ceccarelli developed a fondness for walking downtown every day, greeting store owners and visiting friends. She was known for "dressing up to the nines" daily, including makeup and jewelry.

The pride and generosity she learned in helping out her family when she and her siblings dug potatoes continued into her later life and extended to her Willits community. "She was a benefactor in a lot of organizations: the hospital foundation, church, Kid's Club, Senior Center, Daily Bread. Lots of them," said Persico, who is now managing Ceccarelli's donations.

Ceccarelli is also known to have helped individuals she befriended in the community with loans or monetary gifts.

Another endearing story was told by Persico and happened when Ceccarelli lived many years on Spruce Street, one of the ways children walked to Brookside School. "The kindergartners and preschoolers walked past Edie's with their moms. Edie would be outside and loved to watch the kids and talk to them. The moms would stop and talk with her, too. She had this little dresser in the back bedroom with a drawer full of things from the dollar store that kids would be drawn to. She'd ask the parents if kids could go in to pick something to take with them. She was a staunch supporter of kids." Many reading this may remember the beautiful and kind older woman who gave them little gifts on their way home from school.

Is there a formula for longevity? A search-engine inquiry will turn up lots of anecdotal information and some scientific research.

Are there any secrets to Ceccarelli's long life? Here are a few quotes and thoughts: "Her [Italian] genes are amazing!" Jill Persico; "Edie was always so healthy and just radiates! She's always been young for her age," Evelyn Persico; she was

known for dancing Read the rest of Birthday Over on Page 4



FEBRUARY 1, 2024

Edie to Celebrate #116

Birthday upcoming on February 5 for Willits woman, who is second-oldest verified living person in the world

Edie Ceccarelli, the eldest person in Willits, in California, and in the United States of America, is also the second-oldest verified living person in the world, and will celebrate her 116th birthday on February 5.

A drive-by parade for the community to celebrate her birthday is set for Sunday, February 4, starting at 1 pm.

To join the parade, go straight at the stop sign at Haehl Creek Drive and Grove Street. Take a left on Grove Street and continue to Edie's address of 414 Grove Street, which will be on your right-hand side.

Drive through with a decorated car (signs, streamers, balloons, flags). Wave as you pass her house to wish her a happy birthday!

Organizers remind the public to please make sure to stay behind the boundary as not to crowd Edie, and to allow her to see the parade, and the parade to see her.

This event is hosted by the Holy Spirit Residential Care Home and the Frank R. Howard Foundation.



Above: Evelyn Persico smiles from behind Edie Ceccarelli, on Monday, January 29, just a few days ahead of Edie's 116 birthday on February 5.

- Maureen Jennison

Photo by Maureen Jennison



Photos by Maureen Jennison



Above, left: Edie Ceccarelli poses in 2023 for her annual pre-birthday portrait by photographer Maureen Jennison. Above right: Edie smiles on her 115th birthday last year as she watches the parade held in her honor.



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ABOUT AWARENESS IN BODY - MIND - SOUL

Submitted by Claudia Wenning
of Quantum Level Health

How do we increase awareness about what we need, so that we can live a life in vital balance, fulfillment and joy?

We say that we are spiritual beings – manifested and manifesting in this realm.

We say that we want to love ourselves and each other.

What does this mean for us individually and collectively – and how do we do this?

Do we walk through the day with a bounce in our step, with a clear mind, with passion and purpose and with lightness in our heart?

We are the ones who can adjust the Matrix – we can focus on choices available, rather than focus on circumstances beyond our reach.

We have choices to enhance the quality of our lives.

It is a matter of exercising this freedom of choice:

For the Body:

We choose the food we eat, and the food we take into our body will become the building blocks for our always renewing biochemical structure. We become – and then are – what we eat.

What are our food choices, what are the qualities we would like to take into our physical body?

For the Mind:

We think a thought first, and then we may or may not voice it or act on it, but the thought process alone makes it already part of our mental fabric, of our mental body.

We shape our mental reality through our thoughts.

What if we could disengage from thought patterns that do not serve us anymore?

For the Soul:

We feel emotions and these naturally tend to emote outward from within us.

Whatever we feel, we feel it first before it becomes outward expression.

It has already been part of our emotional "Gestalt," our emotional body.

What if we could disentangle from emotions that keep us in a state of imbalance?

We can invest in change, and the change starts with us.

We can explore new tools and techniques and also get advice from professionals.

Claudia Wenning - Quantum Level Health, (707) 371-6103, www.claudawenning.com



First 5 Mendocino Hosts Children's Mental Health Conference

Submitted by First 5 of Mendocino

Ukiah, California – On March 6 and 7, First 5 Mendocino will host its annual two-day children's mental health summit, "State of the Child," at the Ukiah Valley Conference Center. The free event provides an opportunity for Mendocino County professionals who work with foster youth, foster parents, child caregivers, and community members to engage with nationally recognized and local presenters to gain valuable insights into children's mental health, trauma-informed care, and strategies for promoting resilience in children and youth.

The event will feature keynote presentations, interactive sessions, and networking opportunities, providing a comprehensive platform for learning, collaboration, and professional development. The March 6 agenda will focus on how to support foster children and those at risk of entering the foster care system. The March 7 agenda will offer training for foster parents and caregivers, as well as professionals who work closely with foster youth and their families.

Distinguished presenters include:

Dr. Tina Payne Bryson

Dr. Bryson is a renowned psychotherapist, speaker, and best-selling author who specializes in child development, neuroscience, and parenting. She is the co-author of numerous acclaimed books, including NY Times bestsellers "The Whole-Brain Child" and "No-Drama Discipline," which have revolutionized the way parents and professionals understand and support children's emotional and cognitive development. Dr. Bryson will provide a full-day, interactive learning experience on Wednesday, March 6 titled, "The Power of Showing Up."

Dr. MaryCatherine McDonald

With a wealth of experience as a research professor, author, life coach, and advocate for trauma-informed care, Dr. McDonald brings a unique blend of academic insight and practical wisdom to the summit. Her work focuses on empowering individuals and communities to destigmatize trauma, build resilience, and foster mental well-being. Dr. McDonald will present the opening keynote address on March 7 titled, "Unbroken: The Trauma Response Is Never Wrong," which includes practical strategies for healing from trauma and integrating traumatic experiences in healthier ways.

Georgie Wisen-Vincent

Wisen-Vincent is the current director of the PlayStrong Institute. She is a leading expert in Play Therapy, child development, and mental health, and a dedicated advocate for the needs of children and families. With a passion for promoting holistic approaches to mental health, she brings a wealth of knowledge and experience to the summit. She will speak on resilience-building play, offering hands-on tools for implementing play with children.

Gaelin Elmore

Elmore brings a unique perspective to the summit. As a former NFL football player who overcame significant challenges while growing up in the foster care system, he draws from his personal journey to deliver a compelling presentation titled, "The Power of Choosing Belonging." He focuses on the profound impacts of supportive relationships and the impact "belonging" has on the mental and emotional well-being of children. His inspirational story and insights offer a meaningful testament to the transformative power of resilience, connection, and the human spirit.

If you work with foster youth in a professional capacity in Mendocino County and would like to attend the conference, which is part of First 5's "State of the Child" Training Series, you can register by emailing megan@first5mendo.org.



At left: Tina Tedeschi and Sara Grusky are set up at the Mobile Apothecary for consultations. Above: Herbalist and farmer Sara Grusky of Green Uprising Farm and the Mendocino Community Wellness Collective offers herbal remedy advice at the Farmers Market. At right: This sign outside the entrance to the Farmers Market welcomes people to ask questions and receive consultations on the use of herbs.



Mobile Apothecary

Local herbalists and alternative medicine practitioners offer free consultations at Farmers Market and from their trailer that travels throughout Mendocino County

Mendocino Herb Guild and their offshoot, the Mendocino Community Wellness Collective have partnered together to form groups of practitioners of alternative medicine to educate people on the efficacy and use of herbs.

The Mendocino Community Wellness Collective has recently purchased and outfitted a trailer, a "Mobile Apothecary" with the aim of bringing their knowledge of herbal remedies to all corners of the county.

Mathew Caine
Features Writer
willitsweekly@gmail.com

"This is the culmination of a lot of people and organizations' work over a number of years," explained herbalist and farmer Sara Grusky. "It's a project that is a mobile herbal clinic that moves around to different places in the county, places where people gather that don't necessarily have easy access to a lot of health care services."

"We've been at food banks. We've been at the Episcopal Church when they're doing the Willits Daily Bread food program there. We were at the Senior Center for a while. We were at the Food Bank in Laytonville at Harwood Hall. We were at the Feed Store in Laytonville. They are a hub since Geiger's closed down. They have a farm stand there. We were there for part of the summer. We've been here at the Little Lake Grange at the Farmers Market for two months."

"Because it's winter and it seems to be raining about four days of every week, and it's cold, we're inside for the winter. We're looking for other places to set up as well, if people would like to host us. We've been responding to invitations. During the summer we went to some Big Time events with the tribes. We really are open to going wherever we might be invited, where people feel there is an interest and a need for herbal medicine."

Currently, setting up their indoor clinic just in front of the doors to the Willits Farmers Market on Thursdays, the Wellness Collective, offers "free herbal teas, blood pressure testing, free herbal consultations where you can sit down and have a full intake," continued Grusky. "We have short slots that are about 15 minutes and we have 45-minute appointments for a complete herbal intake."

"We have a wide range of volunteers that include herbalists, that include people trained in various herbal traditions, in traditional Chinese medicine, Ayurvedic medicine, and in Western eclectic herbalism. So, there's a lot of different schools of herbalism. Then we have people who are naturopathic doctors, like Claudia Wenning, and osteopathic doctors. We have a lot of volunteers and support from people who cut across several different herbal traditions."

Prana, who works with the Wellness Collective, as well as the Grateful Gleaners, and can be seen in the upcoming

production of "The Rocky Horror Show" at the Willits Community Theatre, likes the accessibility of herbs.

"Anyone can grow their own medicine in their backyard," Prana said. "There are a lot of plants that we can grow here in Mendocino County that have a wide variety of medicinal purposes as well as wild plants that we can harvest, for building strength, for fighting bacteria, for calming. The California State Flower is the California poppy. All parts of that plant have medicinal properties."

The Mendocino Community Wellness Collective is not a group of weekend hobbyists. Several of them have studied their craft for several years and have matriculated from various specific courses.

Autumn Whitaker is a certified clinical herbalist. "I did two years of the initial program down at the California School of Herbal Studies. Then I was part of an advanced clinic program for two years."

Prana studied at the California School of Herbal Studies in Forestville. "I also did the East-West Herb Program which is Michael Tierra's school. I studied here in town with Beth Riedel. In addition to her herb walks, for a while she was teaching body systems, the endocrine, vascular, respiratory, and medicines that were good for those."

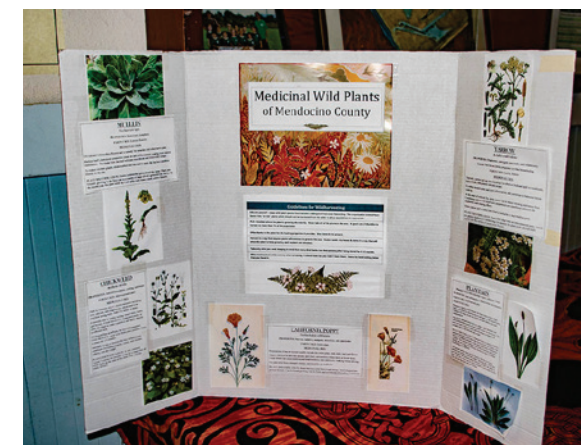
All the members have extensive knowledge on the subject of herbs and are willing to share that education with others.

The Wellness Collective and the Herb Guild are part of a larger international organization, Herbalists Without Borders, "which is an amazing organization," explained Grusky, "that provides free herbal medicine to community groups through donations from some of the big herbal and wellness companies. We get medicines from them and we also got a grant from the Community Foundation [of Mendocino County], who has been supporting us to do this work."



Above: Prana, of the Mendocino Community Wellness Collective, pours a cup of herbal tea for Ree Stocum. At left: Sonja Marie Burgal answers questions from a Farmers Market attendee. Below, left: A poster board gives a short primer on the medicinal plants of the area. Below, right: An herbal tea of Hawthorne berry, tulsi, lemon balm, ginger and lemon is available for free.

Photos by Mathew Caine



"We're looking for a place to take us after February," said Grusky. "If anyone would like to host us, ideally a place that has a lot of foot traffic, where people gather and are open to our services."

In the meantime, the herbal clinic will be at the Willits Farmers Market until the end of February.

To contact the Mendocino Community Wellness Collective, call 707-272-3373 or email MendoCWC@gmail.com. To find out more about the Mendocino County Herb Guild, visit their Facebook page.



Howard Hospital Environmental Services team honored as 'Platinum Plus'

Submitted by Adventist Health Howard Memorial

Adventist Health Howard Memorial is excited to announce that the Environmental Services team has been named with the prestigious honor of being recognized and earning the status of "Platinum Plus" for their work cleaning Howard Memorial hospital each day. "Based on several criteria from this past fiscal year, ranging from patient experience, audit scores, safety ratings, and a budget analysis our team achieved this award."

With over 30 other hospitals in the region to be considered and over 200 other hospitals across the United States taken into account, Howard Memorial achieved this very high honor. "I want to thank everyone for their continued hard work in the EVS department as we're excited to share and celebrate with our team," said Danny Vitaine, Environmental Services manager for Howard Memorial.

Administrator Linda Givens echoed these sentiments, saying each time a bed is vacated, each room has to be carefully cleaned. She noted how amazingly fast, efficient, and well EVS turns over rooms that need to be fully cleaned so the hospital can make them available for a patient in need. "You make the difference, and every time we ready a room, I know you do a meticulous job to ensure the safety of our patients."

Adventist Health Howard Memorial is proud of the work the EVS team is doing to keep the hospital clean, running well, and safe, and so that patients see the work being put in each day as they enter the hospital. The team across Howard thanks them for all they do for their patients and community as they accept this prestigious award.

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Founder of Caring Kitchen leaves NCO after 36 years

Submitted by North Coast Opportunities, Inc.

April Cunningham, founder of Caring Kitchen, a program that delivers nutritious meals to individuals and families facing cancer while providing community teenagers the opportunity to learn about nutrition, retired from North Coast Opportunities on January 18 after 36 years of service.

"I'm going to really miss working [at NCO]," Cunningham said. "I love my job. It made a big difference in my life."

Cunningham said she was thankful to finish her time with NCO at Caring Kitchen. The opportunity it provided her to make connections with amazing people and to positively impact the community was extremely rewarding, she said.

Caring Kitchen is a CERES Project affiliate program, and Cunningham, and co-founder Tamey Sheldon founded the program six years ago after attending a training offered by the CERES Project in Sebastopol.

Cunningham said the reason she co-founded the project was because of her belief in the idea that food is medicine. She said her experience cooking meals for close friends who were in the midst of medical crises and witnessing the positive effect nutritious meals had on them solidified this belief for her.

Over six years, the program has provided roughly 2,400 meals to 600 patients and their families while educating 120 teen volunteers, according to Allegra Foley, the project manager of Community Wellness Ukiah.

Representatives from the Cancer Resource Centers of Mendocino County said they spoke on behalf of all the patients the meals had helped when they expressed their overflowing gratitude for Cunningham's work at her retirement party.

Cunningham said one of the stories that stuck with her most was from a woman who opened her Caring Kitchen delivery to find a flower Cunningham left on all summer food deliveries. The woman said that just the fact that the flower was on the meal made her realize she should make an effort to eat it because it was clear that so much love had gone into preparing it.

"I cook with my eyes," Cunningham said. "It has to be appealing because [cancer] patients often struggle to eat."

Cunningham started working for NCO in 1988 as a cook for NCO's Head Start Child Development Program before eventually becoming the food program coordinator for the program.

As program coordinator, she oversaw Head Start's expansion from six to 13 locations and wrote a curriculum called "Food for Thought" designed to teach preschool children math, science, and literacy through food. The California Department of Education published this curriculum and integrated it into children's education throughout the state.

Working with Head Start was "very fun," Cunningham said. "I was very passionate about helping children by changing their eating habits, and now I do the same thing for cancer patients."

Cunningham worked at Head Start for 25 years and then helped local individuals, organizations, and schools access and prepare local produce through a series of farm to fork and farm to school grants before starting Caring Kitchen.

"April's contribution to providing nourishing foods to young and old across Mendocino County is a beautiful legacy," NCO CEO Patty Bruder said. "Her focus and dedication to teaching others about the healing nature of food will be felt for generations to come."

Cunningham said she is leaving Caring Kitchen in good hands with the remaining four members of her team and the nearly 50 volunteers that make the organization run.

"I have so much respect for our volunteers," Cunningham said. "I have so much confidence in them... They make (the program) run. Their commitment makes it move forward."

NCO is the Community Action Agency that serves Lake and Mendocino counties, as well as parts of Humboldt, Sonoma, Del Norte, and Solano counties. NCO reacts and adjusts to community needs, including disaster response and recovery.

For more information visit www.ncoinc.org or call (707) 467-3200.

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at community dances that she attended well into her 100s – at 104 she placed an ad in the paper that said she was looking for a dance partner; she enjoys red wine at dinner; she was known to walk in town every day until sometime before 107 when she moved to the care home; she was

enthusiastic with a positive attitude on life.

Whatever has helped this supercentenarian stay with us so long is an inspiration and testament to living a healthy, generously spirited and active life in a community of like-minded friends and family.

Mon	Tue	Wed	Thu	Fri
Harrah Senior Center Menu for February 2024 Lunch for All Ages			1 French Dip Au Jus Loaded Mashed Potatoes	2 Stuffed Peppers Rice Roll
5 Spaghetti W/ Meat Sauce Garlic Bread	6 Turkey Club Sub San. Pickle Chips 	7 Ground Beef Tacos Rice & Beans 	8 Sausage Pepperoni Olive Stromboli Green Salad	9 Ground Sirloin Mashed Potatoes Gravy Veggies/Roll
12 Cheese Burger Mac & Cheese Pickle	13 Fish Tacos Rice & Beans 	14 Beef Stroganoff Veggies Roll	15 Chicken Teriyaki Stir- Fry 	16 Lasagna W/ Meat Sauce Garlic Bread
19 Asian Chicken San. Coleslaw	20 Salisbury Steak Mashed Potatoes Veggies /Roll	21 Chicken Ala King Mashed Potatoes Roll	22 Philly Cheese Steak Chips 	23 Turkey Mashed Potatoes Cranberry Veggies/ Roll
26 Mushroom Burger Pickle Chips 	27 Turkey Tetrazzini 	28 Country Fried Steak Mashed Potatoes	29 Muenster Chicken W/ Mushrooms & Noodles	Lunch from 12 to 12:45 pm; \$8; 1501 Baechtel Road

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